



Stonehill Franciscan Services

Stonehill Care Center  
3485 Windsor Avenue  
Dubuque, Iowa 52001-1312

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563-557-7180

Save the Date...

Carnival

Backyard of  
Stonehill

Friday, August  
28th at 2:00 p.m.

IN THE  
SPIRIT OF ST. FRANCIS

with  
**HOSPITALITY,**  
we warmly welcome  
all; with

**COMPASSION,**  
we offer empathy, comfort  
and healing; with

**REVERENCE,**  
we recognize that we each  
possess a share in God's  
gift of life; with

**STEWARDSHIP,**  
we manage the resources  
entrusted to us.

We embrace these and all  
values essential to ethical  
Catholic health care.

Volume 37 Issue 7

JULY 2015

Stonehill GAZETTE  
PUBLISHED MONTHLY

Celebrating  
Stonehill's  
39th Anniversary  
Wednesday, July 29th  
Come Join us for  
10:30 outdoor Mass  
(front parking lot)



happy anniversary

### **BIRTHDAY PARTY INVITATIONS**

#### **First and Second Floor Residents' Birthday Party**

On Wednesday, July 1, at 2:30 P.M. on 2nd Floor,  
Sponsored by Activities Department

#### **Third Floor Residents' Birthday Party**

On Tuesday, July 14, at 11:15 A.M. on Third Floor

Families of the above celebrants are cordially invited to  
join their residents  
at one of these special parties.

Happy Birthday!



Celebrating  
Birthdays this Month...

4 Raphael Ellerbach  
4 Fr. Loras Otting  
8 Verda Bowman  
8 May Kay Leytem  
9 Msgr. Wayne Ressler  
11 Carole Carpenter  
12 Rosella Roth  
14 Geneva Droessler  
22 Roger Link  
22 Kay Shuey  
22 Irene Tranel  
25 Amelia Tully  
26 Theresa McAvoy  
27 Alice Link  
28 George Jenkins  
31 Janet Imhof  
31 Dr. William Mehrl



Stonehill Auxiliary

HAPPY SUMMER!

THANK YOU to all our supporters of the Auxiliary's Spring luncheon & style show. It was a huge success.

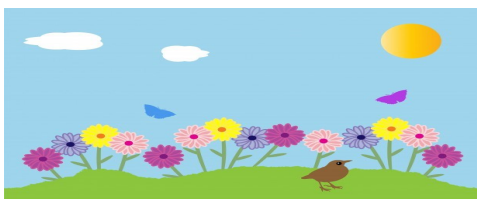
THANK YOU to all who made purchases at the Mother's Day flower-bake sale.

A special thank you to LuAnn Hillary for heading up the luncheon and the flower sale. Also to Paula Lange and Mary Lou Heitz who spent many hours making the beautiful floral arrangements.

Proceeds from these events make it possible for the Auxiliary to provide parties/programs for the residents at Stonehill.

Our Gift Shop (located in the coffee shop area) is open 12:30 p.m. to 2:30 p.m. Tuesday, Wednesday & Thursday.

HELP!! Please consider joining the Auxiliary volunteers to assist with parties/programs & the gift shop. Call Mona at 582-6506, Linda at 588-2578 or Pat at 582-7887 for more information.



### *Activities would like to THANK...*

The Activities Department would like to give many thanks to the St. Ida's Circle Catholic Mothers Study club group for hosting a birthday party for residents and family each year since 1975. They have generously hosted a special party each year. It has been great working with all of you! Wishing the best to all of the members!

We also want to recognize and give special thanks the Helen Wolf family & Roger Meyer for all the work they do for the landscaping and gardening areas on the campus. Your hard work is enjoyed by residents, families and visitors.



