

## Our Services:

- 24 Hour Hot Line
- Free and Confidential Pregnancy Tests
- Ultrasound
- Peer Counseling
- Material Aid
- Post Abortion Counseling
- Adoption, Medical & Housing Referrals



*Yes!*

*God*

*Exists*

*And He*

*Loves*

*YOU*



## *Our Mission: Promoting the Value of Life*

*“When the Spirit moves ...  
hearts are set free ...”*



When anti life legislators and activists spout their meaningless rhetoric about a “woman’s choice” and a “woman’s body”, I seriously doubt they are truly representing the poor souls that are waiting in the reception areas of the “women’s health centers.” They are quick to promote their deadly ideology on a vulnerable public, but not so quick to listen, to learn and to open themselves up to the plain truth of the matter: *abortion hurts women and it ends the life of a child.*

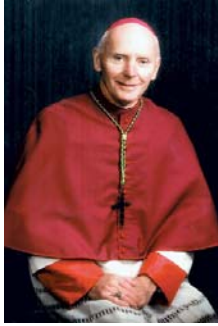
All of these thoughts rushed into my mind when I looked into the eyes of Lu, a client waiting in *our own* reception area. She was clearly terrified, her dark eyes speaking louder than any words ever could. I soon realized why—due to a language barrier and misunderstanding about our services, she was under the impression that Life Choices was an abortion clinic, and that moments from now she would be undergoing the terrible procedure. In fact, her husband, who brought her in, said to Christine in his heavy accent “get that baby out”. Although we were shaken by these words, we were also grateful for this providential mistake—*here was this baby’s chance at life.*

Bunny & Jenny first counseled Lu alone (with the help of a telephone interpreter). Soon after they invited in husband John and learned that finances were the determining factor—already struggling with 2 children, there was no way they could afford another. Lu was too early in her pregnancy for an ultrasound, but Bunny & Jenny appealed to them in so many ways and on so many levels; offering practical, spiritual and material aid, even after the baby was born. But it was hopeless. Their choice was set in stone. Their minds were closed and their hearts were locked. It was a done deal and it was heartbreaking. We watched them leave the Center in earnest search of a “clinic”. All we could do was PRAY. And so we did ... very hard and very long, begging the Holy Spirit to intercede on their behalf.

The next morning Bunny took a call from John. *“We decided to keep the baby”!!!! Our Hearts soared ... our voices shouted for joy. To God be the glory.* Lu’s “choice” will bear endless fruit ... and her “body” will bear a beautiful child.

*\*\*Please keep both Lu and John in your prayers as they have many challenges ahead. We are continuing to help them every step of the way.*

*—Rosanda Grau*



**Rest in Peace  
Bishop Hughes**  
(1920-2012)

**Thank you for a lifetime  
of standing up  
and speaking out for the  
Dignity and Beauty of  
Every Human Life**

*Brothers and sisters, If then you were raised  
with Christ, seek what is above, where Christ is  
seated at the right hand of God. Think of what  
is above, not of what is on earth.*

*For you have died, and your life is hidden with  
Christ in God. When Christ your life appears,  
then you too will appear with him in glory.*

— Colossians 3:1-4



### *Tributes - Gifts of Hope*

What better way to remember a loved one,  
honor some one special or acknowledge a  
special event?

I am enclosing a gift of hope in the  
amount of \$ \_\_\_\_\_

This gift is \_\_\_\_\_  
(In memory of, In honor of, Birthday gift, to Celebrate...)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

My Name: \_\_\_\_\_

My Address: \_\_\_\_\_

Phone: \_\_\_\_\_

To send your own tribute, clip form and mail it with your  
donation to:

