

REARDAN HIGH/MIDDLE SCHOOL

ACTIVITY CODE



2015-2016 SCHOOL YEAR

Dear Parent/Guardian:

Co-curricular or extra curricular activities in the Reardan-Edwall School District are an extension of the classroom. We feel it is the perfect place to teach character, instill desirable characteristics, and provide lessons that students can learn and carry over into their life. These programs significantly contribute in preparing our students to become productive citizens of our community and our society.

Involvement in co-curricular activities is a privilege, not a right. Those who choose to participate are not only members of a team or organization; they are also representatives of their school, families and their communities. Therefore students who choose to participate are held to higher standards than those who choose not to become involved.

Please take the time to read through this activity packet with your son or daughter. Regardless of participation, all students attending Reardan Middle School or High School will be responsible for acknowledging this activities packet. If your son or daughter is not planning on participating in any of the offered activities or athletics, please sign the Statement of Understanding and return it to the appropriate office.

Athletics offer the best opportunity in a young person's life to learn.

-Bruce Brown

The following information is required to complete your eligibility for athletics and activities. This packet must be turned in **on or before the first day of practice** in order for you to participate. **ATHLETES WILL NOT BE ABLE TO PRACTICE WITHOUT A CURRENT PHYSICAL ON FILE IN THE AD OFFICE.**

- ✪ PHYSICAL— **WIAA 18.13.0:** Prior to the first practice for participation in interscholastic athletics a student shall undergo a thorough medical examination and be approved for middle level or high school interscholastic athletic competition by a medical authority licensed to perform a physical examination. A physical is good for **24 months** from the date of examination.
- ✪ INSURANCE—School time or Full time (football players must have football coverage whether through family insurance or the coverage provided through the school) or
WAIVER—Your family insurance coverage
- ✪ MEDICAL AUTHORIZATION—If you are injured and we cannot reach parents or a guardian, you *will not* be treated until they are contacted or your injury is life endangering. Treatment will be provided as per information on the medical authorization form.
- ✪ PARENT CONSENT—Permission of parent or guardian for you to participate in interscholastic sports.
- ✪ ACTIVITY CODE—Read and signed by participant and parent/guardian for full understanding of expectations and consequences
- ✪ ASSUMPTIONS OF RISK—please read and seriously consider the warning regarding possible risks of injury or death when participating in sports.

HIGH SCHOOL STUDENTS:

- ✪ ASB CARD (\$40.00) — this must be paid before the first practice of the season.
- ✪ PARTICIPATION FEE (\$40.00 per sport) — this must be paid before the first practice of each season.

MIDDLE SCHOOL STUDENTS:

- ✪ ASB CARD (\$25.00) — this must be paid before the first practice of the season.
- ✪ PARTICIPATION FEE (\$25.00 per sport) — this must be paid before the first practice of each season.

If finances are a problem, you need to confidentially talk to your coach, the school counselor, or the activity director to make arrangements. No student will be denied participation due to lack of funding.

ACTIVITY CODE FOR REARDAN HIGH/MIDDLE SCHOOL

Activities and athletics are an integral and important part of the school's total educational program. Participation in Reardan H.S./M.S. athletics and/or activities is a privilege. **Individual programs may hold students to a higher standard.** Individual head coaches will provide written rules and expectations to all participants at the start of each season.

ACADEMIC ELIGIBILITY

The Reardan-Edwall School District will follow and exceed WIAA guidelines with regard to Athletic/co-curricular academic eligibility.

