







THIS IS THE DAY

which the Lord

HAS  
made

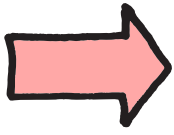
Let us Rejoice

& BE

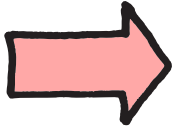
GLAD  
IN IT.

Psalm 118:24

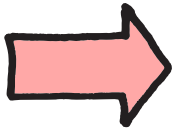
# Password Keeper



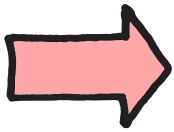
WEBSITE: \_\_\_\_\_  
USERNAME: \_\_\_\_\_ PASSWORD: \_\_\_\_\_  
NOTES: \_\_\_\_\_



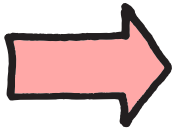
WEBSITE: \_\_\_\_\_  
USERNAME: \_\_\_\_\_ PASSWORD: \_\_\_\_\_  
NOTES: \_\_\_\_\_



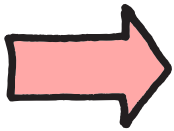
WEBSITE: \_\_\_\_\_  
USERNAME: \_\_\_\_\_ PASSWORD: \_\_\_\_\_  
NOTES: \_\_\_\_\_



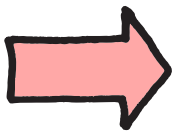
WEBSITE: \_\_\_\_\_  
USERNAME: \_\_\_\_\_ PASSWORD: \_\_\_\_\_  
NOTES: \_\_\_\_\_



WEBSITE: \_\_\_\_\_  
USERNAME: \_\_\_\_\_ PASSWORD: \_\_\_\_\_  
NOTES: \_\_\_\_\_



WEBSITE: \_\_\_\_\_  
USERNAME: \_\_\_\_\_ PASSWORD: \_\_\_\_\_  
NOTES: \_\_\_\_\_



WEBSITE: \_\_\_\_\_  
USERNAME: \_\_\_\_\_ PASSWORD: \_\_\_\_\_  
NOTES: \_\_\_\_\_

# January 2015

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

*Today is the perfect day to start living your dreams.*

**SATURDAY**

**SUNDAY**

**MONTHLY GOALS & NOTES**

3

4

10

11

17

18

24

25

31

Monthly Goals & Notes section with horizontal lines for writing.







# Daily Plan

Schedule	Daily Top 3
6	1
7	2
8	3
9	
10	Dinner
11	
12	
1	
2	Notes
3	
4	
5	
6	
7	
8	
9	

# Weight Tracker

#	Weight	+/-	Total
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

#	Weight	+/-	Total
21			
22			
23			
24			
25			
26			
27			
28			
29			
30			
31			
32			
33			
34			
35			
36			
37			
38			
39			
40			



 Weekly Planner 

Monday

Tuesday

Wednesday



Week of: \_\_\_\_\_

Thursday

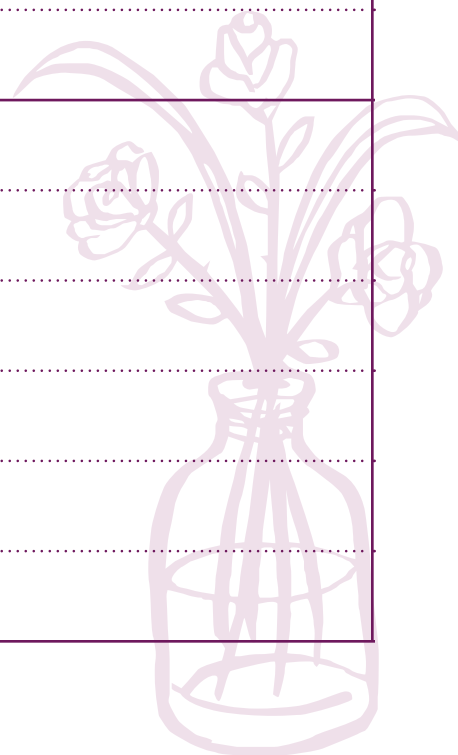
Handwriting practice area for Thursday, featuring a solid top line, a dashed midline, and a solid bottom line.

Friday

Handwriting practice area for Friday, featuring a solid top line, a dashed midline, and a solid bottom line.

Saturday & Sunday

Handwriting practice area for Saturday & Sunday, featuring a solid top line, a dashed midline, and a solid bottom line.





