

To register, complete application below, and mail with fee to: *In The Zone, 6870 Chrisphalt Drive Bath, PA 18014*. Lesson credits do not carry over to other programs. No refunds for unused credits.

Name _____

Parents' Names _____

Address _____

Phone _____ DOB _____

E-mail _____

Grade in Sep '13 _____ Session 6:00 or 7:30

Sessions attending (Please circle dates):

Mon	Thur
June 10, 17, 24	13, 20, 27,
July 1, 8, 15, 22, 29	11 18, 25
Aug 5, 12, 19, 26	1, 8, 15, 22

Lessons: _____ Total Cost _____

Consent and Waiver:

I certify that my son/daughter _____ has had a physical examination by a licensed physician within the last year and is in sound physical condition for participation at In The Zone.

I authorize the staff of In The Zone to act for me to their best judgment in situations requiring first aid or medical attention.

I understand participation in athletics has certain inherent risks and assume responsibility for those risks. I waive and release In The Zone and those directing the camp from any and all liability for any injury my child might incur while participating in the camp.

Signature of Parent/Guardian Date

Tournaments 2013

- ❖ March Madness, Mar 22-24
 - ❖ April Thaw, April 5-7
 - ❖ Spring Storm, April 19-21
 - ❖ Cinco de Mayo, May 3-5
 - ❖ May Daze, May 17-19
 - ❖ Braggin Rightz Brawl, May 31-Jun 2
 - ❖ Heat is On, Jun 21-23
 - ❖ Mid Summer Blast, July 26-28
 - ❖ End of Summer Run, Aug 9-11
 - ❖ *Thanksgiving Tune-up Nov 29-31
 - ❖ *Holiday Hoopla, Dec 26-30
- * Not part of AAU program

Basketball Camps 2013

Shooting Camp; June 17-21 and July 22-26

Build or refine your shot from the ground up and then practice, practice, practice. Shoot off dribble, off pass, step backs, 1-2, hops etc. Plus practice guidelines. Goal is 2500 shots in 5 days.

Perimeter Player Camp; June 24-28, '13

For guards and small forwards: over 50 offensive moves and more than 60 ball handling drills. Also passing, shooting, reading defenses, scoring off screens and more.

Post Player Camp; July 8-12, 2013

For Power Forwards and Centers: Over 35 offensive moves and over 20 reads. How to play in the paint, offensive moves, drop steps, Shaq spins, rebounding, passing from post, posting up, sweeps, drop steps.....

Offensive Skills and Scoring Camp;

July 15-19, 2013; Want to be a better scorer? Then this is your camp. This camp incorporates some of the Shooting Camp, some of the Perimeter Camp and some of the Big Man Camp.

Court IQ and Scrimmage Camp;

July 29-Aug 2, 2013
Camp weaves instruction and games. Individual moves then 1 on 1, pick and roll then 2 on 2... building up to 5 on 5 games

***Basketball
Skills and Drills
at
In the Zone
Athletics
Summer
2013***



In the Zone
6870 Chrisphalt Drive
Bath, PA 18014
610-837-8605

www.inthezonesports.biz

In the Zone will be conducting basketball skills and drills sessions during the summer of 2013 for boys and girls grades 3-12. These sessions are for players who are serious about improving their game.

The primary focus of this program is to develop and refine individual offensive skills.

During the regular season, most teams only get to practice 1-2 times a week. Often coaches are busy putting in plays, setting up team defenses and offenses, breaking presses and the type of team drills necessary to function as a team. Little time is left for developing individual skills like ball handling and shooting. In the Zone's Skills and Drills program intends to fill this void by focusing its practice sessions on individual skill development—primarily ball handling and shooting.

Lessons

Lessons will be on Mondays 6:00-7:30 for Grades 3-9 and Thursdays 6:00-7:30 grades 3-7 and 7:30-9:00 for grades 8-12 starting June 10 and ending August 26.



The typical lesson will consist of:

- About 30 min of ball handling and passing

- About 30-45 minutes of offensive skills, moves and shooting
- About 15-30 minutes of 2 or 3 player concepts: ball screens, back door cuts, using screens, defense etc.

Fees: Total amount due is based on the number of lessons each player plans on attending (Total of 24 Lessons):

# Lessons	Cost
1-4	\$13.00 ea
5-9	\$11.00 ea
10-15	\$10.00 ea
16-22	\$6.50 ea

In order to get the volume discounts, lessons need to be purchased in advance. A lesson credit can be used for any regularly scheduled session. Siblings can combine and/or transfer lessons to obtain greater discounts. In order to make sure we have enough instructors at each lesson, players need to sign-up in advance for each lesson they plan on attending. There is no penalty if you sign up for a lesson and do not make it.

***** Fee for current ITZ AAU players is \$2.00 per session on a pay-as-you-go basis. **NON TRANSFERABLE**

TEAM/Organization Rates:

Coaches/Managers can purchase bulk packages of lessons to qualify for the volume discounts and then “re-sell” them to their players. When doing this, each player needs to have a waiver form on file, players need to pre-register and the coach/manager

handles the up-front lump-sum payment and distributing the lessons.

3 on 3 Tournaments 2013

Sunday, August 25
Sunday, September 15
Columbus Day, October 14
Sunday, Nov 10
Wednesday, Nov 27
Monday, Dec 23



For more info on these programs, see website at www.inthezonesports.biz

“You’ll miss 100% of the shots you don’t take”

You can only shoot when we are on offense. You can only shoot when you have the ball”