

# 18<sup>th</sup> Annual Conference on Diabetes Mellitus

## *'Time for Change: Customizing Diabetes Care'*



**MARCH 27 & 28 2009**  
**FRIDAY & SATURDAY**



**HOLLYWOOD, FL**

## Target Audience

Sessions offered at this continuing education activity have been specifically designed for physicians, physician assistants, podiatric physicians, nurses, pharmacists, dietitians, certified diabetes educators and other healthcare professionals. This conference was initiated in 1990 and is now in its eighteenth year. It is widely regarded as the most informative and comprehensive professional seminar on diabetes mellitus in South Florida. Teaching/Learning Strategies at this activity include lectures, question/answer interaction, case studies and handouts.

## Learning Objectives

By attending this conference, the participant should be able to:

- State the overall recommended targets and clinical strategies to improve cardiometabolic outcomes related to hypertension, dyslipidemia, glucose levels and lifestyle.
- Integrate the importance of cultural diversity, psychosocial and behavioral issues to improve the delivery and reception of an overall medical treatment plan for the person with diabetes.
- Discuss the impact of periodontal diseases in the patient with diabetes and how to recognize the signs and symptoms and general guidelines on management.
- State the strategic overall plan and positive health outcomes of the comprehensive group office visit forum including roles and responsibilities, resources, cost containment and time management.
- Explain why routine podiatric assessments, surgical and non-surgical interventions for foot structure, neuropathy and vascular problems are important particularly with existing diabetes related risk factors.
- Discuss with a multidisciplinary panel discussion identifying diabetes related complications, adverse effects, medication complexity and behavioral issues with suggestions on emerging therapeutic regimens and practical tips to improve health outcomes.
- Compare and contrast the mechanisms of action of current pharmaceutical agents for the treatment of glucose for people with type 1 and type 2 diabetes with and without cardio-metabolic involvement or potential risk.
- Identify 3 clinical strategies to improve glucose management, decrease mortality, reduce complications and shorten the length of stay among hospitalized patients.

## Accreditation Statements

### PHYSICIANS

The American Diabetes Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American Diabetes Association designates this education activity for a maximum of 11.0 AMA PRA Category 1 credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### DOCTORS OF OSTEOPATHY

Category 2 credit will be awarded for formal educational programs that are ACCME-accredited or AAFP-approved.

### INTERNATIONAL PHYSICIANS

The American Medical Association has determined that physicians not licensed in the US who participate in this CME activity are eligible for AMA PRA Category 1 credit <sup>™</sup>.

### PODIATRIC PHYSICIANS

Barry University School of Graduate Medical Science is approved by the Council on Podiatric Medical Education as a sponsor of continuing education in podiatric medicine

### PHYSICIAN ASSISTANTS

AAPA accepts Category I credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 CME credit for the organizations accredited by ACCME. ADA is an accredited provider through the ACCME.

### NURSES

The American Diabetes Association is approved as a provider of continuing education in nursing by the Virginia Nurses Association (VNA) which is accredited as an approver of continuing education in nursing by the American Nurses' Credentialing Center's Commission on Accreditation. The American Diabetes Association is located at 1701 North Beauregard Street, Alexandria, VA 22311. VNA Provider Number: 07-03-02. This educational activity is approved by the Virginia Nurses Association (VNA) which is accredited by the American Nurses Credentialing Center's Commission on Accreditation as an approver of Continuing Education in Nursing for a maximum of 11.0 VNA Contact Hours. The VNA is located at 7113 Three Chopt Road, Suite 204, Richmond, VA 23226.

### CALIFORNIA BOARD OF REGISTERED NURSING

The American Diabetes Association is also a provider approved by the California Board of Registered Nursing, Provider No. CEP-12196. This activity is approved for 11.0 contact hours.

### PHARMACISTS



The American Diabetes Association is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. This activity provides 11.0 contact hours of continuing pharmacy education credit. The ACPE UPN is 239-000-09-005-L01-P. Each pharmacist should claim only those hours of credit that he/she spent in the education activity.

### DIETITIANS



The American Diabetes Association is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 11.0 continuing professional education units (CPEUs) for completion of this program/material.