## **HAPPY ANNIVERSARY:**

**Sandy & Jim Rondeau**  
**July 24, 1965**

## *Out-Patient Rehab*



### **Outpatient Rehab:**

- Physical, Occupational and Speech Therapy
- Transportation needs facilitated
- Lymph edema specialist available
- Patients receive one year free membership to our world-class wellness center
- Individualized home exercise program that incorporates equipment used at the fitness center
- Massage therapy available
- Free access to HydroWorx therapy pool



**CALL TO SCHEDULE  
A TOUR TODAY  
563-690-9640**



## **July Activities Outing**

To sign up for an outing contact an Activities Team member or call 563 690-9660

### **Wednesday, July 1st**

10:30 a.m. Gambling at Mystique

### **Wednesday, July 8th**

10:30 Trip to Arboretum

Or

3:00 Trip to Betty Jane's for Candy or Ice Cream Treat

### **Wednesday, July 15th**

10:30 Ride through Eagle Point Park & DQ treat

### **Wednesday, July 22nd**

10:30 Fishing at Heritage Pond

### **Wednesday, July 29th**

River Museum: Titanic Display  
Depart: 1:15 p.m.

## **Summer Outdoor Events**

### **Thursday, July 9th**

2:45 Music w/Chuck&Friends  
Cocktails to be served  
(front patio weather permitting)

### **Wednesday, July 15th**

2:45 Music with Friends  
Dilly Bars  
(front patio weather permitting)

### **Wednesday, July 29th**

10:30 Stonehill 39th Anniversary Mass

**\*\*Family Members or Volunteers If your interested in helping with an outing call Laura at 690-9660**

Dear family members/ friends,

We would like your help ensuring the safety of your family members/ friends that are residing at Stonehill Care Center. We also have regulations we have to follow for state and federal guidelines. The following items are not permissible to keep in resident rooms:

Bar soap

Blow Dryers/Curling Irons

Aerosols (such as hair spray, hair mousse, deodorant, air freshener, etc)

Nail polish or nail polish remover

Sharp objects ( such as scissors, nail clippers, letter openers)

Cleaning Products (Lysol wipes, Windex, ect.)

Humidifiers

Toothpicks, Q-tips

Over the counter medication (TUMS, cough drops, artificial tears, Mylanta, triple antibiotic ointment)

Alcohol (we need a physician's order and it has to be kept in the medication room)

Heating pads and electric blankets

Body wash scrubbers such as loofas

Any outdated items

Fans that are not bladeless or fans that do not have "mesh style" cover (see fans at nurse station for an example)

Straight edge razors/disposable razors (Electric shaver only acceptable)

Wreath hangers on room doors-fire door

No more than 10% of the room door should be covered-fire door

Nothing should be hung from the light fixtures

No live trees/plants, with lights

Extension Cords (Power strip only acceptable)

**Surge protectors/power strips are permissible.**

Must meet minimum standards:

Approved underwriters laboratories

Metal or steel casing

Voltage surge protection

Lighted on/off switch

15 amp circuit breaker protection

Minimum 14 gauge power cord, with ground

**Nothing with a light source, heat source or motor can be plugged into a surge protector/power strip-electronics are fine to plug into a surge protector/power strip**

**This is not an inclusive list, please feel free to ask if you are not sure about an item.** If you have any questions or concerns in regard to this, please let us know.

Thank you so much for your cooperation and interest in keeping the residents safe.



## SUMMER COOK OUTS

**When:**

Every Friday

11:00am-1:00pm

**Where:**

Wellness Center Parking Lot

**Cost:**

\$4 (residents eat for free)

Families welcomed to bring their loved one over for lunch

**What:** brat, burger or hot dog, chips, watermelon, and cookie



**Eternal Rest To**

Patrick Geary

LaVern Petsche

John Gregory

Marlin Wittman

Helen Krepfle

**May they Rest in Peace**

**ALZHEIMER DAISY**

\$1

**CAN BE PURCHASED AT**

**CARE CENTER**

**RECEPTION DESK**

## Message from Our Administrator

On June 15th the CMS report was run for quarter ending May 31, 2015: Stonehill Franciscan Services Five Star Ratings of Nursing Homes revealed positive news. Overall Quality is back to 4 Stars. Quality improvement is important and is part of our everyday discussions at Stonehill. We strongly encourage your feedback and appreciate all comments regarding our services at Stonehill. I often say..."we are a work in progress" and we rely on the feedback from our residents, family, friends, team members, area providers, etc... to achieve the best possible results. Stonehill's commitment to the community is to provide quality health and wellness services as we respond to changing needs and as challenging as those needs can be, we can't do it alone. We thank our residents and families, volunteers, our committed team members, area providers, etc...who every day are committed to doing the best job possible.

