



SACRED HEART PARISH

Fifth Sunday in Ordinary Time

February 7, 2016

Ash Wednesday:

The Lenten season begins on **Ash Wednesday, Feb. 10th.**

Mass with distribution of ashes will be celebrated at **7:30 am** and **7:00 pm.**

A **simple soup and bread supper** will be served in the parish center prior to the evening Mass, beginning at 5:30 pm. All are welcome!

Ash Wednesday as well as Good Friday (March 25) are days of **fast** and **abstinence.**

"Fasting" means that a person is permitted to eat one full meal during the day as well as two smaller meals, but not to equal a full meal.

"Abstinence" from meat is also obligatory on the Fridays of Lent. Fasting is obligatory from age 18 until age 59. Abstinence is binding from age 14 onwards.

These general norms must be applied prudently according to the particular circumstances of a person's health and dietary needs, and even social obligations.



**2016
ANNUAL
CATHOLIC
APPEAL**
DIOCESAN
MINISTRIES FUND

This week every household in our parish received a letter from Fr. Kevin, asking for our participation in the upcoming Annual Catholic

Appeal 2016. This coming week Bishop Daly will mail his formal request for participation to every household in the Diocese. By means of this year's Appeal he calls us all to support the ministries of our diocesan church.

The goal for our parish this year is \$53,674. With the generous support of all of our parish families, we can once again achieve our goal.

Please prayerfully read the information you receive from Bishop Daly and Father Kevin and respond generously – and bring your pledge envelope to Mass next weekend.

Mass Intentions This Week

SAT, Feb 6- 5:00 p.m. People of the Parish
SUN, Feb 7 - 10:00 a.m. Living & Deceased Members of the Blanchard Family by Irene Dufort

WEEKDAY MASSES—7:30 A.M.

TUES, Feb 9 +Philip Gilbert by Jeanne Gilbert
WEDS, Feb 10 ASH WEDNESDAY
7:30 am Living & Deceased Members of the Marshall & Dufort Families by Irene Dufort
7:00 pm +Smithmore & Sandy Meyers
THURS, Feb 11 +Marie Lamp by Anita Lamp
FRI, Feb 12 +Caroline Mangione by Grace Dashiell

Mass Readings for Next Weekend:

Deuteronomy 26:4-10, Romans 10:8-13, Luke 4:1-13

Liturgical Minsters Schedule can be found on our website:
shparishspokane.org/liturgical-ministry-schedules

Lenten Reflections with Father Kevin

Father Kevin will be offering a series of Lenten reflections on Thursday evenings beginning **February 11th, 7:00—8:00 pm**, each one focusing on one of the important figures in the lectionary readings of the Lenten season. There will be time for shared reflections as well.

If there is sufficient demand, the reflection can be repeated on Friday mornings at 10:00 am.



Our Parish Sacrificial Offerings This Week:

Envelope & Plate Offering: \$ 4,222.75
Outreach: \$ 77.50



In order to meet our 2015-16 budget, an average weekly collection of \$5,713.00 is needed. Thank you so much!

NEW TO SACRED HEART PARISH? WELCOME! We look forward to getting to know you!

Please return this form to the parish office or e-mail the information to: shparish@qwestoffice.net.

Name: _____

Address: _____ Zip: _____

Home Tel: _____ Cell: _____ Email: _____

Southside Catholic Youth Ministry

Join us for
upcoming events!



All events will take place in the Youth Room at St. Augustine's Parish building unless otherwise noted. For more information, please contact **Paul Macias** at pmacias@dioceseofspokane.org or 509-251-5818

FEB 7 — **ALL YOUTH: SOUPER BOWL OF CARING** after all Masses, 12:00 noon, pizza at St. Augustine Youth Room (No Jr. High)

Coming up: *First Eucharist and Confirmation*



Children in second grade and older are invited to prepare to receive their first Eucharist and Confirmation. The celebration of the Sacraments will be on Sunday, April 17th. Classes will begin February 10. Contact Paul Macias for more details or to register your child. (509)251-5818. pmacias@dioceseofspokane.org

Cataldo Catholic School Open House

Friday, February 19, 11 am-1 pm

If you are interested in Cataldo for your family, please join us for our Open House. Tours of the school will be given by current parents who can share their experiences and answer your questions. Meet the teachers, enjoy classroom observations, and finish with a light lunch and more conversation with our parents. If you cannot attend the Open House, and would like a tour, please contact Anita Condon. You may reach her at (509) 624-8759 or acondon@cataldo.org.

Rediscover Your Marriage

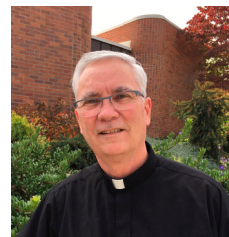
Retrouvaille of the Inland Northwest will hold a retreat at the Immaculate Heart Retreat Center February 19-21. Are you frustrated or angry with each other? Do you argue . . . or have you just stopped talking to each other? Does talking about it only make it worse? Retrouvaille is for any couple who would like to rediscover their marriage and improve communication. For confidential information or to register for the Spokane weekend call (509) 520-4118 or (800) 470-2230 or visit the web site at www.Retrouvaille.org.



Catholic Cougs' Founder's Dinner

Our diocesan Newman Center at WSU, St. Thomas More, will be hosting its annual Founder's Dinner and Auction in Spokane's St. Thomas More Parish on **February 20th**, beginning at 5:30 pm. Entry is just \$25 for a lovely Italian-style dinner. The funds go to support this important ministry for our young Catholic Cougs in Pullman. Invitations & RSVPs are available in the vestibule of the church or call St. Thomas More at (509) 332-6311.

A Word from Father...



Dear Friends,

On Tuesday of this past week, the Church celebrated the Feast of the Presentation of the Lord in the temple in Jerusalem...forty days after his birth. That was a traditional thing to do for Jewish families of that time, somewhat akin to our own practice of infant baptism. One of the traditions of the feast is to bless the candles that will be used in the church during the coming year, and the prayers of blessing stress the importance of Christ, the Light of the World especially in its spiritual darkness.

The feast gave us one more little gasp of Christmas spirit just days before we begin our Lenten season with its sober atmosphere of penance and contrition. Happily, the Presentation and the blessing of candles also pointed us towards the feast of all feasts, the Lord's Resurrection where his Light truly and fully embraces the world and wraps it in his mantle of grace and infuses it with Life without end.

The great symbol of this Light and Life is, of course the Paschal Candle which is lit for the first time at the Easter Vigil after it is blessed and then incensed and praised in the most beautiful hymn, the *Exultet*. All church candles and especially the Paschal Candle are potent symbols of the mysteries we celebrate both in the Christmas season and during Holy Week: the candle can only overcome darkness with light if it allows itself to burn down, even as Jesus offers his Light and Life to our world through the self-giving love manifest in his incarnation (letting go of his godhood and take on with us flesh and blood), and his passion and death, and in his passion and death, (giving up of his flesh and blood, his heart and soul), so that we might live within the fullness of light that is true freedom, real justice, and perfect peace.



When Jesus is presented in the temple, the old prophet, Simeon declares: *Lord, now you may let your servant go in peace; your word has been fulfilled: my own eyes have seen the salvation*

which you have prepared in the sight of every people: a light to reveal you to the nations and the glory of your people Israel!

May our eyes see this same light in the Lenten and Easter weeks to come!

Fr. Kevin

Our Parish Website: *Renovated with Love*

Check out the new look and revised content of our parish website!

Shparishspokane.org