

8TH JSKA WORLD KARATE CHAMPIONSHIP

11 - 17 JULY 2016

Swakopmund, Namibia

JAPAN SHOTOKAN KARATE ASSOCIATION

JSKA

日本松涛館空手協会

www.jskanamibia.com



WELCOMING MESSAGE FROM THE HOST WILLEM BURGER



It is indeed an honour and a pleasure to welcome traditional Karate supporters and competitors from across the world to the 8th JSKA World Championship hosted in Swakopmund, Namibia. We thought it prudent to host the championship in Swakopmund, which is the holiday destination of choice at the Namibian Central Coast. We are excited at the prospect of hosting an event which will live long in the hearts and minds of all who take part.

Karate is one of the fastest growing sporting codes in Namibia. Not only are the numbers growing, but we also see a distinct improvement on the technical standard countrywide year on year. We see this event as an ideal opportunity not only to promote our uniquely beautiful and diverse country with its friendly people to the rest of the world, but also as an opportunity to showcase the skills and standard of Namibia karate to the continent of Africa and the rest of the world.

We thank Keigo Abé sensei and the JSKA shihankai for entrusting Namibia Shotokan Karate Academy to host this prestigious event.

May this event not only set the stage for the display of world class karate, but also serve as a platform where friendships are refreshed and new everlasting friendships are forged amongst all those part of the karate family.

Thank you all for blessing us with your presence. Enjoy Namibia and we wish you a safe journey home. Hope to see you all back soon in our beloved country Namibia.



8th JSKA World Championships 11 - 17 July 2016 | Swakopmund, Namibia



The Japan Shotokan Karate Association was founded in Japan on the 10th of February 1999 by instructor ABE Keigo.

ABE Sensei trained for three decades under NAKAYAMA Masatoshi Sensei, a student of FUNAKOSHI Gichin Sensei, the founder of modern Shotokan Karate-do, originating in Okinawa.

ABE Sensei's teaching is based on traditional Shotokan style but also includes ABE Sensei's unique style.

ABE Sensei has also taught and influenced some of the top Japanese instructors in the world to day, and headed numerous delegations in around 50 countries for the JSKA and the Japanese government. ABE Sensei is also one of the few Karate-ka to have refereed in the presence of the Emperor of Japan during a Japan national tournament. This is indeed a great honor in Japan and only highly respected Karate-ka might ever attain such a level of recognition.

ABE Sensei has a great understanding of Karate history and philosophy through the formation and development of Shotokan style into what he perceives the future has to offer: "I feel that today's Karate is centered only on winning competitions and everyone trains towards this end. But this is very far from the true purpose of Karate.

I believe that the true purpose of Karate lies in daily training with a goal to develop in parallel a strong body and mind and furthermore to contribute to society in general; the Karate-do we practice has for essential purpose to attain a correct control of body and mind". ABE Sensei established the JSKA to realize what he himself sees as the true purpose of Karate.

The JSKA Karate philosophy is to

- Improve technique as a sport
- Enjoy Karate practice as a means for developing a healthy body and mind.
- Learn self-defense as a martial art



CHAMPIONSHIP SCHEDULE OF EVENTS

Wednesday - 13 July 2016

- Arrival of teams and officials
- Registration - numbers and information packs to all
- Masters training course
- Dan examination conducted by Abe sensei

Thursday - 14 July 2016

- Masters training course
- Referee course
- Table official course
- Coaches meeting

Friday - 15 July 2016

- Elimination and finals of individual categories Kata/Kumite
- Elimination and finals of team categories Kata/Kumite
- Awards Ceremony

Saturday - 16 July 2016

- Opening Ceremony – Official march-on
- Elimination and finals of individual categories Kata/Kumite
- Elimination and finals of team categories Kata/Kumite
- Awards Ceremony

Sunday - 17 July 2016

- All teams depart





GENERAL INFORMATION

Responsible Organisation

Namibia Shotokan Karate Academy

Windhoek - Namibia

Tel: +264 61 251 921

Fax: +264 61 251 921

Cell: +264 (0) 81 610 8448

Host

Willem Burger (Namibia Shotokan Karate Academy Chief Instructor – 6th Dan)

Tel: +26461 251921; Cel: +264 (0) 81 610 8448; E-mail: willemburger30@gmail.com

Championship Venue

Swakopmund Indoor Sport Centre



Swakopmund is the playground of Namibia. It is a holiday destination for tourists and locals alike looking to escape the heat of the interior and in search of a little adventure. The city itself resembles a small German town and manages to create a feeling of timelessness with its palm-lined streets, seaside promenades, restaurants, cafes, art galleries and museums. Whilst there is plenty to do within city limits, the real action happens in the desert surrounding Swakopmund.



GENERAL INFORMATION (continue)

Quad-biking, sand-boarding, sand-skiing, parasailing and dozens of other guided adrenaline inducing activities are available by reservation of the adventure companies operating in the area. At the nearby Walvis Bay, visitors can join dolphin cruises or explore the lagoon on a kayak tour.

Language

English, German, Afrikaans, Oshiwambo, Rukwangari, Silozi, Otiherero, Damara, Nama, Khisan and Setswana

Literacy

The current literacy rate in Namibia is approximately 83%, one of the highest in Africa

Religion

Freedom of religion. Approximately 90% of the population is Christian

Currency

The Namibia Dollar (N\$) – The Namibian Dollar and the South African Rand are the only legal tender in Namibia and can be used to purchase goods and services

Time zone

Namibia, time zone - WAT (West Africa Time) UTC/GMT + 1 hour

Climate

This is Africa and the beautiful sunny weather reflects it. Just as Namibia is abundant with contrasting geography, equivalent climatic differences do apply depending on your location. Swakopmund will be cool and in June to July temperatures will range from 9 - 24°C (48 - 75 °F).

Nights can be chilly but days are generally warm and pleasant.

GENERAL CHAMPIONSHIP INFORMATION

Masters Training course

The training courses are under direction of Keigo Abe sensei (9th dan) one of the most prominent karate masters in the world, assisted by the JSKA shihankai.

JSKA Referee Course

The referee and judges course is directed by Keigo Abe sensei and the shihankai

Referee wear

All officials to wear the official JSKA attire (navy (dark blue) jacket; grey trousers, short-sleeved white shirt, JSKA tie and personal whistle)



Competitor Wear

- All competitors must wear a clean, white karate suit with the ankle and wrist bones clearly visible and the belt of rank.
- Gumshield and white handmitts (maximum 1,5cm in thickness) are compulsory for all kumite
- All contestants must wear groin protectors (for males) and chest guards for (females)

Arbitration

- Keigo Abe sensei will be the Technical Director of this championship
- Wikus Oberholster sensei will be the Head/Chief Referee
- Each delegation may send maximum referees, judges and table official

Championship

- Will be run on six tatamis
- The competition is regulated by the JSKA official rules
- Each delegation must provide its national flag for display in the arena

Awards

Awards will be given only to 1st, 2nd and 3rd placings

Medical Matters

Officially appointed medical staff will be present to administer first aid. The medical staff retain the right to decide whether or not an injured competitor may continue competing or whether they should withdraw from the event. Each competitor and official must arrange their own health care and insurance, and are responsible for their own healthcare. The event organisers, staff, JSKA Japan and Namibia Shotokan Karate Academy will not accept any responsibility for injury, illness, loss of personal effects or any situation outside their control.

Insurance

It is recommended that all participants take travel insurance to include medical accident, cancellation and curtailment and personal liability insurance. This could be purchased from your local agent.

Indemnity

The event organiser or the association (JSKA Japan / Namibia Shotokan Karate Academy) are not responsible for any injury that may occur during the championship itself or injuries en-route to Namibia or during your stay in Namibia.