Home is where the heart is and for many of us it's the places we live or lived and share or shared with loved ones. It's funny when you think about it...when we first start out as adults we typically live in small apartments or smaller houses. Then as we grow our families, we buy bigger houses and as we grow older and our children leave the nest, we downsize and find ourselves searching through items that have meaning and no matter where we go, it's important to keep those items with us. We realize as our residents move in and have to downsize even more there are certain items that are essential in making a small space feel like home.

However, through the years we have arranged rooms for many reasons and in doing so we have created some safety issues and are seeing increased damage to beds/windows, call cords, power cords, bed controls, etc...

Therefore over the next few weeks we will be looking at rearranging rooms so the beds are centered, away from windows and call cords, power cords, bed controls will be secured with zip ties. This may lead to rearranging your loved ones space and we realize this could be upsetting to our residents. Therefore, we wanted to inform our residents and families and provide some timeframe and ask for your help. The following schedule will be used as a guide and we will make every effort to rearrange the beds so our residents' home will still be a place of comfort.

July 7<sup>th</sup> & 9<sup>th</sup> – Households

July 14<sup>th</sup> & 15<sup>th</sup> – 3 Northwest

July 21<sup>st</sup> & 22<sup>nd</sup> – 3 Southeast

July 28<sup>th</sup> & 29<sup>th</sup> – 2 Southeast

Please feel free to call at 563-690-9634 for any questions or concerns you may have!

Thank you!

Happy 4<sup>th</sup> of July and continue to enjoy your these summer days!

