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Friday, October 21, 2011



David Dore photos

## AN ENJOYABLE FESTIVAL

LEICESTER — Above, Leicester High School teacher Michelle Salek, left, and junior Crysta Soucie were part of Haunted Hallway, the spookiest part of the Leicester Mothers Club's annual Apple Festival, held Saturday, Oct. 15 at the high school.

Left, Morgan Mandella, 6, of Worcester laughs after sliding down an inflatable slide in the high school gymnasium.

For more photos from the Apple Festival, please turn to Page A5.

## Sales, changes on the agenda

SPECIAL TOWN MEETING NEXT WEEK IN SPENCER

BY ELISA KROCHMALNYCKY  
NEW LEADER CORRESPONDENT

SPENCER — Whether to sell four properties now owned by the town because of back taxes, and whether to change the Cemetery Commission positions from elected to appointed are among the 23 items up for vote at the Thursday, Oct. 27 at 7 p.m. Special Town Meeting at Memorial Town Hall.

Voters at the meeting will also be asked to change the town's General Bylaws to include a new section called "Water Conservation Restriction Bylaw"; change the Parks and Recreation Commission from a nine-member to seven-member commission; and approve 1.6 percent raises for paid members of various town commissions.

The proposed raises would increase the paid commissioners'



Adam Gaudette

yearly salaries to: Finance Committee clerk, \$371; Parks and Recreation chairman, \$382; Parks and Recreation clerk, \$382; Planning Board, \$981; Planning Board alternate, \$461; registrars, \$1,172; Zoning Board of Appeals, \$981, and Zoning Board of Appeals

Turn To **AGENDA** page **A7**

## District to save some green by going green

BY KEVIN FLANDERS  
STONEBRIDGE PRESS STAFF WRITER

STURBRIDGE — With the completion of its latest green project imminent, the Tantasqua Regional School District is prepared to save some serious green over the next several years.

Workers from Broadway Electrical Company, of Boston, have spent the last three months installing new solar panels atop the roofs of Tantasqua Regional High School and the junior high school across the street. The junior high school project is expected to be completed in about two weeks, as nearly 1,000 panels were mounted on the roof and three inverters were placed in the school's mechanical room.



Kevin Flanders photo

The roof of Tantasqua Regional High School had 912 solar panels recently installed on it, with another 2,164 at the high school. These projects represent the Tantasqua Regional School District's commitment to saving money and reducing emissions through green projects.

Turn To **SOLAR** page **A7**

## Groups could share HR chief

BY ELISA KROCHMALNYCKY  
NEW LEADER CORRESPONDENT

SPENCER — The Spencer-East Brookfield Regional School District and the Town of Spencer are thinking about sharing a human-resources director that would serve all three, officials said.

"After all, it comes from the same

taxpayer," said Superintendent of Schools Reza Namin.

The school district has never had a human-resources director, Namin said. The human-resources work has been spread around to other positions. Because of that, the district has missed out on a lot of benefits of a dedicated human-

resources director, he said.

In his previous job as a superintendent in Maine, the school district shared a technology director with the town, Namin said.

"It is nothing new to me," he said. "What is exciting to me is that (Spencer Town Administrator)

Turn To **CHIEF** page **A7**

## Earning kudos for combining passions

BROOKS, RUSSO NAMED STUDENTS OF THE MONTH

BY KEVIN FLANDERS  
STONEBRIDGE PRESS STAFF WRITER

STURBRIDGE — Tantasqua Regional High School's September Seniors of the Month — Olivia Brooks and Emily Russo — share a

Kevin Flanders photo

Tantasqua September Seniors of the Month Olivia Brooks, left, and Emily Russo, right, enjoy learning and helping out in their communities.

passion for learning and community service.

Russo, of Brimfield, became her school's first SkillsUSA national champion last year, taking home a gold medal in medical terminology at the state conference before winning a bronze medal at the national championships in Kansas City, Mo. Russo is enrolled in the Allied Health Program, and she has taken

on a leadership role on this year's SkillsUSA team.

"SkillsUSA events have been great experiences for me, and I am looking forward to being a part of it again this year," Russo said. "This year our SkillsUSA team is being run more by students, and I have put some extra time into it."

Turn To **STUDENTS** page **A7**



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# Fritze outlines ideas for winter ban changes

GAUDETTE PROVIDES UPDATE ON FINANCIAL PLANNING COMMITTEE'S WORK

BY DAVID DORE  
NEW LEADER STAFF WRITER

SPENCER — There could be some changes to the town's winter parking ban, if the Board of Selectmen adopts the suggestions of one of its members.

Former Highway Department employee Robert "Bo" Fritze Jr. unveiled a proposal at Monday night's selectmen's workshop that would ban parking on more streets between 12:01 a.m. and 6 a.m. from Nov. 1 to April 15.

The current winter parking ban forbids parking on either side of Adams, Clark,

Highland, Chestnut, Elm, Main, Maple, Sampson, High and Mechanic streets, Church Street between Maple Street and Mechanic Street, Route 31 (both north and south of the town center) and Hastings and Smithville roads.

Parking is allowed on the odd-numbered sides of Bell, Grant, McDonald, Franklin, Lincoln and School streets, and on the even-numbered side of South Street and North Street between Main Street and Powers Street.

On Cherry Street, between Mechanic Street and Maple Street, parking is allowed on the even-numbered side on even-numbered days of the month, and on the odd-numbered side on odd-numbered days of the month.

On Wall Street, parking is allowed on the odd-numbered side from Mechanic Street to the FLEXcon building. On Earley Street and Temple Street, parking is allowed on the odd-numbered side from Chestnut Street to Church Street.

There are no restrictions on Summit and Dustin streets.

Elsewhere in town, no one can park on the odd-numbered side of the streets or on sidewalks.

Using his experience in plowing the town's

roads, Fritze suggested banning parking on Bell, Franklin, Grant, Lincoln, McDonald, School, Grove and the upper part of Cherry streets. That should also be true for Temple Street, he said, because the section where parking is allowed on the odd side of the street has "only three houses." He alleged some of the residents in that area are "just too lazy" to shovel out their driveways.

"There should be no parking, period, on Temple Street because you can't get down there," Fritze said.

On Mechanic Street, he said, parking should only be allowed on the odd side of the road throughout the year — not just in the winter — because of the width of the street when vehicles park on both sides.

As for Wall Street, according to Fritze, vehicles park at the corner of Mechanic Street and make it hard for trucks to negotiate that turn. He said no one should be allowed to park at the corner.

The same goes for the 90-degree turn on Summit Street near the intersection with Main Street (Route 9), Fritze said.

"Bo's right. Summit Street is a bear even in the best [of weather conditions]," noted Summit Street resident Robert Cirba. He added that some residents have driveways where they can park, while others do not. Fritze said vehicles could be parked farther down the street.

On lower Cherry Street, between Maple Street (Route 31 South) and Mechanic Street, Fritze suggested scrapping the rotating schedule and allowing parking on the even side of the roadway.

"It's a pain in the butt and people can't remember," Fritze said, adding that it "never works."

Selectmen Chairman Donald Berthiaume Jr. said he agreed with Fritze's suggestions on Wall, upper Cherry and Summit streets. Signs can be installed on Wall and Summit streets banning vehicles from parking within 50 feet of the corner, Berthiaume said.

An updated winter parking ban incorporating Fritze's idea will be written up and presented at the Oct. 24 selectmen's meeting for a vote.

Violating the winter parking ban carries a \$15 fine per offense. However, according to Fritze, during "the first week, usually" of November police place warnings on vehicles alerting owners the ban is in effect.

## TASK FORCE REPORT

Also during the workshop meeting, Town Administrator Adam Gaudette updated selectmen on the work of the Financial Management Planning Committee.

According to its charge, adopted in August 2010, the board is to "prepare a comprehensive long-term (five to 20 years) financial and capital management plan for the Town of Spencer that will allow the Town to implement a responsible borrowing program to fund capital projects, while providing/maintaining existing services."

On the board are Selectmen Peter Durant and Anthony Pepe, Finance Committee members Paul McLaughlin and John Stevens, and Capital Planning Committee member Rich Hebson, with Gaudette providing assistance.

Gaudette said the group has looked into some of the components of the town's annual budget: state aid, local taxes and fees, health insurance costs, assessments to the

Worcester County Retirement System for retired workers, the Spencer-East Brookfield Regional School District and Bay Path Regional Vocational Technical High School, and leftover funds from previous budgets (also called "free cash").

The group will next ask the heads of municipal departments what big-ticket items they will be requesting in the future. That will be balanced with needs that have already been identified, such as renovating town-owned buildings, a \$17 million plan to fix the town's roads, and water and sewer system projects.

Gaudette said he hoped to present selectmen with another update in the spring.

## LOADER FEES STAY PUT

In addition, selectmen decided Monday night to hold off on changing the hourly rate contractors with loaders get for helping out with snow removal.

Last month the board decided to raise the rate from \$75 to \$80 — \$5 less than the Highway Department was seeking in an effort to attract more people, and the first increase in three years. Meanwhile, Gaudette said, officials approved a bid from a local contractor for \$90 per hour.

Having only one company place a bid, he remarked, "tells me something about how we pay people."

To that, Berthiaume replied, "We can't paint that with a broad brush, that's how we pay people. We're a small town. ... We pay people pretty well, so I wouldn't paint it with that broad of a brush."

Utilities and Facilities Superintendent Steven Tyler said Spencer's rate is among the lowest in the area — exceeded only by Leicester's rate of \$70 per hour. According to Tyler, that rate has led to no one accepting the rate and the Highway Department renting a loader for the winter to load salt and sand into vehicles.

"They're not interested in coming out of their garages for a number less than \$90," Tyler said.

Selectmen objected to continuing to raise the rate in the hopes that more contractors would sign up.

"It's not the right thing to do," Berthiaume said, adding that the board could revisit the rates in the future.

Selectman Gary Woodbury proposed keeping the \$80 per hour rate for the 2011-12 winter season and revisiting it next year while town officials "really do our homework." His motion passed 3-2, with Fritze and Peter Durant casting the dissenting votes.

David Dore may be reached at (508) 909-4140, or by e-mail at ddore@stonebridgepress.com.

## NEWS BRIEFS

### Donations accepted for Friends book sale

EAST BROOKFIELD — The Friends of the East Brookfield Public Library are currently accepting clean, gently used book, DVD and CD donations for their upcoming book and bake sale Nov. 5.

Books can be left at the library during library hours. Please, only books in good condition — no attic or cellar damaged (moldy and smelly) items can be accepted.

For additional information, please call the library at (508) 867-7928.

### Pack 148 looking for scouts

E. BROOKFIELD — Cub Scout Pack 148 of East Brookfield is always welcoming new members. If you son, ages 6-10, is interested in joining the pack please contact Cub Master Rebecca Boucher at rboucher41@yahoo.com. There are new activities planned every month such as hikes, camp outs, fun-filled den meetings and family-based activities. Visit a Pack Meeting and see if Scouting is for you and your family!

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**ALMANAC**

**QUOTATION OF THE WEEK**

**"It's a pain in the butt and people can't remember,"**

- Former Spencer Highway Department employee Robert "Bo" Fritze Jr., commenting on scrapping the rotating winter parking schedule on lower Cherry Street and allowing parking on the even side of the roadway.

**Theheartofmassachusetts.com**

# Police, postal inspectors seize 20 pounds of marijuana

LEICESTER — A joint investigation by the United States Postal Inspection Service and the Leicester Police Department led to the seizure of approximately 20 pounds of marijuana earlier this month.

According to Leicester Police Chief James Hurley, the department was notified by postal inspectors of a suspicious package heading to an address in Leicester. Police worked with the Postal Inspection Service investigating the matter, and that investigation led to Leicester police applying for and receiving a search warrant in connection with the case.

The package was being shipped to a valid Leicester address, Hurley said, but the name it was being sent to was fictitious and the package was



This photo, supplied by Leicester police, shows school supplies that were found in the box with the marijuana.

not deliverable. Leicester police and postal inspectors interviewed two people living at the address. Police stated that it appears after the two people were interviewed, they abruptly left town, taking most (if not all) of their belongings with them.

The investigation is still ongoing, according to Hurley, and police will be processing the marijuana and its packaging for forensic evidence. The package



Courtesy photos

This photo, supplied by Leicester police, shows the box filled with 20 large bags of marijuana. The black paper on the top of the box was used as packaging paper.

not only included marijuana, but also pens, pencils and calculators in an apparent attempt to disguise the interior of the package to look like it contained school supplies.

Hurley indicated no charges have been filed in connection with the case, but he is not ruling out the possibility that charges might be coming in the future.

# Dinner, auction to support Friends of the Rock House

WEST BROOKFIELD — The public is invited to join the Friends of the Rock House and the Trustees of Reservations for a benefit dinner and auction Friday, Oct. 28 at the Salem Cross Inn, Route 9, West Brookfield.

The evening will begin with cocktails at 5:30 p.m., followed by a chicken or pot roast dinner (your choice) with "all the fixins" at 6:30 p.m. During the cocktail hour, guests will have an opportunity to admire the numerous items to be auctioned by auctioneer Joe Craig.

In a recent interview, Richard Rossman, spokesman for the Rock House committee, remarked on the variety and quality of the items to be sold.

"Our supporters have been exceptionally generous this year," he enthused. "The gifts are wonderful, many one of a kind. Perhaps folks have been inspired by the continuing popularity of our own special place, but truly, there's something for everyone, an exceptional array of goods, services, foods and crafts. This is a party no one who can arrange to be here should miss."

Aside from the generous gifts given by local individuals and businesses, the Trustees offer gifts as well: a two-night stay at the Guest House at Field Farm in Williamstown, a one-night stay at the Inn at Castle Inn in Ipswich and smaller Trustees offerings.

Tickets, at \$30 per person, may be purchased in advance from Friends members, by calling the Trustees of Reservations at (413) 532-1631, ext. 21, or Friends of the Rock House at (508) 867-5934. A limited number of tickets will be available at the door while they last.

The 75-acre Rock House Reservation, located off Route 9 in West Brookfield, is land historically used by Native Americans as winter camping grounds. It features massive rock formations, offering a cave-like sheltered spot with a southeastern exposure, capturing the morning sun and providing protection from prevailing winds. There is a scenic pond, a variety of wildlife and woodland, a trailside museum and a marked system of hiking trails. It is open daily year round from sunrise to sunset.



Courtesy photo by Trustees of Reservations

The Rock House Reservation on Route 9 in West Brookfield is open year round, with free admission. It is the site of Native American winter quarters, where huge rock formations offered shelter.

According to Trustees spokesman Josh Knox, this easily accessible location has become among the most popular of the Trustees' 100 special places. He invites interested persons to visit the historic Rock House, or the website at [www.thetrustees.org](http://www.thetrustees.org).

Founded in 1891 by Charles Eliot, an open space visionary, the Trustees are 100,000 people "like you," he said, from every corner of Massachusetts who share a love of the land, the outdoors, and the distinctive charms of New England.

"We share a vision of celebrating and protecting these special places for everyone, for-

ever," Knox said seriously. "The trustees volunteers, members, donors, staff and governing board all hold in trust and care for these places of cultural, natural and historical significance, called reservations."

All 105 reservations, comprising nearly 25,000 acres, are open to the public.

All proceeds from the auction go toward the Rock House Reservation.

Auction sponsors include Country Bank for Savings, Gavitt Wire and Cable Company, the Norman family and Gladys Mountain, Realtor.

## BOUQUET OF THE WEEK

The Merriam-Gilbert Public Library in West Brookfield, to mark its grand reopening this weekend.



The Spencer New Leader thanks the Spencer Flower Shoppe, Main Street, Spencer, for supplying the flowers.

# Mercury fish advisory updated for Waite Pond

LEICESTER — The Leicester Board of Health has received notification from the Massachusetts Department of Public Health that there is an updated Public Health Fish Consumption Advisory for Waite Pond based on elevated levels of mercury.

The Department of Public Health has reviewed recent fish toxics data generated by the U.S. Environmental Protection Agency for Waite Pond and, based on that review, is updating the original 1994 advisory for Waite Pond. Mercury has been detected in fish caught from Waite Pond. The average mercury concentration in chain pickerel sampled from Waite Pond was above the Food and Drug Administration Action Level for mercury of 1.0 mg/kg. Mercury may accumulate in individuals who frequently eat fish contaminated with mercury, thus leading to an increased risk of health effects. Fetuses and nursing infants are particularly sensitive to the developmental and health problems associated with mercury exposure.

Because of health concerns associated with exposure to mercury, the DPH offers the following recommendations:

- Children under 12, pregnant women, nursing mothers, and women of childbearing age who may become pregnant should refrain from consuming any fish caught from Waite Pond to prevent exposure of developing fetuses, nursing infants and young children to mercury.
- The general public should not consume any chain pickerel caught from Waite Pond.
- The general public should limit consumption of all other fish species caught from Waite Pond to two meals per month.

For more information, contact the Massachusetts Department of Public Health's Bureau of Environmental Health at (617) 624-5757 or visit [www.mass.gov/dph/fishadvisories](http://www.mass.gov/dph/fishadvisories).

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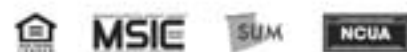
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# Senate OKs expanded casino gaming legislation

BOSTON — After six days of session and more than 16 hours of public debate, the Senate on Thursday, Oct. 13 voted 24-14 to approve expanded gambling legislation that authorizes three resort casinos in separate geographic locations of the state and one open-bid slot machine facility, Sen. Michael O. Moore (D-Millbury) announced.

“What I hear from my constituents is that jobs are their top concern,” Moore said. “It is my hope that this legislation will create both long-term and temporary jobs for a variety of people, and generate the revenues that we need to support our schools and municipalities.”

Independent analysis suggests the plan could provide 10,000 to 15,000 long-term jobs in the Commonwealth in addition to thousands of immediate construction jobs once licenses are awarded and host communities approve proposed projects. It is estimated that fully operational facilities would generate hundreds of millions of dollars a year for the state.

The state receives revenue from a 25 percent tax on casino revenues and a 40 percent tax on the slot parlor revenue. An additional 15 percent of the slot facility revenue would go toward supporting the state’s racehorse industry. The collected revenues would be used to fund essential state and local services, including public safety, education, transportation, public health, debt reduction, local aid and the stabilization fund.

For Boston and Worcester — which represent cities with a population of more than 175,000 — only the residents of the ward in which a facility would be located would have the ability to approve or reject a proposed project. The measure, meant to protect those residents who would be most affected, also provides an opt-out provision allowing the City Council to require a citywide vote.

