

the fitzgerald foundation

more than a witness...

pamphlets & books the RMH hand out to patients

Brains & Spinal Cord Booklet – Cancer Council

For people with cancer, their families and friends

http://www.cancervic.org.au/about-cancer/cancer_types/brain_tumour

A Primer of Brain Tumours – American Brain Tumour Association

- Parts of the brain
- Brain tumour basics
- Types of Brain & Spinal Cord Tumours
- Comfort & Coping

http://www.abta.org/Tumor_& Treatment_Info/A_Primer_of_Brain_Tumors/170

Life with Cancer – Cancer Council

Information for people with cancer, their families & friends

http://www.cancervic.org.au/downloads/life_with_cancer/ap473lifewithcancer.pdf

Nutrition & Exercise – Cancer Council

For people with cancer, their families and friends

http://www.cancervic.org.au/downloads/brochures/Nutrition_Exercise_08.pdf

Coping with Chemotherapy – Cancer Council

http://www.cancervic.org.au/downloads/brochures/cancer_types/Coping_chemo_08.pdf

Coping with Radiotherapy – Cancer Council

<http://www.cancervic.org.au/downloads/radiotherapy/radiotherapy.pdf>

When Cancer Won't Go Away (patient) – Cancer Council

For people whose cancer has advanced

http://www.cancervic.org.au/downloads/brochures/recent_brochures/Advanced_cancer_08.pdf

When Cancer Won't Go Away (carers and family) – Cancer Council

For carers of people whose cancer has advanced

http://www.cancervic.org.au/downloads/carers/WCWGA_Carers.pdf

Caring For Someone with Cancer

For family and friends

http://www.cancervic.org.au/downloads/brochures/AL759_Newest_Carers_book2_Fin.pdf

Caring for someone who has a brain tumour – Cancer Council pamphlet

http://www.cancervic.org.au/aboutcancer/cancer_types/brain_tumour/caring_for_someone_with_a_brain_tumour.html

http://www.cancervic.org.au/downloads/CISS_factsheets/Caring_brain_tumour.pdf

Learning to Relax for people with cancer, family & friends – Cancer Council

Not a booklet, just some info to help

http://www.cancervic.org.au/about-cancer/types-treatments-trials/learning_to_relax

Coping with fatigue caused by cancer treatments – Cancer Council

Not a booklet, just some info to help

http://www.cancervic.org.au/about-cancer/types-treatments-trials/cancer_treatment_and_side_effects/fatigue_and_cancer/

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services & support available

PHONE SUPPORT

Cancer Council of Victoria - Help Line

The Cancer Council provides a Helpline for sufferers and their families which is available by telephoning 13 11 20 from Monday to Friday, 8.30am to 6pm. (Call charges apply)

Their switchboard is staffed by enquiries officers and registered cancer nurses with oncology qualifications and experience.

For a brochure on the services available please click on the link below:

http://www.cancervic.org.au/downloads/brochures/CISS_brochures/AL805_Helpline_Brochure_final.pdf

Cancer Council of Victoria - Cancer Connect Pamphlet

The Cancer Council Helpline has a Cancer Connect program that can link cancer sufferers with a trained volunteer who's had a similar cancer experience to them in terms of cancer type, treatment, age and family circumstances. It is available by telephoning 13 11 20 (Mon. to Fri. 8.30am to 8pm for the cost of a local call) and ask about our the Cancer Connect Program.

For a brochure on the services available please click on the link below:

http://www.cancervic.org.au/downloads/brochures/CISS_brochures/CC_brochure_seasc_ART.pdf

SUPPORT PROGRAMS

Cancer Council of Victoria – Living with Cancer Program

The Cancer Council of Victoria – Living with Cancer Program is a FREE program is run by trained health professionals to give people with cancer, and their friends and family, the chance to learn more about cancer, its treatment and their emotional reactions to it.

For further information call the Cancer Council Helpline on 13 11 20 or follow the link below:

http://www.cancervic.org.au/how-we-can-help/programs-for-people-with-cancer/living_with_cancer_education_program

Cancer Council of Victoria – When Cancer Won't Go Away

The Cancer Council of Victoria - forums offering sufferers with advanced cancer and their families a chance to speak with others in similar situations.

For further information call the Cancer Council Helpline on 13 11 20 or follow the link below:

http://www.cancervic.org.au/how-we-can-help/programs-for-people-with-cancer/living_well_forums

Cancer Council of Victoria – Financial Help

For Further information on Financial help and services available please click on the following link:

<http://www.cancervic.org.au/how-we-can-help/financial-assistance>

To view a list of all Victorian Cancer Council Support Services available please click on the following link.

<http://www.cancervic.org.au/how-we-can-help>

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recommended web links

Cancer Council Victoria
www.cancervic.org.au

American Brain Tumor Association
www.abta.org

Cancer Institute NSW
www.cancerinstitute.org.au/cancer_inst/nswog/groups

Cancer Backup
www.cancerbackup.org.uk/Cancertype/Brain

Cancer Research UK
www.cancerhelp.org.uk

National Cancer Institute
www.cancer.gov

Sydney Neuro-Oncology Group
www.snog.org.au

Better Health Channel
www.betterhealth.vic.gov.au

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your help

Your support will make a difference. By becoming more than a witness, you will be supporting valuable research into brain cancer and helping to enhance the quality of life of young brain cancer sufferers and their families.

All donations are gratefully accepted and can be sent using this form via mail or fax to:

Fitzgerald Foundation
PO Box 1191
South Melbourne VIC 3205
Australia

or

Fax 03 9428 3967

All donations over \$2 are tax deductible. Cheques should be made out to Fitzgerald Foundation.

Cheques or Money Order

Please ensure that your full name and mailing address is included.

Name: _____

Address: _____

Postcode: _____

Email: _____

Telephone: _____

Amount: _____

Credit Card

Card type: _____

Name on card: _____

Card Number: _____

Expiry Date: _____

CVC Number: _____

Amount: _____

Additional Comments

eg. regular donation amount details (monthly or yearly) please state if required, activity suggestions, further details etc.

I wish to be kept informed of upcoming events. **Y / N**