

FLOWERS

1st In Loving memory of Stan Dale

8th In Loving memory of Kath Barnett

15th In Loving memory of Mary Loveless



FEBRUARY 2015



Holy Trinity Church, Trinity Street, Frome BA11 3DE

VICAR Rev'd Graham Owen (day off Friday)

CHURCH WARDENS: Ben and Audrey Lyons

HALL BOOKINGS: Church Office Tel:01373 453425

CHURCH OFFICE: Open every week day 9.30- 12.30
Tel: 01373 453425
holytrinityfrome@gmail.com

SERVICE TIMES: Sunday - 9.00am Holy Communion
-10.45am Morning Worship
(Contemporary service, with activities for children)
- 6.30pm—Evening Worship and Prayer Meetings
Wednesday - 10.00am Holy Communion

9.00 am—9.30 am Morning Prayer every Monday, Tuesday and Thursday

*Wanted—your articles, pictures, poems, musings etc. for the magazine.
Please email any contributions to*

holytrinityfrome@gmail.com

March Magazine deadline, Wednesday 18th February 10.00am

CLA Church Licence 800522

Licensing of
The Reverend Nicholas Griffin, as Chaplain
to the University of St Mark & St John in Plymouth
by the Bishop of Exeter,
The Right Reverend Robert Atwell

About Small Groups

One of the great strengths of the Holy Trinity family is our network of small groups. Some meet in homes, and others at Trinity Hall or the Bridge; some are evening get-togethers and others prefer to gather by the light of the sun; some concentrate very much on Bible study and prayer, and others put a particular accent on fellowship and the sharing of food and activity. Whenever they meet, and whatever style they have, they all have something very important to offer: the chance to build deeper relationships, and to share the adventure of faith with good friends.

Sunday worship is of course vital to our health as a Christian family; we must come together on the Lord's Day to worship our wonderful God, hear His word and remember all that he has done for us. But Sundays can also be very busy with lots of people around, and little opportunity to ask questions, or just get to know one another properly. This is where small groups come in; I would say that they are an essential spiritual feeding supplement to Sunday worship.

I have often been moved by the way members of a small group have rallied around one of their members at times of need or distress, have celebrated special occasions together, or have told me of how important their group is to their living-out of their faith. The simple truth is this: there is enormous strength, encouragement and fun to be gained from meeting in small groups.

Around half of our church family are members of groups of one kind or another, and that is fantastic, but if you have not yet taken steps to join one, may I encourage you consider it. Groups normally meet fortnightly and we do ask that before you start to attend one you have a chat with Ann Philips whose task it is to help people into groups that are appropriate to their needs. You can also approach me if you prefer, and I will put Ann in touch with you.

If you are already a member of a small group, that's great, and please do continue to do what you can to help and support the other members. If however you are not yet in such a group, Ann or I would be delighted to hear from you!

Graham

WHO'S WHO AT HOLY TRINITY

VICAR	Rev'd Graham Owen	462586
READERS	Ann Phillips, Tom Harflett, Phil Gray, Dorothy-Anne Bryant, Miriam Hare, Wendy Rootes	
CHURCHWARDENS	Ben and Audrey Lyons	463326
ADMINISTRATORS	Kally Dunn/Jennie Tangvald	453425
TREASURER	Phil Gray	452086
TRINITY HALL MANAGER	Clive King	462982
TRINITY HALL BOOKINGS	Church Office	453425
TRINITY CREW	Ali Mathieson	229886
TRINITY TODDLERS	Ali Mathieson	229886
YOUTH WORKER	Bryce Tangvald	07730 589 559
ALPHA	Phil Gray	452086
CHOIR	Margaret Perry	453962
MUSIC GROUP	Contact the Church Office	453425
FLOWERS	Molly Butler	462824
SOCIAL COMMITTEE	Vacant	

Church e-mail address: holytrinityfrome@gmail.com

Church website address: www.holytrinityfrome.info

HOPEFrome website address: www.hopefrome.org

CAN WE PRAY FOR YOU ?

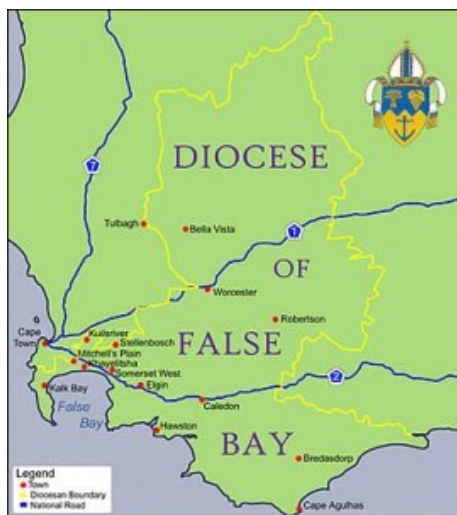
**Text your prayer request to
Holy Trinity church
079 73 448 354**