PARTICIPATION FEES

Full Package - £150

- Participation of masters course on Wednesday
- Participation of masters course on Thursday
- Participation of Referees/Table Official course on Thursday
- Entrance to the JSKA 8th World Karate Championship (Friday and Saturday)

Cost covers entry for 1 x Kata, 1 x Kumite, 1 x team Kata, 1 x team Kumite

Master, Referee and Table Official Courses Only - £70

- Participation of masters course on Wednesday
- Participation of masters course on Thursday
- Participation of Referees/Table Official course on Thursday

Family and Spectators

Spectator entry for the Wednesday and Thursday courses as well as spectator entry for Friday and Saturday

- £15 for Spectators ≥ 16 years
- £10 for Spectators 6 – 15 years
- Children 5 years and under free

Registration

All participants of the courses, championship and accompanying family members must pre-register using the registration forms on the website www.jskanamibia.com

Registration **must be paid** in advance and full proof of payment must be sent to Namibia Shotokan Karate Academy together with all registration forms (willemburger30@gmail.com).

The event organiser or the association (JSKA Japan / Namibia Shotokan Karate Academy) accepts no responsibility if the monies fail to be transferred to the championship organisation.

FINAL DATE OF REGISTRATION: Friday 28th May 2016

There will be a 10% surcharge on all late registrations after 28th May 2016



PAYMENT POLICY

- Please note that all payments are non-refundable
- Please transfer all monies to the account below:

Bank : First National Bank
Account name: Shotokan Karate Academy Namibia
Account Number: 62254851051
Branch code: 281479
Swift Code: FIRNNANX

- Please forward a copy of the bank transaction to:
E-mail: willemburger30@gmail.com or
Fax: +264 61 251 921

TRAVEL AND ACCOMMODATION

Travel & Tour Options

Abenteuer Travel Management Agency CC t/a Travel Lounge is an affiliated company of Abenteuer Afrika Safari CC.

Founded in 1993, Abenteuer Afrika Safari has become Namibia's leading Destination Management Company. The company has extensive expertise in Incentive Travel, Conferences, Specialized Group Tours, Event Management, Private Luxury Travel, Cruise Ship Shore Excursions, Fly-in Safaris, and Luxury Tented Camps. Exhaustive product knowledge, years of experience and great supplier relations translate directly into a fast, accurate and professional customer service. Due to their vast experience they can offer all participants and visitors to the World Cup well-priced and convenient accommodation packages (In: 10 July, Out: 18 July).

Travel Information

Swakopmund is Namibia's premier holiday resort. The palm-lined seaside promenades and beautiful examples of German colonial architecture invite to a stroll through the village. Swakopmund offers a wide selection of opportunities to relax, but also available are various tours and recreational activities. Attractions include, but are not limited to The Swakopmund Museum, the National Marine Aquarium, the Kristall Gallery, and a spectacular sand dune belt as well as the Moon Landscape located just outside of the town.

Swakopmund is situated in the Namib Desert at the Atlantic Ocean with its cold Benguela current. Due to its location, Swakopmund enjoys a temperate climate with average temperatures ranging between 15°C (59°F) to 25°C (77°F).



Visa Requirements

Your delegation to the 8th JSKA World Karate Championship may be required to show a visa upon entering Namibia. For further information regarding visa requirements, please contact the Namibian High commission in your country.

Pre & Post Tours and Day Tours

Half and Full Day Tours

Living Desert, Welwitschia and Moon Landscape half and full day tours

Township Tours

Sand boarding, quad-biking, sky-diving, horse-riding, kayaking, scenic flights, etc

For those wanting to experience some of the vast open spaces, deserts with towering red dunes and wildlife which Namibia is famous for, Abenteuer Afrika Safari offers various pre and post tours. Swakopmund is Namibia's adventure capital: There is a wealth of activities for those not participating in the World Cup to enjoy their time at Namibia's Atlantic Coast:

Pre or Post Tours

Etosha's Wildlife Overland Tour, accommodated or camping, 2 nights/ 3 days, min 4 guests

Sossusvlei Overland Tour, accommodated or camping, 2 nights/ 3 days, min 4 guests

The coolest experience in the hottest destination
ABENTEUER AFRIKA SAFARI



Abenteuer Afrika Safaris & Travel Lounge

Elna van Schalkwyk

Manager: TRAVEL LOUNGE

Email: manager@travellounge.com.na

Tel: +264 - 64 - 402980 / Fax: +264 - 64 - 402026 / Emergency number: +264 - 81 142 6980

Dianne Orban

Owner: Abenteuer Afrika Safari / Travel Lounge

Email: dorban@abenteuerafrika.com

Tel: +264 64 404030 / Fax: +264 64 463048

Travel Packages

➤ **Budget Self-Catering Package**

Includes:

8 nights accommodation on a self-catering basis

Return Transfer Airport Walvis Bay – accommodation in Swakopmund

Meet & greet at Walvis Bay Airport by Abenteuer Afrika Safari

Daily shuttle between accommodation and venue (7 days)

Excludes:

Any International or national flights

Meals not specified, drinks

Items of a personal nature such as laundry, telephone calls, etc

Porterage and tips

Entry fees

Municipal Restcamp Swakopmund

Cost: **from**NAD 4.170 per person sharing twin room, different categories available

Cost: **from**NAD 3.165 per person sharing a 2 bedroom unit (4 guests), different categories available

Cost subject to category

➤ **2 Star Package**

Includes:

8 nights accommodation in a standard room on a bed & breakfast basis

Return Transfer Airport Walvis Bay – accommodation in Swakopmund

Meet & greet at Walvis Bay Airport by Abenteuer Afrika Safari

Daily shuttle between accommodation and venue (7 days)

Excludes:

Any International or national flights

Meals not specified, drinks

Items of a personal nature such as laundry, telephone calls, etc

Porterage and tips

Entry fees

AlteBruecke Resort & Conference Centre or similar

Cost: NAD 6.250 per person sharing twin room

Cost: NAD 5.499 per person sharing a 2 bedroom unit (4 guests)

Orange House B&B Guest House or similar

Cost: NAD 4.479 per person sharing a twin room

The coolest experience in the hottest destination
ABENTEUER AFRIKA SAFARI

➤ **3 Star Package**

Includes:

8 nights accommodation in a standard room on a bed & breakfast basis
Return Transfer Airport Walvis Bay – accommodation in Swakopmund
Meet & greet at Walvis Bay Airport by Abenteuer Afrika Safari
Daily shuttle between accommodation and venue (7 days)

Excludes:

Any International or national flights
Meals not specified, drinks
Items of a personal nature such as laundry, telephone calls, etc
Porterage and tips
Entry fees

Hotel Europa Hof or similar

Cost: NAD 6.759 per person sharing a twin room

Atlantic Villa Guest House or similar

Cost: NAD 9.529 per person sharing twin room

Transfer from Windhoek International Airport

Surcharge on the above packages for a public shuttle return transfer and meet and greet by Abenteuer Afrika Safari from Windhoek Hosea Kutako International Airport to Swakopmund: NAD 1.182 per person sharing (2 guests)

A note on Availability

All rates are subject to availability. Please note that Swakopmund offers a fine, but limited array of accommodation. The accommodation establishments typically have less than 20 rooms. Should the above accommodation suggestions not be available a choice of others is available at similar rates. Early reservation is essential, especially to assure first choice of accommodation.

Flight details:

Frankfurt – Walvisbay – Frankfurt

Fare: EUR370 per person (excl. airport tax)

Zurich – Walvisbay – Zurich

Fare: EUR353 per person (excl. airport tax)

Tokyo – Walvisbay – Tokyo

Fare: EUR371 per person (excl. airport tax)

Rome – Windhoek – Rome

Fare: EUR408 per person (excl. airport tax)

Lisbon – Windhoek – Lisbon

Fare: EUR274 per person (excl. airport tax)

Zagreb – Windhoek – Zagreb

Fare: EUR611 per person (excl. airport tax)

➤ **4 Star Package**

Includes:

8 nights accommodation in a standard room on a bed & breakfast basis
Return Transfer Airport Walvis Bay – accommodation in Swakopmund
Meet & greet at Walvis Bay Airport by Abenteuer Afrika Safari
Daily shuttle between accommodation and venue (7 days)

Excludes:

Any International or national flights
Meals not specified, drinks
Items of a personal nature such as laundry, telephone calls, etc
Porterage and tips
Entry fees

Strand Hotel or similar

Cost: NAD 13.040 per person sharing twin room

Paris – Windhoek – Paris

Fare: EUR611 per person (excl. airport tax)

JNB – WVB – JNB

Fare: ZAR1069 per person (excl. airport tax)

CPT – WVB – CPT

Fare: ZAR1069 per person (excl. airport tax)

DUR – WVB – DUR

Fare: ZAR2397 per person (excl. airport tax)

PLZ – WVB – PLZ

Fare: ZAR2959 per person (excl. airport tax)

All quotes are valid on day of quote only and subject to change due to class availability and currency fluctuations.