- A. Reardan student participants must be enrolled in a full schedule of seven classes at Reardan High/Middle School or full time running start students (exceptions for seniors may be allowed with administrative approval). A student/athlete must be passing all classes. Grades will be reviewed on a **quarterly** basis. Athletic eligibility will be determined the first school day following the quarterly grade posting deadline. A student/athlete that fails one or more classes is ineligible. Ineligible students are put on probation and their studies monitored. If at the end of the probationary period they have met the academic requirements they will be allowed to participate conditionally.
- B. Academic progress for all athletes will be monitored and there will be several grade checks during each sport season. Approximate dates of these checks will be determined by the first day of school. Coaches or advisors may limit participation or put participants on “study table” because of poor academic performance.
- C. For high school students, the probationary period will be for five (5) weeks (including school holidays and breaks). This will start on the date when grades are reviewed and end on the same weekday as it started.
- D. Students who have an Individualized Education Plan do not fall under the same academic guidelines but will need to meet IEP guidelines.

ATTENDANCE

A student must be in school the entire day in order to participate in a practice, game or activity that day. Any participant who is absent for one or more periods on the day of a contest/practice must obtain prior permission from the school principal or designee before he/she is eligible to take part in the contest/practice. This protects both the participant and the coach/advisor. A participant too ill to attend school is not physically fit for competition. If his/her absence was for some other reason, the principal or his/her designee must determine if a student may participate due to the propriety of the absence.

If a participant has a scheduled appointment, they are required to have their teachers fill out a prearranged absence form, and they will be eligible to take part in the contest/practice on the day of their absence. If it is a last minute appointment, a note from the doctor or dentist confirming their appointment and releasing them for full activity will be necessary to participate.

DEFINITIONS

- A. All participants in school sponsored activities or athletics are subject to the provisions of this code 24 hours a day, 7 days a week (including holidays and school breaks) from the first allowable fall practice day as permitted by the WIAA through the last school day of the school year. This will include, but is not limited to sports, clubs, organizations and/or any function sponsored by these groups.
- B. Community Service will be defined as services provided in the community/school separate from sports or co-curricular activities. The principal or designee must approve community service in advance.

CONDUCT OF PARTICIPANT

All students at RHS/RMS are subject to the rules and expectation of the student handbook.

Reardan School officials, coaches of athletic teams and sponsors of student activities believe that students who are selected for the privilege of membership on teams, squads, performing groups, clubs and other school organizations should conduct themselves as responsible representatives of the school. RHS/RMS holds our students involved in activities and athletics to even a higher standard than a non-participating student. In order to assure this conduct, coaches and sponsors enforce an Activity Code. Furthermore, members of teams and organizations who fail to abide by the Activity Code are subject to disciplinary action. Members of teams and organizations must always serve as exemplars of high moral character. As recognized representatives of their school, members are expected to exhibit appropriate behavior in and out of uniform, on and off campus 24 hours a day, 7 days a week (including holidays and school breaks). **Violations of this Code** will result in loss of playing time and suspension from activities. Violations may also carry school consequences such as in-school suspension, out of school suspension, expulsion, police involvement and/or legal consequences.

Students who are knowingly present where the activity code is being violated will be considered to be in violation.

A student/athlete must leave the property as soon as they are aware of a violation of the activity code to remain in good standing.

LEGEND DRUGS (Prescription Drugs)

The Reardan-Edwall School District will follow the Reardan High/Middle School Student Handbook and WIAA guidelines for violations that involve Legend Drugs or controlled substances.

WIAA Handbook -18.26.2 **Legend drugs and controlled substances** – Penalties for the possession, use or sale of legend drugs (drugs obtained through prescription, RCW 69.41.020-050) and controlled substances (RCW 69.50) shall be as follows:

1st Violation - A participant shall be immediately ineligible for interscholastic competition in the current interscholastic sports program for the remainder of the season. Ineligibility shall continue until the next sports season in which the participant wishes to participate unless the student accesses the assistance program outlined in B (below.)

- A. In order to be eligible to participate in the next interscholastic sports season, the student athlete shall meet with the school eligibility board consisting of coaches and administrators selected by the principal, to request approval to participate. The school eligibility board will recommend to the principal appropriate action to be taken in the student athlete's case. The school principal shall have the final authority as to the student athlete's participation in the interscholastic sports program.
- B. A participant who seeks and receives help for a problem with use of legend drugs (RCW 69.41.010 identified substances) or controlled substances and controlled substance analogs (RCW 69.50.101 identified substances) shall be given the opportunity for assistance through the school and/or community agencies. In no instance shall participation in a school and/or community approved assistance program excuse a student athlete from subsequent compliance with this regulation. However, successful utilization of such an opportunity or compliance with athletic code by the student athlete may allow him/her to have eligibility re-instated in that athletic season, pending recommendation by the school eligibility authority.

