Feline Weight Loss Program
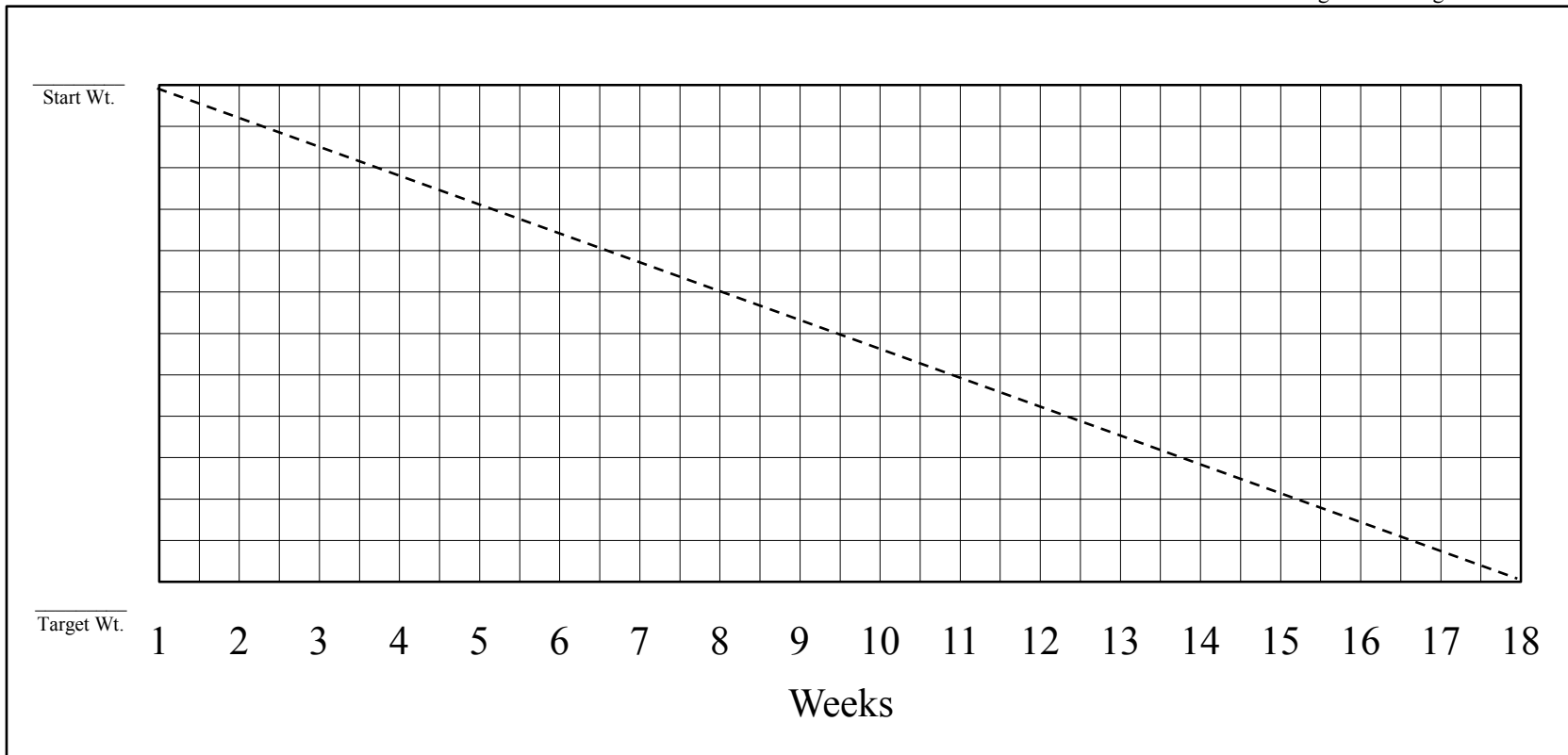## Progress Chart*