Travel Information Packs

On receipt of your travel details, you will receive travel details.



TECHNICAL SPECIFICATIONS AND CHAMPIONSHIP CATEGORIES

The Championships is divided into six divisions. These divisions are determined by the age of the contestant on the first day of the championship (15/07/2016). Contestants that qualify for a certain division on the first day of the championship are allowed to compete in the same division for the rest of the competition. Proof of age must be available on request and failing to do so will lead to the disqualification of such a contestant.

Each division is divided into events which include kata, individual kihon kumite (only in the junior divisions), jiyu kumite (free style), team kumite and team kata. **The organizing committee reserves the right to join events at their discretion.**

Please take note of the technical specifications and requirements of each division. These are not negotiable and no changes to these will be entertained.

Divisions:

- Division A – Junior Individual and Teams (Between 8 and 15 years old)
- Division B – Youth Individual and Teams (Between 16 and 21 years old)
- Division C – Senior Individual and Teams (Between 22 and 34 years old)
- Division D – Veteran Individuals (Between 35 and 49 years) and Veterans and Masters Teams (35 years and older)
- Division E – Masters Individual (50 Years and Older)
- Division F – Open Kata and Kumite

DIVISION A – JUNIOR INDIVIDUAL EVENTS (BETWEEN 8 AND 15 YEARS OLD)

Event 1: Boys 8 years old	Kata	Event 17: Boys 8 years old	Sanbon Kumite
Event 2: Girls 8 years old	Kata	Event 18: Girls 8 years old	Sanbon Kumite
Event 3: Boys 9 years old	Kata	Event 19: Boys 9 years old	Sanbon Kumite
Event 4: Girls 9 years old	Kata	Event 20: Girls 9 years old	Sanbon Kumite
Event 5: Boys 10 years old	Kata	Event 21: Boys 10 years old	Kihon Ippon Kumite
Event 6: Girls 10 years old	Kata	Event 22: Girls 10 years old	Kihon Ippon Kumite
Event 7: Boys 11 years old	Kata	Event 23: Boys 11 years old	Kihon Ippon Kumite
Event 8: Girls 11 years old	Kata	Event 24: Girls 11 years old	Kihon Ippon Kumite
Event 9: Boys 12 years old	Kata	Event 25: Boys 12 years old	Kihon Ippon Kumite
Event 10: Girls 12 years old	Kata	Event 26: Girls 12 years old	Kihon Ippon Kumite
Event 11: Boys 13 years old	Kata	Event 27: Boys 13 years old	Jiyu Ippon Kumite
Event 12: Girls 13 years old	Kata	Event 28: Girls 13 years old	Jiyu Ippon Kumite
Event 13: Boys 14 years old	Kata	Event 29: Boys 14 years old	Jiyu Ippon Kumite
Event 14: Girls 14 years old	Kata	Event 30: Girls 14 years old	Jiyu Ippon Kumite
Event 15: Boys 15 years old	Kata	Event 31: Boys 15 years old	Jiyu Ippon Kumite
Event 16: Girls 15 years old	Kata	Event 32: Girls 15 years old	Jiyu Ippon Kumite
Event 33: Boys 10 years old	Jiyu Kumite	Event 39: Boys 13 years old	Jiyu Kumite
Event 34: Girls 10 years old	Jiyu Kumite	Event 40: Girls 13 years old	Jiyu Kumite
Event 35: Boys 11 years old	Jiyu Kumite	Event 41: Boys 14 years old	Jiyu Kumite
Event 36: Girls 11 years old	Jiyu Kumite	Event 42: Girls 14 years old	Jiyu Kumite
Event 37: Boys 12 years old	Jiyu Kumite	Event 43: Boys 15 years old	Jiyu Kumite
Event 38: Girls 12 years old	Jiyu Kumite	Event 44: Girls 15 years old	Jiyu Kumite

Technical Clarification Junior Individual Kata:

- 1) Both competitors will perform the kata simultaneously and the winner will be determined by a show of flags
- 2) Changes to the basic Shotokan kata are not allowed
- 3) Judging will be done in terms of **“Chapter 4 – Kata Events, Section 3 - Criteria for Judging”, as per the JSKA Tournament Rules & Regulations”**

Events 1 – 4 – Junior Individual Kata Events

Heian 1 or 2 may be nominated by the head judge in all preliminary rounds using the **flag system**. Last four (4) contestants may perform any kata (kata of choice) in the final rounds and the winners are decided by using the **point system**.

Events 5 – 10 - Junior Individual Kata Events

Heian 1, 2 or 3 may be nominated by the head judge in all preliminary rounds using the **flag system**. Last four (4) contestants may perform any kata (kata of choice) in the final rounds and the winners are decided by using the **point system**.



Events 11 – 16 - Junior Individual Kata Events

Heian 1, 2, 3, 4 or 5 may be nominated by the head judge in all preliminary rounds using the **flag system**. Last four (4) contestants may perform any kata (kata of choice) in the final rounds and the winners are decided by using the **point system**.

GENERAL TECHNICAL CLARIFICATION FOR ALL JUNIOR INDIVIDUAL KIHON KUMITE EVENTS:

Judging of bouts will be based on form similar to Kata events **IN ADDITION** mastery of distance

- 1) Proper manners
- 2) Eye contact, poise and readiness
- 3) Form of attacks – spirit, speed, focus, technique and distancing
- 4) Form of blocks – effectiveness, technique, spirit
- 5) Counter attack – effectiveness, distancing, spirit
- 6) Basic techniques will receive more credit
- 7) Effectiveness of defense and offensive techniques will determine the winner
- 8) The winner will be determined by the Judges show of flags. **Draws are not allowed.**
- 9) White mitts must be worn by all contestants for all forms of kumite (Sanbon, Kihon Ippon, Jiyu Ippon)
- 10) All contestants **must wear** groin protectors (for boys) and chest protectors for (girls)
- 11) **The following is prohibited:**
 - a) *Faking a movement in order to have the opponent move, then attack that opponent,*
 - b) *Lunging the body towards the opponent or taking more than one basic step forward to attack,*
 - c) *The attack must follow a straight line forward and not follow the opponent who may have moved prior to completion of the attack,*
 - d) *Withdrawing the hand executing the attack too quickly (Kihon Ippon; Jiyu Ippon)*
 - e) *No changing of pace/rhythm by the attacker - Rushing of techniques or timing manipulations during attacks (Sanbon)*
 - f) **On attack, no contact is allowed**
 - g) **On defense, no contact to opponent except to execute blocking technique**

Events 17 – 20 – Junior Individual Sanbon Kumite Events

Sanbon kumite to be done in all rounds

Both contestants face each other in natural stance Yoi (shizen tai) position, one standing on the red (aka) line and one standing on the white (shiro) line. The attacking side (aka) begins by stepping back with the right foot into a front stance (kamae), downward block (hidari zenkutsu-dachi, gedan-barai) position. Shiro awaits the attack in Yoi position. Aka then nominates "Sanbon", Shiro acknowledges by confirming "Sanbon". Aka then attacks jodan with Oi-zuki, followed by a chudan Oi-zuki and lastly a chudan Mae-geri. Shiro steps straight back (linear) with the right foot and defends the jodan attack with a left (migi) Age-uke, then steps straight back (linear) and defends the chudan attack with a Soto-uke and steps **straight back or steps-out 45°** defends the mae-geri attack with a Gedan-barai, followed with a Gyaku-zuki counter attack. **Note: the defender is only allowed to step-out 45° for the mae-geri attack.** Both contestants returns to Yoi. Shiro will now attack in the same fashion as Aka. Aka will defend in the same fashion as Shiro. All above attacks are done with the right hand and the right foot. All attacks, blocks and counters to be **locked**. The hand executing the attack must be locked and the hand executing the counter attack may not be withdrawn and must be "locked".

