

Alabama Orthopaedic Clinic, PC
SPINE FORM

Date: _____

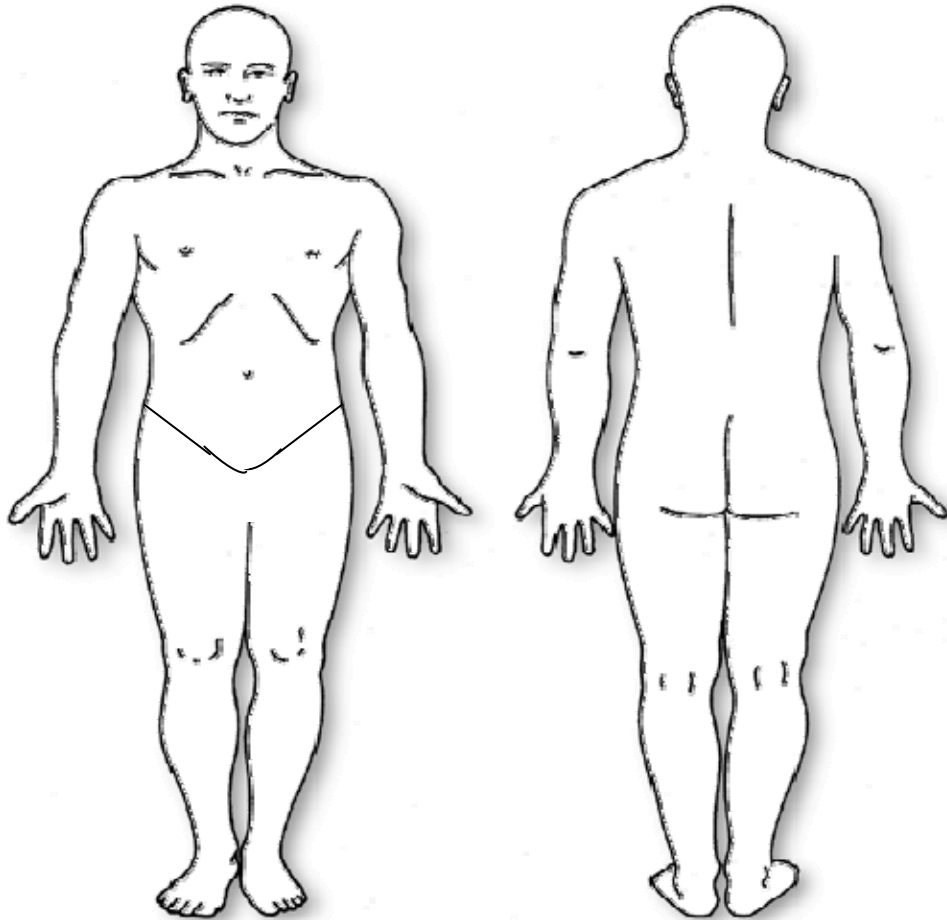
Account # _____

Patient Name: _____ Male/Female _____ Age: _____

Height: _____ Weight: _____ Right Handed _____ Left Handed _____

Referring Doctor: _____

1. Please indicate your areas of pain on the figures below with *X*'s. Please indicate your areas of numbness, stabbing, burning, & tingling on the figures below with *O*'s.



2. How long have you had the problem(s)? _____

3. How have your symptom(s) changed over time? Better _____ Same _____ Worsened _____

4. What happened to produce the symptoms? _____

5. If the problem is from an accident, please explain: _____
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6. Where is your pain primarily located? Neck _____ Arms _____ Back _____ Legs _____
7. Choose one of the following descriptions of your pain on an average day:
 _____ Pain in my neck is more severe than pain in my arms or hands
 _____ Pain in my arms/hands is more severe than in my neck
 _____ Pain in my back is more severe than the pain down my legs/feet
 _____ Pain down my legs/feet is more severe than pain in my back
 a. Sharp b. Dull Toothache c. Burning
 d. Stabbing e. Constant Ache f. Intermittent
8. What activities make your pain worse? Lying _____ Standing _____ Coughing _____
 Bending _____ Lifting _____ Sneezing _____ Sitting _____ Walking _____
9. What activities help your pain? Rest _____ Exercise _____ Sitting _____
 Lying down _____ Meds _____ Others: _____
10. What type of job & on the job activities do you routinely perform? _____