“This provision provides the citizens of the city of Worcester the ability to determine what types of economic development are appropriate

for their community,” Moore said.

The Senate legislation also provides protections for local business, requiring gambling facilities to negotiate agreements to level the playing field in terms of live entertainment and other cultural-related events. One amendment approved during debate of the bill would allow local bars and restaurants to operate under the same rules as casinos with regard to alcoholic beverages.

The Senate also adopted an amendment filed to the gaming legislation that ensures casino licensees must negotiate with a coalition of municipally owned or not-for-profit performance venues located in the state to discuss and negotiate mitigation agreements. The agreements may include, but be not limited to, agreements regarding event scheduling, promotions, ticket prices, marketing and other operations that may impact the viability of such municipally owned or not-for-profit performance venues.

These theaters, including the Hanover Theater for the Performing Arts in Worcester, have expressed concern that resort casinos would provide unfair competition and hinder their ability to recruit plays and performers.

“It is important that efforts to bring jobs and businesses into the Commonwealth through expanded gaming not adversely impact our existing cultural institutions,” Moore said. “I am pleased that this amendment, which will protect the vitality of The Hanover Theater, has been adopted by the Senate. The Hanover has been a tremendous step forward in re-energizing downtown Worcester; it is crucial that we protect that progress, as well as the contributions made to our society by similar venues.”

The Senate adopted an amendment filed by Moore to pending casino gaming legislation, which would designate a portion of casino revenues to early education, K-12 education, and public higher education. Prior to

the passage of the amendment, the original legislation only included funding for K-12 education. This legislation was expanded to include early education and higher education in acknowledgement of the important role these areas play in a complete education.

“It is important that any revenues derived from expanded gaming be allocated wisely, in a manner most likely to benefit a larger segment of our society,” said Moore, who serves as Senate chair of the Legislature’s Joint Committee on Higher Education. “Education is the most effective tool for economic advancement in our country, a reality that will become starker as time moves forward. I am pleased that the Senate has included early education and higher education in its allocation of this funding.”

Under the amendment, no less than one third of education funding resulting from the bill will be used for public higher education. These funds will be used to increase education funding, and not to offset budget reductions. Fourteen percent of the revenue from the Category 1 License within the gaming revenue fund will be allocated explicitly for educational purposes.

Because of the state’s already strong stabilization fund — which will exceed \$1.2 billion once an approved supplemental budget is signed by the governor — and because of a continuing record of legislative reforms, the international rating agency Standard & Poor’s recently upgraded the Commonwealth’s bond rating to AA+.

And as the Massachusetts unemployment rate continues a steady decline, now at 7.4 percent and well below the national average, the jobs offered by the expanded gambling bill are expected to contribute to other ongoing economic development efforts by the state intended to bring unemployment down even further.

Licensing fees collected by the state — \$85 million for each casino and \$25 million for the slot facility license — would be used in a similar way to collected gambling revenues, going toward community mitigation, local capital projects, community colleges, tourism and other needs.

The bill contains strong community aid and mitigation provisions requiring the Gaming Commission to work with municipalities on reducing potential negative effects brought on by a gambling establishment. Most importantly, no gambling facility would be built in a community without the residents of that community approving a project in a referendum vote.

Provisions meant to protect individuals allow for voluntary betting limits and exclusions from gambling establishments. Mandatory monthly win/loss statements were also instituted. Additionally, family members can petition to have a relative banned from a facility if there are signs of addiction.

Under the bill’s tough law enforcement and regulatory structure, the enforcement of gambling laws will fall upon dedicated State Police and attorney general units that will collaborate with local police from any host community. The independent Gaming Commission will oversee and regulate casino and slot parlor gambling in the Commonwealth. It will consist of governor, attorney general and treasurer appointees who must have experience in legal and gambling policy, law enforcement and finance.

A safety provision added to the bill during floor debate requires all potential employees to provide any criminal history to the Gaming Commission. Other provisions added to the bill include:

- Disqualifying anyone with a felony from receiving a gaming license.
- A one-year cooling-off period for any legislator seeking to work for a casino after leaving office.

• A ban on donations to municipal candidates in a city or town involved in negotiating a gambling license.

• A requirement for gambling license applicants to check the immigration status of all potential employees and contractors through the Department of Homeland Security.

• A requirement that all slot machines have a sticker on the front posting odds of winning and a compulsive gambling hotline.

Under the bill, the Gaming Commission can offer three casino licenses, divided by region, and one slot facility license with up to 1,250 slot machines bid competitively statewide. The three casino regions are categorized as follows:

• Eastern Region — Consisting of Suffolk, Middlesex, Essex, Norfolk and Worcester counties.

• Southeastern Region — Consisting of Bristol, Plymouth, Barnstable, Dukes and Nantucket counties.

• Western Region — Consisting of Berkshire, Hampden, Hampshire and Franklin counties.

Additionally, the bill recognizes federal tribal rights and therefore authorizes the governor to contract with Native American tribes before casino license applications are submitted. There are currently two federally recognized tribes in Massachusetts: the Mashpee Wampanoag and the Aquinnah. The Aquinnah have given up their gaming rights, leaving only the Mashpees to negotiate a compact at this time.

Any applicant approved for a license must agree to minimum investments of \$500 million for a casino and \$125 million for the slot facility license, with an upfront 10 percent deposit.

The Senate legislation will now likely go to a conference committee where differences with the House bill will be worked out, allowing a final version to be sent to the governor.

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# Leicester Mothers Club offers apples and fun



Esperanza Arguijo, 3, of Worcester picks out a sticker offered to her by a Leicester fireman.

David Dore photos



Josie Corridori, 7, of Webster pastes paper feathers onto a turkey-shaped body at one of the craft tables.



Evelyn Brown, 5, of Leicester winds up to launch a bean bag.



It just wouldn't be an Apple Festival without some apples to buy.

LEICESTER — The Leicester Mothers Club held its annual Apple Festival Saturday, Oct. 15 at Leicester High School. It featured plenty of activities and raffles to enjoy, as well as a Haunted Hallway manned by students and teachers from the high school.



Chrissy Gaffney of Worcester, right, a member of the Leicester Mothers Club, sits as her 10-year-old daughter, Erin, puts a temporary tattoo on her face.



Chrissy Gaffney shows off her temporary tattoo.

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# Property sales, board changes on Town Meeting agenda

**AGENDA**  
continued from page 1

alternate, \$461. Those raises are in keeping with the Personnel Board's recommendation earlier this year that everyone be given similar raises, said Town Administrator Adam Gaudette.

"When the Personnel Board made that recommendation in the spring, I only included employees and not board members, and they intended the recommendation to be for everybody," said Gaudette.

Various warrant items deal with transferring funds. The most significant of these is request to take \$100,000 from the Sewer Department's retained earnings account and put it into the department's general expenses account to cover the costs of fixing the recent water main break on Water and Main streets.

The item that deals with selling the four parcels of property that now belong to the town asks voters for authorization for the town to sell the property through auction or Requests for Proposals, Gaudette said. The properties are at 125 Ash St., Wilson Grove, Wilson Extension and Oak Lane.

"We do that every couple of years," Gaudette said. "Someone doesn't pay their taxes, we put a lien on the property, and eventually foreclose on the property, and then go through a cumbersome court process."

Once the town has "clean title" to the property, it needs voters' permission to sell it — but not like a usual home sale, he said.

"Someone can't just come in and say 'I'll give you \$30,000 for it,'" Gaudette said. "It has to be advertised property, and it has to go either to an auction, or an RFP, like how we disposed of the property to MHPI for Senior Living at Prouty."

**Parks and Rec Commission**  
The request to decrease the size of the Parks and Recreation Commission is because it will make it easier to keep the seats filled and have the required quorum of at least half the members in order to have a meeting, Gaudette said.

"We continually have vacancies on the board and there is a lot of turnover," he said. "Going from nine to seven members will make it easier to hold a quorum. Hopefully this is one way to fix that."

The request to make the Cemetery Commissioners appointed instead of elected is because the commission's work has decreased, Gaudette said.

"It's a three-member commission, and they oversee the Old Cemetery, which is now full — there are not empty lots," he said. "Every time we have an election, the town clerk's office has to go through all the ballots to see if anyone was written in as a Cemetery Commissioner. It's easier to fill that commission on an appointment basis."

# District, towns could share human resources director

**CHIEF**  
continued from page 1

Adam Gaudette and the members of East Brookfield Selectboard have been nothing but positive," he said. "With that much welcoming, I'm excited about what we can do together."

Although Namin mentioned East Brookfield, a draft agreement provided to the Spencer New Leader only mentions the school district and the Town of Spencer.

Until recently, Spencer's human-resources need was met by a retired person with a lot of experience, but who did not demand too high a salary, Gaudette said.

"I had a part-time person 15 hours a week for 17 bucks an hour — she was a godsend," he said. "She was an advisor to me of all things related to personnel and human resources. But she left, and now I need to fill the position."

Sharing a position — and the position's salary — with the school district and East Brookfield will enable everyone to get a more qualified candidate, Gaudette said.

"You can say, 'We want x number of years' experience and x number of degrees,'" Gaudette said. "You can't require that at \$17 an hour."

Having an experienced human-resource director for everyone will be worth the investment, Namin said.

"They can help us address the issue of employee benefits, maternity leaves, and collective bargaining, and they can help us research things," he said. "There's a lot more to human resources than just hiring people."

Namin is in the process of drawing up an agreement between the school district that would spell out how to split the salary, benefits and hours of the new employee.

# Solar panel installation nears completion

**SOLAR**  
continued from page 1

"We started talking about the option of pursuing a solar energy project about two and a half years ago," said Tantasqua Superintendent Daniel Durgin. "This project comes at no cost to the district, and it will end up saving us quite a bit of money once it is up and running."

The new equipment includes an advanced computer-run control system that allows for maximum energy efficiency. Upon completion of the project, school officials will be able to view how much energy is being produced.

"This system not only saves money for the district, but it also reduces emissions and is great for the environment," added Durgin. "We have been very interested in green projects over the last few years, but since this isn't an optimal area for wind energy, we decided that a solar project was the

best fit." The installation of solar panels has also provided an excellent learning opportunity for students, as Tantasqua Regional High School electrical and machine shop students assisted members of Broadway Electrical with various tasks over the last two months. In addition, teachers from the high school's science department plan to tour the roof this week, meet with workers from Broadway Electrical, and learn more about the project, as they hope to develop a curriculum about solar energy for their students.

A tour of the junior high school roof will reveal 912 panels, while the high school boasts another 2,164 panels, all of which are capable of converting the sun's rays into energy, even on cloudy days. The project is expected to reduce the district's electricity bill by 15 percent or more.

And not only are the panels new, but the roof they sit on was recently

upgraded as well. "When we began this project, it was the largest solar system being installed at a school in the state," Durgin said. "The folks from Broadway Electrical have been great to work with."

Durgin also wished to thank members of the Tantasqua Regional School Committee for their support throughout this project. The district is planning a similar project at Holland Elementary School next spring.

Broadway Electrical has coordinated several other solar energy projects throughout the state, installing panels at Norwell Middle School, Alpha Grainger Manufacturing, Salem State University and Logan Airport. For more information about the company, visit [www.broadwayelec.com](http://www.broadwayelec.com).

Kevin Flanders may be reached at (508) 909-4136, or by email at [kflanders@stonebridgepress.com](mailto:kflanders@stonebridgepress.com).

# Brooks, Russo named Tantasqua Students of the Month

**STUDENTS**  
continued from page 1

Brooks, of Sturbridge, is president of the National Honor Society. She has also been very busy with sports throughout her high school career, playing on the boys' varsity golf team, the varsity softball team, and the girls' varsity basketball team. She recently finished her golf season, as her team had a successful year and qualified for districts.

"I have had a lot of fun here at Tantasqua doing things I love and learning to incorporate them into my schedule," Brooks said. "There were maybe 10 days in the four years that I went home directly after school. There was always something to keep me busy."

Brooks is looking at several colleges, and she hopes to have a better idea of which one she'll attend by the winter. In college, she plans to take a business course and start focusing on pre-med requirements as well. Eventually she aims to secure a position in the med-

ical field, and the same can be said for Russo, whose SkillsUSA accomplishments in medical terminology have bolstered her resume. Russo said she might spend some time doing community service in Guatemala after graduating and then turn her attention to additional coursework.

Both students have been active in their communities, particularly after the devastating June 1 tornadoes that leveled homes and businesses in their hometowns. Brooks and the other National Honor Society members helped organize a food and clothing drive that was enormously successful, with residents donating hundreds of goods. Meanwhile, Russo assisted with tornado relief projects in Brimfield and Monson, and she also participated in a community service food bank project while staying in Kansas City for the SkillsUSA national championships last year.

"High school is what you make of it. It's important to have a good attitude and participate in as many activities as possible," Brooks said when asked to provide advice for an incoming fresh-

man. Russo echoed that sentiment, and both students described anatomy teacher Mary Duane as being one of their favorite teachers.

"There are many great teachers at this school and a lot of opportunities that you can take advantage of like SkillsUSA," Russo said. "The time goes by really fast, so make the most out of each opportunity."

Neither student is worried about senioritis, especially with a wealth of fascinating courses available for seniors.

"I love learning and coming to school each day. By the end of summer, I am always ready for school to begin again," added Russo.

"Seniors sometimes relax after they are accepted to college, but I don't think that will be a problem for us," Brooks said. "The classes are too interesting to skip."

Kevin Flanders may be reached at (508) 909-4136, or by email at [kflanders@stonebridgepress.com](mailto:kflanders@stonebridgepress.com).

## NEWS BRIEFS

### Brookfield COA Upcoming Events

Brookfield seniors are invited to the Congregational Church Tuesday, Nov. 8 at 11:30 a.m. Bring your own lunch, dessert and drinks will be provided. November birthdays will be celebrated with cake! Join us for fun and fellowship! The Medi Car service is available for a ride to doctor's

appointments; call the West Brookfield Senior Center at (508) 867-1407 to sign up. There is a need for drivers for this service; please call Barbara Clancy at (508) 867-6043 if you are interested.

Tai Chi continues Tuesdays at 8:30 a.m. in the Banquet Hall of Brookfield Town Hall.

A Foot Clinic with Dr. Quigley is scheduled for Tuesday, Oct. 25 and Tuesday, Nov. 22 at 1:30 p.m. in the Banquet Hall of Brookfield Town Hall. A new procedure added is to call Barbara Clancy at (508) 867-6043 for an appointment.

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## Ad Libs by June



The sun is shining today, hope it stays that way for awhile! Just a note about the 2012 Telephone Directory...if you've booked an ad, all ad copy needs to be in by October 28. All ads needs to be approved and paid for by November 11. This book will be bigger than last year's! Thank you to all who are supporting the 2012 Spencer, Leicester and The Brookfields Telephone Directory and town guide!

You may have seen the ads and wondered what exactly does **Clutter Capture** do? Just one of their many talents is hosting tag and estate sales. On Saturday, Oct. 22nd - Sunday, Oct. 23rd - Saturday, Oct. 29th - Sunday Oct. 30th they are hosting a whole house tag sale at 308 North Main Street in North Brookfield. Over 1800 square feet of things to sell! Over 600 square feet of free stuff! Antiques, wood stove, appliances, furniture, crafts, seasonal, tons of Christmas items, etc. 100's of things to sell! Like the house? It's for sale too! Free refreshments will be served all day! Parking in Front and in the Back of the House. RSVP not necessary, just show up whenever you can and come see what Clutter Capture is doing in North Brookfield and call them to see what they can do for you! Call James Cooper at 508-868-4291.

Friday October 28 is going to be a busy night in Spencer! If you're a friend or fan of the Spencer Soccer Club you won't want to miss SOCCER ROCKS, a night of music to benefit the Spencer Soccer Club. This is being held from 7 to midnight at the Spencer Country Inn, featuring The Big Gunz and Downtime. There will be a NE Patriots Ticket Raffle, 50/50 raffle, door prizes, and prize for best costume (costumes are optional). Tickets are \$15 and are available at Southbridge Savings Bank in the Big Y Plaza or at the David F. Kelly Insurance Agency in Spencer or you can email [tickets@spencersoccerclub.org](mailto:tickets@spencersoccerclub.org).

Also on Friday, October 28 there will be the Mexicali Grill's first Halloween Party! This is being held downstairs at the restaurant from 9 till close, and is sure to be a great party, Mexican style! Come in costume for a chance to win a prize for best costume (1st, 2nd, & 3rd place prizes). NO COVER CHARGE. See their ad in this week's issue of the Spencer New Leader for more info!

Just a reminder about the Friendly Ping-Pong Tournament happening Saturday October 22 to benefit the David Prouty Boys' Soccer Team at the gym at 12 noon. Registration is at 11 am.

Have a great week!

June Simakauskas  
508-909-4062  
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# VIEWPOINT

OPINION AND COMMENTARY FROM SPENCER, LEICESTER AND THE BROOKFIELDS

## EDITORIAL

### King of the road

I am the best driver ever to get behind a steering wheel. OK ... I know that's not true, but that is the exact sentence that pounds through my skull whenever I see one senseless act of road tomfoolery after another on our local streets, especially when the actions of one driver gone rogue puts me or other drivers around me in danger.



THE MINOR DETAILS  
ADAM MINOR

Please indulge me one more time and allow me to step up onto my soapbox one more time. The incident that sparks this mini-rant — and forgive me if the tone seems a little irritated, because, well, it is — happened on the way to work earlier this week. Near the state line between Southbridge and Woodstock, Conn., the road coming into Southbridge has been prepared for paving, and as I write this, is nothing but dirt and loose stone. Accordingly, one would think that the speed limit for such a road would be reduced, not only for your own safety, but for the safety of others.

Well, apparently, a certain Ford F-150 decided this was not the case.

I could tell something was awry when as I entered Southbridge and started on the dirt road, there was no one behind me, and I started to follow a couple cars that had the same idea as me — slower and steady. Suddenly, I was being tailgated.

One thing you need to know about Route 198 in Southbridge is that, for the most part, it is not a straight road. It has many turns and isn't exactly ideal for racing.

As we approached a turn, this driver decided it was time to prove himself (and yes, it was a "he," as I became suspicious and started to keep an eye on him in my rear view mirror), as he took his life into his own hands, pulled past me AND the two other cars like Jimmie Johnson, nearly skidding out and kicking up dirt in the process, and went about his way, never to be heard from again, leaving a plethora of horn beeps, panicked faces and, no doubt, choice words. As for me, all I could do was gasp in horror, stare and pray that no oncoming traffic would be careening around the turn.