**Sharing the love of Christ in Frome
holytrinityfrome@gmail.com**



mothers
unionChristian care for
families worldwideDiocese of
False Bay

The Diocese of False Bay was inaugurated on the first Sunday in Advent in 2005, in a historic development reflecting the growth of the Anglican Church in the Western Cape. The Diocese stretches from the Atlantic coast of the southern Cape Peninsula in the west to the Overberg region of the Western Cape in the east, and from Cape Agulhas – the southern-most tip of Africa – in the south to the edge of the Koue Bokkeveld in the north. It incorporates communities ranging from the densely-populated suburbs of Khayelitsha and Mitchells Plain on the Cape Flats to the seaside towns of False Bay and the southern Cape coast. Its people work in every kind of undertaking from the factories of Cape Town to the wheat farms of the Overberg and the fishing industry on the coast. Parishes offer services in three languages – Afrikaans, English and IsiXhosa. The Diocese of False Bay was carved from the eastern part of the old Diocese of Cape Town, mother diocese of the Anglican Church in southern Africa. Established in 1847, the Diocese of Cape Town initially encompassed vast tracts of land in the south-eastern corner of Africa. Its 20th century boundaries were delineated where it bordered the diocese of George to the east, Kimberley and Kuruman to the north-west and Namibia to the north. However, as early as the 1960s it became clear that the Diocese of Cape Town, which traversed an area up to the Namibian border in the north and halfway to the town of George in the east, was becoming unmanageable. Nearly 40 years and seven commissions of inquiry later, the old diocese resolved to “multiply” and become three. The inauguration of the Diocese of False Bay was the first step in this process. The Diocese comprises 50 parishes in six archdeaconries, with diocesan headquarters centred on the town of Somerset West. Fifty stipendiary clergy and 35 non-stipendiary (self-supporting) clergy serve the Diocese, 10 of them women.



MENDIP TIMES

From balsam bashing to church cakes: meet some local heroes

By SIMON
SELBY

INSPIRING people from Mendip were among those awarded at a special ceremony held by Somerset County Council for outstanding contributions to their community.

In all, more than 40 awards were presented to individuals and community groups from across the county at the annual Chairman Awards. They included:

Janet Smith – a truly community-minded resident of Oakhill, she supports village clubs and societies and is an active member of the Methodist Chapel where she plays the organ. Janet is also involved in the East Mendip Gardening Club and helps to organise the annual Produce Show. She gives time to support the Good Companions group in the village, is an active member of the Village Hall and Recreation Ground Committee and also sits on the Patient Participation Group at the Oakhill Surgery.

Dorothy Ann Bryant – best known for her tireless work with Friends of the River Frome. She has been the main project lead in a bid to rid the riverbank of Himalayan Balsam and has arranged many litter picking events to clear the areas around the river. She also leads regular Mendip Health Walks. Most recently, Dorothy set up a “Life Begins at 70” group, arranging workshops which focus on ways in which those in their 70s can continue to lead a healthy and active life.

Kathleen Newman – for more than 40 years, Kath has been tireless in her contribution to the community of Binegar and Gurney Slade. She has had involvement in many aspects of community life within the village including an active role in the Holy Trinity Church and she continues to be an invaluable member of the Village Hall Committee. This role has seen Kath

give much time and energy to supporting events, in particular at the heart of all kitchen activity. Kath is a dedicated long-term member and ex-president of the Women’s Institute and is instrumental in the running of the village’s Welcome Club.

Barbara Cowell – has given a great deal to the community of Street and was nominated for the commitment she has shown to local community groups within the village for more than 20 years. She was a community nurse for 17 years, during which time she helped many local residents. She has also served on the parish council for 20 years with two terms of office as chairman. She has also worked tirelessly on the committees of the Street Society, Street Twinning Association and Strode Theatre Board of Management.

Stan Wilson OBE – a member of Beckington Parish Council for nearly 25 years and during that time he has worked tirelessly for the community. He was nominated by the community as he is standing down at election next year and the whole community wanted to acknowledge the work he has carried out for them.

Cliff Clark – a member of the Pen Selwood Parish Council for some 13 years, with only one short break. He set up the parish newspaper and continues to edit it so that everyone in the community can access information. He also organised a picture exhibition at the parish fete for many years.

Sadly, neither Stan nor Cliff could attend the awards ceremony. Chairman of Somerset County Council, Councillor David Fothergill (pictured presenting the awards), said: “I am proud to be in the presence of these community champions who all deserve a huge thank you for what they do. The time that they give back to the people in each of their community’s is worthy of recognition and I am thrilled I can celebrate their dedication with them tonight.”



