

**Under the Patronage of Her Royal Highness
Princess Sarvath El Hasan**



A Joint Jordanian Conference On Osteoporosis & the 4th Middle East Training Course on Osteoporosis (METCOP4)

Organized by:

The Jordanian Physicians Osteoporosis Society (JPOS)
The Jordanian Osteoporosis Prevention Society (JOPS)
The International Osteoporosis Foundation (IOF)



**InterContinental Jordan Hotel, Amman
Movenpick Resort & Spa, Dead Sea
November 11-13, 2009**

First Announcement



**A Joint Jordanian Conference on Osteoporosis
& the 4th Middle East Training Course on Osteoporosis
(METCOP4)**



Dear Colleagues,

On behalf of the Executive Committee of the Joint Jordanian Conference on Osteoporosis we are pleased to invite you to participate in this important scientific meeting which has resulted from a joint collaboration between the Jordanian Physicians Osteoporosis Society and the Jordanian Osteoporosis Prevention Society. This event will be a great opportunity for exchanging ideas and experiences which will enrich our knowledge about osteoporosis.

We are pleased that the METCOP 4 (4th Middle East Training Course on Osteoporosis) is going to be a continuity of the scientific program of our conference. Participants will have a unique opportunity during the first part of the congress in Amman as well as the second part (METCOP 4) in the Dead Sea to exchange knowledge and experience with distinguished world experts.

We hope that this conference will give attendants and participants an opportunity to enjoy the hospitality of Jordan, the diversity of its scenery and its sacred and historical sites.

We look forward to welcoming you in Jordan.

Presidents of the congress

Dr. Ali Otom
President of (JPOS)

Dr. Efteem Azar
President of (JOPS)



**4th Middle East Training Course on Osteoporosis (METCOP4)
Mövenpick Resort & Spa, Dead Sea, Jordan
November 12-13, 2009**

Dear Friends and Colleagues,

The 4th Middle East Training Course of Osteoporosis - METCOP4 will be held on November 12-13, 2009 at the Mövenpick Resort & Spa, Dead Sea, Jordan

This regional IOF training course is being held in partnership with the Pan-Arab Osteoporosis Society (PAOS).

We are delighted to announce that the METCOP4 will continue the Jordanian National Osteoporosis Conference organized jointly by the two Jordanian osteoporosis societies: the Jordanian Osteoporosis Prevention Society (JOPS) and the Jordanian Physicians Osteoporosis Society (JPOS) on Wednesday November 11, 2009 at InterContinental Jordan Hotel, Amman.

This course is open to all physicians and pharmacists, paramedical professionals (such as nurses, physiotherapists, etc.) and our colleagues from the pharmaceutical industry and bone densitometer manufacturers.

We wish to see you at this important scientific event and hope that you will combine science and pleasure at the Dead Sea - the lowest point on earth.

Pr. Jean Philippe Bonjour

Course Leader

Dr. Basel Masri

IOF Middle-East & Africa Representative, Course Organizer

Guest Speakers

Day 1: November 11, 2009 Amman

Ghada El-Hajj FULEIHAN, MD, MPH
Professor of Medicine
Department of Internal Medicine
Director Calcium Metabolism and Osteoporosis Program
American University of Beirut – Medical Center
Lebanon
Email: gf01@aub.edu.lb

Serge FERRARI, MD
Associate Professor of Medicine
Division of Bone Diseases
Medical Associate – Department of Rehabilitation & Geriatrics
Geneva, Switzerland
Email: serge.ferrari@unige.ch

René RIZZOLI, MD
Professor of Medicine
Head - Division of Bone Diseases
World Health Organization Collaborating Center for Osteoporosis Prevention
Chairman of University Department of Rehabilitation and Geriatrics
University Hospitals
Geneva, Switzerland
Email: rene.rizzoli@medicine.unige.ch

John KANIS, MD
President – International Osteoporosis Foundation
Emeritus Professor in Human Metabolism
Director of the WHO Collaborating Center for Metabolic Bone Diseases at Sheffield, England
Email: w.j.pontefract@sheffield.ac.uk

Day 2 & 3: November 12-13, 2009 Dead Sea (METCOP4)

Dr Humeira BADSHA, MD
Consultant Rheumatologist
Dubai Bone and Joint Center
Dubai, United Arab Emirates
Email: humeira.badsha@dbai.ae