11. How much time have you been off work due to your problem? _____
12. Has any other doctor treated you for this condition? Yes _____ No _____
 If Yes, who _____
13. Have you been placed in a brace for your condition? Yes _____ No _____
14. Have you had any physical therapy or chiropractic care as part of your treatment? Yes _____
 No _____ (If Yes, Where _____)
15. Have you developed any difficulty with you control of urine (bladder) &/or bowel movements? (Do you have accidents on your self?) Yes _____ No _____
16. Have you received an Epidural Steroid Block for neck, back, arm, or leg pain?
 Yes _____ (How many _____) By which doctor(s) _____ or NO _____
17. How do you rate your pain on a scale of 0-10? (0-no pain, 10-worst pain)
 Neck Pain _____/10 daily Arm Pain _____/10 daily
 Back Pain _____/10 daily Leg Pain _____/10 daily
18. Have you ever been told you have problems with your liver or kidneys? Yes _____ No _____
19. Have you ever been told you have (or had) Hepatitis or HIV/Aids? Yes _____ No _____
 If Yes, do you know how you contracted the disease? _____

20. Have you ever been diagnosed by a doctor with a Medical Condition? Yes _____ No _____
If Yes, explain condition(s) _____

21. Have you ever had any surgeries? Yes _____ No _____ If Yes, please list each procedure & Doctor _____

22. Have you ever had any Spinal surgeries? Yes _____ No _____ If Yes, please list & explain:

23. Please list all daily medications you are currently taking for medical problems.

24. Do you have any allergies to foods, medications, or seasonal allergies? Yes _____ No _____
If Yes, list allergies _____

25. Do you Smoke? Yes _____ (_____ packs/day) No _____

26. Do you drink Alcohol? Yes _____ Daily ____ Every Weekend ____ Occasionally ____ No _____

27. Do any specific medical conditions run in your family such as High Blood Pressure, Diabetes, Heart Attack, Cancer, etc? Yes _____ No _____ Please List _____

28. Please check all symptoms you are experiencing:

Constitutional: _____ Night-time fevers/chills

_____ Severe weight loss/gain

_____ Worse night-time pains

Eyes: _____ Blurry vision

_____ Pain

_____ Infection

Ears/Nose/Throat: _____ Hearing Aid

_____ Chronic Sinus problems

_____ Swallowing difficulty

_____ Infection

Cardiovascular: _____ Shortness of breath

_____ Chest pain with activity or at rest

_____ Awakened at night with shortness of breath

_____ Sleep on 2 or more pillows at night

- Respiratory:** _____ Shortness of breath
_____ Wheezing
_____ Coughing with production of sputum
- Gastrointestinal:** _____ Abdominal pain/cramps
_____ Nausea/Vomiting/Diarrhea
- Genitourinary:** _____ Frequent Urinary Tract Infections
_____ Urinate more frequently
_____ Have trouble releasing urine or accidents on self
- Musculoskeletal:** _____ Muscle aches & pains
_____ Severe joint pain/stiffness
_____ Weakness of an arm/leg
_____ History of fractures
- Integument:** _____ Skin infections
_____ History of skin cancer
_____ Any prior skin wound infections after surgery
- Neurological:** _____ Numbness or weakness of arm/leg
_____ Burning pain running down arm/leg
_____ Any trouble with normal balance
_____ Any hand numbness that awakens you from sleep
_____ Any noticeable clumsiness or dropping of objects
- Psychiatric:** _____ History of depression
_____ Inpatient/Outpatient psychiatric treatment
- Endocrine:** _____ History of hyperthyroidism
_____ Any hormonal treatment
- Hematologic:** _____ Treated for Anemia
_____ History of Leukemia or Hodgkin's Disease
_____ History of free-bleeding with a minor cut