

SUMMIT RETREAT 2014

Ski Retreat

Info & Packing List

Blowing Rock Conference Center

General Info:

Check-In, Departure and Return Info

Check-In is at 5:00p.m. at DUMC

Youth & Parent(s) should bring the participant's luggage to lower level of the Education building and check-in.

- **Everyone should arrive by 5:00 p.m. for check in.**
- *A parent must come to Check-in to make sure all forms and payment are in order.*

Return:

We will return Sunday afternoon around 3:00 p.m.

Youth will call parents if we are going to be delayed or early.

Emergency Contacts

Drew Peters, Youth Ministry Staff: 706-265-9245

Curtiss Gibbs, Youth Ministry Staff: 706-836-8755

Davidson UMC: 704-892-8277

Retreat Packing List

Weather/waterproof winter gear

- Jacket (or multiple layers of clothing). An exterior layer that is waterproof is highly recommended. Also remember you need a visible place to attach the lift ticket (front zipper, pocket zipper, etc).
- Layers of warm clothes (that you can add if it's cold or remove if it's warm)
- Ski pants/bibs (wind pants/athletic pants can substitute, but something waterproof and warm is recommended).
- Gloves or mittens, hat, neck warmer, scarf, etc (more than one pair of gloves/mittens is recommended if yours are not waterproof).
- Warm/water resistant or waterproof socks (good ole' fashioned wool works great!)
- If you are not a "regular" skier, don't go out and purchase a lot of extra skiwear; you can probably get by with what you have, just bring extras so if you get wet you've got dry stuff for the next day.
- Sunglasses or goggles
- Eyeglass safety cord (if you wear prescription eyeglasses or just don't want to lose your favorite pair of sunglasses having them attached to a cord is always a good idea).
- Lip balm
- Sunscreen
- Hand/foot warmers (if you are someone who gets cold easily, these are nice to have).

Retreat Gear

Clothes

- Casual clothes for wearing around the lodging and into restaurants.
- Boots or good "outdoor" shoes.
- Flip-flops or casual footwear for the hotel.

Please make sure that your clothing is appropriate for a church sponsored youth retreat

Sleeping/Room Gear

- You will be bunked "2 to a bed" in every room.
 - **If you are uncomfortable sharing a bed with someone else please bring a sleeping bag and pillow for the floor.**
- Toiletries (toothbrush, shampoo, etc).
- Cards, games, books, etc (for free time).
- Room Snacks/Beverages (anything you just want for yourself/your roommates in your room)

Prescription Medicines

Parents, if you would prefer we administer any prescription medication, at registration please turn it in a zip-loc bag with your youth's name written on the bag and all instructions for administering the prescription(s) written on an index card inside the bag.

- Please include an original prescription bottle, and if possible, have the medications already dosed out into a dosage container.

We do not need info for over-the-counter drugs such as Advil, Claritin, etc.

Misc Items

Bible & Pen
Water Bottle

Money Info

Meals and Extras (\$20-25)

- 2 lunches out (Saturday and Sunday) \$15-20
- The following meals are included:
 - *Friday dinner*
 - *Saturday breakfast and dinner*
 - *Sunday breakfast*
- Snack/souvenir spending money (varies/optional)

Attitude/Expectations

This is a DUMC sponsored retreat and there will be retreat activities, small groups, and worship that ***everyone is expected to attend and participate in*** (that means singing during worship and sharing during small groups, among other things!).

There will be specific check-in times at the hotel and on the slopes:

- **Check-In Times are not optional:** youth who are not in their rooms at expected times and/or who are consistently late for slope check-ins may be “benched” from recreation activities.

There is a very big group going—all youth and adults will be asked to pitch in to help with breakfast/lunch set-up, loading/unloading/etc. Everyone should bring a ***servant attitude*** and “ask”: *how can I help*, instead of waiting to be told. ***Act like Christ: serve others before yourself!***

Please leave behind: bad attitudes, complaining, stereotypes, live animals, weapons of any kind, fireworks, any substance illegal for minors, and anything else that might prohibit you from growing closer to God and other people in the group!

Schedule

Friday

5:00p.m.: Check-In @ DUMC
Group Orientation / Dinner
7:30p.m.: Arrive in Blowing Rock
8:30p.m.: Session I
11:00p.m.: Group Meeting
11:30p.m.: In Rooms / Lights Out

Saturday

7:30a.m.: Wake Up
8:00a.m.: Breakfast
8:45a.m.: Ready for Worship
9:00a.m.: Session II
11:30a.m.: Ski Time!
Lunch – OYO
6:00p.m.: Gather to head to Dinner
7:00 p.m.: Dinner
8:00 p.m.: Session III
10:30p.m.: Group Meeting
11:30 p.m.: In Rooms / Lights Out

Sunday

7:30a.m.: Wake Up
8:00a.m.: Breakfast
8:45a.m.: Ready for Worship
9:00a.m.: Session IV