Events 21 – 26 – Junior Individual Kihon Ippon Kumite Events

Kihon Ippon Kumite to be done in all rounds (Jodan, chudan, mae-geri, mawashi-geri)

Both contestants face each other in natural stance Yoi (shizen tai) position, one standing on the red (aka) line and one standing on the white (shiro) line. The attacking side (aka) begins by stepping back with the right foot into a front stance (kamae), downward block (hidari zenkutsu-dachi, gedan-barai) position. Shiro awaits the attack in Yoi (shizen tai) position. Aka then nominates "Jodan". Aka then attacks jodan with Oi-zuki. Shiro will defend with Age-uke and counter with a Gyaku-zuki. Both contestants return to Yoi (shizen tai) position. Shiro will now step back with with the right foot into a front stance (kamae) downward block (hidari zenkutsu-dachi, gedan-barai) position, and nominate "Jodan" and attack jodan with Oi-zuki. Aka will defend with Age-uke and counter with a Gyaku-zuki. Chudan with Oi-zuki will follow then Mae-geri and lastly Mawashi-geri. All above attacks are done with the right hand and the right foot. Tai-sabaki may be included when doing all defences (Jodan, chudan, mae-geri, mawashi-geri). Criteria for decision will be specific as outlined in the **"Appendix of the JSKA – Tournament Rules & Regulations no. 1"**.

Events 27 – 32 – Junior Individual Jiyu Ippon Kumite Events

Jiyu Ippon Kumite to be done in all rounds (Jodan, chudan, mae-geri, kekomi, mawashi-geri)

When called, the two constants move to their designated starting positions (one on AKA and one on SHIRO), and bow to each other. Both contestants then face each other in natural stance Yoi (shizen tai) position, one standing on the red (aka) line and one standing on the white (shiro) line. On the "hajime" command of the "head judge", both contestants step forward in jiyu kamae (fighting stance). Shiai-type "bouncing" is inappropriate. Aka nominates jodan and attacks jodan with an Oi-zuki, aiming just below the nose or the lower part of the chin and must arrest/freeze the attack for a reasonable time (it is prohibited to withdraw the attacking limb too quickly). On attack, no contact is allowed. Shiro may use any kind of blocking technique, and may use a single counter attack to any target area (jodan/chudan) - body shifting may be used. After the above block and counter attack sequence has been completed, the competitors remain in jiyu kamae and return to their starting positions. Now the attack is alternated and Shiro attacks jodan in the same fashion as above with Aka blocking and countering. Further attacks with blocks and counter attacks are done with the attacking side changing after each sequence of attacking and blocking to: chudan oi-zuki, mae-geri; kekomi and mawashi-geri. All above attacks are done with the right hand and the right foot. Criteria for decision will be specific as outlined in the **"Appendix of the JSKA – Tournament Rules & Regulations no. 2"**.



Events 33 – 44 – Junior Individual Jiyu Kumite Events

Jiyu kumite will be done all rounds. Mouth guards (gum guards) and guards for the hands (white mitts) are compulsory and must be worn by both contestants during all rounds. All contestants **must wear** groin protectors (for boys and men) and body protectors for (girls and women). The scoring system to be used will be Point Match or Ippon Shobu. Criteria for decision will be specific as outlined in **“Chapter 3 – Kumite Events, Sections 1 – 14, as per the JSKA Tournament Rules & Regulations”**

Division A – Junior Team Events

Event 45: Boys 8/9 years old	Kata		
Event 46: Girls 8/9/ years old	Kata	Event 51: Boys 10/11/12 years old	Jiyu Kumite
Event 47: Boys 10/11/12 years old	Kata	Event 52: Girls 10/11/12 years old	Jiyu Kumite
Event 48: Girls 10/11/12 years old	Kata	Event 53: Boys 13/14/15 years old	Jiyu Kumite
Event 49: Boys 13/14/15 years old	Kata	Event 54: Girls 13/14/15 years old	Jiyu Kumite
Event 50: Girls 13/14/15 years old	Kata		

Technical Clarification Junior Team Kata Events:

- 1) Team kata must be performed by 3 boys or 3 girls of which all are within the age group
- 2) Any Shotokan kata may be done and repeated
- 3) Unnatural breathing will be penalized
- 4) Changes to the basic Shotokan kata are not allowed

Events 45 – 50 – Junior Team Kata Events

Team kata must be performed by 3 boys or 3 girls of which all are within the age group. Any Shotokan kata may be done and repeated. Flag system is used to determine the final 4 winners. Last four (4) contestants may perform any kata (kata of choice) in the final rounds and the winners are decided by using the **point system**.

Technical Clarification Junior Team Kumite Events

- 1) Team kumite must be performed by 3 boys or 3 girls of which all are within the age group
- 2) Proper manners
- 3) Eye contact, poise and readiness
- 4) Form of attacks – spirit, speed, focus, technique and distancing
- 5) Form of blocks – effectiveness, technique, spirit
- 6) Counter attack – effectiveness, distancing, spirit
- 7) Basic techniques will receive more credit
- 8) Effectiveness of defense and offensive techniques will determine the winner
- 9) The winner will be determined by a show of flags. **Draws are not allowed**
- 10) White mitts must be worn by all contestants for all forms of kumite
- 11) All contestants **must wear** groin protectors (for boys) and chest protectors for (girls)

Events 51 – 54 – Junior Team Kumite Events

Team kumite must be performed by 3 boys or 3 girls of which all are within the age group. The sequence in which the contestants within a team partake has to be determined before the bout starts. (Refer to individual; events for technical specifications).

INDEMNITY:

Each contestant must carry his/her own healthcare cover and is responsible for his/ her own healthcare.

The event organisers, staff and JSKA Namibia and JSKA Japan, will not accept any responsibility for injury, loss of personal affects, illness or other situations out of their control

DIVISION B – YOUTH INDIVIDUAL EVENTS (BETWEEN 16 AND 21 YEARS OLD)

Event 55: Men 16/17	Kata	Event 61: Men 16/17	Jiyu Kumite
Event 56: Women 16/17	Kata	Event 62: Women 16/17	Jiyu Kumite
Event 57: Men 18/19	Kata	Event 63: Men 18/19	Jiyu Kumite
Event 58: Women 18/19	Kata	Event 64: Women 18/19	Jiyu Kumite
Event 59: Men 20/21	Kata	Event 65: Men 20/21	Jiyu Kumite
Event 60: Women 20/21	Kata	Event 66: Women 20/21	Jiyu Kumite

Technical Clarification Youth Individual Kata:

- 1) Both contestants will perform the kata simultaneously and the winner will be determined by a show of flags
- 2) Changes to the basic Shotokan kata are not allowed
- 3) Judging will be done in terms of **“Chapter 4 – Kata Events, Section 3 - Criteria for Judging”, as per the JSKA Tournament Rules & Regulations”**



Events 55 – 60 – Youth Individual Kata Events

Heian 1, 2, 3, 4, 5 or Tekki 1 may be nominated by the head judge in all preliminary rounds until the last 16 is selected using the flag system. 2nd Round (Semifinal) last 16 may only do Bassai-dai, Jion, Empi or Kanku-dai to get to the last 4 (Final) using the flag system. Last four (4) contestants may perform any kata (kata of choice) in the final rounds and the winners are decided by using the **point system**.

