

**Client Info**

**Date:** \_\_\_\_\_

Mother's Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Preferred method of communication: Call cell / Text/ Email

-----  
OB/Midwife: \_\_\_\_\_ Practice: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

-----  
Baby's Name: \_\_\_\_\_  Male  Female

Baby's DOB: \_\_\_\_\_ If prenatal, EDD: \_\_\_\_\_

Infant's Primary Care Provider: \_\_\_\_\_

Practice: \_\_\_\_\_ Location: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

-----  
**Consent to Care Agreement:**

\* I understand that I am consenting to receive breastfeeding support services by an IBCLC (International Board Certified Lactation Consultant) and/ or a LEAARC certified breastfeeding educator and counselor.

\* I understand that in order to properly support me and provide assistance with breastfeeding, a visit with the consultant may include:

- A health history for me and my baby
- A physical assessment of my breasts
- An observation and assessment of how my baby breastfeeds
  - This may include a physical examination of my baby's oral function
- Demonstrations of proper latch, positioning, and how to use breastfeeding tools and supplies
- Sharing resources that are relevant to my needs and goals
- Composing an individualized care plan for me and my baby

\* I understand that any necessary medical care needed for me and my baby is to be provided by a primary care provider, not the lactation consultant or counselor.

\* I waive, release and will never hold the lactation consultant or counselor responsible for any injuries, damages, losses or claims, either known or unknown, that may arise from any service provided. I understand that I am personally responsible for following my care plan.

**By signing below I acknowledge that I have read and understand the statements above and am giving my consent to care:**

Client's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Provider's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Health History**

**Does your health history include any of the following?**



*Bliss Lactation*

*Bliss Lactation, LLC*

*blisslactation@gmail.com*

*Chelsea DeSorbo, CLEC & Abby Case, CLEC*

*(503) 593-9432*

*(303) 594-8896*

- Allergies/Asthma
  - High Blood Pressure
  - Thyroid Disorders
  - Eating Disorders
  - Weight Loss Surgery
  - Hemorrhoids
  - Sexually transmitted diseases: \_\_\_\_\_
  - Other: \_\_\_\_\_
- Anemia
  - PCOS
  - Heart Disease
  - Liver Disease
  - Kidney Disease
  - GI issues/disorders
- Diabetes
  - Cancer
  - Pregnancy loss
  - Anxiety Disorder
  - Depression
  - Skin issues: Psoriasis, Eczema, etc
- 

**Have you had any of the following breast related surgeries/procedures?**

- Breast reduction when? \_\_\_\_\_
- Breast implants when? \_\_\_\_\_ why? \_\_\_\_\_
- Biopsy side: \_\_\_\_\_ when? \_\_\_\_\_ results? \_\_\_\_\_
- Any other surgeries in the chest/thoracic area: \_\_\_\_\_

Have you ever had or do you currently have any nipple piercings? Yes No

**Please list any/all current medications and supplements:**

---



---



---

**Do you currently:**

- Smoke tobacco how often? \_\_\_\_\_
- Drink alcohol \_\_\_\_\_
- Use cannabis \_\_\_\_\_
- Other recreational drugs \_\_\_\_\_

**1st pregnancy?** Yes No  
 If no, how many other children? \_\_\_\_\_

**Previous breastfeeding experience?** Yes No How long? \_\_\_\_\_

**Difficulty getting pregnant?** Yes No  
 Fertility treatments or medications used: \_\_\_\_\_



*Bliss Lactation, LLC*  
*blisslactation@gmail.com*  
*Chelsea DeSorbo, CLEC & Abby Case, CLEC*  
 (503) 593-9432      (303) 594-8896