

# The Three Pillars of Transforming Care

*The meaning*

*and practice of  
trauma-informed care*

**Presented by Dr Howard Bath and Dr Diana Boswell**

**9 – 11 March 2015**

**Anglicare Southern Queensland  
TRACC Logan Training Room  
2906 Logan Road, UNDERWOOD QLD**

Name: \_\_\_\_\_ Position: \_\_\_\_\_

Agency: \_\_\_\_\_

Postal Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Postcode: \_\_\_\_\_

Telephone: \_\_\_\_\_ Mobile: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Special Dietary Requirements: \_\_\_\_\_

**Tuition fee: \$990.00** (includes GST, lunch/refreshments each day, all course materials)

**Cancellation policy:** There will be a \$50 service charge for cancellations prior to 16 March 2015. No refunds can be made after that date but participant substitutions will be possible. Cancellations or substitutions must be provided in writing. If the course has to be cancelled due to illness of a presenter or another unforeseen event, liability of promoters is limited to a refund of fees paid.

**Confirmation and Payment:** Confirmation of your registration will be emailed to you when your form is received. A tax invoice with payment options will also be sent to you.

***For all enquiries, please contact Vicki Brown on 02 6295 6255 or email [office@twi.org.au](mailto:office@twi.org.au)***

**The Three Pillars of Transforming Care course is based on research evidence, current clinical perspectives and years of experience with children and young people with complex needs and challenging behaviours. Instructional methods include brief presentations, videos, worksheets and group discussions. Topics covered include:**

- Why the 'trauma perspective' is particularly useful for understanding young people in out-of-home care
- The fundamentals of trauma theory including arousal and stress mechanisms, brain development, the role of memory, and types of trauma
- The common outcomes and behavioural sequelae of exposure to complex trauma
- Information about the behavioural and emotional difficulties that affect young people that have experienced complex trauma
- The three 'pillars' of intervention:
  - The establishment of a **safe environment**
  - Building **positive connections** with others
  - Facilitating the development of skills necessary for children and young people to **regulate their emotions** and

