

All participants must be screened and cleared by a medical doctor before he/she may begin practice. Participants may be screened by their own physician or pediatrician.

Participants Name	Date of Birth	Height	Weight
Address	City	State / Zip	

List all childhood illnesses, both past and ongoing:

List all operations and hospitalization dates:

Has participant ever had a concussion or other head injury?	Yes	No
Has participant experienced headaches or other head pains following a trauma related injury?	Yes	No
Has participant ever broken, sprained or seriously twisted a joint or limb?	Yes	No

Has participant ever had (circle all that apply):

- |                             |                           |                                |
|-----------------------------|---------------------------|--------------------------------|
| Anemia                      | Genital pain              | Nausea (recurring)             |
| Arm Pain                    | Gum problems              | Neck pain                      |
| Asthma                      | Headaches (chronic)       | Nose breathing difficulty      |
| Breath shortness            | Hearing loss              | Nose bleeds                    |
| Cancer                      | Heart beat (irregular)    | Painful urination              |
| Chest pains                 | Heartburn (recurring)     | Pneumonia                      |
| Childhood R.A.              | Hernia                    | Rheumatic fever                |
| Chronic cough               | Hypoglycemia              | Skin problems                  |
| Constipation                | Incontinence              | Sore throats (frequent)        |
| Dental problems             | Irritability before meals | speech difficulty              |
| Depression                  | Lack of coordination      | Spitting up phlegm             |
| Diabetes                    | Leg pain                  | Spitting up blood              |
| Diarrhea (recurring)        | Light headed before meals | Stomach pain (recurring)       |
| Dizziness / Lightheadedness | Liver problems            | Tingling of hands or feet      |
| Ear noises                  | Low blood pressure        | Tuberculosis                   |
| Ear pain                    | Lower back pain           | Vision problems                |
| Epilepsy                    | Memory loss               | Vomiting                       |
| Fainting                    | Mood swings               | Weight loss or gain (dramatic) |

Please briefly explain any circled items on page one (1):

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Is there a family history of health problems (parents, grandparents, brothers or sisters)? If yes, please explain:

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**Parent / Guardian Release:**

*I am the parent or legal guardian of the child listed on this Health Screening form. I have no knowledge of any condition or impairment that would prevent my child's participation in a youth tackle football program or a cheerleading program.*

\_\_\_\_\_  
Name of Parent or Legal Guardian - Please Print

\_\_\_\_\_  
Signature of Parent or Legal Guardian

**Below must be completed by the Physician:**

**Doctor's Release**

Based on my examination and the information provided as part of this Health Screening:

\_\_\_\_\_ I release this child to participate in a youth tackle football program or cheerleading program

\_\_\_\_\_ I do NOT release this child to participate in a youth tackle football program or cheerleading program, and refer this child for further consultation with his or her family physician or other specialist.

\_\_\_\_\_  
Examining Physician's Name - Please Print

\_\_\_\_\_  
Examining Physician's Signature

\_\_\_\_\_  
Date of Exam