

DEBTORS ANONYMOUS

TUESDAY NIGHT MEETING FORMAT

BEFORE MEETING

Hand out READINGS. Hold on to the Promises until end of meeting. Reminder: The Tools are not read if this is a Business Meeting.

INTRODUCTION

Hello, welcome to the Tuesday evening meeting of Debtors Anonymous. My name is <self identify> and your Secretary. Please turn off all cell phones, etc. Let's have a moment of silence, followed by the Serenity Prayer.

PREAMBLE

Debtors Anonymous is a fellowship of men and women who share their experience, strength and hope with each other, that they may solve their common problems and help others to recover from compulsive debting.

The only requirement for membership is a desire to stop incurring debt. There are no dues or fees for DA membership; we are self-supporting through our own contributions. DA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; and neither endorses nor opposes any causes. Our Primary Purpose is to stay solvent and help other compulsive debtors achieve solvency.

READING: Twelve Steps of Debtors Anonymous
The Twelve Traditions of Debtors Anonymous

NEWCOMERS INTRODUCTION

It is the custom of this group to welcome any newcomers who are in their first three meetings of DA (or, if you are new to this meeting) and ask you to introduce yourself by your first name only. Are there any newcomers who would like to introduce themselves at this time? (*Ask each newcomer if they would like a complimentary Newcomers Packet.*)

Newcomers, it is recommended that you attend at least six meetings before you decide if DA is for you. We suggest that when beginning the program, you obtain a Sponsor, begin working the 12 Steps, and start keeping accurate records of daily expenses and income in preparation for your first Pressure Relief Group (PRG). Further information on record keeping is found in the "Record Keeping" pamphlet on the Literature table.

NEWCOMERS PACKET

We pass around a Newcomers Packet containing a sampling of DA literature and phone list. Any person putting their name and number on the list is inviting you to call them if you have DA questions. At the end of the meeting I will hand out the Newcomers Packets.

May we have 2 volunteers, male and female if possible, to greet newcomers after the meeting?

PHONE LIST (On separate clipboard.)

We will now pass around a meeting phone list. Signing this list is optional and means you are willing to receive DA-related calls. You can also indicate your availability or need for sponsorship, speaking, or a pressure relief group. Please note that it is the experience of most of us that we need to ask individually to get a Sponsor or PRG members.

MEETING ROOM

The meeting room or the lobby are available to DA members for PRG's on Tuesday evenings before the meeting. Under the phone list is a sign up sheet to reserve these rooms. Remember there is Newcomers Meeting here at 6:00 PM on the first Tuesday of the month and on the third Tuesday a Step Study Meeting from 5:45 to 6:45.

Please park in the church parking lot across the street from this meeting room. When that is full, use Greenfield. Please be considerate of residents by not blocking their driveway. Park in the Disabled Parking space in front only if you have an authorized placard.

This is a scent-free meeting.

LITERATURE, CDs and TAPES

We have a full compliment of DA Literature available at this meeting. Please see Our Literature Person, <name>, after the meeting for more information.

Our Tape Person, <name>, has DA CDs and tapes available to DA members.

READING: The Twelve Signs of a Compulsive Debtor
The Tools of Debtors Anonymous - read one and pass it to the next person. (Skip if this is a Business meeting)

GENERAL INTRODUCTIONS

Now is the time for general introductions and we also state an accomplishment we made. Newcomers, please introduce yourself again. Secretary starts: "<self identify> and my accomplishment this week is _____."

WEEKLY MEETING TOPICS:

Week 1 Speaker (20 minutes)

Our speaker will share what it was like, what happened and how it is today. Please Welcome our speaker for tonight, _____.
At the end of the speaker's share, ask him/her to suggest a topic for discussion.

Week 2 DA Literature (20 minutes)

The group may choose to read from any piece of DA literature. (Ask for suggestions, record and tally the votes.) [If AA literature is chosen, remind readers: "Substitute DA for AA references."]

Week 3 Speaker (see Week 1)

Week 4 DA Business (20 Minutes)

The DA Business meeting will go for 20 minutes, with general sharing and discussion afterwards. [Turn to the Business Meeting Format. During the Business Meeting, the Service Reports are done first. Also, CD & Tape Report, Intergroup and GSR Reports are done only on Business Meeting nights. Ask for a Timekeeper and a Notetaker (provide a clipboard with a blank sheet of paper and pen).]

