



# BEAK TO TAIL

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## WHAT'S NEW FOR 2010?

### What's New for PEAC San Diego in 2010

Thanks to the efforts of many, PEAC has had a very successful year in 2009. Seminar attendance has increased several-fold over the past few years, with a total of 137 attendees from January through October of this year. This number doesn't include the 46 individuals who participated in an incredible day of learning at Dr. Susan Friedman's Living and Learning with Parrots workshop in September. Based on this success, we'll continue to offer free monthly seminars for PEAC members who pre-register in 2010.

Please see page 7 for our 2010 seminar schedule. Here you'll notice a few changes. Our group of Volunteer Instructors will be incorporating lessons learned during Dr. Friedman's September LLP workshop into our seminar line-up. Familiar topics such as Behavior Problems and Screaming will have a new focus, while our brand-new Achieving Behavior Change seminars will focus specifically on Applied Behavioral Analysis methods. Offered in June, these will be a solid primer for our featured event for 2010.

We're extremely fortunate to have confirmed Barbara Heidenreich for a full-day workshop in San Diego on July 31, 2010. Her practical hands-on training approach will include live demonstrations and is a must-attend event, so mark your calen-



### AMAZON PREPARING FOR THE RAINY SEASON

dars now! Barb will be a featured speaker at the annual Association of Avian Veterinarians Conference in San Diego on August 1-5, 2010, so hopefully, we can look forward to having some avian veterinarians attend our workshop, as well.

We're also extremely excited to be able to offer our Avian Basic Care seminar in an on-line format for 2010; this, courtesy of the hard work and generosity of Leah Matejka, Director of our Cleveland Chapter. This option will help us streamline the process in preparing interested individuals for adoption eligibility, although in-person attendance for the other required seminars will continue to be a compulsory part of the adoption process. This year's seminar schedule also includes more offerings of our required-for-adoption seminars, to

promote adoption eligibility in a timely fashion. We're so pleased to have been successful in placing several birds in permanent homes during 2009, and we have a number of new members expressing interest in adoption.

Another wonderful result of the PEAC team effort in 2009 is the addition of some new faces to our volunteer team, plus several others who are poised to enter our Volunteer Apprentice Program. During 2010, continuing to build our team of volunteers will allow us to expand activities to include more educational outreach such as to schools and other youth-targeted audiences. Only by educating children on the complex nature of parrots, their requirements in captivity, and the lifetime commitment necessary for their

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## Letter from the Executive Director

Dear PEAC Members,

The holiday season is here once again! As we all engage in holiday festivities, it can be easy to overlook our family's daily needs, including that of our feathered friends. The daylight hours have become shorter, and cooler temperatures mean fewer opportunities for outdoor time for our birds. I encourage you to continue to seek ways to provide environmental enrichment indoors for your birds. If you recently attended our Toy Making Workshop, you left with many ideas for toys and entertainment using inexpensive everyday materials. If you didn't attend this event, be sure to attend our Toy Making Workshop next November, so your birds can reap the benefits, too!

2009 has been a challenging year in many ways, and we value your support more than ever as we look forward to a better 2010. Wishing you all a happy and healthy holiday season, we look forward to seeing you at PEAC events in the new year.

Sincerely yours,

Barbara Crouse  
Executive Director

### WHAT WE ARE

Parrot Education & Adoption Center is a 501(c)(3) nonprofit volunteer organization dedicated to educating its members and current and potential bird owners about the proper care of pet birds. Unwanted or found parrots are accepted at PEAC and in turn are adopted to qualified applicants.

Sharing current information and correcting misconceptions about parrots are the major aims of PEAC.

Our goal is to keep abreast of the latest developments in the world of aviculture and share them with you, our members.

PEAC was founded in 1996 by Bonnie Kenk, who served as the Executive Director for its first 12 years.

### CONTACT US

**Parrot Education & Adoption  
Center**

P.O. Box 600423  
San Diego, CA 92160-0423

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Phone: 619 287-8200  
Fax: 909 563-8418

e-mail: [parroted@peac.org](mailto:parroted@peac.org)  
web site: [www.peac.org](http://www.peac.org)

### PEAC Board

Todd Cecil, DVM, DAVBP -  
Avian

Dawn Danielson

Jeff Greer

### Executive Director

Barbara Crouse

### *Operations Manager*

Melanie Ariessohn

### *Administrative Assistant*

Jeff Greer

### *Membership/Sponsorship*

Barbara Crouse

### *Bird Intake Coordinator*

Teri Irvin

### *Volunteer Coordinator*

TBA

### *Adoption Coordinator*

TBA

### Adoption Committee

Melanie Ariessohn

Gary Baer

Sue Baer

Teri Irvin

Bobbie Sevier

Liz Wilson

**PEAC Volunteers  
in San Diego /  
Southern California**

**April Adcock  
Kathy Anderson  
Richard Anderson  
Melanie Ariessohn  
Shannon Ariessohn  
Gary & Sue Baer  
Gale Chan  
Barbara Crouse  
Jeff Greer  
Teri Irvin  
Tammy Oliver  
Rene Pina  
Steve Scott  
Bobbie Sevier  
DJ Sommers  
Mary Taylor**

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**PEAC Artist**  
Linda Ruschat

