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## IMPORTANCE OF ANTIMICROBIAL AGENTS FROM PLANTS IN PRESENT SCENARIO: A REVIEW

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**ABSTRACT:** Since human exist on earth, plants are being used for the treatment of various diseases. The specific uses of plants are mentioned in the traditional system of medicines like *Ayurveda*, *Sidda*, *Unani* etc. Now a day's plants are getting more importance as medicines because plants having less side effects, cost effective, long effective life span and safe etc. The present review covers the brief history of antimicrobials and list of plants as antimicrobials, approved, and banned antimicrobial drugs. In the present scenario the use of herbal drugs is increasing progressively worldwide. Hence this review shows useful data for researchers to develop new antimicrobials from plant origin.

**INTRODUCTION:** According to the WHO, over 80% of the world's population relies on traditional forms of medicine, largely plant based to meet primary health care needs. In India, the collection and processing of medicinal plants and plant products contributes a major part each year to the national economy, as a source of both full and part time employment. Plants are one of the most important sources of medicines. The application of plants as medicines has date back to prehistoric period. In India the references to the curative properties of some herbs in the Rig-Veda seems to be the earliest records of use of plants in medicines. The medicinal plants are extensively utilized throughout the world in two distinct areas of health management; traditional system of medicine and modern system of medicine.<sup>1</sup>

Clinical microbiologists have two reasons to be interested in the topic of antimicrobial plant extracts. First, these phytochemicals will find their way into the arsenal of antimicrobial drugs prescribed by physicians; several are already being tested in humans. It is reported that, on average, two or three antibiotics derived from microorganisms are launched each year.<sup>2</sup> After a downturn in that pace in recent decades, the pace is again quickening as scientists realize that the effective life span of any antibiotic is limited. Worldwide spending on finding new anti-infective agents (including vaccines) is expected to increase 60% from the spending levels in 1993.<sup>3</sup>

New sources, especially plant sources, are also being investigated. Second, the public is becoming increasingly aware of problems with the over prescription and misuse of traditional antibiotics. In addition, many people are interested in having more autonomy over their medical care.

A multitude of plant compounds (often of unreliable purity) is readily available over-the-counter from herbal suppliers and natural-food

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stores, and self-medication with these substances is commonplace.

### Brief History

Approximately 3000 plants species are known to have medicinal properties in India. The Rigveda (3700 B.C.) mentions the use of medicinal plants. Our traditional systems of medicines, viz., Ayurveda, Yunani, Siddha and Homeopathy etc. use herbs for treatment.<sup>1</sup> It is estimated that there are 250,000 to 500,000 species of plants on Earth.<sup>4</sup> A relatively small percentage (1 to 10%) of these is used as foods by both humans and other animal species. It is possible that even more are used for medicinal purposes.<sup>5</sup> Hippocrates (in the late fifth century B.C.) mentioned 300 to 400 medicinal plants.<sup>6</sup> In the first century A.D., Dioscorides wrote *De Materia Medica*, a medicinal plant catalog which became the prototype for modern pharmacopoeias. The Bible offers descriptions of approximately 30 healing plants. Frankincense and myrrh reported to have antiseptic properties; they were even employed as mouthwashes.

The fall of ancient civilizations forestalled Western advances in the understanding of medicinal plants, with much of the documentation of plant pharmaceuticals being destroyed or lost.<sup>7</sup> During the Dark Ages, the Arab world continued to excavate their own older works and to build upon them. Asian cultures were also busy compiling their own pharmacopoeia. In the West, the Renaissance years saw a revival of ancient medicine, which was built largely on plant medicinals. North America's history of plant medicinal use follows two strands—their use by indigenous cultures (Native Americans), dating from prehistory<sup>8</sup> and an “alternative” movement among Americans of European origin, beginning in the 19<sup>th</sup> century. Native American use of plant medicinal has been reviewed extensively in a series of articles by Moerman.<sup>5</sup> He reported that while 1,625 species of plants have been used by various Native American groups as food, 2,564 have found use as drugs.<sup>9</sup>

According to his calculations, this leaves approximately 18,000 species of plants which were used for neither food nor drugs. Speculations as to how and why a selected number of plant species came into use for either food or drugs. In 1861

Holmes wrote, “If the whole *materia medica* as now used could be sunk to the bottom of the sea, it would be all the better for mankind—and all the worse for the fishes”. In 1887 alternative practitioners compiled their own catalogs, notably the *Homeopathic Pharmacopoeia of the United States*. Mainstream medicine is increasingly receptive to the use of antimicrobial and other drugs derived from plants, as traditional antibiotics (products of microorganisms or their synthesized derivatives) become ineffective and as new, particularly viral, diseases remain intractable to this type of drug.

Another driving factor for the renewed interest in plant antimicrobials in the past 20 years has been the rapid rate of (plant) species extinction.<sup>(10)</sup> There is a feeling among natural-products chemists and microbiologists alike that the multitude of potentially useful phytochemical structures which could be synthesized chemically is at risk of being lost irretrievably.<sup>11</sup> There is a scientific discipline known as ethnobotany (or ethnopharmacology), whose goal is to utilize the impressive array of knowledge assembled by indigenous peoples about the plant and animal products they have used to maintain health. Lastly, the ascendancy of the human immunodeficiency virus (HIV) has spurred intensive investigation into the plant derivatives which may be effective, especially for use in underdeveloped nations with little access to expensive Western medicines.<sup>12</sup>

### Development of antibiotics

There are two broad routes to drug discovery: the natural product and the synthetic route.

