

# Instructions for Completing the First Report of Injury

Please read all pages

This form is “**fillable**.” That means you can type the information onto the form from your computer and print the form. You will not be able to save the form onto your computer’s hard drive.

When you open the form, click in the “Employee’s Name” box (field), complete the information, and use the tab key to navigate to the next field. Do not use the Enter key; pressing the Enter key will only page down. Each field has been *limited*. This means that you cannot continue to type information into a field if it doesn’t fit into the space provided.

Use numbers only to fill in the fields for Social Security #, phone numbers and dollar amounts. If a dollar amount contains cents, do type the period. To fill in a **check box**, click inside the box with your mouse. Some **check boxes** require you to select only one answer; you cannot check both. The “Injury Description”, “Name of Witness”, and “Name of Doctor” fields have a gray border to indicate how many lines you have to type in. Use the tab key to navigate to the next field.

To clear or delete all the information you have typed onto the form, click on the red “**Clear Entire Form**” button. To change the information in one field, use the backspace or delete key.

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**COLORADO DEPARTMENT OF LABOR AND EMPLOYMENT**  
**DIVISION OF WORKERS' COMPENSATION**

**EMPLOYER'S FIRST REPORT OF INJURY**

See instructions on reverse side before completing form.

**Clear Entire Form**

Employee's name (first, middle, last) Social Security #  Male  Female Employee's home phone # ( ) OSHA Log #

Employee's street address City State Zip code

Birth date / / Marital status  Married  Single  Unknown Employment status  Full time  Part time  Other  Unknown For Division use only

Employer's name Federal ID # Employer's phone # ( ) SOI

Employer's mailing address State Zip code POB

Average weekly wage at time of injury \$ (see instructions on reverse side) Check box if employee receives  Tips  Meals  Room  Health insurance Check if these benefits are included in AWW  Tips  Meals  Room  Health insurance NOI Coder

Is the employer self-insured?  Yes  No Were full wages paid for the DOI?  Yes  No Are wages continued per C.R.S. 8-42-124?<sup>1</sup>  Yes  No

Injury/illness date / / Time employee began work a.m. p.m. Injury time a.m. p.m. Last day worked / / Date employer notified / / Date disability began / / Date returned to work / /

(See instructions)

**"Clear Entire Form" button**  
**Clears all information at once**

**"Check Box"**  
**Click in box**

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**“Check Boxes with one selection”  
Check only one**

**“Gray Border”  
Enter information and tab to next field**

Average weekly wage at time of injury \$ _____ <small>(see instructions on reverse side)</small>		Check box if employee receives <input type="checkbox"/> Tips <input type="checkbox"/> Meals <input type="checkbox"/> Room <input type="checkbox"/> Health insurance		Check if these benefits are included in AWW <input type="checkbox"/> Tips <input type="checkbox"/> Meals <input type="checkbox"/> Room <input type="checkbox"/> Health insurance		NOI _____ Coder _____
Is the employer self-insured? <input type="checkbox"/> Yes <input type="checkbox"/> No		Were full wages paid for the DOI? <input type="checkbox"/> Yes <input type="checkbox"/> No		Are wages continued per C.R.S. 8-42-124? <sup>1</sup> <input type="checkbox"/> Yes <input type="checkbox"/> No		
Injury/Illness date	Time employee began work	Injury time	Last day worked	Date employer notified	Date disability began	Date returned to work
				/  /	/  /	/  /
Did injury cause death? <input type="checkbox"/> Yes <input type="checkbox"/> No	If so, date of death /  /	Name, relationship, and address of closest dependent if injury caused death _____ _____ _____		Injury occurred because of <input type="radio"/> Intoxication <input type="radio"/> Safety violation <input type="radio"/> Not applicable		
Tell us the part of body that was affected			Tell us the nature of the injury/illness <sup>2</sup>			
What was the employee doing just before the accident occurred? <sup>3</sup>						
Tell us how the injury occurred <sup>4</sup>				What object or substance directly harmed the employee? <sup>5</sup>		
Did injury occur on premises? <input type="checkbox"/> Yes <input type="checkbox"/> No		Injury site address/ 9-digit zip code		Initial treatment (check one) <input type="checkbox"/> None <input type="checkbox"/> Emergency room		Was the employee hospitalized overnight as an in-patient? <input type="checkbox"/> Yes <input type="checkbox"/> No

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See instructions on reverse side before completing form.