Life Choices Resource Center  
503 Main Street  
Metuchen, New Jersey 08840

## *Tributes*



*In Honor of the Birth of  
Beatrice Grimmelmann Black*

*By: Donna Black*

*In Loving Memory of Francis X. Murray*

*By: Kathleen Murray*

*In Loving Memory of Claire Roarty*

*By: Jack Roarty*

*In Loving Memory of John McNerney*

*By: Mary McNerney*

*In Loving Memory of Rose Molino*

*In Loving Memory of  
Supremo, Patria & Ernie Padernal*

*By: Norma Padernal*

*In Loving Memory of John McPeters*

*By: Liz Mitchell*

*In Loving Memory of Lydia DeAndrea*

*By: Dee & Bob Sneddon*

*In Loving Memory of Mike Hudacko*

*By: Patricia Hudacko*

*In Loving Memory of Elayne Dudik*

*By: Michael Dudik*

*In Loving Memory of the  
Leoniak, Pawlikowski*

*& Podolak Families*

*By: Jacqueline Podolak*

*A Gift of Hope from Julie Barany*

*A Gift of Hope from  
Larry & Celeste Zagarola*



## ***“LIFE” On the Road ... (thanks to a pooch named Harley)***



Members of Chapter 4 Knights presenting Deb Vokral with a grant for the “Mobile Life” Unit

*The cause of Life is always an exciting adventure. We make plans and preparations and work diligently towards making them a reality. Our dreams on the other hand, often times get tucked away unknown to anyone but God. **But sometimes, it’s God Himself who puts our dreams BEFORE our plans ...** and we humbly submit in stunned silence. Apparently, the Holy Spirit wants us to go “Mobile”. This was always a dream, but not an immediate plan. Here is our story as told by Chapter 4 Knight, Mickey Schiavone. Let it be known that it is **BECAUSE** of the Chapter 4 Knights, that there is even a story to tell ...*

After purchasing four ultrasound machines last year for the Metuchen Diocese, some business people approached the Chapter 4 Knights of Columbus with an offer of several thousand dollars to provide a mobile unit for Life Choices Resource Center in Metuchen. The impact of Hurricane Sandy virtually eliminated most auto dealers for help or donations. But God has His ways. One “cold night in February” State K of C Advocate Tony Moskal agreed to drive me to a distant meeting. On the way we stopped to pick up John Scioscia, who invited us in for a few minutes. We were greeted by visiting Laura and her LARGE German Shepherd by the name of Harley. Being allergic to dogs, I stopped dead in my tracks and opted for a wait in the car with Tony. This gave me time to survey the area where I spotted an RV parked in the neighbor’s yard. “*Let’s steal it and one of our problems would be over*” was my loud comment. John answered with “*you could just buy it instead, since it’s for sale.*” A conversation with the neighbor revealed that the RV was available and at a reasonable price. Further discussions about the planned use for the RV continued to bring the price lower. After a visit from Jim and Deb Vokral, who enthusiastically approved, the price lowered again and the deal was on. Next was a vote from the Chapter 4 members, who voted and approved the undertaking. From that point, monetary donations flowed in from other Knights of Columbus councils: \$250, \$500, \$1,000, including a \$1,000 match from an individual Knight. Catholic War Veterans Post 405 generously added \$2,000. All these were contributions that were not anticipated and all resulting from an encounter with a dog named Harley.

*It will take several months to put the finishing touches on this RV, including something eye-catching for the exterior. Then we will bravely go wherever God leads. We will continue to offer an invitation and an option for **Life and Love** rather than the permanent “choice” that results from a visit to the abortion mill.*



***Where there is Life, there are dreams ... and Praise God, they do come true!***



## *Welcome, Jenny Park Life Choices' Nurse Manger*

**H**ow to describe myself in so many words?

Although I am a nurse, my first expression of identity is that I am a child of God. Perhaps that is why the Father brought me to Life Choices Resource Center.

I felt the Father drawing me closer to see that the unborn need a champion, because they too are his children. I thank God for His provisions as I was able to obtain Bachelor's Degrees in Biology and Nursing along with the various moments that make life enriching. As much as I have been blessed, I hope to serve the voiceless and downtrodden while rejoicing in the gift of new life.