**WebMaster**  
Garry Wallan

**Newsletter Editor**  
Melanie Ariessohn

**PEAC  
POLICIES AND PROCEDURES**

1. PEAC does not purchase birds, even to remove them from bad situations.
2. PEAC will accept birds donated to our organization.
3. PEAC does not breed birds or place any birds into breeding situations.
4. PEAC does not adopt birds to children.
5. Potential adopters of small birds are required to attend our "Avian Basic Care" seminar.
6. Potential adopters of medium to large birds are required to attend at least the following three seminars: "Avian Basic Care," "Parrot Personalities," and "Behavioral Problems."
7. Potential adopters will receive a copy of our adoption application after attending the required seminars.
8. All potential adopters will receive a home visit performed by one of our volunteers before being approved for adoption.
9. Approved adoption applications will be placed on a waiting list if a bird is not currently in our system that would be a good match for the approved adopter.
10. Only one parrot acquisition/adoption per home or PEAC membership is allowed in an 18-month time period.
11. Adopters are required to pay an adoption fee and reimburse PEAC for veterinary fees the bird may have incurred.
12. Adopted birds are to remain in the home and be treated as a member of the family.
13. Adopted birds may not be sold, given away, bred, or used for any type of monetary purposes.
14. After attending the mandatory seminars, those wishing to adopt a first-time large bird, such as an Amazon, African Grey, Cockatoo, or Macaw will be required to spend hands-on time with the species of their choice under supervision of one of our volunteers before being approved.
15. As a general rule, we will not place a Cockatoo, Macaw or other noisy bird in an apartment or condominium.
16. PEAC will not adopt birds as companions to other birds.
17. PEAC does not place birds into aviary situations.
18. Birds must remain in a 100% smoke-free environment.



**AVAILABLE FOR ADOPTION  
IN SAN DIEGO/SO. CALIFORNIA**  
CONTACT BARBARA AT 619-287-8200

### AFRICAN GREYS



- Congo: 14-year-old **"Murphy"** is one cute, talkative bird. She loves to tell people "You're good," and is a very intelligent Grey.



- Congo: 14-year-old **"Casey"** is a very cute, small grey. She talks in a variety of voices, and has a lovely repertoire of wild bird calls, as well.

### COCKATOOS

- Sulfur-crested: **"Milo"** aka **"Cupcake"** is of unknown age, but lives up to his second name, as he is a sweetie.
- Umbrella: 15-year-old **"Honey"** is a real sweet girl, as her name implies.

### AMAZONS



- 27-year-old **"Roz"** is quiet, tiny for a blue-front, and very sweet natured. She eats her veggies and pellets with gusto. She enjoys flapping wildly and is learning to play with foot toys. She gets along well with other birds, and is an all-around cutie who's looking for a new nest.



- Double-yellow head **"Pickle"** is 37 years old. She is very sweet and quiet. In her youth she learned tricks like roller-skating. She loves to perch on your hand and have her head scratched. She is a little afraid of some men and doesn't like cats, but says she may be willing to compromise if she feels you are a good match.



- White-fronted: **"Sweet Pea"** was found and appears to be a young female. She is somewhat fearful of hands, unless they are holding a food tidbit! She eats pellets readily, loves her veggies, and will make someone a very nice companion.



### MACAW

- Hybrid: 13-year-old **"Kiki"** is a beautiful bird who loves to take daily walks. She is very talkative & speaks appropriately, and has a great sense of humor.



### BUDGIE

- **"Gatsby"** is a 12 year old male budgie looking for a home where he can live out his golden years. He is untamed, but will fill your house with his beautiful songs, especially if caged near other birds.

*If you're interested in adopting any of the birds listed above, you must attend all the seminars required for adoption and complete an application before being approved for adoption. You must also show proof that you have an adequate cage and are acquainted with an avian veterinarian before taking your bird home. Adopted birds may not be bred, sold, given away or used for any type of monetary purposes! A minimal adoption fee is required as well as reimbursement for any vet fees the bird you are adopting has incurred.*

## Volunteers Needed for Parrot Education & Adoption Center, San Diego!

PEAC is in great need of foster homes for our program birds. We currently have a bird who has been #1 on our waiting list for 8 months; our current foster homes are maxed out; and we need volunteers to take some of our current birds so that they can get the attention they need and deserve without “burning out” their current foster parents. We also continue to receive large numbers of calls and emails from people wanting to relinquish parrots to our adoption program.

We are currently seeking help with the following positions:

**Foster Volunteers:** We cannot bring new birds into our program without trained and qualified foster help. Please consider helping us provide a safe, loving, temporary home for a bird in need. PEAC provides caging, toys, and pellets for our foster birds, and foster volunteers join our loyal and supportive volunteer team. Perhaps you cannot accommodate a large cage and play gym, but could help with a smaller bird, such as a conure. Of course, our birds will come to you well vetted to ensure the safety of your own birds.

**Adoption Coordinator:** This individual will work closely with our Volunteer Coordinator, Foster Volunteers, and Adoption Committee members to identify potential permanent homes for our foster birds.

Please contact the PEAC San Diego office for further information.

Email: [director@peac.org](mailto:director@peac.org)

Phone: 619 287-8200



Come join our team - - we don't bite!

PEAC San Diego would like to extend a huge thank you to the following Avian Board-certified veterinarians, who have generously agreed to provide discounts on veterinary care for our program birds:

**Dr. Jeffrey Jenkins, San Diego**

**Dr. Brian Loudis, Encinitas**

**Dr. Todd Cecil, La Mesa**

Dr. Loudis will give a certificate good for his exam fee (to be used within 10 days of adoption) to adopters of our PEAC San Diego foster birds.



