

## **New York State Scholastic Championship**

**HOTEL:** The team will be staying at the Day's Inn in Queensbury, NY. There will be 4 rowers per room. Please bring money for dinner (Friday and Saturday evening the team will be having dinner at various local restaurants at the coach's discretion).

**LUGGAGE:** All bags must be at the high school in the team room before the start of classes (0730) on Friday, May 13, 2016. They will be inspected prior to loading that afternoon. **NO UNINSPECTED BAGS WILL BE ALLOWED ON THE BUS.** When packing for away races please keep in mind that **all** luggage will be checked. If medication is needed please put it a zip lock bag with a note from Parent/Guardian stating the type of medication and permission to carry it.

**BUSES:** The rowers must be at the high school rear entrance at 1500 to pick up their bags and load the buses, The buses will leave as soon as they are loaded. Don't be late or you will be left behind. Cars cannot be left at the High School this weekend.

**FRIDAY:** We will leave the school as close to 1500 as possible and travel to Saratoga. We will rig all boats that evening when we arrive. After rigging we will go to dinner and then to the hotel.

**SATURDAY:** Time trials start for us at 0821 with the Mens Varsity Pair and ends around 1500 with the Womens Varsity Four.

**SUNDAY:** Seeding for finals on Sunday will be based on the time trial results from Saturday.

**NO ROWERS ARE ALLOWED TO LEAVE THE RACE SITE UNTIL OUR LAST RACE IS COMPLETED AND ALL BOATS AND EQUIPMENT ARE LOADED ON THE TRAILER, AND THE FOOD TENT AREA IS CLEANED UP. Anyone leaving early be assigned cleaning duty for the following week.**

We will be unloading and re-rigging at practice on Monday.

## **PARENT INFORMATION**

**LOCATION OF EVENT:** NYS Boat Launch, Saratoga Lake. Please respect the property by cleaning up after yourselves, putting all trash in the dumpsters before you leave, not trespassing on the various trailers already existing in the park, and staying off of the private docks along the shore.

Web site for this event: <http://www.saratogarowing.com/nys-championships/>

**PARKING COSTS:** Parking is available at **Lee's Park charge \$15 per vehicle per day**. We have no control over this. There will be no parking in the staging area for the athletes/boats.

### **Route A: (If you take the Taconic State Parkway, follow these directions)**

Taconic State Parkway to Thruway/I-90 WEST.

Continue on I-90 West to exit B1 towards Albany, NY.

Go through Albany on I-90 West to exit 1N to merge into I-87 North (the Northway).

Continue North on I-87 (The Northway) to Exit 14.

Take a left at the exit ramp onto Route 9P south toward Saratoga Lake.

### **Route B: (If you take the Thruway from New Paltz, follow these directions)**

Take I-87 (NYS Thruway) North toward Albany, NY (**NOTE: You have to exit the Thruway at exit 24 and follow I-87 north**. If you do not exit here you will end up on the I-90 section of the thruway and be on your way to Buffalo.)

Take I-87 (The Northway) NORTH to exit 14.

Take a left at the exit ramp onto Route 9P south toward Saratoga Lake.