M			
T			
W			
T			
F			
S			
S			



S			
M			
T			
W			
T			
F			
S			



# Weekly PLAN

MONDAY

TUESDAY

WEDNESDAY

MORNING



15 MIN  
QUICK CLEAN:



15 MIN  
QUICK CLEAN:



15 MIN  
QUICK CLEAN:

AFTERNOON



30 MIN  
QUICK CLEAN:



30 MIN  
QUICK CLEAN:



30 MIN  
QUICK CLEAN:

EVENING



**THURSDAY**

**FRIDAY**

**SATURDAY & SUNDAY**































**MORNING**

		
		
		
		
<b>15 MIN QUICK CLEAN:</b>	<b>15 MIN QUICK CLEAN:</b>	<b>15 MIN QUICK CLEAN:</b>

**AFTERNOON**

		
		
		
		
<b>30 MIN QUICK CLEAN:</b>	<b>30 MIN QUICK CLEAN:</b>	<b>30 MIN QUICK CLEAN:</b>

**EVENING**



# Daily Plan

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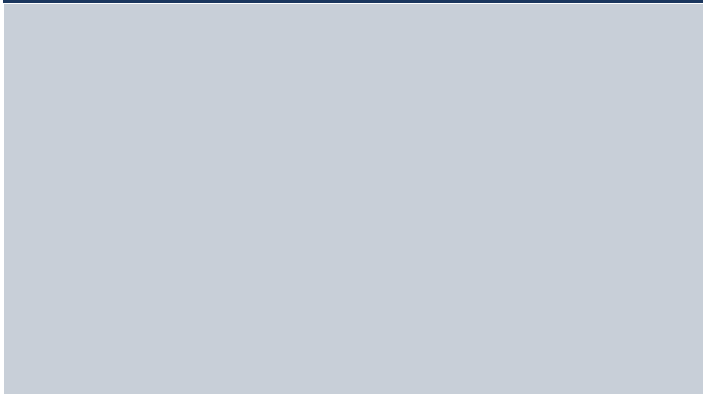
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# Daily Plan

