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David Dore photos

AN ENJOYABLE FESTIVAL

LEICESTER — Above, Leicester High School teacher Michelle Salek, left, and junior Crysta Soucie were part of Haunted Hallway, the spookiest part of the Leicester Mothers Club's annual Apple Festival, held Saturday, Oct. 15 at the high

Left, Morgan Mandella, 6, of Worcester laughs after sliding down an inflatable slide in the high school gymnasium.

For more photos from the Apple Festival, please turn to Page

Groups could share HR chief

BY ELISA KROCHMALNYCKYJ NEW LEADER CORRESPONDENT

ONLINE: www.spencernewleader.com

SPENCER — The Spencer-East Brookfield Regional School District and the Town of Spencer are thinking about sharing a humanresources director that would serve all three, officials said.

"After all, it comes from the same

taxpayer," said Superintendent of Schools Reza Namin.

The school district has never had a human-resources director, Namin said. The human-resources work has been spread around to other positions. Because of that, the district has missed out on a lot of benefits of a dedicated humanresources director, he said.

In his previous job as a superintendent in Maine, the school district shared a technology director with the town, Namin said.

"It is nothing new to me," he said. "What is exciting to me is that (Spencer Town Administrator)

Turn To CHIEF page A7

Sales, changes on the agenda

SPECIAL TOWN MEETING NEXT WEEK IN SPENCER

BY ELISA KROCHMALNYCKYJ

SPENCER — Whether to sell four properties now owned by the town because of back taxes, and whether change the Cemetery Commission positions from elected to appointed are among the 23 items up for vote at the Thursday, Oct. 27 at 7 p.m. Special Town Meeting at Memorial Town Hall.

Voters at the meeting will also be asked to change the town's General Bylaws to include a new section "Water Conservation Restriction Bylaw"; change the Parks and Recreation Commission from a nine-member to seven-member commission; and approve 1.6 percent raises for paid members of various town commissions.

The proposed raises would increase the paid commissioners'



Adam Gaudette

yearly salaries to: Finance Committee clerk, \$371; Parks and Recreation chairman, \$382; Parks and Recreation clerk, \$382; Planning Board, \$981; Planning Board alternate, \$461; registrars, \$1,172; Zoning Board of Appeals, \$981, and Zoning Board of Appeals

Turn To AGENDA page A7

District to save some green by going green

BY KEVIN FLANDERS STONEBRIDGE PRESS STAFF WRITER

STURBRIDGE — With the completion of its latest green project imminent, the Tantasqua Regional School District is prepared to save some serious green over the next several years.

Workers from Electrical Company, of Boston, have spent the last three months installing new solar panels atop the roofs of Tantasqua Regional High School and the junior high school across the street. The junior high school project is expected to be completed in about two weeks, as nearly 1,000 panels were mounted on the roof and three inverters were placed in the school's mechanical room.

Turn To SOLAR page A7



Kevin Flanders photo

The roof of Tantasqua Regional Junior High School had 912 solar panels recently installed on it, with another 2,164 at the high school. These projects represent the Tantasqua Regional School District's commitment to saving money and reducing emissions through green projects.



Earning kudos for combining passions

Brooks, Russo named Students of the Month

BY KEVIN FLANDERS STONEBRIDGE PRESS STAFF WRITER

STURBRIDGE — Tantasqua Regional High School's September Seniors of the Month — Olivia Brooks and Emily Russo — share a

Kevin Flanders photo

Olivia Brooks, left, and Emily Russo, right, enjoy Russo is enrolled in the Allied learning and helping out in their communities. Health Program, and she has taken

passion for learning and community

Russo, of Brimfield, became her school's first SkillsUSA national champion last year, taking home a gold medal in medical terminology at the state conference before winning a bronze medal at the national Tantasqua September Seniors of the Month championships in Kansas City, Mo.

on a leadership role on this year's SkillsUSA team.

"SkillsUSA events have been great experiences for me, and I am looking forward to being a part of it again this year," Russo said. "This year our SkillsUSA team is being run more by students, and I have put some extra time into it.'

Turn To STUDENTS page A7

NEWSPAPER

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Fritze outlines ideas for winter ban changes

GAUDETTE PROVIDES UPDATE ON FINANCIAL PLANNING COMMITTEE'S WORK

BY DAVID DORE

SPENCER — There could be some changes to the town's winter parking ban, if the Board of Selectmen adopts the suggestions of one of its members.

Former Highway Department employee Robert "Bo" Fritze Jr. unveiled a proposal at Monday night's selectmen's workshop that would ban parking on more streets between 12:01 a.m. and 6 a.m. from Nov. 1 to April 15.

The current winter parking ban forbids parking on either side of Adams, Clark,

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Highland, Chestnut, Elm, Main, Maple, Sampson, High and Mechanic streets, Church Street between Maple Street and Mechanic Street, Route 31 (both north and south of the town center) and Hastings and Smithville roads.

Parking is allowed on the odd-numbered sides of Bell, Grant, McDonald, Franklin, Lincoln and School streets, and on the evennumbered side of South Street and North Street between Main Street and Powers

On Cherry Street, between Mechanic

200 Cigarettes

YOUR OWN

Street and Maple parking is Street, allowed on the evennumbered side on evennumbered days of the month, and on the oddnumbered side on oddnumbered days of the

On Wall Street, parking is allowed on the odd-numbered from Mechanic Street to the FLEXcon building. On Earley Street and Temple Street, parking is allowed on the odd-numbered side from Chestnut Street to Church Street.

There are no restrictions on Summit and Dustin streets.

Elsewhere in town, no one can park on the odd-numbered side of the streets or on side-

Using his experience in plowing the town's

roads, Fritze suggested banning parking on Bell, Franklin, Grant, Lincoln, McDonald, School, Grove and the upper part of Cherry streets. That should also be true for Temple Street, he said, because the section where parking is allowed on the odd side of the street has "only three houses." He alleged some of the residents in that area are "just too lazy" to shovel out their driveways.

"There should be no parking, period, on Temple Street because you can't get down there," Fritze said.

On Mechanic Street, he said, parking should only be allowed on the odd side of the road throughout the year — not just in the winter — because of the width of the street when vehicles park on both sides

As for Wall Street, according to Fritze, vehicles park at the corner of Mechanic Street and make it hard for trucks to negotiate that turn. He said no one should be allowed to park at the corner.

The same goes for the 90-degree turn on Summit Street near the intersection with Main Street (Route 9), Fritze said.

"Bo's right. Summit Street is a bear even in the best [of weather conditions]," noted Summit Street resident Robert Cirba. He added that some residents have driveways where they can park, while others do not. Fritze said vehicles could be parked farther down the street.

On lower Cherry Street, between Maple Street (Route 31 South) and Mechanic Street, Fritze suggested scrapping the rotating schedule and allowing parking on the even side of the roadway.

"It's a pain in the butt and people can't remember," Fritze said, adding that it "never

Selectmen Chairman Donald Berthiaume Jr. said he agreed with Fritze's suggestions on Wall, upper Cherry and Summit streets. Signs can be installed on Wall and Summit streets banning vehicles from parking within 50 feet of the corner, Berthiaume said.

An updated winter parking ban incorporating Fritze's idea will be written up and presented at the Oct. 24 selectmen's meeting

Violating the winter parking ban carries a \$15 fine per offense. However, according to Fritze, during "the first week, usually" of November police place warnings on vehicles alerting owners the ban is in effect.

TASK FORCE REPORT

Also during the workshop meeting, Town Administrator Adam Gaudette updated selectmen on the work of the Financial Management Planning Committee.

According to its charge, adopted in August 2010, the board is to "prepare a comprehensive long-term (five to 20 years) financial and capital management plan for the Town of Spencer that will allow the Town to implement a responsible borrowing program to fund capital projects, while providing/maintaining existing services."

On the board are Selectmen Peter Durant and Anthony Pepe, Finance Committee members Paul McLaughlin and John Stevens, and Capital Planning Committee member Rich Hebson, with Gaudette providing assistance.

Gaudette said the group has looked into some of the components of the town's annual budget: state aid, local taxes and fees, health insurance costs, assessments to the



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Worcester County Retirement System for retired workers, the Spencer-East Brookfield Regional School District and Bay Path Regional Vocational Technical High School, and leftover funds from previous budgets

(also called "free cash").

The group will next ask the heads of municipal departments what big-ticket items they will be requesting in the future. That will be balanced with needs that have already been identified, such as renovating townowned buildings, a \$17 million plan to fix the town's roads, and water and sewer system projects.

Gaudette said he hoped to present selectmen with another update in the spring.

LOADER FEES STAY PUT

In addition, selectmen decided Monday night to hold off on changing the hourly rate contractors with loaders get for helping out with snow removal.

Last month the board decided to raise the rate from \$75 to \$80 - \$5 less than the Highway Department was seeking in an effort to attract more people, and the first increase in three years. Meanwhile, Gaudette said, officials approved a bid from a local contractor for \$90 per hour.

Having only one company place a bid, he remarked, "tells me something about how we pay people.[;]

To that, Berthiaume replied, "We can't paint that with a broad brush, that's how we pay people. We're a small town. ... We pay people pretty well, so I wouldn't paint it with that broad of a brush.'

Utilities and Facilities Superintendent Steven Tyler said Spencer's rate is among the lowest in the area — exceeded only by Leicester's rate of \$70 per hour. According to Tyler, that rate has led to no one accepting the rate and the Highway Department renting a loader for the winter to load salt and sand into vehicles.

"They're not interested in coming out of their garages for a number less than \$90,"

Selectmen objected to continuing to raise the rate in the hopes that more contractors would sign up.

"It's not the right thing to do," Berthiaume said, adding that the board could revisit the rates in the future.

Selectman Gary Woodbury proposed keeping the \$80 per hour rate for the 2011-12 winter season and revisiting it next year while town officials "really do our homework." His motion passed 3-2, with Fritze and Peter Durant casting the dissenting votes.

David Dore may be reached at (508) 909-4140, or by e-mail at ddore@stonebridgepress.com.

News Briefs

Donations accepted for Friends book sale

 ${\tt EAST\,BROOKFIELD-The\,Friends\,of\,\,the}$ East Brookfield Public Library are currently accepting clean, gently used book, DVD and CD donations for their upcoming book and bake sale Nov. 5.

Books can be left at the library during library hours. Please, only books in good condition — no attic or cellar damaged (moldy and smelly) items can be accepted.

For additional information, please call the library at (508) 867-7928.

Pack 148 looking for scouts

E. BROOKFIELD — Cub Scout Pack 148 of East Brookfield is always welcoming new members. If you son, ages 6-10, is interested in joining the pack please contact Cub Master Rebecca Boucher rboucher41@yahoo.com. There are new activities planned every month such as hikes, camp outs, fun-filled den meetings and family-based activities. Visit a Pack Meeting and see if Scouting is for you and your family!



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ALMANAC

QUOTATION OF THE WEEK

"It's a pain in the butt and people can't remember,"

- Former Spencer Highway Department employee Robert "Bo" Fritze Jr., commenting on scrapping the rotating winter parking schedule on lower Cherry Street and allowing parking on the even side of the roadway.

Theheartof massachusetts.com

Police, postal inspectors seize 20 pounds of marijuana

joint investigation by United States Postal Inspection Service and Leicester Police Department led to the seizure of approximately 20 pounds of marijuana earlier this month.

According Leicester Police Chief James Hurley, the department was notified by postal inspectors of a suspicious package heading to an marijuana. address in Leicester.

Police worked with the Postal Inspection Service investigating the matter, and that investigation led to Leicester police applying for and receiving a search warrant in connection with the case.

package was being shipped to a valid Leicester address, Hurley said, but the name it was being sent to was fictitious and the package was



This photo, supplied by Leicester police, shows school supplies that were found in the box with the

not deliverable. Leicester police and postal inspectors interviewed two people living at the address. Police stated that it appears after the two people were interviewed, they abruptly left town, taking most (if not all) of their belongings with them.

The investigation is still ongoing, according to Hurley, and police will be processing the marijuana and its packaging for forensic evidence. The package



This photo, supplied by Leicester police, shows the box filled with 20 large bags of marijuana. The black paper on the top of the box was used as pack-

not only included marijuana, but also pens, pencils and calculators in an apparent attempt to disguise the interior of the package to look like it contained school supplies.

Hurley indicated no charges have been filed in connection with the case, but he is not ruling out the possibility that charges might be coming in the

Dinner, auction to support Friends of the Rock House

WEST BROOKFIELD — The public is invited to join the Friends of the Rock House and the Trustees of Reservations for a benefit dinner and auction Friday, Oct. 28 at the Salem Cross Inn, Route 9, West Brookfield.

The evening will begin with cocktails at 5:30 p.m., followed by a chicken or pot roast dinner (your choice) with "all the fixins" at 6:30 p.m. During the cocktail hour, guests will have an opportunity to admire the numerous items to be auctioned by auctioneer Joe Craig.

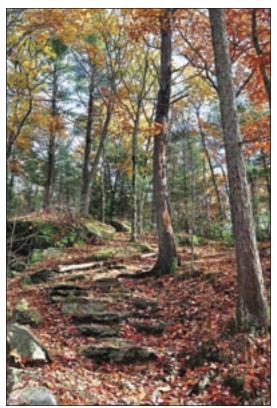
In a recent interview, Richard Rossman, spokesman for the Rock House committee, remarked on the variety and quality of the items to be sold.

"Our supporters have been exceptionally generous this year," he enthused. "The gifts are wonderful, many one of a kind. Perhaps folks have been inspired by the continuing popularity of our own special place, but truly, there's something for everyone, an exceptional array of goods, services, foods and crafts. This is a party no one who can arrange to be here should miss.'

Aside from the generous gifts given by local individuals and businesses, the Trustees offer gifts as well: a two-night stay at the Guest House at Field Farm in Williamstown, a one-night stay at the Inn at Castle Inn in Ipswich and smaller Trustees

Tickets, at \$30 per person, may be purchased in advance from Friends members, by calling the Trustees of Reservations at (413) 532-1631, ext. 21, or Friends of the Rock House at (508) 867-5934. A limited number of tickets will be available at the door while they last.

The 75-acre Rock House Reservation, located off Route 9 in West Brookfield, is land historically used by Native Americans as winter camping grounds. It features massive rock formations, offering a cave-like sheltered spot with a southeastern exposure, capturing the morning sun and providing protection from prevailing winds. There is a scenic pond, a variety of wildlife and woodland, a trailside museum and a marked system of hiking trails. It is open daily year round from sunrise to sunset.



Courtesy photo by Trustees of Reservations

The Rock House Reservation on Route 9 in West Brookfield is open year round, with free admission. It is the site of Native American winter quarters, where huge rock formations offered shelter.

According to Trustees spokesman Josh Knox, this easily accessible location has become among the most popular of the Trustees' 100 special places. He invites interested persons to visit the historic Rock House. the website or www.thetrustees.org.

Founded in 1891 by Charles Eliot, an open space visionary, the Trustees are 100,000 people "like you," he said, from every corner of Massachusetts who share a love of the land, the outdoors, and the distinctive charms of New England.

"We share a vision of celebrating and protecting these special places for everyone, forever," Knox said seriously. "The trustees volunteers, members, donors, staff and governing board all hold in trust and care for these places of cultural, natural and historical significance, called reservations.'

All 105 reservations, comprising nearly 25,000 acres, are open to the public.

All proceeds from the auction go toward the Rock House Reservation.

Auction sponsors include Country Bank for Savings, Gavitt Wire and Cable Company, the Norman family and Gladys Mountain, Realtor.

BOUQUET OF

The Merriam-Gilbert Public Library in West **Brookfield**, to mark its grand reopening this week-

The Spencer New Leader thanks the Spencer Flower Shoppe, Main Street, Spencer, for supplying the flowers.

Mercury fish advisory updated for Waite Pond

LEICESTER — The Leicester Board of Health has received notification from the Massachusetts Department of Public Health that there is an updated Public Health Fish Consumption Advisory for Waite Pond based on elevated levels of mercury.

The Department of Public Health has reviewed recent fish toxics data generated by the U.S. Environmental Protection Agency for Waite Pond and, based on that review, is updating the original 1994 advisory for Waite Pond. Mercury has been detected in fish caught from Waite Pond. The average mercury concentration in chain pickerel sampled from Waite Pond was above the Food and Drug Administration Action Level for mercury of 1.0 mg/kg. Mercury may accumulate in individuals who frequently eat fish contaminated with mercury, thus leading to an increased risk of health effects. Fetuses and nursing infants are particularly sensitive to the developmental and health problems associated with mercury exposure.

Because of health concerns associated with exposure to mercury, the DPH offers the following recommendations:

· Children under 12, pregnant women, nursing mothers, and women of childbearing age who may become pregnant should refrain from consuming any fish caught from Waite Pond to prevent exposure of developing fetuses, nursing infants and young children to mercury.

 The general public should not consume any chain pickerel caught from Waite Pond.

• The general public should limit consumption of all other fish species caught from Waite Pond to two meals per month.

For more information, contact the Massachusetts Department of Public Health's Bureau of Environmental Health at www.mass.gov/dph/fishadvisories.



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Senate OKs expanded casino gaming legislation

BOSTON — After six days of session and more than 16 hours of public debate, the Senate on Thursday, Oct. 13 voted 24-14 to approve expanded gambling legislation that authorizes three resort casinos in separate geographic locations of the state and one open-bid slot machine facility, Sen. Michael O. Moore (D-Millbury) announced.

What I hear from my constituents is that jobs are their top concern." Moore said. "It is my hope that this legislation will create both long-term and temporary jobs for a variety of people, and generate the revenues that we need to support our schools and municipalities.'

Independent analysis suggests the plan could provide 10,000 to 15,000 long-term jobs in the Commonwealth in addition to thousands of immediate construction jobs once licenses are awarded and host communities approve proposed projects. It is estimated that fully operational facilities would generate hundreds of millions of dollars a year for the state.

The state receives revenue from a 25 percent tax on casino revenues and a 40 percent tax on the slot parlor revenue. An additional 15 percent of the slot facility revenue would go toward supporting the state's racehorse industry. The collected revenues would be used to fund essential state and local services, including public safety, education, transportation, public health, debt reduction, local aid and the stabilization fund.

For Boston and Worcester — which represent cities with a population of more than 175,000 — only the residents of the ward in which a facility would be located would have the ability to approve or reject a proposed project. The measure, meant to protect those residents who would be most affected, also provides an optout provision allowing the City Council to require a citywide vote.

"This provision provides the citizens of the city of Worcester the ability to determine what types of economic development are appropriate for their community," Moore said.

The Senate legislation also provides protections for local business, requiring gambling facilities to negotiate agreements to level the playing field in terms of live entertainment and other cultural-related events. One amendment approved during debate of the bill would allow local bars and restaurants to operate under the same rules as casinos with regard to alcoholic beverages.

The Senate also adopted an amendment filed to the gaming legislation that ensures casino licensees must negotiate with a coalition of municipally owned or not-for-profit performance venues located in the state to discuss and negotiate mitigation agreements. The agreements may include, but be not limited to, agreements regarding event scheduling, promotions, ticket prices, marketing and other operations that may impact the viability of such municipally owned or not-for-profit performance venues.

These theaters, including the Hanover Theater for the Performing Arts in Worcester, have expressed concern that resort casinos would provide unfair competition and hinder their ability to recruit plays and

"It is important that efforts to bring jobs and businesses into the Commonwealth through expanded gaming not adversely impact our existing cultural institutions," Moore said. "I am pleased that this amendment, which will protect the vitality of The Hanover Theater, has been adopted by the Senate. The Hanover has been a tremendous step forward in re-energizing downtown Worcester; it is crucial that we protect that progress, as well as the contributions made to our society by similar venues.

The Senate adopted an amendment filed by Moore to pending casino gaming legislation, which would designate a portion of casino revenues to early education, K-12 education, and public higher education. Prior to

the passage of the amendment, the original legislation only included funding for K-12 education. This legislation was expanded to include early education and higher education in acknowledgement of the important role these areas play in a complete education.

"It is important that any revenues derived from expanded gaming be allocated wisely, in a manner most likely to benefit a larger segment of our society," said Moore, who serves as Senate chair of the Legislature's Joint Committee on Higher Education. "Education is the most effective tool for economic advancement in our country, a reality that will become starker as time moves forward. I am pleased that the Senate has included early education and higher education in its allocation of this funding.'

Under the amendment, no less than one third of education funding resulting from the bill will be used for public higher education. These funds will be used to increase education funding, and not to offset budget reductions. Fourteen percent of the revenue from the Category 1 License within the gaming revenue fund will be allocated explicitly for educational purposes.

Because of the state's already strong stabilization fund — which will exceed \$1.2 billion once an approved supplemental budget is signed by the governor — and because of a continuing record of legislative reforms, the international rating agency Standard & Poor's upgraded recently Commonwealth's bond rating to

And as the Massachusetts unemployment rate continues a steady decline, now at 7.4 percent and well below the national average, the jobs offered by the expanded gambling bill are expected to contribute to other ongoing economic development efforts by the state intended to bring unemployment down even fur-

Licensing fees collected by the state — \$85 million for each casino and \$25 million for the slot facility license — would be used in a similar way to collected gambling revenues, going toward community mitigation, local capital projects, community colleges, tourism and other needs.

The bill contains strong community aid and mitigation provisions requiring the Gaming Commission to work with municipalities on reducing potential negative effects brought on by a gambling establishment. Most importantly, no gambling facility would be built in a community without the residents of that community approving a project in a referendum vote.

Provisions meant to protect individuals allow for voluntary betting limits and exclusions from gambling establishments. Mandatory monthly win/loss statements were also instituted. Additionally, family members can petition to have a relative banned from a facility if there are signs of addiction.

Under the bill's tough law enforcement and regulatory structure, the enforcement of gambling laws will fall upon dedicated State Police and attorney general units that will collaborate with local police from any host community. The independent Gaming Commission will oversee and regulate casino and slot parlor gambling in the Commonwealth. It will consist of governor, attorney general and treasurer appointees who must have experience in legal and gambling policy, law enforcement and finance.

A safety provision added to the bill during floor debate requires all potential employees to provide any criminal history to the Gaming Commission. Other provisions added to the bill include:

· Disqualifying anyone with a felony from receiving a gaming

• A one-year cooling-off period for any legislator seeking to work for a casino after leaving office.

 A ban on donations to municipal candidates in a city or town involved in negotiating a gambling license.

· A requirement for gambling license applicants to check the immigration status of all potential employees and contractors through the Department of Homeland Security.

· A requirement that all slot machines have a sticker on the front posting odds of winning and a compulsive gambling hotline.

Under the bill, the Gaming Commission can offer three casino licenses, divided by region, and one slot facility license with up to 1,250 slot machines bid competitively statewide. The three casino regions are categorized as follows:

• Eastern Region — Consisting of Suffolk, Middlesex, Essex, Norfolk and Worcester counties.

Southeastern Region Consisting of Bristol, Plymouth, Barnstable, Dukes and Nantucket counties.

• Western Region — Consisting of Berkshire, Hampden, Hampshire and Franklin counties.

Additionally, the bill recognizes federal tribal rights and therefore authorizes the governor to contract with Native American tribes before casino license applications are submitted. There are currently two federally recognized tribes in Massachusetts: the Mashpee Wampanoag and the Aquinnah. The Aguinnah have given up their gaming rights, leaving only the Mashpees to negotiate a compact at this time.

Any applicant approved for a license must agree to minimum investments of \$500 million for a casino and \$125 million for the slot facility license, with an upfront 10 percent deposit.

The Senate legislation will now likely go to a conference committee where differences with the House bill will be worked out, allowing a final version to be sent to the governor.





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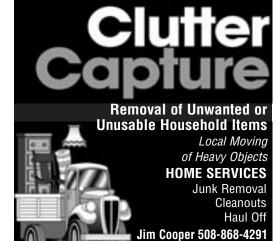
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Leicester Mothers Club offers apples and fun



David Dore photos

Esperanza Arguijo, 3, of Worcester picks out a sticker offered to her by a Leicester fireman.



Evelyn Brown, 5, of Leicester winds up to launch a bean bag.



Chrissy Gaffney shows off her temporary tattoo.



It just wouldn't be an Apple Festival without some apples to buy.

LEICESTER — The Leicester Mothers Club held its annual Apple Festival Saturday, Oct. 15 at Leicester High School. It featured plenty of activities and raffles to enjoy, as well as a Haunted Hallway manned by students and teachers from the high school.

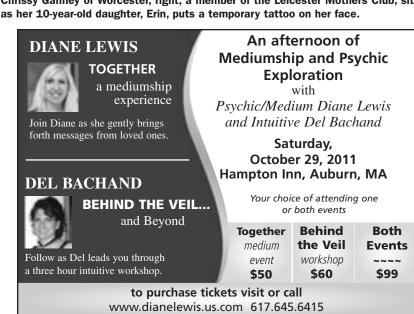




Josie Corridori, 7, of Webster pastes paper feathers onto a turkey-shaped body at



Chrissy Gaffney of Worcester, right, a member of the Leicester Mothers Club, sits



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SCHOOL MENUS

SPENCER-EAST BROOKFIELD

BREAKFAST

Monday, Oct. 24: Pillsbury Mini Cinnis or bagel with cream cheese or pancakes with syrup served with sausage links, fruit or 100 percent juice, milk.

Tuesday, Oct. 25: Pop Tart or assorted Benefit Bars or assorted muffin or assorted cereal served with scrambled eggs or sausage links, fruit or 100 percent juice, milk. Wednesday, Oct. 26: Egg and cheese croissant or cereal with buttered whole grain toast and jelly (optional) served with fruit or 100 percent juice, milk.

Thursday, Oct. 27: Bagel pizza or assorted mini pancakes served with fruit or 100 percent juice, milk.

Friday, Oct. 28: Pillsbury Apple Frudel or assorted Benefit Bars or assorted cereal served with scrambled eggs or sausage links, fruit or 100 percent juice, milk.

Monday, Oct. 24: Ham and cheese on whole grain croissant or fish sandwich with cheese with oven baked fries,

Tuesday, Oct. 25: Deli turkey grinder or cold cut grinder with bag of low fat chips, vegetable sticks with dip, fresh

Wednesday, Oct. 26: Spaghetti with meat sauce or chicken Parmesan sandwich with fresh baked wheat roll, steamed broccoli, fresh fruit.

Thursday, Oct. 27: Hot dog on a bun or buffalo or plain chicken wrap with macaroni and cheese, green beans,

Friday, Oct. 28: Assorted pizza or Italian grinder with corn, fresh fruit.

LEICESTER HIGH SCHOOL

Monday, Oct. 24: Bacon cheeseburger or hamburger, potato puffs, corn, fresh fruit.

Tuesday, Oct. 25: Turkey panini with spinach and red pepper, potato wedge, carrot or celery sticks, yogurt and fruit

Wednesday, Oct. 26: Shepherd's Pie, Caesar side salad, breadstick, Jell-O and cream.

Thursday, Oct. 27: Fajita chicken, seasoned brown rice, assorted toppings, Shape-Up.

Friday, Oct. 28: Variety pizza, Spanish salad, assorted chilled fruit.

LEICESTER MIDDLE SCHOOL

Monday, Oct. 24: Bacon cheeseburger or hamburger, potato puffs, corn, fresh fruit.

Tuesday, Oct. 25: Turkey panini with spinach and red pepper, potato wedge, carrot and celery sticks, yogurt and

Wednesday, Oct. 26: Shepherd's Pie, Caesar side salad, breadstick, Jell-O and cream.

Thursday, Oct. 27: Fajita chicken, seasoned brown rice, assorted toppings, Shape-Up.

Friday, Oct. 28: Variety pizza, tossed salad, assorted

LEICESTER MEMORIAL

Monday, Oct. 24: Cheeseburger on a wheat roll, baked potato wedge, corn, choice of fruit. Alternate:

Tuesday, Oct. 25: Chicken alphabet soup, grilled cheese sandwich, crackers, mandarin oranges. Alternate: Ham and cheese sandwich.

Wednesday, Oct. 26: Bow tie pasta, chicken strips, tossed salad, wheat breadstick, pudding and cream. Alternate:

Thursday, Oct. 27: Deli sandwich, baked chips, carrot or celery sticks, school made cookie. Alternate: Tuna roll. Friday, Oct. 28: Spider Web and Sausage, apple juice, apple slices. Alternate: Pancakes.

LEICESTER PRIMARY SCHOOL

Monday, Oct. 24: Cheeseburger or hamburger on wheat roll, baked potato wedge, corn, choice of fruit.

Tuesday, Oct. 25: Chicken alphabet soup, grilled cheese sandwich, crackers, mandarin oranges. Wednesday, Oct. 26: Bow tie pasta, chicken strips, tossed

salad, wheat breadstick, pudding and cream. Thursday, Oct. 27: Deli sandwich, baked chips, carrot or celery sticks, frosted cake.

Friday, Oct. 28: Spider Web and Sausage, apple juice, apple

Alternate: Chicken patty.

TANTASQUA REGIONAL JUNIOR/SENIOR HIGH

Monday, Oct. 24: Beef Taco Boat, salsa, lettuce, tomato, cheese cup, Spanish rice, black bean salad, soup du jour, chilled pears, milk.

Tuesday, Oct. 25: Chicken Tetrazzini, mashed sweet potatoes, minted peas, soup du jour, applesauce, milk. Wednesday, Oct. 26: Pasta with choice of sauce, garlic bread, tossed salad with dressing soup du jour, fresh fruit,

Thursday, Oct. 27: Egg, ham and cheese croissant, baby cakes, soup du jour, juice, fresh fruit, milk. Friday, Oct. 28: Meatball and cheese sub, cucumber salad, harvest fries, soup du jour, peach crisp, milk.

BROOKFIELD ELEMENTARY

Monday, Oct. 24: Scrambled eggs, hash brown patty, sausage, blueberry cinnamon square.

Tuesday, Oct. 25: Half day — no lunch served. Wednesday, Oct. 26: Chicken chop suey, La Choy crunchy noodles, white rice, Oriental vegetable mix.

Thursday, Oct. 27: BBQ pork sandwich, Smartfood popcorn, creamy tomato soup, apple slices. Alternate: Chef's

Friday, Oct. 28: Tacos on hard or whole wheat soft shell, corn, seasoned rice, salsa, assorted fruit. Note: Alternate entrée available all week.