**ALL PETS ANIMAL HOSPITAL**

**BRIAN LOUDIS, DVM, ABVP**  
Diplomat, American Board of Veterinary Practitioners

**760-634-2022**  
www.allpetsanimal.com

285 N. El Camino Real #105 Encinitas, CA 92024

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**Todd R Cecil, DVM, DABVP-Avian**

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La Mesa 5232 Jackson Dr. 91941  
Just south of I-8 at the Jackson Dr. exit in Jackson Square Center  
Chula Vista 885 Canarios Court 91910  
2 miles east of the 805 on H St. near 24Hr Fitness  
Email: exotics@pescuandiego.com

Jeffery R. Jenkins, DVM  
Diplomate  
ABVP-Avian Practice



Specialist in Avian Medicine

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Practice limited to birds & exotic animals  
"Extraordinary care for extraordinary animals"

2317 Hotel Circle South, Suite C, San Diego, CA 92108  
619 260-1412 619 260-1499 fax

Dr. Jenkins will provide one complimentary examination for all newly-adopted PEAC San Diego program birds.

## PARROT EDUCATION & ADOPTION CENTER - SAN DIEGO 2010 SEMINAR SCHEDULE

While many of our seminars are required for adoption, others are also encouraged to attend, to expand their knowledge in order to provide the best home possible for their own companion birds.

*"People protect what they love. We need to provide the information so that they can love."*

*- Jean-Michel Cousteau*

- January 24:** Avian Basic Care (required for adoption)  
Strategies for Successful Parrot Caregivers (required for adoption)
- February 21:** Feather Destructive Behavior  
Sex and the Single Parrot: Got Hormones?
- March 21:** Parrot Personalities (required for adoption)  
Understanding, Preventing & Resolving Behavior Problems (required for adoption)
- April 18:** Parrot Body Language  
Amazing Amazons
- May 23:** Avian Basic Care (required for adoption)  
Strategies for Successful Parrot Caregivers (required for adoption)
- June 13:** Achieving Behavior Change (Part I)  
Achieving Behavior Change (Part II)
- July 18:** Living with Cockatoos  
Excessive Screaming

**August through November** seminars TBA.

Seminars are held at Marina Village Conference Center, 1936 Quivira Way, Room D-6, San Diego. Seminars begin at 1:00 pm; second seminar begins at 2:15 pm. Seminar check-in begins at 12:30 pm. Program birds will be present for "Meet and Greet" when possible.

Seminar fees (per person/day):

	<b>ADVANCE REGISTERED</b>	<b>AT THE DOOR</b>
<b>PEAC Members:</b>	FREE!	\$5.00
<b>Non-members:</b>	\$10.00	\$15.00

Advance registration is due on or before the Wednesday prior to the seminar date. NO EXCEPTIONS.

Credit card payments (\$20.00 minimum) can be faxed to 909 563-8418.

PayPal is available through [parroted@peac.org](mailto:parroted@peac.org)

Though we love your birds, PLEASE leave them at home while you attend these seminars!

THANK YOU FOR YOUR GENEROUS DONATIONS  
TO THE BIRDS OF PEAC IN SOUTHERN CALIFORNIA

April Adcock  
Barbara Edwards  
Melissa Garza  
Diane O'Neill  
Rose's Pet Emporium  
Totally Organics Pellets  
Darlene & Eldon Vogt

*We Thank Our  
Sustaining Members*

Darrin Bruce & Dee Baraw  
Cynthia Boyer  
Elaine Culpepper  
& Henry Bruning  
Jeffrey & Debbie Cather  
Gale Chan & Steve Scott  
Susan Coyne  
Marcus Epstein

Lisa Greeson  
Amy Hopkins  
Florence Harrod  
& Gary Johnson  
Debi Kahlie  
Judy Michaels  
Faye & Paul Miller  
Rene Pina  
Steve & Audra Silon  
Karen Webster  
& Eric Kennard

*And Our  
Supporting Members*

Darrin & Ed Drucker  
Sandy Marschman  
Bobbie Sevier  
Janet Szumowski

**REGISTER ME:**

Sign Me Up in Sunny **San Diego** for these 2010 Seminars

DATE	TITLE	#ATTENDING	AMOUNT DUE

TOTAL AMOUNT DUE \_\_\_\_\_

Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Credit Card: \_\_\_\_\_  
(VISA MC AMEX) Exp. \_\_\_\_/\_\_\_\_

Make checks payable to PEAC and mail with the registration form to PEAC, PO Box 600423, San Diego, CA 92160



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care, can we hope to someday eliminate the flood of unwanted companion parrots.

If you have ideas, comments, or suggestions, or you would like to volunteer to further PEAC's mission and goals, we'd love to hear from you!

### PEAC San Diego's Toy-Making Workshop

The PEAC Leadership team and a small cadre of dedicated volunteers got together and presented a fun and informative toy-making workshop on November 15 at Marina Village on beautiful Mission Bay.

After plying us with her delicious homemade cider and holiday muffins, Barbara Crouse presented a 45-minute PowerPoint slideshow that taught us why parrots need toys, and how to determine what type of toys that not only different species need, but also that birds of any species with specific behavioral problems or proclivities should have. Then, after introducing us to a roomful of materials and pointing out her professional-looking samples that adorned the walls of the conference room, she let us loose with blocks, beads, whiffle balls, pizza boxes (unused!), thread spools, chains, rope, palm leaves, and power tools, to name just a small fraction of the items available for our use. We all came away with two or three good-sized toys and huge smiles on our faces as we pictured our birds happily demolishing our hard work but being enriched while doing so!

