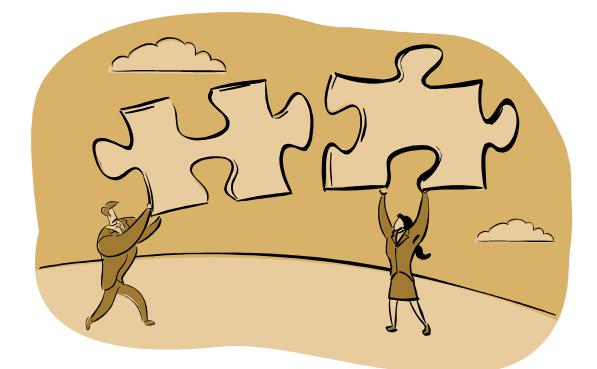


# Annual Diabetes Practice Update



# The Diabetes Puzzle: Putting Pieces into Practice

# Friday, October 24, 2008 8:00am-4:00pm

Oregon Convention Center 777 NE Martin Luther King Jr Blvd Portland, Oregon

www.diabetes.org/adpu



### **Target Audience:**

This education activity is designed for physicians, nurses, nurse practitioners, pharmacists, dietitians and other health professionals with an interest in diabetes and related management issues.

## LEARNING OBJECTIVES

#### At conclusion of this education activity participants will be able to:

- Identify clinical guidelines, research, emerging trends, tools and therapies that impact diabetes management.
- Discuss effective treatment strategies for new and established therapy options including interactions, side effects and special considerations for patients with diabetes.
- Describe the health impact, tools, psychopharmacologic and evidence-based treatment options that affect managing depression in diabetes.
- Cite the interrelationship between sleep quality and diabetes, as well as, assessment methods and treatment options for improving sleep quality.
- Identify issues and strategies for improving reimbursement for diabetes services.
- Discuss barriers, methods and tools for addressing food attitudes to empower behavior change in patients with diabetes.
- Describe the pathophysiology, diagnosis, and treatment of latent autoimmune diabetes (LADA.)

NOTE: ALL SESSIONS TO BE PROVIDED IN LECTURE FORMAT WITH AN OPPORTUNITY FOR QUESTION & ANSWER.

### **ACCREDITATION STATEMENTS**

**Physicians:** The American Diabetes Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The American Diabetes Association designates this education activity for a maximum of 6 AMA PRA Category 1 credit(s) <sup>TM</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nurses: The American Diabetes Association is approved as a provider of continuing education in nursing by the Virginia Nurses Association (VNA) which is accredited as an approver of continuing education in nursing by the American Nurses' Credentialing Center's Commission on Accreditation. The American Diabetes Association is located at 1701 North Beauregard Street, Alexandria, VA 22311. VNA Provider Number: 07-03-02. This educational activity is approved by the Virginia Nurses Association (VNA) which is accredited by the American Nurses Credentialing Center's Commission on Accreditation as an approver of Continuing Education in Nursing for a maximum of 6 VNA Contact Hours. The VNA is located at 7113 Three Chopt Road, Suite 204, Richmond, VA 23226.

California Board of Registered Nursing: The American Diabetes Association is also a provider approved by the California Board of Registered Nursing. Provider No. CEP-12196. This activity is approved for 6 contact hours.

Nurse Practitioners: This program has been approved for 6.0 contact hours of continuing education by the American Academy of Nurse Practitioners. Program ID 0807324.



**Dietitians:** The American Diabetes Association is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 6 continuing professional education units (CPEUs) for completion of this program/material.



Pharmacists: The American Diabetes Association is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. This activity provides 6 contact hours of continuing pharmacy education credit. The ACPE UPN is 239-000-08-007-L01-P. Each pharmacist should claim only those hours of credit that he/she spent in the education activity.

Certified Diabetes Educators: To satisfy the requirement for renewal of certification by continuing education for the National Certification Board of Diabetes Educators (NCBDE), continuing education activities must be diabetes related and approved by a provider on the NCBDE List of Approved Providers (www.ncbde.org.) NCBDE does not approve continuing education. The American Diabetes Association is on the NCBDE List of Approved Providers.