Technical Clarification Youth Individual Kumite Events

- 1) Jiyu kumite will be done all rounds.
- 2) Mouth guards (gum guards) and guards for the hands (white mitts) are compulsory and must be worn by both contestants during all rounds.
- 3) All contestants must wear groin protectors (for men) and chest protectors (for women)
- 4) The scoring system to be used will be Point Match or Ippon Shobu.
- 5) Criteria for decision will be specific as outlined in **“Chapter 3 – Kumite Events, Sections 1 – 14, as per the JSKA Tournament Rules & Regulations”**

Events 61 – 66 – Youth Individual Kumite Events

Jiyu kumite will be done all rounds. The scoring system to be used will be Point Match or Ippon Shobu

DIVISION B – YOUTH TEAM EVENTS (BETWEEN 16 AND 21 YEARS OLD)

Event 67: Men 16/17		Kata	Event 73: Men 16/17	Jiyu Kumite
Event 68: Women 16/17	Kata		Event 74: Women 16/17	Jiyu Kumite
Event 69: Men 18/19		Kata	Event 75: Men 18/19	Jiyu Kumite
Event 70: Women 18/19	Kata		Event 76: Women 18/19	Jiyu Kumite
Event 71: Men 20/21		Kata	Event 77: Men 20/21	Jiyu Kumite
Event 72: Women 20/21	Kata		Event 78: Women 20/21	Jiyu Kumite

Technical Clarification Youth Team Kata Events:

- 1) Team kata must be performed by 3 men or 3 women of whom all are within the age group (youths)
- 2) Any Shotokan kata may be done and repeated
- 3) Unnatural breathing will be penalized.
- 4) Changes to the basic Shotokan kata are not allowed

Events 67 – 72 – Youth Team Kata Events

Team kata must be performed by 3 men or 3 women of whom all are within the age group (16-21 years). Any Shotokan kata may be done and repeated. Flag system is used to determine the last 4 winners, thereafter the **point system is used to determine the final winners**

Technical Clarification Youth Team Kumite Events

- 1) Jiyu kumite will be done all rounds
- 1) Mouth guards (gum guards) and guards for the hands (white mitts) are compulsory and **must be worn** by both contestants during all rounds
- 2) All contestants **must wear** groin protectors (for men) and chest protectors (for women)
- 3) The scoring system to be used will be Point Match or Ippon Shobu

Events 73 – 78 – Youth Team Kumite Events

Team kumite must be performed by 3 men or 3 women of which all are within the age group (16-21 years). The sequence in which the contestants within a team partake has to be determined before the bout starts. (Refer to individual; events for technical specifications).

DIVISION C – SENIOR INDIVIDUAL EVENTS (BETWEEN 22 AND 34 YEARS OLD)

Event 79: Men 22 to 34 years	Kata	Event 81: Men 22 to 34 years	Jiyu Kumite
Event 80: Women 22 to 34 years	Kata	Event 82: Women 22 to 34 years	Jiyu Kumite

Technical Clarification Senior Individual Kata:

- 1) Both competitors will perform the kata simultaneously and the winner will be determined by the show of flags
- 2) Changes to the basic Shotokan kata are not allowed
- 3) Both contestants will perform nominated kata simultaneously and a winner is determined by the show of flags
- 4) Judging will be done in terms of **“Chapter 4 – Kata Events, Section 3 - Criteria for Judging”, as per the JSKA Tournament Rules & Regulations”**

Events 79 – 80 – Senior Individual Kata Events

Heian 1, 2, 3, 4, 5 or Tekki 1 may be nominated by the floor in all preliminary rounds until the last 16 is selected using the flag system. 2nd Round Semifinal) last 16 may only do Bassai-dai, Jion, Empi or Kanku-dai to get to the last 4 (Final) using the flag system. Final four (4) any kata (kata of choice) may be done in the final rounds and the winners are selected using the **point system**.



Technical Clarification Senior Individual Kumite Events

- 1) Jiyu kumite will be done all rounds.
- 1) Mouth guards (gum guards) and guards for the hands (white mitts) are compulsory and **must be worn** by both contestants during all rounds
- 2) All contestants **must wear** groin protectors (for men) and chest protectors (for women)
- 3) The scoring system to be used will be Point Match or Ippon Shobu
- 4) Criteria for decision will be specific as outlined in **“Chapter 3 – Kumite Events, Sections 1 – 14, as per the JSKA Tournament Rules & Regulations”**

Events 81 – 82 – Senior Individual Kumite Events

Jiyu kumite will be done all rounds. The scoring system to be used will be Point Match or Ippon Shobu.

DIVISION C – SENIOR TEAM EVENTS (BETWEEN 22 AND 34 YEARS OLD)

Event 83: Men 22 to 34 years	Kata	Event 85: Men 22 to 34 years	Jiyu Kumite
Event 84: Women 22 to 34 years	Kata	Event 86: Women 22 to 34 years	Jiyu Kumite

Technical Clarification Senior Team Kata Events:

- 1) Team kata must be performed by 3 men or 3 women of whom all are within the age group (senior).
- 2) Any Shotokan kata may be done and repeated.
- 3) Unnatural breathing will be penalized.
- 4) Changes to the basic Shotokan kata are not allowed

Events 83 – 84 – Senior Team Kata Events

Team kata must be performed by 3 men or 3 women of whom all are within the age group (22 - 34 years). Any Shotokan kata may be done and repeated. Flag system is used to determine the final 4 winners, thereafter the **point system is used to determine the final winners.**

Technical Clarification Senior Team Kumite Events

- 1) Jiyu kumite will be done all rounds
- 2) Mouth guards (gum guards) and guards for the hands (white mitts) are compulsory and **must be worn** by both contestants during all rounds
- 3) All contestants **must wear** groin protectors (for men) and chest protectors (for women)
- 4) The scoring system to be used will be Point Match or Ippon Shobu

Events 85 – 86 – Senior Team Kumite Events

Team kumite must be performed by 3 men or 3 women of which all are within the age group (22-34 years). The sequence in which the contestants within a team partake has to be determined before the bout starts. (Refer to individual; events for technical specifications).

DIVISION D – VETERAN INDIVIDUAL EVENTS (BETWEEN 35 AND 49 YEARS)

Event 81: Men 35 to 49 years	Kata	Event 83: Men 35 to 49 years	Jiyu Kumite
Event 82: Women 35 to 49 years	Kata	Event 84: Women 35 to 49 years	Jiyu Kumite

Technical Clarification Veteran Individual Kata:

- 1) Both competitors will perform the kata simultaneously and the winner will be determined by the referee's show of flags
- 2) Changes to the basic Shotokan kata are not allowed
- 3) Both contestants will perform nominated kata simultaneously and a winner is determined by the referee's show of flags
- 4) Judging will be done in terms of **“Chapter 4 – Kata Events, Section 3 - Criteria for Judging”, as per the JSKA Tournament Rules & Regulations”**

Events 81 – 82 – Veteran Individual Kata Events

Heian 1, 2, 3, 4, 5 or Tekki 1 may be nominated by the floor in all preliminary rounds until best 16 is selected using the flag system. 2nd Round best 16 may only do Bassai-dai, Jion, Empi or Kanku-dai to get to the best 4 (Final) using the flag system. Final four (4) Jiyu kata (kata of choice) may be done in the final rounds and the winners are selected using the **point system.**

Technical Clarification Veteran Individual Kumite Events

- 1) Jiyu kumite will be done all rounds
- 2) Mouth guards (gum guards) and guards for the hands (white mitts) are compulsory and **must be worn** by both contestants during all rounds
- 3) All contestants **must wear** groin protectors (for men) and chest protectors (for women)
- 4) The scoring system to be used will be Point Match or Ippon Shobu
- 5) Criteria for decision will be specific as outlined in **“Chapter 3 – Kumite Events, Sections 1 – 14, as per the JSKA Tournament Rules & Regulations”**

Events 83 – 84 - Veteran Individual Kumite Events

Jiyu kumite will be done all rounds. The scoring system to be used will be Point Match or Ippon Shobu.