But don't just take my word for it - here are what some other attendees had to say about the Toy-Making Workshop:

*"The workshop was wonderful and really helped me to understand that just like people with various interests and hobbies, birds have different play styles with different toy preferences. I don't have a bird yet, but when I do, I'm looking forward to learning what my bird loves for toys."* - Stormy

*"My mom & I both had a great time! We both appreciated having sample toys there to model our designs after."* - Catherine

If you attended and found this workshop experience useful, please tell others about it; we'd love to share this toy-making information (and fun!) with more people next November.

We'd like to give special thanks to those who made this workshop possible:

Rose's Pet Emporium and Diane O'Neill for their very-much-appreciated donations of toy-making supplies.

Allison McGee and April Adcock, who sponsored the workshop through their generous monetary donations.

Teri Irvin for hand-distributing flyer announcements and for setting up, breaking down, and providing help to students during the workshop.

Melanie Ariessohn for distributing flyers, transporting materials, help-

ing to set up and break down, and spending countless hours drilling and dyeing wood.

April Adcock for advertising, distributing flyers, and setting up, breaking down, and transporting the workshop materials, as well as providing toymaking help to students during the workshop.

DJ Sommers for providing invaluable suggestions and for dragging her casted, recently-operated leg all the way to the Bay to bring her foster Amazon, Pickle, to the conference for meet-and-greet purposes.

Larry Doria for his generous donation of time and tools to cut and drill what seemed like thousands of blocks of wood.

And, of course, Barbara Crouse, for baking delicious holiday snacks, sawing, drilling, and dyeing wood, making the PowerPoint presentation, setting up, breaking down, searching far and wide for the ingenious materials (e.g., palm fronds from her yard and pizza boxes!) she provided, and the time and creativity she used in making the sample toys.



A satisfied customer: one of our newly-adopted birds playing with the toy her mommy made for her at the workshop.

## ANCHORAGE PEAC

Board and Volunteers  
Anchorage, AK Chapter

**Karen Webster**  
*Managing Director*

### BOARD

**Debbie Cather**

**Kathy Doty, DVM**

**Jackie Frederickson, DVM**

**Garry Wallan**

**Karen Webster**

### VOLUNTEERS

**Debbie & Jeff Cather**

**Sarah Hill & Jim Power**

**Sydney & Tim Kaderman**

**Eric Kennard**

**Michelle Lyle**

**Becky & Dusty Menefee**

**Karen Ottenbreit**

**Elise Patkotak**

**Debbie & Steve Ross**

**Garry Wallan**

### Adoption Committee

**Jackie Frederickson**

**Karen Ottenbreit**

**Garry Wallan**

**Karen Webster**

**Liz Wilson**

## ANCHORAGE

### DIRECTOR'S MESSAGE:

It was October 14th, and temperature the previous evening had dipped down into the upper 30's – winter was on its way. The phone rang very early in the morning; a person on his way in to work near a local hospital had found a small parrot on the grounds of the hospital. Thinking that this little bird didn't belong out in the cold, he called PEAC.

Luckily the location was very close to our veterinary clinic, and I was able to get the bird to the clinic right away. The poor little bird was cold and quiet, and its droppings were scant – a bad sign. I left the bird in the capable hands of the clinic and began the process of getting the word out in hopes of reuniting the bird with its owner.

While looking at historical "lost bird" postings on Craigslist, I noticed that Amber O'Neill, Chairperson for The Alaska Bird Club's lost and found program, had posted about a lost cockatiel more than 8 weeks earlier. That bird looked a LOT like the one we just took in. Could a little 'tiel really survive for several weeks in our climate? Could it have evaded dogs, cats, eagles, merlins, hawks, and the multitude of other predators we have? I contacted Amber to find out if the owners of the lost cockatiel had ever recovered their bird. They had not, and she put me in contact with them.

By that evening, the bird had starting eating and drinking, and while the droppings were not even close to normal yet, it was apparent the bird was found in time and that it would be okay. I was not very hopeful that it would be the same bird as the one lost weeks prior -- I mean the odds were very much against it -- but not wanting to leave anything to chance, I had the woman meet me at the vet clinic that evening. When she walked into the exam room, she started crying. The bird went right to her. I didn't have a lot to go on to verify ownership by way of objective criteria -- the bird was not banded or micro-chipped (nor was her bird) -- but I wasn't certain I needed it after seeing the two of them together.

**continued next page**

### Director's Message (continued)

And that's how, after spending three days at the vet clinic to make certain he was healthy enough to go home, "Tweedy" went home after surviving weeks "on the lam".

Two of the PEAC birds currently up for adoption were not so lucky. We were never able to locate "Wilson's" owner, nor "Sassy's". These found birds are currently up for adoption, hoping to find their forever home. Please consider adopting a "gently used" parrot before purchasing one from a pet store or breeder, whether it is a PEAC bird or one from the Alaska Bird Club. They sometimes have a little bit of baggage which they need help unpacking, but in return you'll get years of loving company from an intelligent little companion.

I hope you all have a wonderful holiday season. Practice safe cooking (birds and Teflon do NOT mix!), keep the poinsettias away from inquisitive beaks, and remember that parrots ransacking leftover holiday party fare can end you up in the emergency vet office instead of nice and warm at home, unwrapping presents!

