

2009 CAMP APPLICATION

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Grade Next Year _____

E-mail _____

School _____

Parent/Guardian _____

Emergency Contact _____

T-shirt Size S M L XL
 (Adult Sizes)

Your camp confirmation will be sent through e-mail.

Check which camps you will be attending:

- Fundamental Camp June 22-25 \$70
- Fundamental Camp August 5-7 \$55
- Setter/Hitter Camp June 22-23 \$70
- Advanced Set./Hit. Camp June 24-25 \$70
- Advanced Defensive Camp August 5 \$70
- Advanced Set./Hit. Camp August 6 \$70
- Serving Camp June 27 \$35
- Advanced Serving Camp June 27 \$35
- Advanced Serving Camp August 7 \$35
- High Performance Camp June 25-26
- Commuter \$95
- Overnight \$120
- August 3-4
- Commuter \$110
- Overnight \$135

Total Amount Paid \$ _____
 (Make checks payable to NWC Volleyball Camp)

Registration forms also available at www.nwcraiders.com
You MUST sign authorization on other side.

Online registration is also available at:
www.RaidersVolleyballCamps.com

Non-Profit
 U.S. Postage
 PAID
 Permit No. 4
 Orange City, IA
 51041

NORTHWESTERN
 COLLEGE

208 8th Street SW
 Orange City, IA 51041

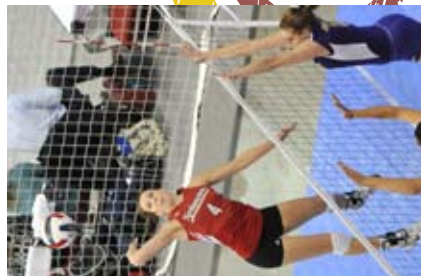


Join us for one of the following camps:
 June 22-27 or August 3-7
 Team Camp – July 31 & August 1



NORTHWESTERN
 COLLEGE
 ORANGE CITY, IOWA

June 22-27 & August 3-7
Team Camp: July 31 & August 1





CAMP DIRECTOR

Kyle Van Den Bosch

In his four years as Head Coach, Van Den Bosch has returned Northwestern volleyball to the national scene. In 2008, he led the Red Raiders to the GPAC Conference Championship with an undefeated 16-0 record. The Red Raiders also made it to the National Tournament for the third year in a row. While at the national tournament, Van Den Bosch helped lead his team back to the Elite 8 as they did in 2007. Coach Van Den Bosch earned GPAC Coach of the Year honors for the second year in a row and was the West Central AVCA Regional Coach of the year. He has compiled a 118-38 record in his four seasons, including a 55-9 mark in the GPAC. Prior to being at Northwestern College he served one year as the junior varsity coach at MOC-FV in Orange City, IA. Coach Van Den Bosch was also the head coach at Calvin Christian High School in Escondido, California for six years. In 2000, his team finished in the final four of the state tournament and he was named the Coach of the Year by the San Diego North County Times. He served as the head volleyball coach at Western Christian High School (Iowa) in 1997. He led his team to a 39-4 record and a sub-state berth. Coach Van Den Bosch has 19 years of volleyball camp experience and has worked with volleyball players from 5th grade through the collegiate level.

HIGH PERFORMANCE CAMP SCHEDULE

June 25-26

June 25
3:15 p.m.-Check-in Begins
4:00-6:00 p.m. First Session
7:00-9:00 p.m. Second Session

June 26
8:00 a.m.-Breakfast for those staying overnight
9:00-11:30 a.m. Third Session
1:00-3:30 p.m. Fourth Session
4:00 p.m.-Supper for those staying overnight
5:30-7:30 p.m. Fifth Session

August 3-4

August 3
8:15 a.m.-Check-in Begins
9:00-11:30 a.m. First Session
1:00-3:30 p.m. Second Session
5:00-Supper for those staying overnight
6:30-8:30 p.m. Third Session

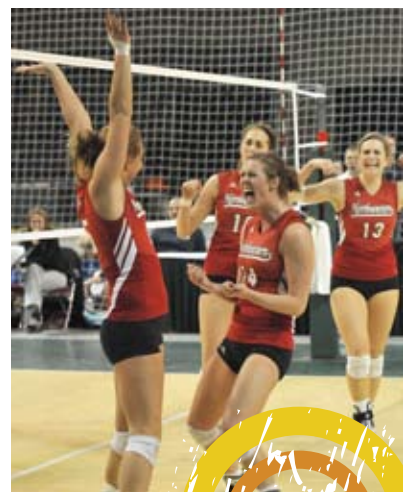
August 4
8:00-Breakfast for those staying overnight
9:00-11:30 a.m. Fourth Session
1:00-3:00 p.m. Fifth Session
3:30-Supper for those staying overnight
5:00-7:00 p.m. Sixth Session