NORTH BROOKFIELD HIGH SCHOOL

Monday, Oct. 24: Mozzarella sticks with marinara sauce, pasta with herbs, sweet peas, assorted fruit, milk Tuesday, Oct. 25: Chicken fajita wraps, rice pilaf, assorted fruit, peas, milk.

Wednesday, Oct. 26: Meatball sandwich, hash brown buttered carrots, assorted fruit, ketchup, milk.

Thursday, Oct. 27: Chicken nuggets with dipping sauce. pasta salad, carrots, assorted fruit, chocolate cake, milk. Friday, Oct. 28: Assorted French bread pizza, french fries, corn, assorted fruit, milk.

Alternates: Triple-Decker PBJ (PBM on Wednesday and Friday), Grab & Go Salads.

NORTH BROOKFIELD ELEMENTARY SCHOOL

Monday, Oct. 24: Munchie Peanut Butter and Fluff Lunch or cheese quesadilla, flavored rice, carrots in honey glaze, assorted fruit, salsa, sour cream, milk.

Tuesday, Oct. 25: Munchie Cereal Lunch or chicken nuggets with dipping sauce, buttered noodles, green beans, assorted fruit, milk.

Wednesday, Oct. 26: Munchie Muffin Lunch or hot dog on a roll, celery and carrot sticks, peanut butter cups, school baked beans, assorted fruit, milk.

Thursday, Oct. 27: Munchie Goldfish Lunch or cook's choice, milk. Friday, Oct. 28: Munchie Tuna Lunch or school made

pizza, plain or vegetable, corn, assorted fruit, milk.

QUABOAG REGIONAL MIDDLE/HIGH SCHOOL

Monday, Oct. 24: Choice of whole grain breakfast cereal and slice of whole wheat toast with peanut butter or breakfast egg and sausage on a croissant, fresh fruit or Friday, Oct. 28: Diced cantaloupe and watermelon. 100 percent fruit punch.

Tuesday, Oct. 25: Warm assorted breakfast muffins and honey roasted sunflower seeds or whole grain breakfast bar, fruit cup or 100 percent orange juice.

Wednesday, Oct. 26: Toasted English muffin with strawberry jam, honey roasted sunflower seeds, fresh fruit or

Thursday, Oct. 27: Warm assorted breakfast muffins and honey roasted sunflower seeds, fruit cup or 100 percent orange juice.

Friday, Oct. 28: Choice of whole grain breakfast cereal and slice of whole wheat toast with peanut butter or breakfast egg and sausage on a croissant, fresh fruit or 100 percent fruit punch.

Monday, Oct. 24: Potato corn chowder, chicken Caesar salad wrap with shredded cheese and ranch dressing or chicken tenders with orange sauce served with vegetable fried rice, steamed local carrots, apples or cherry crisp.

Vegetarian option: Herb vegetable bean wraps. Tuesday, Oct. 25: Three Bean Soup du Jour, Tyson chicken patty with bun, steamed herb brown rice, seasoned corn, Italian pasta salad with scallions, whole wheat roll with butter or cheeseburgers with seeded bun, potato salad and black bean and corn salad, blueberry cup or applesauce. Vegetarian option: Toasted broccoli and sliced tomato with Mozzarella cheese on toasted sesame seed bagel.

Wednesday, Oct. 26: Cream of broccoli soup, spaghetti, tacos with shredded cheese, whole grain roll with butter, seasoned carrots or turkey bacon and tomato club on wheat bread with mayo and sliced tomato. Vegetarian option: Cheese ravioli with marinara sauce.

Thursday, Oct. 27: Chicken and rice soup, layered baked ziti with Mozzarella cheese, herb seasoned broccoli or seasoned toasted cheese sandwich with sliced tomato on whole grain bread, oven toasted fries and broccoli, orange wedges, blueberry crisp with whipped topping. Vegetarian option: Vegetarian lasagna.

Friday, Oct. 28: Vegetable tomato soup with orzo pasta, Shepherd's Pie with mashed potatoes and corn with cheese, fresh steamed carrots or Mariner Fish/Cheese Sandwich with tartar sauce, seasoned oven fries, mixed fruit cup or cantaloupe. Vegetarian option: Toasted bagel melt with sliced tomato and basil.

WARREN, WEST BROOKFIELD ELEMENTARY

Monday, Oct. 24: Soup du jour, Shepherd's Pie with mashed potatoes, Niblet corn and ground beef, seasoned green beans, whole grain roll and butter, fresh apple, cinnamon applesauce or petite banana.

Tuesday, Oct. 25: Assorted pizza slices, pepperoni, pepper and onion, fresh basil or cheese, fresh garden salad with assorted dressings, carrot and celery sticks, assorted fruit dessert, or Yoplait Yogurt Parfait with strawberries or blueberries and whole grain granola.

Wednesday, Oct. 26: Chicken patty sandwich with whole grain roll, lettuce leaf, tomato slice, seasoned oven roasted local red potato wedges, ketchup and mayo packets, fresh mixed fruit cup.

Thursday, Oct. 27: Chicken tender whole grain wraps with ranch dressing, lettuce, seasoned green peas, tater tot potatoes, apple cobbler, fresh fruit basket or Romaine garden salads with chicken and cheese, assorted dressings, whole wheat roll.

Friday, Oct. 28: Creamy bean and corn chowder, nacho chip basket with salsa and cheese sauce, Southwest whole grain rice, vegetable pasta salad, chilled fruit cup with

SNACK PROGRAM FOR WCES

Monday, Oct. 24: Granny Smith apple. Tuesday, Oct. 25: Petite banana.

Wednesday, Oct. 26: Diced honeydew melon with sliced

Thursday, Oct. 27: Sliced Holland cucumbers and petite baby carrots with low fat ranch dressing.

SNACK PROGRAM FOR WBES

Tuesday, Oct. 25: Red grape halves, two Pepperidge Farm cinnamon graham Goldfish cookies.

Wednesday, Oct. 26: Seedless Holland cucumber slices, Pepperidge Farm Phys-edibles vanilla crackers. Thursday, Oct. 27: Mini celery sticks with sunflower butter cup, two giant graham chocolate Goldfish.

Friday, Oct. 28: Red grape halves, two Pepperidge Farm cinnamon graham Goldfish cookies.

WCES PK LUNCH MENU

Tuesday, Oct. 25: Deli turkey sandwich, butter seasoned oven tots, fruit cup with sliced strawberries. Wednesday, Oct. 26: Cheese pizza round, garden salad

with ranch dressing, carrot and celery sticks, cinnamon applesauce. Thursday, Oct. 27: Chicken patty sandwich with whole

grain roll, lettuce leaf and tomato slice, seasoned oven roasted potato wedges, ketchup, cantaloupe melon.

Friday, Oct. 28: Soft turkey taco, cheese sauce, seasoned brown rice, garden green beans, watermelon cubes.

BAY PATH REGIONAL VOKE TECHNICAL HIGH **SCHOOL**

BREAKFAST

Monday, Oct. 24: Grilled English muffin, jelly, bowl of cereal, 4-ounce cup of yogurt, 4-ounce cup of 100 percent

Tuesday, Oct. 25: Eggs and turkey bacon, whole wheat toast, jelly, 4-ounce cup of 100 percent juice.

Wednesday, Oct. 26: Yogurt Parfait (strawberries, blueberries, granola), whole wheat toast, jelly, 4-ounce cup of

100 percent juice. Thursday, Oct. 27: Toasted bagel, cream cheese bowl or cereal, 4-ounce cup of yogurt, 4-ounce cup of 100 percent

Friday, Oct. 28: French toast, strawberries and cream, 4ounce cup of yogurt, 4-ounce cup of 100 percent juice.

Monday, Oct. 24: BBQ turkey on whole wheat bun, corn, baked potato tots, fresh fruit, dessert. Alternate: Deli

sandwich, tots, corn, fruit. Tuesday, Oct. 25: Baked potato with chili, broccoli, sour cream, fruit. Alternate: Deli sandwich, broccoli, fruit. Wednesday, Oct. 26: Spaghetti and meat sauce, tossed salad. French bread and butter, fruit cup or fresh fruit. Alternate: Deli sandwich, salad, fruit, pretzels, dessert. Thursday, Oct. 27: Breaded pork patty, gravy, brown rice,

carrots, whole wheat roll and butter, fruit cup. Alternate: Deli sandwich, rice, carrots, fruit, dessert. Friday, Oct. 28: Breaded chicken nuggets, sauce, corn, potato tots, fruit. Alternate: Deli sandwich, tots, corn.

TRI-VALLEY INC.

Monday, Oct. 24: Beef and bean chili, brown rice, broccoli, honey wheat bread, bread pudding.

Tuesday, Oct. 25: Roast turkey, gravy, mashed potatoes, chuck wagon corn, oatmeal bread, birthday cake or plain

Wednesday, Oct. 26: Pork with apples, vegetable pilaf, green beans, pumpernickel bread, mandarin oranges. Thursday, Oct. 27: Mushroom soup, buttermilk chicken, red bliss potatoes, mixed vegetables, rye bread, fresh

Friday, Oct. 28: Meatball Burgundy, egg noodles, blended vegetables, whole wheat bread, pineapple fruit crisp.

NORTH BROOKFIELD SENIOR CENTER

Please note that Tri-Valley provides meals at the Senior Center on Mondays and Thursdays. On Tuesdays and Wednesdays, the Senior Center provides home cooked meals from their own kitchen.

Monday, Oct. 24: (Tri-Valley reservations required by noon Thursday, Oct. 20) Hearty beef and bean chili with

brown rice, broccoli, honey wheat bread and bread pud-

Tuesday, Oct. 25: Cathy's

Surprise. Wednesday, Oct. 26: Pattie's

Perfect Pasta. Thursday, Oct. 27: (Trireservations required by noon Tuesday, Oct. 25) Buttermilk chicken with red bliss potatoes, cream of mushroom soup, mixed vegetables, rye bread

and fresh fruit.

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7. French bread 8. "In your dreams!" 9. Bucks

11. Behind the scenes guy 12. Bar stock

25. Complete reversal

26. Halloween staple

32. Poetry counterpart

33. Close, as a community

28. Vaults

29. Concludes

30. Get older

10, 1836 battle site

47. Aquarium fish 13. Animal house 49. Lands at an airport Speedwagon 53. Shakespeare's Lear 22. Frequently

57. Real estate

10. Kind of rain or rock 14. Frankfurt female

Contemptible person

Shakespeare's Caesar 23. Type of collision

36. Shakespeare's Hamlet

44. Some contests for kids

45. Hartsfield-Jackson Airport, abbr.

16. Shoe part

17. Office fill-in

18. Nobelist Curie 19. Word of agreement

24. Public meeting

31. One time

32. Bake sale org. Oscar winner Jessica

35. Juilliard subj.

40. Gobble up

43. Flue residue

41. Impulses

42. Holiday

27. "The 28. Bleacher part

Author Zola 60. Prefix with China 61. H.S. math class

62. Odometer reading

63. Solid server 64. Go out with

65. Begin

66. Arid

Down

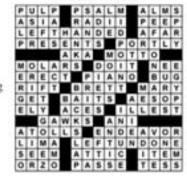
1. Party preceder, at times de menthe

3. Gulf city

4. Bird or plane alternative? 46. Cycle prefix 5. Amaretto flavorer

48. Hill chain

34. Balcony section 36. Excellent, in modern slang 37. Mavericks owner Mark 38. Before, before 39. Citizen armies 45. Collar



50. "The Legend of

Bagger

56. Nike competitor

58. Coach Parseghian

57. Inc., in London

54. Rubies, emeralds, etc.

51. Pillow stuffing

52. Saw logs

55. Leave out

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Property sales, board changes on Town Meeting agenda

AGENDA

continued from page **1**

alternate, \$461.

Those raises are in keeping with the Personnel Board's recommendation earlier this year that everyone be given similar raises, said Town Administrator Adam Gaudette.

"When the Personnel Board made that recommendation in the spring, I only included employees and not board members, and they intended the recommendation to be for everybody," said Gaudette.

Various warrant items deal with transferring funds. The most significant of these is request to take \$100,000 from the Sewer Department's retained earnings account and put it into the department's general expenses account to cover the costs of fixing the recent water main break on Water and Main streets.

The item that deals with selling the four parcels of property that now belong to the town asks voters for authorization for the town to sell the property through auction or Requests for Proposals, Gaudette said. The properties are at 125 Ash St., Wilson Grove, Wilson Extension and Oak Lane.

"We do that every couple of Gaudette years," "Someone doesn't pay their taxes, we put a lien on the property, and eventually foreclose on the property, and then go through a cumbersome court process.'

Once the town has "clean title" to the property, it needs voters' permission to sell it but not like a usual home sale,

'Someone can't just come in and say 'I'll give you \$30,000 for it," Gaudette said. "It has to be advertised property, and it has to go either to an auction, or an RFP, like how we disposed of the property to MHPI for Senior Living at Prouty."

Parks and Rec Commission The request to decrease the size of the Parks and Recreation Commission is because it will make it easier to keep the seats filled and have the required quorum of at least half the members in order to have a meeting, Gaudette said.

"We continually have vacancies on the board and there is a lot of turnover," he said. "Going from nine to seven members will make it easier to hold a quorum. Hopefully this is one way to fix that."

The request to make the Cemetery Commissioners appointed instead of elected is because the commission's work has decreased, Gaudette

"It's a three-member commission, and they oversee the Old Cemetery, which is now full — there are not empty lots," he said. "Every time we have an election, the town clerk's office has to go through all the ballots to see if anyone was written in as a Cemetery Commissioner. It's easier to fill that commission on an appointment basis.'

Solar panel installation nears completion

SOLAR

continued from page 1

"We started talking about the option of pursuing a solar energy project about two and a half years ago," said Tantasqua Superintendent Daniel Durgin. "This project comes at no cost to the district, and it will end up saving us quite a bit of money once it is up and running."

The new equipment includes an advanced computer-run control system that allows for maximum energy efficiency. Upon completion of the project, school officials will be able to view how much energy is being produced.

"This system not only saves money for the district, but it also reduces emissions and is great for the environment," added Durgin. "We have been very interested in green projects over the last few years, but since this isn't an optimal area for wind energy, we decided that a solar project was the

The installation of solar panels has also provided an excellent learning opportunity for students, as Tantasqua Regional High School electrical and machine shop students assisted members of Broadway Electrical with various tasks over the last two months. In addition, teachers from the high school's science department plan to tour the roof this week, meet with workers from Broadway Electrical, and learn more about the project, as they hope to develop a curriculum about solar energy for their students.

A tour of the junior high school roof will reveal 912 panels, while the high school boasts another 2,164 panels, all of which are capable of converting the sun's rays into energy, even on cloudy days. The project is expected to reduce the district's electricity bill by 15 percent or more.

And not only are the panels new, but the roof they sit on was recently

upgraded as well.

When we began this project, it was the largest solar system being installed at a school in the state," Durgin said. 'The folks from Broadway Electrical have been great to work with."

Durgin also wished to thank members of the Tantasqua Regional School Committee for their support throughout this project. The district is planning a similar project at Holland Elementary School next spring.

Broadway Electrical has coordinated several other solar energy projects throughout the state, installing panels at Norwell Middle School, Alpha Grainger Manufacturing, Salem State University and Logan Airport. For more information about the company, visit www.broadwayelec.com.

Kevin Flanders may be reached at (508) 909-4136, or by email at kflanders@stonebridgepress.com.

Brooks, Russo named Tantasqua Students of the Month

STUDENTS

continued from page 1

Brooks, of Sturbridge, is president of the National Honor Society. She has also been very busy with sports throughout her high school career, playing on the boys' varsity golf team, the varsity softball team, and the girls' varsity basketball team. She recently finished her golf season, as her team had a successful year and qualified for

"I have had a lot of fun here at Tantasqua doing things I love and learning to incorporate them into my schedule," Brooks said. "There were maybe 10 days in the four years that I went home directly after school. There was always something to keep me

Brooks is looking at several colleges, and she hopes to have a better idea of which one she'll attend by the winter. In college, she plans to take a business course and start focusing on pre-med requirements as well. Eventually she aims to secure a position in the med-

ical field, and the same can be said for Russo, whose SkillsUSA accomplishments in medical terminology have bolstered her resume. Russo said she might spend some time doing community service in Guatemala after graduating and then turn her attention to additional coursework.

Both students have been active in their communities, particularly after the devastating June 1 tornadoes that leveled homes and businesses in their hometowns. Brooks and the other National Honor Society members helped organize a food and clothing drive that was enormously successful, with residents donating hundreds of goods. Meanwhile, Russo assisted with tornado relief projects in Brimfield and Monson, and she also participated in a community service food bank project while staying in Kansas City for the SkillsUSA national championships last year.

"High school is what you make of it. It's important to have a good attitude and participate in as many activities as possible," Brooks said when asked to provide advice for an incoming fresh-

NEWS BRIEFS

Russo echoed that sentiment, and both students described anatomy teacher Mary Duane as being one of their favorite teachers.

"There are many great teachers at this school and a lot of opportunities that you can take advantage of like SkillsUSA," Russo said. "The time goes by really fast, so make the most out of each opportunity."

Neither student is worried about senioritis, especially with a wealth of fascinating courses available for sen-

"I love learning and coming to school each day. By the end of summer, I am always ready for school to begin again," added Russo.

"Seniors sometimes relax after they are accepted to college, but I don't think that will be a problem for us,' Brooks said. "The classes are too interesting to skip."

Kevin Flanders may be reached at (508) 909-4136, or by email at kflanders@stonebridgepress.com.

District, towns could share human resources director

CHIEF

continued from page **1**

Adam Gaudette and the members of East Brookfield Selectboard have been nothing but positive," he said. "With that much welcoming, I'm excited about what we can do together."

Although Namin mentioned East Brookfield, a draft agreement provided to the Spencer New Leader only mentions the school district and the Town of Spencer.

Until recently, Spencer's human-resources need was met by a retired person with a lot of experience, but who did not demand too high a salary, Gaudette said.

"I had a part-time person 15 hours a week for 17 bucks an hour — she was a godsend," he said. "She was an advisor to me of all things related to personnel and human resources. But she left, and now I need to fill the position."

MEMBER FDIC

Sharing a position — and the position's salary — with the school district and East Brookfield will enable everyone to get a more qualified candidate, Gaudette said.

"You can say, 'We want x number of years' experience and x number of degrees. Gaudette said. "You can't require that at \$17 an hour."

Having an experienced human-resource director for everyone will be worth the investment, Namin said.

"They can help us address the issue of employee benefits, maternity leaves, and collective bargaining, and they can help us research things," he said. "There's a lot more to human resources than just hiring people."

Namin is in the process of drawing up an agreement between the school district that would spell out how to split the salary, benefits and hours of the new employee.

Brookfield COA Upcoming Events

Brookfield seniors are invited to the Congregational Church Tuesday, Nov. 8 at 11:30 a.m. Bring your own lunch, dessert and drinks will be provided. November birthdays will be celebrated with cake! Join us for fun and fellowship!

The Medi Car service is available for a ride to doctor's

appointments; call the West Brookfield Senior Center at (508) 867-1407 to sign up. There is a need for drivers for this service; please call Barbara Clancy at (508) 867-6043 if you are interested. Tai Chi continues Tuesdays at 8:30 a.m. in the Banquet Hall of Brookfield Town Hall. A Foot Clinic with Dr. Quigley is scheduled for Tuesday,

Oct. 25 and Tuesday, Nov. 22 at 1:30 p.m. in the Banquet Hall of Brookfield Town Hall. A new procedure added is to call Barbara Clancy at (508) 867-6043 for an appointment.



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While supplies last. Pictures may not be exact. Not responsible for typographical errors

Ad Libs by June



The sun is shining today, hope it stays that way for awhile! Just a note about the 2012 Telephone Directory...if you've booked an ad, all ad copy needs to be in by October 28. All ads needs to be approved and paid for by November 11. This book will be bigger than last year's! Thank you

to all who are supporting the 2012 Spencer, Leicester and The Brookfields Telephone Directory and town guide!

You may have seen the ads and wondered what exactly does Cluttter Capture do? Just one of their many talents is hosting tag and estate sales. On Saturday, Oct. 22nd - Sunday, Oct. 23rd - Saturday, Oct. 29th - Sunday Oct. 30th they are hosting a whole house tag sale at 308 North Main Street in North Brookfield. Over 1800 square feet of things to sell! Over 600 square feet of free stuff! Antiques, wood stove, appliances, furniture, crafts, seasonal, tons of Christmas items, etc. 100's of things to sell! Like the house? It's for sale too! Free refreshments will be served all day! Parking in Front and in the Back of the House. RSVP not necessary, just show up whenever you can and come see what Clutter Capture is doing in North Brookfield and call them to see what they can do for you! Call James Cooper

Friday October 28 is going to be a busy night in Spencer! If you're a friend or fan of the Spencer Soccer Club you won't want to miss SOCCER ROCKS, a night of music to benefit the Spencer Soccer Club. This is being held from 7 to midnight at the Spencer Country Inn, featuring The Big Gunz and Downtime. There will be a NE Patriots Ticket Raffle, 50/50 raffle, door prizes, and prize for best costume (costumes are optional). Tickets are \$15 and are available at Southbridge Savings Bank in the Big Y Plaza or at the David F. Kelly Insurance Agency in Spencer or you can email $\underline{tickets@spencersoccerclub.org}.\\$

Also on Friday, October 28 there will be the Mexicali Grill's first Halloween Party! This is being held downstairs at the restaurant from 9 till close, and is sure to be a great party, Mexican style! Come in costume for a chance to win a prize for best costume (1st, 2nd, & 3rd place prizes). NO COVER CHARGE. See their ad in this week's issue of the Spencer New Leader for more info!

Just a reminder about the Friendly Ping-Pong Tournament happening Saturday October 22 to benefit the David Prouty Boys' Soccer Team at the gym at 12 noon. Registration is at 11 am.

newleaderads@stonebridgepress.com

Have a great week!

June Simakauskas

508-909-4062



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Opinion and commentary from Spencer, Leicester and the Brookfields

EDITORIAL

King of the road

am the best driver ever to get behind a

steering wheel.

OK ... I know that's not true, but that is the exact sentence that pounds through my skull whenever I see one senseless act of road tomfoolery after another on our local streets, especially when the actions of one driver gone rogue puts me or other drivers around me in



DETAILS ADAM MINOR

danger. Please indulge me one more time and allow me to step up onto my soapbox one more time. The incident that sparks this seems a little irritated, because, well, it is happened on the way to work earlier this week. Near the state between Southbridge and Woodstock, Conn., the

road coming into Southbridge has been prepared for paving, and as I write this, is nothing but dirt and loose stone. Accordingly, one would think that the speed limit for such a road would be reduced, not only for your own safety, but for the safety of others.

Well, apparently, a certain Ford F-150 decided this was not the case.

I could tell something was awry when as I entered Southbridge and started on the dirt road, there was no one behind me, and I started to follow a couple cars that had the same idea as me — slower and steady. Suddenly, I was being tailgated.

One thing you need to know about Route 198 in Southbridge is that, for the most part, it is not a straight road. It has many turns and isn't exactly ideal for racing.

As we approached a turn, this driver decided it was time to prove himself (and yes, it was a "he," as I became suspicious and started to keep an eye on him in my rear view mirror), as he took his life into his own hands, pulled past me AND the two other cars like Jimmie Johnson, nearly skidding out and kicking up dirt in the process, and went about his way, never to be heard from again, leaving a plethora of horn beeps, panicked faces and, no doubt, choice words. As for me, all I could do was gasp in horror, stare and pray that no oncoming traffic would be careening around the turn.

He was lucky that time.

As Route 198 became paved again, a vengeful piece of me hoped to see this man pulled over on the side of the road by Southbridge Police, but alas, no justice

What could drive a person to such insane actions? What could lead to a decision like that? I doubt it was a drinking issue, as it was only 9 a.m. My mind immediately jumped to an emergency of some sort. Was he headed toward a hospital? My attitude lessened as I thought about the possibility that he was in a rush because a member of his family was in danger at Harrington Memorial Hospital. Honestly, if I were in his shoes, maybe I would have done the same thing, although getting to the hospital in one piece would, logically, seem like priority number one.

At the end of the day, everyone came out safe and sound, but the whole incident bugged me for a while because now, more than ever — and I know I am speaking in generalities — people seem to be driving with more reckless abandon and less concern. Do some drivers just not care? Or do they really think they are invincible?

Adam Minor may be reached at 508-909-4130, or by e-mail at aminor@stonebridgepress.com.

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> Frank G. Chilinski President and Publisher

> > ADAM MINOR Managing Editor



David Dore photo

A SHOW OF SUPPORT

SPENCER — Casey Gregson gives a thumbs up to the camera while standing behind some of the pumpkins her mother, Sandra, painted to sell in September and October at Gregson Insurance. On a recent Saturday, Sandra Gregson said she has "a good couple hundred" of her "Cool Pumpkins" available for pur-

LETTERS TO THE EDITOR

Crook: Time to end Leicester's cable television monopoly

To the Editor:

I read with interest the article concerning Leicester and the problems of adequate service for cable television ("Residents air TV grievances to Charter reps," Oct. 14).

My opinion is that there appears to be a monopoly in favor of Charter Cable in our town. Competition is good for the consumer, yet we are not able to get Verizon Fios, and I wonder if it is because the contract for Charter doesn't allow it to be made available to us. We need to be able to choose what we

It seems that the longer we exist, the less freedom we have. Everything is going up, except incomes, so if we must pay too high prices in order to live comfortably, at least give us options to help ease the stress.

> Otis C. Crook CHERRY VALLEY

Doyle: Haston Library 'did great service' with Fraser talk

The Haston Free Public Library did a great service to the region on Oct. 6 by hosting Caroline Frasier and exposing audience members to her timely book, "Rewilding the World." (They might have heard her previously as she was a featured author on "Living on Earth" on Jan. 21, 2011.)

Our society has been keeping us on a seesaw of thought between "do nothing/there's nothing wrong" and "gloom and doom" predictions of our future (just like the cigarette companies and medical establishment did with us for years regarding the dangerous of that product). Despite the possible extinctions truths. Ms. Frasier reports scientific investigations and real world success stories and concludes an optimistically simple solution: restoring the natural order to the animal kingdom will, in turn, restore ecosystems (of which humans are a part) to their healthy and beneficial state which benefits us all (as well as helps the global climate and creates an ecotourism opportuni-

By synthesizing the works of many biologists, Ms. Frasier sums up the areas necessary for rewilding into "cores, carnivores, and corridors" and groups interdependent species (plant and animal alike) into

"umbrellas" within these areas. In the previous "Living on Earth" interview, cores are described as "the big wilderness areas" which the corridors connect. This is different from our present thinking of setting aside finite park land because, even what we consider as enormous parks (like Yellowstone National Park), they are too small for the interaction necessary to maintain genetic, biological, and ecological planetary health. If, however, Yellowstone is connected to the Yulon area, to its North, there is a larger space for animals to travel and interact. The carnivores (also known as kevstone species or predators) are integral to maintaining the systems within the cores and connecting corridors. Fraser provides many examples of how the predators enhance their local ecosystem: covote reintroduction in San Diego, Calif., and crocodile reintroduction in parts of Africa. She also describes the balance that needs to be met with neighboring species (such as humans) to make it work. It shows that we all (humans, animals, and plants) need to work together for our collective survival.

> Maureen Doyle Southbridge

Do women and men invest differently?

Several years ago, a book titled "Men Are From Mars, Women Are From Venus" was quite popular. As the title suggests, the book argues that men and women are vastly different from each other, particularly in their emotional needs and in the way they communicate. While not everyone agrees with the notion that men and women might as well be from different planets, most of us would probably concur that the two genders frequently behave differently — and this divergence in behavior may also show up in the way that we invest.

In fact, various studies and anecdotal evidence suggests these differences in the way that men and women invest:

• Men tend to trade more often than women. Men seem to buy and sell investments more frequently than women. This difference could result in an advantage for women investors. For one thing, if women do trade less, they may incur fewer commission charges, fees and other expenses, all of which can eat into investment returns. Also, by holding investments longer, women may be able to take better advantage of market rallies. During the 2008-09 financial crisis, for example, men were more likely than women to sell shares of stock at market lows, which led to bigger losses among male traders — and fewer gains when some of the stock values began to rise again — according to a study by Vanguard, a mutual fund company.

· Men tend to invest more aggressively than women. Perhaps not surprisingly, men seem to be more willing to take risks with their investments. This trait can be both positive and negative. On the positive side, risk is associated with reward, so the more aggressive the investment, the greater the potential for growth. On the negative side, taking too



FINANCIAL Focus JEFF BURDICK

much risk pretty much speaks for itself. Ideally, all investors — men and women — should stick with investments that fit their individual risk tolerance.

· Women are more likely to look at the "big picture." Although both men and women investors want information, women seem to take a more "holistic" approach — that is, instead of focusing strictly on performance statistics, they tend to delve deeper into their investments' background, competitive environment and other factors. This quest for additional knowledge may help explain why allfemale investment clubs have

achieved greater returns than all-male clubs, according to a study by the National Association of Investors Corp., which represents thousands of investment clubs across the country.

· Men may be more optimistic about the financial markets. Some studies show that men are more optimistic about key economic indicators and future stock market performance. Optimism can be a valuable asset when it comes to investing; if you have confidence in the future, you're more likely to invest for it, and to continue investing. On the other hand, false optimism may lead to over-confidence, which can have negative results for investors.

Neither men nor women have a monopoly on positive investment behaviors; each gender can probably learn something from the other. Ultimately, of course, it's your decisionmaking, not your x- or y-chromosomes, that will determine your ability to make progress toward your long-term goals — so educate yourself about your choices, and get the help you need from a financial professional, as you invest through the years.

