### SACRED HEART COLLEGE



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## Grade 8 Camp 2013 - Maria Island

Friday, 8th February 2013

Dear Parent/Guardian,

This year the Grade Eight camp will be held on Maria Island from Tuesday the 19<sup>th</sup> to Friday the 22<sup>nd</sup> of March.

The camp is designed to take advantage of Maria Island's unique environment, to provide students with Outdoor Education activities, opportunities for examining personal spirituality and the chance to get to know other students and staff on an informal basis.

Students will spend 1 or 2 nights in tents and the remainder in Maria Island's Penitentiary Accommodation on a cyclic basis. Students will have the opportunity to experience bushwalking, sea kayaking, cycling and abseiling if possible. More detail will be forthcoming shortly.

Whilst all of the activities we will undertake on camp are exciting and rewarding some do involve elements of risk. All the Outdoor Education instruction staff that we use are highly trained in the various outdoor activities as well as Wilderness First Aid and are more than competent in dealing with any event that we may encounter. All risks are managed using a comprehensive risk management system.

When undertaking such activities it is integral that all students are on their best behaviour and we reserve the right to refuse participation in any activity if we deem that a student's behaviour is unacceptable or dangerous. If this is the case the parent/guardian will be called to come and collect the student who is behaving inappropriately.

Please find attached a permission slip and medical form both of which should be completed and returned to the school office by 28 February 2013. An asthma form is also included for completion and return if relevant to your child.

Please let me know if you have any questions and concerns.

Dawn Palmer Quinlan House Head / Year 8 Coordinator Matt Conolan

Outdoor Education Co-ordinator

# PERMISSION SLIP – GRADE 8 Maria Island Camp 19 - 22 March 2013

Student Name:	Grade:
	Tutor:
Parental Consent	
I have receive all the information regard and 22 March 2013 and give permission	rding the Grade 8 camp to Maria Island on 19, 20, 21 for my child to attend.
the teacher deems my child be behaving	have appropriately at all times whilst on camp and if g inappropriately and/or causing danger to themselves agements for my child to be returned home.
Parent / Guardian Name:	Signature:
Date:	
Contact Details:	
Phone Number:	Email Address:
Medical Consent.	
Where the teacher in charge of the e impractical to contact me, I authorize t	xcursion is unable to contact me, or it is otherwise he teacher in charge to:
<ul> <li>Consent to my child receiving a a medical practitioner.</li> </ul>	any medical or surgical attention deemed necessary by
• Administer such first aid as the	teacher in charge judges to be reasonably necessary.
Signature of parent/guardian (named al	pove):
Date:	

### **Confidential Medical Information**

The School will use this information if your child is involved in a medical emergency. All information is held in confidence. This medical form must be current when the excursion/field trip is being run.

Parents are responsible for all medical costs if a student is injured on a school approved excursion unless the school is found liable (liability is not automatic). Parents can purchase student insurance cover from a commercial insurer if they wish to.

Student's full name:	
Students Address:	
Date of birth:	Home Room:
Parent/guardians full name:	
Tarenty guaranta run name.	
Name of person to contact in an emergency (if different from	the parent/guardian):
Emergency telephone number: After hours:	Business hours:
Name of Family Doctor:	
Address of family doctor:	
Medicare Number:	
Medical/Hospital insurance fund:	Member number:

Please tick if your child suffers from any of the following:
Asthma (if ticked complete Asthma Management Plan) Dizzy Spells Heart Condition
Diabetes Migraine Sleepwalking Travel sickness Fits of any type (explain)
Other:
Please elaborate if any box has been ticked:
Allergies:
Please tick if your child suffers from any of the following:
Penicillin other drugs:
Foods:
Other allergies
What are the symptoms of the known allergies?
What special care is recommended for these allergies?
Year of last tetanus immunization:
(Tetanus immunization is normally given at 5 years of age (as Triple Antigen or CDT) and at 15 years of age (as ADT))
Swimming ability
Please tick the distance your child can swill comfortably.
Cannot swim (0m) Weak swimmer (<50m) Fair swimmer (50 – 100m)
Competent swimmer (100 – 200m)  Strong Swimmer (200m+)
Medication
Is your child taking any medicine(s)? Yes No
If yes, provide the name of medication, dose and describe when and how it is to be taken.
All medication must be given to the teacher in charge. All containers must be labelled with your child's name, the dose to be taken as well as when and how it should be taken. The medications will be kept by the teacher in charge. Inform the teacher in charge if it is necessary or appropriate for your child to carry their medication (for example, asthma puffers, insulin for diabetes or Epipen for severe allergies). A child can only carry medication with the knowledge and

approval of both the teacher in charge and yourself.

### **Asthma Management Form**

The following confidential information is required to assist in the proper management of a child's asthma, if such help is needed. Please complete and attach to the Medical Consent form. Further information is available from the Asthma Foundation <a href="www.asthma.org.au">www.asthma.org.au</a>.

Student's name:
Usual signs of asthma: ☐ Wheezing ☐ Chest tightness ☐ Coughing ☐ Difficulty breathing ☐ Difficulty speaking ☐ Other please specify.
When completing this form please seek the advice of the asthmatic's doctor if necessary.
1. Usual maintenance regime or medical program followed:
Name of Medication Method (e.g. Puffer & spacer, turbohaler)
When and how much?
Does the child require assistance to take their medication? ☐ Yes ☐ No
2. Peak flow readings: BestCritical(bring own peak flow meter)
3. Signs of worsening asthma: ☐ Wheezing ☐ Chest tightness ☐ Coughing ☐ Difficulty breathing ☐ Difficulty speaking ☐ Other:
Medication and treatment to be used during worsening asthma:

4. Medication and treatment to be used during crisis situations:		
See Asthma First Aid Plan attached on page 2.		
5. List any known asthma trigger factor(s):		
6. Has the person been admitted to hospital due to asthma in the past 12 months? ☐ Yes ☐ No		
7. Has the person been on oral cortisone for asthma within the past 12 months? (e.g. Prednisolone, Cortisone, Betamethasone etc.)		
□ Yes □ No		
8. Has the person ever suffered sudden severe asthma attacks requiring hospitalisation? $\Box$ Yes $\Box$ No		
Important Notes		
If you have answered "yes" to questions 6, 7, or 8 then the decision for the person to participate rests with the child's doctor. The process in such situations is as follows:		
<ul> <li>the person's doctor or parents/guardians (if a student) may contact the school Principal for further information on the program and support available;</li> <li>a letter from the student's doctor, stating the doctor's decision must accompany this form.</li> </ul>		
I declare that the information provided on this form is complete and correct.		
Parent/guardian:		
Phone contact(s): OR		
Signatura		
Signature:		