Communities are built around people

Something we are all seeing, whether we live in a town or a village, is that many local pubs are closing down. Currently this is at the rate of about 31 a week. There are now about 55,000 pubs in the UK, down from about 68,000 thirty years ago. Whether we use them or not and whatever our view may be on drinking, pubs support more than a million jobs in the UK and contribute significantly to the economy of their local area.

A recent study from Northumbria University says more than that. A thriving village pub it says gives a village greater community spirit and supports local social events and businesses. Pubs it claims are significant in promoting community cohesion, especially in rural areas. That is probably uncontroversial. But the same study also concluded 'that village pubs were also found to be more important to local life than the parish church'. That is something which I might want to take issue with.

I suppose it depends what you mean by contributing to local life. But I am very clear that parish churches are often at the very heart of the communities they serve and contribute significantly to creating, sustaining and developing thriving communities. In many communities it is difficult to imagine what life would be like without the local church being present and active in bringing people together and supporting them in every kind of need.

In Somerset new housing developments are being planned in a number of places. But, as developers often acknowledge, building houses does not automatically build communities. So one of the things that we as a diocese will need to give more thought to in the future is: 'how we can use the resources that we have to turn those groups of new houses into caring, inclusive and welcoming communities?'

Communities are built around people. They do not simply emerge unless people consciously value the place where they live and strive to make it a better place for everyone who lives there. Living and sharing our faith in Jesus, serving our communities and engaging with local concerns are ways in which we can contribute to making our communities welcoming and joyful places for all.

I enjoy visiting a pub and there is no doubt that they can be a meeting point and hub for local communities. That is true of churches as well, but they are much more than that. A church is a place 'where heaven and earth meet'.

With warm best wishes,
+Peter Bath and Wells



leadership team) and nationally (as treasurer and part of the Horizons France national leadership committee.). My commitment to local outreach and making disciples continues, as does the 2 year commitment to the team in Bourg Saint Andéol So, I would appreciate your prayers as, with God's help, I try to find my way through these changes. Change is always an opportunity and a time to lean on Jesus. In him, my identity doesn't change.

From Norah: This year was very full, giving many good memories and a sense of progress. Obviously, Sarah's graduation and wedding were major highlights. We also attended the wedding of a Horizons couple, Carlos and Richele; Richele had been staying with us during her time in the Château team. I have continued offering nature and environment educational activities to the schools, and to my delight, had 16 of the children in my Bible Club group during the Korean outreach at the beginning of the summer holidays. In addition, the town hall asked if I could help on Friday afternoons now that they have to provide fun educational activities for nursery and primary school children at that time. Whilst initially thinking of nature activities, they are very happy for the Château team as a whole to offer other possibilities, Africa, world cuisine etc. This

shows how changed their view of the Château is, given that we are known to be a Christian group. The village has also been arranging events to commemorate the 14-18 war including articles in the village magazine. For over a year now, I have felt that God saw this anniversary as a time when Christians from Britain, France, Germany and elsewhere would be more open to the call that he gave Rob Reeve right at the beginning at the Château: to redeem the dreams of those Christians influenced by the Edinburgh Conference in 1910, who intended to reach the world for Christ in their generation and then lost their lives on the battlefield. Already one church has come with a multi-generational group to visit local sites and to pray that God will raise-up a new "army" of young people from Europe to spread the gospel. I am praying to know quite what I am supposed to do to facilitate the vision. At long last we have done what we have been meaning to do for some time, that is, to use my birthday in May, which falls at the time of the "fête des voisins" to invite our neighbours for aperitifs. About forty people came and it was agreed to put in place a proper street party this year. It was lovely seeing people greet each other and chat. We have also done Alpha and I helped to get an Alpha course off the ground at our church in Lens, of which I am now on the leadership team.
Norah Morton.

Reconciliation “conversation” for the Central African Republic.

For over 20 years, people at the Château have been praying for the Central African Republic. Had we stopped praying last year, we would have had to ask the question “what has 20 years of prayer achieved?” Yes, mission by Central Africans into different parts of their country including an unreached pygmy tribe has happened, but also the nation has fallen into chaos and is trying to emerge from a period of civil war. The story is not over however. Last year, we had the visit of a prospective presidential candidate for the C.A.R. who came to talk about his hopes for the nation, so that we could pray. This year the Château hosted a reconciliation congress, with representatives from different factions of the civil war, from the C.A.R. government and the French foreign office. Our local town mayor came to welcome the delegates. The “conversation” was run by a reconciliation group working with the United Nations. It was an unusual high profile event for us to host. As a 10 year old girl in the R.C.A, Maguy had a dream of civil war happening in her country and the prayer for her nation at the Château was a major reason for Jean (John) and Maguy coming to the chateau. The story of the nation continues. Already the reconciliation committee formed as a result of the conference has had problems, as people vie for influence and

position, but it has been reformed and the work goes on.

