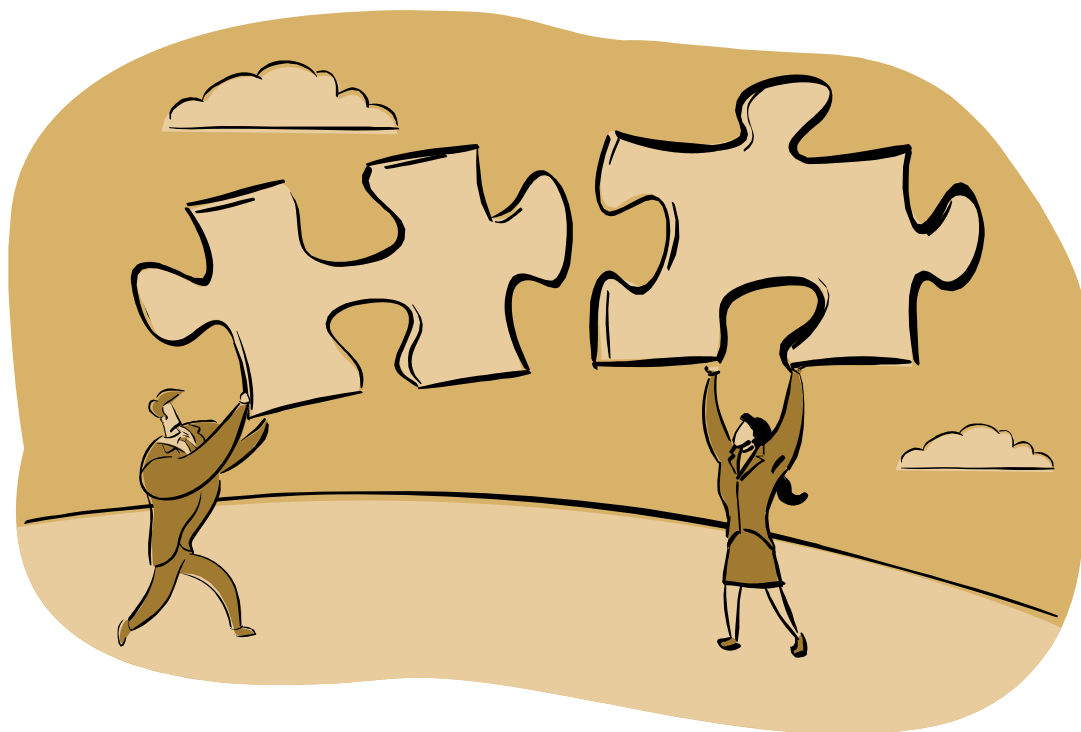


# Annual Diabetes Practice Update



## The Diabetes Puzzle: Putting Pieces into Practice

**Friday, October 24, 2008**

**8:00am—4:00pm**

**Oregon Convention Center  
777 NE Martin Luther King Jr Blvd  
Portland, Oregon**

## Target Audience:

This education activity is designed for physicians, nurses, nurse practitioners, pharmacists, dietitians and other health professionals with an interest in diabetes and related management issues.

## LEARNING OBJECTIVES

*At conclusion of this education activity participants will be able to:*

- Identify clinical guidelines, research, emerging trends, tools and therapies that impact diabetes management.
- Describe the health impact, tools, psychopharmacologic and evidence-based treatment options that affect managing depression in diabetes.
- Discuss effective treatment strategies for new and established therapy options including interactions, side effects and special considerations for patients with diabetes.
- Cite the interrelationship between sleep quality and diabetes, as well as, assessment methods and treatment options for improving sleep quality.
- Identify issues and strategies for improving reimbursement for diabetes services.
- Discuss barriers, methods and tools for addressing food attitudes to empower behavior change in patients with diabetes.
- Describe the pathophysiology, diagnosis, and treatment of latent autoimmune diabetes (LADA.)