#### Natural route

The antibiotic discovery from natural source began with the discovery of penicillin from a mold by Alexander Fleming in 1928. Natural drug discovery involves the exploration of natural sources such as soil, bacteria, mold and trees for new chemical entities which could be further developed and licensed for clinical use. Majority of the antibiotics used worldwide are of natural origins.<sup>13-15</sup> In this method, natural products or extracts from the herbs, bacteria and so forth are first tested for antibacterial activity, followed by purification and characterization of promising candidates.<sup>(16)</sup> However, the ease with which pathogens acquire

resistance to antibacterial compounds has resulted in continuous search for a lasting solution.

### Semi-Synthetic route

The semi-synthetic route was ventured into due to antibiotic resistance to natural antibiotics and instability to acidic medium.<sup>17</sup> Following the purification and identification of the pharmacophore of penicillin<sup>18</sup> and the understanding of the mechanism of resistance by lactamase enzymes<sup>19-20</sup> the pharmaceutical companies began to modify the antibiotic molecules in such a way as to retain activity while resisting inactivation by microbial enzymes. This method became possible when the structure of the beta-lactam ring which is the pharmacophore of penicillin was determined. After it was discovered that the beta lactamase enzymes hydrolyse the  $\beta$ -lactam bond to render the pharmacophore inactive<sup>20</sup> attempts were made to introduce a moiety that would stabilize the pharmacophore against the attack of the enzymes. Aminopenicillins and methicillin are also examples of derivatives produced by the synthetic route.<sup>18</sup>

The modification affected the properties of the compounds as it pertains to acid and alkaline stability and stability to degradation by bacterial enzymes. Aminopenicillin is stable to stomach acid and can be administered orally while methicillin is stable against the beta-lactamase enzyme. Thus methicillin (carboxypenicillin) and ticarcillin were fashioned from penicillin for the treatment of infections due to resistant staphylococcus and pseudomonas respectively.<sup>13</sup> The synthesis of other semi-synthetic antibiotics was also reported. Minocycline and doxycycline are both tetracycline analogues.<sup>19</sup> Second and third generation cephalosporins were possible through semi-synthesis.<sup>21-22</sup>

Semi-synthesis was not, however, very effective in combating the dynamic resistance posed by the microbial world. Cross resistance between different antibiotics of the same family was a major problem. It was thought that the ease with which bacteria develop resistance to natural compounds could be due to co-evolution between the organism and the antibacterial. The companies thought of introducing xenobiotics which are compounds that are not known to nature.<sup>23</sup>

### Synthetic route

The sulphonamides were the first antibiotics that were synthesized. Prontosil, a component of a dye which was prepared for use in the textile industry was accidentally found to be active against microorganisms by a German chemist.<sup>24</sup> The next product of pure synthesis did not arrive until 1962 when the quinolones were synthesized. It took about 40 years for another synthesized compound Linezolid (oxazolidinone) to be approved for clinical use.<sup>25</sup>

The rapid development and promises of the synthetic route was thought to pull the pharmaceutical industry away from the natural drug discovery route. Combinatorial chemistry has played a large role in the search for drug leads but it was not until 2005 when the first product of combinatorial chemistry as mode of drug discovery was approved for clinical use. Sorafenib (Nexavar) was approved by the FDA for the treatment of advanced renal cancer and it received its marketing license in Europe in 2006.<sup>26, 27</sup>

### Antimicrobial resistance

#### Resistance in bacteria

WHO's 2014 report on global surveillance of antimicrobial resistance is happening right now, across the world, and is putting at risk to treat common infections in the community and hospitals (Fig 1).

- The treatment with third-generation cephalosporins has been failure for gonorrhea in many countries due to which there is increased complications like infertility, adverse pregnancy outcomes and neonatal blindness.
- *E. coli* caused urinary tract infections becomes resistance to fluoroquinolones is also very widespread.
- The severe infections caused by *Staphylococcus aureus* becomes resistance to first-line antibiotics in many populations.
- In most of the countries, life-threatening infections caused by common intestinal bacteria are resistant to carbapenem antibiotics.