**COLORADO DEPARTMENT OF LABOR AND EMPLOYMENT  
DIVISION OF WORKERS' COMPENSATION**

**EMPLOYER'S FIRST REPORT OF INJURY**

Employee's name (first, middle, last)		Social Security #		<input type="checkbox"/> Male <input type="checkbox"/> Female	Employee's home phone # ( )		OSHA Log #	
Employee's street address				City		State		Zip code
Birth date / /	Marital status <input type="checkbox"/> Married <input type="checkbox"/> Separated <input type="checkbox"/> Single <input type="checkbox"/> Unknown		Date of hire / /		Occupation		Employment status <input type="checkbox"/> Full time <input type="checkbox"/> Part time <input type="checkbox"/> Other <input type="checkbox"/> Unknown	For Division use only
Employer's name			Employer's Federal ID #		Employer's phone # ( )		SOI	
Employer's mailing address				City		State	Zip code	POB
Average weekly wage at time of injury \$ (see instructions on reverse side)		Check box if employee receives <input type="checkbox"/> Tips <input type="checkbox"/> Meals <input type="checkbox"/> Room <input type="checkbox"/> Health insurance		Check if these benefits are included in AWW <input type="checkbox"/> Tips <input type="checkbox"/> Meals <input type="checkbox"/> Room <input type="checkbox"/> Health insurance			NOI	Coder
Is the employer self-insured? <input type="checkbox"/> Yes <input type="checkbox"/> No		Were full wages paid for the DOI? <input type="checkbox"/> Yes <input type="checkbox"/> No		Are wages continued per C.R.S. 8-42-124? <sup>1</sup> <input type="checkbox"/> Yes <input type="checkbox"/> No				
Injury/Illness date / / <small>(See instructions on reverse side)</small>	Time employee began work ___:___ <input type="checkbox"/> a.m. ___:___ <input type="checkbox"/> p.m.	Injury time ___:___ <input type="checkbox"/> a.m. ___:___ <input type="checkbox"/> p.m. <input type="checkbox"/> unknown	Last day worked / /		Date employer notified / /	Date disability began / /	Date returned to work / /	
Did injury cause death? <input type="checkbox"/> Yes <input type="checkbox"/> No	If so, date of death / /	Name, relationship, and address of closest dependent if injury caused death				Injury occurred because of <input type="checkbox"/> Intoxication <input type="checkbox"/> Safety violation <input type="checkbox"/> Not applicable		
Tell us the part of body that was affected				Tell us the nature of the injury/illness <sup>2</sup>				
What was the employee doing just before the accident occurred? <sup>3</sup>								
Tell us how the injury occurred <sup>4</sup>				What object or substance directly harmed the employee? <sup>5</sup>				
Did injury occur on premises? <input type="checkbox"/> Yes <input type="checkbox"/> No	Injury site address/ 9-digit zip code		Initial treatment (check one) <input type="checkbox"/> None <input type="checkbox"/> Emergency room <input type="checkbox"/> Minor on-site <input type="checkbox"/> Hospital >24 hrs <input type="checkbox"/> Clinic/hospital			Was the employee hospitalized overnight as an in-patient? <input type="checkbox"/> Yes <input type="checkbox"/> No		
Names of witnesses				Name of employer representative notified				
Name and address of treating doctor or other health care professional				Name and address of facility where treated				
Completed by (name)			Title		Phone # ( )		Date completed / /	
<b>The following is to be completed by the insurer prior to filing with the Division of Workers' Compensation.</b>								
Name of insurance company				Address				
Name of third party administrator (if applicable)				Address				
Adjuster name				Adjuster phone #				
Policy #	Carrier claim #		Date insurer received first report / /			Block #	Adj. Code	