Client Name: _____   Date: _____
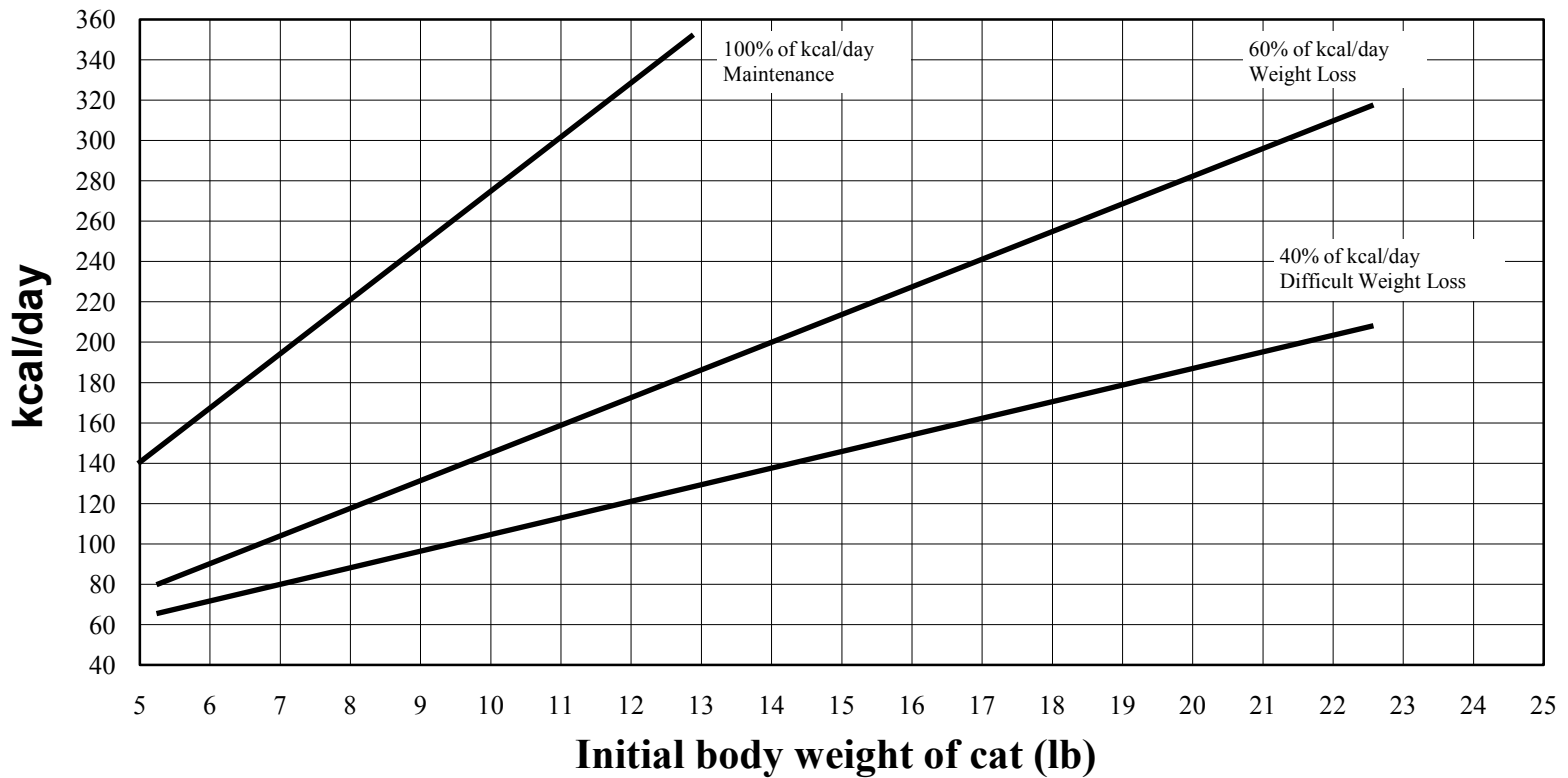
Patient Name: _____