## *Life Choices' Board Member Janet Morana Celebrates New Book*

### *"Recall Abortion"*



**W**e would like to congratulate our very own Janet Morana, *Director, Priests for Life and Co-Founder of the Silent No More Awareness Campaign*, on the release of her new book, *Recall Abortion*, which has been endorsed by such pro-life champions such as former Planned Parenthood Director, Abby Johnson and Dr. Alveda King (niece of MLK).

What do we do with a product that has consistently failed to fulfill its promises along with causing irreparable damage to the very soul of our nation? We RECALL it, of course. Janet makes a compelling argument as she analyzes 40 years worth of data along with heart wrenching personal testimonies of women who have experienced the effects of this "product". The book also serves as an excellent resource for pro-life apologetics—*Chapter 9*, for example, is entitled "*I'm Against Abortion, But What About The Life of The Mother*". Janet deftly explains the true pro-life position on this often misunderstood scenario as well as offering life-affirming alternatives that do not compromise the dignity of either the mother or the child.

***Go to [www.RecallAbortion.com](http://www.RecallAbortion.com) to order your copy today!***



# Happy Mother's Day!



*"I remember my mother's prayers and they have always followed me. They have clung to me all my life."*

—Abraham Lincoln



Life Choices Counselor Bunny Brinck-Lund had a lovely visit with new mom Carla and her little bundle of joy, Kaylee. We wish them a Happy Mother's Day ... along with all our moms, both on Earth and in Heaven.

## *"Joy in Every Child" Annual Fundraising Banquet February 24, 2013*



Faithful Servant Award Recipients Carole Coakley, Deacon Barry Demarest & Marie Reybert pose with Deb Vokral



Rosanda Grau with Lifetime Achievement Award Recip. Susan Williamson



James Vokral with granddaughter Madeline

**BIG THANKS** to everyone who supported our Annual Fundraising Banquet, *Joy in Every Child*. We extend our gratitude to our Sponsors, Guests, and all those who contributed in any way ... we could not have done it without you. Your friendship and support is a **BLESSING!** The evening began with our Awards Ceremony, where Susan Williamson, our Lifetime Achievement Recipient, gave a most beautiful and eloquent acceptance speech, and ended with the announcement of the exciting plans under way for our new Mobile Unit (thanks to the *Chapter 4 Knight of Columbus*). In between there was dancing, music and a chance for our guests to learn more about the work we do, along with what it takes to get that work done. *Thank you, friends ... we hope you can join us again next year!*

## *Beautiful Young Faces in Local Pro Life Places*



### **BRIGHT** *(Believers Rallied in Groups Home Schooling Together)*

Demetra Wagner, home schooling mom and teacher, brought her Health class to Life Choices for a tour of the Center. Her goal was to expose the students to the life-saving work of a pregnancy help center in hopes of broadening their understanding of what we do and how we do it. With Planned Parenthood becoming a fixture in schools across the nation, these students had an opportunity to see the LIFE side. *God Bless BRIGHT!*

### *Mount St. Mary's H.S., Watchung*

It was truly a pleasure spending the morning with students from Mt. St. Mary's who chose Life Choices for their MSMA Service Day. They started the day by sorting a huge mound of baby clothes & diapers. After finishing their work (they did a great job!) we had a wonderful opportunity to talk about all things *Life* ... from contraception to abortion and then on to STD's and even Natural Family Planning. We were happy to answer their questions and just as glad to have them answer some of ours. *God bless MSMA!*



### *Bishop Ahr High School, Edison*

Life Choices volunteer Martine Mayo and Rosanda Grau spent an afternoon with the school's pro-life club led by this year's Life Choices' Lifetime Achievement Award Recipient, Mrs. Susan Williamson. The club is very active in school and over the years they've raised thousands of dollars for the Center through the *Baby Bottle Campaign* and the *Walk for Life*. Thanks to Mrs. Williamson, the students participate in annual events such as the *Diocesan Critical Life Issues Conference & Youth Rally*, *New Jersey Right to Life's Trenton Rally for Life*, and *Religious Freedom Rallies*. *God Bless Bishop Ahr!*