### CERTIFIED DIABETES EDUCATORS

To satisfy the requirement for renewal of certification by continuing education for the National Certification Board for Diabetes Educators (NCBDE), continuing education activities must be diabetes related and approved by a provider on the NCBDE List of Approved Providers ([www.ncbde.org](http://www.ncbde.org)). NCBDE does not approve continuing education. The American Diabetes Association is on the NCBDE List of Approved Providers.

### SUCCESSFUL COMPLETION STATEMENT

The Association follows the "Honor System" to verify attendance at its professional education activities. An attendance verification form is completed by each participant at the end of the activity or when the participant leaves the activity. Participants provide name, address, and number of hours spent in the educational activity. Participants are expected to claim only those hours spent in the educational activities approved for continuing education credit. Certificate of Completion/Attendance are provided to registered attendees based upon this information and are available at the registration area upon completion on the activity.



## Planning Committee

**Jose Cabral, MD, FACE**  
**Program Co-Chair**

Chairman, Department of Endocrinology  
Medical Director, Diabetes Program  
Cleveland Clinic Florida, Weston, FL

**Suzanne J. Davis, PA, CDE, MPH**

Manager, Seminole Diabetes Program  
Allied Health Manager, Seminole Tribe of Florida,  
Hollywood, FL

**Chet Evans, DPM**

Dean, Barry University School of Graduate Medical Sciences,  
Miami Springs, FL

**Lois Exelbert, RN, MS, CDE, BS-ADM**

Administrative Director, Diabetes Care Center  
Baptist Hospital of Miami, Miami, FL

**Marcy Galinsky, MD**

Family Practice Physician  
Private Practice, Miami, FL

**Alan M. Jacobson, BS, RPh**

Registered Pharmacist  
Coral Springs, FL

**Andrea Meyers Jacobson, RN, BSN, CDE**

Coordinator Diabetes/Patient Education  
Joe DiMaggio Children's Hospital at  
Memorial Pediatric Specialty Center, Division of  
Pediatric Endocrinology, Hollywood, FL

**Jennifer Marks, MD, CDE**  
**Program Co-Chair**

Professor of Medicine  
Director, J. Maxwell McKenzie Fellowship Program  
Division of Endocrinology, Diabetes & Metabolism  
University of Miami Miller School of Medicine  
Diabetes Research Institute, Miami, FL

**Della Matheson, RN, CDE**

Trial Coordinator, Type I Diabetes Trialnet  
University of Miami School of Medicine, Miami, FL

**Luigi Meneghini, MD, MBA**

Associate Professor of Clinical Medicine  
Director, Eleanor & Joseph Kosow Diagnostic & Treatment Center  
Associate Director, Diabetes Research Institute  
University of Miami Miller School of Medicine, Miami, FL

**Robert S. Oller, DO**

Chief Executive Officer Division of Clinical Operations  
Professor of Family Medicine, College of Osteopathic Medicine  
Nova Southeastern University, Ft. Lauderdale-Davie, FL

**Anup Sabharwal, MD**

Associate Director, J. Maxwell McKenzie Fellowship Program in  
Endocrinology, Diabetes and Metabolism,  
Assistant Professor in Clinical Medicine  
University of Miami Miller School of Medicine, Miami, FL

**Marci Sloane, MS, RD, LD/N, CDE**

Advanced Nutrition & Diabetes Care  
Director of Education Division, Palm Beach, FL

## Presenters

**Mauro Braun, MD**

Chair, Department of Nephrology  
Program Director, Nephrology Fellowship Training Program  
Cleveland Clinic, Weston, FL

**Jose Cabral, MD, FACE**

Chairman, Department of Endocrinology  
Medical Director, Diabetes Program  
Cleveland Clinic Florida, Weston, FL

**Diane Ede-Nichols, DMD, MHL**

Associate Professor and Chair  
Community Dentistry  
College of Dental Medicine  
Nova Southeastern University, Fort Lauderdale, FL

**Lois Exelbert, RN, MS, CDE, BS-ADM**

Administrative Director, Diabetes Care Center  
Baptist Hospital of Miami, Miami, FL