2nd Violation - A participant who again violates any provision of RCW 69.41.020 through 69.41.050 or of RCW 69.50 shall be ineligible for interscholastic competition for a period of one (1) calendar year from the date of the second violation.

3rd Violation - A participant who violates for a third time RCW 69.41.020 - 69.41.050 or of RCW 69.50 shall be permanently ineligible for interscholastic competition.

OTHER DRUG, ALCOHOL OR TOBACCO USE

- Students/athletes will not be permitted to possess and/or use non-prescribed, illegal drugs, alcohol or tobacco, RCW69.41.020, RCW69.41.050 and RCW 69.50.101.
- Students/athletes will not be permitted to remain knowingly present in the presence or use of illegal drugs or under-age drinking.
- Non-alcoholic beer, E-cigarettes or other vaping devices, tobacco chewing products not containing tobacco, yet resembling tobacco, will be treated the same as real alcohol or tobacco products.

1st Violation of this policy:

- Immediate two-week removal from participation in all school sponsored athletics and activities. This includes, but is not limited to: practice, games, banquets, meetings, dances etc. *

- At the conclusion of the two week removal, the student may resume practice, but will remain ineligible for a total of one-third of the season for sports violations and 30 calendar days for activities violations. **
- Penalties not completed in one season or semester will carry over to the post-season, next season or semester. In sports this will be determined by the percentage of regular season games. In activities it will be determined by the day count.
- For a violation of this policy the athlete/student will be required to allow unannounced drug testing, (results of which will be made available to the superintendent or principal and then to the parent).
- The student must participate in a District designated or approved chemical use/tobacco education program. A parent/guardian, or another District approved adult may be asked to participate with the athlete/student in at least the initial session of the training program.
- Complete twenty (20) hours of approved non-sport related, community service prior to competing in another sport season or co-curricular activity.

*The participant may practice with the team or group after the two week removal. Upon completion of approved community service and the counseling component the student may attend events with the team but may not participate in the games or sit on the bench.

**If the student is not concurrently participating in activities and athletics, the initial two week removal, community service hours, and chemical use/tobacco education program will satisfy both violations. However; the ineligibility portion will need to be served independent of one another.

2nd Violation of this policy:

- Immediate suspension from participation in activities and/or athletics for one calendar year.
- The participant will be required to allow unannounced drug testing, (results of which will be made available to the superintendent or principal and then to the parent).
- The student must participate in a District designated or approved chemical use/tobacco assessment and treatment program.
- Complete forty (40) hours of community service prior to competing in another sport season or co-curricular activity the following school year.

3rd Violation of this policy will result in the athlete/student permanently being prohibited from participation in any athletic or co-curricular activity. Exceptions to this would require petitioning the Reardan-Edwall School District Board of Directors.

CRIMINAL VIOLATIONS

A student convicted of a gross misdemeanor or felony is not eligible for participation in activities/athletics for a period of one year from the date of conviction.

INVESTIGATIVE PROCESS

An investigation of possible Activity Code violations will be conducted by the activities director and/or the principal. Proof of a violation will come from one of the following guidelines:

- A. Self-admission (does not constitute a reduction in punishment)
- B. Parents/adult possessing positive identification/information
- C. A preponderance of evidence/information

When proof of a violation involving tobacco products, alcoholic beverages, or drugs has been determined, disciplinary action will be administered by the activities director and/or the principal in accordance with school policies and guidelines communicated in this handbook.