*NOTE: ALL SESSIONS TO BE PROVIDED IN LECTURE FORMAT WITH AN OPPORTUNITY FOR QUESTION & ANSWER.*

## ACCREDITATION STATEMENTS

**Physicians:** The American Diabetes Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The American Diabetes Association designates this education activity for a maximum of **6** AMA PRA Category 1 credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.



**Dietitians:** The American Diabetes Association is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive **6** continuing professional education units (CPEUs) for completion of this program/material.

**Nurses:** The American Diabetes Association is approved as a provider of continuing education in nursing by the Virginia Nurses Association (VNA) which is accredited as an approver of continuing education in nursing by the American Nurses' Credentialing Center's Commission on Accreditation. The American Diabetes Association is located at 1701 North Beauregard Street, Alexandria, VA 22311. VNA Provider Number: 07-03-02. This educational activity is approved by the Virginia Nurses Association (VNA) which is accredited by the American Nurses Credentialing Center's Commission on Accreditation as an approver of Continuing Education in Nursing for a maximum of **6** VNA Contact Hours. The VNA is located at 7113 Three Chopt Road, Suite 204, Richmond, VA 23226.

**California Board of Registered Nursing:** The American Diabetes Association is also a provider approved by the California Board of Registered Nursing. Provider No. CEP-12196. This activity is approved for **6** contact hours.

**Nurse Practitioners:** An application has been made to the American Academy of Nurse Practitioners for continuing education credit. Determination of credit is pending.



**Pharmacists:** The American Diabetes Association is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. This activity provides **6** contact hours of continuing pharmacy education credit. The ACPE UPN is 239-000-08-007-L01-P. Each pharmacist should claim only those hours of credit that he/she spent in the education activity.

**Certified Diabetes Educators:** To satisfy the requirement for renewal of certification by continuing education for the National Certification Board of Diabetes Educators (NCBDE), continuing education activities must be diabetes related and approved by a provider on the NCBDE List of Approved Providers (www.ncbde.org.) NCBDE does not approve continuing education. The American Diabetes Association is on the NCBDE List of Approved Providers.

**To successfully complete this activity and obtain CE hours,** participants must attend the entire activity, complete an attendance verification form and submit an evaluation form to the registration desk. Certificates will be distributed on-site.

## PLANNING COMMITTEE MEMBERS

### **Andrew Ahmann, MD**

*Director*

Harold Schnitzer Diabetes Health Center  
Oregon Health & Sciences University  
Portland, OR

### **Prasanna Chandran, MD**

*Physician, Family Practice*

The Portland Clinic  
Beaverton, OR

### **Michael Fulop, Psy.D.**

*Licensed Clinical Psychologist*

Rewarding Health<sup>SM</sup>  
Portland, OR

### **Michelle Grove, ANP-BC, CDE**

*Adult Nurse Practitioner, Certified Diabetes Educator*

The Portland Clinic  
Portland, OR

### **Brad Hall, MA**

*Project Manager*

Acumentra Health  
Portland, OR

### **Pontus Jaderholm, Pharm.D. (Chair)**

*Pharmacist, Drug Information & Formulary*

Kaiser Permanente  
Portland, OR

### **Christina Olinghouse-Dong, MSN/FNP-BC, CDE, CPT**

*Family Nurse Practitioner, Certified Diabetes Educator for Individual Instructions*

The Portland Clinic  
Clinical Nurse, Renal & Diabetes Unit  
Kaiser Permanente  
Portland, OR

### **Carrie Peacock, MS, RD, LD**

*Registered Dietitian & Chef*

Peacock Personal Chef & Nutrition Consulting  
Portland, OR

### **Josh Reagan, MD**

*Family Practice Physician*

Portland Family Practice Inc.  
Portland, OR

### **Liz Stephens, MD**

*Clinical Endocrinologist*

Providence PACE Clinic  
Portland, OR

### **Kris Vandehey, RN, CDE**

*Certified Diabetes Educator*

Diabetes Case Management  
Kaiser Permanente  
Portland, OR

## PRESENTERS

### **Andrew Ahmann, MD**

*Director*

Harold Schnitzer Diabetes Health Center  
Oregon Health & Science University (OHSU)  
Portland, OR

