



## The Willows Medical Centre Welcome to January 2011 Newsletter

[www.thewillowsmc.co.uk](http://www.thewillowsmc.co.uk)

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### **HAPPY NEW YEAR TO ALL OUR PATIENTS**

Welcome to 2011 . We would like to wish all our patients a Happy and Healthy New Year.

Many thanks to those who sent Christmas cards and gifts for the staff. It was very much appreciated.

### **MINOR AILMENTS**

If you have a seasonal illness such as, hay fever, cold, cough, sore throat, you don't always have to see the GP. The Pharmacy is able to help with these seasonal symptoms. All you need to is take your medical card which will have your NHS number to the Pharmacy and the pharmacist will be able to make recommendations for your symptoms.

### **CHILDRENS IMMS & VACCS**

The children immunisation clinic is now held on a Thursday morning. The childrens health centre will as usual be sending out appointments for your child to attend for their immunisations.

### **FLU VACCINATIONS**

The flu campaign is now coming to an end. Please ask at reception to see if you are eligible for a free vaccinations, if you have not had the vaccination and would like to have one.

### **ARE YOU A CARER?**

Do you look after someone who is Ill, Frail, Disabled Or Mentally Ill. If the answer is yes to one these questions, please speak to the receptionist .

**PLEASE TAKE A COPY**

## **BLOOD & X-RAY RESULTS**

If you have had an blood test or x-ray and wish to know the result please note that these can be obtained by telephoning the reception between the times of 2.00pm and 4.00pm. It would be very helpful if you could call between these times as the reception is not as busy.

## **URINE SAMPLES**

Please also note that all samples e.g. nail cuttings, urine etc need to be bought in before 2.00pm in order for them to be sent to pathology. Urine samples bought in after 2.00pm will not be accepted and new sample will have to be provided.

## **COMMENTS & SUGGESTIONS**

**The Practice is always looking at ways in which to improve services for Patients. We therefore thinks it is important that you have a say in how the practice can be improved or generally would welcome your views.**

If you have any valuable comments or suggestions you would like to make, to improve the service at the practice or if you have any concerns that need addressing you can log onto [www.nhs.uk](http://www.nhs.uk) selecting **Choices**, where you will be able to find our website by entering Practice name or postcode. You can then email your comments to us.

Alternatively you can send in your comments by writing in, we have a comments and suggestions box at the front of the reception desk which you may wish to use to leave your comments.