*Based on Waltham's Weight Loss Program

Start Wt. _____

Target Wt. _____

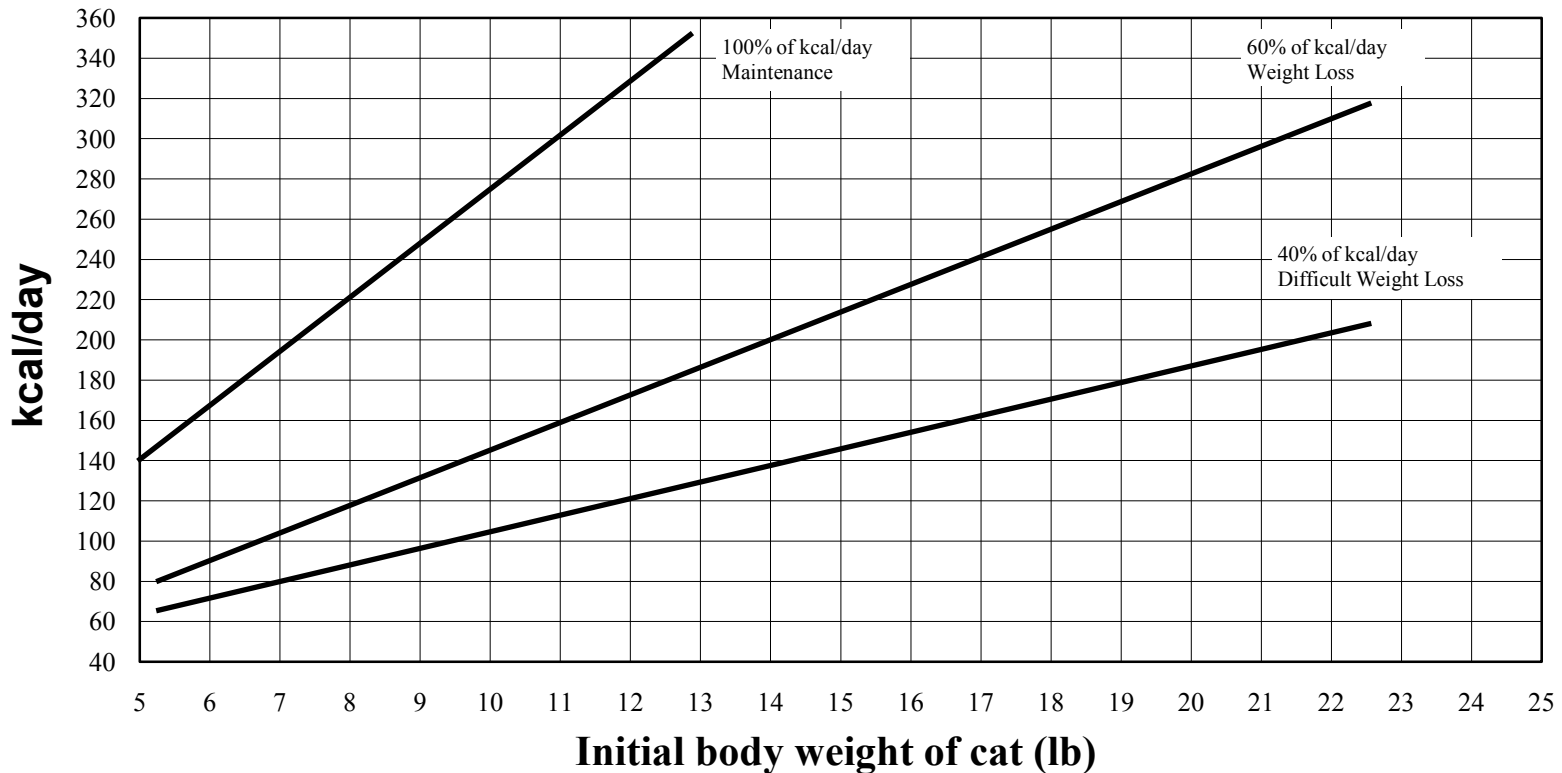1   2   3   4   5   6   7   8   9   10   11   12   13   14   15   16   17   18

Weeks

1. Enter your cat's starting weight in the space provided.
2. Calculate target weight = (Current weight x 0.85).
3. Enter target weight in space provdided.
4. On the vertical axis fill in the weight increments
   needed to reach the target weight.

5. Weigh your cat weekly and record on the chart.
6. If your cat requires futher weight loss after the first cycle,
   repeat the prcedure and set the new target weight for the next cycle.

Recommended Daily Calorie Intake for Weight Loss

Y-axis: **kcal/day** (40, 60, 80, 100, 120, 140, 160, 180, 200, 220, 240, 260, 280, 300, 320, 340, 360)

X-axis: **Initial body weight of cat (lb)** (5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25)

100% of kcal/day
Maintenance

60% of kcal/day
Weight Loss

40% of kcal/day
Difficult Weight Loss

The Cat Doctor Hospital and Hotel, PA

Recommended Daily Calorie Intake for Weight Loss

100% of kcal/day
Maintenance

60% of kcal/day
Weight Loss

40% of kcal/day
Difficult Weight Loss

kcal/day

Initial body weight of cat (lb)

The Cat Doctor Hospital and Hotel, PA

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