

# American Diabetes Association

8<sup>th</sup> Annual Professional Symposium

**“Diabetes 2010: Maximizing  
Clinical Strategies”**

Saturday, November 6, 2010

11:30 AM – 4:30 PM\*

University of Hawaii

John A. Burns School of Medicine

Honolulu, Hawaii

\*A *healthy* lunch will be served from 11:30 AM – 12:30 PM. Program begins at 12:30 PM.

## Target Audience

This symposium is designed for primary care physicians, pharmacists, dietitians, nurses, certified diabetes educators, and other health professionals with an interest in diabetes.

## Learning Objectives

By attending this course, the participant should be able to:

- Indicate the changes to the standards of care and diagnostic criteria.
- Interpret the treatment algorithm for type 2 diabetes and explain the utilization of medications, including newer drug entities.
- Discuss the early detection and prevention of diabetic eye disease.
- Evaluate strategies for the early detection of kidney disease, prevention, and management.
- Identify people who are at risk for type 2 diabetes.
- List the lifestyle changes that have proven to be effective.

## Accreditation Statements

**Physicians:** The American Diabetes Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American Diabetes Association designates this education activity for a maximum of 3.5 AMA PRA Category 1 credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Doctors of Osteopathy:** Category 2 credit will be awarded for formal educational programs that are ACCME-accredited or AAFP-approved.

**International Physicians:** The American Medical Association has determined that physicians not licensed in the US who participate in this CME activity are eligible for AMA PRA Category 1 credit<sup>™</sup>.

**Physician Assistants:** AAPA accepts Category I credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 CME credit for the organizations accredited by ACCME. ADA is an accredited provider through the ACCME.

**Nurses:** The American Diabetes Association is approved as a provider of continuing education in nursing by the Virginia Nurses Association (VNA) which is accredited as an approver of continuing education in nursing by the American Nurses' Credentialing Center's Commission on Accreditation. The American Diabetes Association is located at 1701 North Beauregard Street, Alexandria, VA 22311. VNA Provider Number: 07-03-02. This educational activity is approved by the Virginia Nurses Association (VNA) which is accredited by the American Nurses Credentialing Center's Commission on Accreditation as an approver of Continuing Education in Nursing for a maximum of 3.5 VNA Contact Hours. The VNA is located at 7113 Three Chopt Road, Suite 204, Richmond, VA 23226.

**California Board of Registered Nursing:** The American Diabetes Association is also a provider approved by the California Board of Registered Nursing, Provider No. CEP-12196. This activity is approved for 3.5 contact hours.



**Dietitians:** The American Diabetes Association is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 3.5 continuing professional education units (CPEUs) for completion of this program/material.



**Pharmacists:** The American Diabetes Association is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. This activity provides 3.5 contact hours of continuing pharmacy education credit. The ACPE UPN is 0239-0000-10-141-L01-P. Each pharmacist should claim only those hours of credit that he/she spent in the education activity.

**Certified Diabetes Educators:** To satisfy the requirement for renewal of certification by continuing education for the National Certification Board for Diabetes Educators (NCBDE), continuing education activities must be diabetes related and approved by a provider on the NCBDE List of Approved Providers ([www.ncbde.org](http://www.ncbde.org)). NCBDE does not approve continuing education. The American Diabetes Association is on the NCBDE List of Approved Providers.

**Successful Completion Statement:** An attendance verification form is completed by each participant at the end of the activity or when the participant leaves the activity. Participants provide name, address, and number of hours spent in the educational activity. Participants are expected to claim only those hours spent in the educational activities approved for continuing education credit. Certificates of Completion/Attendance are provided to registered attendees based upon this information and are available at the registration area upon completion of the activity.

## Planning Committee

### **Michael Bornemann, MD**

Clinical Associate Professor of Medicine  
University of Hawaii  
John A. Burns School of Medicine  
Honolulu, Hawaii

### **Wilfred Fujimoto, MD**

Professor Emeritus of Medicine  
University of Washington  
Advisory Board, American Diabetes Association  
Kailua Kona, Hawaii

### **Viola Genadio, APRN, CDE, BC-ADM**

Clinical Nurse Specialist  
Hawaii Medical Center  
Kapolei, Hawaii

### **Joseph Humphry, MD**

Internist  
Kalihi Palama Health Center  
Honolulu, Hawaii

### **Kourtney Inoue, MS, RD, CDE**

Clinic Nutrition Specialist  
Kaiser Permanente  
Honolulu, Hawaii

### **John Melish, MD**

Professor of Medicine  
University of Hawaii  
John A. Burns School of Medicine  
Department of Medicine  
Honolulu, Hawaii