He was lucky that time.

As Route 198 became paved again, a vengeful piece of me hoped to see this man pulled over on the side of the road by Southbridge Police, but alas, no justice was done.

What could drive a person to such insane actions? What could lead to a decision like that? I doubt it was a drinking issue, as it was only 9 a.m. My mind immediately jumped to an emergency of some sort. Was he headed toward a hospital? My attitude lessened as I thought about the possibility that he was in a rush because a member of his family was in danger at Harrington Memorial Hospital. Honestly, if I were in his shoes, maybe I would have done the same thing, although getting to the hospital in one piece would, logically, seem like priority number one.

At the end of the day, everyone came out safe and sound, but the whole incident bugged me for a while because now, more than ever — and I know I am speaking in generalities — people seem to be driving with more reckless abandon and less concern. Do some drivers just not care? Or do they really think they are invincible?

Adam Minor may be reached at 508-909-4130, or by e-mail at aminor@stonebridgepress.com.



David Dore photo

### A SHOW OF SUPPORT

SPENCER — Casey Gregson gives a thumbs up to the camera while standing behind some of the pumpkins her mother, Sandra, painted to sell in September and October at Gregson Insurance. On a recent Saturday, Sandra Gregson said she has "a good couple hundred" of her "Cool Pumpkins" available for purchase.

## LETTERS TO THE EDITOR

### Crook: Time to end Leicester's cable television monopoly

To the Editor:  
I read with interest the article concerning Leicester and the problems of adequate service for cable television ("Residents air TV grievances to Charter reps," Oct. 14). My opinion is that there appears to be a monopoly in favor of Charter Cable in our town. Competition is good for the consumer, yet we are not able to get Verizon Fios, and I wonder if it is because the contract for Charter doesn't allow it to be made available

to us. We need to be able to choose what we pay for.  
It seems that the longer we exist, the less freedom we have. Everything is going up, except incomes, so if we must pay too high prices in order to live comfortably, at least give us options to help ease the stress.

OTIS C. CROOK  
CHERRY VALLEY

### Doyle: Haston Library 'did great service' with Fraser talk

To the Editor:  
The Haston Free Public Library did a great service to the region on Oct. 6 by hosting Caroline Frasier and exposing audience members to her timely book, "Rewilding the World." (They might have heard her previously as she was a featured author on "Living on Earth" on Jan. 21, 2011.)  
Our society has been keeping us on a saw of thought between "do nothing/there's nothing wrong" and "gloom and doom" predictions of our future (just like the cigarette companies and medical establishment did with us for years regarding the dangerous of that product). Despite the possible extinctions truths, Ms. Frasier reports scientific investigations and real world success stories and concludes an optimistically simple solution: restoring the natural order to the animal kingdom will, in turn, restore ecosystems (of which humans are a part) to their healthy and beneficial state which benefits us all (as well as helps the global climate and creates an ecotourism opportunity).  
By synthesizing the works of many biologists, Ms. Frasier sums up the areas necessary for rewilding into "cores, carnivores, and corridors" and groups interdependent species (plant and animal alike) into

"umbrellas" within these areas. In the previous "Living on Earth" interview, cores are described as "the big wilderness areas" which the corridors connect. This is different from our present thinking of setting aside finite park land because, even what we consider as enormous parks (like Yellowstone National Park), they are too small for the interaction necessary to maintain genetic, biological, and ecological planetary health. If, however, Yellowstone is connected to the Yulon area, to its North, there is a larger space for animals to travel and interact. The carnivores (also known as keystone species or predators) are integral to maintaining the systems within the cores and connecting corridors. Fraser provides many examples of how the predators enhance their local ecosystem: coyote reintroduction in San Diego, Calif., and crocodile reintroduction in parts of Africa. She also describes the balance that needs to be met with neighboring species (such as humans) to make it work. It shows that we all (humans, animals, and plants) need to work together for our collective survival.

MAUREEN DOYLE  
SOUTHBRIDGE

### Do women and men invest differently?

Several years ago, a book titled "Men Are From Mars, Women Are From Venus" was quite popular. As the title suggests, the book argues that men and women are vastly different from each other, particularly in their emotional needs and in the way they communicate. While not everyone agrees with the notion that men and women might as well be from different planets, most of us would probably concur that the two genders frequently behave differently — and this divergence in behavior may also show up in the way that we invest.



FINANCIAL FOCUS  
JEFF BURDICK

In fact, various studies and anecdotal evidence suggests these differences in the way that men and women invest:  
• Men tend to trade more often than women. Men seem to buy and sell investments more frequently than women. This difference could result in an advantage for women investors. For one thing, if women do trade less, they may incur fewer commission charges, fees and other expenses, all of which can eat into investment returns. Also, by holding investments longer, women may be able to take better advantage of market rallies. During the 2008-09 financial crisis, for example, men were more likely than women to sell shares of stock at market lows, which led to bigger losses among male traders — and fewer gains when some of the stock values began to rise again — according to a study by Vanguard, a mutual fund company.  
• Men tend to invest more aggressively than women. Perhaps not surprisingly, men seem to be more willing to take risks with their investments. This trait can be both positive and negative. On the positive side, risk is associated with reward, so the more aggressive the investment, the greater the potential for growth. On the negative side, taking too

much risk pretty much speaks for itself. Ideally, all investors — men and women — should stick with investments that fit their individual risk tolerance.  
• Women are more likely to look at the "big picture." Although both men and women investors want information, women seem to take a more "holistic" approach — that is, instead of focusing strictly on performance statistics, they tend to delve deeper into their investments' background, competitive environment and other factors. This quest for additional knowledge may help explain why all-female investment clubs have achieved greater returns than all-male clubs, according to a study by the National Association of Investors Corp., which represents thousands of investment clubs across the country.  
• Men may be more optimistic about the financial markets. Some studies show that men are more optimistic about key economic indicators and future stock market performance. Optimism can be a valuable asset when it comes to investing; if you have confidence in the future, you're more likely to invest for it, and to continue investing. On the other hand, false optimism may lead to over-confidence, which can have negative results for investors.  
Neither men nor women have a monopoly on positive investment behaviors; each gender can probably learn something from the other. Ultimately, of course, it's your decision-making, not your x- or y-chromosomes, that will determine your ability to make progress toward your long-term goals — so educate yourself about your choices, and get the help you need from a financial professional, as you invest through the years.

### Car wars

A recent editorial in a Stonebridge Press publication (maybe even this one) caught my eye — and stuck in my craw. Written by Southbridge Evening News Staff Writer Gus Steeves, the editorial made an impassioned plea for the case against automobiles — or at least personal automobile traffic. Headlined "The madness of our car culture," the column employed logic, reason, research, and an environmentalist viewpoint to explain why and how our current transport "system does not work."



AS YOU LIKE IT  
MARK ASHTON

Mr. Steeves is an excellent reporter, talented writer, through researcher, and eloquent spokesman for his cause. Nevertheless, his column demands — even at the risk of my butting heads with an expert — an attempt at rebuttal.  
First of all, we both agree on the insanity of driving "umpteen miles in traffic jams" on a regular basis. I recently made a couple of trips to Belmont, Mass. The ride in took 63 minutes each time; the ride home, each time, took more than two and a half hours. I discovered I don't respond well to such frustration, vehicular claustrophobia, and wasted time.

The same frustration can be found much closer to home, as well — just about every afternoon between 2 and 4 in downtown Southbridge. Traveling just 1 mile to home can take as many as 15 minutes if one gets embroiled in the line of vehicles from the AO rotary to South Street. So I'm just as angry about traffic delays as the next guy, who I wish would just get off his cell phone and out of my way.

My first instinct in these unpleasant travels, however, is NOT to blame car companies, oil corporations, insurers, road builders, or even the state itself, all of whom the recent editorial accuses of domestic — as well as global — terrorism by way of corporate profiteering. The editorial's basic premise, in fact, is flawed — and a little too socialistic — in its assertions that our current system is "making us physically and mentally unhealthy" by feeding us "blather" that equates cars with "individualism, strength, control over nature, sexuality," etc.

The editorialist calls it insanity to equate a car with "some symbol of 'freedom.'" Not at all. While having a car can enslave those who buy beyond their means, and while I wouldn't mind buying my gas from some "gasroots" Tea Party or Occupy movement, car ownership can also be liberating, for it allows each individual to pursue employment, recreation, entertainment, and whatever at his or her own pace.

In railing against all autos, the writer automatically pleads for better rail service, "a good train network with electric buses or trolleys connecting neighborhoods to train stations." I've nothing against such things — except as they might nowadays add even more traffic to already overcrowded roadways. But there's no practical way to replace all personal vehicles with any mass transit that can be envisioned. While trolleys, buses, trains, and trams can certainly help deliver masses to specific large-volume areas — shopping malls, downtown business districts, entertainment venues, maybe even grocery mega-stores — they will never provide the options for personal freedom of travel that cars now do.

If the truth be told, a good many of today's car operators are young mothers transporting themselves and children to grocery stores, hair appointments, day care centers, after-school soccer games, and countless other daily errands that make up the fabric of modern living.

Personal cars DO provide freedom — of movement, of expression, of creativity, of opportunities to live, worship, recreate, and even "waste" time in accordance with personal choices. Who am I to decide for my neighbor where or when he must buy his groceries, pursue his career, go to the cinema, catch a ball game, cruise up and down the avenue, attend a nephew's wedding, take a vacation, further his education, grab a late-night doughnut, take the family for a Sunday drive, or surprise an old friend with a visit?

If anything in America symbolizes freedom of choice, it is indeed the personal vehicle — the steel and rubber embodiment of the American Dream.

And, by the way, that dream is NOT to foul the air, to wage war, to waste time or resources or money. It is simply to enjoy personal mobility — within the bounds of legal activities and personal accomplishment, freedom of movement to enjoy life, liberty, and the pursuit of happiness.

As to the editorialist's statistics decrying how much money American drivers "waste" on cars and such, two things: So what — that's strictly a matter of individual priorities and choices! And, as the most recent fortune found in my most recent fortune cookie profoundly asserts: "47 percent of all statistics are made up on the spot."

The free market system (which also allows for the free exchange of ideas) may indeed be flawed — whenever and wherever it is presided over by flawed human beings, but it is still superior to whatever else has been attempted over the course of human history. That history is man's story of mobility, from land to sea to space — from foot to horse to wagon to rail to personal internal-combustion-engineered vehicle. If that fact tends to drive some of the anarchists among us crazy, then it's also just a very short drive.

Paraprosdokian of the week: "I want to die quietly, peacefully, in my sleep, like my grandfather — not yelling and screaming like the passengers in his car!"

Mark Ashton writes a weekly column for Stonebridge Press publications.

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**ADAM MINOR**  
MANAGING EDITOR



# Massasoit Art Guild holds eighth show in Spencer



David Dore photos

Above, Lori Button of East Brookfield stands next to one of her pieces, called "Mount Greylock" and made with acrylics, that won Best in Show. She usually works in watercolors, but tried her hand with acrylics with this piece. She said she felt "total shock, but pleased" she won Best in Show for the first time.

Left, Cousins Taylor Sexton, left, 5 1/2, of Sturbridge and Caleb Thompson, 7 1/2, of East Brookfield stand below a digitally altered photograph of them done by Caleb's father, Scott. The piece, called "Cousins," earned honorable mention honors at the art show.



Massasoit Art Guild President Mary Kay Ebersold, left, announces award winners as art show planning committee Chairman Deborah Kirk, right, looks on.



Boys of the Town performs on the Memorial Town Hall stage during the art show.



ABOVE, The art show drew many people to Spencer Memorial Town Hall who looked at the pieces, picked their favorite for the People's Choice Award and maybe buy a work of art from a local artist. LEFT, Stan Kaufman stands next to his painting called "Winter Whiteness" that earned first place in the oils category.

SPENCER — The Massasoit Art Guild hosted its Eighth Annual Art Show Saturday, Oct. 15 and Sunday, Oct. 16 at Spencer Memorial Town Hall.

It was a successful show, according to guild President Mary Kay Ebersold, with 211 pieces on display and hundreds of people walking through the Great Hall doors to look at the works of art — and maybe take one of them home.

"In eight years, it's really come a long way," said Ebersold, who noted there were 50 pieces the first year.

The fine art categories were judged by Becker College Associate Professor John Murphey, while Scott Erb and Donna Dufault judged the photography categories.

Most of the winners of the show were announced Saturday afternoon, with the People's Choice Award named after the show closed Sunday. Winning awards on Saturday were:

#### BEST IN SHOW AWARD

- Lori Button, "Mount Greylock" (acrylic painting).
- Vernon Graham Memorial Award  
Connie Watson, "Spring Reflections" (watercolor).
- Mildred Terry Memorial Award  
Mary Kay Ebersold, "Farm in Winter" (acrylic painting).

#### WATERCOLOR

- First place: Don Beal, "Summertime."
- Second place: Connie Watson, "Autumn Leaves."
- Third place: Deborah Roberts Kirk, "Doors of Italy."
- Honorable mention: Bayda Asbridge, "Fluff," and Bruce Whyte, "Tranquility Plantation."

#### OIL PAINTINGS

- First place: Stan Kaufman, "Winter Whiteness."
- Second place: Sandra Cicero, "Delicates."
- Third place: Linda Spencer, "Winter on Sturbridge Common."

#### MIXED MEDIA

- First place: Daniel Mortell, "Blue Bird."
- Second place: Emile Gaucher, "October Leaves."
- Third place: Daniel Mortell, "Whales."
- Honorable mention: Karen Wylie, "Forever Love."

#### 3-D SCULPTURE

- First place: Rebecca Osborn, "Human Condition."
- Second place: Gayle Magwood, "Carolina Wren."
- Third place: Rebecca Osborn, "Ceramic

#### Wall Art 1."

- Honorable mention: Gayle Magwood, "Blue Jay."

#### PASTELS

- First place: Linda Spencer, "Winter Settling on the Quaboag River."
- Second place: Margery Cook, "Brussels Farm."
- Third place: Margaret Wolverton, "Sewing in Motion."
- Honorable mention: Jane Standrup, "N.E. Farm," and Margery Cook, "North Brookfield Farm."

#### ACRYLICS

- First place: Dolores Cowden, "Moonlit Snow."
- Second place: Emile Gaucher, "Breaker."
- Third place: Ann Marcel, "Old Green Door."
- Honorable mention: Maureen Napieralski, "Wonder in the Woods," and Diane Riopel, "Ships Safe Here."

#### PRINTS AND DRAWING

- First place: Marilyn Kulesa, "Sunburst Yellow."
- Second place: Marilyn Barstow, "Caspar and Gilligan."
- Third place: Marilyn Kulesa, "Aubergine."

- Honorable mention: Sharon Smith Viles, "Bamboo Grove, Stone & Resilient," and Dolores Kosciusko, "Bag."

#### TRADITIONAL PHOTOGRAPHY

- First place: Susan Mulliken, "Untitled B."
- Second place: Barbara Hale, "Biker Still Life."
- Third place: Margaret Emerson, "Baptisia, Early Morning."
- Honorable mention: Barbara Hale, "Mulligan's Barn," Peter Spencer, "Water Lilly," and Dayle Los, "Untitled 1."

#### DIGITALLY ALTERED PHOTOGRAPHY

- First place: Michele Loftus-Trzcinski, "Boat at Dock."
- Second place: Jack Shea, "Homage to Georgia."
- Third place: Scott Thompson, "Boston."
- Honorable mention: Scott Thompson, "Cousins," Don Beal, "The Big Wave," and Dayle Los, "Untitled 4."

#### DIGITAL IMAGE

- First place: Jack Shea, "Waiting Room."
- Second place: Jack Shea, "Examination Room."

# SPORTS

## After loss, Rockets regroup to down Wolverines

AUBURN — After losing for the first time in three years, the Auburn football team took little time to get back to its winning ways, defeating Leicester (4-2) on Oct. 15 by a 19-0 final.

The Rockets, now 5-1, scored two first half touchdowns in under a minute, as Drew Goodrich connected with Fred Taylor for an 85-yard score and Tyler Desjardins recovered the fumbled kickoff return and ran 40 yards for a TD.

The Wolverines' offense, which had averaged 26 points a game through its first five contests behind quarterback Drew Mazzeo and running back Nick Kenney, couldn't get going early and failed to score.



Above, Leicester quarterback Drew Mazzeo (8) runs through the Auburn defense. Right, Leicester's Tyler Goodney plants his feet and attempts to maneuver past Auburn defender Connor Fuller (17).

Nick Ethier photos

## Pearson, Baez lead Minutemen past Cougars

BY MICHAEL CORSO  
SPORTS CORRESPONDENT

CHARLTON — Don't look now, but the Bay Path football team is 5-1 following a convincing 35-14 victory over Quaboag on Saturday, Oct. 15. Senior quarterback Kyle Pearson led the charge, combining for four touchdowns (three passing, one rushing), including TD passes of 60, 55, and 17 yards.

Pearson and classmate Anthony Baez (3 catches, 83 yards) were in sync early and often, connecting for two of the scores. Fellow classmate Tom Gentry (2 catches, 56 yards) was the recipient of the final touchdown strike.

"I was very impressed with the passing game today," said Bay Path coach Al Dhembe. "These guys are really connecting right now and we're hitting our stride."

Bay Path got off to a quick start thanks to the running game when senior back Tyler Phillips (5 carries, 73 yards) galloped 48 yards on the second play from scrimmage to take a 6-0 advantage.

The Cougars showed some resolve on the Minutemen's next possession. On fourth down Bay Path attempted a fake punt that the Cougars quickly sniffed out and stopped them inside the Minutemen's territory.

The defensive stop ignited the Cougars on the offensive side and initiated their first

touchdown drive. On the first play of the second quarter, senior running back Jake Thompson scampered 15 yards for the score. A failed two-point conversion kept the game tied at 6-6.

"Quaboag is a tough and scrappy team," said Dhembe. "They gave us some fits. Fortunately some of our skill guys took the air out of their sails with some big plays."

The Minutemen struck right back only two plays later when Pearson found Baez on a seam route for a 60-yard touchdown connection. Phillips added a two-point conversion to put Bay Path on top, 14-6, with 10:33 remaining in the second quarter.

