



It starts with Scouts.

### D.I.B.C. - Packing List

**ADULTS** – The camp pack list must be complete for your youth’s safety and enjoyment. Please pack with your youth so they know what is being packed for the weekend adventure. Your youth’s name must be on all items brought to camp.

Please check the weekend weather forecast for high and low temperatures and pack accordingly, BUT always be prepared for rain.

#### Required Items

- |  |  |
|--|--|
| <input type="checkbox"/> Sleeping Bag                                    | <input type="checkbox"/> Long Pants                |
| <input type="checkbox"/> Extra Blanket                                   | <input type="checkbox"/> T-Shirt                   |
| <input type="checkbox"/> Sleeping Pad                                    | <input type="checkbox"/> Long Sleeve Shirt         |
| <input type="checkbox"/> Ground Sheet                                    | <input type="checkbox"/> Pyjamas                   |
| <input type="checkbox"/> Mess Kit (knife, fork, spoon, plate, bowl, mug) | <input type="checkbox"/> Warm Jacket               |
| <input type="checkbox"/> Flashlight (with good and/or extra batteries)   | <input type="checkbox"/> Rain Jacket               |
| <input type="checkbox"/> Toothbrush                                      | <input type="checkbox"/> Rain Pants                |
| <input type="checkbox"/> Toothpaste                                      | <input type="checkbox"/> Rain Boots                |
| <input type="checkbox"/> Towel   | <input type="checkbox"/> Sturdy Shoes/Hiking Boots |
| <input type="checkbox"/> Socks   | <input type="checkbox"/> Water Bottle              |
| <input type="checkbox"/> Underwear                                       | <input type="checkbox"/> Small Knapsack            |
|  | <input type="checkbox"/> Hat                       |
|  | <input type="checkbox"/> 3 Plastic Bags            |

If you require any medication it must be given to a leader in a clear plastic bag or other container with full instructions.

#### Optional Items

- |                                       |   |
|---------------------------------------|---|
| <input type="checkbox"/> Pillow       | <input type="checkbox"/> Camera                         |
| <input type="checkbox"/> Camp Blanket | <input type="checkbox"/> Toque (for sleeping)           |
| <input type="checkbox"/> Board Games  | <input type="checkbox"/> Gloves or mitts (for sleeping) |
| <input type="checkbox"/> Cards        | <input type="checkbox"/> Sunglasses                     |
| <input type="checkbox"/> Stool/Chair  | <input type="checkbox"/> Badges for trading             |

#### Do Not Bring Items

- |  |  |
|--|--|
| <input type="checkbox"/> Electronics (except digital camera) | <input type="checkbox"/> Food (except in survival kit) |
|  | <input type="checkbox"/> Pets                          |

## Packing Tips

- Parents should pack with their youth so that the parents know the youth is prepared and the youth knows what they are bringing to camp.
- Do not use green garbage bags to pack. They can easily rip, then equipment is all over the place and they may look like garbage and be thrown out. If you do use plastic bags to weatherproof some items use a clear plastic bag.
- Make sure that the youth can carry all of their equipment BY THEMSELVES in hopefully no more than 2 trips. A single large bag that the youth cannot move is not a good packing technique. Also having many small items makes carrying difficult and a high probability that something will be dropped and/or lost.
- Try to use items for multiple purposes to reduce the amount of equipment that the youth needs to bring.
  - A camp blanket can also be an extra blanket for sleeping.
  - Zip off pants can be shorts or long pants.
  - Hiking boots may be waterproof.
- When practical, wear some heavier items so they do not have to pack or carry them.
  - Wear boots and pack shoes.
  - Wear heavier jacket and pack lighter one.
  - Wear long pants and pack shorts
- The plastic bags on the packing list can be used if your boots leak or to put dirty clothes in. They have many uses and should be included at every camp.
- Placing your mess kit in a mesh bag is the preferred method, as this allows it to be hung up to dry. Also attach a carabiner to the mesh bag to make it easier to hang up.
- Polar fleece dries very quickly so it is good for being on the water if it is cool.
- As a rule of thumb you need 3 times as much insulation under you as over you when sleeping outdoors in the cold. Keep this in mind when you bring your sleeping mat, sleeping bag and extra blankets.