

## Consent, Waiver, Insurance and Medical Information

### Medical:

Known Medical Conditions: \_\_\_\_\_

Primary Medical Insurance Carrier \_\_\_\_\_

Policy Number \_\_\_\_\_

If any illness, injury, or other condition or occurrence arises which, in the sole judgment of the East Coast Field Hockey/Beyond Sticks Staff, needs attention from medical service personnel (whether Physician, nurse, emergency medical technician, paramedic, hospital, or other medical care provider), then I hereby give consent to any member of the staff of the East Coast Field Hockey/Beyond Sticks staff to obtain such medical care for my child/ward as the staff member decides is needed. I further consent to, and ratify, the signing of any releases by such staff member which are required by any medical care provider. I hereby indemnify and hold harmless East Coast Field Hockey/Beyond Sticks and any and all staff members and employees of the East Coast Field Hockey/Beyond Sticks from any and all costs, expenses, damages, or other liability arising from any acts or omission of staff members and medical care providers in connection with the matters set forth in this document. I understand and agree that as a condition of participation in the East Coast Field Hockey/Beyond Sticks camp, my child/ward must be fully capable of administering to himself, without assistance, any medication (such as insulin, allergy shots, oral medication) that my child/ward needs or is required to take as a result of any condition existing as of the day the session starts. I further understand and agree that any braces or protective devices used by my child/ward must be supplied by my child/ward. I, hereby certify that I am the parent or legal guardian of the camper. I, hereby give permission for the staff of East Coast Field Hockey/Beyond Sticks to seek during the period of the Beyond Sticks camp appropriate medical attention for my child/ward and for the medical attention to be given and for my child/ward to receive medical attention in the event of accident, injury, or illness. I will be responsible for any and all costs of medical attention and treatment, except for that covered by East Coast Field Hockey/Beyond Sticks excess medical policy. I understand and acknowledge that the East Coast Field Hockey/Beyond Sticks is a privately run sports camp. I understand and agree that participation by my child/ward in the East Coast Field Hockey/Beyond Sticks camp is at the sole risk of my child/ward. I assume the risk. I hereby indemnify and hold harmless the East Coast Field Hockey/Beyond Sticks from any and all costs, expenses, damages, and other liabilities arising from or by reason of my child's/ward/s participation in the East Coast Field Hockey/Beyond Sticks camp.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### WAIVER

All campers must have their own medical coverage and bring their medical information to all playing sessions. The camp provides only excess coverage after your insurance policy has been utilized. Campers will not be allowed to play unless the following information is submitted and the form signed by the parent/guardian of the camper. I hereby authorize the staff East Coast Field Hockey/Beyond Sticks to act for me according to their best judgment in any emergency requiring medical attention, and I hereby waive and release the Camp from any and all liability for any injuries or illness incurred while at camp.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## EAST COAST FIELD HOCKEY *in partnership with*



*Beyond Sticks*



# FIELD HOCKEY DAY CAMP

*For both new and experienced players*

Date <b>JUNE 11-14</b>	Location <b>East Coast Field Hockey Facility, Hershey, PA</b>
Time <b>8:30 AM-4:00 PM</b>	Ages <b>8 yr -18 yr</b>

*We train girls into becoming technically savvy field  
hockey players and confident young women.*

*We coach beyond the game.  
You play beyond the game.*  
**East Coast Field Hockey Camps.**

*New to the Central Pa  
Field Hockey Region!*

**Internationally recognized, East Coast Field Hockey National Academy and National Training Center is offering a local day camp for beginners and returning field hockey players from ages 8-18 years old.** For those athletes that are just learning the sport, we will teach you all the skills you need to get started. If you're a player working on transitioning to a middle or high school program, or want to learn new modern stick skills to enhance your game and give yourself a competitive edge over all others, this camp will give you the tools you'll need to make a significant **difference** in your play for your school or club field hockey team.

East Coast Field Hockey Day Camp is a **four day comprehensive training** environment immersing you totally in our sport. We cover rules, dribbling, passing, hitting, shooting, field positions and choosing a field position, systems of play, offensive and defensive corners, and defense and offense start to finish. We will even cover more advanced skills like reverse drives, lifts, various hitting techniques, fakes and fakes and a variety of new dodges to give you that special "East Coast" edge to demonstrate your effectiveness at your next club or school practice.