Personal and Family News

From Chris: It is, as English understatement would put it, an interesting time. Those who have followed our work closely will know that for some years now, I have been reducing my responsibilities at the Château (and really started to notice the difference last year), feeling that my role was to help the transition into a new generation of leadership. The Château team is looking at 2 new projects: the purchase of the “farm” next door and the poultry project, both of which will need significant investment in time and money. Whilst supporting both of these projects, I do not feel personally responsible for their development, which is naturally now taking up the majority of Chateau leadership meetings and prayer time. The next 2 years seems to be my window of opportunity to have a house built in our back garden and thus for me to work towards some financial provision for our retirement, whatever, wherever and whenever that may be. At the same time, we have been confronted with the social security situation already mentioned and in order to have a different definition of what I do, I will become part time self employed. Consequently, I have stopped my membership of different Horizons associations and stepped down from certain activities both at the Château (the



AGM and WINTER FORUM

‘Who is my Neighbour?’ – Community & Chaplaincy

Thursday 12th February 2015

The Standerwick Centre,
Frome Market, Frome, BA11 2QB

3.00	Annual General Meeting
3.40	Frome Market Chaplaincy with Andrew Chalkley
4.00	Afternoon Tea
4.20	Maree Farrimond - Introduction to ‘Chaplaincy Everywhere’
4.30	Young People & the Duke of Edinburgh Award Scheme
4.40	Town Centre Chaplaincy with Steve Reed (Taunton)
5.10	‘Anna Chaplains’ with Debbie Thrower (Alton).
5.40	Evening Prayers
6.00	Hot Buffet Supper – no charge! Donations welcome

BOOKING FORM

Please detach and complete the form below and return it to Gabrielle Grace, 3 Champford Mews, Wellington, TA21 8JW or by e-mail to sctogether@phonecoop.coop **as soon as possible** and to arrive no later than 31st January 2015. Many thanks.

There is parking available at the Standerwick Centre but please help by car-sharing.

I/we from _____

will attend the Annual General Meeting at 3.00 pm

- will attend the Winter Forum at 3.40 pm will stay for the buffet supper (donations welcome)

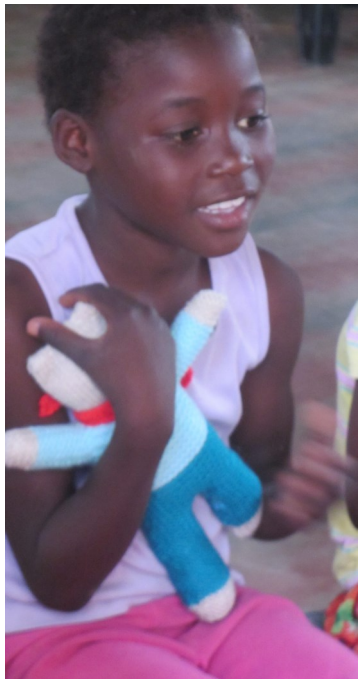
Name _____ Contact e-mail or tel. _____

Dietary Requirements _____



Teddies for Tragedies reach their new homes. The children are all aids orphans at a place called Siyathuthuka, near the Hands at Work 'hub' at White River (Near Nelspruit). Siyathuthuka is the Zulu translation for "We are growing up"

The children put the Teddies on their backs as this is how Mums carry their babies and toddlers.



The "farm" next door (house, apartment, stable block, barn and garden)

We work in and around "Le Château Blanc." When the earliest dreams and visions concerning the chateau were given, 10 years before Horizons bought the Château in 1991, the main entrance courtyard was still part of the same property, but was subsequently sold separately, as "la ferme du Château Blanc". We almost managed to buy it when it was for sale in the year 2000. It is for sale again 15 years later. Maguy, the wife of Jean who is the Director of the Château, had visions of the Château before they came here, which included the farm. To give you an idea of how clearly she saw things, when they first visited us, Maguy expressed disappointment that a corridor she had seen in a vision was not painted as she had seen it. As we had just chosen the colours to decorate the corridor, we asked Maguy to identify on a colour chart the colours she had seen in her vision and she correctly selected the colours we had bought to within one tint each time – a rare possibility for us to check out the reality of such dreams and visions. Jean and Maguy believe this is the time for the purchase of the farm, so the Château will soon be launching an appeal in order to buy it, following the prayer which has gone on now for some months.

Abundant life at the Château.

These last two and a half years, we have had the largest ever number of residents over such an extended period at the Château. With some team members living in the village, there is a community of 20 adults and 4 children, a mix of long term personnel and short term trainees, of 6 different nationalities (French, Korean, British, Dutch, Burkinabe and Central African.) This looks as if it will continue next year, at least until the summer, with 3 additional Horizons gap year trainees coming in January for 6 months (Uruguayan and British) joining the young Koreans already here. We have mission training, prayer conferences, outreach events with youth and adults, as well as local activities in the community and members contributing to local French churches. We lack a large meeting room and space for conferences and groups which makes the availability of the farm next door with its extra accommodation and barn, an interesting option.



