



## St. George's Island

This sub-tropical climate is fairly uniform all year around, and you will be enjoying summertime temperatures between 25°C and 30°C - Make sure to bring lots of sun protection!

The ocean is also perfect for swimming during July and you will be able to see an abundance of marine life!

There may be occasional tropical showers which are usually heavy but short.

## **Packing List**

The Basics	Clothing
Luggage ID Tags	Rain Jacket/ Windbreaker
$\square$ Passport (also bring a photocopy and leave one at home!)	☐ Comfortable Walking Shoes & Athletic shoes
$\square$ Money Belt & Cash for the first few days (American Dollars)	Sandals
Debit Card/ Travelers Cheques	☐ T-Shirts
$\square$ Long Distance Phone Card (can be purchased on site as well)	☐ Light Sweater
Travel Journal and Pen	☐ Jeans & Lightweight Pants
	Shorts
Personal	☐ Comfortable summer skirts/ dresses
Toiletries	Underwear & Socks
Medication and Prescriptions (Aspirin, Gravol, Imodium)	☐ Sun hat/ Baseball Hat
☐ Lip Balm & Sunscreen (30 SPF minimum)	Swimsuit
☐ Insect Repellent- 33% Deet = 8hrs Protection	Pajamas
$\square$ Small Towel and Washcloth (provided but you may want your own)	☐ Dressier Outfit and Shoes (Optional)
Beach Towel	Other Useful Items
Extra Glasses/ Contacts and Prescription	Batteries
☐ Sunglasses (UV protecting)	Small Flashlight
$\square$ Laundry Detergent (zip lock bag or tablet form)	□ Watch & Alarm Clock
☐ Snorkel Gear (Goggles and Fins)	Camera & Memory Cards
	☐ Zip lock Bags to keep camera, binoculars etc. dry
П	Umbrella
	☐ Beach/Water shoes (This is a must have)
	Refillable Flask (for water, tea or coffee)