### **Paul Ciechanowski, MD, MPH**

*Associate Professor*

Department of Psychiatry & Behavioral Sciences  
University of Washington School of Medicine  
Seattle, WA

### **Mary Ann Hodorowicz, BS, MBA, RD, LDN, CDE**

*Consultant, Medical Nutrition Therapy, Diabetes*

*Self-Management Education & Weight Management*

*Program Development*

Mary Ann Hodorowicz Counseling, LLC  
Palos Heights, IL

### **Jerry Palmer, MD**

*Director, Division of Endocrinology, Metabolism & Nutrition*

VA Puget Sound Health Care System

*Director, Endocrinology & Research Center*

University of Washington

Seattle, WA

### **Curtis Triplitt, PharmD, CDE**

*Assistant Professor of Medicine/Division of Diabetes*

University of Texas Health Science Center at San Antonio

*Clinical Assistant Professor of Pharmacy*

University of Texas Health Science Center at San Antonio

San Antonio, TX



## **Annual Diabetes Practice Update**

### **The Diabetes Puzzle: Putting Pieces Into Practice**

<b>7:30am—8:00am</b>	<b>Registration / Exhibits</b>
<b>8:00am—8:15am</b>	<b>Welcome and Announcements</b>
<b>8:15am—8:30am</b>	<b>Clinical Guidelines Update</b> <b>Andrew Ahmann, MD</b>
<b>8:30am—9:30am</b>	<b>Strategies for Pharmacotherapy Management in Diabetes</b> <b>Curtis Triplitt, PharmD, CDE</b>
<b>9:30am—10:30am</b>	<b>Effective Treatment for Depression in Diabetes</b> <b>Paul Ciechanowski, MD, MPH</b>
<b>10:30am—11:00am</b>	<b>Networking Break and Exhibits</b>
<b>11:00am—12:00pm</b>	<b>Sleep Quality: An Emerging Piece of the Puzzle</b> <b>Speaker Pending</b>
<b>12:00pm—1:00pm</b>	<b>Lunch Service</b>
<b>12:30pm—1:15pm</b>	<b>Increasing Medicare Reimbursement for Medical Nutrition Therapy &amp; Diabetes Self Management Education</b> <b>Mary Ann Hodorowicz, BS, MBA, RD, LDN, CDE</b>
<b>1:15pm—1:45pm</b>	<b>Networking Break and Exhibits</b>
<b>1:45pm—2:45pm</b>	<b>Empowering Patients With Diabetes to Eat Healthy for L.I.F.E.</b> <b>Mary Ann Hodorowicz, BS, MBA, RD, LDN, CDE</b>
<b>2:45pm—3:00pm</b>	<b>Networking Break/Exhibits</b>
<b>3:00pm—4:00pm</b>	<b>Avoiding LADA Pitfalls</b> <b>Recognizing &amp; Treating Latent Autoimmune Diabetes</b> <b>Jerry Palmer, MD</b>
<b>4:00pm</b>	<b>Closing Statements / Evaluations / Adjourn</b>

**Purchase Professional Books & Patient Resources. Avoid shipment fees.  
Purchase the latest publications onsite from the  
American Diabetes Association at discount prices!**

**If you want to purchase a specific publication call ahead and let us know.  
Look for the 2008 publications  
“Medical Management of Type 1 / Type 2 Diabetes”**



**CANCELLATION POLICY:** All cancellations and refund requests must be submitted in writing (either by e-mail, fax or mail) and received no later than 5:00pm Monday, October 20. Cancellations and refund requests received by 5:00pm are entitled to a full refund. Cancellations and refund requests submitted October 21st & after will receive a refund subject to a meal charge and processing fee of \$35. All refunds will be processed within 30 days after the event.