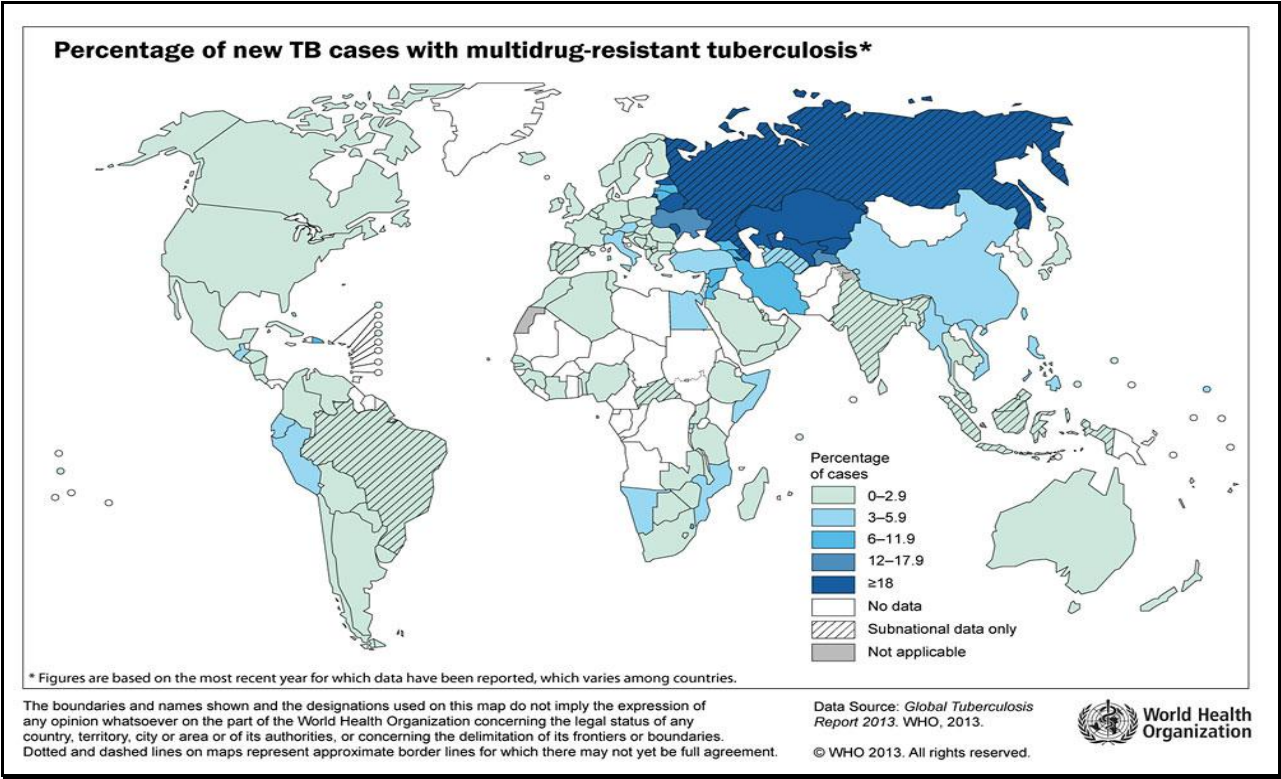


FIGURE 1: PERCENTAGE OF NEW TB CASES WITH MULTIDRUG RESISTANT TUBERCULOSIS.

Resistance in HIV

Resistance is a pressing concern for treatment of HIV infection, after the rapid expansion in access to antiretroviral drugs in recent years; national surveys are underway to detect and monitor resistance.

At the end of 2011, more than 8 million people were receiving antiretroviral therapy in low- and middle-income countries to treat HIV. Although it can be minimized through good programmed practices, some amount of resistance to the medications used to treat HIV is expected to emerge.

Analysis of data from WHO surveys that target people who have been recently infected with HIV indicates increasing levels of resistance to the non-

nucleoside reverse transcriptase (NNRTI) class of drug used to treat HIV. This increase is particularly noticeable in Africa, where the prevalence of resistance to NNRTI reached 3.4% in 2009.

There is no clear evidence of increasing levels of resistance to other classes of HIV drugs. Of 72 surveys of transmitted HIV drug resistance conducted between 2004 and 2010, 20 (28%) were classified as having moderate (between 5% and 15%) prevalence of resistance.

Available data suggest that there is an association between higher levels of coverage of antiretroviral therapy and increased levels of HIV drug resistance.<sup>28</sup>

TABLE 1: THERE ARE NUMEROUS PLANTS WHICH ARE PROVED FOR THEIR ANTIMICROBIAL ACTIVITY <sup>29</sup>

Sl No.	Plant name	Part used	Extract	Active against
1	<i>Stephania glabra</i>	Rhizome	Ethanol,	<i>Staphylococcus mutans</i> , <i>Staphylococcus epidermidis</i> , <i>Escherichia coli</i> , <i>Klebsiella pneumonia</i>
2	<i>Woodfordia fruticosa</i>	Stem and flowers	Petroleum ether, Chloroform, Diethyl ether and Acetone.	<i>Escherichia coli</i> , <i>Bacillus subtili</i> , <i>Staphylococcus aureus</i> and <i>Pseudomonas aeruginosa</i> .



