



**MMSE**  
**MINI MENTAL STATUS EXAMINATION**

Scoring: Give one (1) point for each correct answer

1) **Orientation**

- a. What is the year? \_\_\_\_\_
- b. What is the season? \_\_\_\_\_
- c. What is the date today? \_\_\_\_\_
- d. What day of the week is today? \_\_\_\_\_
- e. What month is it now? \_\_\_\_\_

\*\*For the following items (f-j) code left side items if participant is in a facility; right side if in a home environment.

- | <b>Facility</b>                          | <b>Home</b>           |
|--|-----------------------|
| f. What state are we in? _____           | f. House #? _____     |
| g. What city or town are we in? _____    | g. Street name? _____ |
| h. What is the name of this place? _____ | h. City name? _____   |
| i. What type of place is this? _____     | i. State name? _____  |
| j. What floor are you on? _____          | j. Zip code? _____    |

Total Orientation Score:  /10

2) **Registration**

Name three objects slowly and clearly. Ask the patient to repeat them.

Scoring: Give one point for each item correctly repeated on the first try only

- a. \_\_\_\_\_                      b. \_\_\_\_\_                      c. \_\_\_\_\_

3) **Attention and Calculation**

Ask the patient to count backwards from 100 by 7. Stop after five answers.

Scoring: Give one point for each correct answer

- a. \_\_\_\_\_    b. \_\_\_\_\_    c. \_\_\_\_\_    d. \_\_\_\_\_    e. \_\_\_\_\_

#### **4) Recall**

Ask the patient to recall the objects mentioned above in question 2.

Scoring: Give one point for each correct answer.

a. \_\_\_\_\_ b. \_\_\_\_\_ c. \_\_\_\_\_

#### **5) Language**

Point to your watch and ask the patient "what is this?" Repeat with a pencil.

Scoring: Give one point for each correct answer.

Watch \_\_\_\_\_ Pen \_\_\_\_\_

#### **6) Repetition**

Ask the patient to repeat the phrase: "no ifs, ands, or buts."

Scoring: Give one point if he/she repeats it correctly on the first try (can leave off "s" on the word "and" and still receive one point).

a. \_\_\_\_\_

#### **7) 3-Stage Command**

Tell the patient that you are going to give a set of instructions, and that you will read them only once. Then, give the patient a plain piece of paper and say "Take this paper in your right hand, fold it in half, and put it on the floor."

Scoring: Give one point for each correct action.

a. \_\_\_\_\_ b. \_\_\_\_\_ c. \_\_\_\_\_

#### **8) Reading**

Show the patient a piece of paper with "CLOSE YOUR EYES" printed on it.

Scoring: Give one point if the patient's eyes close.

a. \_\_\_\_\_

#### **9) Writing**

Ask the patient to write a complete sentence.

Scoring: Give one point if the patient constructs a complete sentence and it has a subject, a verb, and makes sense.

a. \_\_\_\_\_

**10) Drawing/Copying**

Ask the patient to copy a pair of intersecting pentagons onto a piece of paper.



Scoring: Give one point if the figure has ten corners and two intersecting lines. It does not have to be perfect.

a. \_\_\_\_\_

**SCORING**

A score of 24 or more is considered normal

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Folstein MF, Folstein, SE and McHugh PR. Mini-Mental State: A practical method for grading the state of patients for the clinician, *Journal of Psychiatric Research*. 1975. 12: 189-198.