**James Gavin III, MD, PhD**

CEO & Chief Medical Officer, Healing Our Village, Inc.  
Clinical Professor of Medicine, Emory University School of Medicine  
National Program Director,  
Harold Amos Medical Faculty Development Program, Atlanta, GA

**Ronald B. Goldberg, MD**

Professor of Medicine, Biochemistry & Molecular Biology  
Division of Endocrinology, Diabetes and Metabolism  
University of Miami Miller School of Medicine  
Associate Director, Medical Affairs; Director, Lipid Disorders Unit,  
Co-Director Clinical Laboratory, Diabetes Research Institute  
Director, State of Florida & University of Florida Southeastern Florida Regional  
Diabetes Program, Miami, FL

**Sorana Hila MD**

Department of Nephrology  
Glickman Urological Institute & Kidney Institute  
Clinical Associate / Nephrology Fellow  
Cleveland Clinic, Cleveland, OH

**Jennifer Marks, MD, CDE**

**Program Co-Chair**  
Professor of Medicine  
Director, J. Maxwell McKenzie Fellowship Program  
Division of Endocrinology, Diabetes & Metabolism  
University of Miami Miller School of Medicine  
Diabetes Research Institute, Miami, FL

**Luigi Meneghini, MD, MBA**

Associate Professor of Clinical Medicine  
Director, Eleanor & Joseph Kosow Diagnostic & Treatment Center  
Director, Clinical Research Center, Diabetes Research Institute  
University of Miami Miller School of Medicine, Miami, FL

**Veneeth Mohan, MD**

Diabetes, Endocrinology & Metabolism  
Cleveland Clinic, Weston, FL

**Kwame Osei, MD**

Director Division of Endocrinology, Diabetes and Metabolism  
Ohio State University, Columbus, OH

**Richard 'Tim' Patton, MS, MPH, RD**

Nutrition Faculty, Biology Health and Wellness  
Miami Dade College-North Campus, Miami, FL

**Wendy Satin Rapaport PsyD, LSW**

Diabetes Research Institute  
Boca Raton, FL

**Anup Sabharwal, MD**

Associate Director, J. Maxwell McKenzie Fellowship Program in  
Endocrinology, Diabetes & Metabolism; Assistant Professor in Clinical  
Medicine, University of Miami Miller School of Medicine, Miami, FL

**Marci Sloane, MS, RD, LD/N, CDE**

Director of Education Division  
Advanced Nutrition & Diabetes Care  
Boca Raton, FL

**Jay S. Skyler, MD, MACP**

Associate Professor of Clinical Medicine  
Director, Eleanor & Joseph Kosow Diagnostic & Treatment Center  
Director, Clinical Research Center, Diabetes Research Institute  
University of Miami Miller School of Medicine, Miami, FL

## 18<sup>th</sup> ANNUAL CONFERENCE ON DIABETES MELLITUS 'Time for Change: Customizing Diabetes Care' Friday, March 27, 2009

7:00 a.m. – 7:30 a.m.

**CONTINENTAL BREAKFAST AND REGISTRATION**

7:30 a.m. – 8:00 a.m.

**WELCOME**

*Chairs, Jennifer Marks, MD, CDE & Jose Cabral, MD, FACE  
Mitchell Cypress, Chairman of the Seminole Tribe of Florida  
Connie Whidden, Health Director Seminole Tribe of Florida*

### KEYNOTE SESSIONS – TARGETS & STRATEGIES

8:00 a.m. – 9:00 a.m.

Impact of Cultural Diversity on Diabetes Control  
*Kwame Osei MD*

9:00 a.m. – 10:00 a.m.

Diabetic Neuropathy: Where Metabolism Meets Hemodynamics  
*Sorana Hila MD*

10:00 a.m. – 10:15 a.m.

**MID-MORNING BREAK**

10:15 a.m. – 11:15 a.m.

Glycemic Control & Cardiovascular Disease  
*Jay S. Skyler MD, MACP*

11:15 a.m. – 12:15 p.m.