3	<i>Betula utilis</i>	Bark	Petroleum Ether, Chloroform, Methanol, Ethanol and Water	<i>Escherichia coli</i> , <i>Klebsiella pneumonia</i> , <i>Proteus mirabilis</i> , <i>Pseudomonas aeruginosa</i> , <i>Salmonella paratyphi</i> , <i>Salmonella typhi</i> , <i>Salmonella typhimurium</i> , <i>Shigella flexneri</i> , <i>Shigella sonnei</i> , <i>Staphylococcus aureus</i> , <i>Streptococcus faecalis</i> , <i>Shigella boydii</i> , <i>Citrobacter</i> sp., <i>Salmonella paratyphi</i> B and <i>Shigella boydii</i>
4	<i>Calotropis gigantea</i>	Latex	Ethanol	<i>Candida albicans</i> , <i>Saccharomyc</i> <i>escerevisiae</i> , <i>Trichophyton mentagrophytes</i> , <i>Trichophyton rubrum</i> , <i>Aspergillus</i> <i>fumigates</i> , <i>Aspergillus lavus</i> , <i>Aspergillus</i> <i>niger</i> , <i>Penicillium chrysogenum</i> .
5	<i>Nelumbo nucifera</i>	Flowers. (Both white and pink)	Hydroethanolic extract	<i>Escherichia coli</i> , <i>Klebsiella pneumonia</i> , <i>Pseudomonas aeruginosa</i> , <i>Bacillus subtilis</i> , <i>Staphylococcus aureus</i>
6	<i>Hemidesmus indicus</i>	Roots	Ethanol	<i>Propionibacterium acnes</i> and <i>Staphylococcus epidermidis</i>
7	<i>Eclipta alba</i>	Fruits	Ethanol	<i>Propionibacterium acnes</i> and <i>Staphylococcus epidermidis</i>
8	<i>Coscinium fenestratum</i>	Stems	Ethanol	<i>Propionibacterium acnes</i> and <i>Staphylococcus epidermidis</i>
9	<i>Curcubito pepo</i>	Seeds	Ethanol	<i>Propionibacterium acnes</i> and <i>Staphylococcus epidermidis</i>
10	<i>Tephrosia purpurea</i>	Roots	Ethanol	<i>Propionibacterium acnes</i> and <i>Staphylococcus epidermidis</i>
11	<i>Mentha piperita</i>	Leaves	Ethanol	<i>Propionibacterium acnes</i> and <i>Staphylococcus epidermidis</i>
12	<i>Pongamia pinnata</i>	Seeds	Ethanol	<i>Propionibacterium acnes</i> and <i>Staphylococcus epidermidis</i>
13	<i>Symplocos racemosa</i>	Barks	Ethanol	<i>Propionibacterium acnes</i> and <i>Staphylococcus epidermidis</i>
14	<i>Euphorbia hirta</i>	Roots	Ethanol	<i>Propionibacterium acnes</i> and <i>Staphylococcus epidermidis</i>
15	<i>Tinospora cordyfolia</i>	Roots	Ethanol	<i>Propionibacterium acnes</i> and <i>Staphylococcus epidermidis</i>
16	<i>Thespesia populnea</i> ,	Roots	Ethanol	<i>Propionibacterium acnes</i> and <i>Staphylococcus epidermidis</i>
17	<i>Jasminum officinale</i>	Flowers	Ethanol	<i>Propionibacterium acnes</i> and <i>Staphylococcus epidermidis</i>
18	<i>Albizia lebbek</i> (L.),	Leaf	Benzene, water, acetone.	<i>Escherichia coli</i> (MDR), <i>Staphylococcus aureus</i> (MDR), <i>Klebsiella</i> <i>pneumoniae</i> , <i>Bacillus cereus</i> , <i>Vibrio cholerae</i> and <i>Candida albicans</i> .
19	<i>Cleistanthus collinus</i> (Roxb.),	Leaf	Benzene, water, acetone.	<i>Escherichia coli</i> (MDR), <i>Staphylococcus aureus</i> (MDR), <i>Klebsiella</i> <i>pneumoniae</i> , <i>Bacillus cereus</i> , <i>Vibrio cholerae</i> and <i>Candida albicans</i> .
20	<i>Emblia officinalis</i> ( <i>Phyllanthus emblica</i> L.),	Leaf	Benzene, water, acetone.	<i>Escherichia coli</i> (MDR), <i>Staphylococcus</i> <i>aureus</i> (MDR), <i>Klebsiella pneumoniae</i> , <i>Bacillus cereus</i> , <i>Vibrio cholerae</i> and <i>Candida</i>

21	<i>Eucalyptus deglupta</i> ( <i>Eucalyptus tereticornis</i> ),	Leaf	Benzene, water, acetone.	<i>albicans</i> . <i>Escherichia coli</i> (MDR), <i>Staphylococcus aureus</i> (MDR), <i>Klebsiella pneumoniae</i> , <i>Bacillus cereus</i> , <i>Vibrio cholerae</i> and <i>Candida albicans</i> .
22	<i>Eupatorium odoratum</i> ( <i>Chromolaena odorata</i> ),	Leaf	Benzene, water, acetone.	<i>Escherichia coli</i> (MDR), <i>Staphylococcus aureus</i> (MDR), <i>Klebsiella pneumoniae</i> , <i>Bacillus cereus</i> , <i>Vibrio cholerae</i> and <i>Candida albicans</i> .
23	<i>Oxalis corniculata</i> L.,	Leaf	Benzene, water, acetone.	<i>Escherichia coli</i> (MDR), <i>Staphylococcus aureus</i> (MDR), <i>Klebsiella pneumoniae</i> , <i>Bacillus cereus</i> , <i>Vibrio cholerae</i> and <i>Candida albicans</i> .
24	<i>Hevea brasiliensis</i> and	Leaf	Benzene, water, acetone.	<i>Escherichia coli</i> (MDR), <i>Staphylococcus aureus</i> (MDR), <i>Klebsiella pneumoniae</i> , <i>Bacillus cereus</i> , <i>Vibrio cholerae</i> and <i>Candida albicans</i> .
25	<i>Lantana camara</i> L	Leaf	Benzene, water, acetone.	<i>Escherichia coli</i> (MDR), <i>Staphylococcus aureus</i> (MDR), <i>Klebsiella pneumoniae</i> , <i>Bacillus cereus</i> , <i>Vibrio cholerae</i> and <i>Candida albicans</i> .
26	<i>Acacia nilotica</i> ,	Leaf, root, bark	Methanol	<i>Bacillus subtilis</i> , <i>Escherichia coli</i> , <i>Pseudomonas fluorescens</i> , <i>Staphylococcus aureus</i> and <i>Xanthomonas axonopodis</i> pv. <i>Malvacearum</i>
27	<i>Sida cordifolia</i>	Leaf, root, bark	Methanol	<i>Bacillus subtilis</i> , <i>Escherichia coli</i> , <i>Pseudomonas fluorescens</i> , <i>Staphylococcus aureus</i> and <i>Xanthomonas axonopodis</i> pv. <i>Malvacearum</i>
28	<i>Tinospora cordifolia</i>	Leaf, root, bark	Methanol	<i>Bacillus subtilis</i> , <i>Escherichia coli</i> , <i>Pseudomonas fluorescens</i> , <i>Staphylococcus aureus</i> and <i>Xanthomonas axonopodis</i> pv. <i>Malvacearum</i>
29	<i>Withania somnifer</i>	Leaf, root, bark	Methanol	<i>Bacillus subtilis</i> , <i>Escherichia coli</i> , <i>Pseudomonas fluorescens</i> , <i>Staphylococcus aureus</i> and <i>Xanthomonas axonopodis</i> pv. <i>Malvacearum</i>
30	<i>Ziziphus mauritiana</i>	Leaf, root, bark	Methanol	<i>Bacillus subtilis</i> , <i>Escherichia coli</i> , <i>Pseudomonas fluorescens</i> , <i>Staphylococcus aureus</i> and <i>Xanthomonas axonopodis</i> pv. <i>Malvacearum</i>
31	<i>Adhatoda vasica</i> ,	Leaves	Aqueous extract	<i>M. tuberculosis</i> , <i>M. fortuitum</i>
32	<i>Acalypha indica</i> ,	Leaves	Aqueous extract	<i>M. tuberculosis</i> , <i>M. fortuitum</i>
33	<i>Allium cepa</i> ,	-----	Aqueous extract	<i>M. tuberculosis</i> , <i>M. fortuitum</i>
34	<i>Allium sativum</i>	Bulb	Aqueous extract	<i>M. tuberculosis</i> , <i>M. fortuitum</i>
35	<i>Aloe vera</i>	gel	Aqueous extract	<i>M. tuberculosis</i> , <i>M. fortuitum</i>
36	<i>Mikania glomerata</i> ,	-----	70% methanol	<i>Staphylococcus aureus</i> strains
37	<i>Syzygium aromaticum</i>	-----	70% methanol	<i>Staphylococcus aureus</i> strains
38	<i>Allium sativum</i>	-----	70% methanol	<i>Staphylococcus aureus</i> strains
39	<i>Cymbopogon citratus</i>	-----	70% methanol	<i>Staphylococcus aureus</i> strains