On the Cougars' next possession, Baez intercepted a pass from junior quarterback Jimmy Zalatores to give the Minutemen good field position at Quaboag's 40-yard line. On Bay Path's ensuing drive, Pearson connected with Baez once again on a 17-yard pitch and catch. Pearson added the two-point conversion to give the Minutemen a 22-6 lead heading into the half.

Pearson used his legs to score his third touchdown of the game late in the third quarter. On an option play, the speedy quarterback called his own number and raced past tacklers untouched for a 34-yard touchdown run. A missed extra point put the Minutemen on top 28-6.

Bay Path's defense stiffened once again to thwart any ideas of a Cougar comeback. Senior linebacker Eric Edstrom added the Minutemen's second interception of the game on a tipped pass from Zalatores.

On the return, however, Edstrom was stripped of the ball and the Cougars were able to retain possession.

Shortly after Quaboag tried to catch the Minutemen defense off guard with a half-back pass from Thompson. Unfortunately, Thompson's pass was underthrown, allowing sophomore Zack Huard to intercept the pass.

Pearson added his final touchdown toss on the first play of the fourth quarter when he found Gentry in stride for a 55-yard score. An extra point gave the Minutemen a 35-6 lead.

The Cougars showed some fight by adding

a late touchdown on a 3-yard run from sophomore fullback Steven Tabor (8 carries, 35 yards). A Zalatores to Thompson two-point conversion cut the deficit to 35-14, but that would be as close as Quaboag would get, as the Minutemen were able to run out the clock.

Bay Path will take a three-game winning streak into next week's contest against Keefe Tech. The only blemish for the Minutemen thus far came in a 21-14 loss to West Boylston in the second week of the season.

"We're really clicking right now," said Dhembe. "I am very pleased right now with how we're playing. Coming into the season our coaching staff was cautiously optimistic about this team. But these kids are really playing well."

### SPORTS BRIEFS

#### Leicester-Spencer Raiders results

The Leicester-Spencer Raiders of American Youth Football continue to play well through the end of the regular season. The seventh grade team is 5-3 and can clinch a playoff spot with a win on Oct. 23 vs. Groton-Dunstable at O'Gara Field in Spencer. The eighth grade team is 7-1 and secured a playoff spot for the third consecutive year.

On Oct. 15, all Raiders teams played vs. Lunenburg at Lunenburg High School. The Tiny Mites and Mitey Mites both displayed great efforts, while the fourth graders (20-0) and fifth graders (6-0) fell just short. The seventh grade team won 38-7, while the eighth

graders were also victorious, 32-14.

#### Free hockey seminars to be held in Auburn


Baystate Griffin Youth Hockey will be conducting a "Learn to Skate and Learn to Play Hockey for free" seminar. On Oct. 23 Baystate Griffin Youth Hockey will launch its fall "Learn To" program at the Horgan Arena on Oxford St. in Auburn. This program allows boys and girls (age 4 and up) to try ice-skating or hockey for free. The session will be free of charge so the children can get a feel for the sport with minimal out of pocket expense for the parents. If the child would like to continue with the program they can do so by signing up with the onsite Baystate Griffin volunteers for a minimal fee. Each session will be 50 minutes long (10:30 to 11:20 a.m.) and will run on Sundays from Oct. 23 to Dec. 11. Parents are welcome to watch the session just off ice or in the heated lobby.



#### Warriors power past Pioneers


Nick Ethier photo

Tantasqua's Grace Walker prepares to take a shot on net. Walker had three goals and an assist as the Warriors defeated Southbridge, 8-0, on Oct. 17. Cassidy Robert also scored three times, while Allie LeBrun and Sage Vadenais tallied the other goals. Allie Ostrowski and Madi Trainor also added assists for Tantasqua, who improved to 6-6-1 after the win. The Warriors need five more points in five regular season games to secure a spot in the Central Mass. Division 1 district tournament field.



## ATHLETE of the WEEK


**Leicester-Spencer Raiders eighth grade football team**



The Raiders of American Youth Football are now 7-1 after defeating Lunenburg on Oct. 15, 32-14. Leicester-Spencer has now secured a playoff spot for three consecutive years.

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## SPORTS

## Trio of second half goals lifts Rockets over Wolverines

BY JIM SARKISIAN  
SPORTS CORRESPONDENT

AUBURN — The Auburn girls' soccer team tallied three second-half goals to defeat Leicester, 3-0, in a Southern Worcester County League contest last Tuesday, Oct. 11, at Memorial Field.

After a blank scoreboard in the first half, the Rockets started their scoring in the 48th minute when junior Erin Scanlon headed in a corner kick from senior Rachel Gillies.

"The first goal was the key I believe," Auburn coach Larry Midura said. "In the second half, they kept the ball on the ground most of the time and moved the ball really, really nice."

Auburn then followed 10 minutes later when junior Lizzy Carlson received a pass from senior Jenna Scanlon and shot the ball from the top of the box over the goalkeeper's head to put the Rockets ahead 2-0.

The scoring was capped off in the 63rd minute when sophomore Kayla Almstrom received a cross by senior Emily Andrade and put in the third goal of the game.

Leicester had two great chances to score on the Rockets in the second half, but were unable to capitalize. In the 38th minute, junior Kaitlyn Kozlowski sent a cross through the box that just missed classmate Amanda Stanick's foot. Also, with 13 minutes remaining in regulation, Kozlowski launched a kick from 15 yards out, but it was blocked in the box by the Auburn defense.

"We stuck with them in the first half," Leicester coach Bill Harvey said, "but we got a little disorganized with some substitutions and they took advantage. We let down for about a six or eight minute period, but the rest of the game we played them even. We needed to amount a little more offensive pressure."

Auburn held a 34-4 shot advantage in the game and a 7-1 edge in corner kicks.

"We had a tough time finishing," Midura said, "and that frustrated them in the first half. Overall, a solid performance and a solid second half."

In her first game as net-minder, sophomore Lauren Quink faced a

barrage of Auburn shots and managed to stop 15 of the 18 shots on goal.

"Our number one goalkeeper got injured," Harvey said, "and she stepped up and she played for us and she did a nice job. I think with a little bit of time she might pan out as a goalkeeper for us."

Auburn junior goalie Jordann Hauge stopped one shot, registering her 11th shutout of the season.

With the win Auburn improved to 11-0-1 (now 12-0-1 after a 3-0 victory over Northbridge), allowing just a single goal against all season in a 2-1 victory over Tantasqua. According to Midura, the lone allowed goal came off a corner kick that deflected off an Auburn defender and into the net.

Leicester followed the Auburn game with a 3-1 victory over Oxford and are now 8-4-1 on the year.

Jim Sarkisian photos

Auburn senior Colleen Donahue (11) dribbles the ball past junior Kaitlyn Kozlowski of Leicester.



## Behind Gaudet's two goals, Warriors defeat Cougars

BY NICK ETHIER  
SPORTS STAFF WRITER

WARREN — Tantasqua boys' soccer junior Myles Gaudet scored twice — giving the Warriors important 1-0 and 3-1 leads — to help lift his team past Quaboag, 3-1, on Oct. 13.

In the 14th minute Gaudet received the ball with his back to the Quaboag net. In one quick motion he swung around and had the presence of mind to not only shoot the ball, but kick it into the corner past the keeper, making it 1-0.

"It's thinking it through all the way," Tantasqua coach Keith Ventimiglia said of the goal. "He turned but also had a good sense of where the goalie was and where the open spot was."

The game remained at 1-0 into the halftime break, but Ventimiglia reminded his team that a one-goal lead is not safe.

"We've had a problem this year with putting our guard down for just 10 seconds, and that's what I reminded them at halftime," he said, as one bounce against the Warriors could lead to a Cougars' equalizer.

Tantasqua listened, as in the 53rd minute senior Isaac Nichols made it a 2-0 game. Sophomore Liam Seguin received the ball in the left corner of the box and centered a pass to Nichols, who one-timed it into the net.

"Isaac made a great call for it, and that was the key," Ventimiglia said. "Liam was thinking shot, but he had a good guy calling for it running at the net."

Nonetheless, Quaboag kept battling and cut the deficit in half with 14:30 to play when junior Thomas Jenkins struck a perfect ball on a direct kick just under the crossbar and into the net.

"It would have been easy for them to hang their heads down 2-0 with one player at the hospital and the other with ice on his ankle," said Quaboag coach Norm St. Denis. "I never have to mention effort to these guys, which is awesome."



Nick Ethier photos

Quaboag's Thomas Jenkins lifts up and heads the ball down the field.

"Even at 2-0 these guys kept coming back at us," Ventimiglia added. "That's going in unless you have a goalie that's 12-feet tall."

As St. Denis had eluded to, sophomore Tyler Leneau was

inadvertently struck in the face and was bleeding pretty badly, enough to send him to the hospital. Junior Dylan Shablin then went down with an ankle injury, forcing a 15-man roster into a 13-man unit.

As Quaboag began to tire, Tantasqua took a 3-1 lead with seven minutes to play when Gaudet buried a rebound. Seguin took the original shot and Cougars keeper Taylor Trzeciak made one of his 11 saves, but in the slippery conditions the ball bounced out of his hands. Gaudet, ever the opportunist, hustled in and scored.

"Myles has had a couple [goals] this year where he just keeps coming," Ventimiglia said, noting that if he stopped hustling it would have remained a 2-1 game.

The Warriors are now 7-5-2 and played progressively better as the game moved forward.

"We settled in and moved the ball well," Ventimiglia said, adding that Alex Hellyar and Robbie Beauchemin passed the ball more efficiently in the second half.

Even after the loss St. Denis liked the effort his team displayed.

"It wasn't one of those totally ugly games where we packed it in on defense and hoped for the best," he said. "We moved the ball when we had the chance. Tonight we were called five times for offsides, which isn't great, but it showed that we were pushing it."

Shablin should be OK, as his injury doesn't appear to be too serious, but with Leneau it's unknown what the prognosis could be.

"He's a tough kid," St. Denis said. "He'll want to play, it just depends on news from the doctor."

The Cougars can reach the district tournament despite their 2-9 record if they at least tie one of their remaining Division 3 contests against Southbridge and Ware. Quaboag's two victories to date have come against those two teams.

## HIGH SCHOOL NOTEBOOK

Oct. 10

**Tantasqua 2, East Longmeadow 0** — Grace Walker and Allie Ostrowski scored for the Warriors in field hockey action, while Georgia Kirker-Head stopped seven shots to preserve the shutout. Tantasqua is now 5-5-1 on the season.

Oct. 11

**David Prouty 182, Southbridge 202** — Connor Fahey of the Panthers earned medalist honors at Cohasse Country Club, carding a 4-over 39.

David Prouty is now 10-4-1 on the season, while the Pioneers dropped to 0-16.

**Tantasqua 169, Shepherd Hill 170** — In an extremely close match, the Warriors defeated the Rams at Dudley Hill. Taking the top four scores of the six golfers competing, Tantasqua won by a single stroke.

Olivia Brooks of the Warriors (11-6) was the medalist with a 3-over 39. Shepherd Hill is now 11-5.

**Northbridge 2, Tantasqua 1** — The Rams (6-4) edged the Warriors (6-5-2) in boys' soccer action. Robert Blood and Chris Giard scored for Northbridge, while Trey Allen tallied for Tantasqua.

Oct. 12

**Tantasqua 3, Burncoat 0** — The visiting Warriors volleyball team won with set scores of 25-10, 25-16, 25-3.

Pacing Tantasqua (7-5) were Kaylyn Blair (10 service points including 3 aces, 2 kills, and 2 blocks), Lauren Gerrish (9 service points including 6 aces), and Jessica Frio (8 service points including 3 aces and 3 assists).

**Tantasqua 24, Bartlett 35; Tantasqua 28, Oxford 31; Bartlett 28, Oxford 29** — At Memorial Beach, the Warriors girls' cross-country team won a pair of meets to improve to 7-3.

Courtney Holms' second place finish paced Tantasqua. Shelby Stretton of Oxford (3-6) won the race, while teammate Chloe Doyon took third. Bartlett's (3-5) Kellie Powers took fourth place, while Anissa White of the Pirates placed fifth.

**Longmeadow 246, Tantasqua 283** — Andrew Serrenho and Max Decataldo had low rounds for the Warriors' golf team, shooting 46s.

**David Prouty 164, Quaboag 167** — Jackson Davis carded a 1-under 35 and Lucas Caron

added a 39 at Kettle Brook to lead the Panthers past the Cougars.

Oct. 13

**David Prouty 8, Millbury 1** — Jackson Davis' even-par 36 at Kettle Brook helped the Panthers improve to 12-4-1 on the golf season.

**Tantasqua 242, Bartlett 283** — In both golf teams' final match, the Warriors improved to 12-7 with the victory. Olivia Brooks earned medalist honors for the 13th time this season for Tantasqua, this time carding a 2-over 38.

Bartlett finished 2-13-1.

**Tantasqua 1, Quaboag 0** — Connor Parker's goal (Devin Aquadro assist) was enough to lead the Warriors girls' soccer team to victory and qualify for the Central Mass. Division 1 district tournament. Savy Lundwall made three saves to preserve the shutout.

Oct. 14

**Putnam Vocational Tech 3, Tantasqua 1** — The visiting Warriors dropped their volleyball contest, losing set scores of 25-18, 25-20, 20-25, 28-26.

Tantasqua (7-6) was led by Corrie Molleur (12 service points including 2 aces), Jess Kosinski (4 service points including 2 aces and 10 kills), Narissa Tremblay (12 kills and 5 digs), and Jess Frio (6 service points including 3 aces and 14 assists).

**Gardner 28, Tantasqua 6** — Jamison Craft scored three touchdowns to lead the undefeated Wildcats to victory.

Joe Green had a 1-yard touchdown run for the Warriors (2-4), and Dom Cruz made 8 tackles on defense.

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# OUR TOWNS

## Registration deadline for STM approaching

LEICESTER — The last day to register to vote before the Nov. 8 Special Town Meeting in Leicester is Thursday, Oct. 27. The town clerk's office will be open from 8 a.m. until 8 p.m. The Town Meeting will start at 7 p.m. Nov. 8 in the Town Hall gymnasium.

## Local veterans invited to Lake St. celebration

SPENCER — Lake Street School in Spencer has formed a partnership over the years with the local veterans. Plans are under way for the Veterans Day program to be held at the school on Thursday, Nov. 10. This is a special day where the children sing songs, recite poetry and honor local veterans. Veterans are asked to arrive at the school at 8:30 a.m., and the program will begin promptly at 9 a.m. A breakfast for the veterans will follow the program. All local veterans are invited to attend, and are encouraged to wear their uniforms to the event. Please RSVP to the school at (508) 885-8517.

## Habitat for Humanity to sponsor Taste of Towns

STURBRIDGE — Habitat for Humanity-MetroWest/Greater Worcester wants local residents to Taste the difference it is making in the Tri-Community to provide decent, affordable housing. Taste of the Towns will combine delicious foods and desserts from area restaurants and businesses with a silent auction for an evening of fun Nov. 3 to raise money for Habitat's project in Sturbridge. Habitat for Humanity will sponsor Taste of the Towns from 6-9 p.m. Thursday, Nov. 3 at the Sturbridge Host Hotel and Conference Center, 366 Main St., Sturbridge. Tickets are

\$35. The Sturbridge Host Hotel is graciously providing the space. Taste of the Towns will feature food samples from area restaurants and other businesses including Cedar Street Grille, Old Sturbridge Village, Rom's Take-Out and Catering, The Copper Stallion, Rovezzi's, Wine Buyer's Outlet and Sturbridge Host Hotel (Sturbridge); Zorba's (Charlton); Red Roof Catering (Holland) and Harrington Hospital Food Services (Southbridge). Desserts will be provided by Steladenas Specialty Bakery and Café (Sturbridge), Francesco's Italian Bakery (Charlton), The Steaming Tender (Palmer) and Pop's Biscotti & Chocolates (Springfield). The evening event will feature live instrumental music, a cash bar, and silent auction. For the first time, the silent auction will include items from Sports Memorabilia. A few examples of framed items to bid on are:

- Master Legends — Jack and Arnie: Includes a 16-inch-by-20-inch photo from 1963 Masters and laser cut 3-D Masters logo.
- Boston Sports Legends — Four 8-by-10 photos of Bobby Orr, Tom Brady, Larry Bird, and Ted Williams with laser cut, 3-D player numbers and lettering.
- Patriot Super Bowl Tickets — Photos of Adam Vinatieri's "snow kick," Bill Belichick with the Lombardi Trophy, Tedy Bruschi in the snow, the Super Bowl XXXVI team and Tom Brady in Super Bowl XXXIX. Also includes replica Super Bowl Tickets from XXXVI, XXXVIII, and XXXIX.

"Our first Taste event was a sellout success so we're following up with another one this fall," said Michael Wimberly, a North Brookfield resident who is president of Habitat's Board of Directors and chair of the Local Planning Committee. "We are making great progress with our Sturbridge project and looking to expand with a new one in Charlton. We could not have accomplished what we have done to this point without the incredible support from the community. Likewise, we can't move forward without the community. There continues to be a need for decent, affordable housing in the Tri-Community area and we are making a difference with the support of individuals, businesses and organizations."

The Habitat Tri-Community Build Project in Sturbridge is the product of a partnership between the Town of Sturbridge, the Sturbridge Housing Partnership and Habitat for Humanity-MetroWest/Greater Worcester. The Sturbridge Housing Partnership purchased the land using Community Preservation funds specifically to increase the affordable housing inventory in town. It subsequently awarded Habitat for Humanity the right to develop a 1,200-square-foot, single-family home at 79 Fairview Park Road. Purchasing tickets early is recommended, as only 150 tickets will be sold for Taste of the Towns. The last event sold out. For more information or to reserve tickets, call Habitat for Humanity-MetroWest/Greater Worcester at (508) 799-9259. To purchase tickets online, go to [www.HabitatMWGW.org](http://www.HabitatMWGW.org). Habitat for Humanity-MetroWest/Greater Worcester is a nonprofit, ecumenical Christian organization that provides simple, decent, affordable home ownership opportunities for families in need living between 25-60 percent of the area's median income. This affiliate was founded in 1985 as Greater Worcester Habitat for Humanity. In 2008 it merged with MetroWest Habitat for Humanity. The organization is pledged to the letter and spirit of U.S. policy for the achievement of equal housing opportunity throughout the nation. Homes are sold to qualified and carefully selected low-income families on a no-profit basis with an interest-free mortgage. Selected families work with family partners and attend monthly meetings to prepare for successful home ownership. In keeping with its motto of "a hand up, not a handout," partner families must contribute 400-500 sweat-equity hours helping build their homes. Habitat has an open-door policy, welcoming all volunteers and supporters, regardless of religious affiliation, race, nationality or other background.

celebrating its Grand Reopening on Saturday, Oct. 22 from noon until 3 p.m. State Sen. Stephen Brewer and state Rep. Anne Gobi will preside over the Ribbon Cutting Ceremony at 1 p.m. All are welcome. Light refreshments will be served.