SUSPENSION OF ATHLETE/STUDENT

- A. The parents/guardians will be notified (in person or by telephone) by the Activities Director and/or Principal at the conclusion of the investigation. The parent/guardian may request a meeting with the Activities Director and/or Principal to have the investigation reviewed and/or to ask questions. A letter of suspension for a participant, who has been removed from a team, club, or activity, will be sent to the student's parent or guardian. The participant and the parent or guardian will be notified of the appeal process at the time of the suspension.

APPEALS

Any student participant, parent or guardian who is aggrieved by an athletic suspension may appeal if they have complaints regarding the means of discovery, and/or the disciplinary procedures that led to the suspension.

All discipline being appealed remains in effect during the appeal process.

APPEAL - TO THE SUPERINTENDENT: (STEP ONE)

- A. Any student or parent/guardian who wishes to contest the reason for his/her suspension from interscholastic contest or club, must notify the District Superintendent or his/her designee in writing, within three (3) business days of the date of notification of suspension. Failure to do so will render the suspension decision final.
- B. Following notification of the appeal, the District Superintendent or his/her designee will conduct a meeting of all involved parties within three (3) business days.
- C. Within two (2) business days of the conclusion of the meeting, the superintendent will notify the student and parent/guardian in writing, of his/her decision.

APPEAL - TO THE BOARD OF DIRECTORS: (STEP TWO)

- A. Any student or parent/guardian, aggrieved by the decision of the Superintendent, may appeal to the Board of Directors of the Reardan-Edwall School District.
- B. Such appeal must be made in writing, within three (3) business days of the date of the

decision of the Superintendent. Failure to do so will render the decision of the Superintendent final.

- C. Any student or parent/guardian, aggrieved by the decision of the Board of Directors, may appeal to the Superior Court of the State of Washington.

SAFETY GUIDELINES

Coaches/Advisors will inform each participant of the specific safety guidelines of that individual sport/activity. This information will also be conveyed to parents or guardians at the team meeting.

LETTERS AND AWARDS (HS athletics only):

In order to earn a varsity letter, an athlete must be in academic good standing, and not in violation of the activities code at the end of the season (up through and including the awards ceremony). In addition each sport may have its own lettering requirements i.e. minimum number of varsity quarters, minimum number of varsity team points, continued practice through state tournament etc. Requirements to earn letters and awards will be published and distributed at the beginning of each sport/activity season by each head coach/advisor. The individual advisor/head coach will handle awards for each sport/activity.

Letters may also be awarded, at the discretion of the Activities Director and head coach, for exchange students and/or injured athletes. No varsity letters will be awarded if the participant does not meet WIAA Eligibility guidelines.

EMERGENCY CARE OF INJURIES

In the event of a serious injury to an athlete/student, and in the absence of trained medical help, the coach/advisor will call (911). Coaches/advisors should not take it upon themselves to diagnose or treat seriously injured athlete or students.

ACCIDENT REPORTS

The head coach or advisor is responsible for submitting a complete accident report form on each injury case to the school principal. The form may be secured from the school secretary. The report must be complete and in sufficient detail so that anyone reading it at a later date would know exactly what occurred. This is for the protection of the student/athlete, the coaches/advisors, and the district.

EMERGENCY PROCEDURE

1. Responsible person must stay with the athlete or student.
2. Do not move a seriously injured athlete or student (especially with a back or neck injury.)
3. Responsible person should make any necessary emergency call (dial 911).

4. Contact parent(s)/guardian(s) as soon as possible.
5. A responsible person should meet the emergency unit.
6. Have student/athlete's emergency medical form ready.
7. Contact a building administrator.
8. Make a follow-up call to check on the athlete/student.

TRANSPORTATION

The Reardan-Edwall School District will furnish transportation for athletes/students to and from contests. **All team members will ride the team bus to and from all contests.**

EXCEPTIONS

Coaches/advisors **may** excuse an athlete/student from travel to or from practices or contests on the team bus, for good reason, if one of the following conditions is met:

1. The athlete/student is riding with his/her own parent/guardian, parent signature required.
2. A parental note is on file allowing the athlete/student to ride with another adult.
3. Athlete/student will not be allowed to travel without adult supervision even with a parental note.
4. Exceptions on individual basis authorized by principal or his/her designee.

