



ARROWHEAD CAMP SWIM PROGRAM



All campers receive swimming instruction. This year we are offering the updated **Red Cross Swim** program (as opposed to the old Aqua Quest program). Campers who have not completed the Red Cross Swim program will be enrolled at the appropriate level according to a conversion chart provided by the Red Cross. You can learn more about this new program by visiting the Red Cross Swim website at

<http://www.redcross.ca/article.asp?id=017282&tid=001>

Campers who have already completed their Red Cross swimming levels participate in Lifesaving Society programs and Arrowhead designed programs to help them maintain and improve their swimming skills and endurance. We also offer Bronze Medallion and Bronze Cross classes, although it is normally difficult to complete these in two weeks.

In order to help our swim staff organize their classes, we appreciate receiving this information before your child(ren) arrive at camp. Be assured that if you do not know what level your child(ren) already has, the staff will screen them on the first day and place them accordingly.

Please return the completed swim form to camp by June 1st.

CAMPER SWIMMING INFORMATION

**Please be specific when indicating if your child(ren)s last completed level was in the Aqua Quest or Red Cross Swim program. If it was an Aqua Quest level, we will do the conversion into Red Cross Swim for you.*

NAME OF CAMPER	AGE	LAST SWIMMING LEVEL COMPLETED

Only campers whose parents have signed the waiver below will be exempt from swimming and swimming instruction at Camp.

I do not wish my child(ren) to participate in swimming instruction at Arrowhead Camp.

Reason: _____

Name of Parent/Guardian (please print): _____

Signature of Parent/Guardian: _____

Date: _____