DIVISION D – VETERAN/MASTERS TEAM EVENTS (BETWEEN 35 AND OLDER)

Event 85: Men 35 and older	Kata	Event 87: Men 35 and older	Jiyu Kumite
Event 86: Women 35 and older	Kata	Event 88: Women 35 and older	Jiyu Kumite

Technical Clarification Veteran Team Kata Events:

- 1) Team kata must be performed by 3 men or 3 women of whom all are within the age group (veteran).
- 2) Any Shotokan kata may be done and repeated.
- 3) Unnatural breathing will be penalized.
- 4) Changes to the basic Shotokan kata are not allowed

Events 85 – 86 - Veteran/Master Team Kata Events

Team kata must be performed by 3 men or 3 women of whom all are within the age group (35 – 49 years). Any Shotokan kata may be done and repeated. Flag system is used to determine the final 4 winners, thereafter are the **point system is used to determine the final winners.**

Technical Clarification Team Kumite Events

- 1) Jiyu kumite will be done all rounds.
- 2) Mouth guards (gum guards) and guards for the hands (white mitts) are compulsory and must be worn by both contestants during all rounds
- 3) All competitors must wear groin protectors (for men) and chest protectors (for women)
- 4) The scoring system to be used will be Point Match or Ippon Shobu

Events 87 – 88 – Veteran/Master Team Kumite Events

Team kumite must be performed by 3 men or 3 women of which all are within the age group (35 - 49 years). The sequence in which the contestants within a team partake has to be determined before the bout starts. (Refer to individual; events for technical specifications).

DIVISION E – MASTERS INDIVIDUAL EVENTS (50 YEARS AND OLDER)

Event 89: Men 50 years and older	Kata	Event 91: Men 50 years and older	Jiyu Kumite
Event 90: Women 50 years and older	Kata	Event 92: Women 50 years and older	Jiyu Kumite

Technical Clarification Masters Individual Kata:

- 1) Both competitors will perform the kata simultaneously and the winner will be determined by a show of flags
- 2) Changes to the basic Shotokan kata are not allowed
- 3) Both contestants will perform nominated kata simultaneously and a winner is determined by the referee's show of flags
- 4) Judging will be done in terms of "**Chapter 4 – Kata Events, Section 3 - Criteria for Judging**", as per the JSKA Tournament Rules & Regulations"

Events 89 – 90 – Master Individual Kata Events

Heian 1, 2, 3, 4, 5 or Tekki 1 may be nominated by the floor in all preliminary rounds until best 16 is selected using the flag system. 2nd Round best 16 may only do Bassai-dai, Jion, Empi or Kanku-dai to get to the last 4 (Final) using the flag system. Final four (4) any kata (kata of choice) may be done in the final rounds and the winners are selected using the **point system.**

Technical Clarification Masters Individual Kumite Events

- 1) Jiyu kumite will be done all rounds
- 2) Mouth guards (gum guards) and guards for the hands (white mitts) are compulsory and **must be worn** by both contestants during all rounds
- 3) All contestants **must wear** groin protectors (for men) and chest protectors (for women)
- 4) The scoring system to be used will be Point Match or Ippon Shobu
- 5) Criteria for decision will be specific as outlined in "**Chapter 3 – Kumite Events, Sections 1 – 14, as per the JSKA Tournament Rules & Regulations**"

Events 91 – 92 - Master Individual Kumite Events

Jiyu kumite will be done all rounds. The scoring system to be used will be Point Match or Ippon Shobu.

DIVISION F – OPEN KATA AND KUMITE

Event 93: Men 22 years and older	Kata	Event 95: Men 22 years and older	Jiyu Kumite
Event 94: Women 22 years and older	Kata	Event 96: Women 22 years and older	Jiyu Kumite



Technical Clarification Open Individual Kata:

- 1) Both competitors will perform the kata simultaneously and the winner will be determined by the referee's show of flags
- 2) Changes to the basic Shotokan kata are not allowed
- 3) Both contestants will perform nominated kata simultaneously and a winner is determined by the referee's show of flags
- 4) Judging will be done in terms of **"Chapter 4 – Kata Events, Section 3 - Criteria for Judging", as per the JSKA Tournament Rules & Regulations"**

Events 93 - 94 – Open Individual Kata Events

Heian 1, 2, 3, 4, 5 or Tekki 1 may be nominated by the floor in all preliminary rounds until best 16 is selected using the flag system. 2nd Round best 16 may only do Bassai-dai, Jion, Empi or Kanku-dai to get to the best 4 (Final) using the flag system. Final four (4) any kata (kata of choice) may be done in the final rounds and the winners are selected using the **point system**.

Technical Clarification Open Individual Kumite Events

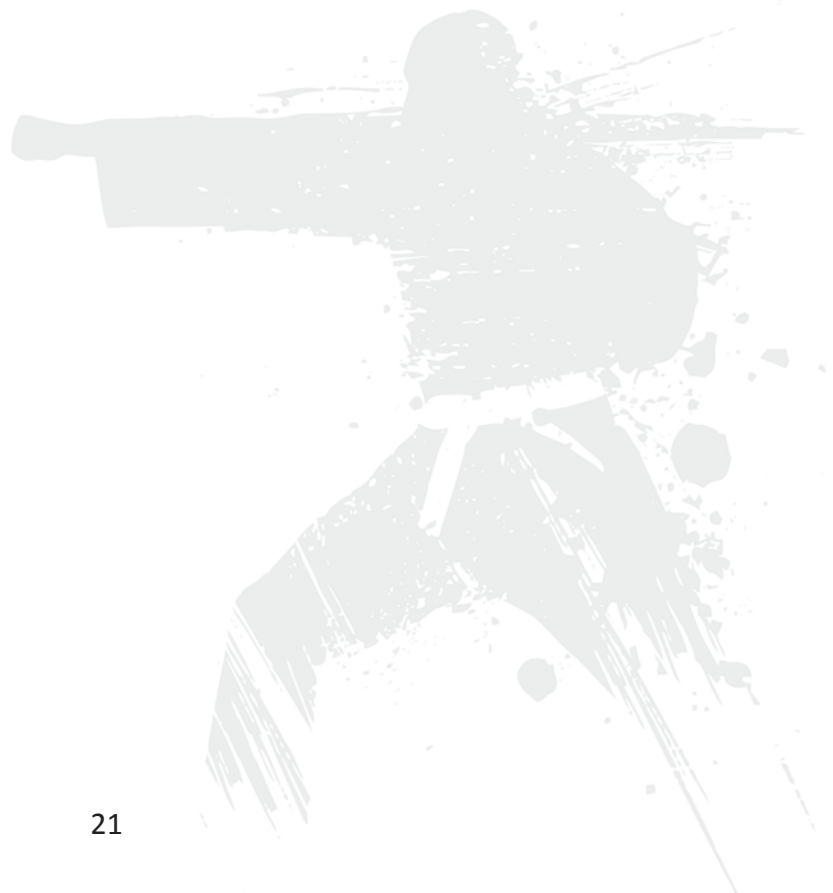
- 1) Jiyu kumite will be done all rounds
- 2) Mouth guards (gum guards) and guards for the hands (white mitts) are compulsory and **must be worn** by both contestants during all rounds
- 3) All contestants **must wear** groin protectors (for men) and chest protectors (for women)
- 4) The scoring system to be used will be Point Match or Ippon Shobu
- 5) Criteria for decision will be specific as outlined in **"Chapter 3 – Kumite Events, Sections 1 – 14, as per the JSKA Tournament Rules & Regulations"**

Events 95 – 96 - Open Individual Kumite Events

Jiyu kumite will be done all rounds. The scoring system to be used will be Point Match or Ippon Shobu.