Week 5 DA Candlelight Vision and Meditation (15 minutes)

The secretary or a member of the group can give a brief description of visions and how visions are a part of DA. “The vision meditation will last 15 minutes. Afterwards, members are encouraged to share what came up for them during the vision meditation or what their current visions are in DA recovery.”

7th TRADITION

It's time for the 7th Tradition. We have no dues or fees but we do have expenses. We are self-supporting through our own contributions.

The treasurer will pass two envelopes. The first envelope is for expenses for this meeting and for supporting the fellowship as a whole.

The second envelope, marked GSR, is for contributions to the costs associated with sending our General Service Representative to the DA World Conference each year.

Newcomers please do not contribute as a sign of our welcome.

(Pass clipboards now.)

TREASURER'S REPORT

LITERATURE REPORT

DISCUSSION

Now is the time for discussion. We ask that there be no cross talk – which means that you address your remarks to the group and not to any individual. Please refrain from making remarks during another person's share. Save questions and comments for after the meeting. While we recognize that some of us are members of other 12 Step programs, we ask that you keep the focus on DA.

We have agreed to limit our shares to 3 minutes. *Would someone be willing to be timekeeper tonight?* The timekeeper will set the timer for 2 minutes and when you first hear the beeper go off you have one-minute remaining. The beeper will go off again at the end of your time.

Please make sure all cell phones, etc. are off. We are now open for discussion. This is a tag meeting.

NEWCOMER SHARING (8:00 – 8:10)

Now is the time we reserve for newcomers sharing. A newcomer is someone who is in their first 3 meetings of DA. Are there any newcomers who would like to share at this time? *(If at the end of the newcomer sharing time*

there are still newcomers waiting to share, invite them to talk to someone after the meeting or to raise their hands during regular sharing time.)

URGENT NEED TO SHARE (8:10 – 8:20)

This is the time we reserve for those who have an urgent need to share.

ANNOUNCEMENTS

Are there any DA related announcements at this time?

COMMITMENTS (8:20)

We invite everyone to make a commitment statement (or you may pass). As we have already introduced ourselves, do not restate your name. PLEASE limit your statement to one statement / ONE commitment only. [When through: “Let’s give ourselves a hand.”]

NEWCOMERS PACKETS

Let’s again welcome our newcomers: _____ . Keep coming back! Remember, _____ and _____ are available after the meeting to answer any questions.

THANK YOU

Let’s thank ALL who do service at this meeting (*please see Service Positions list*).

Please help us close by stacking your chairs. The blue fabric chairs are stacked against the wall (gesture). All other chairs are stacked in the closet (gesture).

READING OF THE PROMISES

Would someone who hasn’t shared tonight like to read the Promises? (Hand out.)

CLOSING (Read with reverence. Don’t Rush!)

The opinions expressed here tonight are strictly those of the individuals who gave them. The things you have heard here are given and spoken in confidence and should be treated as confidential.

If you try to absorb that which you have heard you are bound to gain a better understanding of the way to handle your problems. Talk to each other, reason things out with someone else, but let there be no criticism of one another, only love, understanding, and companionship.

We who knew no other way than compulsive debting and spending have become aware of a Higher Power as the compulsion was lifted from us, and we started to experience solvency. We who were victims of low self-esteem have recognized a Higher Power when, with the help of our Pressure Relief Group, we started to make a true estimation of ourselves. We detected the hand of a Higher Power as our old attitude of self-deprivation was replaced by one of prosperity. We came to believe that a power greater than ourselves was setting us free.

Will all who care to, join me in closing with the Serenity Prayer?

Let’s have a moment of silence for those still suffering – both inside and outside these rooms.

Service Positions:

October 2006

<i>Secretary</i>	
<i>Treasurer</i>	
<i>Literature</i>	
<i>Tapes/CDs</i>	
<i>Banner</i>	
<i>Newcomer's Meeting</i>	
<i>GSR</i>	
<i>Alt. GSR</i>	
<i>Intergroup</i>	
<i>Key Person</i>	
<i>Set Up</i>	
<i>Phone List</i>	
<i>Contact Person</i>	
<i>Timekeeper</i>	
<i>Notetaker (if a Business Mtg)</i>	
<i>Newcomer Greeters</i>	
<i>All Readers</i>	
<i>Speaker (if a Speaker Meeting)</i>	