## Job Fair 2011 at Auburn/Webster Elks

AUBURN — The Workforce Central Career Center, "We honor veterans at our Fall 2011 Job Fair" is holding a Job Fair from 10 a.m. to 2 p.m. Friday, Nov. 4 at the Auburn/Webster Lodge of Elks, 764 Southbridge St., Route 12, Auburn. The fair is open to the general public. 30+ employers expected in the following areas:

- Health Care
- Transportation
- Warehouse Distribution
- Manufacturing
- Security
- Social Services
- Communications
- Banking/Financial
- Sales/Customer Service
- Administration/Clerical
- Engineering
- Retail/Merchandising
- and much more
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You can enter a drawing to win a \$100 grocery gift card! Here's how:

- \* Pre-register for the Job Fair at [www.mass.gov/jobquest](http://www.mass.gov/jobquest) by registering/logging in for JobQuest.
- \* Print a copy of your completed JobQuest registration/log in page and bring it with you to the Job Fair.

Operated by the Worcester City Manager's Division of Workforce Development in partnership with the Massachusetts Division of Career Services. An equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities. [www.workforcecentralma.org](http://www.workforcecentralma.org)

## West Brookfield library to hold grand reopening

WEST BROOKFIELD — The Merriam-Gilbert Public Library of West Brookfield is

# Community Matters

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# Strandz Hair Salon

Strandz Hair Salon would like to welcome **Kristen Caron** to the team. Kristen studied cosmetology at Paul Mitchell The School Rhode Island. After completing her training she worked in Boston before moving to Colorado, where she worked at a large Salon and Spa. After moving back to her hometown of North Brookfield Kristen joined Jessie Waugh at Strandz, a small progressive salon.

Kristen takes extreme care in her techniques and clients can always expect an overall good experience when they sit in her chair. When asked why she became a stylist Kristen replies, "I've always been one, I just didn't know it. Styling hair always came natural to me; not to mention it's a great way to expand my creative outlets." Kristen's philosophy is "if you love what you do you never go to work."

Strandz Hair Salon specializes in full-scale services that encompass everything from hair design and coloring to hair straightening and feather extensions. Jessie and Kristen stay up to date on the most current of styles which are appropriate for students and professionals, both male and female. They particularly excel at updating a client's look.

Kristen is now accepting new clients and invites you to share her passion and schedule an appointment.

For a complimentary consultation call 508-867-6465.



**Kristen Caron**



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# Readers share favorite hints

It's time once again to delve into the snail mail bag and email box to share the terrific tips sent in from readers. Whether it's a tip to save money or a trick to cut a chore down to size, creative hints from readers definitely deserve to be shared! Read on for the most recent round of time and money saving tips. And remember, readers, send in your best tips and you could win dinner for two in Sturbridge!



**TAKE THE HINT**  
KAREN TRAINOR

past week I purchased an eight pack of paper towel (Bounty) that was regularly \$7.98, but also included was a \$3.89 coupon. And if you order six or more items the shipping is free. If you stick to the discount items you can really save. Plus if you factor in the gas to drive to a store, most all items are a good deal. Hope this is helpful.

JENNIFER HADDAD  
WINCHENDON, MASS.

**This potpourri of moneysaving pointers helps you stash cash!**

Here are some ingenious ways to use a fabric softener sheet: To rub soap scum off your shower door; to polish the chrome fixtures in your bathroom; to give a shine to your shoes; in your suitcase to keep clothes smelling fresh; in your underwear drawer for a fresh scent; to dust the leaves of houseplants. Other hints: Attach a strip of glow-in-the-dark tape or decals to household flashlights to make them easy to find in a power outage. Consider this for any item you will need to find in an emergency such as your fuse box, water supply, or cell phone. Glue a luminous strip to the switch of your bedside lamp to help you find the switch in the dark. Same for the off button on your alarm clock. To make any candle a scented candle, add a drop of essential oil to

the melting wax just next to the wick. Consider cinnamon, frankincense, pine, or bay for traditional holiday fragrances.

MELISSA RICHARDSON  
CHARLTON, MASS.

**A clever contributor shares her creative seasonal gardening and recycling tips.**

While finishing some gardening and moving of basil plants etc., I placed some recycled Styrofoam peanuts (packaging) in the bottom of the flower pots — this tip helps aerate the soil. I also recycle wax paper bags from cereal and cracker boxes to cook sweet potatoes and other potatoes or vegetables in the microwave. They make great cooking bags, no cleanup and food cooks in half or less the time, therefore a great energy saver. I don't use plastic in the microwave because of the PCB's. While gathering seed portions of the basil, I use old bread bag wire twists, also works great for roses and other flowers, twist around stem and hang upside down to dry. These twists are lightweight, bend easily around plant stems and two or more can be joined for larger flower or herb bundles. Once again a great way to recycle (reuse) an item!

VIOLA BRAMEL  
NORTHBRIDGE, MASS.

**This reader relays a roundup of remedies for less than sweet smelling feet!**

Now that we are all wearing shoes, some of us have smelly feet. Here are a few tips on how to cope with this problem.

1. In the evening, sprinkle baking soda inside shoes to kill odor. Shake out the powder in the morning.
2. To keep shoes and sneakers dry and comfortable, dust the insides with baby powder.
3. Place a wrapped bar of soap in your shoes or sneakers overnight so they'll smell great in the morning.
4. Spraying Febreze in smelly shoes and sneakers eliminates the offensive odor.
5. Place a sheet of Bounce in your shoes and let sit overnight, and by morning your shoes will smell fresh.

DONNA LEWANDOWSKI  
CHARLTON, MASS.

**This reader's tip for re-purposing pots put paint at your fingertips!**

If you need to work on your house up an aluminum extension ladder, you will find an old cooking pot or pan with a long handle can be the perfect helper. Just push the handle into the hollow rung on either side of the ladder. Use as many as needed and move them up or down with you as you work. A deep pot works best if you are painting. You can even bring extra brushes, and now have a place to put them.

P. DAVIGNON  
UXBRIDGE, MASS.

**Prize Winner**  
Congratulations to Melissa Richardson of Charlton, whose name was drawn as winner for Dinner for Two at the Publick House in Sturbridge. She offered the fabric softener uses above.

**Win Dinner for Two at the Publick House**

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous dinner for two (a \$60 value) at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

*Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of the Southbridge Evening News? Send questions and/or hints to: "Take the Hint!," c/o the Southbridge Evening News, 25 Elm St., Southbridge, MA 01550. Or email KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.*

*For more great hints, tune into "Take the Hint!" one minute snippet tips aired twice daily on WORC-FM 98.9. And for more tips and talk, be sure to listen to my live hour-long show from 9-10 a.m. each Friday on WARE-AM 1250.*

**This nearly effortless "green" tip racks up solar savings!**

I have a good idea I have been doing all summer and it works for us. We leave a hose outside on our driveway and the sun beats down on it all day. To save on oil, we use the solar power naturally. We put the hose to the window and Voila! We have free hot water to do dishes and get a free shower. It's an economical idea!

LOUISE GUSTAFSON-SMITH  
ROCHDALE, MASS.

**Savvy shoppers unite! This reader's sharing her best bargain hunting hint!**

My helpful hint is to check out a website Alice.com. You are able to purchase all your household needs and groceries and have them delivered to your home. The great tip I offer is to order the items that have coupons attached for cents off. This

## POLICE REPORTS

### North Brookfield

- Oct. 3
- 5:47 a.m.: Fire alarm, Oakham Road. False alarm.
- Oct. 4
- 12:25 a.m.: Suspicious activity, East Brookfield Road. Spoken to.
- Oct. 5
- 5:16 p.m.: Safety hazard, Bates Street. Removed hazard.
- Oct. 6
- 3:06 p.m.: Safety hazard, Old West Brookfield Road. Services rendered.
- Oct. 7
- 12:19 p.m.: 911/hang-up call, Gilbert Street. Spoken to.
- 10:56 p.m.: Disturbance, Grove Street. Spoken to.
- Oct. 8
- 6:21 p.m.: Animal call, Shore Road and North Street. Removed hazard.
- Oct. 9
- 4:08 a.m.: Alarm, School Street. False alarm.
- 12:19 p.m.: Disturbance, Spring Street. Peace restored.
- Oct. 10
- 12:52 a.m.: Alarm, School Street. False alarm.

### Spencer Police Department

- Oct. 5
- 9:38 a.m.: Juvenile matter, Main Street. Suspension letter received from David Prouty High School.
- 11:18 a.m.: Animal control, Ash Street. Grey bird across the street, hurt, trying to fly.

- 2:47 p.m.: Request for police, South Spencer Road. Tour bus stuck at bridge — causing chaos.
- 3:42 p.m.: Obscene phone calls, West Main Street. Re: text message received?
- 4 p.m.: Request for police, Church Street. Re: ex-boyfriend.
- 10:42 p.m.: Animal control, Main Street. Girlfriend hit an animal by Dairy Queen.
- 11:17 p.m.: Police information, West Main Street. BOLO out of Leicester.
- Oct. 6
- 8:34 a.m.: Juvenile matter, Thompson Pond Road. Request check on child.
- 10:39 a.m.: Residential fire, Shore Drive. SFD received direct possible electric fire in wall.
- 11:01 a.m.: Drug/narcotic offenses, West Main Street. Requesting officer.
- 2:06 p.m.: Found, West Main Street. License in Sturbridge.
- 3:40 p.m.: Larceny/theft from building, Main Street. Wire missing from building.
- 3:40 p.m.: Juvenile matter, Water Street. Re: welfare of children?
- 3:44 p.m.: Request for police, Paxton Road. Needs meds back from ex.
- 5:25 p.m.: Trespassing/real property, Summit Street. Party on property again.
- Oct. 7
- 9:40 a.m.: Suspicious activity, Chestnut Street. Scam call.
- 11:24 a.m.: Disturbance/neighbors, Main Street. Male playing electric guitar with very loud amp.
- 1:18 p.m.: Medical call, Temple Street. Seven-year-old male stung by bees, breaking out in hives.
- 1:22 p.m.: Juvenile matter, Adams Street. Foster son left residence three hours ago.
- 2:16 p.m.: Medical call, North Spencer Road. Husband bit by wasp, difficulty breathing, almost unconscious.

- 3:27 p.m.: Chemical/fuel spill, Main Street. Truck spilling gas.
- 6:13 p.m.: Operating under the influence of alcohol or drugs, Elm Street. Male in black car, believe drunk.
- Oct. 8
- 4:51 a.m.: Request for police, Main Street. Male threw her out of apartment.
- 7:49 a.m.: Request for police, West Main Street. Re: 16-year-old daughter.
- 10:24 a.m.: Fire alarm, Charlton Road. Carbon monoxide alarm activation.
- 10:46 a.m.: Medical, Clark Road. Seventy-year-old male bee sting, allergic reaction.
- 10:50 a.m.: Request for police, Cherry Street. Requesting officer to speak with subject at/near residence.
- 7:01 p.m.: Juvenile matter, Park Street. Kids skateboarding at skate park, past dark.
- 8:21 p.m.: Fireworks complaint, Cottage Street. Believe hearing gunshots in area.
- 11:41 p.m.: Domestic assault, Grove Street. Wife hit him in the face.
- Oct. 9
- 8:54 a.m.: Disturbance, Valley Street. Party signaled officer over, loud music.
- 10:47 a.m.: Medical call, Greenville Street. Six-year-old stung by bee, difficulty breathing.
- 11:13 a.m.: Burglary, Mechanic Street. Owner into the station to report a burglary.
- 2:49 p.m.: Request for police, Main Street. Subject would like daughter removed from residence.
- Oct. 10
- 9:38 a.m.: Request for police, Smithville Road. Juveniles fighting.
- 1:09 p.m.: Animal control, Norcross Road. Momma and two cub bears.
- 6:01 p.m.: Request for police, West Main Street. Re: getting items back to ex.
- 7:45 p.m.: Hit and run accident with proper-

### ARRESTS

#### Spencer

- Oct. 5
- Erica L. Eccleston, 33, 2 Church St., Spencer. Warrant.
- Gregory Scott Simpson, 27, 37 Ledge Ave., Spencer. Warrant.
- Oct. 6
- Richard A. Carr Jr., 343, 47 Main St., Spencer. Fugitive from justice.
- Oct. 7
- Kenneth J. Aromando, 54, 7 Maple St., Rutland. Operating motor vehicle under the influence of liquor; leaving the scene after property damage, operating motor vehicle recklessly to endanger; marked lanes violation, driving vehicle with open container of alcohol.

- ty damage, Grove Street. Vehicle hitting cars up and down street.
- 8:14 p.m.: Juvenile matter, Highland and Pope streets. Three teens with beer, walking.
- 11:12 p.m.: Disturbance, Main Street. Male yelling out front.
- Oct. 11
- 6:35 a.m.: Disturbance, Cherry Street. Neighbors harassing.
- 11:36 a.m.: Request for police, Temple Street. Need female removed from residence.
- 2:39 p.m.: Motor vehicle accident with property damage, Main Street. All parties out of vehicles, no personal injury.
- 5:14 p.m.: Request for police, Route 49. Something just broke window/mirror.

## NEWS BRIEFS

### Third annual HBC Coat Giveaway

SPENCER — The need for warm coats is always a concern, but it is especially noticeable in difficult economic times. The congregation of Hillside Baptist Church is gearing up for its third annual Coat Giveaway, to be held from 10 a.m. to 2 p.m. Saturday, Nov. 12 at the Depot Village Senior Center, Wall

Street, Spencer. Coat and jacket donations may be made by bringing them to Hillside Baptist Church, 472 Main Street, Spencer from 11 a.m. to 1 p.m. Saturday, Oct. 8; from 11 a.m. to 1 p.m. Saturday, Oct. 22; from 11 a.m. to 1 p.m. Saturday, Nov. 5; from 1 to 5 p.m. Sunday, Nov. 6 and from 6-8 p.m. Thursdays during the Bible Study.

If a church or business chooses to conduct a specific on-site collection for the Giveaway, call Rosemary Reed at (508) 885-4673 and arrangements will be made to pick up the donations. This year the folks at Hillside are conducting a community-wide coat drive in an effort to gather even more winter coats and jackets for the Giveaway than in previous years. They are specifically looking for clean, gently-used children's, women's, and men's winter coats and jackets. Anyone who needs a warm coat for themselves or their children is welcomed to come to the Coat Giveaway on Nov. 12 and choose a coat. The coats are, as always, free and available on a first-come, first-served basis. While there may not be coats available in every size, the goal is to collect and distribute as many coats and jackets as possible on that day.

Calendars will be available October through Dec. 31 at the Cuddy Insurance Agency, Haston Free Public Library, North Brookfield Senior Center, North Brookfield Town Offices and Saint Jean's Package Store.

Proceeds from this fundraiser provide the holiday decorations, the flower buckets throughout town, replacement of tattered American flags and support the renovation of the announcement sign in the center of town. The sign will be refurbished by Randy Beaudoin of North Country Signs, for the cost of materials, no charge for labor. A grant from the North Brookfield Cultural Council also provided funds for this project.

North Brookfield Decorates is very appreciative of the help from townspeople throughout the year. Joe Holway took care of the American flags in the center of town and many volunteers watered the plants.

To become involved, or if you would like more information, please contact Julie McCarthy or Trish Miller via the administrative assistant to the Board of Selectmen at (508) 867-0200.

### Trick or Treat Oct. 29 in Brookfield

BROOKFIELD — Trick or Treat will be held from 5:30 to 7 p.m. Saturday, Oct. 29 in Brookfield. The children will meet at the Town Hall at 7 p.m. for the annual parade then go back to the pavilion at Lewis Field for costume judging. Everyone is invited to join in the fun and help ensure that the children have a safe and fun Halloween celebration. This event is being sponsored by the Recreation Committee.

\* Reminder — If you can, please send a bag of candy to the elementary school to help offset the cost of candy incurred by the folks around the common/center of town who get the brunt of the visits from the ghosts and goblins. Special news: There will

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NEWS BRIEFS

Convert great idea into a successful business

NORTH BROOKFIELD — Have you ever dreamed about having your own business based on a great idea? The economy will get better, so this might be the right time to prepare and test your business ideas.

The North Brookfield Economic Development Commission, North Brookfield Savings Bank and the Chamber of Central Mass South have partnered with SCORE volunteer business executives to deliver a free Saturday morning workshop to help you to decide if you and your ideas are ready to become an achievable business venture. Topics will include financing, business planning, marketing and self-assessment.

The workshop will be held from 8:30 a.m. to noon Saturday, Nov. 5 in the Community Room in the new North Brookfield police building, at the corner of School and Grove streets.

Call the Chamber of Central Mass South at (508) 347-2761 to register for one of the available seats, or for more information. Seats are available to people in local towns, but are limited to 40 participants. This workshop is a free service.

Do not miss this opportunity to learn about how you can convert your ideas into your business.

The walk is sponsored by Common Ground Land Trust, the Greater Worcester Land Trust, Mass Audubon and the Spencer Conservation Commission.

For more information, call Ellen Sousa at (508) 885-0238.

'Soccer Rocks' concert raising funds for club

SPENCER — The Spencer Soccer Club will sponsor its first "Soccer Rocks!" concert fundraiser from 7 p.m. to midnight Friday, Oct. 28 at the Spencer Country Inn.

There will be live music by local cover bands Big Gunz and Down Time, a New England Patriots ticket raffle, a 50/50 raffle, door prizes, and if people wish to dress up, a prize for Best Halloween Costume.

Tickets are \$15 each and are available now at the Big Y Spencer branch of Southbridge Savings Bank, David Kelley Insurance Agency, Inc. in Spencer or by emailing tickets@spencersoccerclub.org. They will also be on sale at the East Brookfield Elementary School soccer fields from 8 a.m. to 1 p.m. Saturday, Oct. 22.

Richard Sugden Library Teen News

Name and create a logo for the Richard Sugden Library's teen space! The teen space at the Spencer library is a great place for any teen to go for information, to hang out with friends, work on homework, use technology and more. The only thing we are missing is a great name for this space. This is your space and we want the name to reflect that!