Car wars

recent editorial in a Stonebridge Press publication (maybe even this one) caught my eye—and stuck in my craw. Written by Southbridge Evening News Staff Writer Gus Steeves, the editorial made an impassioned plea for the case against automobiles — or at least personal automobile traffic. Headlined "The madness of our car culture," the column employed logic, reason, research, and an environmentalist viewpoint to explain why and how our current transport "system

does not work. Mr. Steeves is an excellent



As You LIKE IT

MARK ASHTON

quent spokesman for his Nevertheless, his column demands — even at the risk of my butting heads with an expert — an attempt at rebuttal. First of all, we both agree on the insanity of driving "umpteen miles in traffic jams" on a regular basis. I

reporter, talented writer, through researcher, and elo-

recently made a couple of trips to Belmont, Mass. The ride in took 63 minutes each time; the ride home, each time, took more than two

and a half hours. I discovered I don't respond well to such frustration, vehicular claustrophobia, and wasted time.

The same frustration can be found much closer to home, as well — just about every afternoon between 2 and 4 in downtown Southbridge. Traveling just 1 mile to home can take as many as 15 minutes if one gets embroiled in the line of vehicles from the AO rotary to South Street. So I'm just as angry about traffic delays as the next guy, who I wish would just get off his cell phone and out of my way.

My first instinct in these unpleasant travels, however, is NOT to blame car companies, oil corporations, insurers, road builders, or even the state itself, all of whom the recent editorial accuses of domestic — as well as global — terrorism by way of corporate profiteering. The editorial's basic premise, in fact, is flawed and a little too socialistic — in its assertions that our current system is "making us physically and mentally unhealthy" by feeding us "blather" that equates cars with "individualism, strength, control over nature, sexuality,"

etc.
The editorialist calls it insanity to equate a car with "some symbol of 'freedom." Not at all. While having a car can enslave those who buy beyond their means, and while I wouldn't mind buying my gas from some "gasroots" Tea Party or Occupy movement, car ownership can also be liberating, for it allows each individual to pursue employment, recreation, entertainment, and whatever at his or her own pace.

In railing against all autos, the writer automatically pleads for better rail service, "a good train network with electric buses or trolleys connecting neighborhoods to train stations." I've nothing against such things — except as they might nowadays add even more traffic to already overcrowded roadways. But there's no practical way to replace all personal vehicles with any mass transit that can be envisioned. While trolleys, buses, trains, and trams can certainly help deliver masses to specific large-volume areas — shopping malls, downtown business districts, entertainment venues, maybe even grocery mega-stores — they will never provide the options for personal freedom of travel that cars now do.

If the truth be told, a good many of today's car operators are young mothers transporting themselves and children to grocery stores, hair appointments, day care centers, after-school soccer games, and countless other daily errands that make up the fabric of modern living.

Personal cars DO provide freedom movement, of expression, of creativity, of opportunities to live, worship, recreate, and even "waste" time in accordance with personal choices. Who am I to decide for my neighbor where or when he must buy his groceries, pursue his career, go to the cinema, catch a ball game, cruise up and down the avenue, attend a nephew's wedding, take a vacation, further his education, grab a late-night doughnut, take the family for a Sunday drive, or surprise an old friend with a visit?

If anything in America symbolizes freedom of choice, it is indeed the personal vehicle—the steel and rubber embodiment of the American

And, by the way, that dream is NOT to foul the air, to wage war, to waste time or resources or money. It is simply to enjoy personal mobility within the bounds of legal activities and personal accomplishment, freedom of movement to enjoy life, liberty, and the pursuit of happi-

As to the editorialist's statistics decrying how much money American drivers "waste" on cars and such, two things: So what — that's strictly a matter of individual priorities and choices! And, as the most recent fortune found in my most recent fortune cookie profoundly asserts: "47 percent of all statistics are made up on the spot.

The free market system (which also allows for the free exchange of ideas) may indeed be flawed — whenever and wherever it is presided over by flawed human beings, but it is still superior to whatever else has been attempted over the course of human history. That history is man's story of mobility, from land to sea to space — from foot to horse to wagon to rail to personal internal-combustion-engined vehicle. If that fact tends to drive some of the anarchists among us crazy, then it's also just a very short

Paraprosdokian of the week: "I want to die quietly, peacefully, in my sleep, like my grandfather — not yelling and screaming like the passengers in his car!

Mark Ashton writes a weekly column for Stonebridge Press publications.

Massasoit Art Guild holds eighth show in Spencer





Above, Lori Button of East Brookfield stands next to one of her pieces, called "Mount Greylock" and made with acrylics, that won Best in Show. She usually works in watercolors, but tried her hand with acrylics with this piece. She said she felt "total shock, but pleased" she won Best in Show for the first time.

Left, Cousins Taylor Sexton, left, 5 1/2, of Sturbridge and Caleb Thompson, 7 1/2, of East Brookfield stand below a digitally altered photograph of them done by Caleb's father, Scott. The piece, called 'Cousins," earned honorable mention honors at the art show.



Massasoit Art Guild President Mary Kay Ebersold, left, announces award winners as art show planning committee Chairman Deborah Kirk, right, looks on.



SPENCER — The Massasoit Art Guild hosted its Eighth Annual Art Show Saturday, Oct. 15 and Sunday, Oct. 16 at Spencer Memorial Town Hall.

It was a successful show, according to guild President Mary Kay Ebersold, with 211 pieces on display and hundreds of people walking through the Great Hall doors to look at the works of art — and maybe take one of them home.

"In eight years, it's really come a long way," said Ebersold, who noted there were 50 pieces the first year.

The fine art categories were judged by Becker College Associate Professor John Murphey, while Scott Erb and Donna Dufault judged the photography categories.

Most of the winners of the show were announced Saturday afternoon, with the People's Choice Award named after the show closed Sunday. Winning awards on Saturday were:

BEST IN SHOW AWARD

Lori Button, "Mount Greylock" (acrylic painting).

Vernon Graham Memorial Award Connie Watson, "Spring Reflections" (watercolor).

Mildred Terry Memorial Award Mary Kay Ebersold, "Farm in Winter" (acrylic painting).

WATERCOLOR

- First place: Don Beal, "Summertime." • Second place: Connie Watson, "Autumn Leaves.
- · Third place: Deborah Roberts Kirk, "Doors of Italy."
- · Honorable mention: Bayda Asbridge, "Fluff," and Bruce Whyte, "Tranquility Plantation."

OIL PAINTINGS

- First place: Stan Kaufman, "Winter
- Whiteness. Second place: Sandra Cicero,
- "Delicates." • Third place: Linda Spencer, "Winter on Sturbridge Common.'

MIXED MEDIA

- First place: Daniel Mortell, "Blue
- Bird." • Second place: Emile Gaucher, "October
- Leaves. • Third place: Daniel Mortell, "Whales."
- Honorable mention: Karen Wylie, "Forever Love."

3-D SCULPTURE

- First place: Rebecca Osborn, "Human Condition.'
- Second place: Gayle Magwood,
- "Carolina Wren." • Third place: Rebecca Osborn, "Ceramic



Boys of the Town performs on the Memorial Town Hall stage during the art show.



ABOVE, The art show drew many people to Spencer Memorial Town Hall who looked at the pieces, picked their favorite for the People's Choice Award and maybe buy a work of art from a local artist. LEFT, Stan Kaufman stands next to his painting called "Winter Whiteness" that earned first place in the oils category.

Wall Art 1."

 Honorable mention: Gayle Magwood, "Blue Jay."

PASTELS

- · First place: Linda Spencer, "Winter
- Settling on the Quaboag River.' Second place: Margery Cook, "Brussels Farm.
- · Third place: Margaret Wolverton, "Sewing in Motion."
- Honorable mention: Jane Standrup, "N.E. Farm," and Margery Cook, "North Brookfield Farm."

ACRYLICS

- · First place: Dolores Cowden, "Moonlit Snow."
- Second place: Emile Gaucher,
- "Breaker.' • Third place: Ann Marcel, "Old Green
- Honorable mention: Maureen Napieralski, "Wonder in the Woods," and Diane Riopel, "Ships Safe Here."

PRINTS AND DRAWING

- First place: Marilyn Kulesa, "Sunburst
- Yellow." Second place: Marilyn Barstow, "Caspar and Gilligan."
- Third place: Marilyn Kulesa, "Aubergine."

 Honorable mention: Sharon Smith "Bamboo Grove, Stone & Resiliant," and Dolores Kosciusko, "Bag."

TRADITIONAL PHOTOGRAPHY

- First place: Susan Mulliken, "Untitled
- B." • Second place: Barbara Hale, "Biker
- Still Life.' • Third place: Margaret Emerson,
- "Baptisia, Early Morning." · Honorable mention: Barbara Hale, "Mulligan's Barn," Peter Spencer, "Water Lilly," and Dayle Los, "Untitled

DIGITALLY ALTERED PHOTOGRAPHY

- First place: Michele Loftus-Trzcinski,
- "Boat at Dock." · Second place: Jack Shea, "Homage to
- Georgia.' Third place: Scott Thompson,
- "Boston."
- · Honorable mention: Scott Thompson, "Cousins," Don Beal, "The Big Wave," and Dayle Los, "Untitled 4."

DIGITAL IMAGE

- First place: Jack Shea, "Waiting Room.'
- Second place: Jack Shea, "Examination

SPORTS

After loss, Rockets regroup to down Wolverines

AUBURN — After losing for the first time in three years, the Auburn football team took little time to get back to its winning ways, defeating Leicester (4-2) on Oct. 15 by a 19-0 final.

The Rockets, now 5-1, scored two first half touchdowns in under a minute, as Drew Goodrich connected with Fred Taylor for an 85-yard score and Tyler Desjardins recovered the fumbled kickoff return and ran 40 yards for a TD.

The Wolverines' offense, which had averaged 26 points a game through its first five contests behind quarterback Drew Mazzeo and running back Nick Kenneway, couldn't get going early and failed to score.



Above, Leicester quarterback Drew Mazzeo (8) runs through the Auburn defense. Right, Leicester's Tyler Goodney plants his feet and attempts to maneuver past Auburn defender Connor Fuller (17).



Pearson, Baez lead Minutemen past Cougars

BY MICHAEL CORSO SPORTS CORRESPONDENT

CHARLTON — Don't look now, but the Bay Path football team is 5-1 following a convincing 35-14 victory over Quaboag on Saturday, Oct. 15. Senior quarterback Kyle Pearson led the charge, combining for four touchdowns (three passing, one rushing), including TD passes of 60, 55, and 17 yards.

Pearson and classmate Anthony Baez (3 catches, 83 yards) were in sync early and often, connecting for two of the scores. Fellow classmate Tom Gentry (2 catches, 56 yards) was the recipient of the final touchdown strike.

"I was very impressed with the passing game today," said Bay Path coach Al Dhembe. "These guys are really connecting right now and we're hitting our stride."

Bay Path got off to a quick start thanks to the running game when senior back Tyler Phillips (5 carries, 73 yards) galloped 48 yards on the second play from scrimmage to take a 6-0 advantage.

The Cougars showed some resolve on the Minutemen's next possession. On fourth down Bay Path attempted a fake punt that the Cougars quickly sniffed out and stopped them inside the Minutemen's territory.

The defensive stop ignited the Cougars on the offensive side and initiated their first touchdown drive. On the first play of the second quarter, senior running back Jake Thompson scampered 15 yards for the score. A failed two-point conversion kept the game tied at 6-6.

"Quaboag is a tough and scrappy team," said Dhembe. "They gave us some fits. Fortunately some of our skill guys took the air out of their sails with some big plays.'

The Minutemen struck right back only two plays later when Pearson found Baez on a seam route for a 60-yard touchdown connection. Phillips added a two-point conversion to put Bay Path on top, 14-6, with 10:33 remaining in the second quarter.

On the Cougars' next possession, Baez intercepted a pass from junior quarterback Jimmy Zalatores to give the Minutemen good field position at Quaboag's 40-yard line. On Bay Path's ensuing drive, Pearson connected with Baez once again on a 17-yard pitch and catch. Pearson added the two-point conversion to give the Minutemen a 22-6 lead heading into the half.

Pearson used his legs to score his third touchdown of the game late in the third quarter. On an option play, the speedy quarterback called his own number and raced past tacklers untouched for a 34-yard touchdown run. A missed extra point put the Minutemen on top 28-6.

thwart any ideas of a Cougar comeback. Senior linebacker Eric Edstrom added the Minutemen's second interception of the game on a tipped pass from Zalatores.

On the return, however, Edstrom was stripped of the ball and the Cougars were able to retain possession.

Shortly after Quaboag tried to catch the Minutemen defense off guard with a halfback pass from Thompson. Unfortunately, Thompson's pass was underthrown, allowing sophomore Zack Huard to intercept the pass.

Pearson added his final touchdown toss on the first play of the fourth quarter when he found Gentry in stride for a 55-yard score. An extra point gave the Minutemen a 35-6 lead.

The Cougars showed some fight by adding

Bay Path's defense stiffened once again to a late touchdown on a 3-yard run from sophomore fullback Steven Tabor (8 carries, 35 yards). A Zalatores to Thompson two-point conversion cut the deficit to 35-14, but that would be as close as Quaboag would get, as the Minutemen were able to run out the

> Bay Path will take a three-game winning streak into next week's contest against Keefe Tech. The only blemish for the Minutemen thus far came in a 21-14 loss to West Boylston in the second week of the season.

'We're really clicking right now," said Dhembe. "I am very pleased right now with how we're playing. Coming into the season our coaching staff was cautiously optimistic about this team. But these kids are really playing well."

SPORTS BRIEFS

Leicester-Spencer Raiders results

The Leicester-Spencer Raiders of American Youth Football continue to play well through the end of the regular season. The seventh grade team is 5-3 and can clinch a playoff spot with a win on Oct. 23 vs. Groton-Dunstable at O'Gara Field in Spencer. The eighth grade team is 7-1 and secured a playoff spot for the third consecutive year.

On Oct. 15, all Raiders teams played vs. Lunenburg at Lunenburg High School. The Tiny Mites and Mitey Mites both displayed great efforts, while the fourth graders (20-0) and fifth graders (6-0) fell just short. The seventh grade team won 38-7, while the eighth

Leicester-Spencer Raiders

eighth grade football team

The Raiders of

Football are now 7-1

Youth

defeating

American

after

graders were also victorious, 32-14.

Free hockey seminars to be held in Auburn

Baystate Griffin Youth Hockey will be conducting a "Learn to Skate and Learn to Play Hockey for free" seminar. On Oct. 23 Baystate Griffin Youth Hockey will launch its fall "Learn To" program at the Horgan Arena on Oxford St. in Auburn. This program allows boys and girls (age 4 and up) to try ice-skating or hockey for free. The session will be free of charge so the children can get a feel for the sport with minimal out of pocket expense for the parents. If the child would like to continue with the program they can do so by signing up with the onsite Baystate Griffin volunteers for a minimal fee. Each session will be 50 minutes long (10:30 to 11:20 a.m.) and will run on Sundays from Oct. 23 to Dec. 11. Parents are welcome to watch the session just off ice or in the heated lobby.







Warriors power past Pioneers

Nick Ethier photo

Tantasqua's Grace Walker prepares to take a shot on net. Walker had three goals and an assist as the Warriors defeated Southbridge, 8-0, on Oct. 17. Cassidy Robert also scored three times, while Allie LeBrun and Sage Vadenais tallied the other goals. Allie Ostrowski and Madi Trainor also added assists for Tantasqua, who improved to 6-6-1 after the win. The Warriors need five more points in five regular season games to secure a spot in the Central Mass. Division 1 district tournament field.



SPORTS

Trio of second half goals lifts Rockets over Wolverines

BY JIM SARKISIAN

AUBURN — The Auburn girls' soccer team tallied three secondhalf goals to defeat Leicester, 3-0, in a Southern Worcester County League contest last Tuesday, Oct. 11, at Memorial Field.

After a blank scoreboard in the first half, the Rockets started their scoring in the 48th minute when junior Erin Scanlon headed in a corner kick from senior Rachel Gillies.

"The first goal was the key I believe," Auburn coach Larry Midura said. "In the second half, they kept the ball on the ground most of the time and moved the ball really, really nice."

Auburn then followed 10 minutes later when junior Lizzy Carlson received a pass from senior Jenna Scanlon and shot the ball from the top of the box over the goalkeeper's head to put the Rockets ahead 2-0.

The scoring was capped off in the 63rd minute when sophomore Kayla Almstrom received a cross by senior Emily Andrade and put in the third goal of the game.

Leicester had two great chances to score on the Rockets in the second half, but were unable to capitalize. In the 38th minute, junior Kaitlyn Kozlowski sent a cross through the box that just missed classmate Amanda Stanick's foot. Also, with 13 minutes remaining regulation, Kozlowski launched a kick from 15 yards out, but it was blocked in the box by the Auburn defense.

"We stuck with them in the first half," Leicester coach Bill Harvey said, "but we got a little disorganized with some substitutions and they took advantage. We let down for about a six or eight minute period, but the rest of the game we played them even. We needed to amount a little more offensive

Auburn held a 34-4 shot advantage in the game and a 7-1 edge in corner kicks.

"We had a tough time finishing," Midura said, "and that frustrated them in the first half. Overall, a solid performance and a solid second half."

In her first game as net-minder, sophomore Lauren Quink faced a

barrage of Auburn shots and managed to stop 15 of the 18 shots on goal.

'Our number one goalkeeper got injured," Harvey said, "and she stepped up and she played for us and she did a nice job. I think with a little bit of time she might pan out as a goalkeeper for us."

Auburn junior goalie Jordann Hauge stopped one shot, registering her 11th shutout of the sea-

With the win Auburn improved to 11-0-1 (now 12-0-1 after a 3-0 victory over Northbridge), allowing just a single goal against all season in a 2-1 victory over Tantasqua. According to Midura, the lone allowed goal came off a corner kick that deflected off an Auburn defender and into the net.

Leicester followed the Auburn game with a 3-1 victory over Oxford and are now 8-4-1 on the

Jim Sarkisian photos

Auburn senior Colleen Donahue (11) dribbles the ball past junior Kaitlyn Kozlowski of Leicester.



Behind Gaudet's two goals, Warriors defeat Cougars

BY NICK ETHIER

WARREN — Tantasqua boys' soccer junior Myles Gaudet scored twice — giving the Warriors important 1-0 and 3-1 leads — to help lift his team past Quaboag, 3-1, on Oct. 13.

In the 14th minute Gaudet received the ball with his back to the Quaboag net. In one quick motion he swung around and had the presence of mind to not only shoot the ball, but kick it into the corner past the keeper, making it 1-0.

"It's thinking it through all the way," Tantasqua coach Keith Ventimiglia said of the goal. "He turned but also had a good sense of where the goalie was and where the open

The game remained at 1-0 into the halftime break, but Ventimiglia reminded his team that a one-goal lead is not

"We've had a problem this year with putting our guard down for just 10 seconds, and that's what I reminded them at halftime," he said, as one bounce against the Warriors could lead to a Cougars' equalizer.

Tantasqua listened, as in the 53rd minute senior Isaac Nichols made it a 2-0 game. Sophomore Liam Seguin received the ball in the left corner of the box and centered a pass to Nichols, who one-timed it into the net.

"Isaac made a great call for it, and that was the key," Ventimiglia said. "Liam was thinking shot, but he had a good guy calling for it running at the net."

Nonetheless, Quabog kept battling and cut the deficit in half with 14:30 to play when junior Thomas Jankins struck a perfect ball on a direct kick just under the crossbar and into the net.

"It would have been easy for them to hang their heads down 2-0 with one player at the hospital and the other with ice on his ankle," said Quaboag coach Norm St. Denis. "I never have to mention effort to these guys, which is awesome."



Nick Ethier photos

"Even at 2-0 these guys kept coming back at us," Ventimiglia added. "That's going in unless you have a goalie that's 12-feet tall."

As St. Denis had eluded to, sophomore Tyler Leneau was

inadvertently struck in the face and was bleeding pretty badly, enough to send him to the hospital. Junior Dylan Shablin then went down with an ankle injury, forcing a 15man roster into a 13-man unit.

As Quaboag began to tire, Tantasqua took a 3-1 lead with seven minutes to play when Gaudet buried a rebound. Seguin took the original shot and Cougars keeper Taylor Trzeciak made one of his 11 saves, but in the slippery conditions the ball bounced out of his hands. Gaudet, ever the opportunist, hustled in and scored.

"Myles has had a couple [goals] this year where he just keeps coming," Ventimiglia said, noting that if he stopped hustling it would have remained a 2-1 game.

The Warriors are now 7-5-2 and played progressively better as the game moved forward.

"We settled in and moved the ball well," Ventimiglia said, adding that Alex Hellyar and Robbie Beauchemin passed the ball more efficiently in the second half.

Even after the loss St. Denis liked the effort his team dis-

"It wasn't one of those totally ugly games where we packed it in on defense and hoped for the best," he said. "We moved the ball when we had the chance. Tonight we were called five times for offsides, which isn't great, but it showed that we were pushing it."

Shablin should be OK, as his injury doesn't appear to be too serious, but with Leneau it's unknown what the prognosis could be.

"He's a tough kid." St. Denis said. "He'll want to play it just depends on news from the doctor.'

The Cougars can reach the district tournament despite their 2-9 record if they at least tie one of their remaining Division 3 contests against Southbridge and Ware. Quaboag's two victories to date have come against those two teams.

HIGH SCHOOL NOTEBOOK

Tantasqua 2, East Longmeadow Grace Walker and Allie Ostrowski scored for the Warriors in field hockey action, while Georgia Kirker-Head stopped seven

Tantasqua is now 5-5-1 on the season.

shots to preserve the shutout.

Oct. 11

David Prouty 182, Southbridge 202 — Connor Fahey of the Panthers earned medalist honors at Cohasse Country Club, carding a 4-over 39.

David Prouty is now 10-4-1 on the season, while the Pioneers dropped

Tantasqua 169, Shepherd Hill — In an extremely close match, the Warriors defeated the Rams at Dudley Hill. Taking the top four scores of the six golfers competing, Tantasqua won by a single stroke.

Olivia Brooks of the Warriors (11-6) was the medalist with a 3-over 39. Shepherd Hill is now 11-5.

Northbridge 2, Tantasqua 1 — The Rams (6-4) edged the Warriors (6-5-2) in boys' soccer action. Robert Blood and Chris Giard scored for Northbridge, while Trey Allen tallied for Tantasqua. Oct. 12

Tantasqua 3, Burncoat 0 — The visiting Warriors volleyball team won with set scores of 25-10, 25-16, 25-3.

Tantasqua (7-5) were Pacing Kaylyn Blair (10 service points including 3 aces, 2 kills, and 2 blocks), Lauren Gerrish (9 service points including 6 aces), and Jessica Frio (8 service points including 3 aces and 3 assists).

Tantasqua 24, Bartlett 35; Tantasqua 28, Oxford 31; Bartlett 28, Oxford 29 - At Memorial Beach, the Warriors

girls' cross-country team won a pair of meets to improve to 7-3. Courtney Holms' second place finish paced Tantasqua.

Shelby Stretton of Oxford (3-6) won the race, while teammate Chloe Doyon took third. Bartlett's (3-5) Kellie Powers took fourth place, while Anissa White of the Pirates placed

Longmeadow **Tantasqua 283** — Andrew Serrenho and Max Decataldo low rounds for the Warriors' golf team, shooting

David Prouty 164, Quaboag 167 — Jackson Davis carded a 1-under 35 and Lucas Caron

added a 39 at Kettle Brook to lead the Panthers past the Cougars.

Oct. 13 David Prouty 8, Millbury 1 — Jackson Davis' even-par 36 at Kettle Brook helped the Panthers improve to 12-4-1 on the golf sea-

Tantasqua 242, Bartlett 283 — In both golf teams' final match, the Warriors improved to 12-7 with the victory. Olivia Brooks earned medalist honors for the 13th time this season for Tantasqua, this time carding a 2-over 38.

Bartlett finished 2-13-1.

Tantasqua 1, Quaboag 0 — Connor Parker's goal (Devin Aquadro assist) was enough to lead the Warriors girls' soccer team to victory and qualify for the Central Mass. Division 1 district tournament. Savy Lundwall made three saves to preserve the shutout.

Oct. 14 Putnam Vocational Tech 3, Tantasqua 1 — The visiting Warriors dropped their volleyball contest, losing set scores of 25-18, 25-20, 20-25, 28-26.

Tantasqua (7-6) was led by Corrie Molleur (12 service points including 2 aces), Jess Kosinski (4 service points including 2 aces and 10 kills), Narissa Tremblay (12 kills and 5 digs), and Jess Frio (6 service points including 3 aces and 14

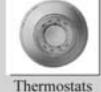
Gardner 28, Tantasqua 6 — Jamison Craft scored three touchdowns to lead the undefeated Wildcats to victory.

Joe Green had a 1-yard touchdown run for the Warriors (2-4), and Dom Cruz made 8 tackles on defense.

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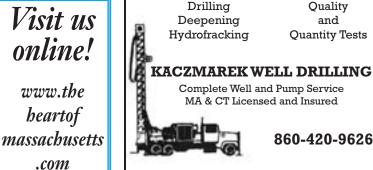
Switches Lamps

Please contact your local Board of Health or Dept. of Public Works for information where to safely dispose of these items.

Batteries







OUR TOWNS

Registration deadline for STM approaching

LEICESTER — The last day to register to vote before the Nov. 8 Special Town Meeting in Leicester is Thursday, Oct. 27.

The town clerk's office will be open from 8 a.m. until 8 p.m.

The Town Meeting will start at 7 p.m. Nov. 8 in the Town Hall gymnasium.

Local veterans invited to Lake St. celebration

SPENCER — Lake Street School in Spencer has formed a partnership over the years with the local veterans.

Plans are under way for the Veterans Day program to be held at the school on Thursday, Nov. 10. This is a special day where the children sing songs, recite poetry and honor local

Veterans are asked to arrive at the school at 8:30 a.m., and the program will begin promptly at 9 a.m. A breakfast for the veterans will follow the program.

All local veterans are invited to attend, and are encouraged to wear their uniforms to the event. Please RSVP to the school at (508) 885-

Habitat for Humanity to sponsor Taste of Towns

STURBRIDGE — Habitat for Humanity-MetroWest/Greater Worcester wants local residents to Taste the difference it is making in the Tri-Community to provide decent, affordable housing.

Taste of the Towns will combine delicious foods and desserts from area restaurants and businesses with a silent auction for an evening of fun Nov. 3 to raise money for Habitat's project in Sturbridge.

Habitat for Humanity will sponsor Taste of the Towns from 6-9 p.m. Thursday, Nov. 3 at the Sturbridge Host Hotel and Conference Center, 366 Main St., Sturbridge. Tickets are

\$35. The Sturbridge Host Hotel is graciously

providing the space.

Taste of the Towns will feature food samples from area restaurants and other businesses including Cedar Street Grille, Old Sturbridge Village, Rom's Take-Out and Catering, The Copper Stallion, Rovezzi's, Wine Buyer's Outlet and Sturbridge Host Hotel (Sturbridge); Zorba's (Charlton); Red Roof Catering (Holland) and Harrington Hospital Food Services (Southbridge). Desserts will be provided by Steladenas Specialty Bakery and Café (Sturbridge), Francesco's Italian Bakery (Charlton), The Steaming Tender (Palmer) and Pop's Biscotti & Chocolates (Springfield).

The evening event will feature live instrumental music, a cash bar, and silent auction. For the first time, the silent auction will include items from Sports Memorabilia. A

few examples of framed items to bid on are: • Master Legends — Jack and Arnie: Includes a 16-inch-by-20-inch photo from 1963 Masters and laser cut 3-D Masters logo.

• Boston Sports Legends — Four 8-by-10 photos of Bobby Orr, Tom Brady, Larry Bird, and Ted Williams with laser cut, 3-D player numbers and lettering.

• Patriot Super Bowl Tickets — Photos of Adam Vinatieri's "snow kick," Bill Belichick with the Lombardi Trophy, Tedy Bruschi in the snow, the Super Bowl XXXVI team and Tom Brady in Super Bowl XXXIX. Also includes replica Super Bowl Tickets from XXXVI, XXXVIII, and XXXIX.

"Our first Taste event was a sellout success so we're following up with another one this fall," said Michael Wimberly, a North Brookfield resident who is president of Habitat's Board of Directors and chair of the Local Planning Committee. "We are making great progress with our Sturbridge project and looking to expand with a new one in Charlton. We could not have accomplished what we have done to this point without the incredible support from the community. Likewise, we can't move forward without the community. There continues to be a need for decent, affordable housing in the Tri-Community area and we are making a difference with the support of individuals, businesses and organizations.'

The Habitat Tri-Community Build Project in Sturbridge is the product of a partnership between the Town of Sturbridge, the Sturbridge Housing Partnership and Habitat for Humanity-MetroWest/Greater Worcester. The Sturbridge Housing Partnership purchased the land using Community Preservation funds specifically to increase the affordable housing inventory in town. It subsequently awarded Habitat for Humanity the right to develop a 1,200-square-foot, single-family home at 79 Fairview Park Road.

Purchasing tickets early is recommended, as only 150 tickets will be sold for Taste of the Towns. The last event sold out. For more information or to reserve tickets, call Habitat for Humanity-MetroWest/Greater Worcester at (508) 799-9259. To purchase tickets online, go to www.HabitatMWGW.org.

Habitat for Humanity-MetroWest/Greater Worcester is a nonprofit, ecumenical Christian organization that provides simple, decent, affordable home ownership opportunities for families in need living between 25-60 percent of the area's median income. This affiliate was founded in 1985 as Greater Worcester Habitat for Humanity. In 2008 it merged with MetroWest Habitat for Humanity

The organization is pledged to the letter and spirit of U.S. policy for the achievement of equal housing opportunity throughout the nation. Homes are sold to qualified and carefully selected low-income families on a noprofit basis with an interest-free mortgage. Selected families work with family partners and attend monthly meetings to prepare for successful home ownership. In keeping with its motto of "a hand up, not a handout," partner families must contribute 400-500 sweatequity hours helping build their homes.

Habitat has an open-door policy, welcoming all volunteers and supporters, regardless of religious affiliation, race, nationality or other background.

West Brookfield library to hold grand reopening

WEST BROOKFIELD — The Merriam-Gilbert Public Library of West Brookfield is

celebrating its Grand Reopening on Saturday, Oct. 22 from noon until 3 p.m.

State Sen. Stephen Brewer and state Rep. Anne Gobi will preside over the Ribbon Cutting Ceremony at 1 p.m.