Peggy Stockel, NHA





JULY 2015 Care Center

Calendar of Events

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>MASS:</b> Sundays 10:15 Monday-Friday 10:30 <b>Ecumenical Service:</b> 10:30 July 11th & 15th		Outing:Gambling@Mystique depart 10:30 8:45 Explore the Arts (3S) 9:15 Nail Care (3W) 9:00 Shake Loose a Memory (1HH) 10:45-11:15 Music Therapy3S) 11:30 Table Trivia(3S) 10:45 Current Events(3) 11:15Chicken SoupStories(2) 1:00-2:15 1:1 Activities(3NW/3SE) 1:30 Divine Mercy (chapel) 1:45GardenTime(2SE) 1:45 Games/Kings Corner (2) 2:15Sing Along(3) 2:30Reading Circle(3S) 2:30Birthday Party(2) 3:30 Table Activities (3SE) 4:00 Garden Visits(2SE) 4:30OrganMusic(3) 7:00 Leisure Time (3)	8:45Spa Time (3S) 10:00 1:1’s (3NW) 10:45 Exercise (3) 11:30-12 1:1 (3NW) 11:15 Exercise (2) 1:15 1:1’s (3NW) 1:30 Music&Massage (2S) 1:30 Cards (2) 2:15 Making Cookies(3) 3:00 MUSIC with Older and Bolder Band (2) 4:00 OrganMusic(3) 7:00 Leisure Time (3)	<b>FIRST FRIDAY</b> 8:45 Rosary(3S) 9:30 Sing Along(3S) 9:00 Nail Care(2S) 10-12 Garden Time(all floors) 11:15 Rhythm Time (3) 11:00-1:00 Adoration 1:30 Benediction 1:45Rosary 12-1:30 OUTING SIGN UP 3:15 Piano Music(3) 4:15 Rosary Video (3) 7:00 Leisure Time (3)	10:10 Rosary Happy 4th of July to all! 
10:15 Mass  2:45 Patriotic Sing Along(3) 4:00 Rosary 6:45 Bingo (1) 8:00 Leisure Time (3)	8:45Reading Circle(3S) 8:30-10 Nail Care(3) 9:30 Garden Visits (3NW) 10:45 Exercise (3S) 11:15 Wii(3) 11:15Balloon Tennis (2) 2:15 Senior Wizards(3) 2:15 Fish Cookies(2) 3:30-5:00 Nail Care(3) 3:15Human Society (3) 4:00-5:00 1:1’s(2) 6:15 Black Out Bingo (CS) 7:00 Leisure Time(3)	8:45 Keyboard Music (3S) 9:00 Button&Bows (2S) 10:45 Rosary&Hymns(3S) 11:30 Poetry (3S) 10-11 1:1 Visits (2SE) 11:15ServiceWork(2) 1-1:45GardenVisits(3SE) 1:30 Spiritual Sharing (chapel) 2:00 Popcorn with Bill (2) 2:15 Trivia & Popcorn (3) 3:15 Table Top(3S) 5:00Organ(3) 4:00News(2) 6:45Salute to the Flag Sing Along (2)	Outing:10:30Arboretum 3:00Betty Janes 8:45ExploretheArts(3S) 9:15 Nail Care (3W) 9:00 Shake Loose a Memory (1HH) 10:45-11:15 Music Therapy3S) 11:30 Table Trivia(3S) 10:45 Current Events(3) 11:15Chicken SoupStories(2) 1:00-2:15 1:1 Activities(3NW/3SE) 1:30 Divine Mercy (chapel) 1:45GardenTime(2SE) 1:45 Games/Kings Corner (2) 2:00Bell Choir (3) 3:00 Resident Council(2) 3:15 Bomb Pops (3SE) 4:00 Garden Visits(2SE) 4:30OrganMusic(3) 7:00 Leisure Time (3)	8:15 OrganMusic(3) 8:45Spa Time (3S) 10:00 1:1’s (3NW) 10:45 Exercise (3) 11:30-12 1:1 (3NW) 11:15 Exercise (2) 1:15 1:1’s (3NW) 1:00-2:00Music & Massage (3S) 1:30 Music&Massage (2S) 1:30 Cards (2) 1:00-2:00 1:1’s (3SE) 2:15 Making Cookies(3) 2:45 Music with Chuck & Friends(front patio weather permitting, serving cocktails) 7:00 Leisure Time (3)	8:45 Rosary (3S) 9:30 Sing Along(3S) 9:00 Nail Care(2S) 10-12 1:1 Visits (2) 10-12 Garden Time(all floors) 11:15 Pixie Pals(2) 11:15 Rhythm Time(3) 12-1:30 OUTING SIGN UP 3:00 Rhythm Time (2) 4:15 Happy Hour (2) 4:15 Rosary Video (3) 7:00 Leisure Time (3)	10:30 Ecumenical Service(chapel) 11:15 Wii Pick a Game (2) 1:15 Bible Study with Patrick (chapel)  3:00Keyboard Music with Emil Weber (3) 4:00 Video (3 ) 7:00 Leisure Time (3)