To successfully complete this activity and obtain CE hours, participants must attend the entire activity, complete an attendance verification form and submit an evaluation form to the registration desk. Certificates will be distributed on-site.



## **PLANNING COMMITTEE MEMBERS**

#### Andrew Ahmann, MD

*Director* Harold Schnitzer Diabetes Health Center Oregon Health & Sciences University Portland, OR

#### **Prasanna Chandran, MD** *Physician, Family Practice* The Portland Clinic Beaverton, OR

Michael Fulop, Psy.D. Licensed Clinical Psychologist Rewarding Health<sup>SM</sup> Portland, OR

#### Michelle Grove, ANP-BC, CDE

Adult Nurse Practitioner, Certified Diabetes Educator The Portland Clinic Portland, OR

#### **Brad Hall, MA**

Project Manager Acumentra Health Portland, OR

#### Pontus Jaderholm, Pharm.D. (Chair)

*Pharmacist, Drug Information & Formulary* Kaiser Permanente Portland, OR

#### Christina Olinghouse-Dong, MSN/FNP-BC, CDE, CPT

Family Nurse Practitioner, Certified Diabetes Educator for Individual Instructions The Portland Clinic Clinical Nurse, Renal & Diabetes Unit Kaiser Permanente Portland, OR

#### Carrie Peacock, MS, RD, LD

*Registered Dietitian & Chef* Peacock Personal Chef & Nutrition Consulting Portland, OR

#### Josh Reagan, MD

*Family Practice Physician* Portland Family Practice Inc. Portland, OR

#### Liz Stephens, MD

*Clinical Endocrinologist* Providence PACE Clinic Portland, OR

#### Kris Vandehey, RN, CDE

*Certified Diabetes Educator* Diabetes Case Management Kaiser Permanente Portland, OR

## PRESENTERS

#### Andrew Ahmann, MD

Director Harold Schnitzer Diabetes Health Center Oregon Health & Science University (OHSU) Portland, OR

#### Paul Ciechanowski, MD, MPH

Associate Professor Department of Psychiatry & Behavioral Sciences University of Washington School of Medicine Seattle, WA

#### Mary Ann Hodorowicz, BS, MBA, RD, LDN, CDE

Consultant, Medical Nutrition Therapy, Diabetes Self-Management Education & Weight Management Program Development Mary Ann Hodorowicz Counseling, LLC Palos Heights, IL

#### **Rachel Leproult, PhD**

Assistant Professor Section of Endocrinology, Diabetes & Metabolism Department of Medicine University of Chicago Chicago, IL

#### Jerry Palmer, MD

Director, Division of Endocrinology, Metabolism & Nutrition VA Puget Sound Health Care System Director, Endocrinology & Research Center University of Washington Seattle, WA

#### Curtis Triplitt, PharmD, CDE

Assistant Professor of Medicine/Division of Diabetes University of Texas Health Science Center at San Antonio *Clinical Assistant Professor of Pharmacy* University of Texas Health Science Center at San Antonio San Antonio, TX





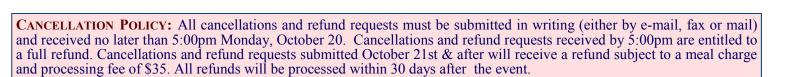
## **Annual Diabetes Practice Update** The Diabetes Puzzle: Putting Pieces Into Practice