40	<i>Zingiber officinale</i>	-----	70% methanol	<i>Staphylococcus aureus</i> strains
41	<i>Baccharis trimera</i>	-----	70% methanol	<i>Staphylococcus aureus</i> strains
42	<i>Mentha piperita</i>	-----	70% methanol	<i>Staphylococcus aureus</i> strains <i>Pseudomonas aeruginosa</i> , <i>Staphylococcus aureus</i>
43	<i>Arnebia Nobilis,</i>	Crude extract	Ethanol	positive, <i>Escherichia coli</i> , <i>Staphylococcus aureus</i> negative and fungi <i>Candida albicans</i> . <i>Pseudomonas aeruginosa</i> , <i>Staphylococcus aureus</i>
44	<i>Garcinia indica,</i>	Crude extract	Ethanol	aureus positive, <i>Escherichia coli</i> , <i>Staphylococcus aureus</i> negative andfungi <i>Candida albicans</i> . <i>Pseudomonas</i>
45	<i>Boehavia diffusa,</i>	Crude extract	Ethanol	aeruginosa, <i>Staphylococcus aureus</i> positive, <i>Escherichia coli</i> , <i>Staphylococcus aureus</i> negative andfungi <i>Candida albicans</i> . <i>Pseudomonas</i>
46	<i>Solanum albicaule</i>	Crude extract	Ethanol	aeruginosa, <i>Staphylococcus aureus</i> positive, <i>Escherichia coli</i> , <i>Staphylococcus aureus</i> negative andfungi <i>Candida albicans</i> . <i>Pseudomonas</i>
47	<i>Vitex negundu</i>	Crude extract	Ethanol	aeruginosa, <i>Staphylococcus aureus</i> positive, <i>Escherichia coli</i> , <i>Staphylococcus aureus</i> negative andfungi <i>Candida albicans</i> . <i>Pseudomonas</i>
48	<i>Bunium persicum</i>	Crude extract	Ethanol	aeruginosa, <i>Staphylococcus aureus</i> positive, <i>Escherichia coli</i> , <i>Staphylococcus aureus</i> negative andfungi <i>Candida albicans</i> . <i>Pseudomonas</i>
49	<i>Acacia concinna</i>	Crude extract	Ethanol	aeruginosa, <i>Staphylococcus aureus</i> positive, <i>Escherichia coli</i> , <i>Staphylococcus aureus</i> negative andfungi <i>Candida albicans</i> . <i>Pseudomonas</i>
50	<i>Albizia lebbeck</i>	Crude extract	Ethanol	aeruginosa, <i>Staphylococcus aureus</i> positive, <i>Escherichia coli</i> , <i>Staphylococcus aureus</i> negative and fungi <i>Candida albicans</i> . <i>Staphylococcus aureus</i> , <i>Bacillus subtilis</i> , <i>Streptococcus pyrogens</i> , <i>Escherichia coli</i> ,
51	<i>Lantana indica roxb</i>	Leaves	Ethyl acetate and methanol	<i>Proteus vulgaris</i> , <i>Klebsiella pneumoniae</i> , <i>Pseudomonas aeruginosa</i> , <i>Salmonella typhi</i> , <i>Aspergillus niger</i> and <i>Candida albicans</i> <i>Staphylococcus aureus</i> , <i>Pseudomonas</i>
52	<i>Jatropha curcas</i>	Stem Bark	Crude ethanolic, methanolic andwater extracts.	aeruginosa, <i>Escherichia coli</i> , <i>Streptococcus faecalis</i> , <i>Staphylococcus epidermidis</i> , <i>Shigelladysenteriae</i> , <i>Micrococcus kristinae</i>
53	<i>Azadirachta indica</i>	Leaves, seed,	Hexane,	<i>Escherichia</i> , <i>Klebsiella pneumonia</i> , <i>Proteus</i>

