

Food Preservation Camp

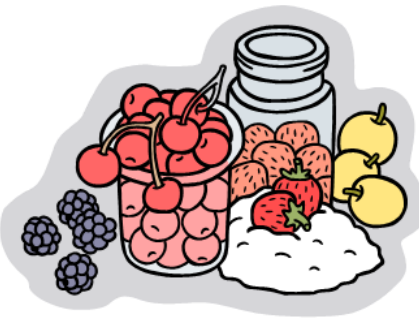
Learn How to Save Your Garden Bounty for Winter Time

Saturday, June 15

8:30 a.m. to 5 p.m.

Springfield-Greene County Botanical Center
2400 S. Scenic Ave., Springfield, Mo. 65807

***** Space is limited & seating will be reserved for the first 20 paid participants *****



The “Food Preservation Camp” will provide classroom instruction on the basics of home food preservation with an emphasis on safety. Participants that enroll for the camp (at \$85 per person) will spend the entire day in sessions learning about pressure canning, dehydrating food, making salsa, pickling and jams and jellies.

Class members will receive University of Missouri Extension guides on basic food preservation and canning. University of Missouri Extension nutrition specialists will be instructors for the classes and will use research-based curriculum to teach the most up-to-date methods of food preservation. Instruction will be hands-on and done with a lecture, a video and Q&A. **(A BOX LUNCH WILL BE SERVED).**

“Seasonable and Simple” cookbooks will also be available for \$15 along with a basic pressure canning book. Over 400 people have attended food preservation classes hosted by Greene County Extension since 2009.

Space for MU Extension programs and activities is provided by the
Springfield-Greene County Botanical Center. <http://www.botanicalcenter.org>



UNIVERSITY OF MISSOURI
M Extension
An equal opportunity/ADA institution

Greene County Extension Center
Located inside the Springfield-Greene County Botanical Center
2400 S. Scenic Ave., Springfield, mo. 65807
417-881-8909 | <http://extension.missouri.edu/greene>

Food Preservation Camp 2013

\$85 per person _____ Number attending _____ TOTAL DUE

NAME: _____

ADDRESS: _____

CITY/STATE/ZIP: _____

E-MAIL: _____

TELEPHONE: _____

Contact us at:

Tel: (417) 881-8909

E-mail: greeneco@missouri.edu

Please make checks payable to:

MU Extension—Greene County

2400 S. Scenic Ave., Springfield, Mo. 65807

**Enroll online and pay
with a credit card.**

<http://extension.missouri.edu/greene>

Greene County Extension Announces “Food Preservation Camp” for June 15 at Botanical Center in Springfield

SPRINGFIELD, Mo. – Greene County Extension announced plans this week to host a “Food Preservation Camp” from 8:30 a.m. to 5 p.m. on Saturday, June 15 at the Springfield-Greene County Botanical Center in Springfield.

University of Missouri Extension nutrition specialists will be instructors for the classes and will use research-based curriculum to teach the most up-to-date methods of food preservation.

Participants that enroll for the camp (at \$85 per person) will spend the entire day in sessions learning about pressure canning, dehydrating food, making salsa, pickling and jams and jellies.

Participants will learn to pressure can vegetables during the first session of the camp. During the “pack a pickled product” portion attendees will learn to quick pack dilled green beans and learn water bath canning basics including how to pickle other products. As part of “Salsa Made Easy,” participants will learn water bath canning basics used with tomato and fruit based salsas. During the “Jams and Jellies” segment instructors will cover both cooked and freezer jams, as well as water bath canning basics. The “Freezing and Dehydration” segment will address freezing for best quality and the basics of dehydration.

“The full-day camp is a new way to present this information that is more convenient for participants. In the past this series has been spread out over five different ways,” said David Burton, county program director for Greene County Extension. “We are offering a discount over taking these classes individually for \$20 each.”

Advance registration is required because of limited space and in order to have the necessary supplies for the hands-on class. The class is limited to 20 people. Registration materials are available on the Greene County Extension website: extension.missouri.edu/greene. Printable enrollment forms are available for download and payment with a check or an online credit card enrollment option is also available.

Individuals can also call 881-8909 to request enrollment materials be mailed to them.

Space for this MU Extension program in Greene County is provided by the Springfield-Greene County Botanical Center. <http://www.botanicalcenter.org>.

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Course Instructors

Tamara Roberts

NUTRITION SPECIALIST
Bates County MU Extension Center
Courthouse
1 N Delaware
Butler, MO 64759
Phone: 660-679-4167
Fax: 660-679-4697
Email: robertstt@missouri.edu



Lydia Kaume

ASST. EXTENSION PROFESSIONAL &
NUTRITION/HEALTH SPECIALIST
Barton County MU Extension Center
801 East 12th St
Lamar, MO 64759
Phone: 417-682-3579
Phone: 417-682-3579
Email: kaumel@missouri.edu

