

EMPLOYMENT INFORMATION

Are you employed? Yes No

Employer Name _____ Occupation _____

Employer Address _____

City _____ State _____ Zip _____

INSURANCE VERIFICATION

Primary Insurance Company Name _____ Phone _____

Insurance Company Address _____

City _____ State _____ Zip _____

IPA/Medical Group _____

Insured's Name _____ Insured's SS # _____

Relationship to Patient _____ Insured's Employer _____

Insured's Policy Number _____ Insured's Group Number _____

Secondary Insurance Company Name _____ Phone _____

Insurance Company Address _____ City _____

State _____ Zip _____ Insured's Name _____

Relationship _____ Insured's Employer _____

Insured's Policy Number _____ Insured's Group Number _____

CHOICE OF SURGERY (check one)

Laparoscopic Gastric Banding Laparoscopic Gastric Bypass Laparoscopic Gastric Sleeve

CHOICE OF SURGEON (check one)

David Oliak, M.D.–Medical Director Justin Braverman, M.D. Andrew Hajduczek, M.D.

Doug Krahn, M.D. Milton Owens, M.D. Brian Quebbemann, M.D.

PATIENT INFORMATION SEMINAR

Have you attended a patient information seminar?

- Yes I have attended a seminar Date of seminar _____
- Location of seminar (check one) Chapman Medical Center
 Other

REFERRAL SOURCE

I heard about Chapman Center for Obesity from: (check one and/or write in the information)

- Online Search (*website address*) _____
- Former Patient: Primary Care Physician _____ Insurance Company _____
- Newspaper Ad (*indicate name of paper*) _____
- Other source _____

Name and address (*if you selected Physician or Patient*)

Name _____ Address _____

City _____ State _____ Zip _____

MEDICAL HISTORY

LIST PRIOR WEIGHT LOSS OPERATIONS (IF ANY)

- J.I. Bypass When? _____ Hospital/Clinic Name: _____
- Vertical Band Gastroplasty When? _____ Hospital/Clinic Name: _____
- Vertical Ring Gastroplasty When? _____ Hospital/Clinic Name: _____
- Roux-en-Y Gastric Bypass When? _____ Hospital/Clinic Name: _____

LIST PREVIOUS OPERATIONS

Operation	Date	Type of Anesthesia	Problems (if any)
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Has any blood relative ever had difficulty or problems with Anesthetics (e.g. malignant hyperthermia)

- Yes No

LIST MEDICAL ILLNESSES

Does anyone in the family have Diabetes, High Blood Pressure, Heart Disease or Gallstones?

- Yes No Describe: _____

MEDICATIONS

What medications are you taking? ***Be sure to include all your medications and the correct dosages.*** Attach another sheet if necessary. Do not forget such things as aspirin, cortisone, blood pressure medication, thyroid medication, tranquilizers, hormones, birth control pills, laxatives, vitamins etc.

Medicine	Dose	Frequency
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Have you ever taken **Phen – fen**? No Yes
 If so how long? _____

ALLERGIES

Are you allergic to any medications? No Yes

Medication _____ Reaction _____

Medication _____ Reaction _____

Medication _____ Reaction _____

Medication _____ Reaction _____

EATING HABITS

For the following 6 questions, answer “Yes” if they occur 3 or more days a week—otherwise answer “No”

Do you eat breakfast? No Yes

Do you snack at night? No Yes

Do you snack during the day? No Yes

Do you drink soda or other very sugary liquids?..... No Yes

Do you eat desserts and fried foods? No Yes

Are the meals that you eat small, medium, or large as compared to normal weight people eating the same meal?
 Small Med. Large

SMOKING AND DRINKING

How many cigarettes (packs) do you smoke a day? _____

Do you drink alcohol?

- Never Rarely (2 times per month or less) Occasionally (once a week or so) Daily

SLEEPING

Has anyone told you that you sometimes hold your breath for a long time while asleep? ... No Yes

For the following questions, answer "Yes" if they occur 2 or more days a week – otherwise answer "No"

Do you have restless sleep or frequent awakening? No Yes

Do you have night sweats? No Yes

Do you snore? No Yes

Do you have daytime sleepiness? No Yes

Do you have morning headaches? No Yes

Do you wake at night with a snort or gasp? No Yes

RESPIRATORY

Shortness of breath at rest Never Past Now

Pneumonia No Yes

Bronchitis No Yes

Emphysema/COPD No Yes

Have you been diagnosed or treated for asthma? No Yes

Year of last chest X-ray? _____

Normal? No Yes

CARDIOVASCULAR

Chest pain or angina pectoris? Never Past Now

Heart murmur? Never Past Now

Have you ever had palpitations/arrhythmia? No Yes

Have you had a heart attack? No Yes

Have you been diagnosed or treated for high blood pressure? No Yes

If yes, were you prescribed medication?