To enter, please complete the entry form available at the library. Don't forget to include your name, phone number and/or email so that we are able to contact winners. You just may win a \$25 gift card!

Contest Guidelines:  
• You must be in Grades 6-12.

• You may submit more than one entry.

• The library has the right to disallow entries due to inappropriateness.

• A drawing will take place in the event that multiple entries contain the winning name.

• Winner will be decided by the staff and trustees of the library.

The deadline is Dec. 31.

For more information, call the library at (508) 885-7513.

Take a tour of Sibley-Warner Farm Saturday

SPENCER — Come see the 350-acre Sibley Warner property proposed for conservation. Meet at 131 Greenville St. (the former Warner horse farm) at 2 p.m. Saturday, Oct. 22 for a one-hour guided walk of the property.

Participants will walk up the Mid-State Trail, turn north on a farm road, ending at Route 9, and then be driven back to their cars. Wear sturdy boots. Refreshments will be served.

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Kids in costume eat free

Cooking with Rob, Harvest Dinner, November 3  
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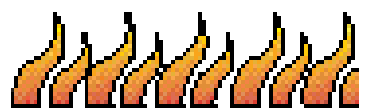
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# The Hot Spot

ARTS AND ENTERTAINMENT



## Revels 'Harvest Home' at Old Sturbridge Village



GETTING  
IN  
TUNE  
.....  
MARK  
RENBURKE

**R**enowned Boston-based Revels Repertory Company will perform its traditional "Harvest Home" musical revue this Sunday, Oct. 23, at Old Sturbridge Village's Stephen M. Brewer Theater located directly across from the Oliver Wight Tavern. The show features a delightful mix of songs, storytelling, drama and dance.

The Revels Repertory Company is the touring ensemble of Revels, which has presented its famed "Christmas Revels" at Sanders Theater in Cambridge, Mass., for 40 years. The costumed ensemble of 35 adults and children performs songs, dances, and ghost stories based on 19th-century American, English and Celtic Harvest traditions, incorporating audience participation into the performances. The Revels "Harvest Home" performance opens with "The Souling Song," sung in England on All Soul's Eve (Nov. 1). In this ancient ritual, children (and sometimes adults) begged for soul cakes, money, and other food or drink. Soul cakes are spiced buns, which were given in thanks for prayers for departed souls, and the custom of "souling" is the origin of the American tradition of "trick-or-treating." The program also includes Shaker songs, such as "I Will Bow and Be Simple," with choreography based on Shaker spirit drawings. An enjoyable event for the entire family, the Sunday showtimes are at 1 p.m. and 3:30 p.m. and admission includes a special Sunday Brunch.

Old Sturbridge Village celebrates life in early New England from 1790-1840 and is located just

off the Massachusetts Turnpike and routes 84 and 20 in Sturbridge, Mass. For more information and to purchase tickets in advance, visit [www.osv.org](http://www.osv.org).

### FRIDAY, OCT. 21

- Boys of the Town, 10 p.m. to 12:30 a.m., Fiddler's Green at the Worcester Hibernian Cultural Centre, 19 Temple St., Worcester, Mass.
- Patty Biernacki, Mill Church, 45 River St., Millbury, Mass.
- New Bay Colony, 9 p.m., Pepperoncini's, Route 16, Milford, Mass.
- Rob Adams, 7 p.m., Ugly Duckling Loft, Sturbridge, Mass.
- The Kings, 9 p.m., Admiral T.J. O'Brien's, 407 Main St., Sturbridge, Mass.
- Radio Ranch, 8 p.m. to midnight, Wales Irish Pub, 16 Holland Road, Wales, Mass.
- Zane Couch Explosion, 9 p.m., The Pump House, Southbridge, Mass.
- Sharp Dressed Man, 9 p.m., The Village Lounge, Route 171, Woodstock, Conn.

### SATURDAY, OCT. 22

- Boys of the Town, 5:45-7 p.m., Brookfield Pumpkinfest, Brookfield Town Common, Brookfield, Mass.
- Brumby (Bret/Lisa & friends), 8 p.m., Dunny's Tavern, East Brookfield, Mass.
- LOBSTERZ FROM MARZ, 1-5 p.m., Hyland Orchard, Sturbridge, Mass.
- Bill McCarthy, 9 p.m., Admiral T.J. O'Brien's, 407 Main St., Sturbridge, Mass.
- Amy and Jared, 7 p.m., Ugly Duckling Loft, Sturbridge, Mass.
- Rob Adams, 6:30-9:30 p.m., Rovezzi's Ristorante, Rte 20, Sturbridge, Mass.
- Sup, 9 p.m., The Pump House, Southbridge, Mass.
- Radio Flyers, 9:30 p.m., Route 56 Roadside Bar & Grill, 24 Leicester St. (Route 56), North Oxford, Mass.
- Relative Sound, noon to 3 p.m.,



"Harvest Home"

- Great Pumpkin Festival, Downtown Putnam, Conn.
- Madison Avenue, 9 p.m., J.D. Coopers, Putnam, Conn.
- Les Sampou, 8 p.m., The Vanilla Bean, Pomfret, Conn., \$15
- Mark Renburke, The Gold Eagle at The Laurel House, Exit 94 off Route 395, Dayville, Conn.

### SUNDAY, OCT. 23

- Sam Gentile and the Living Bras, 4-8 p.m. (Blues Jam from 5:30-7 p.m.), Dunny's Tavern, East Brookfield, Mass.
- Blues Jam w/Bootsy and Da Funk, 3-7 p.m., Chooch's, North Brookfield, Mass.
- MUTHALOAD, 1 to 5 p.m., Hyland Orchard, Sturbridge, Mass.
- Revels Repertory Company's "Harvest Home" musical revue, 1 and 3:30 p.m., Stephen M. Brewer Theater, Old Sturbridge Village, Mass.
- Pure Country Band, 5-8:30 p.m., Moosup VFW, Route 14, Moosup, Conn.

- Open Mic w/Rick Harrington Band, 3 p.m., Cady's Tavern, 2168 Putnam Pike, West Gloucester, R.I.

### TUESDAY, OCT. 25

- Bill McCarthy's Open Mic World, 7:30 pm, Greendale's Pub, Worcester, Mass.
- Open Mic, 8 p.m., English Social Club, 29 Camp St., Worcester, Mass.
- Open Mic w/Brett Brumby, 6:30 p.m., Point Breeze, Webster, Mass.

### WEDNESDAY, OCT. 26

- Wicked Wednesday Open Mic, 7:30 p.m., The Lashaway Inn, 308 East Main St. (Route 9 west-bound), East Brookfield, Mass.
- Bill McCarthy's Open Mic World, 7 p.m., Pepe's Brick Oven, Worcester, Mass.

### THURSDAY, OCTOBER 27

- Open Mic, 8 p.m., Statz Sports

- Bar & Grill, North Brookfield, Mass.
- Scotty Marshall, 8 p.m., Dunny's Tavern, East Brookfield, Mass.
- Open Mic with "The Hillbilly Graham Crackers", 8:30 p.m., Pangea Wine Bar, Putnam, Conn.
- Brannon and Waters, 8 p.m., The Music Lady, Central Village, Conn.

*If you're a live act that would like to be featured, know of someone else who is, or simply want to let us know about an upcoming gig, email me at the address below. Events must be within 10 miles of the readership area and submitted to me by 7 p.m. Thursday of each week to be printed the following week's papers. Keep the music live and not so quiet here in Northeastern Connecticut and Central Massachusetts! Email [MarkRenburke@GettingInTune.com](mailto:MarkRenburke@GettingInTune.com).*

## OUR TOWNS



Courtesy photo

Auburn VNA Health Network President and CEO Kim Harmon, left, and Director of Public Relations and Fund Development Brett Campbell.

### Auburn VNA brings its brand to Vegas

AUBURN — In today's highly competitive health care sector, innovative marketing is one way organizations are maintaining their foot hold. For those that operate in the home health market, it is predicted that only those that innovate will fully survive and thrive in the next decade, which poses new challenges with an aging baby boomer market.

When the Auburn Visiting Nurse Association (now Auburn VNA Health Network) brought on a new management team in 2010 and charged the organization with the task of leading a strategic planning process to bring the agency to the forefront, it was no surprise that a rebrand of the organization was at the top of its list.

For many organizations, especially a nonprofit, rebranding can be a daunting task and quite exhausting to its resources from strategy to budget, yet Auburn VNA Health Network was not daunted by the task set before them. In just over four months the agency was transformed through its rebranding initiative with a new look that is attractive, cutting-edge, cohesive and streamlined.

The rebranding, led by PENTA Communications, Inc. of Westborough, has received positive feedback from the VNA staff, partners, patients, and clients, and, this new effort has caught the eye of the National Association for Home Care and Hospice.

Earlier this year, the NAHC invited Auburn VNA Health Network President and CEO Kim Harmon and Director of Public Relations and Fund Development Brett Campbell to Las Vegas for their national conference. They asked the AVHN executives to share their story with hundreds of other agencies across the country that need to innovate to keep their organizations ahead of the curve. The presentation took place on Oct. 2 at the Mandalay Bay Convention

Center:

"As a result of Health Care Reform, many home health agencies are facing the difficult choice of downsizing, merging, or a potential acquisition. My belief was that if I rebranded the VNA with a fresh look with new names that tied into our deep community roots and created our story, then maintaining viability and achieving sustainability would be a doable task. Intuitively, my decision was easy," Harmon said. "This project has given me the tools I need to take this organization to the next level."

"In addition to rebranding the agency, we also needed to ensure that its fleet of subset homecare organizations was all branded with the same signature as the parent organization," said Deborah Penta, CEO of PENTA Communications, Inc. "The Auburn VNA came to us with a strategic objective and shared their vision of what they were hoping to accomplish from the rebranding. We all worked collaboratively for several months to achieve the right look and personality that would drive the organization's marketing forward. We are all pleased with the outcome."

Being chosen to represent their rebranding story on a national level and at such a large conference was quite a feat for a smaller, local visiting nurse association.

Speakers at the conference each year include industry movers and shakers, and those outstanding leaders who share experiences to help shape growth for their peer organizations. Speakers at this year's conference included such industry movers and shakers as Sen. Tom Daschle, Val J. Halamandaris, JD, president of NAHC, Arianna Huffington, editor-in-chief of the Huffington Post, entertainer Wayne Newton and Secretary of Health and Human Services Tommy Thompson.

In attendance were more than 3,000 individuals from across the U.S. with 269 exhibitors. Numerous topics were presented on the changing landscape of home health and hospice, and included, but were not limited to, regulatory ethics, the Patient Protection and Affordable Care Act and sessions on Chronic and Complex Home Health Clinical Delivery Models.

"It's not every day that a small company is asked to travel to another part of the country to do a presentation," said Campbell.

The objectives of Auburn VNA Health Network's presentation, "Having an Identity Crisis? — Consider Rebranding," centered on Auburn VNA Health Network's approach and experience in the Agency's rebranding project.

"At the conference we took our audience on a journey through the rebranding process from the basics in research, proposals, step-by-step processes and demonstrations to help others all over the United States to identify whether or not rebranding is right for them," Campbell said.

Using its own rebranding experience to highlight the way in which an organization goes through the process, participants in the seminar learned objectives that included how to go about a name change and/or logo redesign, reasonable timelines, a communications plan, consistency leveraging your opportunities and getting the word out.

According to Harmon and Campbell, a key component in the rebranding process was finding a marketing firm that truly listens and partners with the agency. In the case of Auburn VNA Health Network, that marketing firm was PENTA Communications, Inc., an integrated marketing firm that has worked with Auburn VNA Health Network from the start of its rebranding initiative.

For more information on Auburn VNA Health Network, visit [www.avhn.org](http://www.avhn.org).

### Diesel-powered vehicles eligible for state grants

BOSTON — State Sen. Michael O. Moore (D-Millbury) has announced that the Massachusetts Department of Environmental Protection has made available a new grant opportunity for owners of diesel-powered trucks and equipment serving wholesale markets, warehouses and distribution.

Funding for the grant has been provided by the federal government. Those who might be eligible for grant funding include employees of wholesale markets, warehouses and distribution centers (perishable and non-perishable items), and owners of long haul and short haul trucks.

The grants will assist with the purchase and installation of three types of emission reducing technologies to owners of diesel-powered trucks and equipment operating at and/or serving wholesale markets, warehouses, and distribution centers in Massachusetts. The purpose of the "MassCleanDiesel: Clean Markets" Program is to reduce public and worker exposure to diesel emissions in and around these facilities. The three technologies include:

- Auxiliary Power Units, small diesel engines installed on long-haul Class 8 trucks that provide cooling, heating, and electrical power to allow a truck's main engine to shut down during periods of extended idling.
- Electric Transportation Refrigeration Units, Transportation Refrigeration Units that are powered by land-based electrical infrastructure rather than diesel engines.
- Retrofit Device, equipment that is installed in place of or in-line with a diesel engine's existing muffler to reduce pollutants.

These grants will help to make operations of such equipment environmentally cleaner, and reduce worker exposure to diesel emissions in or around related facilities.

Completed applications (hard copy only) are due Oct. 31 and should be submitted to Susan Lyon, Diesel Grant Programs Coordinator, MassDEP, 1 Winter St., Sixth Floor, Boston, MA 02108.

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Expands from 31"-50"  
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# OUR TOWNS

OUR TOWNS *continued from page 4*

## Trick or Treat Oct. 29 in Brookfield

BROOKFIELD — Trick or Treat will be held from 5:30 to 7 p.m. Saturday, Oct. 29 in Brookfield. The children will meet at the Town Hall at 7 p.m. for the annual parade then go back to the pavilion at Lewis Field for costume judging. Everyone is invited to join in the fun and help ensure that the children have a safe and fun Halloween celebration. This event is being sponsored by the Recreation Committee.

\* Reminder — If you can, please send a bag of candy to the elementary school to help offset the cost of candy incurred by the folks around the common/center of town who get the brunt of the visits from the ghosts and goblins. Special news: There will be a prize

given for the elementary class that comes up with the most candy.

## Gobi fights to increase cancer drug availability

BOSTON — State Rep. Anne Gobi (D-Spencer) is encouraging fellow legislators to support legislation that would create a cancer drug repository program in Massachusetts. Filed by state Rep. John Scibak (D-South Hadley), the bill was heard by the Legislature's Joint Committee on Public Health.

"When I first read this bill I immediately signed on as a supporter," said Gobi. "The potential benefits for Massachusetts residents are just too great, and it is important to me that my colleagues in the Legislature learn about the positive impact this bill will have."

The bill Gobi is supporting would create a statewide cancer drug repository program. The bill would allow unused, unopened cancer medications and supplies to be dropped off at designated repositories. Licensed pharmacies and medical facilities would have the option of voluntarily participating as drop-off locations.

"There are countless instances where people are left with surplus medication related to their cancer," explained Gobi. "Sometimes a person has extra medication because they have been cured or the cancer has gone into remission; while other times, sadly, the extra medication is available because a person has passed away. But to have this medication discarded and thrown out just doesn't make sense. This legislation will make essential, and often costly, medication safely available to people who need it."

Donated medication would have to be in unopened, sealed containers. Individual pills would not be accepted unless they are in individual packaging. Medication would also

have to be at least six months away from their expiration date.

If the repository program is established, the Department of Public Health would be responsible for developing guidelines for who could qualify for the medications.

Gobi wrote to her colleagues and asked that they consider not just the health effects of cancer, but also the financial impact.

"While we have made incredible steps in treating [cancer], hundreds of thousands of Americans die each year," Gobi wrote. "Those that survive often find themselves in a difficult economic situation, as the medications needed to battle this disease or maintain remission can be cost-prohibitive."

If adopted, Massachusetts would join several other states in having this program, including Wisconsin, Nebraska and Minnesota.

