

Dear **OrthoKids** Volunteer:

Thank you for your interest in our OrthoKids Aquatic Exercise Program. To become a volunteer for OrthoKids you must be high school age or older and participate in a New OrthoKids Volunteer Orientation which is held on the **Tuesday and Thursday of the week before the next OrthoKids session starts**. The orientation will be held at the Delnor Health & Fitness Center's Café from 4 – 5 pm and you only attend one of the days. **If you are not able to attend the orientation, we can email or mail you the orientation packet.**

Please complete the information below and bring it to orientation or drop it off anytime at the Service Desk at Delnor Health & Fitness Center (296 Randall Road, Geneva, IL 60134).

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ (must be high school age or older to volunteer)

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Delnor Hospital Volunteer: \_\_\_\_\_ YES \_\_\_\_\_ NO

Choose which class(es) you want to volunteer for (class times are 4:15 – 5:00 pm)

Mon. \_\_\_\_\_ Tues. \_\_\_\_\_ Wed. \_\_\_\_\_ Thurs. \_\_\_\_\_

For OrthoKids class and orientation dates, or if you have any questions, you can email Jennifer Simmons at **Jennifer.Simmons@cadencehealth.org**.