Karen Webster  
Managing Director, Anchorage

### WHAT'S NEW IN ANCHORAGE FOR 2010

For 2010 we will be supplementing our core seminars with the ever-popular "Avian Safety and Emergency Preparedness Planning", as well as "Introduction to Training". You won't want to miss this seminar – it was FABULOUS! We're also introducing a new seminar on feather destructive behaviors – understanding what causes them, how to prevent them, and what to do if your bird exhibits them. We're calling it "The Naked Parrot"....trying to add some levity to what can be a very stressful topic for many parrot owners. Previously we've enjoyed knowing our seminars were always "the third Thursday of the month". This won't be the case for some months in 2010, so remember to check the website for details or watch for our announcements the week before the event.

If you're a FaceBook user, feel free to become a fan of **"AK-PEAC (Alaska - Parrot Education & Adoption Center)."**

By doing so you'll get access to news, updates, and special announcements as they're released. For some levity, Parker – an African Grey who was a PEAC bird – has his own page on FaceBook entitled **"Parker the Perfect Parrot"**. It will become apparent from reading Parker's posts that he's quite verbose, has a lot to say on a variety of subjects, and can often be found acting in a less-than-perfect (i.e. "normal") manner.

Best wishes to you and your flock for a wonderful New Year, and we hope to see you at some of our seminars in 2010!





## Available for Adoption in Anchorage

Parrot Education & Adoption Center  
P.O. Box 91707  
Anchorage, AK 99509-1707  
907.929.2473  
www.akpeac.org  
akpeac@gmail.com

### Amazons



Name: **Samantha**  
Species: Double Yellow Head  
Age: 14 years  
Sex: Female  
Notes: Friendly in that she wants to be around people, but reserved in that she would prefer not to be touched. A true Amazon, she does love her showers! Definitely not a cuddler, but she does have a very sweet voice and personality.

### Conures



Name: **Wilson**  
Species: Blue-crowned Conure  
Age: unknown  
Sex: unknown  
Notes: Wilson was a found bird, rescued after spending a day hanging out in several very tall trees close to an Italian restaurant. Care to guess what his favorite food is? He talks quite a bit, and while there's only interest in getting scratches from favored people, he's VERY interested in getting attention from that favored person, playing with toys, etc..



Name: **Sunshine**  
Species: Sun Conure  
Age: 2 years  
Sex: Male  
Notes: Sunshine came to PEAC because his owner felt that she wasn't able to continue to provide the home he deserved to have. Sunshine is a very charming bird, and loves attention, though his preference is women (what a flirt).

### Poicephalus - Senegal



Name: **Sassy**  
Age: unknown  
Sex: unknown  
Notes: This bird was found and turned over to us. She can be social and outgoing when she wants to, yet like several Senegals she can be somewhat territorial of her space. She has a healthy appetite and loves to play with her toys or get cuddles and scratches from her favorite people.

## WAYS YOU CAN HELP!!

Have you ever wondered how you could help PEAC, but thought "I just don't have the ability to foster"? That's okay, there's lots of ways people can help PEAC...

### The Program Birds always appreciate donations of:

*New toys*  
*Harrison's Bird Food*  
*(including Bird Bread Mix)*  
*Nutriberries*  
*Nuts in the shell*  
*(almond, walnut, etc.)*  
*Seasonal fruit*  
*Travel carriers*  
*Large cages*  
*Perches*

### The administrative office of PEAC always appreciates donations of the following:

*Stamps*  
*Photocopier paper*  
*Photo paper for color printers*  
*Ink for color printers*

**If it were not for our volunteers, memberships, and public donations, we would not be able to do what we do. A large part of our funding comes from special events and fund raisers.**

**We are always looking for donations for the events we put on throughout the year. If you have an item you would like to donate, please call or email us!**

**907-929-BIRD (2473)**  
**akpeac@gmail.com**





*Parrot Education & Adoption Center*

*Presents...*



**HOLIDAYS**



are for the  
**Birds!!!**



*Join us at VCA Alaska Pet Care for a grand holiday celebration complete with parrots, parrot toys, and parrot folks! Here are some of the great activities we'll have on hand:*

- Meet the PEAC birds up for adoption!
- Purchase toys from **Grey Feather Toy Creations & Big Beaks Bird Toys!!!** (PEAC members receive 10% discount)!
- Bid on silent auction items!
- Feast at our bake sale (goodies for humans, birds, and canines)!

**Date:** Sunday, December 13, 2009

**Time:** 11:00 a.m. - 2:00 p.m.

**Where::** VCA Alaska Pet Care at  
3900 Lake Otis Pkwy

**Questions?** 929-2473 or [akpeac@gmail.com](mailto:akpeac@gmail.com)

[www.akpeac.org](http://www.akpeac.org)



## PARROT EDUCATION & ADOPTION CENTER - ANCHORAGE 2010 SEMINAR SCHEDULE

Tel: 907-929-BIRD

E-mail: [akpeac@gmail.com](mailto:akpeac@gmail.com)

While many of our seminars are required for adoption, others are encouraged to attend to expand their knowledge in order to provide the best home possible for their own companion birds.