Chris and Norah Morton
Working in Northern France
with World Horizons.

28 rue Léon Blum
59239 Thumeries
France

christopher.morton@neuf.fr

norahmorton@neuf.fr

tel : France 0320865824

Winter 2014/15

Greetings! We are going to be Grandparents next year but more important, Jesus is Lord and exceedingly wonderful.

Opposite to the château is the "Gendarmerie" the local police HQ for the area. One of the Gendarmes decided to follow Jesus this year and prays each week with her friend and with Norah.

Unfortunately she will be moving away with her job. The previous chief of the Gendarmerie, struggling personally since he retired, has started to read his bible and was with us at a house group before Christmas. Chris sees him each week. He is selling his house and also moving elsewhere. Building a local Christian community in France in our small town is a challenge; the new birth rate has to exceed the rate at which people move away! A lady who comes to the "post Alpha" group in a wheelchair, paralysed down half her body has now a hint of feeling – may more feeling come when she gets baptised next year. Of all the Korean trainees sent out by a church in Korea to different



places in the world on short term mission training, it was the ones who came to the Chateau who said they wanted to continue as long term missionaries.

Al Massira – The Journey

Al Massira is a tool for evangelism amongst Muslims, with quality DVDs developed by North African believers, revealing Jesus through the life and words of the bible prophets. The original video dialogue is in Arabic, the people who appear on the DVDs are from different Arab or Muslim nations. English, and some other language translations, now exist. We attended an Al Massira training weekend, so are now able to use the course, which has some similarities (small group discussion, videos and something to eat) with Alpha. All we need now are some Arab friends with whom we can do it. If you have Muslim friends, then this could also be a useful tool for you.

The Lighthouse

Messy Church for all the family

(activities especially suitable for families with children aged 0-13 years, but all are welcome)

Every 3rd Monday of the month 3.00-5.00pm

Trinity Church Hall, Frome

Craft & messy activities, Stories, singing and food.

Donation of £2 per family

Dates

February 23rd *(4th Monday)*

March 16th

April 20th

May 18th

June 15th

July 13th *(2nd Monday)*

Look forward to seeing you

For more information call 01373 453425



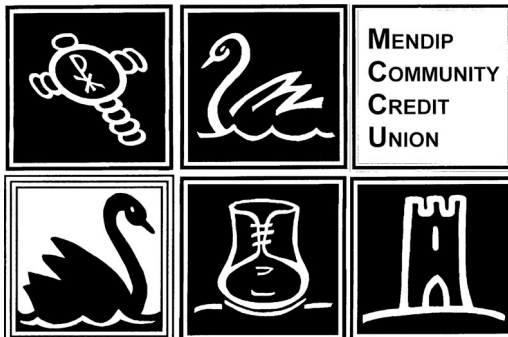
Celtic Blessing.

When you no longer know how to be,
May the Father take you on your deeper journey.
When you no longer know what to do,
May the Spirit reveal to you your fitting task.
When all feels lost or foreign
May you know your home in Christ.
On the path that is before you
May you have companions for the journey,
May you find Christ in the stranger,
And may you know the love and blessing of God.



The blessing was written by
Pete Askew from The
Northumbria Community.

Ann Phillips.



Mendip Credit Union says 'Help us keep growing in 2015!'

Credit Unions have been in the news; gaining support from church leaders and the government. Could you help our local credit union to grow?

Mendip Community Credit Union had a good year in 2014. Membership grew. More people are now avoiding high interest loans or punitive bank

charges. More people are building up savings for a planned purchase or an unplanned rainy day. Members' savings provide plenty of funds to help those members who need an affordable loan. Membership of the Credit Union has helped many people to get on top of their money problems. But MCCU wants to reach more people in 2015 and it needs help.

If you might need affordable credit, join now and start saving, but if you are not likely to want to borrow then you can still help ...

Make a donation to the Hand-Up Fund. This helps people when they need it most. The Hand-Up fund provides affordable small loans such as for a replacement cooker or to buy a bed or repair a car needed for work. The fund is there for people with no savings or who weren't previously members. A small donation to the Hand-Up fund can be recycled quite quickly, supporting several loans each year.