All are welcome. Light refreshments will

Job Fair 2011 at Auburn/Webster

AUBURN — The Workforce Central Career Center, "We honor veterans at our Fall 2011 Job Fair" is holding a Job Fair from 10 a.m. to 2 p.m. Friday, Nov. 4 at the Auburn/Webster Lodge of Elks, 764 Southbridge St., Route 12. Auburn. The fair is open to the general pub-

30+ employers expected in the following areas:

- Health Care
- Transportation
- Warehouse Distribution
- Manufacturing
- Security
- Social Services
- Communications
- Banking/Financial • Sales/Customer Service
- Administration/Clerical
- Engineering
- Retail/Merchandising
- · and much more
- Check our website for

updates! You can enter a drawing to win a \$100 gro-

cery gift card! Here's how: Pre-register for the Job Fair at

www.mass.gov/jobquest by registering/logging in for JobQuest. * Print a copy of your completed JobQuest

registration/log in page and bring it with you Operated by the Worcester City Manager's

Division of Workforce Development in partnership with the Massachusetts Division of Career Services.

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www.workforcecentralma.org

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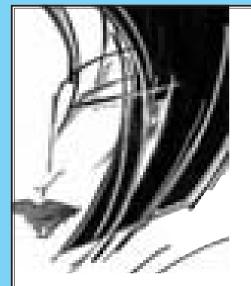
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Kristen Caron

Strandz Hair Salon

Strandz Hair Salon would like to welcome Kristen Caron to the team. Kristen studied cosmetology at Paul Mitchell The School Rhode Island. After completing her training she worked in Boston before moving to Colorado, where she worked at a large Salon and Spa. After moving back to her hometown of North Brookfield Kristen joined Jessie Waugh at Strandz, a small progressive salon.

Kristen takes extreme care in her techniques and clients can always expect an overall good experience when they sit in her chair. When asked why she became a stylist Kristen replies, "I've always been one, I just didn't know it. Styling hair always came

natural to me; not to mention it's a great way to expand my creative outlets." Kristen's philosophy is "if you love what you do you never go to work."

Strandz Hair Salon specializes in full-scale services that encompass everything from hair design and coloring to hair straightening and feather extensions. Jessie and Kristen stay up to date on the most current of styles which are appropriate for students and professionals, both male and female. They particularly excel at updating a client's look.

Kristen is now accepting new clients and invites you to share her passion and schedule an appointment.

For a complimentary consultation call 508-867-6465.



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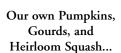
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Readers share favorite hints

time once again to delve into the snail mail bag and email box to share the terrific tips sent in from readers. Whether it's a tip to save money or a trick to cut a chore down to size, cre-



Hint KAREN

ative hints from readers definitely deserve to be shared! Read on for the most recent round of time and money saving tips.

And remember, readers, send in your best tips and you could win dinner for two in Sturbridge!

This nearly effortless "green" tip racks up solar savings!

I have a good idea I have been doing all summer and it works for us. We leave a hose outside on our driveway and the sun beats down on it all day. To save on oil, we use the solar power naturally. We put the hose to the window and Voila! We have free hot water to do dishes and get a free shower. It's an economical idea!

> LOUISE GUSTAFSON-SMITH ROCHDALE, MASS.

Savvy shoppers unite! This reader's sharing her best bargain hunting hint!

My helpful hint is to check out a website Alice.com. You are able to purchase all your household needs and groceries and have them delivered to your home. The great tip I offer is to order the items that have coupons attached for cents off. This

past week I pur-TAKE chased an eight pack paper towel THE (Bounty) that was regularly \$7.98, but also included was a \$3.89 coupon. And if you order six or TRAINOR more items the shipping is free. If you

stick to the discount items you can really save. Plus if you factor in the gas to drive to a store, most all items are a good

Hope this is helpful.

JENNIFER HADDAD WINCHENDON, MASS.

This potpourri of moneysaving pointers helps you stash cash!

Here are some ingenious ways to use a fabric softener sheet: To rub soap scum off your shower door; to polish the chrome fixtures in your bathroom; to give a shine to your shoes; in your suitcase to keep clothes smelling fresh; in your underwear drawer for a fresh scent; to dust the leaves of house-

Other hints: Attach a strip of glowin-the-dark tape or decals to household flashlights to make them easy to find in a power outage. Consider this for any item you will need to find in an emergency such as your fuse box, water supply, or cell phone. Glue a luminous strip to the switch of your bedside lamp to help you find the switch in the dark. Same for the off button on your alarm clock.

To make any candle a scented candle, add a drop of essential oil to the melting wax just next to the wick. Consider cinnamon, frankincense, pine, or bay for traditional holiday fragrances.

> Melissa Richardson CHARLTON, MASS.

A clever contributor shares her creative seasonal gardening and recycling tips.

While finishing some gardening and moving of basil plants etc., I placed some recycled Styrofoam peanuts (packaging) in the bottom of the flower pots — this tip helps aerate the soil.

I also recycle wax paper bags from cereal and cracker boxes to cook sweet potatoes and other potatoes or vegetables in the microwave. They make great cooking bags, no cleanup and food cooks in half or less the time, therefore a great energy saver. I don't use plastic in the microwave because of the

While gathering seed portions of the basil, I use old bread bag wire twists, also works great for roses and other flowers, twist around stem and hang upside down to dry. These twists are lightweight, bend easily around plant stems and two or more can be joined for larger flower or herb bundles. Once again a great way to recycle (reuse) an

> VIOLA BRAMEL NORTHBRIDGE, MASS.

This reader relays a roundup of remedies for less than sweet smelling feet!

Now that we are all wearing shoes, some of us have smelly feet. Here are a few tips on how to cope with this problem.

1. In the evening, sprinkle baking soda inside shoes to kill odor. Shake out the powder in the morn-

2. To keep shoes and sneakers dry and comfortable, dust the insides with baby powder.

3. Place a wrapped bar of soap in your shoes or sneakers overnight so they'll smell great in the morn-

4. Spraying Febreze in smelly shoes and sneakers eliminates the offensive odor.

5. Place a sheet of Bounce in your shoes and let sit overnight, and by morning your shoes will smell fresh.

> Donna Lewandowski CHARLTON, MASS.

This reader's tip for re-purposing pots put paint at your fingertips!

If you need to work on your house up an aluminum extension ladder, you will find an old cooking pot or pan with a long handle can be the perfect helper. Just push the handle into the hollow rung on either side of the ladder. Use as many as needed and move them up or down with you as you work. A deep pot works best if you are painting. You can even bring extra brushes, and now have a place to put them.

> P. Davignon Uxbridge, Mass.

Prize Winner

Congratulations Melissa to Richardson of Charlton, whose name was drawn as winner for Dinner for Two at the Publick House in Sturbridge. She offered the fabric softener uses above.

Win Dinner for Two at the **Publick House**

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous dinner for two (a \$60 value) at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of the Southbridge Evening News? Send questions and/or hints to: "Take the Hint!," c/o the Southbridge Evening News, 25 Elm St., Southbridge, MA 01550. Or email KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

For more great hints, tune into "Take the Hint!" one minute snippet tips aired twice daily on WORC-FM 98.9. And for more tips and talk, be sure to listen to my live hour-long show from 9-10 a.m. each Friday on WARE-AM 1250.

POLICE REPORTS

North Brookfield

5:47 a.m.: Fire alarm, Oakham Road. False alarm.

12:25 a.m.: Suspicious activity, East Brookfield Road. Spoken to.

5:16 p.m.: Safety hazard, Bates Street. Removed hazard. Oct. 6

3:06 p.m.: Safety hazard, Old West Brookfield Road. Services rendered.

12:19 p.m.: 911/hang-up call, Gilbert Street. Spoken to. 10:56 p.m.: Disturbance, Grove Street.

Spoken to.

6:21 p.m.: Animal call, Shore Road and Street Removed hazard Oct. 9 4:08 a.m.: Alarm, School Street. False alarm.

12:19 p.m.: Disturbance, Spring Street. Peace restored. Oct. 10

12:52 a.m.: Alarm, School Street. False alarm.

Spencer Police Department

Oct. 5

9:38 a.m.: Juvenile matter, Main Street. Suspension letter received from David Prouty High School.

11:18 a.m.: Animal control, Ash Street. Grey bird across the street, hurt, trying to fly.

2:47 p.m.: Request for police, South Spencer Road. Tour bus stuck at bridge — causing

3:42 p.m.: Obscene phone calls, West Main Street. Re: text message received? 4 p.m.: Request for police, Church Street. Re:

ex-boyfriend. 10:42 p.m.: Animal control, Main Street. Girlfriend hit an animal by Dairy Queen. 11:17 p.m.: Police information, West Main Street. BOLO out of Leicester.

8:34 a.m.: Juvenile matter, Thompson Pond Road. Request check on child.

10:39 a.m.: Residential fire, Shore Drive. SFD received direct possible electric fire in

11:01 a.m.: Drug/narcotic offenses, West Main Street. Requesting officer.

2:06 p.m.: Found, West Main Street. License in Sturbridge. 3:40 p.m.: Larceny/theft from building, Main Street Wire missing from building

3:40 p.m.: Juvenile matter, Water Street. Re: welfare of children? 3:44 p.m.: Request for police, Paxton Road.

Needs meds back from ex.

5:25 p.m.: Trespassing/real property, Summit Street. Party on property again.

9:40 a.m.: Suspicious activity, Chestnut Street. Scam call. 11:24 a.m.: Disturbance/neighbors, Main

Street. Male playing electric guitar with 1:18 p.m.: Medical call, Temple Street.

Seven-year-old male stung by bees, breaking out in hives. 1:22 p.m.: Juvenile matter, Adams Street.

Foster son left residence three hours ago. 2:16 p.m.: Medical call, North Spencer Road. Husband bit by wasp, difficulty breathing, almost unconscious.

3:27 p.m.: Chemical/fuel spill, Main Street. Truck spilling gas.

6:13 p.m.: Operating under the influence of alcohol or drugs, Elm Street. Male in black car, believe drunk. Oct. 8

4:51 a.m.: Request for police, Main Street. Male threw her out of apartment. 7:49 a.m.: Request for police, West Main Street. Re: 16-year-old daughter.

10:24 a.m.: Fire alarm, Charlton Road. Carbon monoxide alarm activation.

10:46 a.m.: Medical, Clark Road. Seventyyear-old male bee sting, allergic reaction. 10:50 a.m.: Request for police, Cherry Street. Requesting officer to speak with subject at/near residence.

7:01 p.m.: Juvenile matter, Park Street. Kids skateboarding at skate park, past

8:21 p.m.: Fireworks complaint, Cottage Street. Believe hearing gunshots in area. 11:41 p.m.: Domestic assault, Grove Street, Wife hit him in the face.

8:54 a.m.: Disturbance, Valley Street. Party signaled officer over, loud music.

10:47 a.m.: Medical call, Greenville Street. Six-year-old stung by bee, difficulty breath-

11:13 a.m.: Burglary, Mechanic Street. Owner into the station to report a burglary. 2:49 p.m.: Request for police, Main Street. Subject would like daughter removed from

Oct. 10 9:38 a.m.: Request for police, Smithville Road. Juveniles fighting.

1:09 p.m.: Animal control, Norcross Road. Momma and two cub bears.

6:01 p.m.: Request for police, West Main Street. Re: getting items back to ex.

7:45 p.m.: Hit and run accident with proper-

ARRESTS

Spencer

Erica L. Eccleston, 33, 2 Church St., Spencer. Warrant.

Gregory Scott Simpson, 27, 37 Ledge Ave., Spencer. Warrant. Oct. 6

Richard A. Carr Jr., 343, 47 Main St., Spencer. Fugitive from justice. Oct. 7

Kenneth J. Aromando, 54, 7 Maple St., Rutland. Operating motor vehicle under the influence of liquor, leaving the scene after property damage, operating motor vehicle recklessly to endanger, marked lanes violation, driving vehicle with open container of alcohol.

ty damage, Grove Street. Vehicle hitting cars up and down street.

8:14 p.m.: Juvenile matter, Highland and Pope streets. Three teens with beer, walk-

11:12 p.m.: Disturbance, Main Street. Male yelling out front. Oct. 11

6:35 a.m.: Disturbance, Cherry Street. Neighbors harassing.

11:36 a.m.: Request for police, Temple Street. Need female removed from residence.

2:39 p.m.: Motor vehicle accident with property damage, Main Street. All parties out of vehicles, no personal injury.

5:14 p.m.: Request for police, Route 49. Something just broke window/mirror.

NEWS BRIEFS

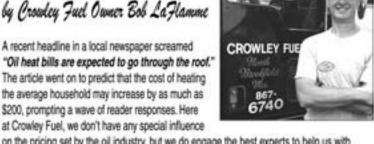
Third annual HBC Coat Giveaway

SPENCER – The need for warm coats is always a concern, but it is especially noticeable in difficult economic times.

The congregation of Hillside Baptist Church is gearing up for its third annual Coat Giveaway, to be held from 10 a.m. to 2 p.m. Saturday, Nov. 12 at the Depot Village Senior Center, Wall

FUEL FOR THOUGHT by Crowley Fuel Owner Bob La Flamme

"Oil heat bills are expected to go through the roof." The article went on to predict that the cost of heating the average household may increase by as much as \$200, prompting a wave of reader responses. Here



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Street, Spencer.

Coat and jacket donations may be made by bringing them to Hillside Baptist Church, 472 Main Street, Spencer

from 11 a.m. to 1 p.m. Saturday, Oct. 8;

from 11 a.m. to 1 p.m. Saturday, Oct. 22; from 11 a.m. to 1 p.m. Saturday, Nov. 5;

from 1 to 5 p.m. Sunday, Nov. 6 and from 6-8 p.m. Thursdays during the Bible Study. If a church or business chooses to conduct a specific onsite collection for the Giveaway, call Rosemary Reed at

(508) 885-4673 and arrangements will be made to pick up This year the folks at Hillside are conducting a community-wide coat drive in an effort to gather even more winter coats and jackets for the Giveaway than in previous years. They are specifically looking for clean, gently-used children's, women's, and men's winter

coats and jackets. Anyone who needs a warm coat for themselves or their children is welcomed to come to the Coat Giveaway on Nov. 12 and choose a coat. The coats are, as always, free and available on a first-come, first-served basis. While there may not be coats available in every size, the goal is to collect and distribute as many coats and jackets as possible on that day.

North Brookfield group plans calendar fundraiser

NORTH BROOKFIELD — The North Brookfield Decorates Committee is selling holiday calendars to support ongoing efforts to spruce up the town.

The Calendars, with daily prizes throughout the month of January 2012, make great stocking stuffers and gifts.

Calendars will be available October through Dec. 31 at the Cuddy Insurance Agency, Haston Free Public Library, North Brookfield Senior Center, North Brookfield Town Offices and

Saint Jean's Package Store. Proceeds from this fundraiser provide the holiday decorations, the flower buckets throughout town, replacement of tattered American flags and support the renovation of the announcement sign in the center of town. The sign will be refurbished by Randy Beaudoin of North Country Signs, for the cost of materials, no charge for labor. A grant from the North Brookfield Cultural Council also provided funds for this proj-

North Brookfield Decorates is very appreciative of the help from townspeople throughout the year. Joe Holway took care of the American flags in the center of town and many volunteers watered the plants.

To become involved, or if you would like more information, please contact Julie McCarthy or Trish Miller via the administrative assistant to the Board of Selectmen at (508) 867-0200.

Trick or Treat Oct. 29 in **Brookfield**

BROOKFIELD — Trick or Treat will be held from 5:30 to 7 p.m. Saturday, Oct. 29 in Brookfield. The children will meet at the Town Hall at 7 p.m. for the annual parade then go back to the pavilion at Lewis Field for costume judging. Everyone is invited to join in the fun and help ensure that the children have a safe and fun Halloween celebration. This event is being sponsored by the Recreation Committee.

* Reminder - If you can, please send a bag of candy to the elementary school to help offset the cost of candy incurred by the folks around the common/center of town who get the brunt of the visits from the ghosts and goblins. Special news: There will





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October Happenings

NEW Twin Lobster Thursdays Every Thursday at the Swan & the Duck

Three for Tuesdays

3 sliders for the price of two at Cedar Street Grille

Special \$24 Three-Course Pre-Fixe Menu Monday-Wednesday at the Duck

Octoberfest specials, October 10-31 at the Swan & the Duck

Entertainment returns on Monday evenings Jarred Fiske at the Duck

Halloween Weekend October 29-31

Kids in costume eat free

Cooking with Rob, Harvest Dinner, November 3 at the Swan

TABLE 3 RESTAURANT GROUP

News Briefs

Convert great idea into a successful business

NORTH BROOKFIELD — Have you ever dreamed about having your own business based on a great idea? The economy will get better, so this might be the right time to prepare and test your business ideas.

North Brookfield Economic Development Commission, North Brookfield Savings Bank and the Chamber of Central Mass South have partnered with SCORE volunteer business executives to deliver a free Saturday morning workshop to help you to decide if you and your ideas are ready to become an achievable business venture. Topics will include financing, business planning, marketing and self-assessment.

The workshop will be held from 8:30 a.m. to noon Saturday, Nov. 5 in the Community Room in the new North Brookfield police building, at the corner of School and Grove streets.

Call the Chamber of Central Mass South at (508) 347-2761 to register for one of the available seats, or for more information. Seats are available to people in local towns, but are limited to 40 participants. This workshop is a free

Do not miss this opportunity to learn about how you can convert your ideas into your

Take a tour of Sibley-Warner Farm Saturday

SPENCER — Come see the 350-acre Sibley Warner property proposed for conservation. Meet at 131 Greenville St. (the former Warner horse farm) at 2 p.m. Saturday, Oct. 22 for a one-hour guided walk of the property.

Participants will walk up the Mid-State Trail, turn north on a farm road, ending at Route 9, and then be driven back to their cars. Wear sturdy boots. Refreshments will be served.

The walk is sponsored by Common Ground Land Trust, the Greater Worcester Land Trust, Mass Audubon and the Spencer Conservation Commission.

For more information, call Ellen Sousa at (508) 885-0238.

'Soccer Rocks' concert raising funds for club

 ${\tt SPENCER-The\ Spencer\ Soccer\ Club\ will}$ sponsor its first "Soccer Rocks!" concert fundraiser from 7 p.m. to midnight Friday, Oct. 28 at the Spencer Country Inn.

There will be live music by local cover bands Big Gunz and Down Time, a New England Patriots ticket raffle, a 50/50 raffle, door prizes, and if people wish to dress up, a prize for Best Halloween Costume.

Tickets are \$15 each and are available now at the Big Y Spencer branch of Southbridge Savings Bank, David Kelley Insurance Agency, Inc. in Spencer or by emailing tickets@spencersoccerclub.org. They will also be on sale at the East Brookfield Elementary School soccer fields from 8 a.m. to 1 p.m. Saturday, Oct. 22.

Richard Sugden Library Teen News

Name and create a logo for the Richard Sugden Library's teen space! The teen space at the Spencer library is a great place for any teen to go for information, to hang out with friends, work on homework, use technology and more. The only thing we are missing is a great name for this space. This is your space and we want the name to reflect that!

To enter, please complete the entry form available at the library. Don't forget to include your name, phone number and/or email so that we are able to contact winners. You just may win a \$25 gift card!

Contest Guidelines: You must be in Grades 6-12.

· You may submit more than one entry.

• The library has the right to disallow entries due to inappropriateness.

 A drawing will take place in the event that multiple entries contain the winning name. • Winner will be

decided by the staff and trustees of the library.

The deadline is Dec.

For more information, call the library at (508) 885-7513.



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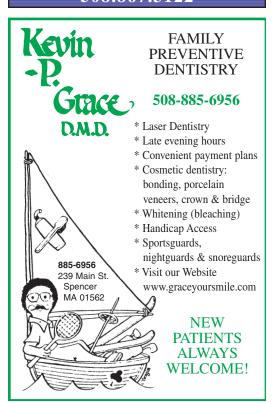


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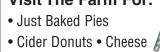








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OBITUARIES

Paul J. Strid, 66

OXFORD - Paul John Strid, 66, died Saturday, Oct. 15, 2011, in his home.

He is survived by his wife of 37 years, Lynne (Curran) Strid of Oxford; two children, Matthew J. Strid of Leicester and Megan E. Barchard and her husband Ryan of Lynn; his sister-in-law, Patty Guertin and her husband Ted of Oxford; his brother-in-law, Rick Curran and his wife Karen of Oxford; two nephews and one niece.

He was born in Worcester, the son of the late John and Jennie (Nelson) Strid, and lived in Worcester before moving to Oxford in 1974. He attended South High School in Worcester.

He was a U.S. Navy veteran.

Mr. Strid was a truck driver at the Department of Public Works in Worcester for

30 years, retiring in 2003.

He was a member of St. Roch's Church in Oxford, and also belonged to the choir. He was a member of the Knights of Columbus Council 4241 in Oxford and a 4th degree member of the John Cardinal Wright Assembly.

His funeral was held Tuesday, Oct. 18, from Paradis Funeral Home, 357 Main St., Oxford, followed by a Mass at St. Roch's Church, 332 Main St., Oxford. Military burial was at St. Roch's Cemetery in Oxford.

Memorial contributions may be made to the Oxford Ecumenical Food Shelf, 8 Maple St., Oxford, MA 01540. www.paradisfuneral-

Lynda Plante



WEST BROOKFIELD — Lynda Demuth Plante of Brookfield died peacefully in her home on Oct. 12, 2011.

She leaves a sister, Lauren S. Demuth of Castle Rock, Colo.; a brother, Jonathan F. Plante of

Leicester and her beloved companion, Tiger Lily. She was born in Worcester, daughter of

Francis A. and Muriel (Demuth) Plante. She graduated from Leicester High School and furthered her studies at Brandeis

University in Waltham where she received her BE.S. degree in Politics.

Following her graduation from Brandeis, Ms. Plante taught school in Leicester and went on to work for Model Cities Program and the Office of Human Service Programs, both in Worcester.

Returning to school and receiving her M.B.A. Degree from Clark University, she then went to work for Norton Company in Worcester, where she worked in a variety of financial, marketing, and systems positions.

Since her retirement from Norton Company, Ms. Plante has worked for a number of small and start-up businesses special-

SPENCER — Wilrose E.

'Willie" Letendre, 76, of

Wednesday, Oct. 12, 2011 in

Brigham & Women's

Hospital, Boston, after an

18-month courageous bat-

He leaves his wife of 57

Hastings Road,

tle with Leukemia.

years, Patricia E. (Cameron) Letendre; three

daughters, Debra A. Letendre and Jo-ann M. Letendre, both of Spencer, and Mary Lou

Smith and her husband Charles of Millbury;

a brother, Robert Letendre of Spencer; four

sisters, Pearl Mominee and Pauline Paradis,

both of Spencer, Mildred Lachambre of

Brookfield and Joan Lusignan of East

Brookfield; four grandchildren, Amy, Edward, Branden and Michael; several nieces

He was predeceased by four brothers,

Willie was born in Spencer, son of Louis

He was Service Director at Ragsdale

He was a member of Our Lady of the

Chevrolet for over 25 years before retiring 15

Donald, Paul, Milton and Norman Letendre

and nephews and his beloved cat "Baby."

and a sister, Rita Letendre.

years ago.

Rosary Church.

and Clara (Ledoux) Letendre.

izing in accounting and finance. Ms. Plante's volunteer efforts included serving on the Board of Directors of the Worcester Chapter of the American Red Cross and Family Planning Services of

Greater Worcester. She also devoted her time to serving on various committees of the Worcester Aids Project including finance and marketing, the Aids Walk and the Food Pantry.

She was a former member of the West Brookfield Board of Selectmen, West Brookfield Advisory Board, West Brookfield Elementary School Committee and

the West Brookfield Elementary and Quabog Regional Middle/High School Building Committees. She was currently serving as Town Moderator for the Town of

West Brookfield.

A memorial service was held Monday Oct. 17 in First

Baptist Church, 111 Park Avenue. Worcester. Burial was in Pine Grove Cemetery.

Donations may be made to the Travis Fund for Needy

Animals, Cummings School of Veterinary Medicine at Tufts University, North Grafton, MA 01536.

He was the President of the Spencer

Trotters Association Inc. for over 50 years,

before retiring this year due to illness. He was

Past President of Harness Horsemen's

Association of New England and a 5 term

President of the "Chevrolets Only the Best

He volunteered his time and mentored

vouths in the Brookfield area by teaching

classes in the automotive field. He was well

liked and helped numerous people through

He enjoyed horses, the Boston Red Sox,

Willie's family would like to thank the doc-

tors and nurses at Dana-Farber Cancer

Institute, especially Dr. David Steensma, Dara

Stern, Ludmila Svoboda and Mary Delaney

A funeral Mass was held Monday, Oct. 17 in

Our Lady of the Rosary Church, 7 Church St.,

Spencer. Burial was in Pine Grove Cemetery,

Memorial donations may be made to Dana-

J.Henri Morin & Son Funeral Home, 23

Farber Cancer Institute, Attention Leukemia

Fund, P.O. Box 849168, Boston, MA 02284-9168.

Maple Terrace, Spencer, directed the arrange-

for their compassionate care.

New England Patriots, mowing his lawn and

the years. He was a "good hearted man."

Robert A. Buck

WARREN — Robert A. Buck died Wednesday, Oct. 12, 2011 after a 2-month ill-

He was the son of Marjorie A. (Tucker) Buck and James E. Buck, grandson of Alice (Demond) and Arthur Tucker, whose hardware business Robert carried on for 33 years. His mother was descended from the first white settlers of Warren which was established in 1741.

He leaves his wife, Sylvia G. (Walker) Buck; two sons, Kenneth J. and Russell D. Buck and two grandsons, Adam and Jonathan Buck.

He was born in Warren where he resided all his life, but his lifelong love of railroads lured him to travel, beginning with a 10,000 mile rail trip in 1953, followed by family camping trips every summer to National Parks and the abandoned railroad road beds in the mountains of Colorado.

He operated Tucker's Hardware store for 33 years, holding Open Houses many years, one year awarding a 2-week vacation for two to a local girl, another year winning for himself an automobile in a hardware jobber contest. In 1981 he sold that business and opened Tucker's Hobbies shop in his ancestral home on Bacon Street.

He served on the Warren Board of Fire Engineers, the fund raising committee for reconstruction of the church kitchen and Sunday School rooms of the Federated Church of Warren, as a field consultant for the Salvation Army and for several years and on the Warren Parks and Recreation Commission which won a federal grant for construction of a baseball field.

He fought successfully to preserve the small town character of Warren and surrounding towns by serving on citizens action groups such as "STOP IT"? (an organization to stop the state siting of a hazardous waste treatment facility in Warren) and "Never in New Braintree"? (to stop the state from locating a prison in New Braintree.)

He was a charter member, and President and Program Manager of Amherst Railway Society for many years. He co-founded their Annual Railroad Hobby Show, which began as a 3-hour event in a classroom at UMASS and eventually moved to two large buildings at the Big E, operating over two days and attracting more than 25,000 visitors every vear. It is considered the largest railroad show in the northeast. Over \$300,000 in profits from the Show has been donated to railroad historical societies and museums for restoration projects and scholarships. He was honored by the Amherst Railway Society for his 31 years of leadership at a dinner in April 2007 and by the Eastern States Exposition for his years of service as show director at that location.

His interest in trains, from life size to tiny scale models, has made him friends all over the country and a few abroad, as well. The hobby is one he passed along to his sons and grandsons. It led to his helping to found the Quaboag Valley Railroaders that set up an operating scale model layout at the old school in East Brookfield.

His other compelling interest was in classical music. He has held a season ticket to the Springfield Symphony Orchestra since 1952.

A funeral service for Robert was held Saturday, Oct. 15, in the Varnum Funeral Home, Inc., 43 East Main St., West Brookfield. Those wishing to make donations in his

memory may send them to the Springfield Symphony Orchestra, 1350 Main St., Springfield, MA 01103.

Richard E. Parker, 90



SPENCER — Richard E. Parker, 90, of Brooks Pond Cross Road, died Tuesday, Oct. 11, 2011 in the Meadows of Leicester after an illness.

His wife of 65 years, Florence B. (Brown) Parker, died in February.

He leaves four sons Donald A. Parker of Lompoc, Calif., Thomas R. Parker of Falmouth, Raymond W. Parker of Tampa, Fla. and William R. Parker of North Brookfield; a daughter, Patricia B. Robertson of Belfast, Maine; a brother, Kenneth Parker of North Brookfield; two sisters, Lucille Warner of Spencer and Joyce Stone of North Brookfield; 11 grandchildren; 12 great-grandchildren and several nieces and nephews.

He was predeceased by three brothers, Leon, Ernest and Norman Parker and a sister, Doris Parker.

Mr. Parker was born in Spencer, son of Walter and Alice (Bemis) Parker.

He was a purchaser at Warren Pumps for 32

years retiring in 1984. After retiring, he drove truck for Worcester City Delivery for 12 years and was a caretaker at Pine Grove Cemetery for 10

He was a member of the First United Methodist Church of

He was a life member and past commander at Post 138 American Legion in Spencer, life member of the Spencer Fish and Game and a former member of the Greendale Retired Men's Club.

He enjoyed golfing and mowing his large

The funeral was held Saturday, Oct. 15 in J. Henrii Morin & Son Funeral Home, 23 Maple Terrace, Spencer. Burial with Military Honors was in Worcester County Memorial Park, Paxton.

Memorial donations may be made to First United Methodist Church, 161 Main St., Spencer, MA or to American Legion Post 138, 175 Main St., Spencer, MA 01562.

Lois L. Simpson, 47



SPENCER — Lois L. (Donaghy) Simpson, 47, of 37 Ledge Avenue, died Saturday, Oct. 15, 2011 at Saint Vincent Hospital in Worcester after a courageous battle with cancer.

She leaves her husband of 31 years, Gary D.

Simpson; three sons, Gary D. Simpson, Jr. and his wife Ashley of West Warren, Gregory S. Simpson of Spencer and Christopher B. Simpson of West Warren, a brother, Mark Donaghy and his wife Elizabeth of Dover-Foxcroft, Maine; three sisters, Linda Laconto and her husband Ronald of Leicester, twin sisters, Judy F. Plankey of Spencer and Trudy M. Vail and her husband Charlie of Holland; a very special grandson, Reese Simpson; several nieces and nephews and her best friend,

Born in Worcester, she was the daughter of Earl S. and Anita (Fields) Donaghy.