10:15 Mass 4:00 Rosary 6:45 Bingo (1) 8:00 Leisure Time (3)	8:45Reading Circle(3S) 8:30-10 Nail Care(3) 9:30 Garden Visits (3NW) 10:45 Exercise (3S) 11:15 Wii(3) 11:15Balloon Tennis (2) 3:00 Steve Morris that Drummer Guy (Front Patio) 3:30-5:00 Nail Care(3) 4:00 Organ Music(3) 4:00-5:00 1:1’s(2) 6:15 Table Games (CS) 7:00 Leisure Time(3)	8:45 Keyboard Music (3S) 10:45 Rosary&Hymns(3S) 11:30 Poetry (3S) 1-1:45GardenVisits(3SE) 1:30 Spiritual Sharing (chapel) 2:00 Popcorn with Bill (2) 2:15 Trivia & Popcorn (3) 3:15 Table Top (3) 4:00 Willie on Guita(2) 4:00 Organ Melodies (3) 7:30Guitar Music with SteveCavanaugh(3)	Outing: 10:30 DQ Ride&Eagle Pt Park 10:30 Ecumenical Service w/Linda Vonfume 8:45 Explore the Arts (3S) 9:15 Nail Care (3W) 9:00 Shake Loose a Memory (1HH) 10:45-11:15 Music Therapy3S) 11:30 Table Trivia(3S) 10:45 Current Events(3) 11:15Chicken SoupStories(2) 1:00-2:15 1:1 Activities(3NW/3SE) 1:30 Divine Mercy (chapel) 1:45GardenTime(2SE) 1:45KingsCorner (2) 2:00KeyboardMusic(3S) 2:45 Music w/Chuck & Friends(front patio weather permitting, serving DillyBars) 3:30 Table Games (3SE) 4:00 Rosary 4:00 Garden Visits(2SE) 4:30OrganMusic(3) 7:00 Leisure Time (3)	8:15 OrganMusic(3) 8:45Spa Time (3S) 10:45Koffee Klatch (3S) 10:00 1:1’s (3NW) 10:45 Exercise (3) 11:30-12 1:1 (3NW) 11:30Keyboard Music(3S) 11:15 Exercise (2) 1:15 1:1’s (3NW) 1:00-2:00Music & Massage (3S) 1:30 Cards (2) 1:00-2:00 1:1’s (3SE) 2:15 Making Cookies(3) 2:15Bunco (3S) 3:15 Games(3) 3:00 BINGO w/SCC Auxiliary (2) 4:00OrganMusic(3) 7:00 Leisure Time (3)	8:45 Rosary (3S) 9:30 Sing Along(3S) 9:00 Nail Care(2S) 10-12 1:1 Visits (2) 10-12 Garden Time(all floors) 10-11 1:1’s (3NW) 11:15 Pixie Pals(2) 11:15 Rhythm Time(3) 1:30 Men’s Club (3W) 12-1:30 OUTING SIGN UP 3:00 Rhythm Time (2) 3:00 Remember When...(3) 4:15 Rosary Video (3) 7:00 Leisure Time (3)	10:10 Rosary 11:00 Paws with Pixie (3) 1:15 Ricky’s Dance Group Performs (2) 3:00 Keyboard Music with Jim Lucy(2 ) 4:00 Video (3 ) 7:00 Leisure Time (3)
10:15 Mass 4:00 Rosary 6:45 Bingo (1) 8:00 Leisure Time (3)	8:45Reading Circle(3S) 8:30-10 Nail Care(3) 9:30 Garden Visits (3NW) 10:45 Exercise (3S) 11:15 Wii(3) 11:15Balloon Tennis (2) 3:15 Dilly Bars & Keyboard Music (frontpatio) 3:30-5:00 Nail Care(3) 4:00-5:00 1:1’s(2) 6:15 Music w/Glen Scheer(CS) 7:00 Leisure Time(3)	8:45 Keyboard Music (3S) 9:00 Button&Bows (2S) 10:45 Rosary&Hymns(3S) 11:30 Poetry (3S) 10-11 1:1 Visits (2SE) 11:15ServiceWork(2) 1-1:45GardenVisits(3SE) 1:30 Spiritual Sharing (chapel) 2:00 Popcorn with Bill (2) 2:15 Trivia & Popcorn (3) 3:15 Table Top Act(3) 4:00News(2) 4:00 Organ Melodies (3) 6:45Ellie on Piano(2)	Outing: 10:30 Fishing@Heritage