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PA Chapter, American Academy of Pediatrics
and the University of Pittsburgh
School of Medicine, Center for Continuing
Education in the Health Sciences



**Webinar and
teleconference on
engaging patients to
improve physical activity**

Join your colleagues for a presentation by and discussion with:

Faculty: Robert Zarr, MD, MPH, FAAP, board-certified pediatrician at Unity Health Care, Inc.,
Washington, DC, and faculty-George Washington University's Milken Institute School of Public Health

Diane Kripas, Division Chief, Partnerships Division PA Department of Conservation & Natural Resources
Bureau of Recreation and Conservation Partnerships Division

Moderator: Mary Ann Rigas, MD, FAAP, board certified pediatrician Cole Medical Center Pediatrics

Topic: *Get Active-One Step at a Time!*

Date: Tuesday, June 17, 2014 Time: 12:15 - 1:30 p.m.

Intended Audience: *Pediatricians, Family Physicians, Nurse Practitioners, Physician's Assistants, Nurses, Office Managers, Office Staff*

Objectives — At the conclusion of the activity, participants should be able to:

- 1. Describe the implementation of Park Rx and review preliminary patient data**
- 2. Implement methods for patient engagement to increase physical activity**
- 3. Adapt motivational techniques to get family/children moving/adopting healthy lifestyles**
- 4. Identify Pennsylvania resources for physical activity**

Time for your questions and answers.

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of Pittsburgh School of Medicine and the Pennsylvania Chapter of the American Academy of Pediatrics. The University of Pittsburgh School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of one (1.0) *AMA PRA Category 1 Credits™*. Physician should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals are awarded (0.1) continuing education units (CEU's) which are equivalent to 1.0 contact hours.

Faculty for this activity have been required to disclose all relationships with any proprietary entity producing health care goods or services, with the exemption of non-profit or government organizations and non-health care related companies.

The speakers do not have any relevant financial relationships with commercial entities to disclose.

This webinar is supported a grant from the Pennsylvania Department of Health. Webinar content does not necessarily represent the official views of the PA AAP or the PA Department of Health.

We encourage participation by all individuals. Advance notification of any special needs will help us better serve you. Please notify us of your needs at least two weeks in advance of the program.

Speaker handouts for webinar/teleconference: Handouts will be posted on the PA AAP website (www.paaap.org) by June 10, 2014 If you are participating by webinar, handouts will be presented live.

Fax (484-446-3255) or e-mail (paaap@paaap.org) the registration form to reserve a space.

PA Chapter AAP, Rose Tree Corp. Ctr. II, 1400 N. Providence Rd, Ste. 3007, Media, PA 19063. **Phone:** (484) 446-3000

Fax: (484) 446-3255 **E-mail:** icolon-burchette@paaap.org **Website:** www.paaap.org

**“Let’s Talk” Webinar & Teleconference: Get Active-One Step at a Time!
Registration Form**

Webinar link and teleconference number will be emailed prior to the event.

Date: **Tuesday, June 17 2014**

Time: **12:15 - 1:30 PM**

Fax this registration form to **484-446-3255** or email to **icolon-burchette@paaap.org**

Name (Print Clearly): _____ (Circle) MD DO RN MA CRNP PA

Practice Name : _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

County: _____ Telephone: _____ Fax: _____

E-mail: _____

Number of participants expected to join this presentation from my practice:

___ Pediatricians ___ Family Physicians ___ CRNPs ___ PAs ___ Nurses ___ Office Managers ___ Office Staff

___ School Nurses ___ Other

My practice will join by:

___ teleconference (via phone only and we will download print handouts from
PA AAP website beforehand)

___ webinar (via one computer connection only with sound accessible via phone)

**Specific questions you would like to see addressed by the speaker on this webinar/
teleconference:**

**The handouts and evaluation form for CME will be available on the PA AAP website by
June 10, 2014 at www.paaap.org.**

For Osteopathic Continuing Education Credit: Submit a copy of the CME credit certificate along with the AOA Individual Certification Form (<http://www.aoa-net.org/CME/formindiv.pdf>) to the AOA Division of CME, 142 E. Ontario St., Chicago, IL 60611.

This webinar/telephone conference is part of a series offered by PA Chapter, American Academy of Pediatrics on clinical and practice management topics.

For more information about this telephone conference, please contact Iris Colon:
Pennsylvania Chapter of the American Academy of Pediatrics (PA AAP)
Rose Tree Corporate Center II, 1400 North Providence Road, Suite 3007, Media, PA 19063
Phone: 484-446-3011 Fax: 484-446-3255 Email: icolon-burchette@paaap.org