	linn	oil	Chloroform and Methanol.	<i>vulgaris</i> , <i>Micrococcus luteus</i> , <i>Bacillus subtilis</i> , <i>Enterococcus faecalis</i> and <i>Streptococcus faecalis</i> <i>Streptococcus mutans</i> , <i>Streptococcus sanguinis</i> , <i>Streptococcus sobrinus</i> , <i>Streptococcus ratti</i> , <i>Streptococcus criceti</i> , <i>Streptococcus anginosus</i> and <i>Streptococcus gordonii</i> , <i>Aggregatibacter actinomycetemcomitans</i> , <i>Fusobacterium nucleatum</i> , <i>Prevotella intermedia</i> and <i>Porphyromonas gingivalis</i> <i>Staphylococcus aureus</i> , <i>Streptococcus</i> $\beta$ hemolitic, <i>Bacillus cereus</i> , <i>Pseudomonas aeruginosa</i> , and <i>Escherichia coli</i> , and one yeast <i>Candida albicans</i>
54	<i>Ficus carica</i>	Leaves	Methanol	
55	<i>Bidens pilosa</i> ,	Whole plant parts	Ethanol, Water and Hexane	<i>Staphylococcus aureus</i> , <i>Streptococcus</i> $\beta$ hemolitic, <i>Bacillus cereus</i> , <i>Pseudomonas aeruginosa</i> , and <i>Escherichia coli</i> , and one yeast <i>Candida albicans</i>
56	<i>Bixa orellana</i>	Whole plant parts	Ethanol, Water and Hexane	<i>Staphylococcus aureus</i> , <i>Streptococcus</i> $\beta$ hemolitic, <i>Bacillus cereus</i> , <i>Pseudomonas aeruginosa</i> , and <i>Escherichia coli</i> , and one yeast <i>Candida albicans</i>
57	<i>Cecropia peltata</i>	Whole plant parts	Ethanol, Water and Hexane	<i>Staphylococcus aureus</i> , <i>Streptococcus</i> $\beta$ hemolitic, <i>Bacillus cereus</i> , <i>Pseudomonas aeruginosa</i> , and <i>Escherichia coli</i> , and one yeast <i>Candida albicans</i>
58	<i>Cinchona officinalis</i>	Whole plant parts	Ethanol, Water and Hexane	<i>Staphylococcus aureus</i> , <i>Streptococcus</i> $\beta$ hemolitic, <i>Bacillus cereus</i> , <i>Pseudomonas aeruginosa</i> , and <i>Escherichia coli</i> , and one yeast <i>Candida albicans</i>
59	<i>Gliricidia sepium</i> ,	Whole plant parts	Ethanol, Water and Hexane	<i>Staphylococcus aureus</i> , <i>Streptococcus</i> $\beta$ hemolitic, <i>Bacillus cereus</i> , <i>Pseudomonas aeruginosa</i> , and <i>Escherichia coli</i> , and one yeast <i>Candida albicans</i>
60	<i>Jacaranda mimosifolia</i>	Whole plant parts	Ethanol, Water and Hexane	<i>Staphylococcus aureus</i> , <i>Streptococcus</i> $\beta$ hemolitic, <i>Bacillus cereus</i> , <i>Pseudomonas aeruginosa</i> , and <i>Escherichia coli</i> , and one yeast <i>Candida albicans</i>
61	<i>Justicia secunda</i>	Whole plant parts	Ethanol, Water and Hexane	<i>Staphylococcus aureus</i> , <i>Streptococcus</i> $\beta$ hemolitic, <i>Bacillus cereus</i> , <i>Pseudomonas aeruginosa</i> , and <i>Escherichia coli</i> , and one yeast <i>Candida albicans</i>
62	<i>Piper pulchrum</i>	Whole plant parts	Ethanol, Water and Hexane	<i>Staphylococcus aureus</i> , <i>Streptococcus</i> $\beta$ hemolitic, <i>Bacillus cereus</i> , <i>Pseudomonas aeruginosa</i> , and <i>Escherichia coli</i> , and one yeast <i>Candida albicans</i>
63	<i>P. paniculata</i>	Whole plant parts	Ethanol, Water and Hexane	<i>Staphylococcus aureus</i> , <i>Streptococcus</i> $\beta$ hemolitic, <i>Bacillus cereus</i> , <i>Pseudomonas aeruginosa</i> , and <i>Escherichia coli</i> , and one yeast <i>Candida albicans</i>
64	<i>Spilanthes americana</i>	Whole plant parts	Ethanol, Water and Hexane	<i>Staphylococcus aureus</i> , <i>Streptococcus</i> $\beta$ hemolitic, <i>Bacillus cereus</i> , <i>Pseudomonas aeruginosa</i> , and <i>Escherichia coli</i> , and one yeast <i>Candida albicans</i>



TABLE 2: LIST OF ANTIMICROBIAL DRUGS APPROVED SINCE 2000 BY FDA <sup>30</sup>

Year Approved	Drug Name	Class	Bacteria Type	Lead source	NP-Lead source organism
2000	Linezolid	Oxazolidinone	G +ve	S	-----
2001	Telithromycin	Macrolide	G +ve/G -ve	NP derived	Actinomycete
2002	Biapenem	Carbapenem	G +ve/G -ve	NP derived	Actinomycete
2002	Ertapenem	Carbapenem	G +ve/G -ve	NP derived	Actinomycete
2002	Prulifloxacin	Fluoroquinolone	G +ve/G -ve	S	-----
2002	Pazufloxacin	Fluoroquinolone	G +ve/G -ve	S	-----
2002	Balofloxacin	Fluoroquinolone	G +ve/G -ve	S	-----
2003	Daptomycin	Lipopeptide	G +ve	NP derived	Actinomycete
2004	Gemifloxacin	Fluoroquinolone	G +ve/G -ve	S	-----
2005	Doripenem	Carbapenem	G +ve/G -ve	NP derived	Actinomycete
2005	Tigecycline	Tetracycline	G +ve/G -ve	NP derived	Actinomycete
2007	Retapamulin	Pleuromutilin	G +ve	NP derived	Fungus
2007	Garenoxacin	Quinolone	G +ve/G -ve	s	-----
2008	Ceftobiprole medocaril	Cephalosporin	G +ve/G -ve	NP derived derived	Fungus
2008	Sitafloxacin	Fluoroquinolone	G +ve/G -ve	S	-----
2009	Tebipenem pivoxil	Carbapenem	G +ve/G -ve	NP derived	Actinomycete
2009	Telavancin	Glycopeptide	G +ve	NP derived	Actinomycete
2009	Antofloxacin	Fluoroquinolone	G +ve/G -ve	S	-----
2009	Besifloxacin	Fluoroquinolone	G +ve/G -ve	S	-----
2010	Ceftaroline fosamil	Cephalosporin	G +ve/G -ve	NP derived	Fungus
2011	Fidaxomicin	Tiacumicin	G +ve	NP derived	Actinomycete
2012	Bedaquiline	Diarylquinoline	G +ve (TB)	S	-----

