

Registration Policy

- Registration deadline is two weeks prior to program start date.
- Full payment of program fee is required by registration deadline, unless other arrangements are made.
- Family Service Saskatoon reserves the right to cancel or postpone programs if there are insufficient registrations.
- Full refund will be given if program is cancelled or postponed. Twenty dollars (\$20.00) of the registration fee will be retained if participant cancels less than one week prior to program start date.
- To register, please send registration form below to:

**#102 – 506 – 25th Street East
Saskatoon, SK S7K 4A7
Or call (306) 244-0127**

Name: _____

Address: _____

City & PC: _____

Home Phone: _____

Work Phone: _____

Cell Phone: _____

E-mail: _____

Program Name: _____

Amount Enclosed: _____

Visa No.: _____

MasterCard No.: _____

Security Code (back of card): _____

Expiry Date: _____

Signature: _____

Date: _____

**** To register call (306) 244-0127**

**** Feel free to leave your name with us for upcoming groups**

Member Agency of:

Family Service Canada
Family Service Employee Assistance Programs
Family Service Saskatchewan
Founding Partner of the
Saskatoon Community Service Village



Accredited by:

Canadian Family Service Accreditation Program
Council on Accreditation

Contact us at:



Family Service Saskatoon

At "the Village"

#102 – 506 – 25th Street East
Saskatoon, SK S7K 4A7

Phone: (306) 244-0127

Fax: (306) 244-1201

Email: info@familyservice.sk.ca

www.familyservice.sk.ca

Find us on 

*Free public parking in the last 3 rows
of the YWCA/Village lot. Registration of your vehicle at the front desk
of the YWCA is required if parking in the YWCA/Village lot.*



Winter Programs 2016

Our Services...

- Counselling for individuals, couples, families, and groups
- Employee and Family Assistance Programs – for employees and families of contracted organizations
- Teen and Young Parent Services – to help achieve personal and parenting goals
- Intimate Partner Violence Outreach & Domestic Violence Court Case Workers

Affiliated Programs

Parenting Education Saskatchewan

This program links parenting services across the province and provides support and information to those facilitating or organizing parent support or education services.

www.parentingeducationsaskatchewan.ca

Coming Events

Positive Discipline in Everyday Parenting

This program is for parents of children of all ages. It addresses common issues that arise between birth and the end of adolescence. It can be helpful for any family. This program is also for future parents. And it is for those who support parents, such as parent educators, parent group facilitators, and family support workers. If you would like more information, call Bev at 306-934-2095.

Please watch our website for future events.

Healthy Relationship Programs

Intimate Partner Violence Outreach Program

This program offers support through short-term crisis intervention and counselling to individuals who are experiencing violence in their intimate partner relationships. It is a voluntary program for those who require assistance establishing and maintaining safe and healthy relationships. Support groups and weekly drop-in groups are offered to provide information on issues related to violence.

Fee: None

Abuse & Beyond for Women

This 8 week group provides women the opportunity to consider the impact of intimate partner abuse on their lives and move toward healthy relationships. Childcare provided.

When: 3 to 4 times a year
Ongoing registration dates to be announced

Fee: None

Drop-in Groups

This is an open and ongoing group for women who have or are experiencing violence in their intimate relationships. Each week will involve a different topic that focuses on the general experience of intimate partner violence. No registration is required. Childcare provided.

When: Tuesday 6:00 p.m. – 7:30 p.m. or
Thursday 1:15 p.m. – 2:45 p.m.

Fee: None

When Anger Gets in the Way of Parenting

An 8 week course offering guidance to parents/caregivers wishing to examine their parenting and understanding of the impact anger has on their children. Parents/caregivers will learn how to more effectively parent children in a respectful manner. Childcare provided. Accepting registrations.

When: Thursday 6:00 p.m. – 8:00 p.m.
April 7 - May 26, 2016

Fee: \$240.00

Invisible Scars:

Exploring Emotional, Verbal and Psychological Abuse

Emotional abuse cuts to “the core of a person” (Engel, 2002) and leaves invisible scars. This eight week group is designed for women to gain personal awareness and understand how prolonged exposure to emotional abuse erodes self-esteem and confidence. Focus of the group will be about healing and moving on from the effects of emotional abuse. Childcare provided. Pre-registration is required.

When: Monday 6:00 p.m. - 8:00p.m.
April 4 – May 30, 2016

Fee: None

Merging Families

This group is designed for parents either contemplating entering or already in a blended family. Some key points will be putting your marriage first, discipline, step-parent’s role, and communication. Lunch included. Preregistration required.

When: Saturday 10:00 a.m. – 4:00 p.m.
April 9, 2016

Fee: \$100

Rebuilding: When Your Relationship Ends*

This series is a 10 week co-educational support program designed to help people adjust to the ending of a love relationship. It is not a therapy group; however the process can be therapeutic. The group meets once a week. Pre-registration is required. No childcare provided.

When: Wednesday 6:00 p.m. – 8:30 p.m.
February 24 – April 27, 2016

Fee: \$300 includes workbooks

Participants complete a pre and post evaluation of their adjustment to the end of their relationship. The evaluation measures:

- self-worth
- disentanglement
- anger
- grief
- trust-intimacy-sexuality
- social self-worth

*Subsidies available; minimum of 12 participants is required