## INSTRUCTIONS

### This form contains all items requested on OSHA Form No. 301, “Injuries & Illnesses Incident Report”

#### General

- All injuries no matter how trivial must be reported to your insurance company.
- All injuries or occupational diseases which result in lost time from work in excess of three shifts or calendar days, or in permanent physical impairment, must be reported to your insurance carrier on this form within ten days after notice or knowledge of the injury or disease. Fatalities must be reported to your insurance carrier immediately.
- Forms should be typed or printed legibly.
- All questions must be answered completely to meet requirements of the Colorado Workers’ Compensation Act and to conform to the OSHA requirements for Form No. 301.
- The employer has the right in the first instance, to select the physician who attends the injured employee.

#### Calculation of Average Weekly Wage

- Determine the weekly wage rate.
- Add the average weekly amount of any overtime wages, tips or commissions.
- Add the average weekly value of any board, rent, housing, or lodging provided by the employer *if the employer will not be paying such benefit during the period of disability*.
- If the employee is covered by group health insurance *and* the employer does not continue the employee’s health insurance coverage during the period of disability, add the employee’s cost of conversion to a similar or lesser insurance plan and include this cost in the average weekly wage computation.
- Compute the total from the above categories and insert in the *Average weekly wage at time of injury* field.

#### Injury Date Information

In the case of an occupational disease, use the date of the last injurious exposure.

#### Notes

Are Wages continued per C.R.S. 8-42-124?<sup>1</sup>

(Subject to application with and approval of the Director of the Colorado Division of Workers’ Compensation)

- 1 Any employer who, by separate agreement, working agreement, contract of hire, or any other procedure, continues to pay a sum in excess of the temporary total disability benefits to an employee temporarily disabled as a result of a work related injury or disease, and has not charged the employee with any earned vacation leave, sick leave, or other similar benefits, shall be reimbursed if insured by an insurance carrier or shall take credit if self-insured, to the extent of all moneys that such employee may be eligible to receive as compensation for temporary partial or temporary total disability subject to the approval of the Director of the Colorado Division of Workers’ Compensation.

Injury Description (Tell us the part of body that was affected. Tell us the nature of the injury/illness<sup>2</sup>; What was the employee doing just before the accident occurred?<sup>3</sup>; What happened?<sup>4</sup>; What object or substance directly harmed the employee?<sup>5</sup>)

- 2 Be more specific than “hurt”, “pain”, or “sore.” Examples: “strained back”; “chemical burn, hand”; “carpal tunnel syndrome.”
- 3 Describe the activity, as well as the tools, equipment or material the employee was using. Be specific. Examples: “climbing a ladder while carrying roofing materials”; “spraying chlorine from hand sprayer”; or “daily computer key-entry.”
- 4 Tell us how the injury occurred. Examples: “When ladder slipped on wet floor, worker fell 20 feet”; “Worker was sprayed with chlorine when gasket broke during replacement”; “Worker developed soreness in wrist over time.”
- 5 Examples: “concrete floor”; “chlorine”; “radial arm saw.” If this question does not apply to the incident, leave it blank

#### Notices

**You are hereby notified that if a child support obligation is owed, compensation benefits may be attached and payment of the child support obligation may be withheld and forwarded to the obligee pursuant to sections 8-42-124 and 26-13-122(4), C.R.S. YOU ARE FURTHER NOTIFIED that you must provide written notice of any award for social security, pension, disability or other source of income that might reduce your compensation benefits. This notice must be sent to the insurance carrier or self-insured employer within 20 days after learning of the payment or award. Failure to report may result in suspension of your benefits pursuant to section 8-42-113.5, C.R.S.**

**C.R.S. Section 10-1-128(6) (a) states: “It is unlawful to knowingly provide false, incomplete, or misleading facts or information to an insurance company for the purposes of defrauding or attempting to defraud the company. Penalties may include imprisonment, fines, denial of insurance, and civil damages. Any insurance company or agent of an insurance company who knowingly provides false, incomplete, or misleading facts or information to a policyholder or claimant for the purpose of defrauding or attempting to defraud the policyholder or claimant with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado division of insurance within the department of regulatory agencies.”**