



Friday, 6 November 2015

Australian Curriculum Health & Physical Education Swimming Program for Grade 7 & 8

Dear Parents/Guardians

Part of the Physical Education program for all students Grade 7-10 is a three-week swimming program. The program this year will take place at Glenorchy Pool and will be covering areas such as rescue techniques, safe entries and survival skills.

Water safety is an integral part of the Australian Curriculum Health & Physical Education program and it is important that all students take part. Students must take part either in a practical way (in the water) or a theoretical way (at school in the classroom). If for any medical reason your child can not participate in the pool sessions, please inform the College in writing at the email address listed below.

Teachers and instructors working with students in the pool will have a minimum qualification of a Bronze Medallion.

Students will complete the swimming program in their normal PE lessons over 3 weeks. Students will be transported to and from the Glenorchy Pool by bus and should wear appropriate swimwear which can include board shorts and rash vests, bikinis are not recommended. Goggles and caps are not compulsory at the Glenorchy Pool but goggles are a good idea. Students will be responsible for all their own gear (towel, bathers, goggles, bags etc.).

The dates and times for each class are outlined below:

Class	Date	Time
07HPEA / 7HPEB	Tuesday 17 th November	11.30 – 12.30
07HPEC / 07HPED	Thursday 19 th November	11.30 – 12.30
08HPEC / 08HPED	Thursday 19 th November	9.20 – 10.20
08HPEA / 08HPEB	Friday 20 th November	1.50 – 2.50
08HPEC / 08HPED	Monday 23 rd November	9.20 – 10.20
07HPEA / 7HPEB	Tuesday 24 th November	9.20 – 10.20
08HPEA / 08HPEB	Tuesday 24 th November	11.30 – 12.30
07HPEC / 07HPED	Thursday 26 th November	9.20 – 10.20
07HPEA / 7HPEB	Tuesday 1 st December	11.30 – 12.30
08HPEC / 08HPED	Thursday 3 rd December	9.20 – 10.20
07HPEC / 07HPED	Thursday 3 rd December	11.30 – 12.30
08HPEA / 08HPEB	Friday 4 th December	1.50 – 2.50

Informed Parent Consent:

In line with the College's Excursion Policy a thorough risk management plan, identifying and assessing the risks associated with any excursion, is completed before the approval of any excursion. The SHC Excursion Policy and Procedures can be viewed on the SHC website at www.shc.tas.edu.au (on the *Home* page, *Policies*, *SHC Policies*, *Staff – Excursions Policy and Procedures*).

Parent Permission:

Please sign and return the attached permission slip to:

1. Confirm your child's participation in the swimming program. As outlined above the swimming program forms part of the Australian Curriculum Health & Physical Education. Please contact me in writing/by email if there is a medical reason your child can not participate in the pool sessions so they can be included in the theoretical program.
2. Please complete the Medical Alert Reminder if there is any relevant medical information staff need to be aware of.
3. Please complete the details as requested to provide staff with an idea of your child's swimming ability.

We look forward to a very successful program.

Yours sincerely,

Mrs Kerri Miller
Head of Health & Physical Education
kerri.miller@shc.tas.edu.au

Permission

Health & Physical Education Swimming Program

Please return to the school office on Friday 13th November

Student Name: _____ Core Group : _____

I have read all of the information provided by the school in relation to the Health & Physical Education Swimming Program to be held at the Glenorchy Pool from 16 November to 4 December.

I give permission for my daughter/son _____ (full name) to attend.

I give my consent for my child to travel in any form of public transport deemed by the school to be necessary or desirable for the safe conduct of the excursion.

I give my consent for my child to participate in all activities, outings, trips and functions arranged as part of this event.

I have provided the school with all relevant details relating to my child's medical or physical needs and where relevant have updated this information.

Where the teacher-in-charge of the excursion is unable to contact me, or it is impracticable to contact me, I authorise the teacher-in-charge to:

- Administer such first aid as the teacher-in-charge judges to be reasonably necessary.
- Consent to my child receiving any medical or surgical attention deemed necessary by a medical practitioner.

Medical Alert Reminder: *(please complete if this applies to your child)*

Child's Name: _____ requires _____ (medication) to be taken on excursion in case of _____ (allergies, medical conditions etc.)

Consent to Take Part in Swimming or Aquatics Activities:

Please indicate your child's ability level for water based activities:

- BEGINNER - no previous swimming experience
- INTERMEDIATE - some or limited swimming experience
- ADVANCED - competent and confident swimmer

- ✓ I give my consent for my child named above to participate in swimming or aquatic activities
- ✓ I understand that school staff will be present and provide supervision for safety.
- ✓ I understand that the swimming or aquatic instructor will be in charge of the water activities.

Parent Name: _____

Signature: _____

Contact No: _____