Janet Gomolak presenting Deb Vokral with a grant from Edison Elks Lodge 2487. Also pictured Dot Dunn & Alice Decoit

## ***Perth Amboy “Helping Hands” Ministry 5 Years Strong***

*We strive to assist our clients as much as we possibly can even after their babies are born ... or put it this way, especially after their babies are born. Sometimes just the promise of a crib and car seat is enough to put hope into a confused and worried heart. The opportunity to return on a monthly basis and get the supplies one needs to help raise that child is another added bonus. The “Helping Hands” Ministry is thriving thanks to generous donors and hard working volunteers ...*

***FROM DOT DUNN:*** The year 2013 found us starting our fifth year of the “*Helping Hands*” distribution center at Our Lady of the Rosary of Fatima in Perth Amboy. We started our ministry in 2009 with almost nothing but one rack to hang clothes on and the shelves that Father Sedlmayer had built for us. We began helping 38 families from local communities and continued to grow from there. We now have 319 active families with 529 children. The inactive families include 451 with 851 children that no longer need diapers. Since opening, we’ve given away 6, 948 packs of diapers and wipes, hundreds of car seats, strollers, walkers, cribs, high chairs, play packs, clothing (winter and summer) and toys of all kinds. When Christmas was approaching, the big concern was where are we going to get the gifts to give, but God answered our prayers and we were able to give an article of clothing and a toy to each family. Big thanks go to the following groups: *St. Matthew’s, Edison, Our Lady of Victories, Sayreville, Our Lady of Peace, North Brunswick, St. John Vianney, Colonia* and many generous individual donors. 2012 was a great year for the Center as we welcomed 73 new babies with layettes. New clothing and other items were made available by the church organizations that have Baby Showers for the Center. We also kept Marge and Jean busy making sweaters and blankets for the newborns. *Thanks to all, this year is already turning out to be a great success.*

**Donations are ALWAYS welcome!**

**Please call Dot Dunn at (732) 985-5295 for more information.**



## ***God Bless Pope Francis!***

***During a 2007 speech, then Cardinal Bergoglio called abortion a “death sentence” for unborn children, comparing it to the death penalty ... “... in Argentina we have the death penalty. A child conceived by the rape of a mentally ill or retarded woman can be condemned to death”***



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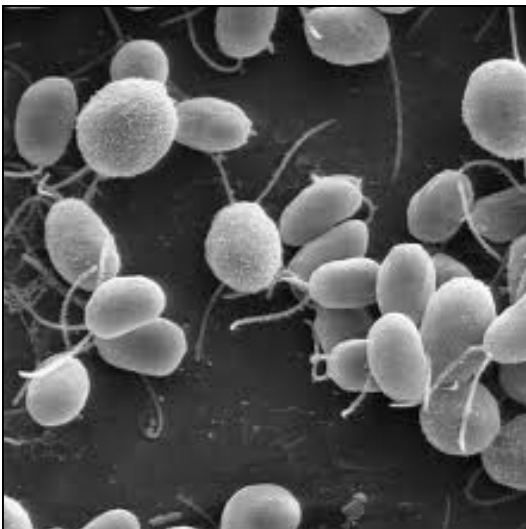
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***“In a time of universal deceit,  
 telling the truth is a  
 revolutionary act”***

*—George Orwell*



**We deeply appreciate your generous donations which enable us to continue educating women and saving babies from abortion. We pray for your continued support and blessings in our mission of *Promoting the Value of Life. Thank You & God Bless You!***



**This would be considered  
 LIFE on Mars**



**This is NOT  
 Considered LIFE on  
 Earth**

***“You saw me before I was born. Every day of my life was recorded in your book. Every moment was laid out before a single day had passed”***

***—Psalm 139:16 NIV***