Turn To OUR TOWNS, page 9

# BUSINESS DIRECTORY

<p><b>Central Mass Home Improvement</b></p> <ul style="list-style-type: none"> <li>√ Finish/Rough Carpentry</li> <li>√ Interior/Exterior Painting</li> <li>√ Tiling Work</li> <li>√ Pre-Finished Hardwoods</li> <li>√ Remodeling</li> <li>√ Small/Large Projects</li> </ul> <p><b>~Call Today For~ ~An Estimate!~ 508-326-7022</b></p>	<p><b>CHIMNEYS &amp; MASONRY</b> <b>Chimney Cleanings</b> <b>ONLY \$99</b> <i>FREE Estimates</i></p> <p><b>\$50 OFF Chimney Caps Or Masonry Work.</b> All kinds of masonry work- foundation and chimney repair, and stonewalls!</p> <p><b>Quality Chimney</b> (508)752-1003</p>	<p><b>Express Chimney</b></p> <p>Cleaning • Caps Dampers • Repairs Including Masonry And Liners</p> <p><i>The Best for Less</i> Worcester to Springfield</p> <p>Call (508)245-1501 Or (413)575-5191 <b>ExpressChimney.com</b></p>	<p><b>GUTTERS</b></p> <p>* Cleanings * * Repairs * * Installations *</p> <p><b>508-867-2877</b> <b>508-754-9054</b> A. Eagle Gutters</p>	<p><b>No JOB TOO SMALL</b> Home Improvement Services</p> <ul style="list-style-type: none"> <li>• Remodeling</li> <li>• Residential Painting</li> <li>• Power Washing</li> <li>• Suspended Ceilings</li> <li>• Laminated Flooring</li> </ul> <p><b>See Our Work Online</b> <a href="http://nojobtoosmallcontracting.com">nojobtoosmallcontracting.com</a></p> <p>Fully Insured MA. Reg. 137576 <b>Rene Martel</b> 508-867-3770 508-414-7792</p>	<p><b>Painting</b></p> <p>Interiors, Ceilings, Walls, Woodwork and Cabinets Skim Coating Carpentry</p> <p><i>Quality Workmanship since 1968</i> Licensed and Insured <b>R. P. Gemme Co.</b> <b>508-892-8705</b> <b>508-757-4170</b></p>	<p><b>Semi-Retired</b> All Kinds Of Repairs On: Gutters Cleaned <b>Chimneys &amp; Foundations</b> Repainted, Rebuilt, Or Stuccoed. Rain &amp; Critter Caps installed, great prices! <b>Siding Trim Installed</b> Around Windows &amp; Doors And On Overhanging Jets <b>Security Bars Installed</b> On Windows &amp; Various Openings <b>Have Tools, Will Travel</b> <b>Roland Dubrule</b> <b>508-832-4446</b></p>	<p><b>SEARCH LOCAL.</b></p> <p><b>IT'S A NO-BRAINER</b></p>  <p><i>Find what you're looking for, quick and easy.</i></p> <p><b>All Local.</b> <b>All the time.</b> <b>TheHeartOf Massachusetts.com</b></p>
<p><b>Charlie's Painting</b></p> <p>Licensed and Insured Cheapest Rates Free Estimates</p> <ul style="list-style-type: none"> <li>• Wall Paper Removal</li> <li>• Painting</li> <li>• Power Washing</li> <li>• Decks</li> </ul> <p><b>15 Years Experience!!!</b> Will beat anybody's price guaranteed!!</p> <p>Call: 508-344-4169 or: 508-344-3727</p> 	<p><b>DiGeronimo PAINTING</b></p> <p><i>Residential Specialist</i> Quality Affordability &amp; Trust Without Compromise</p> <p>Interior rooms As low as <b>\$139</b> Ceilings <b>\$69</b> Woodwork <b>\$69</b></p> <p><i>Specializing In:</i> • Color Changes • Foyers &amp; Stairways • Wallpaper Removal</p> <p><b>Cell 508 577 7940</b> James DiGeronimo Serving Central MA And Beyond</p>	<p><b>FRESH START PAINTING</b></p> <p><i>"Give Your House A Fresh Start"</i></p> <p>Free Estimates Interior/Exterior Powerwashing Fully Insured Over 20 Years Experience</p> <p><b>(508)320-0867</b> Frank <b>(774)280-1544</b> John</p>	<p><b>JUNKYARD DOG Trash Removal</b></p> <p>Attics Cellars Garages <b>Cleaned Out!</b></p> <p><b>Ten Yard Dumpster</b> <b>Weekend Rental</b> <b>\$230</b></p> <p><b>508-353-0755</b></p>	<p><b>PAINTING</b> <b>CBC PAINTING</b></p> <p><i>Exterior/ Interior</i></p> <p><b>Quality Workmanship &amp; Satisfied Customers for over 20 Years</b></p> <p><b>Fully Insured</b> <b>Free Est.</b> <b>508-278-3316</b> <b>1-800-640-3316</b></p>	<p><b>PEST CONTROL</b> <b>Accurate Pest Control</b> <b>Full Pest Control Services</b> <b>Over 27 yrs. experience</b> <b>Reasonable Rates</b> <b>Owner Operated</b></p> <p><b>508-757-8078</b> Ask for David Hight Auburn, MA</p>	<p><b>VICTORY LAWN CARE</b> <i>"You'll Always Win With Us"</i> Serving Worcester County</p> <p><i>Residential/Commercial</i> Mowing &amp; Fertilizing Mulching Tree Trimming Spring &amp; Fall Cleanup Soil Analysis Brush Clearing Backhoe Service Mulch/Loam/Stone Delivery</p> <p>References Available FREE Estimates <b>508-581-0517</b> <b>508-731-0672</b></p>	<p><b>Giles Brothers Construction &amp; Home Remodeling</b></p> <p>New Homes, Additions Garages, Decks, Door &amp; Window Replacement. Vinyl Siding, Roofing Kitchen &amp; Bathroom Remodels. Hardwood &amp; Ceramic Flooring Interior Finish Work Licensed &amp; Insured</p> <p><b>Paul (508)949-2384</b> <b>Peter (860)923-9707</b></p>

# LEGALS

(SEAL)  
**THE COMMONWEALTH OF MASSACHUSETTS**  
**LAND COURT**  
**DEPARTMENT OF THE TRIAL COURT**  
2011 MISC. 453252  
**ORDER OF NOTICE**

To:  
Belinda Cacciatore  
and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. App. § 501 et seq.:  
Wells Fargo Bank, NA successor by merger to Wells Fargo Home Mortgage, Inc. claiming to have an interest in a Mortgage covering real property in 15 MAIN STREET, SPENCER given by Belinda Cacciatore to Wells Fargo Home Mortgage, Inc., dated March 29, 2004, and recorded with the Worcester County (Worcester District) Registry of Deeds at Book 33164, Page 170 has/have filed with this court a complaint for determination of Defendant's/Defendants' Servicemembers status.  
If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at **Three Pemberton Square, Boston, MA 02108** on or before **November 28, 2011** or you will be forever barred from claiming that you are entitled to the benefits of said Act.  
Witness, KARYN F. SCHEIER Chief Justice of this Court on October 12, 2011.  
Attest:

Deborah J. Patterson  
Recorder  
201107-0640-BLU

October 21, 2011

(SEAL)  
**THE COMMONWEALTH OF MASSACHUSETTS**  
**LAND COURT**  
**DEPARTMENT OF THE TRIAL COURT**  
2011 MISC. 453312  
**ORDER OF NOTICE**

To:  
Ross E. Johnson  
and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. App. § 501 et seq.:  
Wells Fargo Bank, NA claiming to have an interest in a Mortgage covering real property in 11 Sherman Grove, Spencer given by Ross E. Johnson to Mortgage Electronic Registration Systems, Inc., dated October 6, 2005, and recorded with the Worcester County (Worcester District) Registry of Deeds at Book 37539, Page 157 has/have filed with this court a complaint for determination of Defendant's/Defendants' Servicemembers status.  
If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at **Three Pemberton Square, Boston, MA 02108** on or before **November 28, 2011** or you will be forever barred from claiming that you are entitled to the benefits of said Act.  
Witness, KARYN F. SCHEIER Chief Justice of this Court on October 14, 2011.  
Attest:

Deborah J. Patterson  
Recorder  
201106-1313-yel

October 21, 2011

**Commonwealth of Massachusetts**  
**The Trial Court**  
**Probate and Family Court Department**  
**WORCESTER Division**  
**Docket No. 76P2747-04**  
**Notice Of Fiduciary's Account**

To all persons interested in the estate of Dianne Loranger of Spencer, Worcester County, a mentally retarded person.  
You are hereby notified pursuant to Mass. R. Civ. P. Rule 72 that the fifth (being the 31st in a series) account(s) of Bank of America, N.A., Robert Martin and Ronald W. Martin as Trustees (the fiduciary) under agreement dated 12/11/80 for the benefit of Dianne Loranger has been presented to said Court

for allowance.  
If you desire to preserve your right to file an objection to said account(s), you or your attorney must file a written appearance in said Court at Worcester on or before the first day of November, 2011 the return day of this citation. You may upon written request by registered or certified mail to the fiduciary, or to the attorney for the fiduciary, obtain without cost a copy of said account(s). If you desire to object to any item of said account(s), you must, in addition to filing a written appearance as aforesaid, file within thirty days after said return day or within such other time as the Court upon motion may order a written statement of each such item together with the grounds for each objection thereto, a copy to be served upon the fiduciary pursuant to Mass. R. Civ. P. Rule 5.  
WITNESS, Denise L. Meagher, Esquire, First Justice of said Court at Worcester this sixth day of October, 2011.  
Stephen G. Abraham  
Register of Probate  
October 21, 2011

**ATTENTION SPENCER RESIDENTS**  
**PUBLIC HEARING**  
**TO DISCUSS WATER CONSERVATION & RESTRICTION BYLAW**  
**MONDAY, OCTOBER 24, 2011**  
**@ 6:00 P.M.**  
**SPENCER WATER DEPARTMENT**  
**3 OLD MEADOW ROAD**  
**SPENCER, MA 01562**  
October 21, 2011

**TOWN OF SPENCER**  
**Office of the Board of Health**  
The Spencer Board of Health is holding a public hearing at its meeting November 7, 2011, at Memorial Town Hall, McCourt Social Hall at 7:00 PM to enact changes to their well regulations. The proposal will be to change Manganese and Iron from secondary to primary drinking standards. Questions regarding these changes can be sent in writing to the BOH at any time prior to this hearing or in person at the Office of Development &

Inspectional Services.  
October 14, 2011  
October 21, 2011

**Notice of Public Hearing – Spencer Zoning Board of Appeals**  
At the regularly scheduled Zoning Board of Appeals meeting to be held on Tuesday, November 8, 2011 in the McCourt Social Hall of Memorial Town Hall, 157 Main Street, Spencer, MA, public hearings will be held on the following items starting at 7:15 p.m. or as soon thereafter as can be heard:

- Special Permit** – Paula Pierce, 240 Main Street, Spencer (Assessor's Map U06/40). The applicant is requesting a Special Permit in accordance with Section 4.2.D.2 of the Spencer Zoning Bylaw to establish a counseling therapy center offering services to individuals, teenagers, and a family. The property is located within the Village Residential Zoning District.
- Special Permit** – Bay Path Real Estate LLC c/o Daniel Lemenager, 19 Woodchuck Lane, Spencer (Assessor's Map U16/54). The applicant is requesting a Special Permit in accordance with Section 4.9.2.A.2 of the Spencer Zoning Bylaw to construct a single family-home. The property is located within Suburban Residential Zoning District.
- Special Permit** - Cistercian Abbey of Spencer, Inc (owner and applicant), the Spencer Brewery, LLC (tenant and applicant), 167 North Spencer Road, Spencer (Assessor's Maps R48/5, R48/10, R49/1, R52/6, R53/2, R53/3, R54/5, R54/3, R54/4, R57/1, R59/1, and R59/2). The applicants are requesting Special Permits under Sections 4.9.2.B.1, 4.9.3.C, and 7.2 to construct and operate a brewery on a portion of property. [The Special Permits are for the alteration and/or extension of existing structures and uses on the site]. The property is located within the Rural Residential Zoning District.  
Interested parties may review the application at the Office of Development & Inspectional Services in Memorial Town Hall during regular business hours.  
October 21, 2011  
October 28, 2011



**MORTGAGEE'S SALE OF REAL ESTATE AT PUBLIC AUCTION**  
**Tuesday, October 25, 2011**  
**10:00 AM-BLACKSTONE**  
 12 Michelle Lane,  
 Unit #2 a/k/a Unit #12  
 (The 10-12 Michelle Lane Condominium)  
 condo, 1,200 sf liv area, 6 rm, 2 bdrm, 1.5 bth,  
 Worcester(Worc): Bk 40770, Pg 195

TERMS:\$5,000 cash or certified check at the time and place of the sale. The balance to be paid within thirty (30) days at the law offices of Korde & Associates, P.C. 321 Billerica Road, Chelmsford, MA 01824, Attorney for the Mortgagee.  
 Auctioneer makes no representation as to the accuracy of the information contained herein.

**BAY STATE AUCTION CO., INC.**  
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website:  
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**508.943.4333**

**43 East Main Street Webster, MA 01570**



**Sharon Pelletier**  
 Broker Owner




**June Cazeault**  
 Sales Associate

**WEBSTER LAKE ~ 1 BATES POINT**  
  
**Webster Lake Waterfront**  
**Waterfront Cape! Great Clean, Lovely, Young, 2,000sf+ 1st Flr 1 Level Living**  
 Possible! +2 Huge BRs, Home Office, Full Bath on 2nd Flr, **Price \$379,900**

**DUDLEY - 22 LAKESIDE AVE**  
  
**SOLD 8 DAYS ON MARKET!**  
**Fantastic Merino Pond Waterfront! Extremely Nice Lot, 94FT Wtr Front! Sm Yr-rnd Home w/ Expansion**  
 Potential, Recent Gas Boiler, Flagstone Patio, Full Walkout Lower Level **\$ 174,900.**

**STURBRIDGE - 43 MCGREGORY RD**  
  
**SPACIOUS ONE-LEVEL LIVING!**  
**CUSTOM Over-Roof Hip Roof Ranch Speaks QUALITY!** 2100 sf on 1 Level!  
 Excellent Split Fir Plan, Incredible Mstr Suite, MEGA-RM to Expand! Huge walk up Attic + 42x72 LL! **Asking \$349,900**

**DUDLEY ~ 19 GEORGE STREET**  
  
**1ST FL MASTER**  
**AFFORD-ABLE 3 BR COZY CAPE** Spacious Rms, 1st Flr Mstr BR, Hrdwd Flrs,  
 Cedar Closet, Addl Land Available **Priced To Sell at \$149,900**

**DUDLEY ~ LOT 82 Off GEORGE STREET**  
  
**ATTN: NEIGHBORS**  
 Approx. 3/4 acre (.71) of **Vacant Land**, Res-10 Zone, Mixed Use Area of SFs & MFs & Condos, Great Potential w/305' Rd Frnt on Paper  
 Rd known as Elmwd, Abuts 19 George, **Asking \$94,900 Got Offers?**

**DUDLEY ~ NOT 1 BUT 2 COUNTRY LOTS!**  
  
**DREAM HOME SITES!**  
**Build YOUR Dream Home HERE** & Enjoy Rolling Farmland Vistas, Lovely Country  
 Setting Feels Far Away yet Close By Both on Center Rd, EEach is 2 Acres! Great Location! **Great Price at \$80,000 \$95,000**

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 Joyce Johnson 508-958-1742	 Sue Kusz 508-864-5177
 Ronald Garabedian 508-615-5058	 Diane Pacevicz 508-340-5755
 Maryann Johnson 508-847-1484	 Jen Bloniasz 774-272-5100
 Chic Beland 508-523-7733	 Janice Ward 508-847-4277
 Judy Emple 508-334-0275	 Lorraine Jankowski 508-277-5831
 Helen Vangness 774-239-2887	 Anne Greenberg 508-753-5465
 Carolyn Smith 508-832-1405	 Elie Kahale 508-328-3622
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**The Market Leader**

 <b>AUBURN PACKACHOAG</b> Custom 2,800 sf Colonial in prime area. 8 Rms - 4BRs - 3.5 Baths - 2 Car - Cen. Air & much more. <b>REDUCED \$419,900</b> Call Kevin Maher 508-450-4219	 <b>AUBURN:</b> 234 Hampton Street <b>\$374,900</b> BEAUTIFUL AND PRISTINE! 4 BD, 2 full band 2 half BA, in-law SUITE, finished lower level with family room, office, and amenities galore: CA, TILE, Granite, HW, archi roof, newer windows, heated garage, SS appliances. Call Beth Johnson for a showing 774-289-6437
 <b>NORTHBRIDGE:</b> Eye Catching Hip Roof Colonial in fantastic neighborhood. 4 Bedrooms, 3 Full baths, 2 half baths, Central Air, 2-car Garage, partially finished basement. Awesome! <b>Buy Now @ \$374,900.</b> Call Mary Ellen Cox 508-735-7061	 <b>WEBSTER:</b> Immaculate 3 bedroom ranch, fully finished lower level, large 2 car att. gar, interior freshly painted, bath newly done, hot water base-board heat, totally fenced level lot with shed, much more <b>\$175,000.</b> Ann Klein-Flynn 508-832-5324 x 28
 <b>Oxford - New Listing!</b> Superior Colonial! Private and Great Commuter location. Granites, Great Room, Tile, Farmers Porch, 2 car garage and much more...call for details. <b>Price: \$314,900</b> Call Donna Caissie 508-277-8862	 <b>Auburn - Stunning 4 bedroom 2.5 bath Colonial.</b> Beautiful hardwood floors and nice open floor plan. Sellers are motivated! Call Kerstin Bean 508-873-5186
 <b>AUBURN:</b> Great Opportunity, Great Location & Great Lot! Ranch w/3brs-2baths-breezeway & 1 car garage. Chip shot to Pakachoag Golf Course. <b>\$204,500</b> Call Kate Maher 508-631-5814	

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LISTINGS	OPEN HOUSES	REDUCED
<b>DUDLEY.</b> Oversized 3 BR, 1.5 bath Ranch. New kitchen, LR with FP & hwdws. <b>\$249,900</b> Dorothy Fontana. <b>HOLLAND.</b> Waterfront! Year-round 2 BR Ranch on Hamilton Res. <b>\$198,000</b> Beverly Gray. <b>NORTH BROOKFIELD.</b> 3 BR, 1.5 bath Ranch on level lot, 1st floor laundry. Attached garage. <b>\$149,500</b> Laura Eliason. <b>STURBRIDGE.</b> Well maintained 2 BR ranch with garage under. Hardwoods, finished basement, fenced backyard <b>\$140,000.</b> Cindi Gallagher.	<b>BROOKFIELD - SUNDAY</b> 16 Pine Ln - 1:30-2:30 PM Waterfront w/ guest house, 2 houses on one lot, updates. <b>\$299,900</b> Cindy Sowa Forgit. <b>WARE - SUNDAY</b> 21 Highland St - 1-3 PM Antique Colonial! 3 story, 8 BR, 2.5 baths, 2 fireplaces on 4.7 & 5.25, 000. Cindi Gallagher. <b>STURBRIDGE-SUNDAY</b> 18 Forest Ln - 3-4 PM Ranch, 3 bed, 1 bath, garage, cul-de-sac, abuts conservation land. Motivated Sellers. <b>\$179,000.</b> Cindy Sowa Forgit.	<b>HOLLAND.</b> Totally redone waterfront! New heat system, <b>\$229,900</b> Paul Bouvier. <b>DUDLEY.</b> 3 BR, 2 full bath Ranch, 2 car gpg. HomePath Fin <b>\$214,900</b> Gracellen Riel. <b>BROOKFIELD.</b> 8 acres w/ this cute 3 BR Ranch. Recent roof. <b>\$110,000</b> Dorothy Fontana. <b>SOUTHBRIDGE.</b> Antique 4 BR Colonial, restoration started! Det. 2 car garage. <b>\$119,900</b> Dorothy Fontana. <b>STURBRIDGE.</b> 5 BR Cape with 2 full baths, 2 car att. garage. <b>\$245,000</b> Cindy Sowa Forgit.

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**BANK FORECLOSURE SALE**  
 Four Bedroom Split Entry Single Family Residence to be sold on the premises at  
 7 Irene Street, Douglas, Massachusetts  
 Wednesday, November 9, 2011  
 Sale to Commence at 10:30 AM

**Terms of Sale:** A Five Thousand (\$5,000.00) Dollar deposit in cash or certified check will be required at the time and place of sale with the balance due within twenty one (21) days of the sale. All other terms to be announced at the sale.

**For Further Information Contact:** Dennis M. Sullivan, Esq., Attorney for Milford Federal Saving and Loan Association, 12 Congress Street, Milford, Massachusetts 01757. (508)473-4811

Edward D. Larkin, Auctioneer No. AU899,  
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**5 Salmon Brook Rd., Brookfield, MA**  
 Take Rt 148 to Long Hill Rd to Salmon Brook.  
 Come view this young 3BR Contemporary ranch with over 1900 sf and on approx 1 acre of land in quiet cul de sac location, offered at **\$244,900!**








# OUR TOWNS

OUR TOWNS continued from page 9

## Cornerstone Café now open two days a week

STURBRIDGE — The Cornerstone Café, the Tantasqua Regional High School in-house, student-run restaurant, will be open for business for the 2011-12 school year every Tuesday and Thursday from 10:30 a.m. to 12:30 p.m.