Mrs. Simpson was a graduate of Auburn High School and attended Quinsigamond College School of Nursing.

She was a store manager for over 20 years at Grammy's and Vinny's Fish and Chips and at Sanges Salon all in Worcester.

She enjoyed traveling to Key West and

being around her family. The Funeral was held Wednesday, Oct. 19 from the J. Henri Morin & Son Funeral Home, 23 Maple Terrace, Spencer with a Mass at 10 a.m. in Our Lady of the Rosary Church, 7

Church St., Spencer. Burial was in Worcester

County Memorial Park, Paxton. www.morin-morrison.com

F. Barbara Lifter, 85

Wilrose E. Letendre, 76

apple pie.

Spencer.

SPENCER — F. Barbara (Leslie) Lifter, 85, passed away Oct. 12, 2011 in Millbury Healthcare Center.

She is predeceased by her husband, Arthur P. Lifter, who died in 1980.

She leaves a son Scott A. Lifter of Spencer; a daughter Deborah Mulcahy and her husband Thomas of Auburn; three granddaughters, Tara, Shauna and Caelyn; three greatgrandchildren, Amelia, Ethan and Ian.

She was predeceased by a daughter, Bonnie, who died in 1965.

Barbara was born in Worcester, the daughter of Francis and Helen (Youngson) Leslie and has lived in Spencer for 65 years.

ments. www.morin-morrison.com

She was active with several of the Woman's Fellowship groups at the Congregational Church in Spencer.

Burial was in Pine Grove Cemetery, Spencer. In lieu of flowers, donations may be made to the American Cancer Society, 7 Oak St.,

Worcester, MA 01609. The Pillsbury Funeral Home, 163 Main St.,

Spencer, directed the arrangements. Pillsburyfuneralhome.com

Becker-hosted games institute gets \$500K grant

WORCESTER — Congressman James P. McGovern (D-Worcester) made his second visit to Becker College in as many weeks Sept. 27 to announce a \$500,000 federal grant for the Massachusetts Digital Games Inst (MassDiGI), hosted on the Worcester campus.

The grant is being administered through the U.S. Economic Development Administration's University Center Economic Development Program.

"MassDiGI is a landmark opportunity for Massachusetts to build on our strengths and pursue long-term high-tech, innovation-economy job growth," McGovern said. "This federal grant will allow the institute to take the next step in pursuing their vision for a collaborative effort between academia, private industry, and government. I'm excited to see the economic development impact that MassDiGI will cultivate over the coming years.

"MassDiGI is the result of a strong partnership our administration helped to develop across academia, government, and the private sector in support of the video and digital game industry, which has great potential for growth in regions across the Commonwealth," said Lt. Gov. Timothy P. Murray. "We thank the Obama Administration and Congressman McGovern, a tremendous partner to this process, for this federal funding that will further leverage opportunities to advance entrepreneurship, academic success, and business growth for the state's digital and video game industry.

Mass DiGI and Becker College also officially announced memorandums of understanding with six private video game developers. Under the terms of the agreements, the companies will provide resources and personnel in support of the institute. The companies include Roadhouse Interactive, Muzzy Lane Software, Turbine, Bare Tree Media, Tencent Boston, Simon & Schuster/Pimsleur Language Programs and

"This is really exciting. Talent is of critical importance to the Commonwealth digital games sector and MassDiGI's work will make certain our graduates are the best in the world," said Dave McCool, CEO of Muzzy Lane Software.

Murray announced the creation of Mass DiGI, hosted at Becker College, home to a top 10 nationally ranked digital game design program, in spring 2011. In the start-up phase of MassDiGI, Becker College will host the institute and will also be the lead provider of resources and services supporting the institute.

Becker College has previously received grants totaling \$50,000 from the Massachusetts Collaborative's John Adams Innovation Institute, and has invested more than \$150,000 in support of the institute to date.

Since the launch in April, MassDiGI has hit several milestones, including presenting to the Massachusetts Creative Economy Council, delivering the keynote at the Greenfield Community College computer game workshop event, named to the shortlist of the UK Trade and Investment Go for the Gold competition and establishing its first Board of Advisors.

Confirmed members of the Board of Advisors include President Robert E. Johnson, Becker College, chair; Ken Surdan, Turbine; Jeff Goodsill, Tencent Boston; Mike Cavaretta, MBBP and MIT EF NE Games SIG; Monty Sharma; President Gail Carberry, Quinsigamond Community College; Dean Karen Oates, WPI, and Gordon Bellamy, executive director, IGDA.

"As chair of the MassDiGI Advisory Board, I am extremely pleased that the EDA selected our application to the University Center Program for funding," Johnson said. "The grant resources will go a long way in assisting MassDiGI in providing technology-centered services that support the needs of the digital games industry in Massachusetts in order to create and retain jobs, start businesses and provide greater economic opportunities."

"From the get go, MassDiGI has received incredible backing from government, higher education and industry — and industry involvement is essential to achieving positive outcomes. EDA's University Center funding provides a solid base from which we can launch our innovative programs," said Timothy Loew, executive director of MassDiGI.

Lisa A. Spillane



CHARLTON — Lisa Ann (Howard) Spillane died peacefully on Oct. 12, 2011 after a long illness. She was surrounded by

her dearest loved ones. She is survived by her most beloved daughter, Jillian Rose Spillane; her

parents, James E. and Rosemary A. Howard of Charlton; her sisters, Karen M. Nicholas (and Roland Sickenberger) of West Brookfield and Laura L. Jette (husband, Robert Jette) of Sturbridge; her brothers, Daniel J. Howard (wife, Cynthia Howard) of Dudley and Greg Hastings (wife, Karen Hastings) of Shrewsbury. Lisa absolutely adored and loved her nieces and nephews, Joseph, Zachary, Melissa, Timothy, Matthew, Katherine, Hannah, Colin, Andrew, Jack and Daniel. She leaves many more much loved friends and relatives.

Born in Worcester, Lisa has lived in

Charlton most of her life. She is a graduate of Shepherd Hill Regional High School in Dudlley and Fitchburg State College, where she earned her Bachelor's of Science in Nursing.

She worked as a Registered Nurse for over 22 years. She previously worked in OB/Gyn at UMass Memorial Medical Center, The American Red Cross, The National Bone Marrow Registry, The UMass Cord Blood Program, and most recently as an ER staff nurse at Harrington Hospital in Southbridge.

Lisa volunteered her time in working with friends of Bill W. and the Charlton PTO. She was a member of Charlton Baptist

Church. Lisa loved life! She enjoyed "power walking," skiing, anything involving the ocean, reading and Beatles music. Most of all she

enjoyed spending time with her daughter, her family and her friends. Lisa loved to laugh! A memorial service was held Sunday, Oct. 16 at Charlton Baptist Church. Donations may be made to the Jillian Rose

Spillane Memorial Fund at Southbridge Savings Bank, PO Box 578, Charlton, MA

CALENDAR

The calendar page is a free service offered for listings for government, educational and nonprofit organizations. Send all calendar listings and happenings by mail to Ann Tremblay at Stonebridge Press, 25 Elm St., Southbridge, MA 01550; by fax at (508) 764-8015 or by e-mail to atremblay@stonebridgepress.com. Please write "calendar" in the subject line. All calendar listings must be submitted by 3 p.m. on Friday to be published in the following Friday's edition. The Spencer New Leader will print such listings as space allows.

FRIDAY OCTOBER 21

N. BROOKFIELD — There will be free weekly PARENT/CHILD PROGRAMS from 9 to 11 a.m. Wednesdays and Fridays at the North Brookfield Elementary School, New School Road, North Brookfield

The program runs on school calendar and closes for vacation and inclement weather according to North Brookfield School calendar. This free program is sponsored by the Spencer, Wachusett, North & East Brookfield Coordinated Family Grant in partnership with the North Brookfield Elementary School. Funded by the Massachusetts Department of Early Education and Care.

BROOKFIELD — A "Friends" SPAGHETTI SUPPER FUNDRAISER for the North Brookfield Senior Center will be held from 5:30 to 7 p.m. Friday, Oct. 21 at the senior center, 29 Forest St., North Brookfield. The donation is \$8 for adults and \$5 for chi:dren under 12. Call the senior center at 508-867-0220 for tickets.

LEICESTER — The Leicester Board of Health is sponsoring the upcoming seasonal FLU CLINIC for Leicester residents from 1 to 4 p.m. Friday, Oct. 21 at the Leicester Senior Center, 40 Winslow Avenue, Leicester. Preregistration is not required. At this clinic, preference for shots will be given to individuals age 65 years and over and individuals age 50 years and over with chronic health problems. Individuals are encouraged to bring all insurance cards with them. For more information, call the Leicester Board of Health at 508-892-7008.

LEICESTER — The Leicester Lions Club will be holding its Fall Halloween PITCH PARTY at 7 p.m. Friday, Oct. 21 at the Leicester Senior Center, 40 Winslow Avenue, Leicester. Admission is \$4 per person plus a non-perishable food item. All proceeds will benefit the Massachusetts Lions Eye Research Fund and the Leicester Community.

SATURDAY OCTOBER 22

SPENCER — Country LINE DANCE Class with JP Ellery is being held at the Richard Sugden Library. This class is so popular that we are adding a second class Saturdays in October from 11 a.m. to noon. The cost is \$3 per person and can be paid to JP Ellery at each class. Join the fun! One hour of great exercise! The class is held in the Meeting Room. If you have any question, feel free to call Denise at 508-885-7513, or email dfarmosa@cwmars.org.

BROOKFIELD - Brookfield's fourth annual PUMPKINFEST and Pumpkin Carving Contest, sponsored by the Brookfield Cultural Council, will be held on the Brookfield Town Common on Saturday, Oct. 22 (rain date Sunday, Oct. 23). Register your carved pumpkins at 5 p.m. Pumpkins will be lit at 6 p.m. Winners to be announced by 7 p.m. Ribbon and cash prizes for each age group: children 0-9, juniors 9-18, adults 18 and over. Enjoy music by Boys of the Town and free cider and free cider donuts.

BROOKFIELD — A field trip: Rewilding in the HARDWICK HILLS from 1 to 3 p.m. Saturday, Oct. 22. This is a gentle hike through two East Quabbin Land Trust habitat restorations that are bringing back wildlife, with EQLT's botanist, Caren Caljouw, and director, Cynthia Henshaw. Free of charge. This program is sponsored by the North Brookfield Haston Free Public Library fall series, "REWILDING THE Exploring WORLD: Wildlife Conservation." These programs are supported by a grant from the North Brookfield Cultural Council, a local agency which is supported by the Massachusetts Cultural Council, a state agency, and by generous support from Country Bank and the Friends of the Haston Free Public Library. For more information, call (508) 867-0208 or visit www.northbrookfieldlibrary.org.

LEICESTER -The Leicester Parks and Recreation Department will hold recreational BASKETBALL SIGNUPS from 1 to 4 p.m. Saturday, Oct. 22, Sunday, Oct. 23 and Wednesday, Oct. 26 for boys and girls in Grades 3-8 at the Leicester Town Hall. The cost is \$45 per child.

SPENCER — There will be a HARVEST FAIR from 9 a.m. to 2 p.m. Saturday, Oct. 22 at the First Congregational Church, Main Street, Route 9, Spencer, featuring plants, jewelry, baked goods, holiday items, gift basket opportunities and much more. Lunch will be served from 11:30 a.m. to 2 p.m. Free admission.

SPENCER — There will be a PSYCHIC FAIR from 10 a.m. to 3 p.m. Saturday, Oct. 22 at Howe Village in Spencer. The cost is \$20 for a 15-minute reading. This is being sponsored by the Ladies Auxiliary to VFW Post 3439. Proceeds will help veterans and their fami-

SPENCER — There will be a HARVEST SUPPER at 6 p.m. Saturday, Oct. 22 at the Spencer Methodist Church, 161 Main St., Spencer. The menu includes ham with raisin sauce, mashed potatoes, fall vegetables, dessert and beverage. The cost is \$10 for adults and \$5 for children 12 and under. For tickets and take-out, call 508-885-2929.

W. BROOKFIELD — There will be a TURKEY DINNER at 6 p.m. Saturday, Oct. 22 at the Whitefield United Methodist Church, 33 West Main St., West Brookfield. The cost is \$10 for adults and \$8 for children. For more information, call 508-867-3002.

SPENCER —The David Prouty High School Marching Band will be holding its ANNUAL FUNDRAISER "Taste of the Towns" at 2 p.m. Saturday, Oct. 22 in the David Prouty High School Cafeteria, 302 Main St., Spencer. Tickets are \$10 for adults and \$5 for senior citizens over 65 and children under 12. Local restaurants will bring samples of their cuisine. Local businesses also donate items to be raffled off. Guests will also be treated to music from the David Prouty High School Band.

SPENCER — Please join us on Saturday, Oct. 22 for the GREAT PUMPKIN HUNT.

The members of Hillside Baptist Church are inviting families with children of all ages to come to the church at 472 Main St., Spencer, starting at 4:30 p.m. and enjoy an afternoon of fun activities including Pumpkin Scavenger Hunt, Costume Contest, Face Painting and Tattoos, Games, Snacks and Hot Chocolate. Prepare to stay late and bring the jammies, slippers, and bean bag chairs for the family movie beginning around 7:30 p.m. The cost for the Great Pumpkin Hunt is \$2/per person or \$5/per family OR, since we are having a coat drive for our 3rd annual Coat Giveaway, you may substitute a clean, gently-used children's, women's, or men's winter coat or jacket for the monetary fees – one per child, if possible. For more information, call Toni at (508) 885-

MONDAY OCTOBER 24

SPENCER — There will be NATURE CRAFTS for school-aged children at the Richard Sugden Library on Mondays from 4 to 5 p.m. in October. Today we will be creating with shells. Make a frame, a moving undersea collage or something of your own creation.

TUESDAY OCTOBER 25

BROOKFIELD There will be a Community BOOK DISCUSSION of Caroline Fraser's Rewilding the World at 7 p.m. Tuesday, Oct. 25 at the Haston Free Public Library, North Brookfield, (508) 867-0208, with slide show and book signing. Everyone is welcome to attend. These programs are supported by a grant from the North Brookfield Cultural Council, a local agency which is supported by the Massachusetts Council, a state agency, and by gen erous support from Country Bank and the Friends of the Haston Free Public Library. For more information visit www.northbrookfieldlibrary.org.

LEICESTER — The Leicester Public Library will be hosting a HALLOWEEN PARTY for children ages 5 and up at 4 p.m. Tuesday, Oct. 25 at the Leicester Senior Center, 40 Winslow Avenue, Leicester. The party will include games, stories, a craft and of course, treats. Children are encouraged to wear their Halloween costumes. Registration is required and there is a sign-up sheet at the Leicester Public Library. For more information, call the library at 508-892-7020.

SPENCER — There will be HOMEWORK HELP from 4 to 5 p.m. and a YOUNG SCIEN-TISTS program at the Richard Sugden Library from 4:30-5:30 p.m. every Wednesday in October. Today's challenge is to design a helmet to protect a water balloon head-then see if it works! The program is for school aged children.

WEDNESDAY

 $\begin{array}{c} OCTOBER~26 \\ \text{rutland} - \text{senior exercise class-} \end{array}$

ES are held every Wednesday from 10-11 a.m. at the Rutland Community Center, Glenwood Road, Rutland. Enjoy an hour of fun and exercise to music to help stay strong, fit, healthy and independent. Classes are co-ed and all are welcome. The fee is \$4 per class. For more information, call Joyce Gamache at (508) 754-2821.

NORTH BROOKFIELD — The North Brookfield Sportsmen's Club, 20 Boynton Road, North Brookfield, will hold its weekly Wednesday evening TRAP SHOOTING at 7 p.m. Ammo is available. Open to the public.

N. BROOKFIELD — There will be free weekly PARENT/CHILD PROGRAMS from 9 to 11 a.m. Wednesdays and Fridays at the North Brookfield Elementary School, New School Road, North Brookfield

The program runs on school calendar and closes for vacation and inclement weather according to North Brookfield School calendar. This free program is sponsored by the Spencer, Wachusett, North & East Brookfield Coordinated Family Grant in partnership with the North Brookfield Elementary School. Funded by the Massachusetts Department of Early Education and Care.

SPENCER — The BABY TIME program for infants 6 months to 18 months and their care-

givers meets on Wednesdays at the Richard Sugden Library from 9:30 to 9:45 a.m. The TODDLER STORY HOUR for children aged 18 months to three years old and their caregivers is offered from 10:30 to 11:30 a.m. Prekindergarteners who will be three years old by Oct 1 are invited to STORY HOUR from 11:30-12:30 a.m. Registration is required for the above programs and can be done in person or by calling 508-885-7513.

SPENCER — There will be a Young Scientists program at the Richard Sugden Library from 4:30-5:30 p.m. every Wednesday in October. Today's challenge is to make something that neither floats nor sinks.

W. BROOKFIELD — Craft Club REGIS-TRATION AND FIRST MEETING will take place Wednesday, Oct. 26 from 3:30 to 4:30 p.m. at the Merriam-Gilbert Public Library, West Brookfield. This is for children in grades 1-6.

NORTH BROOKFIELD —Lynne Losurdo will present a HALLOWEEN CRAFT for kids in grades K-6 at the Haston Public Library on Wednesday, Oct. 26 from 3:30 to 4:30 p.m. Using paper bags, muffin cups and other materials, kids will create hanging bat and spider decorations to get their homes in the spooky spirit of Halloween. Sign up for the fun by calling the library at 508-867-0208.

THURSDAY OCTOBER 27

SPENCER — BINGO at the Knights of Columbus, 10 Meadow Road, Spencer every Thursday. Doors open at 4:30 p.m. The first game starts at 6:45 p.m. Come and enjoy some good food, good people and hopefully win a

BROOKFIELD — "DIVORCE CARE" weekly meetings will be held at 6:30 p.m. on Thursdays at the Brookfield Congregational Church, On the Common, Brookfield. DivorceCare groups meet weekly to help you face challenges and move toward rebuilding your life. DivorceCare is a friendly, caring group of people who will walk alongside you through one of life's most difficult experiences. Don't go through separation or divorce alone. Each session includes a skill-building DVD presentation and is followed by a Discussion/Support Group. For more information, call the church office at 508-867-6262 or e-mail to bccucc@charter.net.

SPENCER — There will be free weekly PARENT/CHILD PROGRAMS from 9 to 11 a.m. Thursdays at the Spencer Child Care Center, 216 Main St., Spencer. The program runs in accordance with the Spencer Child Care Center. This free program is sponsored by the Spencer, Wachusett, North & East Brookfield Coordinated Family Grant in partnership with the Spencer Child Care Center. Funded by the Massachusetts Department of Early Education and Care. No registration is required. This is a stay and play program and parents must attend with their children. For more information, please call 508-885-2934 or email Wachusettcpc@hotmail.com.

SPENCER — There is a SPECIAL PRO-GRAM for preschoolers and homeschoolers today, Oct. 27 at the Richard Sugden Library. Join Miss Corro in music and movement from 10 to 10:45 a.m. followed by stories and craft with Miss Erin. This program is sponsored by the Spencer Coordinated Family

FRIDAY OCTOBER 28

N. BROOKFIELD — There will be free weekly PARENT/CHILD PROGRAMS from 9 to 11 a.m. Wednesdays and Fridays at the North Brookfield Elementary School, New School Road, North Brookfield

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SPENCER — The Spencer Soccer Club holding its First SOCCER ROCKS BENEFIT Friday, Oct. 28 at the Spencer Country Inn. The bands "Downtime" and "Big Guns" will be performing. Costumes are optional. Tickets are \$15 per person. For more information please email tickets@spencersoccerclub.org.

SATURDAY OCTOBER 29

SPENCER — Country LINE DANCE Class with JP Ellery is being held at the Richard Sugden Library. This class is so popular that we are adding a second class Saturdays in October from 11 a.m. to noon. The cost is \$3 per person and can be paid to JP Ellery at each class. Join the fun! One hour of great exercise! The class is held in the Library Meeting Room. If you have any question, feel free to call Denise at 508-885-7513, or email dfarmosa@cwmars.org.

BROOKFIELD — TRICK OR TREAT will be held from 5:30 to 7 p.m. Saturday, Oct. 29 in Brookfield. The children will meet at the Town Hall at 7 p.m. for the annual parade then go back to the pavilion at Lewis Field for costume judging. Everyone is invited to join in the fun and help ensure that the children have a safe and fun Halloween celebration. This event is being sponsored by the Recreation Committee.

SPENCER — TEEN MOVIE NIGHT will be held from 7-9 p.m. Saturday, Oct. 29 in the Richard Sugden Library Meeting Room. The feature film will be "Thor,"? starring Natalie Portman and Chris Hemsworth. The Mighty Thor, a powerful warrior, reignites an ancient war. View the movie on the big screen with surround sound. Free popcorn and lemonade will be served.

SPENCER — Teen Advisory Group (TAG) will meet from 1 to 2 p.m. Saturday, Oct. 29 in the Meeting Room at the Richard Sugden Library in Spencer. All are welcome to come and help! Come get your application to join the meeting. Recommend books, magazines, music CDs and DVDs to add to our collection. Help develop, plan and put on programs and events for you and your friends. Meetings will be held once a month in the community room. This is your chance to help recommend books, share your ideas and create interesting things to do at the library. This is eligible for community service credit.

MONDAY OCTOBER 31

SPENCER — The last nature CRAFT PRO-GRAM at the Richard Sugden library will be held from 4:15 to 5:15 p.m. Tuesday, Nov. 1. Carve an apple monster (or face) that will shrink and shrivel and grow more expressive as it dries. This program is for school-aged children.

TUESDAY NOVEMBER 1

SPENCER — The Conversational FRENCH CLUB meets from 7 to 8 p.m. the first Tuesday each month in the Meeting Room of the Richard Sugden Library. Adults are invited to practice your conversational French. Different themes will inspire conversation each month. Registration is optional. To preregister visit or call the library at 508-885-7513 or email Denise at dfarmosa@cwmars.org. If you would like an email reminder; email Denise at dfarmosa@cwmars.org.

SPENCER — The Southbridge Savings Bank COMPUTER CLASS meets from 4 to 6 p.m. the first Tuesday of each month at the Richard Sugden Library, Spencer. Adults are invited to bring your questions, or see what questions come up at the class! Bring a lap top if you have one, otherwise computers are provided. To pre-register visit or call the Library at 508-885-7513 or email Denise at dfarmosa@cwmars.org.

SPENCER — The very popular LEGO CLUB for children in kindergarten through sixth grade will be held from 6-6:45 p.m. at the Richard Sugden Library. It will be offered every first and third Tuesday of the month during the school year. If anyone in the community has legos that they no longer want, we would love to have them. Participants do not need to register or bring their own legos.

WEDNESDAY

NOVEMBER 2

RUTLAND — SENIOR EXERCISE CLASS-ES are held every Wednesday from 10-11 a.m. at the Rutland Community Center, Glenwood Road, Rutland. Enjoy an hour of fun and exercise to music to help stay strong, fit, healthy and independent. Classes are co-ed and all are welcome. The fee is \$4 per class. For more information, call Joyce Gamache at (508) 754-2821.

NORTH BROOKFIELD — The North Brookfield Sportsmen's Club, 20 Boynton Road, North Brookfield, will hold its weekly Wednesday evening TRAP SHOOTING at 7 p.m. Ammo is available. Open to the public.

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WEST BROOKFIELD — West Brookfield Veteran's Agent Patrick Swain will hold office hours at 1 p.m. on the first and third Wednesday of the month at the West Brookfield Senior Center. He is also available by appointment. Please call the Senior Center at (508) 867-1407 to schedule an appointment with the veteran's agent.

 ${\tt SPENCER-The\,BABY\,TIME\,program\,for}$ infants 6 months to 18 months and their caregivers meets on Wednesdays at the Richard Sugden Library from 9:30 to 9:45 a.m. The TODDLER STORY HOUR for children aged 18 months to three years old and their caregivers is offered from 10:30 to 11:30 a.m. Prekindergarteners who will be three years old by Oct 1 are invited to STORY HOUR from 11:30-12:30 a.m. Registration is required for the above programs and can be done in person or by calling 508-885-7513.

W. BROOKFIELD — STORY HOUR for children ages 3-6 years old begins with registration from 10 to 11 a.m. Wednesday, Nov. 2 at the Merriam-Gilbert Public Library, West Brookfield. The group will meet every Wednesday and explore different themes through stories, songs and an engaging craft. Weekly attendance is strongly encouraged,

The Hot Spot ARTS AND ENTERTAINMENT



Revels 'Harvest Home' at Old Sturbridge Village



GETING IN TUNE MARK RENBURKE

enowned Boston-based Revels Repertory Company will perform traditional "Harvest Home" musical revue this Sunday, Oct. 23, at Old Sturbridge Village's Stephen M. Brewer Theater located directly across from the Oliver Wight Tavern. The show features a delightful mix of songs, storytelling, drama and dance.

The Revels Repertory Company is the touring ensemble of Revels, which has presented its famed "Christmas Revels" at Sanders Theater in Cambridge, Mass., for 40 years. The costumed ensemble of 35 adults and children performs songs, dances, and ghost stories based on 19th-century American, English and Celtic Harvest traditions, incorporating audience participation into the performances. The Revels "Harvest Home" performance opens with "The Souling Song," sung in England on All Soul's Eve (Nov. 1). In this ancient ritual, children (and sometimes adults) begged for soul cakes, money, and other food or drink. Soul cakes are spiced buns, which were given in thanks for prayers for departed souls, and the custom of "souling" is the origin of the American tradition of "trick-ortreating." The program also includes Shaker songs, such as "I Will Bow and Be Simple," with choreography based on Shaker spirit drawings. An enjoyable event for the entire family, the Sunday showtimes are at 1 p.m. and 3:30 p.m. and admission includes a special Sunday

Old Sturbridge Village celebrates life in early New England from 1790-1840 and is located just

off the Massachusetts Turnpike and routes 84 and 20 in Sturbridge, Mass. For more information and to purchase tickets in advance, visit www.osv.org.

FRIDAY, OCT. 21

- Boys of the Town, 10 p.m. to 12:30 a.m., Fiddler's Green at the Worcester Hibernian Cultural Centre, 19 Temple St., Worcester, Mass.
- · Patty Biernacki, Mill Church, 45 River St., Millbury, Mass.
- · New Bay Colony, 9 p.m., Pepperoncini's, Route Milford, Mass.
- Rob Adams, 7 p.m., Ugly Duckling Loft, Sturbridge, Mass.
- The Kings, 9 p.m., Admiral T.J. O'Brien's, 407 Main St., Sturbridge, Mass. · Radio Ranch, 8 p.m. to mid-
- night, Wales Irish Pub, 16 Holland Road, Wales, Mass. · Zane Couch Explosion, 9 p.m., The Pump House, Southbridge,
- · Sharp Drezzed Man, 9 p.m., The Village Lounge, Route 171, Woodstock, Conn.

SATURDAY, OCT. 22

- Boys of the Town, 5:45-7 p.m., Brookfield Pumpkinfest, Town Common, Brookfield Brookfield, Mass.
- Brumby (Bret/Lisa & friends), 8 p.m., Dunny's Tavern, East Brookfield, Mass.
- LOBSTERZ FROM MARZ, 1-5 Hyland Orchard, Sturbridge, Mass.
- Bill McCarthy, 9 p.m., Admiral T.J. O'Brien's, 407 Main St., Sturbridge, Mass.
- Amy and Jared, 7 p.m., Ugly Duckling Loft, Sturbridge, Mass. • Rob Adams, 6:30-9:30 p.m.,
- Rovezzi's Ristorante, Rte 20, Sturbridge, Mass.
- Sup, 9 p.m., The Pump House, Southbridge, Mass.
- Radio Flyers, 9:30 p.m., Route 56 Roadside Bar & Grill, 24 Leicester St. (Route 56), North Oxford, Mass.
 - Relative Sound, noon to 3 p.m.,



"Harvest Home"

Pumpkin Festival, Downtown Putnam, Conn. • Madison Avenue, 9 p.m., J.D.

Coopers, Putnam, Conn. · Les Sampou, 8 p.m., The

Vanilla Bean, Pomfret, Conn., \$15 · Mark Renburke, The Gold Eagle at The Laurel House, Exit 94 off Route 395, Dayville, Conn.

SUNDAY, OCT. 23

- Sam Gentile and the Living Bras, 4-8 p.m. (Blues Jam from 5:30-7 p.m.), Dunny's Tavern, East Brookfield, Mass.
- Blues Jam w/Bootsy and Da Funk, 3-7 p.m., Chooch's, North Brookfield, Mass.
- MUTHALOAD, 1 to 5 p.m., Hyland Orchard, Sturbridge, Mass.
- Revels Repertory Company's "Harvest Home" musical revue. 1 and 3:30 p.m., Stephen M. Brewer Theater, Old Sturbridge Village,
- Pure Country Band, 5-8:30 p.m., Moosup VFW, Route 14, Moosup, Conn.

• Open Mic w/Rick Harrington Band, 3 p.m., Cady's Tavern, 2168 Putnam Pike, West Glocester, R.I.

TUESDAY, OCT. 25

- Bill McCarthy's Open Mic World, 7:30 pm, Greendale's Pub, Worcester, Mass.
- Open Mic, 8 p.m., English Social Club, 29 Camp St., Worcester, Mass.
- · Open Mic w/Brett Brumby, 6:30 p.m., Point Breeze, Webster,

WEDNESDAY, OCT. 26

- · Wicked Wednesday Open Mic, 7:30 p.m., The Lashaway Inn, 308 East Main St. (Route 9 westbound), East Brookfield, Mass.
- Bill McCarthy's Open Mic World, 7 p.m., Pepe's Brick Oven, Worcester, Mass.

THURSDAY, OCTOBER 27

• Open Mic, 8 p.m., Statz Sports

Bar & Grill, North Brookfield, Mass.

· Scotty Marshall, 8 p.m., Dunny's Tavern, East Brookfield, Mass.

• Open Mic with "The Hillbilly Graham Crackers", 8:30 p.m., Pangea Wine Bar, Putnam, Conn.

· Brannon and Waters, 8 p.m., The Music Lady, Central Village, Conn.