COMPETITION FORMS





FORM A
LETTER OF PARTICIPATING DELEGATIONS

Country: _____

Organisation: _____

Number of Delegation

Karateka: _____

Referees: _____

Judges: _____

Supporters: _____

Total: _____

Contacts

Head of Delegation: _____

Telephone Number: _____

Mobile Number: _____

E-Mail: _____

Signature _____

Date: _____



FORM B WAIVER FOR PARTICIPATING DELEGATIONS

Country: _____

Organisation: _____

WAIVER

I, the undersigned, do hereby voluntarily submit my delegation's application for attendance or participation in the 8th JSKA World Karate Championship. I attest and verify that I and my delegation have full knowledge of the risks involved in this event. To the best of our knowledge, the physical condition and fitness of the whole delegation is such to allow participation in this event. All are well aware that there is significant risk of injury in any Karate event. We do understand that these risks dramatically increase at a world level event such as the 2016, 8th JSKA World Karate Championship. As "Head of the Delegation" I do hereby assume full responsibility for any damage, injuries or losses any member of my delegation may sustain or incur if any, whilst attending, participating or travelling and hereby waive any and all claims against JSKA Japan, Namibia Shotokan Karate Academy, the directors and organisers of the said Championship and any members, employees or any sponsors of the said Championship individually in full, or otherwise for any claim for injuries, damages or losses any member of my delegation might sustain or incur.

I fully understand that any medical treatment given to any member of my delegation will be of the First Aid type only and I fully waive all claims for injuries or damages that may result from such treatment, whether given with or without consent.

I understand that championship approved protection equipment is mandatory and must be provided for by the participants themselves.

I also understand that, if applicable, a birth certificate may be required for any member of my delegation upon registration.

I have read and understand the statements in the preceding waiver and confirm that the content of this waiver has been discussed and fully accepted by all members of my delegation. I thus acknowledge complete acceptance thereof

Name of Delegation Head: _____

Signature _____

Date: _____



FORM C
DETAILS OF TRAVEL

Country: _____

Organisation: _____

Arrival Information

Arrival date: _____

Aiport: _____

Airline: _____

Flight Number: _____

Arrival time: _____

Contacts

Head of Delegation: _____

Telephone Number: _____

Mobile Number: _____

E-Mail: _____

Signature _____

Date: _____



FORM D
LIST OF PARTICIPATING KARATEKA

Country: _____

Organisation: _____

No.	Name	Date of Birth	Grade	Passport No.
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
13.				
14.				
15.				
16.				
17.				
18.				
19.				
20.				
21.				
22.				
23.				
24.				
25.				

Signature _____

Date: _____



FORM E
LIST OF PARTICIPATING JUDGES, REFEREES AND TABLE OFFICIALS

Country: _____

Organisation: _____

Judges and Referees

No.	Name	Date of Birth	Grade	Passport No.
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				

Table Officials

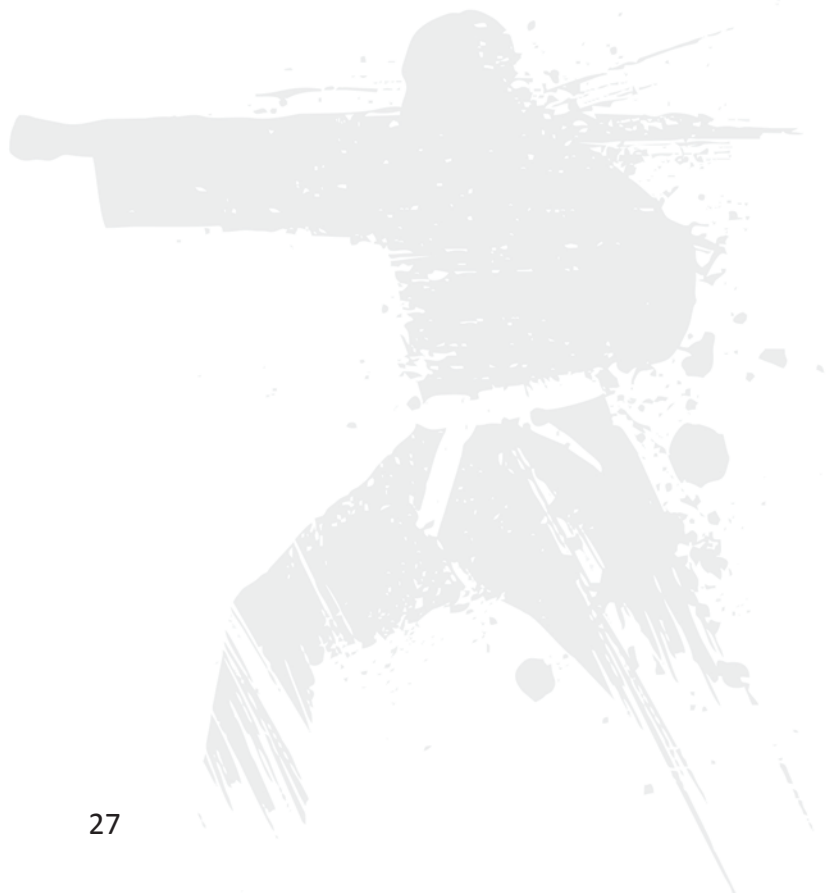
No.	Name	Date of Birth	Grade	Passport No.
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				

Signature _____

Date: _____



ENTRY FORMS





Country: _____

Organisation: _____

Division A - Junior Boys Individual Kata

MALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
8 Years			
Event 1			
9 Years			
Event 3			
10 Years			
Event 5			
11 Years			
Event 7			
12 Years			
Event 9			
13 Years			
Event 11			
14 Years			
Event 13			
15 Years			
Event 15			

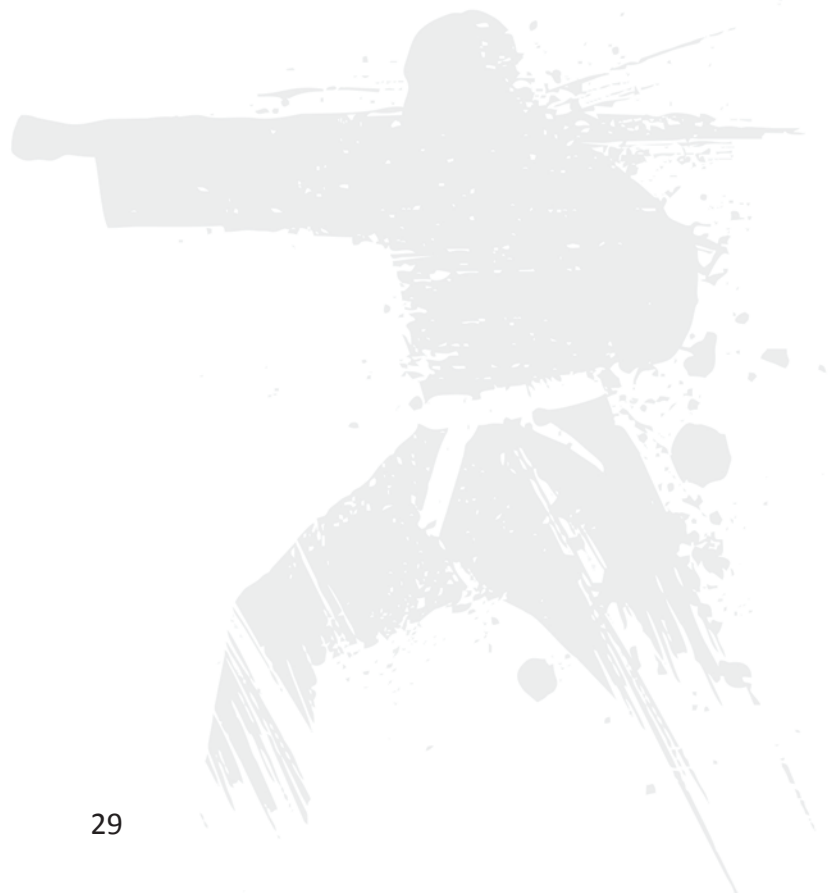


Country: _____

Organisation: _____

Division A - Junior Boys Team Kata

MALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
8 - 9 Years			
Event 45			
10/11/12 Years			
Event 47			
13/14/15 Years			
Event 49			





Country: _____

Organisation: _____

Division A - Junior Girls Individual Kata

FEMALE/ AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
8 Years			
Event 2			
9 Years			
Event 4			
10 Years			
Event 6			
11 Years			
Event 8			
12 Years			
Event 10			
13 Years			
Event 12			
14 Years			
Event 14			
15 Years			
Event 16			