The Cornerstone Café menu offers a variety of options including sandwiches, a full salad bar and delicious entrees. The menu changes on a weekly basis and you can view the most current offerings by going to [www.tantasqua.org](http://www.tantasqua.org) and clicking on the "Cornerstone Café" tab.

The Tantasqua Pastry Display Case will also be open during Cornerstone Café hours and offers a full assortment of seasonal baked goods for sale. If you need a cake or pastries for special occasions, please contact the Cornerstone to place your order.

Eating at the Cornerstone is a wonderful

experience and it also helps to support the school's culinary students.

Tantasqua is located at 319 Brookfield Road (Route 148) in Fiskdale. Anyone with questions about the restaurant can contact a member of the culinary staff at (508) 347-3045.

## Brookfield Fund can help residents in need

BROOKFIELD — The Brookfield Fund was established in 1993 to assist residents of Brookfield in times of financial crisis. Donations to the fund and grants given to residents are kept strictly confidential.

The Trustees of the Fund are pleased to announce a generous amount was received from the Jeppson Memorial Fund for Brookfield, administered by the Greater Worcester Community Foundation, for fiscal 2012.

Since its inception the fund has assisted more than three dozen families totaling \$10,000.

Any Brookfield resident may seek assistance through St. Mary's Church, Brookfield Congregational Church or the Brookfield Unitarian Universalist Church. Donations may also be sent to the churches or directly to The Brookfield Fund, P.O. Box 228, Brookfield, MA 01506.

For more information, please call Barbara Clancy at (508) 867-6043.

## Realtors participate in Build Day with Habitat

AUBURN — Members of the Worcester Regional Association of Realtors recently took part in a "Realtor Build Day" with the Habitat for Humanity-MetroWest/Greater Worcester chapter on Sept. 15.

Twenty-three Realtors from Auburn, Holden, North Grafton, Northborough, Oxford, Spencer, Sterling, Sturbridge and Whitinsville volunteered as part of Habitat for Humanity's home-building project in Sturbridge. A single-family home with approximately 1,140 square feet of living space is being built with volunteer labor and corporate sponsors. The construction is slated to take approximately 12 months, with a projected occupancy date of March 2012. The unit is designed as a raised ranch with three bedrooms and one and a half bathrooms. The structure will be detailed and landscaped in a manner compatible with neighboring homes as determined by the Town of Sturbridge.

The Worcester Regional Association of

Realtors is proud to support Habitat for Humanity and has raised monies through past fundraising initiatives throughout the year.

"We are excited to be part of such a worthwhile endeavor and have enjoyed the relationship we have established with Habitat," said Colleen Pappas, executive vice president of WRAR.

The Worcester Regional Association of Realtors has been proudly serving its members and the community of the Greater Worcester and Central Massachusetts areas since 1923. The association assists currently more than 1,600 real estate professionals, providing the services and resources necessary for a successful career as a Realtor. Association members are involved in residential and commercial real estate as brokers, salespeople, property managers, appraisers, counselors and others engaged in all aspects of the real estate industry.

The term "Realtor" is a registered, collective membership mark that identifies members as a professional who subscribes to a strict Code of Ethics and Standards of Practice set forth by the National Association of Realtors.

## Members are sought for Warren cable committee

WARREN — The Warren Board of Selectmen is preparing to establish a negotiating committee for cable for the town.

At this time there are two available openings for Warren residents to serve on this committee. The committee will be in charge of providing recommendations and negotiations with Comcast Cable pertaining to a contract renewal with the town. It will serve as an advisory committee to the Board of Selectmen.

Those interested in serving as a member of this committee should submit a letter of interest to Town of Warren, Board of Selectmen, P.O. Box 609, Warren, MA 01083 or via email to [warrenselectmen@comcast.net](mailto:warrenselectmen@comcast.net).

## Pack 148 looking for scouts

E. BROOKFIELD — Cub Scout Pack 148 of East Brookfield is always welcoming new members. If you son, ages 6-10, is interested in joining the pack please contact Cub Master Rebecca Boucher at [rboucher41@yahoo.com](mailto:rboucher41@yahoo.com). There are new activities planned every month such as hikes, camp outs, fun-filled den meetings and family-based activities. Visit a Pack Meeting and see if Scouting is for you and your family!

## CHRYSLER FINALLY BUILT A CAR CONSUMERS REPORTS LIKED. THE ALL NEW CHRYSLER 200 BUILT IN DETROIT.

**2011 CHRYSLER 200 LIMITED SEDAN**  
FEATURING 6 CYL, LEATHER WITH HEATED SEATS,  
SIDE AIR BAGS, REMOTE START.



STK #NI625

**DISCOUNT \$26,490**  
**REBATE \$1,000**  
**\$3,000**  
**\$22,490**



**2011 CHRYSLER 200 LIMITED CONVERTIBLE**  
FEATURING 6 CYL, LEATHER WITH HEATED SEATS,  
SIDE AIR BAGS, REMOTE START.



STK #NI612

**DISCOUNT \$32,665**  
**REBATE \$1,500**  
**\$1,500**  
**\$29,665**

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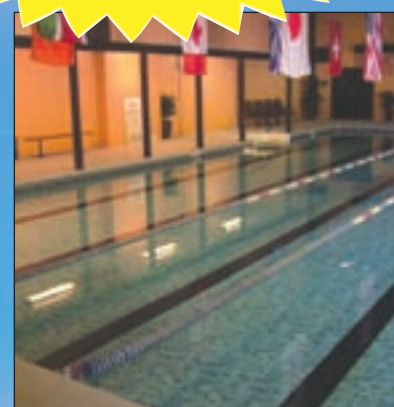
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## HEALTH

## Two-Way Communication: A Key To Better Health Care



"If I had not started asking questions of my clinicians, I honestly think I'd be dead today," said Bill Lee, right, with his clinician Jane Kapustin, Ph.D.

(NAPS)

When it comes to quality health care, communication is key. In fact, improving the communication between clinicians and patients can be an effective way to improve the quality of health care.

That's one of the basic ideas behind a new initiative designed to encourage clinicians and patients to engage in effective two-way communication to ensure safer care and better health outcomes.

## QUESTIONS CAN REVEAL A LOT

The new phase of the initiative features new public service ads directed at clinicians with the message that a simple question can reveal as much important information as a medical test. Research shows that better communication correlates with higher rates of patient compliance with treatment plans and can lead to better blood sugar control among patients with diabetes, for example.

This new initiative builds

on public education campaigns the U.S. Department of Health and Human Services' (HHS) Agency for Healthcare Research and Quality (AHRQ) has conducted with the Ad Council around the theme "Questions Are the Answer."

## A NEW SERIES OF VIDEOS

An original series of new videos on the AHRQ website, [www.ahrq.gov/questions](http://www.ahrq.gov/questions), features real patients and clinicians discussing the importance of asking questions and sharing information.

"I used to think, he's a doctor, who am I to ask a question?" said Bill Lee, a patient from Baltimore, who is featured in one of the videos. Lee, who has suffered 10 heart attacks since 2004, noted that good communication is the key to successfully managing his heart disease and diabetes. "If I had not started asking questions of my clinicians, I honestly think I'd be dead today."

The website also features new resources to help patients be prepared before, during and after their medical appointments. The resources include:

- An interactive "Question Builder" tool that enables patients to create, prioritize and print a personalized list of questions based on their health condition.

- A new brochure, titled "Be More Involved in Your Health Care: Tips for Patients," that offers helpful suggestions to follow before, during and after a visit.

- Notepads designed for use in medical offices to help patients prioritize the top three questions they wish to address during their appointment.

Said AHRQ Director Carolyn M. Clancy, M.D., "This campaign reminds us all that effective communication between patients and their health care team is important and that it is possible—even when time is limited."

## More Funding Needed To Support Research And Awareness Surrounding Debilitating Condition

BY DR. BARBARA SHORTER

(NAPS)

You or someone you care about may be among the 4 million people in the United States with interstitial cystitis (IC) yet not even know it. IC is a chronic, painful disorder of the bladder. Symptoms are similar to those of bladder infection but tests don't show infection and antibiotics don't help. It can be debilitating—people who have it say it can feel like shards of glass being ground into the bladder—and may take years to diagnose.

In severe cases, IC patients suffer from unrelenting pain that necessitates trips to the bathroom as often as every 10 to 15 minutes—day and night. Some have symptoms that prevent them from riding in a car or even leaving their homes, greatly limiting their ability to work, travel or participate in leisure activities.

The cause is unknown, and while most doctors say they know the symptoms, only 19 percent say they've ever seen a patient with IC, a figure that recent prevalence data indicate is far too low. There's no cure, but once it's been diagnosed, doctors and patients can find effective treatments. These can include diet changes, stress reduction,

physical therapy, and medications.

While organizations such as the Interstitial Cystitis Association (ICA) are providing critical education and support to patients and the medical community, funding surrounding IC needs to increase to generate awareness and new research initiatives. As IC patient Mona Schlossberg states, "It is my hope that more funding for research might find better treatments, and eventually a cause and a cure for this condition."

A number of promising clinical trials testing potential treatments are under way, according to the ICA, the only nonprofit health association solely dedicated to improving the quality of health care and lives of people living with IC. But more research is needed. You can be part of the solution by joining the ICA. The organization focuses its efforts on advocacy, research and education surrounding IC. To learn more about IC, visit [www.ichelp.org](http://www.ichelp.org). Interested individuals can also find the ICA on Facebook at [www.facebook.com/InterstitialCystitisAssociation](http://www.facebook.com/InterstitialCystitisAssociation) or follow the ICA on Twitter at <http://twitter.com/ICHelp>.



Dr. Shorter

Dr. Shorter, EdD, RD, CDN, is an associate professor of nutrition and director of the Undergraduate Nutrition program at Long Island University. A patient herself, she understands the desperation, anger and anxiety of living with IC. She's also lead author of "Effect of Comestibles on Symptoms of Interstitial Cystitis," published in *The Journal of Urology*.

Awareness initiatives were funded by Cooperative Agreement Number 324349 from the Centers for Disease Control and Prevention (CDC). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the CDC.

## Be Proactive: Help Prevent Prostate Cancer

BY AARON E. KATZ, M.D.

(NAPS)



Dr. Katz

Prostate health issues are becoming increasingly common in men, particularly those who are 50 years old and older. In fact, one in six men will be diagnosed with prostate cancer. The disease is the third most common cause of death from cancer in men of all ages.

Thanks to a simple physical exam and the prostate-specific antigen (PSA) test, most prostate cancers can be detected before there are symptoms. If you do get prostate disease, you can harness the power of potent natural medicines to strengthen your body's own ability to heal.

But why wait for a negative diagnosis? Here are steps that men can take to improve their prostate health, today.

## IMPROVING YOUR DIET

**Reduce fat:** Studies suggest a correlation between dietary fat and prostate cancer. Eat less than 30 percent fat overall and favor unsaturated fats such as olive and canola oils over saturated and trans fats.

**Eat organic:** Eat a largely

organic and vegetarian diet.

**Increase fiber:** Eat a big green salad every day, breakfast on a bowl of steel-cut or slow-cooked oats and switch to whole grains.

**More antioxidants:** Include lots of antioxidant-rich foods such as leafy greens, other vegetables and dark fruits.

**Using Natural Supplements Vitamin D:** One study found that men with high vitamin D levels have a 45 percent lower risk of aggressive prostate cancer; another study reported that men who have prostate cancer dramatically increase their chances of survival if they have adequate levels of vitamin D.

**AHCC—Active Hexose Correlated Compound:** Studies suggest it helps the body's own cells identify and kill cancer cells and increases the number of disease-fighting white blood cells. Derived from the root of hybridized medicinal mushrooms, it's used in hundreds of cancer clinics including Columbia University.

**Lycopene:** Lycopene is a nutrient that gives red color to fruits and vegetables. Taking lycopene supplements has been found to slow the

growth of tumors in men with prostate cancer. An association has been found between high lycopene consumption and low risk of prostate cancer.

**GCP—Genistein Combined Polysaccharide:** Research suggests this fights prostate cancer by reducing blood flow to the tumor, enhancing programmed cell death of cancer cells and increasing the body's tolerance to chemotherapy and radiation.

## WATCHING FOR SYMPTOMS

See a urologist if you have trouble urinating, decreased force in the urine stream, blood in semen or urine, swollen legs, discomfort in the pelvic area or bone pain.

## LEARNING MORE

More information is available at the NIH National Cancer Institute at [www.cancer.gov/cancer-topics/types/prostate](http://www.cancer.gov/cancer-topics/types/prostate).

• Dr. Katz is Vice-Chairman of Urology, Director of the Center For Holistic Urology at Columbia University Medical Center and author of "The Definitive Guide to Prostate Cancer" (Rodale Press).

## Menopause's Effect On Sexual Health

(NAPS)

Although most women associate hot flashes, night sweats and mood swings with menopause, many are not aware that menopause may also cause changes that can lead to vaginal dryness and painful intercourse. These changes can negatively impact a woman's sexual health, yet many women are not discussing them.

According to a recent online survey conducted by HealthyWomen and Harris Interactive, with support from Pfizer Inc., more than half of the 1,043 postmenopausal women surveyed reported experiencing vaginal dryness (56 percent), and one in four reported experiencing painful intercourse (26 percent). Among the women surveyed who reported experiencing menopausal symptoms, the majority indicated that vaginal dryness (80 percent) or painful intercourse (92 percent) negatively impacted their frequency of intercourse. Yet nearly all who reported experiencing painful intercourse admitted they still engage in it even though it is painful (93 percent)—with 40 percent engaging in intercourse at least once a week.

"Vaginal dryness and painful intercourse are common symptoms of menopause, but left untreated, these symptoms can continue to cause pain and discomfort," said Dr. Michael Krychman, executive director of the Southern California Center for Sexual Health and Survivorship Medicine in Newport Beach, California, and consultant for the survey. "Too



Women should discuss painful symptoms with their health care professionals.

many women are choosing to ignore these symptoms instead of discussing them with their health care professional, and this is contributing to an overall negative impact on women's sexual health."

In fact, as Dr. Krychman points out, almost half of the women surveyed who have experienced vaginal dryness (45 percent) or painful intercourse (41 percent) admitted they have not spoken to their health care professional about their condition. Women who had not discussed their symptoms with their health care professional cited embarrassment as the main reason for not speaking about their vaginal dryness (30 percent) or painful intercourse (33 percent), followed by the belief that there is nothing that can be done medically to help their condition.

And of those who had spoken to their health care professional, two in five who reported experiencing painful intercourse (39 percent) and one in four who reported experiencing vaginal dryness (27 percent) waited more than two years before they had the discussion.

Although it may be somewhat uncomfortable, discussing these symptoms with a health care professional is the first step to finding symptom relief. For more information about the HealthyWomen survey and the vaginal symptoms of menopause, visit [www.PersonalMenopauseAnswers.com](http://www.PersonalMenopauseAnswers.com) or [www.HealthyWomen.org](http://www.HealthyWomen.org).



## Things Are Looking Up When It Comes To Falls

(NAPS)

There's good news for seniors who are at risk for injury due to a fall.

Experts say that most falls are preventable and that there are practical ways seniors and others can reduce the risk of falling, including:

- Engaging in a physical activity regimen that includes balance, strength training and flexibility components;
- Consulting a health professional to have a falls risk assessment;
- Having medications reviewed periodically

and getting eyes checked annually;

- Making sure the home environment is safe and supportive.

## AN AWARENESS INITIATIVE

To promote these and other steps seniors can take to stay safer, 43 states and 70 national organizations, professional associations and federal agencies are supporting the Falls Free Initiative.

To learn more, visit [www.ncoa.org/FallsPrevention](http://www.ncoa.org/FallsPrevention).

# SPOOK-TECH-ULAR WAYS TO CHILL OUT THIS HALLOWEEN

(NAPS)

With an estimated 41 million potential trick-or-treaters going door to door nationwide this Halloween, the ghoulishly great All Hallows Eve celebration may leave some Willy Wonkas drained after emptying their candy coffers. Cheer up, Charlie: A golden ticket is just a click away at [www.thisiscable.com](http://www.thisiscable.com).

Whether home alone or playing the part of a gracious (g)host to a houseful of helions, once that candy bowl is empty, kill the lights, grab the digital cable remote and click "On Demand" to let the frightfest begin. Find fiendish favorites in these categories:

• **Misspent Youth**—Creepy fright flicks such as "The Good Son," "The Omen," "The Exorcist," "Carrie" and "Child's Play" capture these little brutes at their chilling best. Maybe all that candy isn't so great for kids after all.

• **Batty for Vampires**—Drink up with series such as "Buffy the Vampire Slayer" or movies including "Bitten" and "Dracula Has Risen."

• **Nostalgic Nightmares**—Die-hard classics fan? Then don't miss your old buddies as they reappear this Halloween in "Frankenstein," "Dawn of the Dead," "Psycho" and "The Shining."

• **Barbaric Beasts**—If cringe-worthy critters are your thing, "The Birds," "Piranha," "King Kong," "The Fly" and "The Rats" will have you thinking twice the next time you encounter furry or feathered fauna.

• **Camp Classics**—What would the season be without good old-fashioned kitsch? Indulge the lighter side of the holiday with perennial favorites such as "The Rocky Horror Picture Show," "Young Frankenstein" and recent cult favorites such as "Jennifer's Body" and the "Scream" movies.

• **Family-Friendly Fiends**—If you're looking for ways to entertain your little goblins, check out "Night at the Museum," "Edward Scissorhands," "When Good Ghouls Go Bad," "Harry Potter and the Deathly Hallows" or "The Haunting Hour," based on kid-thrilling author R.L. Stine's book.

• **Galactic Ghouls**—Prefer your villains to be out of this world? Extraterrestrial encounters are always good for a white-knuckled night with creatures such as those in "Alien," "Predator," "Species O," "Oddities" and "A Haunting."

Snatch up some stakes, grab the garlic and wrangle the remote—control for some killer ways to enjoy October. For more on things that go bump in the night and a listing of favorite fright flicks, sneak a peek at [www.thisiscable.com](http://www.thisiscable.com).



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