

All participants must be screened and cleared by a medical doctor before he/she may begin practice. Participants may be screened by their own physician or pediatrician.

Participants Name	Date of Birth	Height	Weight
Address	City	State / Zip	

List all childhood illnesses, both past and ongoing:

List all operations and hospitalization dates:

Has participant ever had a concussion or other head injury?	Yes	No
Has participant experienced headaches or other head pains following a trauma related injury?	Yes	No
Has participant ever broken, sprained or seriously twisted a joint or limb?	Yes	No

Has participant ever had (circle all that apply):

- | | | |
|-----------------------------|---------------------------|--------------------------------|
| Anemia | Genital pain | Nausea (recurring) |
| Arm Pain | Gum problems | Neck pain |
| Asthma | Headaches (chronic) | Nose breathing difficulty |
| Breath shortness | Hearing loss | Nose bleeds |
| Cancer | Heart beat (irregular) | Painful urination |
| Chest pains | Heartburn (recurring) | Pneumonia |
| Childhood R.A. | Hernia | Rheumatic fever |
| Chronic cough | Hypoglycemia | Skin problems |
| Constipation | Incontinence | Sore throats (frequent) |
| Dental problems | Irritability before meals | speech difficulty |
| Depression | Lack of coordination | Spitting up phlegm |
| Diabetes | Leg pain | Spitting up blood |
| Diarrhea (recurring) | Light headed before meals | Stomach pain (recurring) |
| Dizziness / Lightheadedness | Liver problems | Tingling of hands or feet |
| Ear noises | Low blood pressure | Tuberculosis |
| Ear pain | Lower back pain | Vision problems |
| Epilepsy | Memory loss | Vomiting |
| Fainting | Mood swings | Weight loss or gain (dramatic) |

Please briefly explain any circled items on page one (1):

Is there a family history of health problems (parents, grandparents, brothers or sisters)? If yes, please explain:

Parent / Guardian Release:

I am the parent or legal guardian of the child listed on this Health Screening form. I have no knowledge of any condition or impairment that would prevent my child's participation in a youth tackle football program or a cheerleading program.

Name of Parent or Legal Guardian - Please Print

Signature of Parent or Legal Guardian

Below must be completed by the Physician:

Doctor's Release

Based on my examination and the information provided as part of this Health Screening:

_____ I release this child to participate in a youth tackle football program or cheerleading program

_____ I do NOT release this child to participate in a youth tackle football program or cheerleading program, and refer this child for further consultation with his or her family physician or other specialist.

Examining Physician's Name - Please Print

Examining Physician's Signature

Date of Exam