### Recently approved anti microbial drugs

- Flublok (seasonal influenza vaccine); Protein Sciences; For the active immunization against influenza virus subtypes A and type B, Approved January 2013
- Luzu (luliconazole) Cream 1%; Valeant Pharmaceuticals; For the treatment of interdigital tinea pedis, tinea cruris, and tinea corporis, November of 2013
- Olysio (simeprevir); Janssen Therapeutics; For the treatment of hepatitis C, November of 2013
- Sitavig (acyclovir) buccal tablets; BioAlliance Pharma; For the treatment of recurrent herpes labialis in adults, Approved April 2013
- Sovaldi (sofosbuvir); Gilead Sciences; For the treatment of hepatitis C, December of 2013
- VariZIG, Varicella Zoster Immune Globulin (Human); Cangene; For the post-exposure prophylaxis of varicella zoster (chickenpox), Approved January 2013
- Vibativ (telavancin); Theravance; For the treatment of hospital-acquired and ventilator-associated bacterial pneumonia caused by *staph aureus*, Approved June 2014

- Dalvance (dalbavancin); Durata Therapeutics; For the treatment of acute bacterial skin and skin structure infections, Approved May 2014
- Impavido (miltefosine); Knight Therapeutics; For the treatment of visceral, cutaneous and mucosal leishmaniasis, Approved March 2014
- Jublia (efinaconazole) 10% topical gel; Valeant Pharmaceuticals; For the treatment of onychomycosis of the toenails, Approved June 2014
- Metronidazole 1.3% Vaginal Gel; Actavis, Inc.; For the treatment of bacterial vaginosis, Approved April 2014.<sup>31</sup>

### Government of India to ban over-the-counter sale of 92 antibiotics

Resistance to antibiotics is becoming a serious threat for India because of popular habit to pop pills at will. Even the World Health Organization (WHO) recently warned that the world is staring at a post-antibiotic era, when common infections will no longer have a cure.

WHO director general Dr Margaret Chan had said, "The world is on the brink of losing these miracle cures." Even director of Centres for Disease

Control Atlanta chief Dr Thomas R Frieden, who was in India said that drug resistance due to irrational use of antibiotics, will increase in the future.

Drug Controller General of India (DCGI) Dr G N Singh has written to the Union health minister to notify a new schedule H1 in the Drugs and Cosmetics Rules. Once notified, following clearance from the law ministry, these drugs cannot be sold without prescription. The drugs will also have to carry a prominent label in red color on the left corner with the following warning: "It is dangerous to take this prescription except in accordance with medical advice and not to be sold by retail without the prescription of the registered medical practitioner." He added, "These drugs will only be sold against a prescription that the chemist will have to retain.

The drugs to come under H1 includes Moxifloxacin, Meropenem, Imipenem, Ertapenem, Doripenem, Colistin, Linezolid, Cefpirome, Gentamicin, Amikacin, Pencillin, Oxacilin, Zolpidem, Cefalexin, Norfloxacin, Cefaclor, Cefdinir, Tigecycline, Tobramycin, Tramadol and Vancomycin.<sup>32</sup>

### List of Banned Drugs in India

- Furazolidone: Furazolidoneb is a nitrofurantoin antibacterial. It was marketed by Roberts Laboratories under the brand name Furoxone and by GlaxoSmithKline as Depandal - M.
- Nitrofurazone: Nitrofurazone is bactericidal for most pathogens that commonly cause surface skin infections, including *Staphylococcus aureus*, *Streptococcus*, *Escherichia coli*, *Clostridium perfringens*, *Enterobacter aerogenes*, and *Proteus* organisms. It was marketed with brand name Furacin Soluble Dressing; Furacin Topical Cream; Furacin Topical Solution.
- Quiniodochlor: it was antibacterial and antibiotic marketed with brand names Betnovate-C (20 gm), Enteroquinol, Dermican, Dexaquin, Quinoderm, Skycet Gel, Dexaquin.<sup>33</sup>

### Importance of Plants as Antimicrobial

Hong-Xi Xu et al 2001<sup>34</sup> in their research work showed, thirty eight plant-derived flavonoids representing seven different structural groups were tested for activities against antibiotic-resistant bacteria using the disc-diffusion assay and broth dilution assay. Among the flavonoids examined, four flavonols (myricetin, datiscetin, kaempferol and quercetin) and two flavones (flavone and luteolin) exhibited inhibitory activity against methicillin - resistant *Staphylococcus aureus* (MRSA).

Myricetin was also found to inhibit the growth of multidrug-resistant *Burkholderia cepacia*, vancomycin-resistant enterococci (VRE) and other medically important organisms such as *Klebsiella pneumoniae* and *Staphylococcus epidermidis*. Myricetin was bactericidal to *B. cepacia*. The results of the radiolabel incorporation assay showed that myricetin inhibited protein synthesis by *B. cepacia*.