<b>January 28:</b>	Parrot Personalities (required for adoption)
<b>February 18:</b>	Understanding, Preventing, and Resolving Parrot Behavior Problems (required for adoption)
<b>March 23:</b>	The Naked Parrot – Feather Destructive Behavior in Parrots
<b>April 13:</b>	Avian Safety and Emergency Preparedness Planning
<b>May 20:</b>	Basic Care/Lifestyles for the Successful Parrot Caregiver (required for adoption)
<b>June 17:</b>	Parrot Personalities (required for adoption)
<b>July 15:</b>	Understanding, Preventing, and Resolving Parrot Behavior Problems (required for adoption)
<b>August 19:</b>	Introduction to Training
<b>September 16:</b>	Nutrition and Foraging
<b>October 14:</b>	Basic Care/Lifestyles for the Successful Parrot Caregiver (required for adoption)
<b>November 18:</b>	Parrot Personalities (required for adoption)
<b>December:</b>	TBD

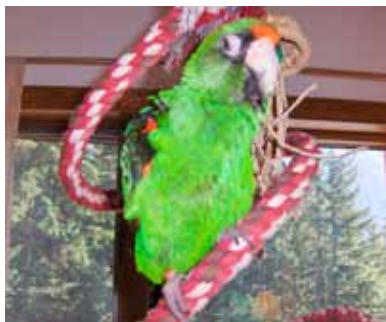
Seminar fees (per person/day):

	<b>ADVANCE REGISTERED</b>	<b>AT THE DOOR</b>
<b>PEAC Members:</b>	FREE!	\$5.00
<b>Non-members:</b>	\$10.00	\$15.00

Our seminars are held at the BP Energy Center (900 E. Benson Blvd) in Anchorage from 7:00-9:00 pm. Advance registration **must** be received no later than three days prior to the date of the seminar. To register, please email or mail the seminar date you want to attend, and the number attending. If you are a member and registering in advance, registration over the phone or via email is acceptable. For fax or USPS mail registrations, a registration form can be found on Page 16.

Seminars are subject to change or cancellation. Registration fees for non-members will be refunded only if a seminar is cancelled.

Though we love your birds, PLEASE leave them at home while you attend these seminars.



Kazoo just hanging out



Not *too* cute, am I?

## KAZOO'S CORNER

by Jean Feakes, Anchorage Chapter

### Installment 1: Wherein We Meet Kazoo

One morning this past September, at the start of what was gearing up to be another rather ordinary day, I noticed that my Lesser Jardine's Parrot, Kazoo, was acting somewhat lethargic and not like himself at all. I also noticed that where he normally puts out a nice pile of poop after I let him out of his cage in the morning, he was putting out a lot of urine instead. I watched him all day: His behavior continued to be suppressed and he continued to put out a great volume of urine but very little solid feces.

I decided to email my vet and ask her if she would come by to take a look at him and do a blood workup. She stopped by the house the very next day to see him. After the first day of his unusual behavior, I started weighing him every day or so. Normally his weight is 231 grams, but when I started weighing him I noticed that he was losing weight at a rather rapid pace: Over the first five or six days he went down to 219 grams.

I think I mentioned diabetes to Lesley (my vet), but only in passing as a possibility. As it turned out, it was a pretty accurate guess. Kazoo's glucose level was in the 800's. I immediately started modifying his diet, giving him a more balanced diet with carbohydrates and proteins and fewer sugar-laden fruits and vegetables. I also encouraged his Harrison's pellets over his seed mix. I did this for about a week and then the vet came back and we did another blood workup. When we got the results, not much had changed. Kazoo's glucose level was still in the 800's.

After that first blood test, I started looking for articles about diabetes in birds. Essentially, I found that there isn't much out there on the subject. Dr. Margaret Wissman, who writes a column in Bird Talk magazine, published an article when she had a female cockatiel who was diabetic, and another vet wrote about giving birds insulin. Neither article was particularly in-depth when it came to describing how to treat diabetes in birds.

Since the last blood test, I have been giving Kazoo a drug called glipizide in his water. I don't know if it is helping, but he has more energy and is eating much better. I've tasted the water and it doesn't really taste like much of anything so he doesn't object to drinking it.

Kazoo has never regained the weight he lost, but is not losing any more. Mostly now, his weight stays between 196 and 206, which represents a loss of 1/6 of his original weight; but he is once again my feisty little Jardine's.

I don't know how this will end. In one of the articles I read, the vet said that sometimes birds recover and "outgrow" (so to speak) the diabetes. I won't pretend to understand what is going on in his body, but I am trying to give Kazoo as balanced a diet as I can, so that he can live an active, healthy life.



Your membership, support and participation at our events are essential to the future of our chapter and our foster birds! Thank you for your generosity!!

We would like to extend a special THANK YOU to the following individuals, organizations and businesses that have donated to our Anchorage chapter.

Alaska Mill & Feed

Grey Feather Toys

Big Beaks Bird Toys

Professional Legal Copy

TOPS – Totally Organic Pellets

Ginger Memorial Fund:

Layne Dicker & Sally Spencer

Faye Miller

To the right is the infamous Parker, eating one of Karen's test batches of the birdie bread she's making for Anchorage's Holiday Open House. This flavor is "Fall Harvest" (Harrison's bird bread mix, zucchini, butter-nut squash, pumpkin, carrots, brussels sprouts, almonds, pecans, almond butter, eggs, quinoa, muesli, and red palm oil). Yum!



### REGISTER ME:

I Want to be Inside (where it's warm) Getting My Parrot Education in Anchorage

DATE	TITLE	#ATTENDING	AMOUNT DUE

TOTAL AMOUNT DUE \_\_\_\_\_

Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Credit Card: \_\_\_\_\_  
(VISA MC AMEX) Exp. \_\_\_\_/\_\_\_\_

Make checks payable to PEAC and mail with the registration form to PEAC, PO Box 91707, Anchorage, AK 99509-1707





## THE "GINGER" MEMORIAL SPONSORSHIP PROGRAM\*

Ginger was one of the first birds Anchorage took in and the difference we were able to make in this bird's life was remarkable. Unfortunately, we were not granted enough time with Ginger on this earth; let the story of her life carry the message of birds in need to future generations. May she rest in peace.