If you are staying overnight you will need to bring the following:

- Sheets (for single bed) or sleeping bag & pillow
- Shampoo, soap, toothbrush, and any other toiletries you need
- Towels
- A little spending money-Lunch will be on your own
- Snacks for your room

For information on our team camp please visit our website at www.nwcraiders.com

Online registration is also available at: www.RaidersVolleyballCamps.com



ADVANCED DEFENSIVE CAMP

• Grades 8-12 • \$70
Do you want your coach to notice you? Learn how to play solid defense and you will be sure to catch their eye. In this camp, players will learn how to be effective diggers, how to read a hitter, and how to play team defense. This will be a high energy and exciting camp to be part of!
• August 5 9-11 a.m., 11:30 - 1:30 p.m.

SERVING CAMP

• Grades 5-8 • \$35
Are you having trouble getting your serve over the net consistently? Do you want to learn how to jump serve? We will help you improve your standing serve and you will learn how to do jump top spin serve and a jump floater. This camp will give you a great foundation to begin being a dominating server.
• June 27 12 Noon-2 p.m.

ADVANCED SERVING CAMP

• Grades 9-12 • \$35
Do you want to learn how to jump serve? You will learn the proper technique of the jump top spin and the jump floater. You will get a lot of reps and knowledge of how to do a jump serve as well as improve your standing serve.
• June 27 9 a.m.-11 a.m.
• August 7 9 a.m.-11 a.m.

FUNDAMENTAL CAMP

• For students going into grades 5-9 • Limit 90 athletes
This camp is for those athletes who are looking to improve their skills in passing, serving, setting, hitting, blocking, digging and team play. High energy and knowledgeable coaches will be there to help you enjoy and improve your volleyball game. There will be two fundamental camps offered this summer, one in June and one in August.
(Choose one of these two camps)
• June 22-25 Noon-3 p.m. - \$70 (4 days)
• August 5-7 2-5 p.m. - \$55 (3 days)

SETTER/HITTER CAMP

• Grades 5-9 • \$70
This camp is for the athletes who want to focus on hitting or setting. The girls will decide which skill they would like to focus on and then they will be divided into a setting group and a hitting group. Each skill group will work on the basics and then learn a variety of different sets and attacks.
• June 22-23 9 a.m.-11 a.m.

ADVANCED SETTER/HITTER CAMPS

• Grades 8-12 • \$70
Advanced setter/hitter camp is for the high school athletes who want to advance their hitting or setting. After a short session on the basics, hitters will work on a variety of different attacks in volleyball: quicks, shoots, slides, flares, combinations, 71's, hitting off the block, and back row attacks.
(Choose one camp)
• June 24-25 9 a.m.-11 a.m.
• August 6 9-11 a.m., 11:30 - 1:30 p.m.

HIGH PERFORMANCE CAMP

• Grades 8-12 • Limit - 90 athletes
This camp is for those athletes who are ready to take their game to the next level. Be ready to be pushed! The athletes will be divided up to play with players that will have comparable skills. Team play, along with skill sessions will be incorporated in this camp. Learn from experienced coaches who are ready to teach you the latest techniques in volleyball.
• June 25-26 \$95 Commuter \$120 Overnight
• August 3-4 \$110 Commuter \$135 Overnight



AUTHORIZATION TO ADMINISTER MEDICAL SERVICES

Name of Individual(s) _____

and to allow hospitalization and/or referral to another physician when it is deemed necessary in the event of an accident, injury or illness while attending the Northwestern Volleyball Camp.

(Date) _____ (Signature of Parent/s or Guardian/s) _____

Home Phone _____

Business Phone _____

Insurance Number _____

Insurance Carrier _____

TO APPLY

- Detach and mail application with payment to: Northwestern Volleyball Camp 208 8th Street SW Orange City, IA 51041
- For further information contact Coach Van Den Bosch at 712-707-7285 or e-mail at kylevdb@nwcwiowa.edu.
- A minimum deposit of \$30 (per camp) is required with your application. This fee is non-refundable 30 days prior to the camp date.

Online registration is also available at: www.RaidersVolleyballCamps.com