Prof. Serge FERRARI, MD
Division of Bone Diseases
University Hospitals and Faculty of Medicine
Geneva, Switzerland
Email: serge.ferrari@unige.ch

Dr. Basel MASRI, MD,
Consultant Rheumatologist
Jordan Osteoporosis Center - Jordan Hospital
Amman; Jordan
E-Mail: bmasri.clinic@batelco.jo

Dr. Mohammad AL-SHAKER, MD
Medical Director, Osteoporosis Clinic
King Faisal Specialist Hospital and Research Center
Riyadh, Saudi Arabia
Email: shaker@kfshrx.edu.sa

Prof. Jean-Philippe BONJOUR, MD
Division of Bone Diseases
University Hospitals and Faculty of Medicine Geneva, Switzerland
Email: jean-philippe.bonjour@unige.ch

Prof. Marius KRAENZLIN, MD
Division of Endocrinology, Diabetes and Clinical Nutrition
University Hospital - Basel, Switzerland
Email: marius.kraenzlin@unibas.ch

Prof. Ahmed RASHED, MD, PhD
Department of Obstetrics and Gynecology
Ain Shams University
Cairo, Egypt
Email: rashedwhc@gmail.com

Conference Committees

Jordanian Physicians for Osteoporosis Society Executive Board Members

Dr. Ali Otom

Dr. Zuheir Sabbaq

Dr. Mohammad Jomah

Dr. Issam Dahabra

Dr. Mazen Al-Zebdeh

Dr. Abdul-Salam Zumeili

Dr. Farid Risheq

Dr. Hisham Al-Majed

Dr. Jihad Sammour

Jordanian Osteoporosis Prevention Society Executive Board Members

Dr. Efteem Azar

Dr. Mazen Kakish

Dr. Aida Doughan

Dr. Said Abdulmajeed

Dr. Odeh Al Taleb

Dr. Nawar Fariz

Mrs. Haifa Attieh Dia

Mrs. Ereeni Awad

Mrs. Rozine Keftejian

International Osteoporosis Foundation

Dr. Basil Masri

IOF Middle-East & Africa Representative

| |
|-----------------------------|
| Scientific Committee |
| Dr. Aida Doughan |
| Dr. Mohammad Jomah |

| |
|----------------------------|
| Financial Committee |
| Dr. Abdul-Salam Zumeili |
| Mrs. Rozine Keftejian |

| |
|-------------------------|
| Social Committee |
| Dr. Hisham Al-Majed |
| Mrs. Ereeni Awad |

| |
|--|
| Medical Exhibiton & Information Committee |
| Dr. Mazen Kakish |
| Dr. Issam Dahabra |

Major Topics of the Preliminary Scientific Program

Osteoporosis

- Etiology and Pathophysiology of Osteoporosis
- Epidemiology of Osteoporosis
- Post Menopausal Osteoporosis
- Glucocorticoid – Induced Osteoporosis
- Male Osteoporosis
- Familial and Hereditary Osteoporosis
- Osteoporosis in Jordan and Arab countries
- New Diagnostic Tools in Osteoporosis
- Recent advances in Treatment of Osteoporosis
- Prevention Measures in Osteoporosis

METCOP4-Program

Thursday November 12, 2009

| | | |
|--------------------|---|--------------------|
| 0830-0930 | Registration | |
| <u>1</u> 0930-1000 | From Bone Molecular Physiology to New Osteoporosis Therapies | J-Philippe Bonjour |
| <u>2</u> 1000-1030 | Pathophysiology of Bone Fragility | J-Philippe Bonjour |
| 1030-1100 | Coffee Break | |
| <u>3</u> 1100-1130 | Familial and Hereditary Osteoporosis | Serge Ferrari |
| <u>4</u> 1130-1215 | Epidemiology of Osteoporotic Fractures in Middle-East and North Africa | Mohammad El-Shaker |
| 1215-1415 | Lunch | |
| <u>5</u> 1415-1500 | Clinical Assessment of Bone Mineral Density and Structure: Present and Future | Marius Kraenzlin |
| <u>6</u> 1500-1530 | Use of Biochemistry in Osteoporosis Management | Marius Kraenzlin |
| <u>7</u> 1530-1600 | Menopause in Arabian Countries: Secular Trend in Osteoporosis Risk Awareness | Ahmad Rashed |
| 1600-1630 | Coffee Break | |
| <u>8</u> 1630-1715 | Update on the Use of Estrogen and SERMS | Marius Kraenzlin |
| <u>9</u> 1715-1800 | Osteoporosis Treatment with Bisphosphonates in 2009 | Serge Ferrari |

