

Meals Service – Week 1 Summer Menu ph.9880 4703 We value your feedback. Please use the back of this menu to give some.

Week Commencing: Monday	
Name:	
Address:	
Please place a tick in the box A or B to order your Main Course and	
Dessert. Vegetables accompany all main meals. (Soup will accompany each meal ordered)	
MONDAY	mear ordered)
A Chicken Parmigiana	Peach Crumble
OR	OR
B Mini Quiches	Fresh Fruit
TUESDAY	
A Beef Bacon and Red Wine stew	Sticky Date Pudding
OR B Ham Salad	OR Fresh Fruit
WEDNESDAY	
A Spaghetti and Meatballs	Pavlova with Fruit
	OR
B Sweet and Sour pork	Fresh Fruit
THURSDAY	
A Corned Silverside with Mustard Sauce	Baked Apples & Custard
OR	OR
B Chicken Pieces with Plum Sauce	Fresh Fruit
FRIDAY	
A Crumbed Fish Fillet	Caramel Mousse
OR	OR
B Ham and Cheese Omelette	Fresh Fruit

Please return this completed menu to BASS Care via your volunteer by next MONDAY or FAX 9888 5776

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