To make a donation that will be used again and again visit a service point (details below) or the MCCU website: www.mendipcommunitycu.org.uk

If you can spare a little time, volunteer at a service point session once a month or more. The service points are where people come for information or to join and where members can deal with their savings or loans. Each session is staffed by at least two volunteers and training is provided. Find out more about whether volunteering is for you by dropping into your nearest service point:

Frome, Glastonbury & Wells Libraries	Saturdays	10 ⁰⁰ -12 ⁰⁰
Frome, The Key Centre	Thursdays	9 ⁰⁰ -11 ³⁰
Shepton Mallet, 'Twice as Nice'	Tuesdays	10 ⁰⁰ -12 ⁰⁰
Street, Crispin Community Centre	Fridays	10 ⁰⁰ -12 ⁰⁰

MENDIP COMMUNITY CREDIT UNION FREEPOST SWB 10777

GLASTONBURY BA6 9ZZ

www.mendipcommunitycu.org.uk

Email **info@mendipcommunitycu.org.uk**

Free Voice **0800 622 6036** Texts Only **0786 002 1686**

Mendip Community Credit Union is Authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority Ref 213691

THE CHILDREN ARE THE FUTURE

The present and the future of Holy Trinity Frome, is represented by its youth and its children. Work in these vital areas, although away from the bustle and business of the main body, takes place weekly, monthly and daily, year by year. A small part of this work happens during Trinity Toddlers and also during Lighthouse sessions ...

Our dedicated teams of volunteers give happily of their time and energy to meet the needs of the little people of Frome as well as their parents, grandparents and carers.

Every Wednesday and Friday morning, during term time, about 25 children from new born to 4 years old, come along to our church hall to enjoy a social and learning time from 10 till 12 am. Before the start time of 10am, the Trinity Toddlers team set out chairs, tables and activities to create a warm, inviting, learning environment for the children and a safe, welcoming and pleasant place for the adults that bring them, to relax, chat and enjoy a cup of coffee or tea together. Most importantly, some of these precious new friends have begun to come along to church after getting to know us at Trinity Toddlers.

The hard working and loving Trinity Toddlers team are: Mary Earle, Jean Tidcombe, Nicky Gardner, Christine Newton, Mo Fletcher, Jean Vince and Ben Lyons who never fails to turn up to help tidy away every Friday.

Lighthouse is an exciting fresh expression of church for all ages which meets once a month on a Monday afternoon after school. Parents with children in tow, or even children with parents in tow! enjoy fun and messy creative activities based on a particular Biblical theme chosen for that session. After the activities, everyone moves into the church for a short informal service with lots of fun participation by those attending! The whole celebration is rounded off by a hot meal together, lovingly prepared by our experienced cooks and kitchen helpers. Such a fun way to meet new people, to catch up with friends and to participate in a church service!

The tireless Lighthouse team is led by Lesley Owen with Helen Harflett, Rosemary Stilwell, Mo Fletcher, Janet, Howard and Colin Page, Jean Vince, Felicity Jones, Sarah Jones, Audrey Lyons, Nicky Gardner, Keith Giles and Sue Williams.

Both groups are always grateful for offers of new volunteers and helpers!

Ali Mathieson



Become a Community Land Owner

The local community have come together to buy Whatcombe Fields together through COMMUNITY shares. The campaign, organised by Save Open Spaces Frome, began life in the summer to buy the 34 acres of land on the edge of Frome, inviting the community to club together and save it from development. On Christmas Eve SOS Frome launched an on-line platform to enable local residents to buy community shares and give donations. Peter Macfadyen, the Mayor of Frome said 'This is an amazing opportunity to get together as a community and ensure this beautiful land continues to be enjoyed for walking and leisure now and by future generations. The UK has already lost over 97% of its meadow land since World War Two. I urge everyone who can to support this important project.'

Anna Francis who is helping to coordinate the campaign added 'One of the things I love about Frome is that it has the best of both worlds – a thriving town with lots going on, surrounded by beautiful countryside which so many of us love to walk in and enjoy. There are lots of examples around the country where communities have got together to buy land through community shares. We know we can do this, we just need everyone to get now get behind the campaign.' The project has already raised over £20,000 in the first few days and has until the 20th February to raise the £330,000 needed. Shares and donations can be bought on-line or by cheque to SOS Frome c/o Frome Town Council, 5 Palmer St, BA11 1DS. No share money will be taken until the total is reached by the 20th February.

Frome Town Council, SOS Frome and Frome Renewable Energy Co-op are also organising a free workshop on community shares on Thursday 22nd January, 7pm upstairs at the Cheese and Grain in Market Yard. The workshop will explain how community shares work including examples from similar projects around the country.

To find out more about the Whatcombe Fields campaign, to donate or invest visit:

www.sosfrome.org



TRIP TO PLYMOUTH FOR NICK'S LICENSING

A Coach load of Trinity folk travelled to Plymouth on 19th January to attend the Licensing of Nick who has been our curate for the last three and a half years. He will be greatly missed and we wish him all of God's richest blessings for him and his family's future in Plymouth.



"Dear Trinity Church Family,
Happy New Year to you all!

