Our **quick guide**to everything you
need for you & your
new baby

Shopping for your new baby is all part of the fun of being pregnant, but it's worth keeping track of everything you need. So you don't forget anything here's our handy checklist.

Must haves:

- ☐ Group 0+ car seat and ISOFIX base
- Moses basket, crib or cradle
- Cot and mattress
- 2-4 fitted and flat sheets
- 3 cellular blankets
- Pushchair and accessories
- Changing bag and mat
- Newborn soft toys
- ☐ Baby bath or top 'n' tail bowl
- 6 vests
- 6 sleepsuits
- 2 cardigans/jackets
- Hat, mittens and bootees
- Nappies, bags, wipes
- Breast pump*
- Nursing bra, breast pads and cream*
- Bottles, teats, bottle brush and steriliser*
- Lots of bibs, towels, flannels and muslin squares
- Rocker, bouncer or swing
- Pregnancy journal and parenting guides

For the hospital: (for baby)

- ☐ Group 0+ car seat and ISOFIX base
- Newborn nappies*
- Cotton wool and baby wipes
- Vests and sleepsuits
- Shawl or cellular blanket
- Hat, mittens and bootees
- Muslin squares
- Coming home outfit

For the hospital: (for you)

- Nighties, dressing gown and slippers
- Comfy clothes like tracksuits
- Nursing bras, breast pads and cream*
- Maternity sanitary towels
- Toiletries
- Money, camera and mobile phone
- MP3 player
- Tens machine (optional)*
- Snacks and drinks
- Facial sponge or flannel
- Spare clothing and maternity underwear
- Towel
- Water spray
- ☐ Birth plan and medical notes

Our advisors are on hand to offer you free dedicated advice on everything you need to know about buying the best products for you and your baby.

Date:	
/	
Time:	
Advisors name:	
Store Name:	

Time to play:

- Baby activity gym/playmat
- Soft teddies & toys
- Baby book with mirror & textures
- Bouncing cradle or baby swing/rocker
- Rattle & teething toy
- Bath toys
- Travel toys
- Light & musical toysbabyplay developmental toys

To make life a bit easier:

- Baby sleeping bag
- Cot mobile
- Baby carrierTravel cot
- Monitor/nightlights*
- Hooded towel
- Blackout curtains
- Baby monitor*
- Baby lotion and toiletries*
- Bath and nursery thermometer*
- Nail scissors
- Brush and comb

For sooner than you think:

- Interactive learning toys
- 3-6m baby clothes
- Buggy
- Baby Snug Babies first seat
- ☐ Highchair and feeding equipment*
- Baby walkers
- Rocking animals
- Group 1 car seat

The thought of buying everything for your baby can be a little daunting.

Our wish list service can offer you a hassle free and fun way to compile a list from everyday basic essentials to more luxurious items.

You can also choose from an unrivalled selection of **wonderful gifts** for your new arrival.



Scan here to complete the survey or go to www.mamasandpapas.com/giftlist





Essentials Checklist