## REGISTRATION FORM 2008 ANNUAL DIABETES PRACTICE UPDATE *(Please Print)*

**Name:** \_\_\_\_\_

**Phone:** Home: ( \_\_\_\_\_ ) \_\_\_\_\_

**Professional Initial(s):**  MD  DO  FNP  ANP  PA  RN  CNS  RD  
 PsyD  PhD  PharmD  RPh  MSW  CDE  BC-ADM  
 Other

Work: ( \_\_\_\_\_ ) \_\_\_\_\_

**I consider myself primarily:**  Clinician  Educator  Scientist  Industry



**Check here if you require special assistance** to fully participate in the conference (please attach a written description of requirements.)

**Area of  
Practice/  
Specialty:**

- Diabetes/Endocrinology
- Epidemiology
- Family Practice
- Internal Medicine
- Managed Care
- Public Health

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**Email:** \_\_\_\_\_ **Fax#:** \_\_\_\_\_

**PLEASE CHECK THE APPROPRIATE BOX(ES) • REDUCED FEE NOT AVAILABLE • FEE INCLUDES LUNCH**

**American Diabetes Association Member Fees**

**Membership #:** \_\_\_\_\_

**Expiration:** \_\_\_\_\_

- MD, DO, Psy, PhD, PharmD \$95
- Allied Health (RN's, RD's RPh's etc.) \$85
- Non-Health / Student \$75

**Non-Member Fees**

- MD, DO, Psy, PhD, PharmD \$105
- Allied Health (RN's, RD's RPh's etc.) \$95
- Non-Health / Student \$85

**LUNCH CHOICE:** Check one of the boxes listed for your meal.  Chicken  Vegetarian

**Method of Payment:**  Check:  Visa  MasterCard  AMEX  Discover **Total Charge:** \_\_\_\_\_

*Payable to American Diabetes Association*

**Fax** Registration to: (503) 736-2774  
**or Mail:** American Diabetes Association  
 380 SE Spokane St., Ste 110, Portland, OR 97202

**Account Number:** \_\_\_\_\_

**Card Holder's Name (please print):** \_\_\_\_\_

**Expiration Date:** Month \_\_\_\_\_ Year \_\_\_\_\_

**Authorized Signature:** \_\_\_\_\_

**Advance Registration Discount \$10 off if registering before October 17th.**

Return Registration \$10: I attended the 2007 ADPU and have enclosed a registration for a colleague who has not previously attended.

**Location:**

**Oregon Convention Center**

777 NE Martin Luther King Jr Blvd  
Portland, OR 97220  
(503) 235-7575 or (800) 791-2250  
Parking rates vary from up to \$10/day  
**For more information visit website**  
**[www.oregoncc.org](http://www.oregoncc.org)**

**For Hotel Information:**

For options visit [www.diabetes.org/adpu](http://www.diabetes.org/adpu)

**Directions:**

**From the North:** Take exit 302A Lloyd Center/Rose Quarter & Broadway/Weidler Street. Go right on Weidler and right on Martin Luther King Jr. Blvd.

**From the South:** Take exit 302A, Rose Quarter/City Center. Go across Broadway then turn left on Weidler. Turn right on Martin Luther King Jr. Blvd.

**From I-84:** Take exit 1, Lloyd Blvd. Stay on Lloyd Blvd until you reach the Convention Center.

**TriMet & Max Light Rail:**

Both stop regularly at the convention center. A Portland TriMet bus (line #6) stops on MLK Blvd directly across the street from the convention center. TriMet MAX Lightrail transit connects to Portland International Airport (PDX) and stops 162 times a day at the convention center's own station. For schedule information call (503) 238-7433 or visit [www.oregoncc.org](http://www.oregoncc.org).



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Portland, OR 97202

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