During lunch time, we coach **"Beyond the Game" sessions** – these sessions are just that – way beyond the game; teaching you goal setting, different ways to be a **leader**, methods to have a positive mind while learning and playing, and how to translate the skills you learn on the field into your everyday life. These sessions alone will make a positive influence on your play and in your daily life.

At the end of camp all players get a basic rules and skills manual for future reference. Moreover, each player will leave with her own "Beyond the Game" goal setting booklet which will be used as a training and development guide during the summer months just ahead. Parents...you will even be able to **monitor** your daughter's progress! And on **Thursday**, parents are encouraged to attend the full field scrimmage when you will see your daughter's new or improved skills in motion. Then, stay and see the smiles on the girls faces as awards are presented as part the closing ceremony.

**As thousands young athletes have experienced during the past 30 years of East Coast Field Hockey training camps, each players will leave the camp with a sense of accomplishment, a training plan, a desire to play harder, and be certain, new friends!**

**Owner/Director: William (Bill) F. Gaudette III, PhD**, is one of this country's most dynamic field hockey coaches. His international "coaching" training coupled with his innovative player development philosophy and methodology sets him apart from all his peers. His Doctoral Degree in Sports Psychology enables him to integrate this important aspect of player development into modern coaching methodologies. His training camps and National Training Center have produced over 2000 collegiate hockey players over the past 30 years. Bill is also the USA's only FIH Hockey coach (Federation of International Field Hockey) - the international governing body for field hockey in every country in the entire world. Bill attends most every major tournament in the world each year to complete a comprehensive analysis of the modern developments of field Hockey. These are then transformed into training models for his indoor and outdoor club teams, and day and summer training camps.

**Camp Director: Christine "Chrissy" Lewis** is an alumni of East Coast Field Hockey Club, with more than 15 years of field and coaching experience as a standout high school player, she played at Vassar College. She is currently varsity coach at Madeira School in McLean, VA, and now owner/director of East Coast Field Hockey Club's primary subsidiary club in Northern Virginal, EC NOVA. . She is Level I and II USA Field Hockey coaching certified (putting her at the same coaching certification as many Division I college coaches). At Beyond Sticks, she teaches leadership skills to her players, plus consults with many other clubs/high schools and colleges, as she is a certified DiSC leadership facilitator, a widely used personality assessment used by the NCAA, among many others. Along with coaching and educating, she continues to enrich her education evidenced by receiving her Masters of Sports Management from Georgetown University in May 2012. Her partnership with East Coast Field Hockey positions her, Beyond Sticks and Bill Gaudette as certainly the leading coaching team in the entire USA offering far more than on the field hockey training.

## Application

**COST: \$195 per player**

Includes: Reversible Jersey, Water bottle, Ball, "Learning to Lead" interactive guidebook and training, Field HockeyTraining booklet, First Class Coaching.

Number Attending	Location	Date	AM Session*	Leadership Workshop/ Lunch^	PM Session*
	In the Net, Palmyra (PA)	June 11-14	8:30-11:00	11:30-1:00	1:00-4:00

*\*Session times subject to change slightly. All participants will be informed of any/all changes immediately.*

*^Lunch not included. Please bring a lunch.*

### Participant Information:

Name:

First \_\_\_\_\_ Middle \_\_\_\_\_ Last \_\_\_\_\_

DOB \_\_\_\_\\_\_\_\_\\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_

Address \_\_\_\_\_

Grade for 2012/13 school year \_\_\_\_\_ Age \_\_\_\_\_

Yrs Experience \_\_\_\_\_ T-shirt Size (Youth L to Adult L) \_\_\_\_\_

School team: \_\_\_\_\_

Position (circle): Defense          Midfield          Offense          Goalie          N/A

### Parent/Guardian Information:

First \_\_\_\_\_ Last \_\_\_\_\_

Phone \_\_\_\_\_ Alt Phone \_\_\_\_\_

Relationship \_\_\_\_\_

Email \_\_\_\_\_

Emergency Information (if different from Parent):

Name:

First \_\_\_\_\_ Last \_\_\_\_\_

Phone: \_\_\_\_\_

**To sign up go online at [eastcoastfieldhockey.com](http://eastcoastfieldhockey.com).**

**Download the brochure with the application and waiver, and mail them with a check to [East Coast Field Hockey, P.O.Box 172, Hershey, 17033, PA](mailto:East Coast Field Hockey, P.O.Box 172, Hershey, 17033, PA).**