## **NORMAL MEDICAL CENTRE OPENING HOURS**

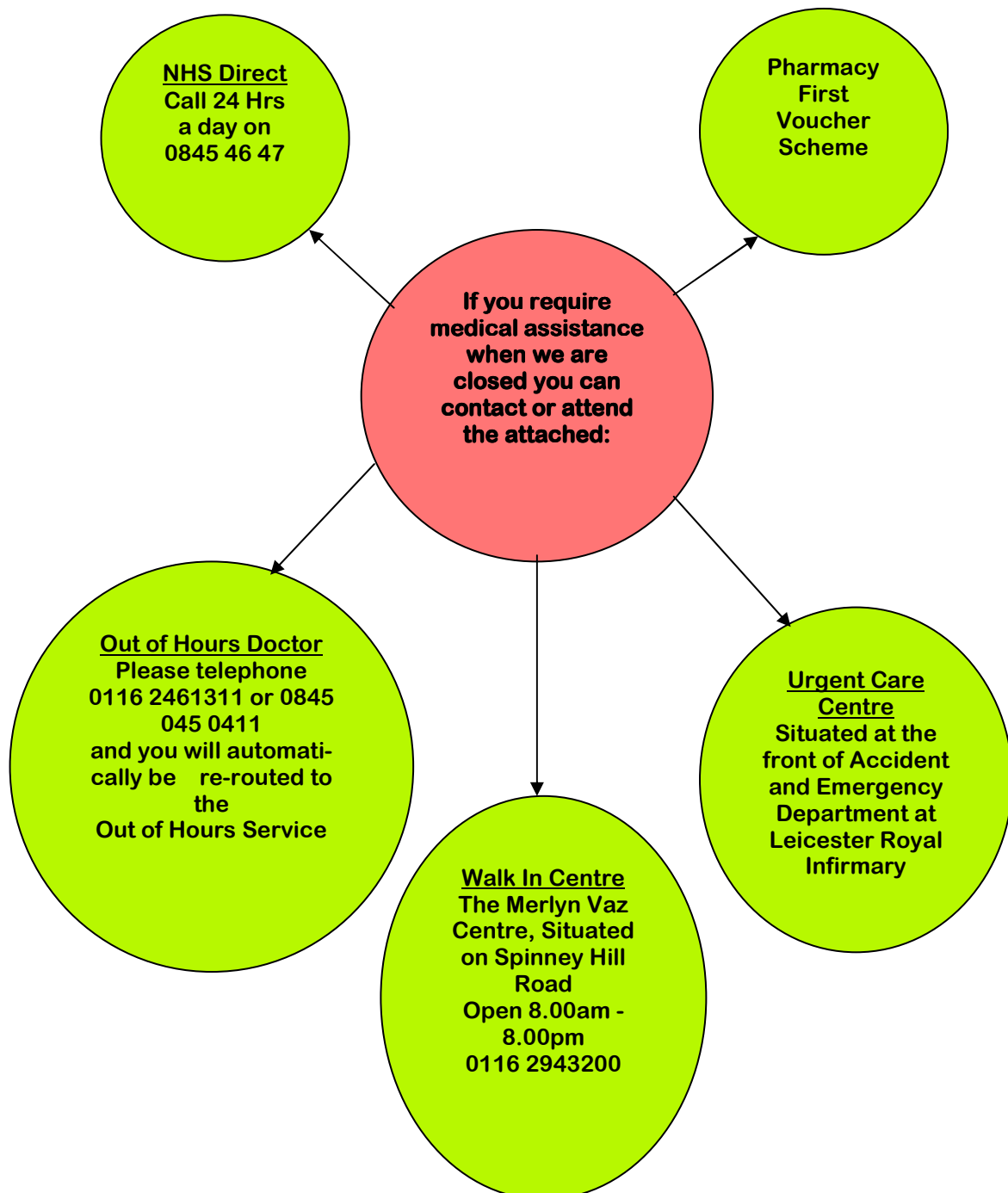
Monday 08.00am - 20.15pm

Tuesday - Friday 08.00am - 18.30pm

We offer late evening nurse appointments every 2 weeks. If you are working and would like to book late evening appointments please speak to the Reception Staff

## ACCESS TO MEDICAL SERVICES

Did you know you have access to other medical services other than A&E? The following can be accessed in cases of urgency when the Medical Centre is closed.





## **HEALTH VISITOR CLINICS**

**The Health Visitor clinics have been relocated.** The Drop In Clinic is now located at the Rowlett's Hill Children's Centre (9 Balderstone Close).  
Telephone 0116 292 4500

**The following clinics held are:**

Drop in clinic            Tuesday mornings    9.30 — 11.00am  
                                 Thursday afternoon 1.30 — 3.00pm

Baby Massage            - please telephone for further information.

Weaning Clinics        Friday mornings — please ring to make an appointment.

**Other drop in clinics accessible are located in the following areas:**

**Monday - 1.30-3.00pm**

Thurnby Lodge Children's Centre. Dudley Avenue, LE5 2EG -Tel 0116 2924590

**Tuesday - 9.30-11.30am**

Springfield Road Health Centre, Springfield Road, LE2 3BB - Tel 0116 2256790

**Thursday 9.30 - 11.30am**

North Evington Children's Centre, Gwendolen Road. LE5 5FS - Tel 0116 2488100

Netherhall Children's Centre, New Romney Crescent, LE5 1HN - Tel 0116 292454

The Health Visiting Team is there to discuss behaviour management ,development checks, weaning advice, potty training etc.