Friday November 13, 2009

| | | |
|---------------------|---|-------------------------------|
| <u>10</u> 0930-1015 | Vitamin D Insufficiency in the Middle-East: Etiology, Prevalence and Prevention | Basel Masri |
| <u>11</u> 1015-1100 | Role of Nutrition in the Prevention and Management of Osteoporosis | J-Philippe Bonjour |
| 1100-1130 | Coffee Break | |
| <u>12</u> 1130-1200 | Parathyroid Hormone: Clinical Application | Serge Ferrari |
| <u>13</u> 1200-1230 | Strontium Ranelate: From Molecular Mechanisms to Recent Clinical Findings | J-Philippe Bonjour |
| 1230-1430 | Lunch | |
| <u>14</u> 1430-1500 | Prevention and Treatment of Glucocorticoid-Induced Osteoporosis | Humeira Badsha |
| <u>15</u> 1500-1530 | Clinical Pathway Following Fragility Fractures | J-Philippe Bonjour |
| <u>16</u> 1530-1615 | WHO FRAX: A Quantitative Tool for Risk Assessment and Therapeutic Intervention | J-Ph. Bonjour & M. Kraenzlin. |
| 1615-1645 | Coffee Break | |
| <u>17</u> 1645-1730 | Whom, How, When and How Long To Treat | Marius Kraenzlin |

General Information

Currency:

One Jordanian Dinnar is equivalent to 1.4 US Dollar. Foreign currency may be exchanged freely at any bank or money exchanger. Credit cards are accepted in most hotels, restaurants and shopping malls.

Insurance Liability:

- It is suggested that participants take out travel and health insurance before they depart from their countries.
- The Congress will not be liable for any accident, injury or illness that may occur.

Official Carrier:

Royal Jordanian (RJ) is the official carrier of the congress. Please check with RJ offices abroad for reduced ticket rates.

Visa Requirements and Passports:

You must possess a passport, valid for at least 3 months.

Nationals of most countries can obtain a visa at Amman Airport upon arrival.

However participants requiring a visa should apply to Jordan Embassies or Diplomatic Missions in their countries.

Electrical Current:

220 V. When using 110V, you need an adapter.

Language:

The official language of the Congress is English

Weather:

Temperature in November is expected to be around 15-20C (68-81° F).

Jackets for cool evenings are recommended.

Time Zone:

Jordan is two hours ahead of Greenwich Mean Time (GMT).

Conference Registration Fees (Amman)

Name:
Address (City, Zip Code, Country).....
.....
Telephone: Fax:
Email:

Registration fees (Please tick your choice):

| | |
|---|-----------|
| <input type="radio"/> International Participants | US \$ 100 |
| <input type="radio"/> Accompanying person | US \$ 50 |
| <input type="radio"/> Members of JPOS + JOPS | JD. 25 |
| <input type="radio"/> Local Participants | JD. 35 |
| <input type="radio"/> Resident | JD. 20 |
| <input type="radio"/> Medical Students (attend Scientific Sessions) | Free |

The Registration fees include: Access to the opening ceremony, the scientific sessions, exhibition, lunch, coffee breaks, and conference bag which includes a certificate of attendance, and abstract book with final program. (Except medical students).

Please fax or email a copy of the registration form to: (962) (6) (461-8558
Or by email: info@jordan-valley.com

Hotel Accommodation, Amman

| | Single | Double |
|--------------------------------------|--------|--------|
| InterContinental Jordan Hotel, Amman | JD135 | JD150 |
| Deluxe Room | | |
| Main venue of the conference | | |

The above room rates are:

- In Jordanian Dinars (JOD)
- Inclusive of Buffet Breakfast.
- Subject to 10% service charge and 8% sales tax

METCOP4-Registration Packages

3 Nights Package 11-14 November includes:

1. Three nights Accommodation Single or Double BB
Check-in Wednesday 11 November 2009 - Check-out Saturday 14 November 2009
2. (Only for the registered attendee - the accompanying persons are not included):
 - a. 2 Lunches & 4 coffee Breaks on Thursday 12 & Friday 13 November 2009
 - b. Course Printed Material
 - c. Wednesday 11 November 2009 Dinner
 - d. Thursday 12 November 2009 Gala Dinner
 - e. Friday 13 November Dinner
 - f. Airport pick-up from and to Amman Queen Alia Airport.