If you're a live act that would like to be featured, know of someone else who is, or simply want to let us know about an upcoming gig, email me at the address below. Events must be within 10 miles of the readership area and submitted to me by 7 p.m. Thursday of each week to be printed the following week's papers. Keep the music live and not so quiet here in Northeastern Connecticut and Central Massachusetts! Email GettingInTune@MarkRenburke.c



Auburn VNA Health Network President and CEO Kim Harmon, left, and Director of Public Relations and Fund Development Brett Campbell.

Auburn VNA brings its brand to Vegas

AUBURN — In today's highly competitive health care sector, innovative marketing is one way organizations are maintaining their foot hold. For those that operate in the home health market, it is predicted that only those that innovate will fully survive and thrive in the next decade, which poses new challenges with an aging baby boomer market.

When the Auburn Visiting Nurse Association (now Auburn VNA Health Network) brought on a new management team in 2010 and charged the organization with the task of leading a strategic planning process to bring the agency to the forefront, it was no surprise that a rebrand of the organization was at the top of its list.

For many organizations, especially a nonprofit, rebranding can be a daunting task and quite exhausting to its resources from strategy to budget, yet Auburn VNA Health Network was not daunted by the task set before them. In just over four months the agency was transformed through its rebranding initiative with a new look that is attractive, cutting-edge, cohesive and streamlined.

The rebranding, led by PENTA Communications, Inc. of Westborough, has received positive feedback from the VNA staff, partners, patients, and clients, and, this new effort has caught the eye of the National Association for Home Care and Hospice.

Earlier this year, the NAHC invited Auburn VNA Health Network President and CEO Kim Harmon and Director of Public Relations and Fund Development Brett Campbell to Las Vegas for their national conference. They asked the AVHN executives to share their story with hundreds of other agencies across the country that need to innovate to keep their organizations ahead of the curve. The presentation took place on Oct. 2 at the Mandalay Bay Convention

"As a result of Health Care Reform, many home health agencies are facing the difficult choice of downsizing, merging, or a potential acquisition. My belief was that if I rebranded the VNA with a fresh look with new names that tied into our deep community roots and created our story, then maintaining viability and achieving sustainability would be a doable task. Intuitively, my decision was easy." Harmon said. "This project has given me the tools I need to take this organization to the next level.

In addition to rebranding the agency, we also needed to ensure that its fleet of subset homecare organizations was all branded with the same signature as the parent organization," said Deborah Penta, CEO of PENTA Communications, Inc. "The Auburn VNA came to us with a strategic objective and shared their vision of what they were hoping to accomplish from the rebranding. We all worked collaboratively for several months to achieve the right look and personality that would drive the organization's marketing forward. We are all pleased with the outcome."

Being chosen to represent their rebranding story on a national level and at such a large conference was quite a feat for a smaller, local visiting nurse association.

Speakers at the conference each year include industry movers and shakers, and those outstanding leaders who share experiences to help shape growth for their peer organizations. Speakers at this year's conference included such industry movers and shakers as Sen. Tom Daschle, Val J. Halamandaris, JD, president of NAHC, Arianna Huffington, editor-in-chief of the Huffington Post, entertainer Wayne Newton and Secretary of Health and Human Services

In attendance were more than 3,000 individuals from across the U.S. with 269 exhibitors. Numerous topics were presented on the changing landscape of home health and hospice, and included, but were not limited to, regulatory ethics, the Patient Protection and Affordable Care Act and sessions on Chronic and Complex Home Health Clinical Delivery Models.

"It's not every day that a small company is asked to travel to another part of the country to do a presentation," said Campbell.

The objectives of Auburn VNA Health Network's presentation,
"Having an Identity Crisis? — Consider Rebranding," centered on Auburn VNA Health Network's approach and experience in the Agency's rebranding project.

'At the conference we took our audience on a journey through the rebranding process from the basics in research, proposals, step-bystep processes and demonstrations to help others all over the United States to identify whether or not rebranding is right for them," Campbell said.

Using its own rebranding experience to highlight the way in which an organization goes through the process, participants in the seminar learned objectives that included how to go about a name change and/or logo redesign, reasonable timelines, a communications plan, consistency leveraging your opportunities and getting the word out.

According to Harmon and Campbell, a key component in the rebranding process was finding a marketing firm that truly listens and partners with the agency. In the case of Auburn VNA Health Network, that marketing firm was PENTA Communications, Inc., an integrated marketing firm that has worked with Auburn VNA Health Network from the start of its rebranding initiative.

For more information on Auburn VNA Health Network, visit

www.avhn.org.

Diesel-powered vehicles eligible for state grants

BOSTON — State Sen. Michael O. Moore (D-Millbury) has announced that the Massachusetts Department Environmental Protection has made available a new grant opportunity for owners of diesel-powered trucks and equipment serving wholesale markets, warehouses and distribution.

Funding for the grant has been provided by the federal government. Those who might be eligible for grant funding include employees of wholesale markets, warehouses and distribution centers (perishable and non-perishable items), and owners of long haul and short haul trucks.

The grants will assist with the purchase and installation of three types of emission reducing technologies to owners of dieselpowered trucks and equipment operating at and/or serving wholesale markets, ware-houses, and distribution centers in Massachusetts. The purpose of the "MassCleanDiesel: Clean Markets" Program is to reduce public and worker exposure to diesel emissions in and around these facilities. The three technologies include:

· Auxiliary Power Units, small diesel engines installed on long-haul Class 8 trucks that provide cooling, heating, and electrical power to allow a truck's main engine to shut down during periods of extended idling.

• Electric Transportation Refrigeration Units, Transportation Refrigeration Units that are powered by land-based electrical infrastructure rather than diesel engines.

Retrofit Device, equipment that is installed in place of or in-line with a diesel engine's existing muffler to reduce pollu-

These grants will help to make operations of such equipment environmentally cleaner, and reduce worker exposure to diesel emissions in or around related facilities.

Completed applications (hard copy only) are due Oct. 31 and should be submitted to Susan Lyon, Diesel Grant Programs Coordinator, MassDEP, 1 Winter St., Sixth Floor, Boston, MA 02108.

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OUR TOWNS

OUR TOWNS continued from page 4

Trick or Treat Oct. 29 in **Brookfield**

BROOKFIELD — Trick or Treat will be held from 5:30 to 7 p.m. Saturday, Oct. 29 in Brookfield. The children will meet at the Town Hall at 7 p.m. for the annual parade then go back to the pavilion at Lewis Field for costume judging. Everyone is invited to join in the fun and help ensure that the children have a safe and fun Halloween celebration. This event is being sponsored by the Recreation Committee.

* Reminder - If you can, please send a bag of candy to the elementary school to help off set the cost of candy incurred by the folks around the common/center of town who get the brunt of the visits from the ghosts and goblins. Special news: There will be a prize

given for the elementary class that comes up with the most candy.

Gobi fights to increase cancer drug availability

BOSTON — State Rep. Anne Gobi (D-Spencer) is encouraging fellow legislators to support legislation that would create a cancer drug repository program in Massachusetts. Filed by state Rep. John Scibak (D-South Hadley), the bill was heard by the Legislature's Joint Committee on Public Health.

"When I first read this bill I immediately signed on as a supporter," said Gobi. "The potential benefits for Massachusetts residents are just too great, and it is important to me that my colleagues in the Legislature learn about the positive impact this bill will

The bill Gobi is supporting would create a statewide cancer drug repository program. The bill would allow unused, unopened cancer medications and supplies to be dropped off at designated repositories. Licensed pharmacies and medical facilities would have the option of voluntarily participating as dropoff locations.

"There are countless instances where people are left with surplus medication related to their cancer," explained Gobi. "Sometimes a person has extra medication because they have been cured or the cancer has gone into remission; while other times, sadly, the extra medication is available because a person has passed away. But to have this medication discarded and thrown out just doesn't make sense. This legislation will make essential, and often costly, medication safely available to people who need it.'

Donated medication would have to be in unopened, sealed containers. Individual pills would not be accepted unless they are in individual packaging. Medication would also have to be at least six months away from their expiration date.

If the repository program is established. the Department of Public Health would be responsible for developing guidelines for who could qualify for the medications.

Gobi wrote to her colleagues and asked that they consider not just the health effects of cancer, but also the financial impact.

"While we have made incredible steps in treating [cancer], hundreds of thousands of Americans die each year," Gobi wrote. "Those that survive often find themselves in a difficult economic situation, as the medications needed to battle this disease or maintain remission can be cost-prohibitive."

If adopted, Massachusetts would join several other states in having this program, Wisconsin, Nebraska and including Minnesota.

Turn To OUR TOWNS, page 9

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LEGALS

(SEAL)

THE COMMONWEALTH OF **MASSACHUSETTS** LAND COURT **DEPARTMENT OF THE TRIAL COURT** 2011 MISC. 453252 **ORDER OF NOTICE**

To: Belinda Cacciatore

and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. App. § 501 et seq.:

Wells Fargo Bank, NA successor by merger to Wells Fargo Home Mortgage, Inc. claiming to have an interest in a Mortgage

covering real property in 15 MAIN STREET, SPENCER given by Belinda Cacciatore to Wells Fargo Home Mortgage, Inc., dated March 29, 2004, and recorded with the Worcester County (Worcester District) Registry of Deeds at Book 33164, Page 170 has/have filed with this court a complaint for determination of Defendant's/Defendants' Servicemembers status.

If you now are, or recently have been, in the <u>active</u> military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at Three Pemberton Square, Boston, MA **02108** on or before November 28, 2011 or you will be forever barred from claiming that October 21, 2011 you are entitled to the benefits of said Act.

Witness, KARYN F. SCHEIER Chief Justice of this Court on October 12, 2011. Attest:

Deborah J. Patterson Recorder 201107-0640-BLU

October 21, 2011

(SEAL) THE COMMONWEALTH OF **MASSACHUSETTS LAND COURT DEPARTMENT OF THE TRIAL COURT** 2011 MISC. 453312

ORDER OF NOTICE

Ross E. Johnson

To:

and to all persons entitled to the benefit of

the Servicemembers Civil Relief Act, 50 U.S.C. App. § 501 et seq.: Wells Fargo Bank, NA

claiming to have an interest in a Mortgage covering real property in 11 Sherman Grove, Spencer given by Ross E. Johnson to Mortgage Electronic Registration Systems, Inc., dated October 6, 2005, and recorded with the Worcester County (Worcester District) Registry of Deeds at Book 37539, Page 157 has/have filed with this court a complaint for determination of Defendant's/ Defendants' Servicemembers status.

If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at Three Pemberton Square, Boston, MA **02108** on or before November 28, 2011 or you will be forever barred from claiming that you are entitled to the benefits of said Act. Witness, KARYN F. SCHEIER Chief

Justice of this Court on October 14, 2011. Attest: Deborah J. Patterson

Recorder 201106-1313-yel

Commonwealth of Massachusetts The Trial Court Probate and Family Court Department WORCESTER Division Docket No. 76P2747-04 **Notice Of Fiduciary's Account**

To all persons interested in the estate of Dianne Loranger of Spencer, Worcester County, a mentally retarded person.

You are hereby notified pursuant to Mass. R. Civ. P. Rule 72 that the fifth (being the 31st in a series) account(s) of Bank of America, N.A., Robert Martin and Ronald W. Martin as Trustees (the fiduciary) under agreement dated 12/11/80 for the benefit of Dianne Loranger has been presented to said Court for allowance.

If you desire to preserve your right to file an objection to said account(s), you or your attorney must file a written appearance in said Court at Worcester on or before the first day of November, 2011 the return day of this citation. You may upon written request by registered or certified mail to the fiduciary, or to the attorney for the fiduciary, obtain without cost a copy of said account(s). If you desire to object to any item of said account(s), you must, in addition to filing a written appearance as aforesaid, file within thirty days after said return day or within such other time as the Court upon motion may order a written statement of each such item together with the grounds for each objection thereto, a copy to be served upon the fiduciary pursuant to Mass. R. Civ. P. Rule 5.

WITNESS, Denise L. Meagher, Esquire. First Justice of said Court at Worcester this sixth day of October, 2011.

Stephen G. Abraham Register of Probate

October 21, 2011

ATTENTION SPENCER RESIDENTS PUBLIC HEARING TO DISCUSS WATER CONSERVATION & **RESTRICTION BYLAW** MONDAY, OCTOBER 24, 2011 @ 6:00 P.M. SPENCER WATER DEPARTMENT

3 OLD MEADOW ROAD

SPENCER, MA 01562 October 21, 2011

TOWN OF SPENCER Office of the **Board of Health**

The Spencer Board of Health is holding a public hearing at its meeting November 7, 2011. at Memorial Town Hall, McCourt Social Hall at 7:00 PM to enact changes to their well regulations. The proposal will be to change Manganese and Iron from secondary to primary drinking standards. Questions regarding these changes can be sent in writing to the BOH at any time prior to this hearing or in person at the Office of Development &

Inspectional Services. October 14, 2011 October 21, 2011

Notice of Public Hearing -**Spencer Zoning Board of Appeals**

At the regularly scheduled Zoning Board of Appeals meeting to be held on Tuesday, November 8, 2011 in the McCourt Social Hall of Memorial Town Hall, 157 Main Street, Spencer, MA, public hearings will be held on the following items starting at 7:15 p.m. or as soon thereafter as can be heard:

1. Special Permit - Paula Pierce, 240 Main Street, Spencer (Assessor's Map U06/40). The applicant is requesting a Special Permit in accordance with Section 4.2.D.2 of the Spencer Zoning Bylaw to establish a counseling therapy center offering services to individuals, teenagers, and a family. The property is located within the Village Residential Zoning District.

2. Special Permit – Bay Path Real Estate LLC c/o Daniel Lemenager, 19 Woodchuck Lane, Spencer (Assessor's Map U16/54). The applicant is requesting a Special Permit in accordance with Section 4.9.2.A.2 of the Spencer Zoning Bylaw to construct a single family-home. The property is located within Suburban Residential Zoning District.

3. Special Permit - Cistercian Abbey of Spencer, Inc (owner and applicant), the Spencer Brewery, LLC (tenant and applicant), 167 North Spencer Road, Spencer (Assessor's Maps R48/5, R48/10, R49/1, R52/6, R53/2, R53/3, R54/5, R54/3, R54/4, R57/1, R59/1, and R59/2). The applicants are requesting Special Permits under Sections 4.9.2.B.1, 4.9.3.C, and 7.2 to construct and operate a brewery on a portion of property. [The Special Permits are for the alteration and/or extension of existing structures and uses on the site]. The property is located within the Rural Residential Zoning District.

Interested parties may review the application at the Office of Development & Inspectional Services in Memorial Town Hall during regular business hours.

October 21, 2011 October 28, 2011

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DUDLEY — 92 Cortis Rd! Brand New! Central Aired 7 Rm Split! Open Floor Plan! Granite Counters! "Real" Hrdwds in Kit, Din Area, Liv Rm & Hallway! Deck w/Country Views! Master Bath w/Granite & Tile! 3 Bdrms! Plenty of Closet Space! 2 Full Baths! Lower Level Fam Rm w/Slider!



DUDLEY – 28 Healy Rd! Nichols College Near! 7 Rm Country Cape! 4.1 Acres! Marble Counters, Jen-Air Gas Range! Frolcd Fam Rm! French Doors to Deck w/Panoramic Vistas! Pegged Hrdwd Flrs! 3 Bdrms! Frplcd Master, Master Bath! 3 Baths! Garages!



WEBSTER - 1 East Main St! Location. Location! Ideal Law Office, Accountant, Insurance! Major Exposure! High Traffic! Reception/Secretarial Office! 2 Private Offices! Records Rm! 1/2 Bath! FHA Oil! C/Air! Corner Lot! Across from Webster First Federal! Off Street



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WEBSTER LAKE - 36 Laurelwood! Middle Pond/Reid Smith Cove! Western Exp - Beautiful Sunsets! 90' Waterfront! Fantastic 3/4 Acre Lot! 8 Rm Colonial! Frolcd Liv Rm! 3/4 Bdrms! 2 Full Baths! 3 Car Garage! Mahogany Decks! \$599.900.00



WEBSTER LAKE - Waterfront Dream! 10 Rms! Spectacular Lake Views from Most Rms! Sunsets! Ideal for Entertaining! Everything You'd Expect! Granite Kitchen! Lake Facing Master Suite! 3 Bdrms! 3.5 Tile Baths! C/Air! Who Wants it ALL! \$779,900.00



DUDLEY - 60 Eagle Dr! Brand New! 2800'! 9 Rms! Granite Kitchen! 19X19.5 Family Rm! 3 Bdrms! Master Suite w/Office! 3 Tile Baths! All Hardwood Floors! 2X6 Construction! C/Air! 2 Car Garage! Time to Pick Interior Colors!



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WEBSTER - 46 Upland Ave! Well Maintained Ranch Style Duplex! 5/4 Rms! 3/2 Bedrooms! Nice Neighborhood! Convenient Location! Vinyl Sided! Replacement Windows! Hrdwd Firs! Recent Roof & Furnaces! Upgraded to Circuit Breakers! 2 CAR GARAGE & Shed! \$129.900.00



Ideal 2nd Home or Use Yr Rd! Expansive Water Views! Lake Facing Great Rm w/Stone Frplc! Granite Counters! 3 Huge Bdrms - 13X23 Lake Facing Master! 1.5 Tile Baths! 9,583' Lot across the Street w/Garage & Parking! \$399,900.00



WEBSTER LAKE - 40 Point Pleasant Rd! 5,407' WATERFRONT HOUSE LOT! Middle Pond - Southern Exposure! Mumford Cove! Ouiet & Protected from Storms! Ideally Level! Sandy 78+-' Shoreline! Build Your Home Here, Town Services, Ready to Go! \$149.900.00



WEBSTER LAKE - Wawela Park Rd! 130' WATERFRONT LOT! 1/2 Acre Plus! Expansive Views of Middle Pond! Privatel Wooded! Ideal Southern Exposure! 157' Road Frontage! 197' Deep! Town Services! Not to be Subdivided! One of the Last Pristine Pieces of Webster Lake! \$525,000.00



DUDLEY – 19 Lyons Rd! 8 Rm Colonial! New Applianced Granite Kit w/Island! Din Rm w/Hrdwds! Frplce Fam Rm w/Cathedrals! Den w/Hrdwds! 4 Bdrms w/Hrdwds! Master Bath! 2.5 Baths! 3Z Oil Heat! Nicely Landscaped! Stone Patio! **\$293,900.00**



Ranch! New Kitchen! Recently Updated Roof, Windows, Bathroom, Flooring, Gas Furnace & Water Heater! Applianced! Dining & Living Rm w/Pergo Wood Flrs! 2 Bedrooms! 2 Sheds! Nice Yard! **\$139,900.00**

DUDLEY - 43 Alton Drive! 5 Rm



WEBSTER - 126 Thompson Rd! Ideal Business - Residence Combo! 11Rm Expanded Cape! Frplcd! 1st Flr Master/Bath! 2Rm Bdrm Suite/Studio! 50X50 Steel Building w/12X50 3Rm Office Space w/1/2 Bath, 3 Doors - 6 Vehicles -Storage! 16X32 Pool! Live & Work from this Great Location! \$349.900.00



Singletary Access! 5 Rm Charming Ranch! Frolcd Liv Rm w/Hrdwds! Private Setting! Super Lake views! Many Upgrades Since 2009 - New Deck, Furnace, Roof, Insulation & Windows! Town Sewer! **\$219,900.00**



Middle Pond! East Exp - Fantastic Sunrises! Panoramic Views! 220' Waterfront! Wooded Rustic & Private! Ideal 5 Rm Summer Cottage! Stone Fireplaced Great Rm! 2/3Bdrms! 2 Baths! **\$399,900.00**



WEBSTER LAKE - 38 Laurelwood! Beautiful Sunsets! Natural Sandy Beach! 76 Waterfront! Panoramic Views! 8 Rm Brick Ranch! Ideal In-Law Possibilities! 2Kitchens, 2Baths 2Fireplaces! Potential Inside & Out! Garages! Beautiful Grounds Boat Ramp! \$449,900.00



WEBSTER - 86 Lower Gore! 9 Rm Split w/Inlaw Apartment! Heat by Oil, LP Gas, Electric or Wood! Frplcd Liv Rm! Din Rm w/Hrdwds! Kit w/Breakfast Bar! Master w/2 Dble Closets! 3 Bdrms w/Hrdwds! Fam Rm w/Frplce & Wood Stove! 2 Baths! Apt w/Kit, Din/Liv Rm Combo, Bdrm & Bath! **\$225,900.00**



Rm, 3 Bdrm Colonial! Recent Renovations Include Complete Kit & Bath! Spacious Liv Rm! Large Master Bdrm! Custom Energy Efficient Blinds & Window Treatments! Deck! Turn Kev! \$189,900.00



7 Rm Split Level Overlooking WEB-STER LAKE w/R.O.W. to Swim & Launch Boat! Granite Kitchen! Beamed Cathedrals! Hardwoods! w/Fam Rm! Office! 2 Full Bthrms! Garage! Fireplace! 3 Bdrms! 2 Baths! 1/2 Acre Beautifully Landscaped! Deck! Nice Back Yard! Stone Patio! \$169,900.00 \$199,900.00



Split! Close to 395 & Schools! Hrdwds Throughout! Open Liv & Din Rms! 3 Bdrms! Large Bath! Walk-out Lower Level Fam Rm/Separate Heat! New Ext Doors! Recent Buderus Furnace & Windows! Garage Under! Nicely Landscaped! **\$224,900.00**



Middle Pond! Widest Expanse! 120' Waterfront - Boat Ramp! Super 2nd Home or Live Yr Rd! Rebuilt 2005! 6 Rm Contemp! Open Flr Plan! Frplcd! Lake Facing 1st Flr Master! 3 Bdrms! \$499,900,00



Island Rd! Sunsets! 8 Rooms! 4 Bdrms! Lake Facing 16x20 Master! Frplcd Liv Rm! Applianced!
3 Full Baths! Finished Lower Level Family Rm! 4 Decks Heated Garage w/Workshop! \$639,900.00



Federal Colonial! Fover! Liv Rm w/Frplc! Din Rm! Library! New Kit! 5 Bdrms! Master w/Sitting Rm! Maids Rm w/Sep. Entrance! 3rd Flr for Add'l Rms! Hrdwds! Office w/Sep. Entrance! 3 Car Gar! 2006 Roof! **\$299,900.00**



6 Rm 50' Split Entry! 13x20' Applianced Kit! Liv Rm w/Hrdwd Floor! 3 Bdrms! Master Bath! 2.5 Baths Total! 14x24' Family Rm! 2Z Oil! Deck! Corner Lot! Exit 1 – 395 Easy Access!

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DOUGLAS – 54 Riedell Rd! 7 Rm Gambrel! Privacy! 2 Acres w/Stone Walls Applianced Country Kit! Din Rm, Liv Rm & Fam Rm w/Hardwoods! 3 Oversized Bedrooms! 1.5 Baths! Newer Roof & Furnace! Recently Painted Exterior! Garage Under! Shee \$249,900.00



Rd! 3,100' Custom 9 Rm Waterfront Ranch! 2 Complete Living Levels! Ideal Extended Family Set Up! 2 Kitchens! Walk-out Lower Level! 40' Deck & Patio! Hardwoods! Fireplaced! .91 Acres! **\$399,500.00**



Furnished! Dock! 19' Pontoon Boat w/50 HP! 6 Rms! Screened Porch! Fam Rm w/Cath Ceiling! 1st Fl Master w/Hrdwds! 3 Bdrms! 2 Baths! 14,190' Lot! Sandy Beach! Freshly Paint Ext! \$349,900.00



Fantastic Views/Sunsets! New Granite & Tile! Liv & Din Rm w/Hrdwds! Brick Hearth! Fam Rm! 3 Bdrms! Master Bath w/Whirlpool & Sep Shower! 2 Full & 2 Half Baths! Garages! Ingr Pool! **\$319,900.00**



Rm Cape! New Granite Kit! Formal Din Rm! Frplc Liv Rm! 4 Bdrms, 2 on 1st Level! Hrdwds! Full Bath! Walkout Lower Level Playroom w/Bath! New Roof, Windows & Furnace! 3 Season Sun Rm! 12x16' Deck! 1/2 Acre! Shed! 2 Car Garage! **\$229,900.00**



Colonial w/Farmer's Porch! Applianced Kit w/Din Area, Pantry, Hrdwd Flr & Slider Deck! Formal Din Rm w/Hrdwd Flr, Crown Molding & Chair Rail! Liv Rm w/Crown Moldings! 3 Spacious Bdrms! Master w/Walk-in Closet & Full Bath! 2.5 Baths! 2 Car Garage & Shed! \$239,900.00



Right Sizing or 1st Time Sizing! 4+ Rm Ranch! Silestone & Granite Counters! Tile Kitchen! 19' Living Room! Lower Level Family Room or Second Bedroom "Metal" Roof! \$149.900.00

NEW LISTING



5 Room Garden Unit! Applianced Kitchen! Formal Din Rm! Lake Facing Living Rm & Master Bdrm! Master Bath! 2 Bdrms! 2 Baths! C/Air! Sandy Beach! Super Pool! Garage! \$179,900.00



WEBSTER LAKE - STRIP ISLAND! Your Own Island Paradise You'll Never Want to Leave! 8 Rms! 3/4 Bdrms! 2 Full Baths! Sep Guest Cottage! Gazebo! Boat House! Mainland" Lot for Parking w/Garag Fully Equipped! Pontoon Boat! \$499,900.00

Aucoin Ryan

Realty

201 SOUTH STREET, Southbridge, MA 01550

Now offering rental services

desirable

Eat in kitchen with appliances. Updated bathroom. Family

oom in basement. Beautiful screened gazebo for summe

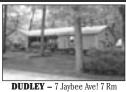
evenings. Could convert to 2 family or just have an in-law-

just loads of space! \$149,900. 71 Glover St.

508-765-9155

-800-784-0445

AX: 508-765-2698



Custom Ranch! Beautifully Landscaped Corner Lot! Fully Applianced! Frplcd Din Rm! Frplcd Fam Rm! Newly Carpeted Liv Rm! 3 Bdrms! Master 1/2 Bath! 1.5 Baths Total! 1 Owner! \$249,900.00



Immaculate 5Rm Ranch w/Hardwood Floors! 1/2 Acre! Master w/Walk-in Calif. Close!! Frplcd Liv Rm w/Wall of Built-ins! Sep Laundry! 2 Car Gar! Newer Roof & Windows! Deck! Shed! \$249,900.00

Tile Bath w/Jacuzzi & Sep Shower! Huge Country Kit! Laundry Rm! Recent Roof. Windows, Furnace, Clapboard, Trex Deck!
Coi Pond! 12x19 Shed! Garage! Commuter Location! **\$234,900.00**

THOMPSON - 77 Main St! Wow! 10,668' Building includes a 2,070

Apartment Plus a 30X45' Barn all set on 1.07 Acres! So Many Possible Uses! 45X53' Show Room w/9'9" Ceiling Height! 38X56' + 39X59' + 39X47' Rear Section! Commercial! \$209,900.00

WEBSTER - 24F Third St! Detached Townhouse! Granite Center Isl Kit! SS Appliances! 16x20 Liv Rm! Hardwood, Tile & Wall to Wall Flooring! Spacious

Master Suite / Master Bath! 3 Bedrooms! 2.5 Baths Total! Private Deck! Garage! Ready for A/C! **\$189,900.00**



In-law Apart w/Separate Drive & Entrance! Open Floor Plan! 2 Kitchens! 3/4 Bedrooms! Applianced! Cathedral Ceiling! Skylight! 2 Pellet Stoves! Wood Laminate Sunroom & Deck! Newer Roof, Windows Floors! Fenced Yard w/AGR Pool! 2 Sheds \$189,900.00

30X64 Split! Kit w/Tile & Granite! Liv

Rm w/Hrdwds! Office w/Hrdwds! 3

Bdrms w/Hrdwds! Master Bath

w/Whirlpool & Tiled Shower! 3* Baths!

Law! 26'Garage! Heat w/Oil or Coal! 1

Acre! \$239,900.00



SOUTHBRIDGE - 404 Pleasant St 5 Rm Contemp! Quality Throughout! Applianced! 17x18 Vinyl Deck w/Electric Awning! Cathedral Liv Rm w/Wood Flr! 3 Bdrms! 1st Flr Master! 1.5 Ceramic Baths w/Pedestal Sinks! New French Doors, Siding & A/C! Anderson Windows! Young Roof! Recent Furnace! \$246,500.00

A Place To Call Home...



tools.. Priced at just \$179,900

just \$279,900.

WOODSTOCK Feast your eyes on this recently renovated antique Cape on a great open lot. Home features new

kitchen, new wood 3, 2 new bathrooms, new S/S appliances, & exposed wood beam ceiling. Updates to electric, boiler, & win-

dows. Even attached and detached sheds for all the

Completely rebuilt

since 1990, this



KILLINGLY - Like New Construction Ranch in a convenient location featuring 3 bedrooms, 2 baths, a great open floor plan with eat-in

BROOKLYN Don't

miss out on this

Revamped Raised

Ranch sitting on over

1 acre featuring cedar

clapboard siding, a

newer roof, beautiful

refinished

kitchen & breakfast bar, formal dining room, & laundry room. Home has a ready to be finished basement with wood stove for alternative heat. Sits 0.77 acres with stone-walls and a fire pit

floors, tile kitchen & bath, 3 bedrooms, and a finished

lower level family room w/woodstove. Laundry room,



THOMPSON **MULTI-FAMILY** -Allow your tenants to pay the mortgage as you collect the rents on this brick 2

updates to electrical, roof, windows, chimney & furnace; one 3BR/1 1/2 bath while the other is a 2BR/1Bath, both ready for immediate occupancy; good sized backyard and offstreet parking. **Priced to move at \$109,900**

Looking for affordable land to build your new home on? Take a look at Colonial Farms Estate - a 9 lot subdivision located in East Thompson CT just minutes from the MA line; .9 to 2.6 acre approved



home features large apartments, individual heating sys-

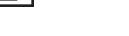
tems, large units, individual laundry in all units, and even

a commercial unit with many possibilities. Priced at



P.O. Box 83 447 Riverside Dr. Thompson CT Phone: (860) 923-3377 Fax: (860) 923-5740

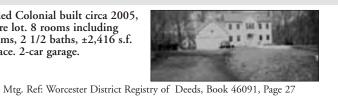
Take a virtual visit: www.johnstonrealestate.net



To Be Sold On The Premises OCTOBER 26, 2011 at 2:00 p.m. at 184 CORBIN ROAD, DUDLEY, MA

Mortgagee's Sale of Real Estate at Public Auction

Vinyl-sided Colonial built circa 2005, on ±1-acre lot. 8 rooms including 4 bedrooms, 2 1/2 baths, ±2,416 s.f. living space. 2-car garage.



paid in cash or bank check at the time of sale; balance paid within thirty (30) days. Additional terms to be announced at sale. DAVID W. YOUNG, ESQUIRE

Terms of Sale: TEN THOUSAND (\$10,000.00) DOLLARS of the purchase price must be

Attorney for Mortgagee 62 Suffield St., Agawam, MA-Ph: 413 786-1360 Warren N. Schreiber, Auctioneer MA License No. 101



Your ad will be mailed to 50,000+ households throughout Southern Worcester County.