Ortega-Ramirez LA et al<sup>35</sup> and Seow YX et al<sup>36</sup> proposed, medicinal plants traditionally used to treat health disorders and to prevent diseases, as a source of bioactive compounds having food additive properties. Medicinal plants are rich in terpenes and phenolic compounds that present antimicrobial and antioxidant properties and also the essential oils derived from plants exhibit biological activities, including antioxidant, anticancer, and antimicrobial activity, use of these substances as antimicrobials in food products, factors that affect their efficacy, synergism between components or with available food preservatives as well as the challenges and future directions of using essential oils and phytochemicals as natural food preservatives.

A study was done by Nautiyala et al. in which it was observed that 1 hr treatment with medicinal smoke, released by burning wood and mixture of odoriferous and medicinal herbs, lead to 94% reduction of bacterial counts by 60 min. Absence of pathogenic bacteria (*Corynebacterium urealyticum*, *Enterobacter aerogenes*, *Enterobacter aerogenes*, *Klebsiella mobilis*, *Kocuria rosea*, *Pseudomonas syringae* pv. *persicae*, *Staphylococcus lentus*) in the open room even after 30 days is indicative of the bactericidal potential of the medicinal smoke treatment. Medicinal smoke from natural herbal

products has a potential for use as a smoke/inhalational form of drug delivery.<sup>37</sup> Plant based antimicrobials represent a vast untapped source for medicines. Continued and further exploration of plant antimicrobials needs to occur. Plants based antimicrobials have enormous therapeutic potential. They are effective in the treatment of infectious diseases while simultaneously mitigating many of the side effects that are often associated with synthetic antimicrobials. They are effective, yet gentle. Many plants have tropisms to specific organs or systems in the body. Phytomedicines usually have multiple effects on the body. Their actions often act beyond the symptomatic treatment of disease. An example of this is *Hydrastis canadensis*. *Hydrastis* not only has antimicrobial activity, but also increases blood supply to the spleen promoting optimal activity of the spleen to release mediating compounds.<sup>38</sup>

### **Market of Herbal product of selected countries in 2014 India**

Herbal/traditional products continued to grow at a strong rate of 13% in terms of value in 2013. This was due to consumers' continued trust in these products as they have no side effects. Herbal/traditional products are expected to grow at by a value CAGR at constant 2013 pieces of 7% during the forecast period of 2013-2018. This is expected to be driven by herbal/traditional vitamins and dietary supplements, topical analgesics and dermatologicals.<sup>39</sup>

### **USA**

The herbal/traditional products category continues to be dominated by dietary supplements, with a 68% share of value sales in 2013. Following this was herbal/traditional cough, cold and allergy remedies with a 17% value share and digestive remedies with 5%. Together these categories account for 90% of category value sales.

Herbal/traditional products are expected to grow by 14% to reach US\$5.3 billion by 2018. Some consumers, afraid of complex chemical and drug interactions, will continue to look for more natural remedies and products and therefore the category can be expected to maintain a modest momentum with a CAGR of 3% in value sales at constant 2013 prices over the forecast period. As in the previous year, pediatrics dietary supplements are expected to

witness the fastest value growth over the forecast period.<sup>40</sup>

### **China**

Herbal/traditional products are expected to see a constant value CAGR of 7% in the forecast period. Such healthy growth momentum is anticipated to be driven by consumers' steady demand for such products, with rising health-consciousness, in pursuit of more natural cures for health problems. Herbal/traditional topical analgesics are likely to continue to see the strongest value growth, due to the demand to relieve pain with milder products. Due to the long presence of herbal/traditional products in the market, consumers have developed a preference for such products, mainly due to their fewer side-effects and mild product nature.<sup>41</sup>

### **Australia**

Herbal/traditional products grew by 8% in current value terms throughout 2013 to reach a market size of A \$498 million. Consumer sentiment has continued to shift over the review period to become more accepting of herbal alternatives as the health benefits have become widely publicised. Although some concerns remain surrounding the efficacy of herbal alternatives, Australian consumers' shift towards healthier lifestyle choices has moved demand towards products perceived as more natural. This trend has been magnified by the rise of ethnic populations in Australia, with an increased emphasis on herbal and traditional products and remedies.

Herbal and traditional products will grow at a constant value CAGR of 4% over the forecast period. Australian consumers' desire to minimise artificial ingredients will see them lean towards herbal/traditional products they see as having adequate efficacy.<sup>42</sup>

### **United Kingdom**

Herbal/traditional products remained stagnant in current value terms in 2013. The implementation of recent EU regulations on herbal and medicinal products, coupled with the declining interest from consumers in herbal/traditional remedies, contributed to the poor performance of the category.

According to the trade sources interviewed, no major regulatory developments are expected to be implemented during the forecast period which will affect the industry the way the European Traditional Herbal Medicinal Product Directive did. The category is expected to continue to become more concentrated and less dynamic as a result of the implementation of the EU regulation.<sup>43</sup>

**CONCLUSIONS:** In the beginning of 21<sup>st</sup> century, the widespread emergence of antimicrobial resistance has made the current antimicrobials ineffective. Various efforts have been made to combat this resistance so that newer targets can be identified and next generation of effective antimicrobials be produced. There is urgent need for complete understanding of the various aspects of drug resistance in microbes which can help in the choice of good targets, vital for discovery of new antibacterial drugs obtained from plant origin. In the near future, the next challenge will be to identify newer agents for the treatment of multidrug resistant pathogens which are emerging at a rapid rate. As the synthetic antimicrobials soon become resistant to pathogen this made more emphasis on antimicrobials from plant origins which are having long duration of effectiveness. Hence the present review concludes the importance of plant drugs as antimicrobials over the synthetic drugs.

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