



In-Touch Cricket Performance Programmes 2014

The programmes consist of a 10 sessions of 2.5 hours from Jan to April 2014 as per the dates below. The course focuses on working with highly experienced coaches on all aspects of the game including a specialised strength & conditioning programme.

JANUARY / APRIL 2014

(Sunday's at Epsom College 1pm to 3.30pm unless stated)

U14 / U15

1. 12th January
2. 19th January
3. 26th January – (City of Freeman School / 1pm to 3.30pm)
4. 2nd February
5. 9th February
6. 23rd February
7. 1st March – (Saturday / City of Freeman School / 1pm to 3.30pm)
8. 16th March
9. 30th March
10. 6th April

Coaches – (from the list below)

Matt Homes, Sam Schofield, Brian Berthoud - ECB UKCC Level 3
Keith Medlycott – ex Surrey 1st team coach
Ben Scott – Specialist S&C and keeping coach
Mark Cody – ECB UKCC Level 2
Graham Foster, Sam Homes – ECB UKCC Level 1
Gareth Davies / Kieron Vorster / Roberto Barcellona – Specialist S&C coaches

Cost

£450 (equates to £45 per session / £18ph)
No refunds for missed sessions

Contact details:

In-Touch Cricket Academy
Contact: Matt Homes
Email: matt@intouchcricket.co.uk
Tel: 07984 830412
Website: www.intouchcricket.co.uk

Booking Form

Name: _____ D.O.B: _____

Age: _____ Address: _____

Contact Name: _____ Contact Tel No: _____

Email Address: _____ Club: School: _____

Ability / Batter / Bowler / All-rounder / Wkt: _____

Medical Details or Special Requirements: _____

Sign: _____

Please return forms: In-Touch Cricket Academy, 6 Chestnut Avenue, Ewell, Surrey, KT19 0SZ with Cheques payable to In-Touch Cricket Academy or Bank *transfer* (Barclays Acc no: 80418978 Sort code: 20-96-89 In-Touch Cricket Academy Ltd).