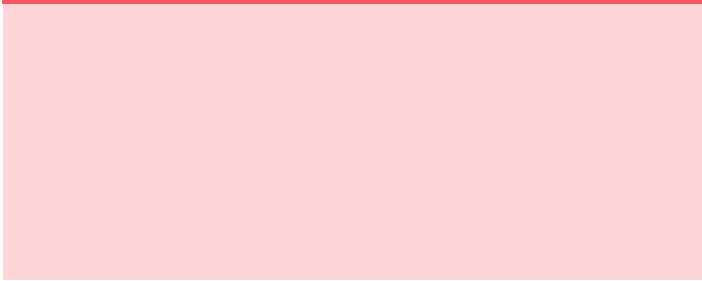
*Meetings*



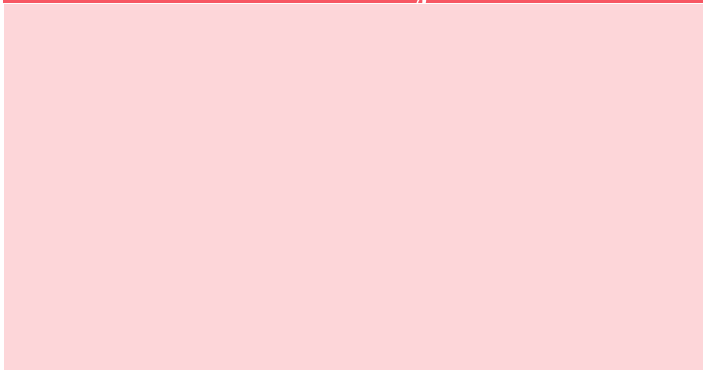
*Household*



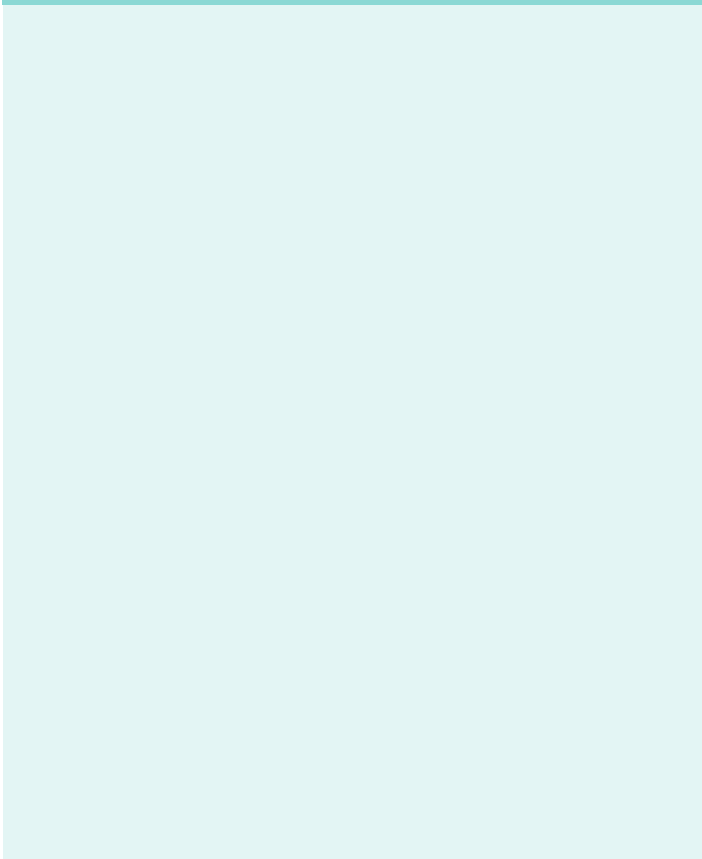
*Errands*



*Evening*



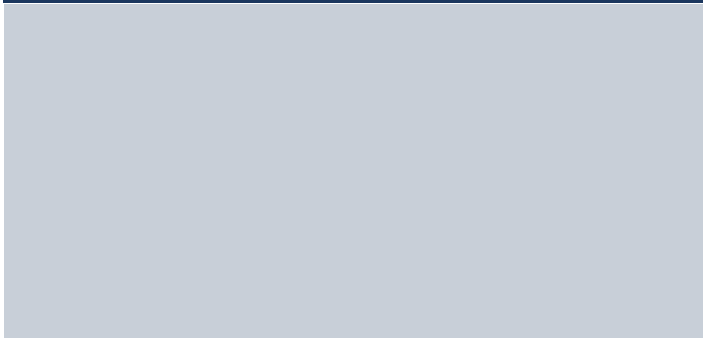
*Work*



*Fitness*



*Meals*



# Daily DOCKET

## SCHEDULE

7 AM

8 AM

9 AM

10 AM

11 AM

12 PM

1 PM

2 PM

3 PM

4 PM

5 PM

6 PM

7 PM

8 PM

9 PM

## WHAT'S FOR DINNER?

## TOP 5 DAILY GOALS

1

2

3

4

5

## NOTES AND TO-DO'S

# habit tracker

●	day one	
●	day two	
●	day three	
●	day four	
●	day five	
●	day six	
●	day seven	
●	day eight	
●	day nine	
●	day ten	
●	day eleven	
●	day twelve	
●	day thirteen	
●	day fourteen	
●	day fifteen	
●	day sixteen	
●	day seventeen	
●	day eighteen	
●	day nineteen	
●	day twenty	
●	day twenty one	







February  
2015

Monday      Tuesday      Wednesday      Thursday      Friday

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27









*Menu Plan*

<b>M</b>			
<b>T</b>			
<b>W</b>			
<b>T</b>			
<b>F</b>			
<b>S</b>			
<b>S</b>			



*Menu Plan*

S			
M			
T			
W			
T			
F			
S			







# Weekly Homeschool Plan

Mon				
Tues				
Wed				
Thur				
Fri				
Sat				
Sun				



vitamins  
M T W T F S S  
start laundry  
M T W T F S S  
unload dishes  
M T W T F S S  
dinner prep  
M T W T F S S  
switch laundry  
M T W T F S S  
inboxes zero  
M T W T F S S  
exercise  
M T W T F S S  
straighten up  
M T W T F S S  
wipe sinks  
M T W T F S S  
fold laundry  
M T W T F S S  
wash dishes  
M T W T F S S  
empty trash  
M T W T F S S  
plan  
M T W T F S S

vitamins  
M T W T F S S  
start laundry  
M T W T F S S  
unload dishes  
M T W T F S S  
dinner prep  
M T W T F S S  
switch laundry  
M T W T F S S  
inboxes zero  
M T W T F S S  
exercise  
M T W T F S S  
straighten up  
M T W T F S S  
wipe sinks  
M T W T F S S  
fold laundry  
M T W T F S S  
wash dishes  
M T W T F S S  
empty trash  
M T W T F S S  
plan  
M T W T F S S

vitamins  
M T W T F S S  
start laundry  
M T W T F S S  
unload dishes  
M T W T F S S  
dinner prep  
M T W T F S S  
switch laundry  
M T W T F S S  
inboxes zero  
M T W T F S S  
exercise  
M T W T F S S  
straighten up  
M T W T F S S  
wipe sinks  
M T W T F S S  
fold laundry  
M T W T F S S  
wash dishes  
M T W T F S S  
empty trash  
M T W T F S S  
plan  
M T W T F S S

vitamins  
M T W T F S S  
start laundry  
M T W T F S S  
unload dishes  
M T W T F S S  
dinner prep  
M T W T F S S  
switch laundry  
M T W T F S S  
inboxes zero  
M T W T F S S  
exercise  
M T W T F S S  
straighten up  
M T W T F S S  
wipe sinks  
M T W T F S S  
fold laundry  
M T W T F S S  
wash dishes  
M T W T F S S  
empty trash  
M T W T F S S  
plan  
M T W T F S S







# meal plan

	breakfast	lunch	dinner
<b>M</b> <i>monday</i>			
<b>T</b> <i>tuesday</i>			
<b>W</b> <i>wednesday</i>			
<b>T</b> <i>thursday</i>			
<b>F</b> <i>friday</i>			
<b>S</b> <i>saturday</i>			
<b>S</b> <i>sunday</i>			