\$1,550.00 Price inclusive of all taxes & service charges

The Hotel is allowing ONE accompanying person to use the room of the registered attendee on a BB basis.
The registered attendee should pay his or her extra expenses and the meals of his or her accompanying persons.

2 Nights Package 11-13 November includes:

1. Two nights Accommodation Single or Double BB
Check-in Wednesday 11 November 2009 - Check-out Friday 13 November 2009
2. (Only for the registered attendee - the accompanying persons are not included):
 - a. 2 Lunches & 4 coffee Breaks on Thursday 12 & Friday 13 November 2009
 - b. Course Printed Material
 - c. Wednesday 11 November 2009 Dinner
 - d. Thursday 12 November 2009 Gala Dinner
 - e. Airport pick-up from and to Amman Queen Alia Airport.

\$1,300.00 Price inclusive of all taxes & service charges

The Hotel is allowing ONE accompanying person to use the room of the registered attendee on a BB basis.
The registered attendee should pay his or her extra expenses and the meals of his or her accompanying persons.

1 Night Package 12-13 November includes:

1. One night Accommodation Single or Double BB
Check-in Thursday 12 November 2009 - Check-out Friday 13 November 2009
2. (Only for the registered attendee - the accompanying persons are not included):
 - a. 2 Lunches & 4 coffee Breaks on Thursday 12 & Friday 13 November 2009
 - b. Course Printed Material
 - c. Thursday 12 November 2009 Gala Dinner

\$950.00 Price inclusive of all taxes & service charges

The Hotel is allowing ONE accompanying person to use the room of the registered attendee on a BB basis.
The registered attendee should pay his or her extra expenses and the meals of his or her accompanying persons.

Prices for accompanying persons inclusive of all taxes & service charges:

- \$75.00 : Gala Dinner
- \$50.00 : For each Dinner on Wednesday 11 & Friday 13 November 2009
- \$50.00 : Meet & Assist in same car with registered attendee

For registration please contact E-mail: metcop4-jordan@batelco.jo

METCOP4-Jordan-November 12-13, 2009 - Guest Package Form

| | | | |
|--------------|----------------------|----------------------|----------------------|
| Full Name: | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| Title: | <input type="text"/> | Specialty: | <input type="text"/> |
| Institution: | <input type="text"/> | Nationality: | <input type="text"/> |
| Address: | <input type="text"/> | | |
| Phone: | <input type="text"/> | Fax: | <input type="text"/> |
| Cellular: | <input type="text"/> | E-mail: | <input type="text"/> |

Guest package type: (please tick your choice)

- ☐ 3nights Package November 11-14, 2009: US\$ 1,550.00
☐ 2nights Package November 11-13, 2009: US\$ 1,300.00
☐ 1night Package November 12-13, 2009: US\$ 950.00

Accompanying Persons:

Full Name:

Prices for Accompanying Persons inclusive of all taxes and service charge:

Of accompanying persons:

- ☐ US\$ 75.00: Gala Dinner
☐ US\$ 50.00: for each Dinner on Wednesday 11 & Friday 13 November 2009
☐ US\$ 50.00: Airport Pick-up in the same car with registered attendee

Total amount to be paid in US\$:

N.B.: No accommodation will be accepted without the registration form filled and presented with full fees.

This form to be sent to IOF – Amman Office by email: metcop4-jordan@batelco.jo

For more information; please contact our organizing company:

Jordan Valley Conferences & Exhibition Services (Amman-Jordan)
Tel: +962 6 461 8448 Fax: +962 6 461 8558 Cellular: +962 79 5772707
E-mail: info@jordan-valley.com www.jordan-valley.com

Abstract Form

Abstract Deadline September 15, 2008

Author's Name:

Institution:.....

Address (City, Zip Code, Country)

.....

Telephone: Mobile:

Fax:

Email:

- All Presentations will be multimedia

Abstracts of not more than 150 words should be typed on A4 size and sent preferably by email to:

info@jordan-valley.com or aidadoughan@yahoo.com or mibrahimster@gmail.com

Abstract

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