- None 1 medication 2 medications 3 or more medications

Varicose veins? Never Past Now

Have you had blood clots or phlebitis (inflammation in the leg vein)? No Yes

Year of last EKG? _____ Normal? No Yes

Do you have shortness of breath after climbing on flight of stairs? No Yes

How many blocks can you walk without having to stop for breath? _____

How many days a week do you exercise on average? _____

GASTROINTESTINAL

- Have you been told that you have Gallstones?..... No Yes
- Do you have heartburn or acid indigestion?..... No Yes
- Tarry black stool or blood in bowel movements? Never Past Now
- Trouble swallowing or persistent abdominal pain? Never Past Now
- Do you frequently regurgitate (burp up) your food? Never Past Now
- Crampy abdominal pain?..... Never Past Now
- Chronic constipation?..... Never Past Now
- Frequent diarrhea? Never Past Now
- Change in bowel habits?..... Never Past Now
- Hemorrhoids or piles? Never Past Now
- Have you been diagnosed as having stomach or intestinal ulcers or other disorders of the gastrointestinal system? Never Past Now
- Have you pain or difficulty swallowing? Never Past Now
- Have you had hepatitis or liver problems? Never Past Now
- Ever vomit blood? Never Past Now

GENITOURINARY

- Menstrual difficulties? None Irregular periods Heavy period Painful period
- Have you had gynecologic (female) problems? Never Past Now
- Are you or might you be pregnant? Never Past Now
- Do you lose small amounts of urine with coughing or straining? No Yes
- Have you had kidney problems? Never Past Now
- Burning or pain urination?..... Never Past Now
- Frequent urination?..... Never Past Now
- Feeling you must go immediately?..... Never Past Now
- Blood in urine? Never Past Now
- Kidney Stones?..... Never Past Now

MUSCULOSKELETAL

- Arthritis, swollen or painful joints?..... Never Past Now
- Pain in calves or buttocks when walking, relieved by rest? Never Past Now
- Do you have swelling of ankles?..... No Yes
- Do you have joint pain – back? No Yes
- Do you have joint pain – hip?..... No Yes
- Do you have joint pain – knee? No Yes
- Do you have joint pain – ankle? No Yes
- Do you have joint pain – foot? No Yes

SKIN

- Frequent infections? Never Past Now
Unusual moles or lumps? Never Past Now
Describe _____

NEUROLOGICAL

- Eye disease or injury? Never Past Now
Double vision? Never Past Now
Headaches? (also, check one box in each group below) Never Past Now
 rarely occasionally frequently
 minimal moderate severe
Epilepsy or Seizures? Never Past Now
Brain disease or Strokes? Never Past Now

EMOTIONAL

- Are you satisfied with your social life? No Yes
Were you ever severely, **emotionally, physically** and/or **sexually** abused? No Yes
Are you satisfied with your sex life? No Yes
How would you rate your self esteem level? Low Med High
How would you rate your energy level? Low Med High
Do you have trouble sleeping? Never Past Now
Are you usually tired? Never Past Now
Are you often depressed? Never Past Now
Are you often anxious or nervous? Never Past Now
Do you ever wish you were dead and away from it all? Never Past Now
Have you ever seen a psychiatrist? No Yes

If seen by a Psychiatrist, please provide their name, address and phone number:

Psychiatrist Name _____

Address _____

City _____ State _____ Zip _____ Phone () _____

- Have you ever been hospitalized for psychiatric reasons? No Yes

HEMATOLOGICAL

- Anemia? Never Past Now
Excessive bleeding or abnormal bruising? Never Past Now
Have you ever received a blood transfusion? Never Past Now
If yes, when? _____

ENDOCRINE

- Hormone therapy? Never Past Now
Thyroid problems? Never Past Now
Have you been diagnosed or treated for Diabetes? No Yes
If yes, were you prescribed medication? None Oral Medication Insulin

METHODS OF WEIGHT CONTROL USED IN THE PAST

Doctor Supervised Programs

- Rader Institute When? _____ Program: _____
 Lindora When? _____ Program: _____
 Fasting When? _____ Program: _____
 B-6 When? _____ Program: _____
 Amphetamines When? _____ Program: _____
 Opti-Fast When? _____ Program: _____
 Schick Center When? _____ Program: _____
 Medifast When? _____ Program: _____
 HCG Shots When? _____ Program: _____
 B-12 When? _____ Program: _____
 Other weight loss pills When? _____ Program: _____
 Other When? _____ Program: _____

Traditional Weight Loss Programs:

- Jenny Craig When? _____ Program: _____
 Over Eater's Anonymous When? _____ Program: _____
 Weight Watchers When? _____ Program: _____
 Nutri System When? _____ Program: _____
 "Fat Farms" When? _____ Program: _____
 Exercise program When? _____ Program: _____
 Other When? _____ Program: _____

Non-traditional Weight Loss Programs

- Gastric Bubble When? _____ Program: _____
- Acupuncture When? _____ Program: _____
- Jaw wiring When? _____ Program: _____
- Hypnosis When? _____ Program: _____
- Other When? _____ Program: _____

Self Diets

- Slim Fast When? _____ Program: _____
- Dieter’s tea When? _____ Program: _____
- Xenadrine When? _____ Program: _____
- Metabolife When? _____ Program: _____
- Accutrim When? _____ Program: _____
- Dexatrim When? _____ Program: _____
- Cal Ban 3000 When? _____ Program: _____
- Fasting When? _____ Program: _____
- Other When? _____ Program: _____

Popular Diet Programs

- Atkins Diet When? _____ Program: _____
- Bahamian Diet When? _____ Program: _____
- Beverly Hills Diet When? _____ Program: _____
- Cambridge Diet When? _____ Program: _____
- Herbal Life When? _____ Program: _____
- Hollywood Diet When? _____ Program: _____
- Pritikin Diet When? _____ Program: _____
- Scarsdale Diet When? _____ Program: _____
- R. Simmons’ Deal-A-Meal When? _____ Program: _____
- South Beach Diet When? _____ Program: _____
- Other When? _____ Program: _____

NUTRITIONAL PROGRAMS

- In-Hospital When? _____ Program: _____
Hospital/Clinic Name: _____
- Out-Patient When? _____ Program: _____
Hospital/Clinic Name: _____