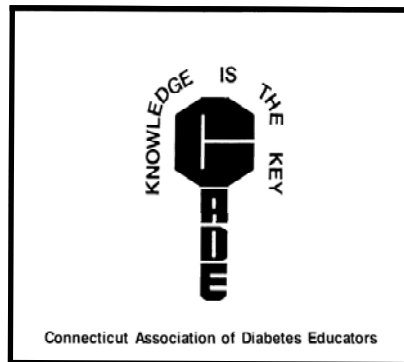


# American Diabetes Association

and



Present the  
**39<sup>th</sup> Annual Symposium on Diabetes  
for the Health Care Professional**

7:30 AM – 3:30 PM

Thursday, November 13, 2008

Crowne Plaza Hotel

100 Berlin Road

Cromwell, Connecticut

**Target Audience:** This one-day symposium on diabetes is designed for nurses, dietitians, pharmacists and other clinical and home setting health professionals. Teaching/learning strategies at this activity include lectures, slides, question and answer interaction and handouts.

## Learning Objectives

By attending this course, the participant should be able to:

- Discuss recent research/media controversies relating to diabetes.
- Identify solutions to barriers to life-style changes.
- Discuss recent clinical outcomes and implications in bariatric patients with diabetes.
- Define the roles of team members in patient selection, treatment and follow up.
- Describe treatment options to improve blood glucose control.

## Accreditation Statements

**Nurses:** The American Diabetes Association is approved as a provider of continuing education in nursing by the Virginia Nurses Association (VNA) which is accredited as an approver of continuing education in nursing by the American Nurses' Credentialing Center's Commission on Accreditation. The American Diabetes Association is located at 1701 North Beauregard Street, Alexandria, VA 22311. VNA Provider Number: 07-03-02. This educational activity is approved by the Virginia Nurses Association (VNA) which is accredited by the American Nurses Credentialing Center's Commission on Accreditation as an approver of Continuing Education in Nursing for a maximum of 5.25 VNA Contact Hours. The VNA is located at 7113 Three Chopt Road, Suite 204, Richmond, VA 23226.

**California Board of Registered Nursing:** The American Diabetes Association is also a provider approved by the California Board of Registered Nursing, Provider No. CEP-12196. This activity is approved for 5.25 contact hours.



**Pharmacists:** The American Diabetes Association is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. This activity provides 5.25 contact hours of continuing pharmacy education credit. The ACPE UPN is 239-999-08-009-L01-P. Each pharmacist should claim only those hours of credit that he/she spent in the educational activity.



**Dietitians:** The American Diabetes Association is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 5.25 continuing professional education units (CPEUs) for completion of this program/material.

**Certified Diabetes Educators:** To satisfy the requirement for renewal of certification by continuing education for the National Certification Board for Diabetes Educators (NCBDE), continuing education activities must be diabetes related and approved by a provider on the NCBDE List of Approved Providers ([www.ncbde.org](http://www.ncbde.org)). NCBDE does not approve continuing education. The American Diabetes Association is on the NCBDE List of Approved Providers.

**Successful Completion Statement:** The Association follows the "Honor System" to verify attendance at its professional education activities. An attendance verification form is completed by each participant at the end of the activity or when the participant leaves the activity. Participants provide name, address, and number of hours spent in the educational activity. Participants are expected to claim only those hours spent in the educational activities approved for continuing education credit. Certificates of Completion/Attendance are provided to registered attendees based upon this information and are available at the registration area upon completion of the program.

### **Planning Committee**

#### **Leigh Bak, MS, RN, CDE**

Diabetes Clinical Nurse Specialist  
Hospital of St. Raphael  
New Haven, CT

#### **Jean Kostak, MS, RD, CD-N, CDE**

Diabetes Education Specialist  
University of Connecticut Health Center  
Farmington, CT

#### **Carl Malchoff, MD, PhD**

Professor of Medicine  
University of Connecticut Health Center  
Farmington, CT

#### **Karen McAvoy, MSN, RN, CDE**

Education Coordinator, Program Administrator  
Joslin Diabetes Center Affiliate at The Hospital of Central Connecticut  
New Britain, CT

#### **Patricia O'Connell, MS, RD, CDE, CD-N**

Diabetes Nutrition Educator  
Joslin Diabetes Center Affiliate at The Hospital of Central Connecticut  
New Britain, CT

#### **Annie Pacyna, RPh, CDE**

Registered Pharmacist, St. Raphael Apothecary and Wellness Center  
Forestville, CT

#### **Michael Radin, MD**

Staff Endocrinologist, Assistant Professor of Clinical Medicine  
Joslin Diabetes Center Affiliate at The Hospital of Central Connecticut  
Private Practice, New Britain, CT

### **Presenters**

#### **Fadi Al-Khayer, MD, FACE**

Director of Endocrinology  
Management Programs  
Manchester Memorial Hospital  
Manchester, CT

#### **Kari Davis, RN, BC-FNP, MSN, CDE**

Clinical Systems Director  
Generations Family Health Center  
Willimantic, CT

#### **David Giles, MD**

Co-Director of Bariatric Surgery  
Surgical Director, Weigh Your Options  
The Hospital of Central Connecticut  
New Britain, CT

