



## Active After-school Communities

Helping kids and communities get active



Australian Government

Australian Sports Commission

## Active after School Communities (AASC) – Term 1 Martial Arts (Grade 3 - 6) & Cricket (Prep - 2)

Dear Parents/Carers,

Our programs for Term 1 Active After-School Communities (AASC) will commence in the 4<sup>th</sup> week of Term 1 on Wednesday 26<sup>th</sup> February for Grades 3 -6 and Thursday 27<sup>th</sup> February for Prep to Grade 2.

### For students in Grades 3 to 6:                      Rock & Water Fitness Program

Wednesday afternoons 3.15pm – 4.15pm

For 7 weeks starting Wednesday 26<sup>th</sup> Feb (\*)

Instructor - Paul Crennan

Location - Secondary Drama Room (entrance off Clare St)

(\*)Due to Parent Teacher Conferences there will be no After Schools program on Wednesday 5<sup>th</sup> March.

### For students in Prep to Grade 2:                      Cricket Program

Thursday afternoons 3.15pm – 4.15pm

For 7 weeks starting Thursday 27<sup>th</sup> Feb

Instructor - Paul Guinane

Location – Tennis Courts & Primary Quadrangle

Participants will be provided with a healthy after school snack but should bring their own drink bottle.

Students involved in the program will be supervised at all times and will need to meet the supervisors **Paul Crennan** or **Paul Guinane** in the Quadrangle at 3.00pm ready for each Wednesday or Thursday session.

Please return all expression of interest forms to the school office by Friday 21<sup>st</sup> February.

**THERE IS NO COST FOR THE AASC PROGRAM**

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# Active After School Communities (AASC) – Term 1 2014

Reply Slip – Please return to school by Friday 21 February

## AASC Rock & Water / Martial Arts (Grade 3 -6)

7 week program starting Wednesday 26 February

Time: 3.15pm – 4.15pm

Venue: Drama Room, Scared Heart College

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Please tick if your child would like to attend

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

## AASC Cricket (Prep - Grade 2)

7 week program starting Thursday 27 February

Time: 3.15pm – 4.15pm

Venue: School Tennis Courts & Primary Quadrangle

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Please tick if your child would like to attend

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent / Guardian Details:

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Contact Details: \_\_\_\_\_