We just wanted to send our sincere thanks to the whole church. We are so very grateful for the love, generosity and thoughtfulness from you all as we prepared to move away from Frome. We were so sad to leave, but the support, prayers and generous gifts received have helped to give us a great start in our new home. We were truly overwhelmed and deeply touched by the love you poured out for us, thank you! We are all settling well and are enjoying getting to know our new area. Thank you too, to all of the people who travelled down for Nick's licensing service on the 19th. It was a wonderful blessing to see so many familiar faces. Trinity Church Family will remain in our thoughts and prayers and we promise to stay in touch.

With love from The Griffins xx"

Contemplative Prayer for the New Year.

Due to limited space and seating please, please, let us know if you wish to join us (even a phone call on the day would help). Contact Ann or Gerry on 01373 300 767 Or Sue Leather on 01373 472346

We plan to continue to meet on the 1st Monday of every month except Bank Holiday Mondays when we will meet on the 2nd Monday of the month.

DATES: February 2nd; March 2nd

April 13th; May 11th;

June 1st.

TIME: 7.45pm please try not to arrive later as the doors close at 8pm.

Venue: Rita Bishop's home at 75 Oakfield Rd, BA11 4JH.

This is a time of guided silent prayer ending with Compline and a quiet return to our homes.

Any queries please contact Ann Phillips.

Mendip YMCA thanks and volunteer needed

We have received the following note from the Mendip YMCA here in Frome "A massive thank you for those wonderful Christmas gifts for our YMCA young residents and homeless clients. We are so grateful - please would you be able to say thank you to all those at church who donated gifts." We know that some of those who got these gifts received nothing else and it meant so much.



Volunteer needed too - is there anybody who would be interested in being a Volunteer Administrator for the new Youth and Community Development Manager in Frome. He needs a friendly helper one day a week (it could be two people doing half a day each) to help with phones, basic admin, welcoming people, dealing with enquiries, organising basic stuff etc. This would be based at the Frome Youth and Community Centre in Vallis Way and support would be given by the Volunteers Co-ordinator. If you might be interested please contact us.

Chris and Miriam Hare (01373-469788) - YMCA chaplains

 The poster has a green background with a sunburst pattern. On the right side, there is a detailed illustration of a potato plant with several purple flowers and a large white potato tuber at the bottom. The text is arranged in a clear, readable layout.

Growing Frome Potato Day and Seed Swap

Sunday 8th February
10am - 3pm - Free Entry

Everything a gardener or allotmenteer needs to get their year off to a good start

Community-run Seed Swap; huge range of seed potatoes from Pennard Plants and hundreds of different types of seeds and plants for sale

Also this year the launch of the new 'Growing Frome' network!... and your opportunity to help judge the 'Victoria Park; Health and Well-being Garden' Children's Design Competition!

Loads of Talks and Workshops which include...

The Incredible Edible Revolution with Pam Warhurst founder of Incredible Edible Todmorden!

No Dig Gardening with Charles Dowding!

Activities for children throughout the day run by Incredible Edible Frome

Yummy food provided by The Café@The Grain

**Phew! So don't be a couch potato!
...come and join us for a day of family fun!!**

see www.fromepotatoday.org.uk for more information

Cheese and Grain, Market Yard, Frome

Brought to you by Frome Town Council, Sustainable Frome and Incredible Edible Frome

 At the bottom of the poster, there are three small logos: the Frome Town Council crest, the Sustainable Frome logo, and the Incredible Edible Frome logo.



Originally the Food Bank in Frome was set up to be part of the Warminster and District Food Bank but now Frome has its own Community Food Bank, which will cover the BA11 postcode. This is being run by Fair Frome, a new organisation which has been set up to support local people to bounce back from the difficulties of living with poverty.

The collection points for food have, and are, being increased (including Sainsbury's, ASDA, Co-op, Frome Wholefoods, Tesco). Referrals to get a food parcel are still made through the Citizens Advice Bureau, GP surgeries, and the YMCA (for those under 25).

Once a referral has been made food parcels are distributed to those in need from the Bridge Cafe, the YMCA, the Fair Frome office in Palmer Street or one of the two Children's Centres in the town.

Alongside the Food Bank, Fair Frome are organising a washing project for those living on the streets or those who have limited facilities, as well as a kitchen utensil project and community dining events to support those in need or who are alone. A community meal was held in Trinity Hall in December.

We are continuing as volunteers with the Frome Food Bank and remain the Holy Trinity representatives. We are so grateful to many of the Holy Trinity family who have put food for the Food Bank in the box at the back of church regularly. We do appreciate this very much.

If anybody would like to consider volunteering to work at the Food Bank then do please contact Kate Hellard on 07714-587129 as there will be a training and information morning on Saturday 24th January.

