

# holiday gifts



## Tips for creating a personalized gift basket

Your co-op is a great source for local, unique and flavorful products that delight, inspire and nourish body and soul. Create a special holiday gift basket for friends, family and co-workers by choosing a selection of items that they will enjoy.

### Customization is key

The key to creating a thoughtful gift that will truly be appreciated is understanding your recipient. Is she the person you turn to for health and exercise tips? Does he always have the low-down on the latest food trends? Are they regulars at the farmers market and love local farm tours?

### Make a list, check it twice

Once you have settled on a theme, brainstorm a list of complementary items, determine your budget and begin exploring the options at the co-op.

### Presenting your present

Baskets are nice, but a reusable lunchbox or tote bag, mason jars, metal, wooden or ceramic bowls, even backpacks or messenger bags are practical (and reusable!) options. Or wrap your items furoshiki-style, with a pretty scarf, table linens, or a co-op t-shirt.

### Gift basket ideas

The Foodie	Chutney, chili or curry paste, spice blends, wooden spoons and a cookbook
The Party Host	Fine cheeses, spiced nuts, dates and fine crackers
The Locavore	Seasonal fruits and vegetables, jams and preserves, salsas, honey, cheeses
The Office Mate	Fine coffee and teas, tea infusers, biscotti, fine chocolate, utensils
The Health Nut	Energy bars, protein shake mix, Emergen-C, yoga mat
The College Student	Energy bars, trail mix, snacks, socks, Emergen-C and a co-op gift card
The Beauty Basket	Hair and skin care, essential oils, bath salts, aromatherapy candles



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