Call your local sales representative today! 1-800-367-9898

BANK FORECLOSURE SALE

Three Bedroom Condominium Unit to be sold on the premises at 529 Church Street, Northbridge, Massachusetts Thursday, November 3, 2011 Sale to Commence at 10:00 AM

Terms of Sale: A Five Thousand (\$5,000.00) Dollar deposit in cash or certified check will be required at the time and place of sale with the balance due within twenty on (21 days of the sale. All other terms to be announced at the sale. For Further Information Contact: Dennis M. Sullivan, Esq.,

Attorney for Milford Federal Saving and Loan Association, 12 Congress Street, Milford, Massachusetts 01757. (508)473-4811 Edward D. Larkin, Auctioneer No. AU899,

280 Main Street, Milford MA 01757





family. Recent





Southbridge:(Open House 12-2pm

Registered in the Southbridge

Historical Register. 4-5 bedrooms 2 1/2 baths. Formal diningroom

Southbridge:(Open House 12

neighborhood

Sun) Grand 11 room Victorian







Southbridge:ALWAYS WANTED NEW! Don't like waiting. Bargain hunting! 6 rooms 3 bedroomsbrand new house -already framed, windows are in! Cathedral ceilings in livingroom, diningroom, and kitchen. Kitchen with sliders to deck overlooking acres &

HISTORIC LOW INTEREST RATES

First floor has full updated bath! LOVE TO GAR-

DEN-Extra large vard-all usuable. Oversized 2 car

detached garage. \$149,900. 23 School St.

Southbridge:(Open House

12-2pm Sun)Looking for a

BIG kitchen! Must see this

Greek Revival Home with 5

rooms 3 bedrooms 2 baths.

Southbridge:CHEAP! FABU-

floor apartment having 3 bed-

rooms plus handicapped

accessible even the bath! New

LOUS PRICE! 2 family with 15











acres of woods. Still time to pick out counters, flooring paint colors-but you need to HURRY! \$178,900-buy by end f October & builder will throw in a kitch

Tuesday, October 25, 2011

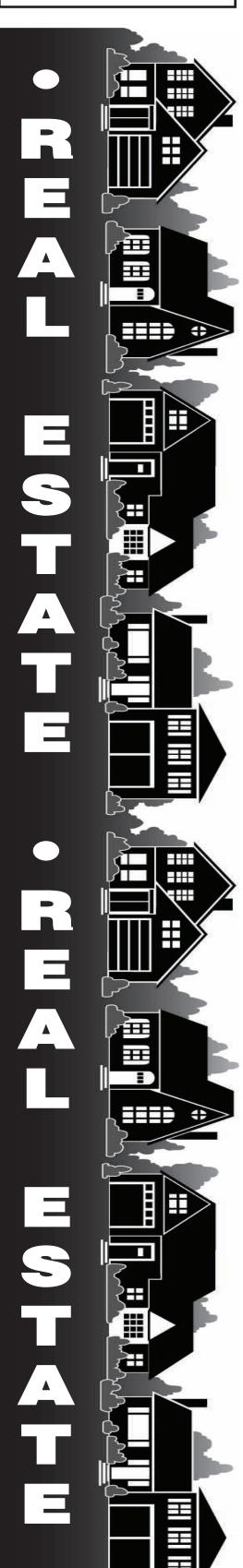
10:00 AM-BLACKSTONE 12 Michelle Lane. Unit #2 a/k/a Unit #12 (The 10-12 Michelle Lane Condominium)

condo, 1,200 sf liv area, 6 rm, 2 bdrm, 1.5 bth, Worcester(Worc): Bk 40770, Pg 195

TERMS:\$5,000 cash or certified check at the time and place of the sale. The balance to be paid within thirty (30) days at the law offices of Korde & Associates, P.C. 321 Billerica Road, Chelmsford, MA 01824, Attorney for the Mortgagee.

BAY STATE AUCTION CO, INC.

NORTH CHELMSFORD (978) 251-1150 www.baystateauction.com MA Lic. #2624 ~ NH Lic. #3088 ~ RI Lic. #0149





website: hope2own.com 508.943.4333



Lot

Wtr



Sharon Pelletier Broker Owner

June Cazeault **Sales Associate**



Webster Lake Waterfront

1ST FL MASTER

Priced To Sell at \$149,900

Cedar Closet, Addl Land Available

Waterfront Cape! Great Clean, Lovely, Young, 2,000sf+ 1st FIr 1 Level Living

AFFORD-

ABLE 3 BR

COZY CAPE

Rms, 1st Flr

Hrdwd Flrs,

Spacious

Mstr BR,

43 East Main Street Webster, MA 01570

Possible! +2 Huge BRs, Home Office, Full Bath on 2nd Flr, **Price \$379,900**

DUDLEY ~ 19 GEORGE STREET



Expansion



ATTN: NEIGHBORS

Asking \$94.900 Got Offers?

Sue Kusz

Diane

Ward

508-847-4277

Lorraine

Anne

Greenberg 508-753-5465

Elie

Kahale 508-328-3622

Potential, Recent Gas Boiler, Flagstone Patio. Full Walkout Lower Level \$ 174,900.





Approx. 3/4 acre

(.71) of **Vacant**

Zone, Mixed Use

& Condos, Great

Potential w/305'

Rd Frnt on Paper

Area of SFs & MFs

Land, Res-10

DUDLEY ~ LOT 82 Off GEORGE STREET

Rd known as Elmwd, Abuts 19 George.



STURBRIDGE - 43 MCGREGORY RD CUSTOM **Over-Sized** Hip Roof Ranch Speaks QUALITY! 2100 sf on

1 Level! Excellent Split Flr Plan, Incredible Mstr Suite, MEGA-RM to Expand! Huge walk up Attic + 42x72 LL! **Asking \$349,900**

DUDLEY ~ NOT 1 BUT 2 COUNTRY LOTS!

DREAM HOME SITES!

HERE & Enjoy Rolling Farmland Vistas, Lovely Country

Build YOUR

Dream Home

Setting Feels Far Away yet Close By Both on Center Rd, EAch is 2 Acres! Great Location! Great Price at \$80,000 \$95,000

Century 2

Maher Real Estate

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for All Massachusetts homes for sale!



Oxford-5 Rm 2 Br. 1 1/2 ba Condo

Johnson

508-958-1742

Garabedian

508-847-1484

Chic Beland

Empie 508-334-0275

Helen

508-832-1405

Oxtord-5 Rm 2 Br. 1 1/2 ba Condo at Thayer Pond Village. Spacious 1st floor condo with central air & patio, located on poolside. Country setting, close to major routes. Exclusively at Century 21 Maher Real Estate \$96,800 Call: 508-832-5831



Dudley - 8 Rm., 3 Br. Colonial on 1+ acres! 2 story foyer, Lg. Kit & dining area, Formal DR, Cathedraled family Rm. w/ gas frplc. 1st Fl. laundry. Hdwds, sliders to deck, 2 car garage \$299,900 Call: 508-832-5831



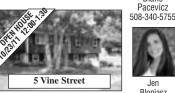
DUDLEY... New to market... Down sizing or first time buyer? Here is the home for you! Nice 2 BR ranch w/hardwoods, full walkout basement... garage... new roof... town services... Dead-end street...\$159,900



Shrewsbury – New Listing! Young and spacious 2 bedrooms, 2 baths, one level with vaulted 24 x42 open living area. 2 garages, handicap accessible, condo alternative. Exclusively at Century 21 Maher Real Estate \$334,900 Call: 508-832-5831

Ann Marie 508-612-8864 508-864-5177

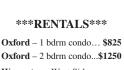
Auburn - 4 bedroom Cape with fireplaced living room with wood stove, 1st floor master bdrm, hardwood floors, vinyll sided, 1/4 acre lot in neighborood seting. \$225,000.



Putnam CT – 8 Rm., 3 Br. Raised Ranch on 2+ acres! Fully applianced Kit. incl. granite counters, DR. w/ sliders to enclosed sunroom 2 tiered deck over-774-272-5100 looks landscaped yard. Garage Exclusively at Century 21 Maher Rea \$207,900 Call: 508-832-5831



Sturbridge - 9 Rm., 4 Br. Colonial Kitchen w/cherry cabinets, SS appli-ances & granite counters. Hdwds in LR & DR. 2nd fl. media Rm., Mstr.suite w/ jetted tub & walk in closet. Exclusively at Century 2l Maher Real Estate \$379,900 Call: 508-832-5831 508-277-5831



Worcester – West Side ***LEASE SPACE*** Auburn - Office space, great ..\$1025 location..

135 Main Street

508.347.7181

Now Hiring.....Training classes beginning! Franny Gaudette 508-864-3808 www.C21Maher.com 800.563.7019

EMERSON REALTORS The Market Leader



AUBURN PACKACHOAG Custom 2.800 sf Colonial in prime area. 8 Rms - 4BRs -

3.5 Baths - 2 Car - Cen. Air & much much more. REDUCED \$419,900



neighborhood. Bedrooms, 3 Full baths, 2 half baths, 3 Full Central Air, 2-car Garage, partially finished basement. Awesome! Buy Now @ \$374,900.





Another happy buyer

WEBSTER.

Immaculate 3

bedroom ranch,

lower level, large

2 car att. gar.

interior freshly

fully

SOLD...

Sturbridge

AUBURN: Hampton Street \$374,900 BEAUTI-

family room, office, and amenities galore: CA,

TILE, Granite, HW, archi roof, newer windows, heated garage, SS appliances.

774-289-6437

Claire M. Earley

painted, bath newly done, hot water base-

Ann Klein-Flynn

508-832-5324 x 28

hoard heat totally fenced level lot with shed, much more \$175,000.

508-208-1395

Call Beth Johnson for a showing

FUL AND PRIS-TINE! 4 BD, 2 full

band 2 half BA, in-

law SUITE, finished

lower level with





Superior Colonial! Private and Great Commuter location. Granites, Great Room, Tile, Farmers Porch, 2

car garage and much more...call for details. Price: \$314,900

Call Donna Caissie



AUBURN: Great Opportunity, Location & Great Great Lot!. Ranch w/3brs-



2baths-breezeway & car garage. Chip shot to Pakachoag





Auburn - Stunning 4 bedroom 2.5 bath Colonial. Beautiful hardwood floors and nice open floor plan. Sellers are motivated!



Call Kerstin Bean 508-873-5186





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STORAGE SPACE FOR LEASE Whitinsville, Ma

800 SQ FT. - 14" OVER HEAD DOORS REAR ACCESS - WATER & SEWER INCLUDED

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GREAT FOR RY'S, BOATS, CARS, SMALL, CONTRACTORS





BANK FORECLOSURE SALE

Four Bedroom Split Entry Single Family Residence to be sold on the premises at 7 Irene Street, Douglas, Massachusetts Wednesday, November 9, 2011 Sale to Commence at 10:30 AM

Terms of Sale: A Five Thousand (\$5,000.00) Dollar deposit in cash or certified check will be required at the time and place of sale with the balance due within twenty one (21) days of the sale. All other terms to be announced at the sale.

For Further Information Contact: Dennis M. Sullivan, Esq., Attorney for Milford Federal Saving and Loan Association, 12 Congress Street, Milford, Massachusetts 01757. (508)473-4811

Edward D. Larkin, Auctioneer No. AU899. 280 Main Street, Milford MA 01757





with FP & hdwds. \$249,900. Dorothy Fontana HOLLAND, Waterfront Year ound 2 BR Ranch on Hamilto Res. \$198,000. Beverly Gray. NORTH BROOKFIELD. 3 BR. 5 bath Ranch on level lot. 1st oor laundry. Attached garage. \$149,500. Laura Eliason.

STURBRIDGE. Well maintain

BR ranch with garage under

ced backyard. \$140,000.

Cindi Gallagher

tardwoods, finished basement,

BROOKFIELD - SUNDAY 16 Pine Ln - 1:30-2:30 PM Waterfront w/ guest house, 2 houses on one lot, updates. \$299,900. Cindy Sowa Forgit WARE - SUNDAY

21 Highland St - 1-3 PM tique Colonial! 3 story, 6 BR 5 baths, 2 fireplaces on 4.7 a \$525,000. Cindi Gallagher. STURBRIDGE-SUNDAY 18 Forest Ln - 3-4 PM anch, 3 bed, 1 bath, garag

cul-de-sac, abuts conservation

Motivated Sellers \$179,000. Cindy Sowa Forgit.

location, offered at \$244,900!



REDUCED

DUDLEY. 3 BR. 2 full bath nch. 2 car grg. HomePath Fir \$214,900. Gracellen Riel. BROOKFIELD. 8 acres w/ th te 3 BR Ranch. Recent roof \$110,000. Dorothy Fontana. SOUTHBRIDGE. Antique 4 BP Colonial, restoration Det. 2 car garage. \$119,900 Dorothy Fontana STURBRIDGE, 5 BR Cape wit

\$245,000. Cindy Sowa Forgit.

www.NewEnglandMoves.com



OPEN HOUSE • SUNDAY, OCT. 23 • 11-1 5 Salmon Brook Rd., Brookfield, MA Take Rt 148 to Long Hill Rd to Salmon Brook. Come view this young 3BR Contemporary ranch with over

1900 sf and on approx 1 acre of land in quiet cul de sac

OUR TOWNS

CALENDAR continued from page 6

Show 'Heart of Your Community' in contest

The Massachusetts Municipal Association, a nonprofit, nonpartisan association that provides advocacy, training and publications to Massachusetts cities and towns, is sponsoring its 2011 Calendar Photo Contest.

The theme is "The Heart of Your Community." Where is the heart of your community? It could be a square, a historical site, a baseball field or any location you feel represents or is meaningful to your community. The focus is the location, not people.

The contest requirements are: · All entries must include one to three sentences describing the significance of the

photo. · It must be from a Massachusetts commu-

nity. · Print photo entries must be horizontal

photographs at least 10 inches by 8 inches. • Digital files must be horizontal with a res-

olution of at least 3,000 pixels by 2,400 pixels. Fourteen pictures will be chosen and authors will be credited on the calendar. The winners also receive 10 calendars, and glory.

By submitting photos to this contest, participants confirm that the image is their original work and give permission to the MMA to publish the photos in its annual calendar, which is distributed for free to municipal officials throughout Massachusetts, and to post the photos at its website, mma.org.

To learn more about the MMA or review this information, visit mma.org.

Digital entries must be sent as attachments to database@mma.org. Prints can be mailed to Calendar Contest, MMA, One Winthrop Square, Boston, MA 02110. The deadline for submissions is Sunday, Oct. 30.

Ladies invited to trade show at Spencer church

SPENCER — The 2011 "Ladies Only" Trade Show is set for Friday, Nov. 4 from 7-9 p.m. in the Mary, Queen of the Rosary Parish

"It's everything a Ladies Only Trade Show should be" was one of many comments reflecting the festive attitude of attendees and vendors alike at 2010's event.

"The 'Ladies Only' Trade Show is open to the general public, and any vendor wishing to exhibit is welcome, so reserve booth space early," stated Judi Brennan, this year's event

Lynn Toomey, one of many exhibitors at the 2010 event, mentioned, "All the attendees and exhibitors had a great time with the merchandise, selections and information. We were very successful with lots of new friends and business.

"We're looking forward to 2011's event," Brennan said. "Vendors from all over should know there's still a few great 8-foot-by-2-foot table top booth spaces available for a \$25 table fee. Any interested exhibitor can join us. They don't have to be from the parish.

For exhibit information, please send an email Brennan to jbrennan@parishmail.com or call (508) 885-3111.

The Mary, Queen of the Rosary Parish Hall is located at 60 Maple St. (Route 31) in Spencer.

Binienda files bill to ban synthetic marijuana

BOSTON — State Rep. John J. Binienda (D-Worcester), recently submitted testimony to the Legislature's Judiciary Committee arguing for the ban of a product used recreationally as synthetic marijuana.

House Bill 2133, "An Act to ban K2 in the Commonwealth," would prohibit the sale of K2, also known as "Spice," the brand name for a synthetic herbal concoction sold in stores as incense. If passed, this proposal

would put Massachusetts in line with roughly 10 other states.

Components of K2 include materials that closely mimic the effects of marijuana when smoked. According to research done on K2 over the past several years, however, these effects are substantially more intense than marijuana, causing many users serious side effects such as severe hallucinations, seizures, aggressiveness, and in some cases death.

"Allowing this product to be sold in the Commonwealth is essentially legalizing a drug that is by all accounts considerably more dangerous than marijuana," stated Binienda in written testimony to the Committee. "Furthermore, Judiciary because usage of K2 is popular among middle-school and high-school-aged children, I feel that it is incumbent upon lawmakers to be proactive rather than reactive in our approach towards this issue."

Possession and usage of K2 has been banned within the U.S. military, and its hazards have pushed at least nine states to ban the product altogether.

"Until a federal ban is put into place," Binienda said, "I feel it is imperative on a public safety and public health level that Massachusetts follow suit."

Turn To OUR TOWNS, page 10



Realtor

Angela Clark



OFF EXIT 1 - RT. 395 - THOMPSON RD., WEBSTER, MASS. Marc D. Becker, Carla Manzi, Brokers



WEBSTER -- NEW CON-STRUCTION!!! 52 ft. Split Level on nicely wooded ONE ACRE near CT line --Bright, open floor plan with vaulted ceiling living room -- dining area with slider to deck -- 3

943-4900 * 987-8400

bedrooms -- private master with double sink vanity full bath -- applianced oak cabinet kitchen -- plumbed for full bath in future lower level family room -- 2-car garage -- town services -- great commutar location near to 1.305 location near to I 395. **R/E Tax \$2800**



ner lot, two on first floor and two on second -fireplaced living room ront porch -- oil heat -- workshop -- garage -- conveniently located to shopping, schools, beach and highway. R/E Tax \$1836 \$119,900



WEBSTER -- Young, bright, super clean Raised Ranch near with water view of Webster Lake! Ceramic-tiled kitchen with appliances including a brand new range

WEBSTER -- Nice

Brick single family --

\$129,900

and plenty of cabinets
three bedrooms -- livin
com with slider to deck -- radiant heated lower locations a family room and 4th bedroom -- 2 full baths screenhouse, shed, stockade fencing -- three-zone oil heat 200 amp electric -- lake residential neighborhood. \$199,900



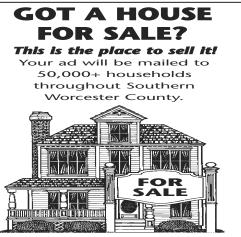
recent kitchen recent roof --viny windows -- big front porch -- wood floors two bedrooms tiled bath -- one level living -- con R/E Tax \$1524

WHEN YOU THINK OF REAL ESTATE - THINK OF STERLING **SINCE 1962** www.sterlingrealtyhomes.com

GOT A HOUSE FOR SALE?



Look for that new home in our real estate section.



section, please call your local sales representative at 1-800-367-9898



www.angelaclarksells.com **DOUGLAS** FOR SALE OR RENT Buy for \$250,000 or Rent for \$1800! No waiting for this one! Spacious 4 BR 2-1/2

bath house on almost 1/2 acre lot. Large Master Bedroom front to back with master bath. 3 BRs upstairs; 1 BR/office/playroom downstairs. Fireplaced living room. Fenced in yard! Huge deck! Cherry Hardwood

loors. This home also qualifies for a Rent to Own!



508-410-1319 f. 508-630-9494

angelaclark56@aol.com

Spacious bedroom, bath Split Leve on a .65 acre lot. One car

STURBRIDGE

deck. Hardwood floors throughout. Lower level has 4th bedroom and fairly new bathroom, plus large family room. Roof only two years old! SOUTHBRIDGE - \$149,000 Wow! For this price an almost brand new 4 year



young 4 BR 2 Bath Ranch on a .23 acre lot. Home has been renovated with new kitchen - cabinets, countertops, and floors. Updated bathroom and a new bathroom in lower level, new carpeting and floors. All brand new appliances includng washer and dryer are included in sale. Walk out basement to partially fenced in yard. Move in ready!



(C) Condo (B) Business

DUDLEY

(P) Land (L) Mobile Home **ADDRESS** STYLE TIME **PRICE**

Deadline: Monday at 10am (X) Condex (M) Multi-Family (U) Duplex (S) Single Family

(T) Townhouse (D) Adult (A) Apartment Community REALTOR/SELLER/PHONE

SATURDAY, OCTOBER 22, 2011

REMC Realtors / Jo-Ann Szymczak 508-943-7669 Oakview Estates D 1:00-3:00 \$199,900 Jon's Way PUTNAM, CT Starting at Heritage Pines C 1:00-4:00 \$174,900 Coldwell Banker/Towne & Country Sarah Gustafson 774-289-7369 Perry St

SUNDAY, OCTOBER 23, 2011 **DUDLEY** Oakview Estates 1:00-3:00 REMC Realtors / Jo-Ann Szymczak 508-943-7669 \$199,900 Jon's Way Century 21 Maher / Jen Blonicsz 774-272-5100 65 Charlton Rd 1:30-3:00 \$299,900 D'Allessandro Ave \$159,900 Century 21 Maher / Jen Blonicsz 774-272-51001 11:30-1:00 68 Airport Rd 1:30-3:00 \$239,900 REMC Realtors/Jo-Ann Szymczak 508-943-7669 **OXFORD** 36 Chestnut Hill Rd \$187,500 REMC Realtors / Jo-Ann Szymczak 508-943-7669 12:00-2:00 Century 21 Maher / Lorraine Jankowski 508-277-5831 34-3 Thayer Pond Dr 11:00-2:00 \$112,900 PUTNAM, CT 12:00-1:30 \$207,900 C21 Maher / Joyce Johnson 508-958-1742 5 Vaine St **SHREWSBURY** 35 St. James Rd 1:30-3:30 \$334,900 Century 21 Maher / Ann Marie Sorenen 508-612-8864 WEBSTER \$289,900 REMC Realtor Jo-Ann Szymczak 508-943-6669 7 Lillian Ave 11:00-1:00 **BROOKFIELD** 11:00-1:00 \$244,900 Olde Village Realty 508-347-6556 5 Salmon Brook Rd **SOUTHBRIDGE** 801 South St 12:00-2:00 \$165,000 Aucoin Ryan Realty 508-765-9155 23 School St 12:00-2:00 \$149,900 Aucoin Ryan Realty 508-765-9155 12:00-2:00 \$189,900 Aucoin Ryan Realty 508-765-9155 679 Dennison Dr 71 Glover St 12:00-2:00 \$149,900 Aucoin Ryan Realty 508-765-9155

To have your open house listed in this directory please contact Sandy @ 508-909-4110





An exquisite setting with a beautiful view of Webster Lake and the mountains. This is a rare opportunity to build on a wonderful piece of land. Septic design is fin-ished but outdated and well installed on the property his site is ideal for a large two story home with garage

llongside as pictured or Garage under with a full walk out basement! Custom building packages are available. **DUDLEY - \$289,900**



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Well maintained Webster Cape. ondition..5 rooms, 2 bedrooms, 1 bath. Many pdates, New Kitchen with open dining area with iders to new deck. Nice level backyard with shed. Sophie Diaz 508-328-4921



car gar.and 5.6 acres of wooded land. Ideal for entertaining thi ive property boasts a large game room and state of the arroom, hardwood floors with spectacular views of the water i 1991 this custom residence is convenient to Int. 395 and min. to Mass Pike

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OUR TOWNS

OUR TOWNS continued from page 9

STK #NI625

STK #NI612

Cornerstone Café now open two days a week

 ${\tt STURBRIDGE-The\ Cornerstone\ Caf\'e},$ the Tantasqua Regional High School inhouse, student-run restaurant, will be open for business for the 2011-12 school year every Tuesday and Thursday from 10:30 a.m. to

The Cornerstone Café menu offers a variety of options including sandwiches, a full salad bar and delicious entrees. The menu changes on a weekly basis and you can view the most current offerings by going to www.tantasqua.org and clicking on the "Cornerstone Café" tab.

The Tantasqua Pastry Display Case will also be open during Cornerstone Café hours and offers a full assortment of seasonal baked goods for sale. If you need a cake or pastries for special occasions, please contact the Cornerstone to place your order.

Eating at the Cornerstone is a wonderful

\$26.490

\$1,000

\$3,000

\$32,665

\$1,500

\$1,500

It's Better

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\$29,665

\$22,490

experience and it also helps to support the school's culinary students.

Tantasqua is located at 319 Brookfield Road (Route 148) in Fiskdale. Anyone with questions about the restaurant can contact a member of the culinary staff at (508) 347-

Brookfield Fund can help residents in need

BROOKFIELD — The Brookfield Fund was established in 1993 to assist residents of Brookfield in times of financial crisis. Donations to the fund and grants given to residents are kept strictly confidential.

The Trustees of the Fund are pleased to announce a generous amount was received from the Jeppson Memorial Fund for Brookfield, administered by the Greater Worcester Community Foundation, for fiscal

Since its inception the fund has assisted more than three dozen families totaling

Any Brookfield resident may seek assistance through St. Mary's Church, Brookfield Congregational Church or the Brookfield Unitarian Universalist Church. Donations may also be sent to the churches or directly to The Brookfield Fund, P.O. Box 228, Brookfield, MA 01506.

For more information, please call Barbara Clancy at (508) 867-6043.

Realtors participate in Build Day with Habitat

AUBURN — Members of the Worcester Regional Association of Realtors recently took part in a "Realtor Build Day" with the Habitat for Humanity-MetroWest/Greater Worcester chapter on Sept. 15.

Twenty-three Realtors from Auburn, Holden, North Grafton, Northborough, Oxford, Spencer, Sterling, Sturbridge and Whitinsville volunteered as part of Habitat for Humanity's home-building project in Sturbridge. A single-family home with approximately 1,140 square feet of living space is being built with volunteer labor and corporate sponsors. The construction is slated to take approximately 12 months, with a projected occupancy date of March 2012. The unit is designed as a raised ranch with three bedrooms and one and a half bathrooms. The structure will be detailed and landscaped in a manner compatible with neighboring homes as determined by the Town of Sturbridge.

The Worcester Regional Association of

3RD ANNUAL CRAFT FAIR Northeast K9 • 9 Mill St., Dudley Sat., Nov. 19th • 9AM-3PM Great Gifts • Still room for crafters Call Jan 508.943.7459 or 508.949-3599

Charlton Arts & Activities Center

4 Dresser Hill Road (Rt. 31)

AND Music Festival Saturday, Oct. 22nd

9:00 AM to 3:00 PM

Rain or Shine

35+ Crafters from throughout

New England

Also: at 7:00 PM... a FREE concert

In Our Barn...Playing traditional and original bluegrass

with a sound all their own!

Starring "Chasing Blue"

Realtors is proud to support Habitat for Humanity and has raised monies through past fundraising initiatives throughout the

"We are excited to be part of such a worthwhile endeavor and have enjoyed the relationship we have established with Habitat," said Colleen Pappas, executive vice president

The Worcester Regional Association of Realtors has been proudly serving its members and the community of the Greater Worcester and Central Massachusetts areas since 1923. The association assists currently more than 1,600 real estate professionals, providing the services and resources necessary for a successful career as a Realtor. Association members are involved in residential and commercial real estate as brokers, salespeople, property managers, appraisers, counselors and others engaged in all aspects of the real estate industry.

The term "Realtor" is a registered, collective membership mark that identifies members as a professional who subscribes to a strict Code of Ethics and Standards of Practice set forth by the National Association

Members are sought for Warren cable committee

WARREN - The Warren Board of Selectmen is preparing to establish a negotiating committee for cable for the town.

At this time there are two available openings for Warren residents to serve on this committee. The committee will be in charge of providing recommendations and negotiations with Comcast Cable pertaining to a contract renewal with the town. It will serve as an advisory committee to the Board of Selectmen.

Those interested in serving as a member of this committee should submit a letter of interest to Town of Warren, Board of Selectmen, P.O. Box 609, Warren, MA 01083 or via email to warrenselectmen@comcast.net.

Pack 148 looking for scouts

E. BROOKFIELD — Cub Scout Pack 148 of East Brookfield is always welcoming new members. If you son, ages 6-10, is interested in joining the pack please contact Cub Master Rebecca Boucher rboucher41@yahoo.com. There are new activities planned every month such as hikes, camp outs, fun-filled den meetings and family-based activities. Visit a Pack Meeting and see if Scouting is for you and your family!









What's On We'd Like to Know.

Letter to the Editor Spencer New Leader 25 Elm St Southbridge, MA 01550







Your Mind?

Send your letters to:



Walloween pet Costume Contest Dogs, Cats, Birds, Hampsters, Rabbits...we want them all in costume! Photos will be published in the November 4th issue of the Spencer New Leader and our other six Massachusetts publications

Deadline for photos October 21...last minute photos will be taken on October 31 if space allows.

Please email photos to June at *newleaderads@stonebridgepress.com* or mail to





Spencer New Leader photo contest, P. O. Box 90, Southbridge, MA 01550 (please include self-addressed envelope if you want the photo returned).









