

Grand Blanc Community Education Summer Camps 2016

Rata2ee Rangers Summer Camp (Full Day Camp) - Register Now!



Cost: \$269 (covers daily morning snack and 3-course lunch)

August 1st – 5th

9:00 am – 4:00 pm Rata2ee Rangers (**Entering Grades 1st – 6th**)

Children learn healthy cooking skills, through fun and play, without the Chef Gordon Ramsey yelling! Each day of this 1-week camp, kids will make and eat a morning snack, get in some fun exercise activities, cook and eat a 3-course meal, learn basic gardening, play nutrition games, and end their day with yoga. Rata2ee teaches cutting techniques (with kid-safe knives), weights and measures, stove and kitchen safety, and sanitation. Kids also learn where food comes from and what makes a healthy plate. This well-rounded camp takes a holistic approach to healthy living. Sessions are taught by ServSafe Certified Chefs who already work within local schools. After registering, parents must sign a liability waiver for any child to attend. An email with the waiver form and other important information (like what to wear, what is ok and not ok to bring to the classroom) will be sent. All recipes are nut free; however, all allergies must be listed on the waiver form and will be followed up with a discussion with the chef prior to the session starting.



SIGN UP NOW, SPACE IS LIMITED! – Rata2ee Rangers August 1 – 5, 2016

To **register** you can mail a check to the Perry Center at 11920 S. Saginaw Grand Blanc, MI 48439. You can also register in person using cash, check or credit card at the Perry Center in the **Community Education Office** Monday – Thursday 8:00 a.m. – 7:00 p.m. and Friday 8:00 a.m.-5:00 p.m. There is a \$1 handling fee for a credit card. You may also register over the phone with a credit card at (810)591-6088.

Please do not send your registration to your child’s school as this will delay registration and your child may not have a spot in the class.

Make checks payable to Grand Blanc Community Education

Child’s Name _____

Parent’s Name _____

Grade Entering _____

Address _____

Email Address _____

Cell Phone # _____

(Daily Schedule is on the back)

August 1st – 5th

8:45 am	Parent Drop-Off
9:00 – 10:00 am	Make a Healthy Snack
10:00 – 11:00 am	Hip-Hop Dance
11:00 – 12:30 pm	90-minute cooking lesson: knife techniques, weight/measures, stove time, kitchen safety
12:30 – 1:30 pm	Lunch
1:30 – 2:00 pm	Nutrition Lesson: Kids learn where food comes from and what makes a healthy plate
2:00 – 3:00 pm	Gardening: Kids learn about gardens, plant seeds, and take ownership for their plants
3:00 – 3:45 pm	Yoga: Kids will end their day with stretching and yoga
3:45 – 4:00 pm	Kids gather to discuss what was learned that day and get ready for parent pick-up

Friday: Parents come at 3:00 pm to see cooking skills and hip-hop dance

Kids learn cooking and overall healthy living, through play and fun!