Lipids Targets & Strategies  
*Ronald B. Goldberg MD*

12:15 p.m. – 1:30 p.m.

**LUNCH & EXHIBITS**

### CASE-FOCUSED WORKSHOPS

1:30 - 2:30 p.m.	<p><b>A-1 Case Studies</b></p> <p><b>Panel Discussion:</b> <i>Tim Patton</i> <small>MS, MPH, RD</small> <i>Lois Exelbert</i> <small>RN, MS, CDE, BC-ADM, LCCE</small> <i>Veneeth Mohan</i> <small>MD</small></p>	<p><b>B-1 Lipid Case Studies</b> <i>Ronald B. Goldberg</i> <small>MD</small></p>	<p><b>C-1 Glucose Cases Type 1</b> <i>Luigi Meneghini</i> <small>MD, MBA</small></p>	<p><b>D-1 Behavioral</b> <i>Wendy Satin Rapaport</i> <small>PsyD, LSW</small> <i>Marci Sloane</i> <small>MS, RD, LD/N, CDE</small></p>
2:30 - 3:30 p.m.	<p><b>A-2 Case Studies</b></p> <p><b>Panel Discussion:</b> <i>(Same as above)</i></p>	<p><b>B-2 Glucose Cases Type 2</b> <i>Jennifer Marks</i> <small>MD, CDE</small></p>	<p><b>C-2 Inpatient Treatment</b> <i>TBD</i></p>	<p><b>D-2 'Just a Spoonful of Sugar?' Update on Oral Health &amp; Diabetes</b> <i>Diane Ede-Nichols</i> <small>DMD, MHL</small></p>
3:30 - 3:40 p.m.	<b>AFTERNOON BREAK</b>			
3:40 - 4:40 p.m.	<p><b>A-3 Case Studies</b></p> <p><b>Panel Discussion:</b> <i>(Same as above)</i></p>	<p><b>B-3 Blood Pressure / Hypertension</b> <i>Mauro Braun</i> <small>MD</small></p>	<p><b>C-3 Group Visits</b> <i>Jose Cabral</i> <small>MD, FACE</small></p>	<p><b>D-3 Diabetic Foot Care</b> <i>TBD</i></p>

## 18<sup>th</sup> ANNUAL CONFERENCE ON DIABETES MELLITUS *'Time for Change: Customizing Diabetes Care'*

**Saturday, March 28, 2009**

<b>7:00 a.m. – 7:30 a.m.</b>	<b>CONTINENTAL BREAKFAST AND REGISTRATION</b>
<b>7:30 a.m. – 8:00 a.m.</b>	<b>WELCOME</b> <i>Chairs, Jennifer Marks, MD, CDE &amp; Jose Cabral, MD, FACE</i>
	<b>KEYNOTE SESSIONS – TARGETS &amp; STRATEGIES</b>
<b>8:00 a.m. – 9:00 a.m.</b>	Inpatient Management <i>TBD</i>
<b>9:00 a.m.– 10:00 a.m.</b>	ACCORD / VADT / ADVANCE <i>Jay Skyler MD, MACP</i>
<b>10:00 a.m. – 10:15 a.m.</b>	<b>BREAK</b>
<b>10:15 a.m. – 11:15 a.m.</b>	ADA / EASD / AACE <i>James Gavin III, MD, PhD</i>
<b>11:15 a.m. – 12:15 p.m.</b>	Group Visits <i>Jose Cabral MD, FACE</i>
<b>12:15 p.m. – 12:30 p.m.</b>	Certificates & Evaluations

## Registration Form

All attendees must complete a registration form. This form may be copied for additional registrants. Please type or print clearly.

Name: \_\_\_\_\_

Credentials:  MD  DO  PA  DPM  RN  LPN  RD  RPh  Student  Other healthcare professional

Are you a CDE?  Yes  No

Address: \_\_\_\_\_

City, ST Zip: \_\_\_\_\_

Phone (Home): \_\_\_\_\_ (Work): \_\_\_\_\_ (Fax): \_\_\_\_\_

Email: \_\_\_\_\_

### How did you learn about this meeting?

ADA Website  Mailing  Colleague  Other (please indicate) \_\_\_\_\_

### Registration fees

Full program is March 27 – 28, 2009. Please select either full program, Friday (all day) or Saturday (half day). Registration fees include breakfast, breaks, lunch (Friday Only), registration packets and enduring materials.