Through word of mouth, PEAC has become widely known. With this notoriety comes an increase in the number of birds needing our help. The increased volume of birds coming through our door has placed an additional financial burden on the organization. Just one of our macaws requires a new \$20 or \$30 toy at least once a month, in addition to the food costs (and thanks to the difficult times we are all facing, food costs have risen dramatically). Sadly, we have numerous parrots of all sizes, needing a variety of toys and foods, waiting to enter our program!

We are appealing to you as a fellow parrot lover to help us help these homeless birds. Please consider enrolling in our Sponsorship Program. For a monthly contribution you can sponsor one or more of our birds. In return you will receive the satisfaction of knowing that a parrot's life was enriched by your donation and your name will appear on our Sponsorship List in our quarterly newsletter Beak To Tail. (If you wish to remain anonymous, simply check the box on the Sponsorship Program Enrollment Form.) All donations are tax deductible and will directly benefit our birds. Simply fill out the enrollment form and return



### THE GINGER MEMORIAL SPONSORSHIP PROGRAM ENROLLMENT FORM

#### Sponsorship Levels

- ☐ \$50/mo. Macaw/Large Cockatoo    ☐ \$25/mo. African Grey/Amazon/Eclectus  
☐ \$15/mo. Conure/Parrotlet    ☐ \$10/mo. Cockatiel/Budgie/Lovebird  
☐ I wish to remain anonymous.  
☐ I am unable to give a monthly donation, but I would like to help with a one-time donation of \$ \_\_\_\_\_.

Name: \_\_\_\_\_ Phone number: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ E-mail: \_\_\_\_\_

VISA/MC/AMEX Card #: \_\_\_\_\_ Exp: \_\_\_\_ / \_\_\_\_

Or make check payable to PEAC and mail with the registration form to  
PEAC, P.O. Box 91707, Anchorage, AK 99509-1707

it with your donation.\*

After enrolling, for your convenience, you will receive an envelope each month to return your donation in. The birds are waiting and thank you for your contribution.

*\*All donations pertaining to the Ginger Sponsorship Program remain at PEAC in Anchorage.*



## THE "CHICKEN" MEMORIAL SPONSORSHIP PROGRAM

Chicken, a "Festive Amazon" (*Amazona festiva*) was imported in about 1970, as an adult, wild-caught bird. He was first owned by an elderly woman, a chain smoker, who had him for about 15 years and taught him to be a phenomenal talker. When she passed away, Chicken was left to her two sons, neither of

whom liked him, and they kept him in isolation. Their sister rescued Chicken and gave him to a vet tech at the hospital where he was a client. The tech kept Chicken for a few years, until becoming engaged to someone who was allergic. In 1993, she called Layne Dicker, who was doing bird adoptions; Layne immediately fell in love with Chicken. He says that Chicken was affectionate, personable, and completely trustworthy. He would sit on Layne's shoulder for an hour with his head down getting scratched, and if Layne stopped, he'd nibble at his ear, making a little growling sound. In 1998, Chicken died of lung cancer. Layne has never completely gotten over it.

PEAC has set up a memorial fund to help homeless birds with stories like Chicken's. But we can't do this without your help. Just one of our Amazons or macaws requires a new \$20 or \$30 toy at least once a month, in addition to the food costs. And we have numerous birds of all sizes waiting to enter our program!

We are appealing to you as a fellow parrot lover to help us help these homeless birds. Please consider enrolling in our Sponsorship Program. For a monthly contribution you can sponsor one or more of our birds. In return you will receive the satisfaction of knowing that a parrot's life was enriched by your donation, and your name will appear, if you wish, on our Sponsorship List in our quarterly newsletter. All donations are tax deductible and will directly benefit our birds. Simply fill out the enrollment form and return it with your donation.\* After enrolling, for your convenience, you will receive an envelope each month to return your donation in. The birds are waiting and thank you for your contribution!

\*All donations to this program remain at PEAC headquarters in San Diego. For sponsorship opportunities in your area, contact your local PEAC Chapter.

### THE CHICKEN MEMORIAL SPONSORSHIP ENROLLMENT FORM

#### Sponsorship Levels

- ☐ \$50/mo. Macaw/Large Cockatoo    ☐ \$25/mo. African Grey/Amazon/Eclectus
- ☐ \$15/mo. Conure/Parrotlet    ☐ \$10/mo. Cockatiel/Budgie/Lovebird
- ☐ I wish to remain anonymous. Do not print my name on the Sponsorship list.
- ☐ I am unable to give a monthly donation, but I would like to help with a one-time donation of \$\_\_\_\_\_.

Name: \_\_\_\_\_ Phone number: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ E-mail: \_\_\_\_\_

Make check payable to PEAC and mail with the registration form to  
PEAC, P.O. Box 600423, San Diego, CA 92160.

