

**Kendall Ice Arena  
2008  
Holiday Hockey Camp**



For  
***Youth Hockey Players***  
**Ages 5-14**

**January 2nd, 3rd, 4th**

This Camp is intended for all youth hockey players at all levels. The cost is \$195 for all three days. Full Ice Hockey Gear is required to participate in the camp. Players will be assigned to groups by the camp director. 10% discount for multiple siblings.

**Schedule**

8:00 A.M.	Players Arrive
8:45 A.M.	Players prepare for ice
9:00 A.M.	Players On-Ice (Powerskating)
10:00A.M.	Players prepare for Dryland
10:15 A.M.	Dryland Session
11:30 A.M.	Lunch
12:15 P.M.	Players On-Ice (Skills Session)
1:30 P.M.	Video Session
2:15 P.M.	Players Prepare for Ice
2:30 P.M.	Players On-Ice (Scrimmage)
3:45 P.M.	Rules/Lecture
4:30 P.M.	Players Prepare to Depart

Players are expected to bring.

- Full Gear
- Sneakers
- Shorts
- Water Bottle
- Towel
- Players may bring or Purchase Lunch
- Early Drop off/late Pick up, may be arranged for a nominal fee

Some skill area's to be covered include

<u>On-Ice</u>	<u>Off-Ice</u>
Powerskating	Dryland Training
Passing	Chalk Talk
Shooting	Video Review
Stickhandling	Rules
Positioning	Guest Lecturers
Board Work	Shooting Stations
Offensive Concepts	Nutrition
Defensive Concepts	

# Kendall Ice Arena

## 2008 Holiday Hockey Camp

Player's last name: \_\_\_\_\_ First name: \_\_\_\_\_

Address: \_\_\_\_\_ City town: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone # 1: \_\_\_\_\_ Phone # 2: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Email: \_\_\_\_\_

Mite 8 & u\_\_\_\_ Squirt 10 & u\_\_\_\_ Pee-wee 12 & u\_\_\_\_ Bantam 14 & u\_\_\_\_

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I do hereby acknowledge that skating and playing ice hockey is inherently a dangerous sport, physically demanding and highly competitive. I do hereby agree that Florida Ice Arena's inc. it's servants, agents and employees shall not be held liable for any and all injuries/losses resulting directly or indirectly from said activity and save Florida Ice Arena's inc. Thereby it's officers, servants, agents and employees will be held harmless from all cost and expenses that may arise from any breach of this agreement.

\_\_\_\_\_

All participants and guardians must sign and date this form.

### No refunds

Payment in full must accompany this form

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Parent/guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Amount paid: \_\_\_\_\_ Amount due: \_\_\_\_\_

Payment method: \_\_\_\_\_ Credit card: \_\_\_\_\_ Cash: \_\_\_\_\_ Check#: \_\_\_\_\_

Credit card Number: \_\_\_\_\_ Exp: \_\_\_\_\_