7:30am—8:00am	<b>Registration / Exhibits</b>
8:00am—8:15am	Welcome and Announcements
8:15am—8:30am	Clinical Guidelines Update Andrew Ahmann, MD
8:30am—9:30am	Strategies for Pharmacotherapy Management in Diabetes Curtis Triplitt, PharmD, CDE
9:30am—10:30am	Effective Treatment for Depression in Diabetes Paul Ciechanowski, MD, MPH
10:30am—11:00am	Networking Break and Exhibits
11:00am—12:00pm	Sleep Quality: An Emerging Piece of the Puzzle Rachel Leproult, PhD
12:00pm—1:00pm	Lunch Service
12:30pm—1:15pm	Increasing Medicare Reimbursement for Medical Nutrition Therapy & Diabetes Self Management Education Mary Ann Hodorowicz, BS, MBA, RD, LDN, CDE
1:15pm—1:45pm	Networking Break and Exhibits
1:45pm—2:45pm	<b>Empowering Patients With Diabetes to Eat Healthy for L.I.F.E.</b> <b>Mary Ann Hodorowicz, BS, MBA, RD, LDN, CDE</b>
2:45pm—3:00pm	Networking Break/Exhibits
3:00pm—4:00pm	Avoiding LADA Pitfalls Recognizing & Treating Latent Autoimmune Diabetes Jerry Palmer, MD
4:00pm	<b>Closing Statements / Evaluations / Adjourn</b>



Purchase Professional Books & Patient Resources. Avoid shipment fees. Purchase the latest publications onsite from the American Diabetes Association at discount prices!

If you want to purchase a specific publication call ahead and let us know. Look for the 2008 publications "Medical Management of Type 1 / Type 2 Diabetes"



### **REGISTRATION FORM 2008 ANNUAL DIABETES PRACTICE UPDATE (Please Print)**

Name:	Phone: Home: ()		
Professional DMD DO DFNP DANP DPA DRN DCNS DRD	Work: ()		
Initial(s):          PsyD          PhD          PharmD          RPh          MSW          CDE          BC-ADM            Other           I consider myself primarily:          Clinician          Educator          Scientist          Industry             I consider myself primarily:          Clinician          Educator          Scientist          Industry             I check here if you require special assistance to fully participate in         the conference (please attach a written description of requirements.)	Area of Practice/ Specialty: Diabetes/Endocrinology Epidemiology Family Practice Internal Medicine Managed Care Public Health		
Address: City:	State:ZIP:		
Email:	Fax#:		
PLEASE CHECK THE APPROPRIATE BOX(ES) • REDUCED FEE NOT AVAILABLE • FEE INCLUDES LUNCH			
Expiration:  Allied He	• Fees , Psy, PhD, PharmD \$105 ealth (RN's, RD's RPh's etc.) \$95 lth / Student \$85		
<b>LUNCH CHOICE</b> : Check one of the boxes listed for your meal. Chicken Vegetarian			
	Discover Total Charge:		
Payable to American Diabetes Association     Account Number:			
Fax Registration to:       (503) 736-2774         or Mail:       American Diabetes Association         380 SE Spokane St., Ste 110, Portland, OR 97202         Authorized Signature:			

Advance Registration Discount \$10 off if registering before October 17th. Return Registration \$10: I attended the 2007 ADPU and have enclosed a registration for a colleague who has not previously attended.



### **Directions:**

Location: Oregon Convention Center 777 NE Martin Luther King Jr Blvd Portland, OR 97220 (503) 235-7575 or (800) 791-2250 Parking rates vary from up to \$10/day For more information visit website www.oregoncc.org

For Hotel Information: For options visit www.diabetes.org/adpu **From the North**: Take exit 302A Lloyd Center/Rose Quarter & Broadway/Weidler Street. Go right on Weidler and right on Martin Luther King Jr. Blvd.

**From the South**: Take exit 302A, Rose Quarter/City Center. Go across Broadway then turn left on Weidler. Turn right on Martin Luther King Jr. Blvd.

**From I-84**: Take exit 1, Lloyd Blvd. Stay on Lloyd Blvd until you reach the Convention Center.

#### TriMet & Max Light Rail:

Both stop regularly at the convention center. A Portland TriMet bus (line #6) stops on MLK Blvd directly across the street from the convention center. TriMet MAX Lightrail transit connects to Portland International Airport (PDX) and stops 162 times a day at the convention center's own station. For schedule information call (503) 238-7433 or visit www.oregoncc.org.



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