## THE "CHICKEN" MEMORIAL SPONSORSHIP PROGRAM

### PARTICIPANTS

Lucia Blades

Gale Chan

Mike & Julia Comella

Layne Dicker

Kelly Flynn

Lisa Greeson

Jim & Karen Hodson

Philip & Lee Jenkins

Beverly Kirkegaard

Debra Kolen

Judy Lazar

Patrice Marcks

Ann Palik

Jean Rockwell

Chloe Rogers

Steve Scott

John & Janet Smith

Linda Stuart

Virginia VanDyke

**PEAC MEMBERSHIP DISCOUNTS**

Check it out! The following companies are supportive of PEAC's work and have graciously offered to give PEAC members a discount on items ordered from them. (Several advertise in the Companion Parrot Quarterly, so you may want to review their ads before contacting them.)

**Advanced Avian Designs, Inc.**  
888-408-4967 - 10%

**Artistic Avian Accessories**  
209-748-5631 - 10%

**Avian Antics**  
734-782-5270 - 10%

**Avian Gourmet**  
1-888-88-AVIAN  
www.aviangourmet.com - 10%

**Avitech, Inc.**  
1-800-646-BIRD - 10%

**Beak Boutique**  
http://beakboutiquetoys.com  
info@beakboutiquetoys.com - 10%

**Bell Plastics**  
1-800-235-8265 - 20%

**Birds by Donalee**  
520-574-7290  
www.birdsbydonalee.com - 10%

**Charlie Macaw**  
**Companion Birdwear**  
800-704-3003  
Regular price: \$28.50  
PEAC price: \$19.50

**Featherwear**  
925-280-9666 - 10%

**Feathered Follies**  
925-280-9666 - 10%

**Firefly Studios**  
800-777-9242 - \$2.00 off shirts

**Freeway Enterprises**  
Home of the Birdie Play Stand  
707-678-9065 - 10%

**Grey Feather Toy Creations**  
www.GreyFeatherToys.com  
866-355-5904  
5% (must use discount code! PEAC)

**Hidden Forest Art Gallery**  
Fallbrook, CA  
www.gaminiratnavira.com - 10%

**Manzanita Avenue**  
**Fred Bird & Company**  
530-347-6339 - 10%

**Noah's Kingdom**  
1-800-662-4711 - 10%

**The Other Species Store**  
**Unique Pet Accessories**  
909-988-3321 - 20%

**Parrot Island**  
952-928-9985  
888-9PARROT (orders only)  
www.parrotislandinc.com - 10%

**Pet Concepts (Beak Appetit)**  
1-800-467-4677 - 15%

**Premium Pet Kitchen**  
1-800-945-2451  
20% off first order

**Puppy Paws**  
www.puppypaws.com  
Coupon code: PEAC - 15%

**The Purring Parrot**  
619-223-2326  
www.thepurringparrot.com - 10%

**Rose's Pet Emporium**  
888-418-2269  
www.rosespet.com - 10%

**Scooterware**  
914-255-MOON  
www.scooterware1.com - 10%

**Southern Cross**  
941-283-3037 - 10%

**Sunrise Solutions/Hide N Sleep**  
303-469-4217 - 10%

**White Wing Farms**  
360-942-3669  
25% (write "PEAC member discount" on order form)

**Wings & Whiskers**  
714-522-2554 - 20%

**San Diego Stores**

Feathers - San Marcos  
Birdland - North Park  
The Purring Parrot - Point Loma  
20% discount for 1st-time boarders

**Los Angeles Store**

Parrots Naturally - Tarzana  
10% discount on toys, food, and accessories. Generous savings on cages when you complete PEAC's adoption process. Please call for pricing.

**Cleveland Area Store**

Pet Paradise - Willoughby

**Anchorage Area Store**

Alaska Mill & Feed  
10% on companion bird food, toys, supplies, etc.

**Costa Rica**

Laguna del Lagarto Lodge  
25% discount on prevailing room rates.  
www.lagarto-lodge-costa-rica.com



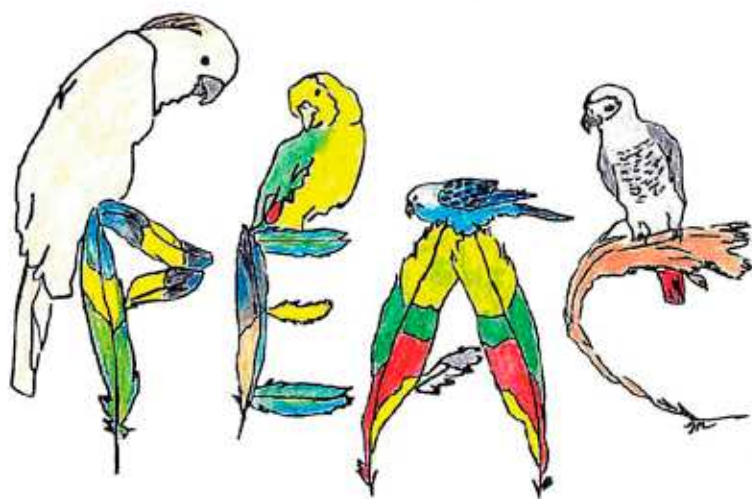
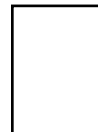
"Did someone say 'party in Anchorage'?"

## BEAK TO TAIL

PARROT EDUCATION & ADOPTION CENTER®

P.O. Box 600423

SAN DIEGO, CA 92160-0423



Parrot Education & Adoption Center®

## UPCOMING EVENTS

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December 13, 2009  
Holiday Open House & Toy Sale  
(Anchorage)

January 24, 2010  
Avian Basic Care  
Strategies for Successful  
Parrot Caregivers  
(San Diego)

January 28, 2010  
Parrot Personalities  
(Anchorage)

July 31, 2010  
Barbara Heidenreich Conference  
(San Diego)