Chris and Miriam Hare



This is Shrek the sheep. He became famous several years ago when he was found after hiding out in caves for six years. Of course, during this time his fleece grew without anyone there to shear it. When he was finally found and shaved, his fleece weighed an amazing sixty pounds. Most sheep have a fleece weighing just less than ten pounds, with the exception usually reaching fifteen pounds, maximum. For six years, Shrek carried six times the regular weight of his fleece simply because he was away from his shepherd.

This reminds me of John 10 when Jesus compares Himself to a shepherd, and His followers are His sheep. Maybe it's a stretch, but I think Shrek is much like a person who knows Jesus Christ but has wandered. If we avoid Christ's constant refining of our character, we're going to accumulate extra weight in this world—a weight we don't have to bear. When Shrek was found, a professional sheep shearer took care of Shrek's fleece in twenty-eight minutes. Shrek's sixty pound fleece was finally removed. All it took was coming home to his shepherd.

I believe Christ can lift the burdens we carry, if only we stop hiding. He can shave off our 'fleece'—that is, our self-imposed burdens brought about by wandering from our Good Shepherd.

"Come to Me, all you who are weary and burdened, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls. For My yoke is easy and my burden is light." Matthew 11:28-30

From iBibleVerses

FEBRUARY DIARY

Sun 1st HEALING PRAYER Small Groups week

9.00 am Holy Communion Psalm 111, Mk 1:21-28
 10.45 am Holy Communion The Authority of Jesus
 1.00 pm Home Alone Lunch
 4.30 pm Hospital Service
 6.30 pm Prayer Meeting
 6.30 pm Sunday Cafe

Mon 2nd 2.00 pm Coffee, Cake and Chat Bring and Buy

Tue 3rd 12 noon Trinity Lunches

Wed 4th 10.00 am Holy Communion
 10.00 am Trinity Toddlers

Fri 6th 10.00 am Trinity Toddlers

Sun 8th

9.00 am Holy Communion Proverbs 8:22-31, John 1:1-14
 10.45 am Morning Worship Approaching Lent
 6.30 pm Evening Worship Acts 8:18-24
 6.30 pm Sunday Cafe

Tue 10th 12 noon Trinity Lunches
 7.30 pm Men's Night Out @ The Griffin

Wed 11th 10.00 am Holy Communion
 10.00 am Trinity Toddlers

Fri 13th 10.30 am Trinity Toddlers

Sun 15th Small Groups week

9.00 am Holy Communion Psalm 50:1-6, Mark 9:2-9
 10.45 am Morning Worship On the Mountain
 6.30 pm Holy Communion Acts 10
 6.30 pm Sunday Cafe

Mon 16th 7.30 pm Ministry Team meeting at the Vicarage

Tue 17th 12 noon Trinity Lunches

Wed 18th 10.00 am Holy Communion
 10.00 am Trinity Toddlers
 10.30 am MARCH Magazine Items Deadline

Thur 19th 2.00 pm Holiday Bible Club @ Wesley Methodist Church

Fri 20th 10.00 am Trinity Toddlers

Sun 22nd

Fair Trade fortnight begins

9.00 am Holy Communion Genesis 9:8-17, Mark 1:9-15
 10.45 am Morning Worship The Kingdom of God is Near
 6.30 pm Evening Worship Acts 13:1-12
 6.30 pm Sunday Cafe

Mon 23rd 3.00 pm Lighthouse Messy Church

Tue 24th 12 noon Trinity Lunches

Wed 25th 10.00 am Holy Communion
 10.00 am Trinity Toddlers

Thu 26th 7-7.30 pm Focus on Faith at 41 Lower Keyford

Fri 27th 10.00 am Trinity Toddlers

MORNING PRAYER 9.00 am on Mondays, Tuesdays and Thursdays in The Link

Focus on Faith

Focus on Faith is an informal study group that we use as a follow up to Alpha. We start with tea/coffee and cakes at 7-30pm then discuss different areas of Christian faith based on worksheets. We look in more detail at subjects covered in Alpha as well as lifestyle issues not covered in Alpha.

Focus on Faith starts on **Thursday 26 February** at Tom and Helen's home, 41 Lower Keyford, Frome BA11 4AR on alternate, non House Group weeks. If you have done Alpha in the past and would be interested in joining this group call Tom Harflett on 01373 462408 or email tomharflett@hotmail.co.uk

Holiday Bible Club

Thursday 19th February

from 2 till 4.30pm

For children aged 5 to 10 years

At Wesley Methodist Church

Trinity Crew groups at 10.45am are:
PEBBLES ages 0-Reception,
BOULDER GANG Y1-Y4,
ROCK SOLID Y5-Y8.

Sunday Café, a youth group for 13-18's meets every Sunday evening during term time, at 6.30pm in Trinity Hall.