### **Mary Sadler, PharmD, CDE**

Clinical Pharmacist  
The Queen's Medical Center  
Honolulu, Hawaii

### **Alice Taniguchi, RN, MPH, CDE**

Diabetes Nurse Educator  
Tripler Army Medical Center  
Honolulu, Hawaii

## Presenters

### **Richard Arakaki, MD**

Professor of Medicine  
Chief of the Division of Endocrinology and Metabolism  
University of Hawaii  
John A. Burns School of Medicine  
Honolulu, Hawaii

### **Mayer Davidson, MD**

Professor of Medicine  
Charles R. Drew University  
Los Angeles, California

### **Mae Isonaga, RD, MPH**

Research Study Coordinator  
University of Hawaii  
Honolulu, Hawaii

### **John Melish, MD (panel moderator)**

Professor of Medicine  
University of Hawaii  
John A. Burns School of Medicine  
Department of Medicine  
Honolulu, Hawaii

### **Mark Tafoya, MD**

Vitreoretinal Surgeon  
Pacific Retina Care, LLC  
Waipahu, Hawaii

### **Ramona Wong, MD**

Medical Director  
FMC Aloha, FMC Kapolei, FMC Kapahulu  
Honolulu, Hawaii

## **“Diabetes 2010: Maximizing Clinical Strategies”**

<b>11:30 AM – 12:30 PM</b>	<b>Lunch and Exhibits in Kulia Grill</b>
<b>12:30 PM – 12:40 PM</b>	<b>Welcome</b> Leslie Lam, Executive Director
	<b>Introduction to “Diabetes 2010: Maximizing Clinical Strategies”</b> Introduction Speaker: Michael Bornemann, MD
<b>12:40 PM – 1:15 PM</b>	<b>“Standards of Care and Diagnostics: What’s new and different?”</b> Mayer Davidson, MD
<b>1:15 PM – 1:45 PM</b>	<b>“Glucose Control using Algorithms and New Medications”</b> Mayer Davidson, MD
<b>1:45 PM – 2:15 PM</b>	<b>“Preventing Diabetic Eye Disease”</b> Mark Tafoya, MD
<b>2:15 PM – 2:30 PM</b>	<b>Break</b>
<b>2:30 PM – 3:00 PM</b>	<b>“CKD: Changing the Paradigm of Care”</b> Ramona Wong, MD
<b>3:00 PM – 3:30 PM</b>	<b>“Recognizing People At Risk for Type 2 Diabetes”</b> Richard Arakaki, MD
<b>3:30 PM – 4:00 PM</b>	<b>“Lifestyle Changes: What Works”</b> Mae Isonaga, RD, MPH
<b>4:00 PM – 4:30 PM</b>	<b>Panel Discussion/Questions &amp; Answers/Wrap Up</b> John Melish, MD

## Registration Form

<p><b>Please print your name and credentials as they should appear on the name badge and certificate.</b>  <b>Please FAX completed registration form to (808) 947-5978 before October 22, 2010.</b>  <b>Online registration is available at <a href="http://professional.diabetes.org/hawaii">http://professional.diabetes.org/hawaii</a></b></p>		
First:		
Last:		
Credentials:		
<b>CE Type:</b> <input type="checkbox"/> Physician <input type="checkbox"/> Pharmacist <input type="checkbox"/> Nurse <input type="checkbox"/> Dietitian <input type="checkbox"/> Other		
Employment Affiliation:		
Address:		
City:	State:	Zip:
<b>For above address, please indicate:</b> <input type="checkbox"/> Home <input type="checkbox"/> Business		
Phone: (    )		Fax: (    )
Email:		
<b>Registration Fee: \$25.00</b> (Students: Please call ADA at (808) 947-5979 to see if you are eligible for a discounted fee)		
<b>Card Type:</b> <input type="checkbox"/> Visa <input type="checkbox"/> Master Card <input type="checkbox"/> Amex <input type="checkbox"/> Other		
Card#:	Name on Card:	
Billing Address:	Exp:	CVV/CVC:

### Disabilities Act



Check here if you require special assistance to fully participate in the conference (please attach a written description of requirements).

### Cancellation Policy

Should you need to cancel, please notify the American Diabetes Association fourteen days prior to the event. If you submitted your payment online, please access your registration using the link and confirmation number in your registration confirmation email to process your cancellation by midnight on Saturday, October 23, 2010 to be eligible for a full refund. Payments made by check or purchase order must be submitted in writing (either by e-mail or fax) to the address below. Cancellations on or after October 24, 2010 are not eligible for refunds.

American Diabetes Association  
cgoya@diabetes.org

Phone: (808) 947-5979, Fax: (808) 947-5978

For more information, please contact Cynthia Goya, Market Manager, American Diabetes Association at 808-947-5979 or email [cgoya@diabetes.org](mailto:cgoya@diabetes.org). You can also visit us on the web at <http://professional.diabetes.org/hawaii>.