IMPLEMENTATION

COACHES/ADVISORS IN-SERVICE:

The Reardan-Edwall School Board of Directors and Principal will develop a code of conduct, rules and regulations for all coaches and advisors. All senior high athletic coaches/activity advisors will receive in-service training as to the athletic/activity policies of the Reardan-Edwall School District. This training will be conducted by the Activity Director and updated each fall.

INFORMING STUDENTS AND PARENTS

- A. Any student wishing to become involved in a sport or activity will be required to sign and return to the school, a document showing he or she has read the athletic/activity policies and procedures handbook. Parents are also required to read and sign the same document as the student indicating that they have read and understand the athletic/activities policies and procedures handbook. Students will be reminded of these policies at pre-season team/activities meetings conducted by the coach/advisor.
- B. Each coach and advisor has the responsibility/authority to develop his/her own team or club rules. These will be in writing and given to each participant at the pre-season meeting.
- C. Information about Parent/Coach communication can be found on our website: www.reardan.net. It is located under the drop down bar labeled: HS athletics, and then by clicking on HS activity packet.

Please keep the activity code document for future reference.

ATHLETIC CONCUSSION INFORMATION

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, **all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly.** In other words, even a “ding” or a bump on the head can be serious. You can’t see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Symptoms may include one or more of the following:	
<ul style="list-style-type: none">• Headaches• “Pressure in head”• Nausea or vomiting• Neck pain• Balance problems or dizziness• Blurred, double, or fuzzy vision• Sensitivity to light or noise• Feeling sluggish or slowed down• Feeling foggy or groggy• Drowsiness• Change in sleep patterns	<ul style="list-style-type: none">• Amnesia• “Don’t feel right”• Fatigue or low energy• Sadness• Nervousness or anxiety• Irritability• More emotional• Confusion• Concentration or memory problems (forgetting game plays)• Repeating the same question/comment

Signs observed by teammates, parents and coaches include:
Appears dazed Vacant facial expression Confused about assignment Forgets plays Is unsure of game, score, or opponent Moves clumsily or displays incoordination Answers questions slowly Slurred speech Shows behavior or personality changes Can’t recall events prior to hit Can’t recall events after hit Seizures or convulsions Any change in typical behavior or personality Loses consciousness

What can happen if my child keeps on playing with a concussion or returns too soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athlete will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for student-athlete's safety.

If you think your child has suffered a concussion

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. The new "Zackery Lystedt Law" in Washington now requires the consistent and uniform implementation of long and well-established return to play concussion guidelines that have been recommended for several years:

"a youth athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time"

and

"...may not return to play until the athlete is evaluated by a licensed health care provider trained in the evaluation and management of concussion and received written clearance to return to play from that health care provider".

You should also inform your child's coach if you think that your child may have a concussion. Remember it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

For current and up-to-date information on concussions you can go to:

<http://www.cdc.gov/ConcussionInYouthSports/>

RETURN TO PARTICIPATION PROTOCOL:

If your child has been diagnosed with a concussion they may need to follow a progressive return to participation protocol before full participation is authorized.

The return to play protocol may not begin until the participant is no longer showing signs or symptoms of concussion and has a release from a doctor. Once symptom free, the athlete may begin a progressive return to play.

Sudden Cardiac Arrest Information

What is sudden cardiac arrest?

Sudden Cardiac Arrest (SCA) is the sudden onset of an abnormal and lethal heart rhythm, causing the heart to stop beating and the individual to collapse. SCA is the leading cause of death in the U.S. afflicting over 300,000 individuals per year.

SCA is also the leading cause of sudden death in young athletes during sports

What causes sudden cardiac arrest?

