

Temporary Transitional Work
School District

JOB TITLE: Cook Helper

EMPLOYEE NAME: _____

JOB SUMMARY: Assembles food items for heating or consumption (panning frozen products, assembling salad/sandwich ingredients and condiment items). Stocking supplies, napkins, utensils. Conduct inventories of products and verify and check off deliveries.

PHYSICAL DEMANDS: This job consists of an ____ hour shift ____ days per week.

[NP] Not Present

[S] Seldom (Less than 1/3 of the time)

[O] Occasional (1/3 of the time)

[F] Frequent (1/3 – 2/3 of the time)

[C] Constant (Over 2/3 of the time)

[I] Intermittent (Performed at worker discretion)

[S/O] Standing: Per physician approval – can sit or stand – intermittent if necessary.

[S/O] Walking: To obtain appropriate utensils, food items etc.

[F/C] Sitting: Per physician approval- can sit or stand- intermittent if necessary.

[O] Lifting: 5-10 pounds, utensils, pots, supplies, pans.

[NP] Bending/Squatting:

[S] Pushing/Pulling: Less than 5 pounds of force, pushing cart.

[F] Grasping (hands): Money, food and paring knife handling

[NP] Twisting/Rotating:

[NP] Climbing:

[NP] Balancing:

[NP] Crawling:

[NP] Kneeling:

[O/F] Reaching: At waist level for most handling, S/NP overhead or below knee.

ENVIRONMENTAL CONDITIONS: 100 % Inside 0 % Outside

MACHINES/TOOLS/EQUIPMENT: Food items, writing implement, utensils

This job is classified as a light duty job by the Classification of Jobs, DOT, and is classified as sedentary duty by the employer.

PHYSICIAN SIGNATURE

<input type="checkbox"/> Worker is released for the above job without restrictions	<input type="checkbox"/> Worker is released for the above job with restrictions	<input type="checkbox"/> Worker is released for the above job in ____ days.
Restrictions:		
<input type="checkbox"/> Worker is not released for above because:		

Attending Physician Name (**PRINTED**)

Date

Attending Physician Signature