Country: _____

Organisation: _____

Division A - Junior Girls Team Kata

FEMALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
8 - 9 Years			
Event 46			
10/11/12 Years			
Event 48			
13/14/15 Years			
Event 50			





Country: _____

Organisation: _____

Division A - Junior Boys Individual Sanbon Kata

MALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
8 Years			
Event 17			
9 Years			
Event 19			

Division A - Junior Boys Individual Kihon Ippon Kumite

MALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
10 Years			
Event 21			
11 Years			
Event 23			
12 Years			
Event 25			

Division A - Junior Boys Individual Jiyu Ippon Kumite

MALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
13 Years			
Event 27			
14 Years			
Event 29			
15 Years			
Event 31			



Country: _____

Organisation: _____

Division A - Junior Boys Individual Jiyu Kumite

MALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
10 Years			
Event 33			
11 Years			
Event 35			
12 Years			
Event 37			
13 Years			
Event 39			
14 Years			
Event 41			
15 Years			
Event 43			

Division A - Junior Boys Team Jiyu Kumite

MALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
10/11/12 Years			
Event 51			
13/14/15 Years			
Event 53			



Country: _____

Organisation: _____

Division A - Junior Girls Individual Sanbon Kata

FEMALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
8 Years			
Event 18			
9 Years			
Event 20			

Division A - Junior Girls Individual Kihon Ippon Kumite

FEMALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
10 Years			
Event 22			
11 Years			
Event 24			
12 Years			
Event 26			

Division A - Junior Girls Individual Jiyu Ippon Kumite

FEMALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
13 Years			
Event 28			
14 Years			
Event 30			
15 Years			
Event 32			



Country: _____

Organisation: _____

Division A - Junior Girls Individual Jiyu Kumite

FEMALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
10 Years			
Event 34			
11 Years			
Event 36			
12 Years			
Event 38			
13 Years			
Event 40			
14 Years			
Event 42			
15 Years			
Event 44			

Division A - Junior Girls Team Jiyu Kumite

FEMALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
10/11/12 Years			
Event 52			
13/14/15 Years			
Event 54			



Country: _____

Organisation: _____

Division B - Youth Male Individual Kata Events

MALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
16 - 17 Years			
Event 55			
18 - 19 Years			
Event 57			
20 - 21 Years			
Event 59			

Division B - Youth Male Team Kata Events

MALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
16 - 17 Years			
Event 67			
18 - 19 Years			
Event 69			
20 - 21 Years			
Event 71			



Country: _____

Organisation: _____

Division B - Youth Female Individual Kata Events

FEMALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
16 - 17 Years			
Event 56			
18 - 19 Years			
Event 58			
20 - 21 Years			
Event 60			

Division B - Youth Female Team Kata Events

FEMALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
16 - 17 Years			
Event 68			
18 - 19 Years			
Event 70			
20 - 21 Years			
Event 72			



Country: _____

Organisation: _____

Division B - Youth Male Individual Jiyu Kumite

MALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
<i>16 - 17 Years</i>			
<i>Event 61</i>			

Division B - Youth Male Individual Jiyu Kumite

MALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
<i>18 - 19 Years</i>			
<i>Event 63</i>			

Division B - Youth Male Individual Jiyu Kumite

MALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
<i>20 - 21 Years</i>			
<i>Event 65</i>			



Country: _____

Organisation: _____

Division B - Youth Female Individual Jiyu Kumite

FEMALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
<i>16 - 17 Years</i>			
<i>Event 62</i>			

Division B - Youth female Individual Jiyu Kumite

FEMALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
<i>18 - 19 Years</i>			
<i>Event 64</i>			

Division B - Youth female Individual Jiyu Kumite

FEMALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
<i>20 - 21 Years</i>			
<i>Event 66</i>			



Country: _____

Organisation: _____

Division B - Youth Male Team Jiyu Kumite

MALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
<i>16 - 17 Years</i>			
<i>Event 73</i>			

Division B - Youth Male Team Jiyu Kumite

MALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
<i>18 - 19 Years</i>			
<i>Event 75</i>			

Division B - Youth Male Team Jiyu Kumite

MALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
<i>20 - 21 Years</i>			
<i>Event 77</i>			



Country: _____

Organisation: _____

Division B - Youth Female Team Jiyu Kumite

FEMALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
<i>16 - 17 Years</i>			
<i>Event 74</i>			

Division B - Youth female Team Jiyu Kumite

FEMALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
<i>18 - 19 Years</i>			
<i>Event 76</i>			

Division B - Youth female Team Jiyu Kumite

FEMALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
<i>20 - 21 Years</i>			
<i>Event 78</i>			



Country: _____

Organisation: _____

Division C - Senior Male Individual Kata Event

MALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
22 - 34 Years			
Event 79			

Division C - Senior Female Individual Kata Event

FEMALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
22 - 34 Years			
Event 80			

Division C - Senior Male Team Kata Event

MALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
22 - 34 Years			
Event 83			

Division C - Senior Female Team Kata Event

FEMALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
22 - 34 Years			
Event 84			



Country: _____

Organisation: _____

Division C - Senior Male Individual Jiyu Kumite

MALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
22 - 34 Years			
Event 81			

Division C - Senior Female Individual Jiyu Kumite

FEMALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
22 - 34 Years			
Event 82			

Division C - Senior Male Team Jiyu Kumite

MALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
22 - 34 Years			
Event 85			

Division C - Senior Female Team Jiyu Kumite

FEMALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
22 - 34 Years			
Event 86			



Country: _____

Organisation: _____

Division D - Veteran Male Individual Kata Event

MALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
35 - 49 Years			
Event 81			

Division D - Veteran Female Individual Kata Event

FEMALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
35 - 49 Years			
Event 82			

Division D - Veteran/Masters Male Team Kata Event

MALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
35 - 49 Years			
Event 85			

Division D - Veteran/Masters Female Team Kata Event

FEMALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
35 - 49 Years			
Event 86			



Country: _____

Organisation: _____

Division D - Veteran Male Individual Jiyu Kumite

MALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
35 - 49 Years			
Event 83			

Division D - Veteran Female Individual Jiyu Kumite

FEMALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
35 - 49 Years			
Event 84			

Division D - Veteran/Masters Male Team Jiyu Kumite

MALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
35 - 49 Years			
Event 87			

Division D - Veteran/Masters Female Team Jiyu Kumite

FEMALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
35 - 49 Years			
Event 88			



Country: _____

Organisation: _____

Division E - Masters Male Individual Kata Event

MALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
<i>50 Years +</i>			
<i>Event 89</i>			

Division E - Masters Female Individual Kata Event

FEMALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
<i>50 Years +</i>			
<i>Event 90</i>			

Division E - Masters Male Individual Kumite

MALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
<i>50 Years +</i>			
<i>Event 91</i>			

Division D - Veteran/Masters Female Individual Kumite

FEMALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
<i>50 Years +</i>			
<i>Event 92</i>			



Country: _____

Organisation: _____

Division F - Open Male Individual Kata

MALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
22 Years +			
Event 93			

Division F - Open Female Individual Kata

FEMALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
22 Years +			
Event 94			

Division F - Open Male Individual Kumite

MALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
22 Years +			
Event 95			

Division F - Open Female Individual Kumite

FEMALE/AGE	NAME	GRADE	DATE OF BIRTH DD/MM/YY
22 Years +			
Event 96			

how can we help you?



create a bright **future**



It's never too early to start banking. The **FNB Future Account** offers a host of benefits whilst teaching students the early joys of saving and financial security. Use the FNB Future Account to transact safely and easily at merchants using a PIN-based Visa debit card.

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- You can withdraw money 24 hours a day, 7 days a week, through our wide network of ATMs.
- You have access to your Future Account via FNB's inContact, Cellphone Banking & fnbna.mobi, Online Banking & FNB App, ATMs and the branch network.
- You can buy prepaid airtime for yourself or someone else via the many FNB channels available.