SCA in young athletes is usually caused by a structural or electrical disorder of the heart. Many of these conditions are inherited (genetic) and can develop as an adolescent or young adult. SCA is more likely during exercise or physical activity, placing student-athletes with undiagnosed heart conditions at greater risk. SCA also can occur from a direct blow to the chest by a firm projectile (baseball, softball, lacrosse ball, or hockey puck) or by chest contact from another player (called "commotio cordis").

While a heart condition may have no warning signs, some young athletes may have symptoms but neglect to tell an adult. If any of the following symptoms are present, a cardiac evaluation by a physician is recommended:

- Passing out during exercise
- Chest pain with exercise
- Excessive shortness of breath with exercise
- Palpitations (heart racing for no reason)
- Unexplained seizures
- A family member with early onset heart disease or sudden death from a heart condition before the age of 40

How to prevent and treat sudden cardiac arrest?

Some heart conditions at risk for SCA can be detected by a thorough heart screening evaluation. However, all schools and teams should be prepared to respond to a cardiac emergency. Young athletes who suffer SCA are collapsed and unresponsive and may appear to have brief seizure-like activity or abnormal breathing (gaspings). SCA can be effectively treated by immediate recognition, prompt CPR, and quick access to a defibrillator (AED). AEDs are safe, portable devices that read and analyze the heart rhythm and provide an electric shock (if necessary) to restore a normal heart rhythm.

Remember, to save a life: recognize SCA, call 9-1-1, begin CPR, and use an AED as soon as possible!

INFORMATION AND SCHOOL INSURANCE PAPERWORK
CAN BE FOUND ON OUR WEBSITE
OR IN THE HIGH SCHOOL AND MIDDLE SCHOOL OFFICES

Please keep the activity code document for future reference.

Reardan-Edwall School District

Student/Parent Concussion and Sudden Cardiac Arrest Awareness Form

The Reardan-Edwall School District believes participation in athletics improves physical fitness, coordination, self-discipline, and gives students valuable opportunities to learn important social and life skills.

With this in mind it is important that we do as much as possible to create and maintain an enjoyable and safe environment. As a parent/guardian or student you play a vital role in protecting participants and helping them get the best from sport.

Player and parental education in this area is crucial which is the reason for the Concussion Management and Sudden Cardiac Arrest Awareness pamphlet you received. Refer to it regularly.

This form must be signed annually by the parent/guardian and student prior to participation in Reardan-Edwall School District athletics. If you have questions regarding any of the information provided in the pamphlet, please contact the athletic director at your school.

I HAVE RECEIVED, READ AND UNDERSTAND THE INFORMATION PRESENTED IN THE CONCUSSION RECOGNITION AND SUDDEN CARDIAC ARREST AWARENESS PAGES.

Student Name (Printed)

Student Name (Signed)

Date

Parent Name (Printed)

Parent Name (Signed)

Date

Student Name: _____,
(Last) (First) (MI)

ATHLETIC & CO-CURRICULAR CODE:

I HAVE READ AND UNDERSTAND THE REARDAN-EDWALL HIGH SCHOOL STUDENT ATHLETIC/CO-CURRICULAR ACTIVITIES HANDBOOK.

Signatures
Required

*** Athlete/Student signature: _____ Date: _____

*** Parent/Guardian signature: _____ Date: _____

*** Parent/Guardian signature: _____ Date: _____

Student Information:

Home Address: _____

Home Phone: _____

Birthday: _____ Age: _____

If enrolled in another school last year, list the school:

School	Address	Phone Number
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REQUEST FOR WAIVER OF ACCIDENT PLAN COVERAGE

I understand that my student cannot participate in boys' or girls' after school athletics unless he/she is covered by the School Accident coverage plan (check www.reardan.net) or one with the following minimum provisions:

1. Minimum death benefit of \$600.00
2. A maximum payment for any injury of at least \$500.00
3. Coverage equivalent to the Washington State Industrial Insurance Fee Schedule for doctors' services of hospitalization with a 30 day minimum for the latter.
4. X-rays to a maximum of at least \$10.00.
5. Dental coverage equivalent to the Washington State Industrial Insurance Fee Schedule to at least \$100.00.