#### **May Harter, MS, RD, CD/N**

Coordinator, Nutrition and Weight Management Programs  
The Hospital of Central Connecticut  
New Britain, CT

#### **Joan Czarnowski-Hill, RD, CDE, LD**

Owner, Hill Nutrition Consulting, LLC  
Natick, MA 001760

#### **Robin Whittemore, PhD, APRN**

Associate Professor  
Yale School of Nursing  
New Haven, CT

# 39<sup>TH</sup> Annual Symposium on Diabetes for the Health Care Professional

## Thursday, November 13, 2008

### AGENDA

7:30 AM - 8:00 AM	<b>Registration, Exhibits, Coffee</b>
8:00 AM - 8:15 AM	<b>Welcome</b> <i>Patricia O'Connell, MS, RD, CDE, CD-N</i>
8:15 AM - 9:15 AM	<b>Update on Diabetes Clinical Trials: Translating New Information for Our Patients</b> <i>Fadi Al-Khayer, MD, FACE</i>
9:15 AM - 10:15 AM	<b>Putting the Patient in Charge</b> <i>Robin Whitemore, PhD, APRN</i>
10:15 AM - 10:45 AM	<b>Break / Exhibits</b>
10:45 AM - 12:00 PM	<b>Team Approach to Bariatric Surgery</b> <i>David Giles, MD and May Harter, MS, RD, CD/N</i>
12:00 PM - 1:15 PM	<b>Exhibits and Luncheon</b>
1:15 PM - 2:15 PM	<b>Highs and Lows</b> <i>Kari Davis, RN, BC-FNP, MSN, CDE</i>
2:15 PM - 3:15 PM	<b>Nutrition Nightmares</b> <i>Joan Hill, RD, CDE, LD</i>
3:15 PM - 3:30 PM	<b>Closing Remarks / Evaluations</b> <i>Leigh Bak, MS, RN, CDE</i>

*Thank you!*

*Special thanks to the Joslin Diabetes Center Affiliate at The Hospital of Central Connecticut for in-kind print support.*

**Exhibitors (Omissions due to printing deadline)**

Bayer Healthcare – Diabetes Care Division  
 CT Association of Diabetes Educators  
 Insulet Corporation  
 Lifescan, Inc.  
 Novo Nordisk, Inc.  
 sanofi-aventis  
 Smith's Deltec  
 Takeda Pharmaceuticals

**REGISTRATION FORM**

**The 39<sup>th</sup> Annual Symposium on Diabetes** (Pre-Registration deadline October 31, 2008) Fee: \$90.00 and \$45 for full-time students. **After October 31, 2008 late fee is \$10.00.**

Name \_\_\_\_\_ Credentials \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Business \_\_\_\_\_

Telephone (B) \_\_\_\_\_ (H) \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Registration fee includes continental breakfast, coffee break, lunch, exhibits and program materials.

**Please check one of the following:**

MD  APRN  RN  LPN  RD  Diet Tech  Physician Assistant  SW  RPH  DPM  
 Home Health  Other (specify \_\_\_\_\_)

Are you a member of the American Diabetes Association?  Yes  No

Are you a member of the Connecticut Association of Diabetes Educators?  Yes  No

Please send check, payable to the American Diabetes Association, to: Attention: Louise Butcher, 306 Industrial Park Road  
 Suite 105, Middletown, CT 06457

Amount Enclosed: \$ \_\_\_\_\_

**Cancelled Check Serves as Confirmation/Receipt.**

**CONTACT INFORMATION**

Louise Butcher, 1-877-639-0385 x3532, E-mail: [lbutcher@diabetes.org](mailto:lbutcher@diabetes.org), [www.diabetes.org/pro](http://www.diabetes.org/pro)

**TRAVEL AND HOUSING INFORMATION**

Directions to the Crowne Plaza Hotel, 100 Berlin Road, Cromwell, CT 06457 Phone: 860-635-2000

Traveling South: I-91 South to Exit 21. Turn left at end of exit and continue one block to hotel - hotel is on the left.

Traveling North: I-91 North to Exit 21. Turn right at end of exit – hotel is on the right.

Housing is available at the:

Crowne Plaza Hotel, 100 Berlin Road, Cromwell, CT (B): 860-635-2000, Courtyard by Marriott,

4 Sebethe Drive, Cromwell, CT (B): 860-635-1001 and The Rocky Hill Marriott, 100 Capital Boulevard, Rocky Hill,

CT (B): 860-257-6000.

**CANCELLATION POLICY**

**A written notice of cancellation must be received by October 31, 2008 to the American Diabetes Association.**

**No refunds will be made after that date or for no-shows.**

**DISABILITIES ACT**

Check here if you require special assistance to fully participate in the conference (please attach a written description of requirements).



American Diabetes Association  
306 Industrial Park Road, Suite 105  
Middletown, CT 06457  
1-888-DIABETES (1-888-342-2383)

**39<sup>th</sup> Annual Symposium on Diabetes**

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