



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LIFEGUARD TRAINING 2013-14

Lifeguarding is Challenging and Rewarding

LIFEGUARD TRAINING

American Red Cross Lifeguarding is ideal for people who want to work at traditional pools. The course teaches professionalism, patron and facility surveillance, victim recognition, equipment-based rescues and caring for head, neck and back injuries.

PREREQUISITES:

- Must be at least 15 years of age.
- Successful completion of pre-course session consisting of swimming skills test and knowledge.



FEE: \$170 for Members & Program Participants

WHEN: Dec 20-22 Fri. 5-10pm, Sat. 8am-10pm, Sun. 8-?
Mar. 14-16, Fri, 5-10pm, Sat. 8am-10pm, Sun 8-?
Apr 1, 4-6, Fri, 5-10pm, Sat, 8am-10pm
May, 2-4, Fri, 5-10pm, Sat, 8am-10pm, Sun 8-?
June 3-5, 2013 Tues, Wed, Thurs 8-6

LOCATION: Dodge City Family YMCA

Registrations are due Tuesday before class

Min 6 / Max 10

For more information contact Stacey Davis, Aquatics Director at 620-225-8157 or dckymca.aquatics@gmail.com

CHECK OUT OUR WEBSITE AT WWW.DODGECITYYMCA.ORG

Lifeguard Training Registration Form

Circle the Date of Course in which to enroll:

December

March

April

May

June

NAME _____ ADDRESS _____

D.O.B. _____ HOME PHONE# _____ CELL PHONE # _____ AGE _____

FATHER _____ D.O.B. _____ PHONE # _____

MOTHER _____ D.O.B. _____ PHONE # _____

INTERESTED IN RECEIVING TEXT ALERTS: YES NO If yes, please write down phone and Provider _____

INTERESTED IN RECEIVING EMAIL BLASTS: YES NO If yes, please write down email _____

Both of these communications pieces will be used for cancellations, updates, specials and other promotions.