***INSURANCE PROVIDER (please list name of provider):**

I have insurance coverage the equivalent or better than the above requirement of the Washington Interscholastic Activities Association. I will continue to keep it in force throughout the sports season and therefore, I do not wish to enroll:

Student Name

in the school accident coverage plan. I accept full responsibility for the cost of treatment of any injury which he/she may suffer while taking part in the program. Please waive this requirement and permit him/her to take part in athletics.

Signature
Required to
Waive

***Parent Signature Date _____

REARDAN-EDWALL SCHOOL DISTRICT

STUDENT/PARENT/GUARDIAN WARNING & ASSUMPTION OF RISKS

It is the school district’s intent to provide any participant with good instructions, safe equipment, and safe transportation; but we cannot eliminate all risks involved in activity participation. ACCIDENTAL INJURY, COMPLETELY UNRELATED TO ANY PREVENTABLE, CAUSE, IS ALWAYS POSSIBLE.

This ASSUMPTION OF RISK form is designed to provide this school district with a degree of protection. It is not designed to deny the rights of an injured student. OUR SCHOOL DISTRICT PROVIDES WIAA CATASTROPHIC MEDICAL INSURANCE COVERAGE TO PARTICIPATING STUDENTS. Participation in WIAA sponsored interscholastic activities is all voluntary and extracurricular. As a condition to participation in these activities, you and your parent(s)/guardian(s) must understand THE RISKS involved in these kinds of activities.

“WARNING”

Participation in any activity, club or sport may involve injury of some type to either yourself or a fellow student athlete. Such injury can include direct physical and possibly crippling injury to one’s body and the possibility of emotional injury experienced as a result of witnessing or actually inflicting injury to another. The severity of such injury can range from minor to catastrophic injury such as complete paralysis or even one’s future ability to earn a living, to engage in other business, social and recreational activities, and generally to enjoy life.

Activity injuries can result from the incorrect or correct performance to playing techniques used in tryouts, practices, warm-ups, games, drills, exercises and other similar undertakings. Injury can also result from failing to follow game, training, safety or other team rules. Injury can result from the use of transportation provided or arranged by the school district to and from an interscholastic activity.

Therefore, the purpose of this WARNING is to aid you in making an informed decision as to whether you/your child or ward should participate in these activities. In addition, its purpose is to make you aware that as a student participant, or as a parent or guardian of a student participant, it is your responsibility to learn about and/or inquire of coaches, physicians, advisor, or other knowledgeable persons about any concerns that you might have at any time regarding participant’s safety.

In consideration of the REARDAN-EDWALL SCHOOL DISTRICT’S permitting

_____ to participate in interscholastic activities and to engage

(Student name)

in all areas of these activities, I, the participant, and we the parent(s)/guardian(s), hereby agree to ASSUME THE RISKS OF INJURY OR DEATH associated with the School District’s interscholastic program as outlined in the WARNING above.

By signing this document, we acknowledge that we have read and understand its contents and warning

related to the above stated risks and give our permission for _____ to stay after school and participate in the athletic program and in interscholastic activities. (Student Name)

DATE

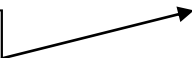
***STUDENT SIGNATURE

DATE

***PARENT SIGNATURE

***PARENT SIGNATURE

Signatures Required



Activities/Athletics Statement of Understanding

The Reardan-Edwall School District has set forth policy to ensure rules of conduct for students participating in co-curricular/extra curricular activities. Whether your son or daughter is participating or not, the Activity/Athletic Code will be enforced from the periods set forth within the Activity/Athletic Packet. By signing this document, you acknowledge that you understand your son or daughter will be held accountable to the Activity Code. This document will be required to be signed and on file within the district office, for all students entering either the Middle School or the High School in the Reardan-Edwall School District.

Date

Student Signature

Date

Parent/Guardian Signature