#### Full Program (Friday & Saturday)

**\$275:**  MD  DO  DPM  RPH  
**\$175:**  PA  RN  LPN  RD  Other healthcare professional (No credits)  
**\$100:**  Resident / Fellow  Student (Full time: Proof required, No credits)

#### One Day Registration

Please select:  Friday  Saturday

**\$150:**  MD  DO  DPM  RPH  
**\$100:**  PA  RN  LPN  RD  Other healthcare professional (No credits)  
**\$65:**  Resident / Fellow  Student (Full time: Proof required, No credits)

#### Workshop Pre-Registration

1:30 – 2:30 p.m.  A-1  B-1  C-1  D-1  
2:30 – 3:30 p.m.  A-2  B-2  C-2  D-2  
3:40 – 4:40 p.m.  A-3  B-3  C-3  D-3

#### Diet Restrictions

Vegetarian  Kosher  Other (please specify) \_\_\_\_\_



Check here if you require special assistance to fully participate in the conference. Please attach a written description of requirements.

#### PAYMENT

Make checks payable to the **AMERICAN DIABETES ASSOCIATION** or charge your credit card.

If your institution is paying for your registration fee, please ensure that the check is appropriately identified with your name.

Organizations registering 10 or more participants, please call for discount information.

**Registrations CANNOT be accepted without correct payment. The last day to register is TUESDAY, MARCH 24<sup>TH</sup>, 2009.**

Cardholder's Name: \_\_\_\_\_

MasterCard  Visa  American Express  Discover      Expiration Date:      Month \_\_\_\_\_ Year \_\_\_\_\_

Account Number: \_\_\_\_\_

I authorize the American Diabetes Association to charge the total payment fee indicated on this form to my credit card.

Authorized Signature: \_\_\_\_\_

#### HOTEL INFORMATION

Seminole Hard Rock Hotel & Casino at (866) 502-PLAY or [www.seminolehardrockhollywood.com/hotel/make\\_a\\_reservation.php](http://www.seminolehardrockhollywood.com/hotel/make_a_reservation.php).

Group Code: GADA109 for the ADA rate of \$269 per night (from Thursday thru the weekend). **Rate expires: February 28th, 2009.**

#### CANCELLATION POLICY

A written notice of cancellation must be received at the address listed above by Tuesday, March 24<sup>th</sup> 2009. No refunds will be made after that date.

**Mailing Address: American Diabetes Association, 8405 NW 53<sup>rd</sup> Street, Suite A-101, Miami, Florida, 33166**

**Phone: 305.477.8999 x3098 or x3118 Fax Number: 305.594.3029**

**Email: [bqqalan@diabetes.org](mailto:bqqalan@diabetes.org) or [bcastillo@diabetes.org](mailto:bcastillo@diabetes.org)**

**American Diabetes Association  
Southeast Florida Division**  
8405 N.W. 53<sup>rd</sup> Street, Suite A-101  
Miami, FL 33166-9624

Non-Profit  
Organization  
Permit #.....

**18<sup>th</sup> ANNUAL DIABETES CONFERENCE**  
**'Time for Change: Customizing Diabetes Care'**

**The  
Seminole  
Tribe of Florida**



**1 Seminole Way  
Hollywood, Florida 33314**

**Commercial Supporters**

This activity is supported, in part, by an unrestricted educational grant from Eli Lilly.

**Exhibitors**

Abbott Diabetes Care, Animas Corporation, American Diabetes Wholesale, Bayer HealthCare, Home Diagnostics Inc,  
Medtronic, sanofi-aventis, Tenet Health Foundation, Prescription Solutions-United Health Group  
*Omissions due to printing deadlines*

**A special thank you is extended to Chairman Mitchell Cypress and The Seminole Tribe of Florida  
for their ongoing commitment to the American Diabetes Association and the fight against diabetes.**