Pond 8:45 Explore the Arts (3S) 9:15 Nail Care (3W) 10:45-11:15 Music Therapy3S) 11:30 Table Trivia(3S) 10:45 Current Events(3) 1:00-2:15 1:1 Activities(3NW/3SE) 1:30 Divine Mercy (chapel) 1:45GardenTime(2SE) 1:15 TITANIC MOVIE (2) 2:15HomemadeTreat(3) 2:30Homemade Treat(3S) 3:30 Table Act(3SE) 4:00 Garden Visits(2SE) 4:30OrganMusic(3) 7:00 Leisure Time (3)	8:15 OrganMusic(3) 8:45Spa Time (3S) 10:00 1:1’s (3NW) 10:45 Exercise (3) 11:30-12 1:1 (3NW) 11:15 Exercise (2) 1:15 1:1’s (3NW) 1:00-2:00Music & Massage (3S) 1:30 Music&Massage (2S) 1:30 Cards (2) 2:15MakingCookies(3) 3:15 I Remember When(3) 3:00 Garden Art Part II (2) 4:00 OrganMusic(3) 7:00 Leisure Time (3)	8:45 Rosary (3S) 9:30 Sing Along(3S) 9:00 Nail Care(2S) 10-12 1:1 Visits (2) 10-11 1:1’s (3NW) 11:15 Pixie Pals(2) 11:15 Rhythm Time(3) 1:30 Men’s Club (3W) 12-1:30 OUTING SIGN UP 3:00 Rhythm Time (2) 3:00 Paws For Pixie(3) 4:15 Happy Hour (2) 4:15 Rosary Video (3) 7:00 Leisure Time (3)	9:15 Celebrity Spotlight (cs) 10:10 Rosary 11:00Play Ball (3) 1:15 Piano Music (1) 3:00 Rootbeer Floats (3) 4:00 Video (3 ) 7:00 Leisure Time (3)
10:15 Mass 4:00 Rosary 6:45 Bingo (1) 8:00 Leisure Time (3)	8:45Reading Circle(3S) 8:30-10 Nail Care(3) 9:30 Garden Visits (3NW) 10:45 Exercise (3S) 11:15 Wii(3) 11:15Balloon Tennis (2) 2:15SingAlongAround thePiano w/Marge(3) 2:45 BalloonTennis (2) 3:30-5:00 Nail Care(3) 3:45Organ Melodies(3) 4:00-5:00 1:1’s(2) 6:15 Bunco/Cards (CS) 7:00 Leisure Time(3)	8:45 Keyboard Music (3S) 9:00 Button&Bows (2S) 10:45 Rosary&Hymns(3S) 11:30 Poetry (3S) 10-11 1:1 Visits (2SE) 11:15ServiceWork(2) 1-1:45GardenVisits(3SE) 1:30 Spiritual Sharing (chapel) 2:00 Popcorn with Bill (2) 2:15 Trivia & Popcorn (3) 3:15 Table Act (3) 4:00 Willie on Guitar(2) 4:00 Organ Melodies (3) 7:30BINGO w/Honkamp Krueger(2)	Outing 1:00Titanic Museum Tour 8:45 Explore the Arts (3S) 9:15 Nail Care (3W) 9:00 Shake Loose a Memory (1HH) <b>Stonehill’s 39th Anniversary</b> <b>10:30 Outdoor Mass</b> 1:30 Divine Mercy (chapel) 1:45GardenTime(2SE) 2:00Keyboard Music(3S) 1:45 Games/Kings Corner (2) 3:15Music&Memories...Hello My Baby(3) 3:00SingAlong with Lois(2) 3:30 Table Activities (3SE) 4:00 Garden Visits(2SE) 4:30OrganMusic(3) 7:00 Leisure Time (3)	8:15 OrganMusic(3) 8:45Spa Time (3S) 10:45Koffee Klatch (3S) 10:00 1:1’s (3NW) 10:45 Exercise (3) 11:30-12 1:1 (3NW) 11:30Keyboard Music(3S) 11:15 Exercise (2) 1:15 1:1’s (3NW) 1:00-2:00Music & Massage (3S) 1:30 Music&Massage (2S) 1:30 Cards (2) 1:00-2:00 1:1’s (3SE) 2:15 Making Cookies(3) 2:15Keyboard Music(3S) 3:15 Massage (3S) 3:15 CelebritySpotlight(3) 3:00 Summer Decorating (2) 4:00 OrganMusic(3) 7:00 Leisure Time (3)	8:45 Rosary (3S) 9:30 Sing Along(3S) 9:00 Nail Care(2S) 10-12 1:1 Visits (2) 10-12 Garden Time(all floors) 10-11 1:1’s (3NW) 11:15 Pixie Pals(2) 11:15 Rhythm Time(3) 12-1:30 OUTING SIGN UP 3:00 Rhythm Time (2) 4:15 Happy Hour (2) 4:15 Rosary Video (3) 7:00 Leisure Time (3)	