

Meals Service – Week 1 Summer Menu ph.9880 4703

We value your feedback. Please use the back of this menu to give some.

Week Commencing: Monday _____

Name: _____

Address: _____

Please place a tick in the box A or B to order your Main Course and Dessert. Vegetables accompany all main meals.

(Soup will accompany each meal ordered)

MONDAY

A ☐ Chicken Parmigiana

☐ Peach Crumble

OR

B ☐ Mini Quiches

☐ Fresh Fruit

TUESDAY

A ☐ Beef Bacon and Red Wine stew

☐ Sticky Date Pudding

OR

B ☐ Ham Salad

☐ Fresh Fruit

WEDNESDAY

A ☐ Spaghetti and Meatballs

☐ Pavlova with Fruit

OR

B ☐ Sweet and Sour pork

☐ Fresh Fruit

THURSDAY

A ☐ Corned Silverside with Mustard Sauce

☐ Baked Apples & Custard

OR

B ☐ Chicken Pieces with Plum Sauce

☐ Fresh Fruit

FRIDAY

A ☐ Crumbed Fish Fillet

☐ Caramel Mousse

OR

B ☐ Ham and Cheese Omelette

☐ Fresh Fruit

Please return this completed menu to BASS Care via your volunteer by next MONDAY or FAX 9888 5776