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Treadmill- \$150 Cabinet-\$50 Air Conditioner- \$50

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Generac Generator \$250 Radial Arm Saw \$125 Band Saw

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> 1929 Chevy Engine Generac Generator \$250 Radial Arm Saw

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Band Saw \$150 Call 508-752-8569 After 6PM

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October 22, 23

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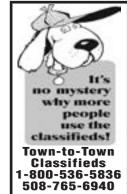
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2012 Subaru Impreza Strong Contender for Vehicle of the Year

BY KEITH GRIFFIN

Manufacturers introduce their latest vehicles at media drives that are usually a mixture of too much food (automotive journalists like to be fed every two hours or so), factfilled presentations that make you nod off (because of all the food) and short drives along safe roads that make even the most horrible cars look good.

Then you have Subaru, which decided to launch its 2012 Subaru Impreza in Manhattan, of all places. What car company in its right mind subjects its new compact sedan to morning traffic in lower midtown and then lets journalists drive it for 250 miles? A company that is rightly confident in its latest offering.

Ever hear the old childhood taunt of 'You're ugly and your mother dresses you funny"? Well, give Subaru credit for pointing that taunt inward and conceded the previous generation Impreza wasn't a looker. Oh. and by the way, it consumed gas at a horrible rate for a car its size.

Let's address the latter point first. The 2012 Subaru Impreza gets the new 2.0-liter Boxer engine that debuted in the 2011 Subaru Forester. It features longer stroke, double overhead camshafts and dual active valve control system for efficient performance and low emissions.

How efficient? The 2012 Subaru Impreza with the continuously variable transmission is EPA rated at 27-mpg city and 36-mpg highway. For comparison's sake, the 2011 Subaru Impreza with the 2.5-liter engine was pegged at 20-mpg city and 26-mpg with its four-speed automatic transmission.

Cruising range for the Subaru Impreza is 523 miles, up 67 miles from the 2011 Impreza, in spite of a smaller gas tank. That gives the current Impreza a better range than the Chevrolet Cruze, Honda Civic, Mazda3 and Hyundai Elantra – none of which offer allwheel drive.

It's possible to hear the "buts" as this is being penned. The 2011 Subaru Impreza had a bigger engine. Of course it was going to be less fuel efficient but it was also more powerful. That's true. The previous model had 170 horsepower and 170 lb.-ft. of torque compared to the new Impreza's 148 horsepower

Auto Review

and 145 lb.-ft. of torque from its smaller

But (just to throw in my own but), the 2012 Subaru Impreza is faster from 0-60 with the CVT. Subaru said it can make the trek in 9.8 seconds vs. 10.3 seconds for the outgoing model. Not only is this Impreza more fuel efficient but it's faster.

So it's still not right to use the word fast and Impreza in the same breath for this sedan or hatchback. However, the new transmission provides the smoothest acceleration of any CVT I've tested under hard acceleration. Like any CVT, though, it can get caught looking for shifts under certain conditions like hilly terrain. It's not a deal breaker but it is noticeable.

Two different versions of standard Symmetrical AWD, depending on transmission: models with 5-speed manual transmission feature Continuous AWD with a viscous coupling locking center differential that splits power 50:50 front to rear. Models with Lineartronic CVT use Active AWD with an electronically managed continuously variable transfer clutch that actively manages the power split based on acceleration, deceleration and available traction. Both systems power all four wheels and will transfer power to the wheels with the best grip.

As mentioned at the top, Subaru let automotive journalists flog the Impreza over a lot of miles in three states, including a stop at Camp Hi-Rock in Mount Washington, Mass., which had an impressive, twisty gravel road that just made you want to throw the rearend sideways. Fortunately, the all-wheel drive and electronic stability control stepped in at the right time.

The fourth-generation 2012 Subaru Impreza is also a good highway cruiser and adept at local roads, too. Improvements in the A-pillar design, which is thinner and moved forward eight inches, makes visibility impressive. There's no sense of sitting in an enclosed bathtub like one had with previ-



The 2012 Subaru Impreza has been redesigned with strongly improved fuel economy and a more engaging exterior look that opens up the cabin for greater visibility.

Other design improvements include shorter hood and a wheelbase that is one-inch longer, which contributes to the rear legroom increasing two inches (thanks to scalloped front seats that add another inch). The door openings are also wider for easier entry and exit, as well as making it simpler to load cargo in the backseat (such as televisions). The shoulder line has also been lowered for better visibility.

I consider the 2012 Subaru Impreza, which goes on sale in November, to be a strong contender for the New England Winter Vehicle of the Year that is awarded annually by the New England Motor Press Association. It has all-wheel drive, a roomy interior, and simply outstanding fuel economy numbers. C'mon winter. Throw us your best shot. The Impreza's ready to take you on.

The 2012 Subaru Impreza, which has standard all-wheel drive, will start at the base price of \$17,495, which is what the 2011 Subaru Impreza sold for. The next most expensive Impreza is the 2.0 Premium at \$18,795, which is \$710 less than a Honda Civic EX. The Impreza 2.0 Limited four-door sedan starts at \$21,595. The 2.0 Sport Premium fivedoor hatchback starts at \$20,295. The hatchback in Limited trim with a continuously variable transmission starts at \$22,595.

(For the latest new car news, follow me on Twitter at aboutusedcars. You can also read news latest automotive TorqueNews.com, where I am a contributor, or learn about buying and selling a used car at UsedCars.About.com.)

VITAL STATISTICS

Wheelbase: 104.1 inches Length: 180.3 inches (sedan), 173.8 inches (hatchback)

Width: inches Height: inches Curb weight: 2910 lbs.

Engine:

Horsepower: 148 @ 6,200 rpm Torque: 145 lb.-ft. @ 4,200 rpm

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Webster Times

Breakthrough In Prostate **Cancer Treatment**



Since the war on cancer was launched 40 years ago, advances in the treatment of prostate cancer have been limited. In fact, to date, only four therapies have been approved by the U.S. Food and Drug Administration (FDA) that demonstrate a -survival benefit in the treatment of (advanced) metastatic prostate cancer. However, cancer experts -believe that one of these drugs might just be the spark that ignites a new era in cancer

The FDA has approved a treatment called Provenge® (sipuleucel-T) for men with asymptomatic or minimally symptomatic metastatic castrate resistant (hormone refractory) prostate cancer. Provenge is designed to work by stimulating the patient's own immune system to fight his cancer. Each dose of Provenge is made from the patient's own immune cells.

"For many years, men with advanced prostate can-

cer had few options. Now, doctors have an innovative approach to combat this disease," said Daniel George, M.D., director of GU Medical Oncology and the Prostate Clinic at Duke University Medical Center. "In clinical trials, Provenge demonstrated a significant survival benefit in this patient population with mostly transient and mild to moderate side effects. Provenge is uniquely designed to harness the body's own immune system to fight advanced prostate cancer and the treatment can be completed in approx-

imately one month.' The FDA based its approval of Provenge in part on clinical trial data that showed Provenge significantly increased overall survival by 4.1 months and reduced the risk of death by 22.5 percent versus the control arm. The majority of side effects were mild to moderate, but some patients experienced serious infusion-related reactions (see details below).

Prior to the FDA approval insurance charges and of Provenge, the only treatment options for this patient population included watchful waiting or chemotherapy. Physicians and patients alike are welcoming this additional treatment option.

Rollin Washington, D.C., was diagnosed with prostate cancer nearly 18 years ago. When his disease progressed and he was diagnosed with metastatic prostate cancer, he was offered Provenge as part of a clinical trial at Walter Reed Medical Center, and says he was relieved to have an additional option.

"I'm glad they've come up with a different way to treat this disease," said Mr. Hill. "Provenge was designed to train my immune system to fight cancer, and I liked the idea of using my own cells to fight this battle."

The FDA has approved the opening of additional manufacturing facilities where Provenge is made, making the drug now broadly available to patients across the country. Additionally, Medicare and all major insurance plans cover the cost of Provenge for the treatment of asymptomatic or minimally symptomatic metastatic castrate resistant (hormone refractory) prostate cancer. Lastly, the manufacturer of Provenge provides Provenge free of charge to eligible patients with no health insurance or who are denied coverage after all claims appeals, and also supports independent foun-

dations that offer assis-

tance with co-pays and co-

and Provenge patient assistance will help ensure patients who could benefit from the treatment have access to it. For more information on prostate cancer and Provenge, or to find an authorized infusion site near you, please visit www.Provenge.com. PROVENGE INDICATION AND SAFETY Provenge® (sipuleucel-T) is approved by the FDA as an autologous cellular immunotherapy for the treatment of asymptomatic or minimally symptomatic metastatic castrate resistant (hormone refractory) prostate cancer. Provenge is made from your own immune cells. Your cells will be collected at a cell collection center approximately

assistance for treatment-

related travel costs. The

increased capacity, insurance coverage decisions,

at a cell collection center approximately three days before each scheduled infusion of Provenge. There can be risks associated with the cell collection process, which you should discuss with your doctor before deciding to begin treatment with Provenge.

Provenge.

Provenge can cause serious reactions. In controlled clinical trials for the treatment of prostate cancer, serious reactions reported in patients in the Provenge group include reactions resulting from the infusion of the drug, which occurred within one day of infusion, and strokes. Severe infusion, wentions included while forces. infusion reactions included chills, fever, fatigue, weakness, breathing problems (shortness of breath, decreased oxygen level and wheezing), dizziness, headache, level and wheezing), dizziness, headache, high blood pressure, muscle ache, nausea and vomiting. Tell your doctor right away if you have breathing problems, chest pains, racing heart or irregular heartbeats, dizziness, nausea or vomiting after getting Provenge, because any of these may be signs of heart or lung problems.

The most common side effects reported with Decorporate with Provence are skills fetting forces.

The most common side effects reported with Provenge are chills, fatigue, fever, back pain, nausea, joint ache and headache. These are not all the possible side effects of Provenge treatment. For more information, talk with your doctor. Tell your doctor about all your medical

problems, including heart problems, lung problems or a history of stroke. Tell your doctor right away if you get a fever over 100° F, or red-ness at the cell col-

lection or infusion sites, because any of these may be signs of infection. Tell your doctor about all the medicines you take, including prescription and non-prescription drugs, vitamins and dietary

supplements.
 Tell your doctor about any side effect

that concerns you or does not go away.

For more information on Provenge, please see the Full Prescribing Information or call –Dendreon ON Call at



Parents of children with autism have seen significant impact with dietary

Autism Is Treatable

BY STEPHEN M. EDELSON, PH.D. (NAPS)

In the early days of attempting to treat autism, parents were given little to no hope regarding their child's prognosis; the usual recommendation was institutionalization and/or medication. That is no longer the case.

Autism experts now value behavioral,

environmental and diet modifications in treating autism. Autism ma-n-ifests differently in each person, with the most common symptoms affecting the immunological, the gastrointestinal and the metabolic systems, as well as the neurological system.

Diet has long been known to be a factor in various medical disorders—and autism is no exception. Affected children can have an exaggerated response to toxins, foods and airborne allergens. Various research studies have shown that those with autism often nutrients, various enzymes, anti-oxidants and essential fatty acids.

The integrative medical ap-proach to treating autism is guided by a simple principle: Remove what is causing harm and add what is missing.

"My son was diagnosed with full-syndrome autism when he

was 2 years old," says Autism Research Institute's Conference Director Denise Fulton. "He exhibited uncontrollable repetitive behavior, a lack of social engagement and very little speech. After seven years using appropriate medical treatments

and individualized Stephen M. Edelson behavioral intervention, my son has significantly improved over his

initial prognosis. Today, he attends school and community activities without an aide, has made good friends, and enjoys acting on stage, traveling, and learning new things.'

If you or someone you know has a child who has been diagnosed with autism. Lurge you to keep looking for answers. Autism is treatable.

Research Autism The Institute holds biannual conferences about the integrative medical approach for treating autism. Visit www.ariconference.com to learn more.

Stephen M. Edelson, Ph.D., is the director of the Autism Re-search Institute. Dr. Edelson has been conducting autism research for more than 30 years. His work spans a variety of areas including biomedical, behavioral, sensory and cogni-

Is It Hot In Here?

(NAPS)

If you're a woman in your 40s or 50s, you may find yourself complaining a lot about the heat, even in the middle of winter. That's because hot flashes are a common symptom of meno?pause, affecting about 75 percent of women.1

Hot flashes may continue for some time. In fact, a recent study found they may last a decade or more, although it's important to note they vary in frequency and severity from person to person.2

It may be tempting to dismiss hot flashes as inconsequential, but for many women, the symptoms are severe and distressing.2 They can wake you from much needed sleep (also known as night sweats) and interfere with activities of daily living.3,4 There are several steps you can take to deal with hot flashes. Dr. Richard E. Hedrick, Jr., Hawthorne FACOG, Medical

Research, answers a few questions to separate myths and facts about hot

What is a hot flash? A hot flash is a sudden feeling of heat in the body.4 It can happen at any time and be mild, moderate or severe. Symptoms of hot flashes vary but may include feelings ranging from moderate warmth to intense heat throughout the body, especially the head and neck; flushing or redness of the skin; perspiration, mostly on the upper body; and a chilled feeling as the hot flash subsides.1,4

What causes hot flashes? Declining estrogen levels are likely responsible for hot flashes associated with menopause, al-though science has yet to pinpoint the exact cause. Hot flashes may also be symptomatic of other medical conditions, and may even occur as a side effect to certain medications. Therefore, women should consult their health care practitioners to be sure their hot flashes are indeed a sign of menopause.1

How can I manage



Dr. Richard E. Hedrick, Jr., FACOG, Hawthorne **Medical Research**

my hot flashes?

Women have found relief from menopausal hot flashes with a variety of self-care methods. Try drinking a cool beverage as the hot flash begins, dressing in layers that can be removed when your temperature rises, and using sheets and clothing in breathable materials like cotton.3 Some women turn to alternative therapies like supplements, but long-term, scientifically controlled studies regarding safety and effectiveness are lack-

ing.1
What are my treatment options? If self-help techniques don't do the trick, medications may be helpful. Prescription estrogens continue to be the most effective option for relieving the discomfort of hot flashes and night sweats associated with menopause.5 Your doctor may prescribe a bioidentical5 and FDAapproved estradiol gel, such as Divigel® (estradiol gel) 0.1%, that can be applied to the skin. Due to certain risk factors, estrogen therapy should be used at the lowest dose for the shortest time possible to treat symp-

For more information about hot

flashes, talk to your doctor, and visit www.divigel.com to learn more about this treatment.

 $\operatorname{Divigel}^{\mathbin{\circledR}}$ is indicated for the treatment of moder-Important Safety Information

Important Safety Information
The following are not all the possible risks for
Divigel®. Please read the full Patient Information
leaflet and talk to your healthcare provider.
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of the uterus (womb). Your healthcare provider
should check any unusual vaginal bleeding to find out
the cause. In general, the addition of a progestin is
recommended for women with a uterus to reduce the
chance of getting cancer of the uterus.

Do not use estrogens, with or without progestins,

Do not use estrogens, with or without progestins, to prevent heart disease, heart attacks, or strokes. Using estrogens, with or without progestins, may increase your chance of getting heart attacks, strokes, breast cancer, and blood clots.

Do not use estrogens, with or without progestins, to prevent dementia. Using estrogens, with or without progestins, may increase your risk of dementia.

Do not use estrogen products, including Divigel®, if you have unusual vaginal bleeding, currently have or have had certain cancers, had a stroke or heart attack in the past year, currently have or have had blood clots, currently have or have had liver problems, are allergic to any Divigel® ingredients, or think you may be pregnant. The most common side effects for all estrogen products are headache, breast pain, irregular vaginal bleeding or spotting, stomach/abdominal cramps and bloating, nausea and vomiting, and hair loss. The less common but serious side effects include breast cancer, cancer of the uterus, ous side effects include breast cancer, cancer of the uterus

ous since ricets include oreast cancer, cancer of the therus stroke, heart attack, blood clots, dementia, gallbladder disease, and ovarian cancer.

In Divigel® clinical trials, the most common side effects were inflammation of the nasal passages and pharynx, upper respiratory tract infection, vaginal yeast infection, breast tenderness and vaginal bleeding. Call your healthcare provider right away if you have any symptoms that concern you.

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For more information, call 1-800-654-2299.

Please see full Prescribing Information, including black box and other warnings, at www.divigel.com.

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1 eMedicine Health. Hot Flashes. Available at: http://www.emedicinehealth.com/script/main/art.asp?articlekey=98515&pf=3&page=1#overview. Accessed 14 June 2011.

Accessed 14 June 2011.

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3 National Institute on Aging. What You Can Do for Hot Flashes and Other Menopausal Symptoms. Available at: http://www.nia.nih.gov/HealthInformation/Publications/Menopause/what.htm. Accessed 13 June 2011.

4 National Institute on Aging. AgePage: Menopause. Available at: http:// www.nia.nih.gov/healthinformation/publications/menopause.htm. Accessed 13 June 2011.

tion/publications/menopause.htm. Accessed 13 June 2011 5 North American Menopause Society, Menopause Guidebook. 6th ed. Cleveland, OH: North American Menopause Society; 2006.

Caution Required When Using Over-The-Counter Oral Pain Relievers

Here's news of how you can protect yourself and your family from a serious but rare condition.

The U.S. Food and Drug Ad-min-istration (FDA) is warning the public that the use of benzocaine gels and liquids for mouth or gum pain can lead to a rare but serious condition called methemoglobinemia, which causes the amount of oxygen in the bloodstream to be greatly

These over-the-counter products, in which the main ingredient is benzocaine, are sold under a number of store brands and national brands such as Anbesol, Hurricaine, Orajel, Baby Orajel, and Orabase. Benzocaine is also found in lozenges and sprays used to relieve pain from teething,

canker sores and irritated gums. The rare condition occurred mainly in children aged 2 years or younger who were given benzocaine gel for teething. Symptoms of methemoglobinemia don't always appear but can include pale, gray- or blue-colored skin, lips and nail beds; shortness of breath; fatigue; confusion; head-ache; light-headedness; and rapid heart rate. These signs usually appear within minutes to hours of applying benzocaine and

may occur with the first application of benzocaine or after additional use. If you or your child develops any of these symptoms,

see a doctor right away. Benzocaine-containing products should not be used on children less than 2 years old, unless a doctor says to, and should be stored out of children's reach.

The American Academy of Pediatrics offers some easy, safe alternatives for treating teething

· Give the child a chilled teething ring.

· Gently rub or massage the child's gums with your finger. If these methods don't ease the

pain, ask your doctor. Adults who choose to use benzocaine products should follow the

label recommendations. If the pain continues, see a doctor. For more information, go to the

FDA website www.fda.gov/Drugs/DrugSafety/ ucm250024.htm.



HEALTH

Two-Way Communication: A Key To Better Health Care



"If I had not started asking questions of my clinicians, I honestly think I'd be dead today," said Bill Lee, right, with his clinician Jane Kapustin, Ph.D.

More Funding Needed To Support Research And Awareness Surrounding Debilitating Condition

BY DR. BARBARA SHORTER

You or someone you care about may be among the 4 million people in the United States with interstitial cystitis (IC) yet not even know it. IC is a chronic, painful disorder of the bladder. Symptoms are similar to those of bladder infection but tests don't show infection and antibiotics don't help. It can be debilitating—people who have it say it can feel like who shards of glass being ground into the bladder—and may take years to diagnose.

In severe cases, IC patients suffer from unrelenting pain that necessitates trips to the bathroom as often as every 10 to 15 minutes—day and night. Some have symptoms that prevent them from riding in a car or even leaving their homes, greatly limiting their ability to work, travel or participate in leisure activities.

The cause is unknown, and while most doctors say they know the symptoms, only 19 percent say they've ever seen a patient with IC, a figure that recent prevalence data indicate is far too low. There's no cure, but once it's been diagnosed, doctors and patients can find effective treatments. These can include diet changes, stress reduction.

physical therapy, and medica-

While organizations such as the Interstitial Cystitis Association (ICA) are providing critical education and support to patients and the medical community, funding surrounding IC needs to increase to generate awareness and new research initiatives. As IC patient Mona Schlossberg states, "It is my hope that more funding for research might find better treatments, and eventually a cause and a cure for this condition.'

A number of promising clinical trials testing potential treatments are under way, according to the ICA, the only nonprofit health association solely dedicated to improving the quality of health care and But more research is needed.

You can be part of the solution by joining the ICA. The organization focuses its efforts on advocacy, research and education surrounding IC. To learn more about IC, www.ichelp.org. Interested individuals can also find the ICA on Facebook www.facebook. com/InterstitialCystitisAsso ciation or follow the ICA on Twitter http://twitter.com/ICHelp.



Dr. Shorter

Dr. Shorter, EdD, RD, CDN, is an associate professor of nutrition and director of the Undergraduate Nutrition program at Long Island University. A patient herself, she understands the desperation, anger and anxiety of living with IC. She's also lead author of "Effect of Comestibles on Symptoms of Interstitial Cystitis," published in The Journal of Urology.

Awareness initiatives were funded by Cooperative Agreement Number 324349 from the Centers for Disease Control and Prevention (CDC). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the CDC.

When it comes to quality health care, communication is key. In fact, improving the communication between clinicians and patients can be an effective way to improve the quality of health care.

That's one of the basic ideas behind a new initiative designed to encourage clinicians and pa?tients to engage in effective two-way communication to ensure safer care and better health outcomes.

QUESTIONS CAN REVEAL A LOT

The new phase of the initiative features new public service ads directed at clinicians with the message that a simple question can reveal as much important information as a medical test. Research shows that better communication correlates with higher rates of patient compliance with treatment plans and can lead to better blood sugar control among patients with diabetes, for example.

This new initiative builds

on public education campaigns the U.S. Department of Health and Human Services' (HHS) Agency for Healthcare Research and Quality (AHRQ) has conducted with the Ad Council around the theme "Questions Are the Answer."

A NEW SERIES OF **VIDEOS**

An original series of new videos on the AHRQ website, www.ahrq. gov/questions, features real pa-tients and clinicians discussing the importance of asking questions and sharing information.

"I used to think, he's a doctor, who am I to ask a question?" said Bill Lee, a patient from Baltimore, who is featured in one of the videos. Lee, who has suffered 10 heart attacks since 2004, noted that good communication is the key to successfully managing his heart disease and diabetes. "If I had not started asking questions of my clinicians, I honestly think I'd be dead today."

The website also features new resources to help patients be prepared before, during and after their medappointments. resources include:

• An interactive "Question Builder" tool that enables patients to create, prioritize and print a personalized list of questions based on their health condition.

· A new brochure, titled "Be More Involved in Your Health Care: Tips for Patients," that offers helpful suggestions to follow before, during and after a visit.

· Notepads designed for use in medical offices to help patients prioritize the top three questions they wish to address during their appointment.

AHRQ Director Carolyn M. Clancy, M.D., "This campaign reminds us all that effective communication between patients and their health care team is important and that it is possible—even when time is limited."

Be Proactive: Help Prevent Prostate Cancer

BY AARON E. KATZ, M.D. (NAPS)

health Prostate issues are becoming increasingly common in men, particularly those who are 50 years old and older. In fact, one in six men will be diagnosed

prostate cancer. The disease is the third most common cause of death from cancer in men of all ages.

Thanks to a simple physical exam and the prostate-specific antigen (PSA) test, most prostate cancers can be detected before there are symptoms. If you do get prostate disease, you can harness the power of potent natural medicines to strengthen your body's own ability to

But why wait for a negative diagnosis? Here are steps that prostate health, today.

IMPROVING YOUR DIET

Reduce fat: Studies suggest a correlation between dietary fat and prostate cancer. Eat less than 30 percent fat overall and favor unsaturated fats such as olive and canola oils over saturated and trans fats.

Eat organic: Eat a largely

organic and vegetari-Increase fiber: Eat a big green salad every

slow-cooked oats and switch to whole grains. Dr. Katz More antioxidants: Include lots of antioxidant-rich foods such as leafy

day, breakfast on a

bowl of steel-cut or

greens, other vegetables and dark fruits.

Using Natural Supplements Vitamin D: One study found that men with high vitamin D levels have a 45 percent lower risk of aggressive prostate cancer; another study reported that men who have prostate cancer dramatically increase their chances of survival if they have adequate levels of vitamin D.

AHCC—Active Hexose Correlated Compound: Studies suggest it helps the body's own cells identify and kill cancer cells and increases the number of disease-fighting white blood cells. Derived from the root of hybridized medicinal mushrooms, it's used in hundreds of cancer clinics including Columbia University.

Lycopene: Lycopene is a nutrient that gives red color to fruits and vegetables. Taking lycopene supplements has been found to slow the

growth of tumors in men with prostate cancer. An association has been found between high lycopene consumption and low risk of prostate cancer.

GCP—Genistein Combined Polysaccharide: Research -suggests this fights prostate cancer by reducing blood flow to the tumor, enhancing programmed cell death of cancer cells and increasing the tolerance chemotherapy and radiation.

WATCHING FOR **SYMPTOMS**

See a urologist if you have trouble urinating, decreased force in the urine stream, blood in semen or urine, swollen legs, discomfort in the pelvic area or bone pain.

LEARNING MORE

More information is availble at the NIH National Cancer Institute at www.cancer.gov/cancer topics/types/prostate.

• Dr. Katz is Vice-Chairman of Urology, Director of the Center For Holistic Urology Columbia University Medical Center and author of "The Definitive Guide to Prostate Cancer" (Rodale

Menopause's Effect On Sexual Health

Although most women associate hot flashes, night sweats and mood swings with menopause, many are not aware that menopause may also cause changes that can lead to vaginal dryness and painful intercourse. These changes can negatively impact a woman's sexual health, yet many women are not discussing them.

According to a recent online survey conducted by HealthyWomen and Harris Interactive, with support from Pfizer Inc., more than half of the 1,043 postmenopausal women sur-

veyed reported experiencing vaginal dryness (56 percent), and one in four reported experiencing painful intercourse (26 percent). Among the women surveyed who reported experiencing menopausal symptoms, the majority indicated that vaginal dryness (80 percent) or painful intercourse (92 percent) negatively impacted their frequency of intercourse. Yet nearly all who reported experiencing painful intercourse admitted they still engage in it even though it is painful (93 percent)—with 40 percent engaging in intercourse at least once a week.

"Vaginal dryness and painful intercourse are common symptoms of menopause, but left untreated, these symptoms can continue to cause pain and discomfort," said Dr. Michael Krychman, executive director of the Southern California Center for Sexual Health and Survivorship Medicine in Newport Beach, California, and consultant for the survey. "Too



Women should discuss painful symptoms with their health care professionals.

many women are choosing to ignore these symptoms instead of discussing them with their health care professional, and this is contributing to an overall negative impact on women's sexual health.'

In fact, as Dr. Krychman points out, almost half of the women surveyed who have experienced vaginal dryness (45 percent) or painful intercourse (41 percent) admitted they have not spoken to their health care professional about their condition. Women who had not discussed their symptoms with their health care professional

cited embarrassment as the main reason for not speaking about their vaginal dryness (30 percent) or painful intercourse (33 percent), followed by the belief that there is nothing that can be done medically to help their condition.

And of those who had spoken to their health care professional, two in five who reported experiencing painful intercourse (39 percent) and one in four who reported experiencing vaginal dryness (27 percent) waited more than two years before they had the discussion. Although it may be somewhat uncomfortable,

discussing these symptoms with a health care professional is the first step to finding symptom relief. For more information about the HealthyWomen survey and the vaginal sympmenopause, toms of www.PersonalMenopauseAnswers.com www.HealthyWomen.org.



Things Are Looking Up When It Comes To Falls

There's good news for seniors who are at

risk for injury due to a fall. Experts say that most falls are preventable

and that there are practical ways seniors and others can reduce the risk of falling, includ-

• Engaging in a physical activity regimen that includes balance, strength training and flexibility components;

· Consulting a health pro-fessional to have a falls risk –assessment; · Having medications reviewed periodically and getting eyes checked annually; · Making sure the home environment is safe

AN AWARENESS INITIATIVE

To promote these and other steps seniors can take to stay safer, 43 states and 70 national organizations, professional associations and federal agencies are supporting the Falls Free Initiative.

learn more, visit www. ncoa.org/FallsPrevention.

SPOOK-TECH-ULAR WAYS TO CHILL OUT THIS HALLOWEEN

With an estimated 41 million potential trick-or-treaters going door to door nationwide this Halloween, the ghoulishly great All Hallows Eve celebration may leave some Willy Wonkas drained after emptying their candy -coffers. Cheer up, Charlie: A golden ticket is just a click away at www.thisiscable.com.

Whether home alone or playing the part of a gracious (g)host to a houseful of hellions, once that candy bowl is empty, kill the lights, grab the digital cable remote and click "On Demand" to let the frightfest begin. Find fiendish favorites in these categories:

• Misspent Youth—Creepy fright flicks such as "The Good Son," "The Omen,"
"The Exorcist," "Carrie" and "Child's Play" capture these little brutes at their chilling best. Maybe all that candy isn't so great for kids after all.

· Batty for Vampires—Drink up with series such as "Buffy the Vampire Slayer" or movies including "Bitten" and "Dracula Has Risen."

· Nostalgic Nightmares—Die-hard classics fan? Then don't miss your old buddies as they reappear this Halloween in "Frankenstein," "Dawn of the Dead," "Psycho" and "The Shining."

• Barbaric Beasts—If cringe-worthy critters are your thing, "The Birds," "Piranha," "King Kong," "The Fly" and "The Rats" will have you thinking twice the next time you encounter furry or feathered

 Camp Classics—What would the season be without good old-fashioned kitsch? Indulge the lighter side of the holiday with perennial favorites such as "The Rocky Horror Picture Show," "Young Frankenstein" and recent cult favorites such as "Jennifer's Body" and the "Scream" movies.

• Family-Friendly Fiends—If you're looking for ways to entertain your little goblins, check out "Night at the Museum," "Edward Scissorhands," "When Good Ghouls Go Bad," "Harry Potter and the Deathly Hallows" or "The Haunting Hour," based on kid-thrilling author R.L. Stine's book.

Galactic Ghouls—Prefer your villains to be out of this world? Extraterrestrial encounters are always good for a white-knuckled night with creatures such as those in "Alien," "Predator," "Species O," "Oddities" and "A Haunting."

Snatch up some stakes, grab the garlic and wrangle the remote -control for some killer ways to enjoy October. For more on things that go bump in the night and a listing of favorite fright flicks, sneak a peek at www.thisiscable.com.









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